SSC GD Constable Exam: Idioms and Phrases Practice Set

Instructions:

Each question carries 2 marks. Total: 100 Questions = 200 Marks.

Negative Marking: -0.25 per wrong answer

In each of the following questions replace the highlighted part _****_ with the correct options

- 1. She decided to _bite the bullet_ and face the challenge.
 - A) Avoid the situation
 - B) Act bravely
 - C) Complain loudly
 - D) Give up easily
- 2. He's always _on cloud nine_ after getting good grades.
 - A) Extremely happy
 - B) Very upset
 - C) Confused
 - D) Tired
- 3. They _let the cat out of the bag_ about the surprise party.
 - A) Kept it a secret
 - B) Revealed the secret
 - C) Planned carefully
 - D) Ignored the plan
- 4. She's under the weather today and can't come to work.
 - A) Feeling great
 - B) Slightly unwell
 - C) Very energetic
 - D) Completely lost
- 5. He _burned the midnight oil_ to finish the project.
 - A) Wasted time

- B) Ignored work
- C) Slept early
- D) Worked late
- 6. The team _hit the nail on the head_ with their solution.
 - A) Made a mistake
 - B) Found the perfect answer
 - C) Delayed the decision
 - D) Ignored the problem
- 7. She _threw in the towel_ after several failed attempts.
 - A) Gave up
 - B) Kept trying
 - C) Succeeded
 - D) Asked for help
- 8. He's barking up the wrong tree if he thinks I'll agree.
 - A) Making the right choice
 - B) Mistaken in approach
 - C) Being persuasive
 - D) Acting wisely
- 9. They _turned a blind eye_ to the issue.
 - A) Addressed it quickly
 - B) Ignored it deliberately
 - C) Solved it immediately
 - D) Discussed it openly
- 10. She _spilled the beans_ about the new plan.
 - A) Kept it confidential
 - B) Forgot it completely
 - C) Planned it carefully
 - D) Revealed it accidentally
- 11. He's in hot water for missing the deadline.

- A) Praised
- B) In trouble
- C) Relaxed
- D) Rewarded
- 12. The idea _went over like a lead balloon_.
 - A) Was very successful
 - B) Was a complete failure
 - C) Was well-received
 - D) Was delayed
- 13. She _kept her fingers crossed_ for the exam results.
 - A) Worked hard
 - B) Wished for luck
 - C) Gave up hope
 - D) Ignored the outcome
- 14. He _cut corners_ to finish the task quickly.
 - A) Took shortcuts
 - B) Worked thoroughly
 - C) Planned carefully
 - D) Delayed the work
- 15. They _beat around the bush_ during the meeting.
 - A) Spoke directly
 - B) Agreed quickly
 - C) Solved the issue
 - D) Avoided the main topic
- 16. She's _a chip off the old block_.
 - A) Very different from her parents
 - B) Very similar to her parents
 - C) Uninterested in family
 - D) Always arguing

- 17. He _took it with a grain of salt_ when she praised him.
 - A) Believed it fully
 - B) Doubted its sincerity
 - C) Ignored it completely
 - D) Felt offended
- 18. They _jumped on the bandwagon_ for the new trend.
 - A) Ignored it
 - B) Joined it enthusiastically
 - C) Opposed it strongly
 - D) Delayed joining
- 19. She _put her foot in her mouth_ during the speech.
 - A) Spoke eloquently
 - B) Said something embarrassing
 - C) Stayed silent
 - D) Impressed everyone
- 20. He _kept his nose to the grindstone_ all week.
 - A) Avoided work
 - B) Complained constantly
 - C) Took breaks often
 - D) Worked diligently
- 21. They _hit the ground running_ on the new project.
 - A) Started quickly
 - B) Started slowly
 - C) Gave up early
 - D) Ignored the task
- 22. She _let her hair down_ at the party.
 - A) Acted formally
 - B) Relaxed and enjoyed
 - C) Left early
 - D) Stayed serious

