## Final Study Data Analysis

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```
library(ggplot2)
library(data.table)
library(lmtest)
## Loading required package: zoo
##
## Attaching package: 'zoo'
## The following objects are masked from 'package:base':
##
##
       as.Date, as.Date.numeric
library(pwr)
library(lsr)
library(effsize)
library(cobalt)
library(stringr)
library(AER)
## Loading required package: car
## Loading required package: carData
## Loading required package: sandwich
## Loading required package: survival
library(stargazer)
##
## Please cite as:
   Hlavac, Marek (2018). stargazer: Well-Formatted Regression and Summary Statistics Tables.
## R package version 5.2.2. https://CRAN.R-project.org/package=stargazer
```

#### Read in data and reformat

```
assigned_treatment_seq <- data.frame(seq_id = c(1,2,3,4,5,6),
                                     day1 = c(0,0,1,1,2,2),
                                     day2 = c(1,2,0,2,0,1),
                                     day3 = c(2,1,2,0,1,0))
d2 <- fread("241 Participant List - Final Study Results - 20181215.csv", na.strings=c("","NA"))
d2[UserId == 65,]$Q10 <- "In person"</pre>
d2[UserId == 13,]$Q6 <- "Through digital means"</pre>
d2$`Living Situation`[is.na(d2$`Living Situation`)] <- "Other"</pre>
d2$Age[is.na(d2$Age)] <- "Other"
d2$Q17[is.na(d2$Q17)] <- "Other"
# stringsAsFactors = F)
names(d2) <- str_replace_all(names(d2), c(" " = "." , "," = "" ))
# subset d2 for those who responded (Submitted.Data = 1)
# Not applicable = 0
# Through digital means = 1
# In person = 2
# Both in person and through digital means = 3
d2 <- d2[, .(userId = UserId,
             treatment_seq = factor(Treatment.Seq),
             day1_treatment = factor(Q6, levels = c('Not applicable', 'Through digital means', 'In pers
                                                              labels = c(0, 1, 2)),
             day2_treatment = factor(Q10, levels = c('Not applicable', 'Through digital means', 'In per
                                                              labels = c(0, 1, 2)),
             day3_treatment = factor(Q14, levels = c('Not applicable', 'Through digital means', 'In per
                                                              labels = c(0, 1, 2),
             day1_steps = as.numeric(gsub("\\,", "", Q7)),
             day2_steps = as.numeric(gsub("\\,", "", Q11)),
             day3_steps = as.numeric(gsub("\\,", "", Q15)),
             age_range = factor(Age, levels = c('18 - 24',
                                                 "25 - 34",
                                                 "35 - 44".
                                                 "45 - 54",
                                                 "55 - 64",
                                                 "65+", "Other"),
                                labels = c(0, 1, 2, 3, 4, 5, 6)),
             # gender = factor(Gender),
             gender = factor(Gender, levels = c('Male', 'Female', 'Gender non-conforming'),
                                                      labels = c(0, 1, 2)),
             lives_with_others = factor(Living.Situation, levels = c('Alone', 'With others', "Other"),
                                                                 labels = c(0, 1, 2)),
             # know_us = factor(Q17),
             know_us = factor(Q17, levels = c('No', 'Yes', "Other"),
                                                       labels = c(0, 1, 2)),
             location_lat = as.double(LocationLatitude),
             location_long = as.double(LocationLongitude),
             submitted_data = Submitted.Data
)]
```

## Warning in eval(jsub, SDenv, parent.frame()): NAs introduced by coercion

## Warning in eval(jsub, SDenv, parent.frame()): NAs introduced by coercion

# head(d2, 5) ## userId treatment\_seq day1\_treatment day2\_treatment day3\_treatment

```
## 1:
                    6
                                0
## 2:
        57
                     3
                                                             2
                                               0
                                  1
## 3:
        89
                     4
                                <NA>
                                             <NA>
                                                          <NA>
## 4:
        69
                     3
                                  1
                                               0
                                                             2
                     3
                                  1
     day1_steps day2_steps day3_steps age_range gender lives_with_others
## 1:
        NA 5040
                            3788 1
                                              0
## 2:
         21290
                   13959
                            13717
                                        0
                                              0
## 3:
          NA
                   NA
                             NA
                                       1
                                              0
## 4:
         6343
                  3247
                            10198
                                        1
                                              0
         13624
                   5406
                             7851
                                        1
## 5:
                                               1
     know_us location_lat location_long submitted_data
## 1:
       1
               41.89250
                          -87.7895
## 2:
               37.75101
          1
                           -97.8220
## 3:
          1
             37.97240
                          -122.3369
                                              0
## 4:
             40.37070
          1
                           -74.0084
## 5:
          1
             42.41730
                          -71.1087
```

#### #Covariate Balance Check 1

```
## Balance Measures
##
                        Type Corr.Un
## gender_0
                      Binary 0.0420
## gender 1
                      Binary -0.0182
                      Binary -0.1035
## gender 2
## age_range_0
                     Binary 0.0345
## age_range_1
                     Binary -0.0282
                      Binary 0.0465
## age_range_2
                      Binary -0.0404
## age_range_3
## age_range_4
                      Binary 0.0327
                      Binary -0.1473
## age_range_5
                       Binary 0.1688
## age_range_6
## lives_with_others_0 Binary 0.0253
## lives_with_others_1 Binary -0.0365
## lives_with_others_2 Binary 0.0327
                      Binary 0.0588
## know us 0
                      Binary -0.1192
## know_us_1
## know us 2
                     Binary 0.0945
                    Contin. 0.0157
## location_lat
## location_long
                      Contin. -0.0480
##
## Sample sizes
##
      Total
## All
```

