

Causes and solutions Essay workshop 8/3/23

Children are now facing educational, social, and commercial pressures. What are the causes of these pressures? What measures can be taken to reduce them?

In this contemporary world, pressures of various kinds, which are surging in great stretches, stress people invariably. It is recently observed that children are the main victims of such tedious pressures prevalent in the society. I will elucidate the pertinent reason for causes and pragmatic solutions meticulously before inclining towards a rational conclusion.

Throwing light on the causes, I postulate that the major cause of this growing concern is the expectations that parents hold on their children as they create a compulsion in students to perform always with their absolute best. The society which influences the parents and the teachers create a sense of competition amidst children fuelling on the burdens. Moreover, many psychologists claim that with information and data available to students, it is a given that students need to know all of them. To illustrate, many top schools prepare a very laborious curriculum which intends to make the student ready for the outer world.

To expound over the solutions, I urge that the parents and schools should make sure of not putting over expectations on the children since it is the root cause of this issue. Children,

who are to enjoy their childhood, should not be burdened with the social and commercial requirements of their well-wishers. Notably, X said that if a holistic curriculum focusing on a student's mental and physical well-being is necessitated in all educational institutions the peer pressure will drop substantially. For instance, Finland which is renown for its educational system and happiness quotient shows the world 'how to handle its children'.

To summarise, I strongly recommend that these measures must be implemented imminently if we want to create a better life for students and the next generation.