- 23. He's _in the same boat_ as his colleagues.
 - A) In a different situation
 - B) In a similar situation
 - C) Leading the group
 - D) Avoiding responsibility
- 24. They _pulled out all the stops_ for the event.
 - A) Made minimal effort
 - B) Made maximum effort
 - C) Canceled the event
 - D) Ignored the planning
- 25. She _got cold feet_ before the performance.
 - A) Felt confident
 - B) Performed perfectly
 - C) Prepared well
 - D) Became nervous
- 26. He _kicked the bucket_ last year.
 - A) Started a new job
 - B) Died
 - C) Traveled abroad
 - D) Won a prize
- 27. They _saw eye to eye_ on the decision.
 - A) Disagreed completely
 - B) Agreed completely
 - C) Ignored the issue
 - D) Delayed the decision
- 28. She _broke the ice_ at the meeting.
 - A) Eased the atmosphere
 - B) Created tension
 - C) Ended the discussion

- D) Ignored everyone
- 29. He _burned bridges_ with his old friends.
 - A) Strengthened ties
 - B) Ruined relationships
 - C) Made new friends
 - D) Ignored conflicts
- 30. They _kept their cool_ during the crisis.
 - A) Panicked
 - B) Ignored the situation
 - C) Acted recklessly
 - D) Stayed calm
- 31. She _threw caution to the wind_ and took the risk.
 - A) Acted cautiously
 - B) Acted recklessly
 - C) Avoided the risk
 - D) Planned carefully
- 32. He's _a fish out of water_ in the new city.
 - A) Very comfortable
 - B) Well-adjusted
 - C) Very uncomfortable
 - D) Highly confident
- 33. They _went the extra mile_ for the project.
 - A) Did the minimum
 - B) Made extra effort
 - C) Gave up early
 - D) Ignored deadlines
- 34. She _bit off more than she could chew_.
 - A) Took on easy tasks
 - B) Took on too much

- C) Completed everything
- D) Avoided work
- 35. He _turned a deaf ear_ to the advice.
 - A) Listened carefully
 - B) Discussed openly
 - C) Followed immediately
 - D) Ignored deliberately
- 36. They _kept the ball rolling_ on the campaign.
 - A) Stopped the progress
 - B) Continued the momentum
 - C) Ignored the effort
 - D) Delayed the start
- 37. She _hit rock bottom_ after the failure.
 - A) Reached the lowest point
 - B) Reached the peak
 - C) Stayed stable
 - D) Recovered quickly
- 38. He _took the bull by the horns_ and faced the problem.
 - A) Avoided the issue
 - B) Ignored it completely
 - C) Tackled it directly
 - D) Delayed the solution
- 39. They _let sleeping dogs lie_ to avoid trouble.
 - A) Stirred up problems
 - B) Avoided conflict
 - C) Created issues
 - D) Solved disputes
- 40. She _had a whale of a time_ at the party.
 - A) Felt bored

- B) Was upset C) Left early D) Enjoyed greatly
- 41. He _threw his weight around_ at work.
 - A) Acted humbly
 - B) Acted bossily
 - C) Worked quietly
 - D) Avoided responsibility
- 42. They _cut to the chase_ during the discussion.
 - A) Got to the point quickly
 - B) Avoided the main point
 - C) Delayed the talk
 - D) Ignored the topic
- 43. She _had her head in the clouds_ during the meeting.
 - A) Was focused
 - B) Was daydreaming
 - C) Was prepared
 - D) Was serious
- 44. He _gave the cold shoulder_ to his colleague.
 - A) Was friendly
 - B) Ignored deliberately
 - C) Helped willingly
 - D) Worked closely
- 45. They _pulled their socks up_ after the warning.
 - A) Ignored the advice
 - B) Delayed action
 - C) Gave up completely
 - D) Improved their efforts
- 46. She _passed with flying colors_ in the exam.