```
cov_check <- glm(treatment_seq ~ gender + age_range + lives_with_others + know_us + location_lat + location_</pre>
                data = d2, family = "binomial")
summary(cov_check)
##
## Call:
## glm(formula = treatment_seq ~ gender + age_range + lives_with_others +
       know_us + location_lat + location_long, family = "binomial",
##
##
       data = d2
##
## Deviance Residuals:
       \mathtt{Min}
                1Q
                         Median
                                                 Max
## -2.38912 0.00013
                        0.44181
                                 0.67023
                                             1.06273
##
## Coefficients:
##
                        Estimate Std. Error z value Pr(>|z|)
                        29.09470 2542.97303 0.011
## (Intercept)
                                                        0.991
## gender1
                        0.49426
                                    0.72044 0.686
                                                        0.493
## gender2
                        17.75319 6522.63873 0.003
                                                        0.998
                                    1.14725 -0.966
## age_range1
                        -1.10826
                                                        0.334
                                    1.60418 -0.591
## age_range2
                        -0.94866
                                                       0.554
## age_range3
                        -0.67654
                                    1.56728 -0.432
                                                        0.666
                        15.75157 6522.63872 0.002
## age_range4
                                                        0.998
                        16.20801 4588.30570 0.004
## age_range5
                                                        0.997
## age_range6
                       15.72524 6522.63877 0.002
                                                        0.998
## lives_with_others1 -16.68741 2542.95681 -0.007
                                                        0.995
## lives_with_others2 -0.89821 7000.81744
                                             0.000
                                                        1.000
## know_us1
                        -0.82234
                                    1.21485 -0.677
                                                        0.498
                                    1.62619 0.413
                                                        0.680
## know_us2
                        0.67090
## location_lat
                        -0.19082
                                    0.18154 -1.051
                                                        0.293
                                    0.02545 0.949
## location long
                         0.02415
                                                        0.343
##
## (Dispersion parameter for binomial family taken to be 1)
##
       Null deviance: 65.950 on 74 degrees of freedom
## Residual deviance: 56.106 on 60 degrees of freedom
## AIC: 86.106
##
## Number of Fisher Scoring iterations: 17
stargazer(cov_check,
          dep.var.labels=c("Treatment sequence"),
          covariate.labels=c("Female", "Gender non-conforming",
                             "Ages 25-34",
                              "Ages 35-44",
                              "Ages 45-54"
                             "Ages 55-64",
                             "Ages 65+", "Agest other",
                             "Has housemates", "Housemates unknown", "Knows authors", "Knows authors unkonwn",
                             "Latitude", "Longitutde"),
          omit.stat=c("all"),
          single.row = TRUE)
```

% Table created by stargazer v.5.2.2 by Marek Hlavac, Harvard University. E-mail: hlavac at fas.harvard.edu

% Date and time: Sat, Dec 22, 2018 - 11:10:41

Table 1:

Table 1:		
	Dependent variable:	
	Treatment sequence	
Female	0.494 (0.720)	
Gender non-conforming	17.753 (6,522.639)	
Ages 25-34	-1.108 (1.147)	
Ages 35-44	-0.949 (1.604)	
Ages 45-54	-0.677(1.567)	
Ages 55-64	15.752 (6,522.639)	
Ages 65+	16.208 (4,588.306)	
Agest other	15.725 (6,522.639)	
Has housemates	-16.687(2,542.957)	
Housemates unknown	-0.898(7,000.817)	
Knows authors	-0.822 (1.215)	
Knows authors unknown	$0.671\ (1.626)^{'}$	
Latitude	-0.191(0.182)	
Longitutde	$0.024 \ (0.025)$	
Constant	29.095 (2,542.973)	
Note:	*p<0.1; **p<0.05; ***p<0.01	

#### attrition check

## age\_range2

```
lm_attrit <- lm(submitted_data ~ treatment_seq + age_range + gender + lives_with_others + know_us + loc</pre>
summary(lm_attrit)
##
## Call:
## lm(formula = submitted_data ~ treatment_seq + age_range + gender +
##
       lives_with_others + know_us + location_lat + location_long,
##
       data = d2
##
## Residuals:
##
       Min
                     Median
                                    3Q
                  1Q
                                            Max
## -1.00766 -0.08803 0.02795 0.20232 0.66351
##
## Coefficients:
##
                      Estimate Std. Error t value Pr(>|t|)
## (Intercept)
                     -1.603817 0.994669 -1.612 0.112596
## treatment_seq2
                     -0.046842
                                0.155938 -0.300 0.765014
## treatment_seq3
                     -0.013064
                                0.149640 -0.087 0.930750
## treatment_seq4
                     -0.053922
                                0.149343 -0.361 0.719436
## treatment_seq5
                     -0.239999
                                 0.149378 -1.607 0.113855
## treatment_seq6
                     -0.239732
                                 0.142557 -1.682 0.098306 .
## age_range1
                      0.153469
                                 0.116962
                                            1.312 0.194928
```

0.986 0.328441

0.170424

0.168041

```
## age range5
                 0.265268 0.280916 0.944 0.349148
                 -0.277031 0.391906 -0.707 0.482625
## age_range6
## gender1
                 ## gender2
                 ## lives_with_others1 0.153391 0.157930 0.971 0.335670
## lives_with_others2 0.472487 0.395141
                                    1.196 0.236927
## know us1
                 ## know_us2
                 ## location_lat
                 -0.004258
                          0.003073 -1.386 0.171432
## location_long
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 0.3418 on 55 degrees of freedom
## Multiple R-squared: 0.6063, Adjusted R-squared: 0.4703
## F-statistic: 4.458 on 19 and 55 DF, p-value: 7.006e-06
# know_us is highly predictive of whether or not people attrited. This makes sense.
stargazer(lm_attrit,
        dep.var.labels=c("Final survey submitted"),
        covariate.labels=c("Treatment Seq 2", "Treatment Seq 3", "Treatment Seq 4", "Treatment Seq 5"
                       "Ages 25-34",
                       "Ages 35-44",
                       "Ages 45-54",
                       "Ages 55-64"
                       "Ages 65+", "Agest other",
```

2.298 0.025371 \*

## age\_range3

## age\_range4

0.405011

omit.stat=c("all"),
single.row = TRUE)

0.176223

% Table created by stargazer v.5.2.2 by Marek Hlavac, Harvard University. E-mail: hlavac at fas.harvard.edu % Date and time: Sat, Dec 22, 2018 - 11:10:41

"Latitude", "Longitutde"),

"Female", "Gender non-conforming",
"Has housemates", "Housemates unknown",
"Knows authors", "Knows authors unknown",

Checking for ordering/priming effect AND adding non-compliant but okay users Is previous day's treatment highly predictive of how many steps are taken today?

```
'%!in%' <- function(x,y)!('%in%'(x,y))

d2 <- d2[submitted_data == 1]

# n = 51
df1 <- d2

# remove subjects/rows who were non-compliant (n = 2)</pre>
```

Table 2:

	Dependent variable:
	Final survey submitted
Treatment Seq 2	-0.047 (0.156)
Treatment Seq 3	$-0.013\ (0.150)$
Treatment Seq 4	-0.054(0.149)
Treatment Seq 5	-0.240(0.149)
Treatment Seq 6	$-0.240^* (0.143)$
Ages 25-34	$0.153 \ (0.117)$
Ages 35-44	0.168(0.170)
Ages 45-54	$0.405^{**} (0.176)$
Ages 55-64	0.327 (0.372)
Ages 65+	$0.265 \ (0.281)$
Agest other	-0.277(0.392)
Female	$-0.023 \ (0.087)$
Gender non-conforming	$-0.244 \ (0.399)$
Has housemates	$0.153 \ (0.158)$
Housemates unknown	0.472(0.395)
Knows authors	0.278**(0.135)
Knows authors unkonwn	$-0.615^{***} (0.163)$
Latitude	$0.041^{**} (0.019)$
Longitutde	$-0.004 \ (0.003)$
Constant	$-1.604\ (0.995)$
Note:	*p<0.1; **p<0.05; ***p<0

```
# n = 49
df1 <- df1[rowSums(is.na(df1[,c(6:8)])) != ncol(df1[,c(6:8)]), ]
head(df1, 5)</pre>
```

