



# Roadmap for India to Win 100 Medals Including 36 Golds at the 2036 Olympics

## National and Zonal Rounds Submission

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“Aiming for Olympic Excellence: Building India’s Sports Ecosystem”



# Introduction – Vision 2036

Propel India to win 100 Olympic medals with 35 golds at the 2036 Olympics.

## Past Challenges

1. **Mismanagement of Athletes:** Lack of coordination led to disqualifications (e.g., Vinesh Phogat).
2. **Pressure Handling Issues:** Multiple fourth-place finishes due to poor mental resilience.
3. **Infrastructure Gaps:** Insufficient world-class training facilities across India.
4. **Federation Mismanagement:** Political interference and inefficiencies in sports federations.

## Solutions to Overcome Challenges

1. **Athlete Management Systems:** Implement robust coordination mechanisms.
2. **Mental Conditioning Programs:** Develop psychological resilience in athletes.
3. **Infrastructure Investment:** Upgrade and expand sports facilities nationwide.
4. **Federation Reforms:** Ensure transparent and efficient governance

## Significance

1. **Global Recognition:** Strengthen India's global standing in sports.
2. **National Pride:** Inspire unity and patriotism through sports success.
3. **Economic Growth:** Boost tourism, infrastructure, and the economy.
4. **Sports Culture:** Foster a culture where sports are a respected career.

## Past Achievements

1. **Tokyo 2020:** Neeraj Chopra's Gold in Javelin.
  2. **London 2012:** Sushil Kumar's Silver in Wrestling.
  3. **Beijing 2008:** Abhinav Bindra's Gold in Shooting.
- Etc.....



# Talent Identification & Grassroots Development

Build a strong talent pipeline through grassroots programs and national scouting.

## Expanding Talent Pipeline

- **Khelo India Initiative:**  
Widen reach and deepen grassroots engagement.  
**Example:** Neeraj Chopra's rise through grassroots programs.
- **National Talent Hunt:**  
Conduct systematic scouting in schools, colleges, and rural regions.
- **Inclusive Outreach:**  
Focus on identifying talent in remote and tribal areas.

## Past Challenges

- **Limited Rural Access:**  
Neglect of rural and tribal talent pools.
- **Uneven Distribution of Facilities:**  
Over-concentration in metro cities.

## Solutions

- **Regional Academies:**  
Establish specialized academies in every state.  
**Example:** Punjab's Hockey Academies produced Olympians.
- **School Sports Integration:**  
Mandatory school-level sports programs.
- **Focus Sports:**  
Prioritize Shooting, Wrestling, Badminton, Boxing, Archery, Athletics, and Swimming.



# Infrastructure & Training Facilities

Develop and maintain world-class sports facilities with integrated sports science support.

## World-Class Facilities

- **Olympic-Grade Venues:** Sustainable, modern venues in Ahmedabad and across India.
- **High-Performance Centers:** Upgrade SAI and regional centers.  
**Example:** SAI Bengaluru Center supporting elite athletes.

## Past Challenges

- **Delayed Projects:** Slow infrastructure development.
- **Maintenance Neglect:** Poor upkeep of existing facilities.

## Solutions

- **Timely Execution:** Set deadlines for project completion.
- **Regular Maintenance:** Enforce quality standards for upkeep.
- **Sports Science Access:** Integrate sports medicine, nutrition, and analytics.  
**Example:** Mirabai Chanu's Olympic success with tailored support.

## International Exposure

- **Global Tournaments:** Increase participation in international competitions.
- **Exchange Programs:** Partner with international training academies.



# Coaching & Athlete Support Systems

Strengthen elite coaching and holistic athlete support systems.

## Elite Coaching

- **Hire International Coaches:** Recruit elite foreign coaches for key sports.  
**Example:** Foreign coaches improved wrestling techniques.
- **Coach Development:** Regular training for domestic coaches.

## Past Challenges

- **Lack of Qualified Coaches:** Limited access to top-tier coaching.
- **Inconsistent Athlete Support:** Gaps in medical and psychological support.

## Solutions

- **Holistic Support:** Full-time psychologists, physiotherapists, and nutritionists.  
**Example:** PV Sindhu benefited from mental coaching and personalized training.
- **Performance Analytics:** Implement data-driven monitoring.
- **Athlete Welfare:** Transparent selection and continuous engagement



# Government, Corporate, and Community Engagement

Foster collaboration between the government, corporates, and communities for sports growth.

## Government Support

- **Expand TOPS:** Increase funding and support for potential medalists.
- **Policy Implementation:** Long-term national sports policies.

## Corporate Involvement

- **Private Investments:** Encourage CSR funding for sports infrastructure.  
**Example:** JSW Sports and Edelweiss supporting Olympic athletes.
- **Public-Private Partnerships:** Co-develop training facilities and athlete welfare programs.

## Community Engagement Overcoming

- **Sports Awareness Drives:** National campaigns to promote sports culture.  
**Example:** The Fit India Movement.
- **Local Competitions:** Grassroots-level tournaments for mass participation.

## Past Governance Issues

- **Transparent Operations:** Strengthen accountability in federations.
- **Community Inclusion:** Engage public opinion in sports development policies.



# Monitoring Progress & Success Metrics

Implement data-driven monitoring to achieve short-term and long-term Olympic goals.

## Continuous Monitoring

- **Regular Assessments:** Quarterly performance evaluations.
- **Advanced Analytics:** Use AI and data science for performance tracking.

**Example:** Wrestlers benefited from performance analytics at Tokyo 2020.

## Short-Term Goals

- **2028 Olympics:** Achieve 30+ medals, with 10 golds.
- **2032 Olympics:** Target 60+ medals, with 20 golds.

## Long-Term Impact

- **Sustainable Growth:** Build a robust sports ecosystem beyond 2036.
- **Global Sporting Power:** Enter the top 10 in the Olympic medal tally.

## Conclusion

By addressing past shortcomings and implementing detailed, structured strategies, India can achieve its **Vision 2036** of winning **100 medals**, including **35 golds**, and establish itself as a global sporting powerhouse.





**Jai Hind !!  
Thank You**