- A) Failed miserably
- B) Succeeded brilliantly
- C) Barely passed
- D) Cheated
- 47. He _kept his cards close to his chest_.
 - A) Shared openly
 - B) Kept secrets
 - C) Acted recklessly
 - D) Ignored others
- 48. They _jumped the gun_ on the announcement.
 - A) Acted too early
 - B) Waited patiently
 - C) Planned carefully
 - D) Ignored the news
- 49. She _played it by ear_ during the event.
 - A) Acted spontaneously
 - B) Planned thoroughly
 - C) Ignored instructions
 - D) Followed a script
- 50. He _had a chip on his shoulder_ about the promotion.
 - A) Was grateful
 - B) Was excited
 - C) Was indifferent
 - D) Was resentful
- 51. They _brought home the bacon_ with their project.
 - A) Failed completely
 - B) Achieved success
 - C) Wasted resources
 - D) Delayed progress

- 52. She _let the grass grow under her feet_.
 A) Acted quickly
 B) Wasted time
 C) Worked hard
 D) Planned carefully
 53. He _put all his eggs in one basket_.
 A) Diversified his efforts
 - B) Risked everything on one plan
 - C) Ignored the opportunity
 - D) Shared his resources
- 54. They _were on the same page_ during the meeting.
 - A) Disagreed completely
 - B) Agreed completely
 - C) Ignored each other
 - D) Delayed decisions
- 55. She _gave him a piece of her mind_.
 - A) Praised him
 - B) Ignored him
 - C) Scolded him
 - D) Helped him
- 56. He _swept it under the rug_.
 - A) Hid the problem
 - B) Addressed it openly
 - C) Solved it quickly
 - D) Discussed it widely
- 57. They _rose to the occasion_ during the crisis.
 - A) Failed to act
 - B) Performed well
 - C) Ignored the situation
 - D) Delayed response

- 58. She _had a skeleton in the closet_.
 - A) Was completely open
 - B) Had a hidden secret
 - C) Was very honest
 - D) Was well-known
- 59. He _bit the hand that fed him_.
 - A) Showed gratitude
 - B) Betrayed a supporter
 - C) Helped a friend
 - D) Ignored assistance
- 60. They _kept their powder dry_ for the debate.
 - A) Acted impulsively
 - B) Gave up early
 - C) Stayed prepared
 - D) Ignored the event
- 61. She _got the short end of the stick_.
 - A) Received the best deal
 - B) Was treated unfairly
 - C) Was rewarded
 - D) Was satisfied
- 62. He _threw a spanner in the works_.
 - A) Helped the project
 - B) Disrupted the plan
 - C) Completed the task
 - D) Ignored the issue
- 63. They _caught him red-handed_ stealing.
 - A) Caught him in the act
 - B) Missed the evidence
 - C) Let him escape

- D) Ignored the crime

 64. She _had her hands full_ with work.

 A) Was idle

 B) Was very busy

 C) Was relaxed
 - D) Was careless
- 65. He _let off steam_ after the argument.
 - A) Stayed calm
 - B) Ignored the issue
 - C) Released anger
 - D) Apologized quickly
- 66. They _bent over backwards_ to help her.
 - A) Ignored her needs
 - B) Made great efforts
 - C) Refused to help
 - D) Delayed assistance
- 67. She _hit the jackpot_ with her new business.
 - A) Failed completely
 - B) Ignored opportunities
 - C) Lost money
 - D) Achieved great success
- 68. He _kept an ace up his sleeve_.
 - A) Had no plan
 - B) Acted openly
 - C) Shared everything
 - D) Had a hidden advantage
- 69. They _went down the drain_ after the failure.
 - A) Recovered quickly
 - B) Were wasted