```
##
      userId treatment_seq day1_treatment day2_treatment day3_treatment
## 1:
                                                                                0
           82
                            6
                                             0
                                                              1
                                                                                2
## 2:
           57
                            3
                                             1
                                                              0
## 3:
           69
                            3
                                             1
                                                              0
                                                                                2
                            3
                                                              0
                                                                                2
## 4:
           85
                                                              2
## 5:
                            4
                                             1
           66
##
      \verb|day1_steps| | \verb|day2_steps| | \verb|day3_steps| | \verb|age_range| | \verb|gender| | \verb|lives_with_others| |
## 1:
               NA
                         5040
                                      3788
                                                     1
                                                             0
## 2:
            21290
                         13959
                                     13717
                                                     0
                                                             0
                                                                                  1
             6343
                          3247
                                                             0
## 3:
                                     10198
                                                     1
                                                                                  1
## 4:
            13624
                          5406
                                      7851
                                                     1
                                                             1
                                                                                  1
## 5:
             7016
                                      5717
                          1211
                                                     0
                                                                                  1
##
      know_us location_lat location_long submitted_data
## 1:
             1
                    41.89250
                                    -87.7895
## 2:
             1
                    37.75101
                                    -97.8220
                                                             1
## 3:
             1
                    40.37070
                                    -74.0084
                                                             1
## 4:
             1
                    42.41730
                                    -71.1087
                                                             1
## 5:
                    42.35760
                                    -71.0514
```

```
# n = 30
d_followed_treatment_sequence <- rbindlist(list(subset(df1, treatment_seq == 1 & df1$day1_treatment == ...
                                                        & df1$day2_treatment == assigned_treatment_seq[1
                                                        & df1$day3_treatment == assigned_treatment_seq[1
                                                 subset(df1, treatment_seq == 2 & df1$day1_treatment == 
                                                        & df1$day2_treatment == assigned_treatment_seq[2
                                                        & df1$day3_treatment == assigned_treatment_seq[2
                                                 subset(df1, treatment_seq == 3 & df1$day1_treatment == ...
                                                        & df1$day2_treatment == assigned_treatment_seq[3
                                                        & df1$day3_treatment == assigned_treatment_seq[3
                                                 subset(df1, treatment_seq == 4 & df1$day1_treatment == 
                                                        & df1$day2_treatment == assigned_treatment_seq[4
                                                        & df1$day3_treatment == assigned_treatment_seq[4
                                                 subset(df1, treatment_seq == 5 & df1$day1_treatment == 
                                                        & df1$day2_treatment == assigned_treatment_seq[5]
                                                        & df1$day3_treatment == assigned_treatment_seq[5]
                                                 subset(df1, treatment_seq == 6 & df1$day1_treatment == 
                                                        & df1$day2_treatment == assigned_treatment_seq[6
                                                        & df1$day3_treatment == assigned_treatment_seq[6
))
d_not_followed_treatment_sequence <- subset(df1, userId "!in" d_followed_treatment_sequencesuserId)
d_not_followed_but_ok <- subset(d_not_followed_treatment_sequence, d_not_followed_treatment_sequence$da
                                   d_not_followed_treatment_sequence$day1_treatment != d_not_followed_tr
                                   d_not_followed_treatment_sequence$day2_treatment != d_not_followed_tr
na.omit(d_not_followed_but_ok)
##
      userId treatment_seq day1_treatment day2_treatment day3_treatment
## 1:
           3
                         3
                                         1
                                                        2
                                                                        0
## 2:
          73
                         5
                                         2
                                                        1
                                                                        0
## 3:
                         5
                                         2
                                                        1
##
      day1_steps day2_steps day3_steps age_range gender lives_with_others
## 1:
            7000
                       5000
                                   6000
                                                1
                                                       1
## 2:
            6050
                       5671
                                   3251
                                                1
                                                       0
## 3:
           10422
                       5187
                                   9696
                                                2
                                                       0
                                                                          1
      know_us location_lat location_long submitted_data
##
## 1:
            1
                   48.2804
                                  11.5768
                                                       1
## 2:
            1
                   42.3576
                                 -71.0514
                                                       1
                                 -71.0514
## 3:
            1
                   42.3576
                                                       1
d_not_followed_no_NA <- subset(d_not_followed_treatment_sequence, userId "!in" d_not_followed_but_ok$us
\# n = 15
d_not_followed_no_NA <- na.omit(d_not_followed_no_NA)</pre>
df <- rbind(d_followed_treatment_sequence, d_not_followed_but_ok)</pre>
# n = 48
df2 <- rbind(d_followed_treatment_sequence, d_not_followed_but_ok, d_not_followed_no_NA)
# day 3 steps using day 1 and 2 treatment on complied + people who followed within subject design
```

```
m1 <- lm(day3_steps ~ day1_treatment + day2_treatment, df)</pre>
summary(m1)
##
## Call:
## lm(formula = day3_steps ~ day1_treatment + day2_treatment, data = df)
## Residuals:
##
      Min
               1Q Median
                               3Q
## -8011.1 -2215.5 -140.7 1981.6 6162.7
##
## Coefficients:
##
                  Estimate Std. Error t value Pr(>|t|)
                                 2210
                                      4.173 0.00028 ***
## (Intercept)
                     9223
## day1_treatment1
                     -1212
                                 2011 -0.603 0.55174
## day1_treatment2 -1422
                                 1694 -0.839 0.40862
## day2_treatment1 -1795
                                 2301 -0.780 0.44220
                                 1694 -1.207 0.23799
                     -2044
## day2_treatment2
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
## Residual standard error: 3406 on 27 degrees of freedom
     (1 observation deleted due to missingness)
## Multiple R-squared: 0.06684,
                                   Adjusted R-squared: -0.0714
## F-statistic: 0.4835 on 4 and 27 DF, p-value: 0.7476
# ATE (standard error)
print(paste0("Estimated effect of day1 treatment: ", signif(m1$coefficients[2], 3),
" (", signif(coef(summary(m1))[2,2], 3), ")"))
## [1] "Estimated effect of day1 treatment: -1210 (2010)"
print(paste0("Estimated effect of day2 treatment: ", signif(m1$coefficients[3], 3),
" (", signif(coef(summary(m1))[3,2], 3), ")"))
## [1] "Estimated effect of day2 treatment: -1420 (1690)"
# include days1,2 steps as covariates to understand
# subjects' step counts have as a function of
# treatment against want they would typically do
m2 <- lm(day3_steps ~ day1_treatment + day2_treatment + day1_steps + day2_steps, df)
summary(m2)
##
## Call:
## lm(formula = day3_steps ~ day1_treatment + day2_treatment + day1_steps +
##
      day2_steps, data = df)
##
## Residuals:
      Min
               1Q Median
                               3Q
## -8433.3 -1006.2
                   120.8 1148.3 5072.7
```

