Source Code:

```
package Java;
import java.util.Scanner;
import java.util.regex.Matcher;
import java.util.regex.Pattern;
public class Regex {
  public static void main(String[] args) {
     Scanner input = new Scanner(System.in);
     // Verify if a string matches a regular expression
     System.out.print("Enter a string to match: ");
     String str = input.nextLine();
     boolean isMatch = Pattern.matches("[a-zA-Z]+", str);
System.out.println("Does the string match the regular expression?" + isMatch);
     // Verify and extract a substring matching a regular expression
     System.out.print("Enter a string containing a number: ");
     String str2 = input.nextLine();
     Pattern pattern = Pattern.compile("\\d+");
     Matcher matcher = pattern.matcher(str2);
     if (matcher.find()) {
       System.out.println("Number found: " + matcher.group());
     } else {
       System.out.println("No number found.");
}
```

Outputs:

```
package Java;
shipport java.util.Scanner;
d import java.util.regex.Matcher;
fundit regular expression? true
Enter a string to match: KingKong
Does the string match the regular expression? true
Enter a string containing a number: KingKong78965
Number found: 78965

**Number found: 78965

**Numb
```