- C) Succeeded greatly D) Were ignored 70. She _had a heart of gold_.
 - A) Was unkind
 - B) Was selfish
 - C) Was very kind
 - D) Was careless
- 71. He _spilled his guts_ to his friend.
 - A) Kept silent
 - B) Shared everything
 - C) Lied deliberately
 - D) Ignored the conversation
- 72. They _pulled the plug_ on the project.
 - A) Continued it
 - B) Canceled it
 - C) Supported it
 - D) Ignored it
- 73. She _had her work cut out_ for her.
 - A) Had a difficult task
 - B) Had an easy task
 - C) Ignored her work
 - D) Completed it easily
- 74. He _gave the benefit of the doubt_ to his colleague.
 - A) Trusted provisionally
 - B) Distrusted completely
 - C) Ignored completely
 - D) Criticized harshly
- 75. They _threw in the sponge_ after the defeat.
 - A) Kept fighting

Ć)	Gav	n eas /e up ored t	,	oss
		_was y ups		the

- 76 ver the moon_ about her promotion.

 - B) Extremely happy
 - C) Indifferent
 - D) Confused
- 77. He _put his foot down_ on the issue.
 - A) Insisted firmly
 - B) Acted leniently
 - C) Ignored completely
 - D) Agreed easily
- 78. They _left no stone unturned_ to find the truth.
 - A) Gave up early
 - B) Tried everything
 - C) Ignored clues
 - D) Delayed efforts
- 79. She _had a bone to pick_ with her friend.
 - A) Wanted to praise
 - B) Wanted to complain
 - C) Wanted to help
 - D) Wanted to ignore
- 80. He _was in the dark_ about the plan.
 - A) Fully informed
 - B) Partially aware
 - C) Completely unaware
 - D) Leading the plan
- 81. They _broke new ground_ with their research.

- A) Repeated old ideas
- B) Made new discoveries
- C) Ignored progress
- D) Delayed work
- 82. She _took it on the chin_ after the criticism.
 - A) Argued back
 - B) Accepted it bravely
 - C) Ignored it
 - D) Felt offended
- 83. He _was on thin ice_ with his boss.
 - A) In a safe position
 - B) In a risky position
 - C) Highly trusted
 - D) Well-respected
- 84. They _gave their all_ in the competition.
 - A) Gave maximum effort
 - B) Made minimal effort
 - C) Withdrew early
 - D) Ignored the event
- 85. She _had butterflies in her stomach_ before the speech.
 - A) Felt confident
 - B) Felt relaxed
 - C) Felt nervous
 - D) Felt prepared
- 86. He _turned the tables_ on his opponent.
 - A) Lost the advantage
 - B) Gained the advantage
 - C) Ignored the challenge
 - D) Drew the match

- 87. They _kept their eyes peeled_ for danger. A) Stayed alert B) Ignored threats C) Relaxed completely D) Avoided looking 88. She _cut her own throat_ by lying.
 - A) Helped herself
 - B) Ignored consequences
 - C) Gained trust
 - D) Harmed herself
- 89. He _was at the end of his tether_.
 - A) Very calm
 - B) Extremely frustrated
 - C) Highly confident
 - D) Well-rested
- 90. They _took the wind out of her sails_.
 - A) Encouraged her
 - B) Ignored her
 - C) Discouraged her
 - D) Helped her
- 91. She _had a lot on her plate_.
 - A) Had many responsibilities
 - B) Had little to do
 - C) Was carefree
 - D) Ignored her duties
- 92. He _gave a wide berth_ to the argument.
 - A) Engaged in it
 - B) Avoided it
 - C) Started it
 - D) Resolved it

- 93. They _were in high spirits_ after the win.