```
##
## Coefficients:
##
                   Estimate Std. Error t value Pr(>|t|)
                                        1.081
                  2967.7308 2745.2966
                                                 0.2900
## (Intercept)
## day1_treatment1 -592.3631 1756.6233 -0.337
                                                 0.7388
## day1 treatment2 -784.1472 1480.5725 -0.530
                                                0.6010
## day2_treatment1 -703.6553 2026.6544 -0.347
                                                 0.7313
## day2_treatment2 -134.8561
                             1571.7867 -0.086
                                                 0.9323
## day1_steps
                     0.3476
                                0.1611
                                         2.158
                                                 0.0408 *
## day2_steps
                     0.2882
                                0.2121
                                         1.359
                                                 0.1863
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
## Residual standard error: 2944 on 25 degrees of freedom
     (1 observation deleted due to missingness)
## Multiple R-squared: 0.3545, Adjusted R-squared: 0.1996
## F-statistic: 2.288 on 6 and 25 DF, p-value: 0.06743
print(paste0("Estimated effect of day1 treatment: ", signif(m2$coefficients[2], 3),
             " (", signif(coef(summary(m2))[2,2], 3), ")"))
## [1] "Estimated effect of day1 treatment: -592 (1760)"
print(paste0("Estimated effect of day2 treatment: ", signif(m2$coefficients[3], 3),
             " (", signif(coef(summary(m2))[3,2], 3), ")"))
## [1] "Estimated effect of day2 treatment: -784 (1480)"
# day 3 steps using day 1 and 2 treatment on complied + people who followed within subject design + res
m1 <- lm(day3_steps ~ day1_treatment + day2_treatment, df2)</pre>
summary(m1)
##
## Call:
## lm(formula = day3_steps ~ day1_treatment + day2_treatment, data = df2)
## Residuals:
               1Q Median
                               3Q
      Min
                                      Max
## -7337.2 -2223.0 -254.6 1440.9 8568.5
## Coefficients:
##
                  Estimate Std. Error t value Pr(>|t|)
## (Intercept)
                    7565.3
                               1065.7
                                       7.099 1.05e-08 ***
                    -228.2
                               1243.9 -0.183
## day1_treatment1
                                                 0.855
## day1_treatment2 -1104.7
                               1560.4 -0.708
                                                 0.483
                               1452.1 -0.188
                                                 0.852
                    -272.7
## day2_treatment1
                    -778.9
                               1242.1 -0.627
## day2_treatment2
                                                 0.534
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
## Residual standard error: 3519 on 42 degrees of freedom
     (1 observation deleted due to missingness)
```

```
## Multiple R-squared: 0.01946,
                                   Adjusted R-squared: -0.07393
## F-statistic: 0.2084 on 4 and 42 DF, p-value: 0.9324
# ATE (standard error)
print(paste0("Estimated effect of day1 treatment: ", signif(m1$coefficients[2], 3),
             " (", signif(coef(summary(m1))[2,2], 3), ")"))
## [1] "Estimated effect of day1 treatment: -228 (1240)"
print(paste0("Estimated effect of day2 treatment: ", signif(m1$coefficients[3], 3),
             " (", signif(coef(summary(m1))[3,2], 3), ")"))
## [1] "Estimated effect of day2 treatment: -1100 (1560)"
# include days1,2 steps as covariates to understand
# subjects' step counts have as a function of
# treatment against want they would typically do
m2 <- lm(day3_steps ~ day1_treatment + day2_treatment + day1_steps + day2_steps, df2)
summary(m2)
##
## Call:
## lm(formula = day3_steps ~ day1_treatment + day2_treatment + day1_steps +
      day2_steps, data = df2)
##
##
## Residuals:
               1Q Median
                               3Q
                   -9.2 1643.8 4932.4
## -8371.9 -1147.5
## Coefficients:
                   Estimate Std. Error t value Pr(>|t|)
## (Intercept)
                  2681.3421 1180.5601 2.271 0.02859 *
## day1_treatment1 -495.0087 948.4029 -0.522 0.60459
## day1_treatment2 -841.6432 1188.4174 -0.708 0.48292
## day2_treatment1 -857.1243 1110.6529 -0.772 0.44481
## day2 treatment2 -560.6809
                             951.8148 -0.589 0.55913
## day1_steps
                     0.2537
                                0.1268 2.001 0.05223 .
## day2 steps
                     0.4527
                                0.1368 3.308 0.00199 **
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 2675 on 40 degrees of freedom
     (1 observation deleted due to missingness)
## Multiple R-squared: 0.4601, Adjusted R-squared: 0.3792
## F-statistic: 5.682 on 6 and 40 DF, p-value: 0.0002417
print(paste0("Estimated effect of day1 treatment: ", signif(m2$coefficients[2], 3),
             " (", signif(coef(summary(m2))[2,2], 3), ")"))
```

## [1] "Estimated effect of day1 treatment: -495 (948)"

#### ## [1] "Estimated effect of day2 treatment: -842 (1190)"

We do not see that the previous days' treatment assignments to predict the last day's step count is highly predictive and significant, which is super for us!

- % Table created by stargazer v.5.2.2 by Marek Hlavac, Harvard University. E-mail: hlavac at fas.harvard.edu
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Table	2.
Table	υ.

	Dependent variable:	
	Steps - Day 3	
	Short	Long
	(1)	(2)
Digital - Day 1	-228.177 (1,243.893)	-495.009 (948.403)
In person - Day 1	-1,104.705 $(1,560.442)$	-841.643(1,188.417)
Digital - Day 2	-272.684(1,452.143)	-857.124(1,110.653)
In person - Day 2	-778.868 (1,242.131)	-560.681 (951.815)
Steps - Day 1	,	$0.254^*$ (0.127)
Steps - Day 2		$0.453^{***}(0.137)$
Constant	$7,565.343^{***}$ $(1,065.706)$	2,681.342** (1,180.560)
Note: *p<0.1; **p<0.05; ***p<0.0		

#### Condense treatment sequence to 1 treatment

```
df1.1 <- df[,-c(4,5,7,8)]
df2.1 <- df[,-c(3,5,6,8)]
df3.1 <- df[,-c(3,4,6,7)]
names(df1.1)[names(df1.1) == "day1_treatment"] = "treatment"
names(df1.1)[names(df1.1) == "day1_steps"] = "steps"
names(df2.1)[names(df2.1) == "day2_treatment"] = "treatment"
names(df2.1)[names(df2.1) == "day2_steps"] = "steps"
names(df3.1)[names(df3.1) == "day3_treatment"] = "treatment"
names(df3.1)[names(df3.1) == "day3_steps"] = "steps"
d <- rbind(df1.1, df2.1, df3.1)
# combine digital and in person treatment as one
d$treatment2 <- ifelse(d$treatment == 0, 0, 1)</pre>
```

