Saular Jake Moaddeli

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Education

High School: Waterford School – Sandy, UT

-Graduated 2007

-National Merit Scholar

-AP Scholar

College: National Personal Training Institute

-Graduated 2015

-Advanced Personal Trainer

-Nutritional Consultant

Sierra College - Rocklin, CA

- Computer Science
- 2019-2021

UC Davis Continuing Education

- Full Stack Web Development
- 2020

Work Experience

Alpine Electronics: Customer Service/Office Management, 2007-2009 Sandy, UT

Helped customers over the phone and in-person, set up service calls, aided in minor software/hardware repairs for TVs and computers.

Play It Again Sports: Sales/Customer Service, 2008-2010 Sandy and Salt Lake City, UT

Helped customers over the phone and in-person, met sales quotas for commissions, helped to set up various exercise equipment for displays, assisted in purchasing of used sporting goods, repairs and set up of sports equipment.

LA Fitness: Certified Personal Trainer, 2015-2017, Master Trainer, 2017-2019 Los Angeles, CA

Trained clients at LA Fitness, developed personalized strength and conditioning workouts, provided nutritional advice, worked with all ages (17-87 years old) and body types, helped with injury recovery as well as fat loss and muscle building in both men and women.