```
d$outcome <- ifelse(d$steps > 5000, 1, 0)
head(d, 5)
##
      userId treatment_seq treatment steps age_range gender lives_with_others
## 1:
                        1
                                   0 13929
## 2:
          56
                                   0 5368
                                                                             1
                         1
                                                           1
                                                    1
                                   0 5802
## 3:
          25
                         1
                                                                             1
## 4:
          22
                         1
                                   0 5689
                                                   3
                                                           0
                                                                             1
## 5:
                         1
                                   0 5868
                                                    1
      know_us location_lat location_long submitted_data treatment2 outcome
##
          1
                  36.05251
                                -79.1077
## 1:
                                                      1
                                -71.0514
                                                                  0
## 2:
           1
                  42.35760
                                                      1
                                                                          1
## 3:
            1
                  42.37700
                                -71.1256
                                                      1
                                                                  0
                                                                          1
                                -71.0514
## 4:
            1
                  42.35760
                                                      1
                                                                  0
                                                                          1
## 5:
            1
                  42.61240
                                -83.0345
#Covariate Balance Check on treatment = 0,1,2
bal.tab(as.numeric(treatment) ~ gender + age_range + lives_with_others + know_us + location_lat + locat
       data = d
## Balance Measures
##
                          Type Corr.Un
## gender_1
                        Binary
## age_range_0
                        Binary
                                     0
## age_range_1
                        Binary
                                     0
## age_range_2
                                     0
                        Binary
## age_range_3
                                     0
                        Binary
## age_range_4
                        Binary
                                     0
## age_range_5
                                     0
                        Binary
## lives_with_others_1 Binary
## know_us_1
                        Binary
                                     0
## location_lat
                       Contin.
                       Contin.
## location_long
## Sample sizes
##
       Total
## All
cov_check1 <- glm(treatment ~ gender + age_range + lives_with_others + know_us + location_lat + location</pre>
               data = d, family = "binomial")
summary(cov_check1)
##
## glm(formula = treatment ~ gender + age_range + lives_with_others +
       know_us + location_lat + location_long, family = "binomial",
##
       data = d
##
## Deviance Residuals:
                     Median
                1Q
                                   3Q
                                           Max
                             0.9005
## -1.4823 -1.4823 0.9005
                                        0.9005
```

```
##
## Coefficients:
##
                       Estimate Std. Error z value Pr(>|z|)
## (Intercept)
                      6.931e-01 5.308e+00 0.131
                                                      0.896
                      2.732e-15 4.935e-01 0.000
## gender1
                                                      1.000
## age range1
                     -3.597e-17 6.602e-01 0.000
                                                    1.000
## age range2
                     4.724e-15 9.772e-01 0.000
                                                    1.000
                     5.482e-15 8.759e-01 0.000
## age_range3
                                                      1.000
                    5.798e-15 1.406e+00 0.000
9.445e-17 1.402e+00 0.000
## age_range4
                                                      1.000
## age_range5
                                                      1.000
## lives_with_others1 1.785e-15 8.347e-01 0.000
                                                      1.000
                     7.432e-15 1.054e+00 0.000
## know_us1
                                                      1.000
                     2.312e-15 1.020e-01 0.000
## location_lat
                                                      1.000
## location_long
                     -3.429e-16 1.617e-02 0.000
                                                      1.000
## (Dispersion parameter for binomial family taken to be 1)
##
##
      Null deviance: 126.03 on 98 degrees of freedom
## Residual deviance: 126.03 on 88 degrees of freedom
## AIC: 148.03
##
## Number of Fisher Scoring iterations: 4
#Covariate Balance Check on treatment = 0,1
bal.tab(as.numeric(treatment2) ~ gender + age_range + lives_with_others + know_us + location_lat + location_
      data = d
## Note: estimand and s.d.denom not specified; assuming ATE and pooled.
## Balance Measures
##
                         Type Diff.Un
## gender_1
                       Binary
## age_range_0
                                    0
                       Binary
## age_range_1
                       Binary
                                    0
## age_range_2
                                    0
                       Binary
## age_range_3
                       Binary
## age_range_4
                       Binary
                                    0
## age_range_5
                       Binary
                                    0
## lives with others 1 Binary
                                    0
## know_us_1
                      Binary
                                    0
## location lat
                      Contin.
                                    0
                      Contin.
## location_long
##
## Sample sizes
      Control Treated
## All
          33
cov_check2 <- glm(treatment2 ~ gender + age_range + lives_with_others + know_us + location_lat + locati</pre>
              data = d, family = "binomial")
summary(cov_check2)
```

##

```
## Call:
## glm(formula = treatment2 ~ gender + age_range + lives_with_others +
       know us + location lat + location long, family = "binomial",
       data = d
##
##
## Deviance Residuals:
                     Median
      Min
                 10
                                   30
                                           Max
## -1.4823 -1.4823 0.9005
                                        0.9005
                               0.9005
##
## Coefficients:
                        Estimate Std. Error z value Pr(>|z|)
## (Intercept)
                       6.931e-01 5.308e+00
                                              0.131
                                                       0.896
## gender1
                       2.732e-15 4.935e-01
                                              0.000
                                                       1.000
## age_range1
                      -3.597e-17 6.602e-01
                                              0.000
                                                       1.000
                       4.724e-15 9.772e-01
                                              0.000
                                                       1.000
## age_range2
## age_range3
                       5.482e-15 8.759e-01
                                              0.000
                                                       1.000
## age_range4
                       5.798e-15 1.406e+00
                                              0.000
                                                       1.000
## age range5
                       9.445e-17 1.402e+00
                                              0.000
                                                       1.000
                                              0.000
## lives_with_others1 1.785e-15 8.347e-01
                                                       1.000
## know us1
                       7.432e-15 1.054e+00
                                              0.000
                                                       1.000
## location_lat
                       2.312e-15 1.020e-01
                                              0.000
                                                       1.000
## location_long
                      -3.429e-16 1.617e-02
                                              0.000
                                                       1.000
##
## (Dispersion parameter for binomial family taken to be 1)
##
       Null deviance: 126.03 on 98 degrees of freedom
## Residual deviance: 126.03 on 88 degrees of freedom
## AIC: 148.03
##
## Number of Fisher Scoring iterations: 4
stargazer(cov_check2, cov_check1,
          dep.var.labels=c("2 levels treatment", "3 levels treatment"),
          covariate.labels=c("Female",
                             "Ages 25-34",
                             "Ages 35-44".
                             "Ages 45-54",
                             "Ages 55-64",
                             "Ages 65+",
                             "Has housemate", "Knows us", "Latitute", "Longitude", "Constant"),
          omit.stat=c("all"),
          single.row = TRUE)
```

% Table created by stargazer v.5.2.2 by Marek Hlavac, Harvard University. E-mail: hlavac at fas.harvard.edu % Date and time: Sat, Dec 22, 2018 - 11:10:41

#### Make some pretty plots to show distribution, populatin etc.

```
# population that actually responded to data collection survey
require(gridExtra)
```

```
## Loading required package: gridExtra
```

Table 4:

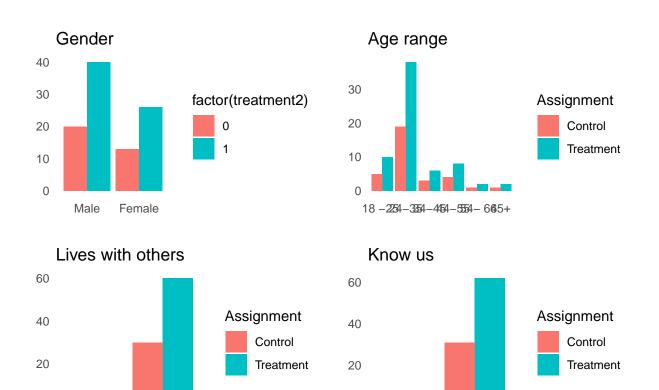
	Dependent variable:	
	2 levels treatment	3 levels treatment
	(1)	(2)
Female	0.000 (0.494)	0.000 (0.494)
Ages 25-34	-0.000(0.660)	-0.000(0.660)
Ages 35-44	0.000(0.977)	0.000(0.977)
Ages 45-54	0.000(0.876)	0.000(0.876)
Ages 55-64	0.000(1.406)	0.000(1.406)
Ages $65+$	0.000(1.402)	0.000(1.402)
Has housemate	0.000(0.835)	0.000(0.835)
Knows us	0.000(1.054)	0.000(1.054)
Latitute	0.000(0.102)	0.000(0.102)
Longitude	-0.000(0.016)	-0.000(0.016)
Constant	0.693 (5.308)	0.693 (5.308)

Note:

\*p<0.1; \*\*p<0.05; \*\*\*p<0.01

```
d.gender <- d[, c("gender", "treatment2")]</pre>
p_gender <- ggplot(d.gender, aes(x=gender, fill = factor(treatment2))) +</pre>
  geom_bar(stat="count", position=position_dodge()) +
  theme_minimal() + theme(legend.position="right",
                          panel.border = element_blank(),
          panel.grid.major = element_blank(),
          panel.grid.minor = element_blank()) +
  xlab("") + ylab("") + ggtitle("Gender") +
  guides(fill = guide_legend(title = "Assignment")) +
  scale_fill_discrete(labels = c("Control", "Treatment")) +
  scale_x_discrete(breaks = c(0, 1, 2),
                     labels = c('Male', 'Female', 'Gender\n non-conforming'))
\# ggsave("gender.png", width = 5, height = 3.5, units = "in", dpi = 300)
p_gender_no_legend <- ggplot(d.gender, aes(x=gender, fill = factor(treatment2))) +</pre>
  geom_bar(stat="count", position=position_dodge()) +
  theme_minimal() + theme(legend.position="right",
                          panel.border = element_blank(),
          panel.grid.major = element_blank(),
          panel.grid.minor = element blank()) +
  xlab("") + ylab("") + ggtitle("Gender") +
  # guides(fill = guide_legend(title = "Assignment")) +
  # scale_fill_discrete(labels = c("Control", "Treatment")) +
  scale_x_discrete(breaks = c(0, 1, 2),
                     labels = c('Male', 'Female', 'Gender\n non-conforming'))
d.age <- d[, c("age_range", "treatment2")]</pre>
p_age <- ggplot(d.age, aes(x=age_range, fill = factor(treatment2))) +</pre>
  geom_bar(stat="count", position=position_dodge()) +
  theme_minimal() + theme(legend.position="right",
                          panel.border = element_blank(),
```

```
panel.grid.major = element_blank(),
          panel.grid.minor = element_blank()) +
  xlab("") + ylab("") + ggtitle("Age range") +
  guides(fill = guide_legend(title = "Assignment")) +
  scale_fill_discrete(labels = c("Control", "Treatment")) +
  scale_x_discrete(breaks = c(0, 1, 2, 3, 4, 5, 6),
                   labels = c('18 - 24')
                              "25 - 34",
                              "35 - 44",
                              "45 - 54".
                              "55 - 64",
                              "65+", "NA"))
d.others <- d[, c("lives_with_others", "treatment2")]</pre>
p_others <- ggplot(d.others, aes(x=lives_with_others, fill = factor(treatment2))) +</pre>
  geom_bar(stat="count", position=position_dodge()) +
  theme_minimal() + theme(legend.position="right",
                          panel.border = element_blank(),
          panel.grid.major = element_blank(),
          panel.grid.minor = element_blank()) +
  xlab("") + ylab("") + ggtitle("Lives with others") +
  guides(fill = guide_legend(title = "Assignment")) +
  scale_fill_discrete(labels = c("Control", "Treatment")) +
  scale_x_discrete(breaks = c(0, 1, 2),
                     labels = c('Alone', 'With others', "NA"))
ggsave("other.png", width = 5, height = 3.5, units = "in", dpi = 300)
d.know_us <- d[, c("know_us", "treatment2")]</pre>
p_know_us <- ggplot(d.know_us, aes(x=know_us, fill = factor(treatment2))) +</pre>
  geom_bar(stat="count", position=position_dodge()) +
  theme_minimal() + theme(legend.position="right",
                          panel.border = element_blank(),
          panel.grid.major = element_blank(),
          panel.grid.minor = element_blank()) +
  xlab("") + ylab("") + ggtitle("Know us") +
  guides(fill = guide_legend(title = "Assignment")) +
  scale_fill_discrete(labels = c("Control", "Treatment")) +
  scale_x_discrete(breaks = c(0, 1),
                     labels = c('No', 'Yes'))
ggsave("know.png", width = 5, height = 3.5, units = "in", dpi = 300)
grid.arrange(p_gender_no_legend, p_age, p_others, p_know_us,
            ncol = 2)
```



0

No

Yes

```
# control and digital and in person distribution
dist3 <- ggplot(d, aes(x=treatment, y=steps, colour = factor(treatment))) +</pre>
geom_boxplot() + geom_jitter() +
geom_hline(yintercept=5000, linetype="dashed", color = "red") +
xlab("") + ylab("") + theme_bw() +
   theme(axis.text.y = element_blank(), axis.ticks = element_blank())
    \# scale_x_discrete(breaks = c(0, 1, 2),
                     # labels = c('None', 'Digital', "In-person")) +
  # theme(legend.position="none")
# control and treatment (digital+in person) when time component removed
dist2 <- ggplot(d, aes(x=treatment2, y=steps, colour = factor(treatment2))) +</pre>
geom_boxplot() + geom_jitter() +
geom_hline(yintercept=5000, linetype="dashed", color = "red") +
xlab("") + ylab("Step counts") + theme_bw() + theme(axis.ticks.x = element_blank()) +
    scale_x_continuous(breaks = c(0, 1),
                     labels = c('Control', 'Treatment')) +
  theme(legend.position="none")
grid.arrange(dist2, dist3,
         ncol = 2)
```

## Warning: Removed 1 rows containing non-finite values (stat\_boxplot).

## Warning: Removed 1 rows containing missing values (geom\_point).

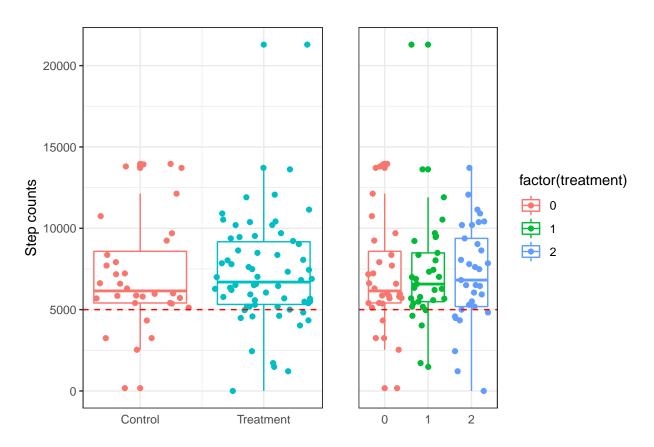
0

Alone

With others

```
## Warning: Removed 1 rows containing non-finite values (stat_boxplot).
```

## Warning: Removed 1 rows containing missing values (geom\_point).



#### For control vs digital and control vs in person

```
# d$treatment <- factor(d$treatment)
d$userId <- factor(d$userId)
fit_3 <- lm(outcome ~ treatment + userId , d)
# se clustered based on userID
se_3 <- coeftest(fit_3, vcovHC(fit_3, type = 'HC', cluster = "userID"))
fit_3_covariates <- lm(outcome ~ treatment + age_range + gender + lives_with_others + know_us + location
# robust se
se_3_covariates <- sqrt(diag(vcovHC(fit_3_covariates, type = 'HC')))

# ATE (standard error)
print(paste0("Estimated effect of treatment (control, in person, digital): ", signif(fit_3$coefficients " (", signif(se_3[2,2], 3), ")"))</pre>
```

## [1] "Estimated effect of treatment (control, in person, digital): -0.00142 (0.0652)"

```
print(paste0("Estimated effect of treatment (control, in person, digital) + covariates: ", signif(fit_3
" (", signif(se_3_covariates[2], 3), ")"))
```

## [1] "Estimated effect of treatment (control, in person, digital) + covariates: -0.0884 (0.078)"

% Table created by stargazer v.5.2.2 by Marek Hlavac, Harvard University. E-mail: hlavac at fas.harvard.edu

% Date and time: Sat, Dec 22, 2018 - 11:10:43

Table 5:

	Dependent variable:	
	Steps > 5000	
Digital commitment	$-0.001 \ (0.065)$	
In person commitment	-0.092 (0.076)	
Constant	$0.031 \ (0.049)$	
Subject IDs ommitted	Yes	
Note:	*p<0.1; **p<0.05; ***p<0.01	

% Table created by stargazer v.5.2.2 by Marek Hlavac, Harvard University. E-mail: hlavac at fas.harvard.edu % Date and time: Sat, Dec 22, 2018 - 11:10:43

Table 6:

Table 6.			
_	$Dependent\ variable:$		
	Steps > 5000		
Digital commitment	$-0.001 \ (0.065)$		
In person commitment	$-0.092 \ (0.076)$		
Constant	0.333(0.261)		
userId3	$0.667^{***} (0.248)$		
userId6	$1.000^{***} (0.035)$		
userId13	$1.000^{***} (0.035)$		
userId14	0.333(0.261)		
userId17	0.333 (0.261)		
userId19	1.000***(0.035)		
userId22	$0.667^{***} (0.248)$		
userId25	$1.000^{***} (0.035)$		
userId26	$1.000^{***} (0.035)$		
userId28	$1.000^{***} (0.035)$		
userId33	$1.000^{***} (0.035)$		
userId39	1.000*** (0.035)		
userId45	1.000*** (0.035)		
userId47	0.333 (0.298)		
userId54	$1.000^{***} (0.035)$		
userId56	$1.000^{***} (0.035)$		
userId57	$1.000^{***} (0.035)$		
userId58	$0.667^{**} (0.287)$		
userId59	$1.000^{***} (0.035)$		
userId65	$1.016^{***} (0.046)$		
userId66	$0.667^{***} (0.248)$		
userId68	$1.000^{***} (0.035)$		
userId69	$0.667^{**} (0.287)$		
userId73	$0.667^{**} (0.287)$		
userId75	$1.000^{***} (0.035)$		
userId77	$1.000^{***} (0.035)$		
userId84	$1.000^{***} (0.035)$		
userId85	$1.000^{***} (0.035)$		
userId86	$0.667^{***} (0.248)$		
userId88	$1.000^{***} (0.035)$		
userId91	$1.000^{***} (0.035)$		
Constant	$0.031 \ (0.049)$		

Note:

\*p<0.1; \*\*p<0.05; \*\*\*p<0.01

```
"Ages 65+",

"Female", "Has housemate",

"Knows us",

"Latitute",

"Longitude",

"Constant"),

omit.stat=c("all"),
single.row = TRUE)
```

% Table created by stargazer v.5.2.2 by Marek Hlavac, Harvard University. E-mail: hlavac at fas.harvard.edu

% Date and time: Sat, Dec 22, 2018 - 11:10:44

Table 7:

	14610 1.	
	Dependent variable: Steps > 5000	
	User ID	Covariates
	(1)	(2)
Digital commitment	-0.001 (0.065)	0.003 (0.078)
In person commitment	-0.092 (0.076)	-0.088(0.092)
Ages 25-34		$0.157 \ (0.139)$
Ages 35-44		$0.156\ (0.141)$
Ages 45-54		$0.086 \ (0.157)$
Ages 55-64		0.369** (0.144)
Ages 65+		0.340** (0.145)
Female		-0.068(0.076)
Has housemate		0.303*(0.160)
Knows us		$0.237^* (0.132)$
Latitute		$0.030\ (0.019)$
Longitude		-0.004(0.003)
Constant	$0.031 \ (0.049)$	$-1.315\ (0.951)$
Subject IDs ommitted	Yes	No
Note:	*p<0.1; **p	<0.05; ***p<0.01

test hypothesis that telling others make it more likely to take >5000 steps (control vs treatment)

```
#suppress intercept term
fit_2 <- lm(outcome ~ treatment2 + userId, d)
# se clustered based on userID
se_2 <- coeftest(fit_2, vcovHC(fit_2, type = 'HC', cluster = "userID"))
fit_2_covariates <- lm(outcome ~ treatment2 + age_range + gender + lives_with_others + know_us + locati
# robust se
se_2_covariates <- sqrt(diag(vcovHC(fit_2_covariates, type = 'HC')))
# ATE (standard error)</pre>
```

```
print(paste0("Estimated effect of treatment (control, treatment): ", signif(fit_2$coefficients[2], 3),
" (", signif(se_2[2], 3), ")"))
## [1] "Estimated effect of treatment (control, treatment): -0.0469 (-0.0469)"
print(paste0("Estimated effect of treatment (control, treatment) + covariates: ", signif(fit_2_covariat
" (", signif(se_2_covariates[2], 3), ")"))
## [1] "Estimated effect of treatment (control, treatment) + covariates: -0.0429 (0.0737)"
stargazer(fit_2,
          se=list(se_2[,2]),
          omit = "userId",
          omit.labels = "Subject IDs ommitted",
          dep.var.labels=c("Steps > 5000"),
          covariate.labels=c('Social commitment', "Constant"),
          omit.stat=c("all"),
          single.row = TRUE)
```

% Table created by stargazer v.5.2.2 by Marek Hlavac, Harvard University. E-mail: hlavac at fas.harvard.edu

% Date and time: Sat, Dec 22, 2018 - 11:10:44

Table 8:

	Dependent variable:	
	Steps > 5000	
Social commitment Constant	$-0.047 (0.064) \\ 0.031 (0.045)$	
Subject IDs ommitted	Yes	
Note:	*p<0.1; **p<0.05; ***p<0.01	

```
stargazer(fit_2,
          se=list(se_2[,2]),
          dep.var.labels=c("Steps > 5000"),
          covariate.labels=c('Social commitment', "Constant"),
          omit.stat=c("all"),
          single.row = TRUE)
```

% Table created by stargazer v.5.2.2 by Marek Hlavac, Harvard University. E-mail: hlavac at fas.harvard.edu

% Date and time: Sat, Dec 22, 2018 - 11:10:44

```
stargazer(fit_2, fit_2_covariates,
          se=list(se_2[,2], se_2_covariates),
          omit = "userId",
          omit.labels = "Subject IDs ommitted",
          dep.var.labels=c("Steps > 5000"),
          column.labels = c("User ID", "Covariates"),
          covariate.labels=c('Social commitment',
```

Table 9:

_	$Dependent\ variable:$	
	Steps > 5000	
Social commitment	-0.047 (0.064)	
Constant	$0.333 \ (0.260)$	
userId3	$0.667^{**}(0.266)$	
userId6	$1.000^{***} (0.018)$	
userId13	1.000*** (0.018)	
userId14	$0.333 \ (0.260)$	
userId17	$0.333\ (0.260)$	
userId19	1.000***(0.018)	
userId22	0.667** (0.266)	
userId25	1.000*** (0.018)	
userId26	1.000*** (0.018)	
userId28	$1.000^{***} (0.018)$	
userId33	$1.000^{***} (0.018)$	
userId39	$1.000^{***} (0.018)$	
userId45	$1.000^{***} (0.018)$	
userId47	$0.333 \ (0.279)$	
userId54	$1.000^{***} (0.018)$	
userId56	$1.000^{***} (0.018)$	
userId57	$1.000^{***} (0.018)$	
userId58	$0.667^{**} (0.285)$	
userId59	1.000*** (0.018)	
userId65	$1.016^{***} (0.025)$	
userId66	0.667** (0.266)	
userId68	$1.000^{***} (0.018)$	
userId69	$0.667^{**} (0.285)$	
userId73	$0.667^{**} (0.285)$	
userId75	1.000***(0.018)	
userId77	$1.000^{***} (0.018)$	
userId84	$1.000^{***} (0.018)$	
userId85	1.000*** (0.018)	
userId86	$0.667^{**} (0.266)$	
userId88	1.000*** (0.018)	
userId91	$1.000^{***} (0.018)$	
Constant	0.031 (0.045)	

*Note:* \*p<0.1; \*\*p<0.05; \*\*\*p<0.01

```
"Ages 25-34",

"Ages 35-44",

"Ages 45-54",

"Ages 55-64",

"Ages 65+",

"Female",

"Has housemate",

"Knows us",

"Latitute",

"Longitude",

"Constant"),

omit.stat=c("all"),
single.row = TRUE)
```

% Table created by stargazer v.5.2.2 by Marek Hlavac, Harvard University. E-mail: hlavac at fas.harvard.edu % Date and time: Sat, Dec 22, 2018 - 11:10:44

Table 10:

	10010 10.	
	Dependent variable:	
	Steps > 5000	
	User ID	Covariates
	(1)	(2)
Social commitment	-0.047 (0.064)	-0.043 (0.074)
Ages 25-34		0.157(0.140)
Ages 35-44		$0.156 \ (0.140)$
Ages 45-54		$0.086\ (0.160)$
Ages 55-64		0.369*** (0.143)
Ages 65+		0.340** (0.144)
Female		-0.068(0.076)
Has housemate		0.303*(0.155)
Knows us		$0.237^* (0.131)$
Latitute		$0.030\ (0.019)$
Longitude		-0.004(0.003)
Constant	$0.031 \ (0.045)$	$-1.315\ (0.970)$
Subject IDs ommitted	Yes	No
Note:	*p<0.1; **]	p<0.05; ***p<0.01

### power calculations

•

. . . . . .

```
### power analysis
### Control vs treatment (digital + in person)
```

```
##
## Hedges's g
##
## g estimate: 0.1033917 (negligible)
## 95 percent confidence interval:
        lower
                   upper
## -0.3244452 0.5312286
# cohen's d
effect_size <- cohensD(d[treatment2 == 0] $outcome, d[treatment2 == 1] $outcome)
#power we got from our experiment
pwr.t2n.test(n1 = nrow(d[treatment2 == 0,]), n2 = nrow(d[treatment2 == 1,]), d = effect_size, sig.level
##
##
       t test power calculation
##
                n1 = 33
##
##
                n2 = 66
                 d = 0.1042079
##
##
         sig.level = 0.05
##
             power = 0.07723521
##
       alternative = two.sided
# 80% powered test
pwr.t.test(power = 0.8, d = effect_size, sig.level = 0.05, type = "two.sample")
##
##
        Two-sample t test power calculation
##
##
                 n = 1446.518
##
                 d = 0.1042079
##
         sig.level = 0.05
##
             power = 0.8
##
       alternative = two.sided
##
## NOTE: n is number in *each* group
#
#
#
#
# ### Control vs in person
# # since we fail to reject the null hypothesis,
# # let's calculate number of subjects needed for 80% power
\# effect_size_person <- cohensD(d[treatment == 0]$steps, d[treatment == 2]$steps)
# #power we got from our experiment
\# pwr.t2n.test(n1 = nrow(d[treatment == 0,]), n2 = nrow(d[treatment == 2,]), d = effect_size_person, si
# # 80% powered test
```

(cohen.d(d[treatment2 == 0] soutcome, d[treatment2 == 1] soutcome, na.rm = T, hedges.correction = T))

# hedge's q

```
\# pwr.t.test(power = 0.8, d = effect_size_person, sig.level = 0.05, type = "two.sample")
### extra plots
# day1
pd1 <- ggplot(df, aes(x=day1_treatment, y=day1_steps, colour = factor(day1_treatment))) +
 geom_boxplot() + geom_jitter() +
  geom_hline(yintercept=5000, linetype="dashed", color = "red") +
 xlab("") + ylab("Step counts") + theme bw() +
 scale x continuous(breaks = c(0, 1, 2),
                     labels = c(0, 1, 2)) +
 # labels = c('Control', 'In person', 'Through digital means')) +
 theme(legend.position="none") + ggtitle("Step count - day 1")
# day2
pd2 <- ggplot(df, aes(x=day2_treatment, y=day2_steps, colour = factor(day2_treatment))) +
geom_boxplot() + geom_jitter() +
geom_hline(yintercept=5000, linetype="dashed", color = "red") +
xlab("") + ylab("Step counts") + theme_bw() +
    scale_x_continuous(breaks = c(0, 1, 2),
                       labels = c(0, 1, 2)) +
                       labels = c('Control', 'In person', 'Through digital means')) +
 theme(legend.position="none") + ggtitle("Step count - day 2")
pd3 <- ggplot(df, aes(x=day3_treatment, y=day3_steps, colour = factor(day3_treatment))) +
geom boxplot() + geom jitter() +
geom hline(yintercept=5000, linetype="dashed", color = "red") +
xlab("") + ylab("Step counts") + theme bw() +
    scale_x_continuous(breaks = c(0, 1, 2),
                       labels = c(0, 1, 2)) +
    #
                       labels = c('Control', 'In person', 'Through digital means')) +
 theme(legend.position="none") + ggtitle("Step count - day 3")
```