 A) Very upset
 B) Very cheerful
 C) Indifferent
 D) Tired

 94. She _threw a wrench in the works_.

 A) Helped the plan
 B) Disrupted the plan
 C) Ignored the issue
 D) Completed the task
- 95. He _had his back to the wall_.
 - A) Was in a strong position
 - B) Was relaxed
 - C) Was in a desperate situation
 - D) Was confident
- 96. They _put their heads together_ to solve the issue.
 - A) Ignored it
 - B) Collaborated
 - C) Argued
 - D) Delayed
- 97. She _was on top of the world_ after her success.
 - A) Very sad
 - B) Extremely happy
 - C) Confused
 - D) Indifferent
- 98. He _called it a day_ after hours of work.
 - A) Stopped working
 - B) Continued working
 - C) Ignored the task

- D) Started anew
- 99. They _bit the dust_ in the competition.
 - A) Won easily
 - B) Failed completely
 - C) Tied the score
 - D) Ignored the event
- 100. She _kept her chin up_ despite the setback.
 - A) Gave up hope
 - B) Ignored the problem
 - C) Stayed positive
 - D) Felt defeated

.....

SSC GD Constable Exam : Idioms and Phrases Practice Set - Answers & Explanations

- 1. B "bite the bullet" means to act bravely and face a challenge.
- 2. A "on cloud nine" means extremely happy.
- 3. B "let the cat out of the bag" means revealed the secret.
- 4. B "under the weather" means slightly unwell.
- 5. D "burned the midnight oil" means worked late.
- 6. B "hit the nail on the head" means found the perfect answer.
- 7. A "threw in the towel" means gave up.
- 8. B "barking up the wrong tree" means mistaken in approach.
- 9. B "turned a blind eye" means ignored deliberately.
- 10. D "spilled the beans" means revealed accidentally.
- 11. B "in hot water" means in trouble.
- 12. B "went over like a lead balloon" means was a complete failure.
- 13. B "kept her fingers crossed" means wished for luck.
- 14. A "cut corners" means took shortcuts.
- 15. D "beat around the bush" means avoided the main topic.
- 16. B "a chip off the old block" means very similar to parents.
- 17. B "took it with a grain of salt" means doubted its sincerity.

- 18. B "jumped on the bandwagon" means joined enthusiastically.
- 19. B "put her foot in her mouth" means said something embarrassing.
- 20. D "kept his nose to the grindstone" means worked diligently.
- 21. A "hit the ground running" means started quickly.
- 22. B "let her hair down" means relaxed and enjoyed.
- 23. B "in the same boat" means in a similar situation.
- 24. B "pulled out all the stops" means made maximum effort.
- 25. D "got cold feet" means became nervous.
- 26. B "kicked the bucket" means died.
- 27. B "saw eye to eye" means agreed completely.
- 28. A "broke the ice" means eased the atmosphere.
- 29. B "burned bridges" means ruined relationships.
- 30. D "kept their cool" means stayed calm.
- 31. B "threw caution to the wind" means acted recklessly.
- 32. C "a fish out of water" means very uncomfortable.
- 33. B "went the extra mile" means made extra effort.
- 34. B "bit off more than she could chew" means took on too much.
- 35. D "turned a deaf ear" means ignored deliberately.
- 36. B "kept the ball rolling" means continued the momentum.
- 37. A "hit rock bottom" means reached the lowest point.
- 38. C "took the bull by the horns" means tackled directly.
- 39. B "let sleeping dogs lie" means avoided conflict.
- 40. D "had a whale of a time" means enjoyed greatly.
- 41. B "threw his weight around" means acted bossily.
- 42. A "cut to the chase" means got to the point quickly.
- 43. B "had her head in the clouds" means was daydreaming.
- 44. B "gave the cold shoulder" means ignored deliberately.
- 45. D "pulled their socks up" means improved their efforts.
- 46. B "passed with flying colors" means succeeded brilliantly.
- 47. B "kept his cards close to his chest" means kept secrets.
- 48. A "jumped the gun" means acted too early.
- 49. A "played it by ear" means acted spontaneously.
- 50. D "had a chip on his shoulder" means was resentful.
- 51. B "brought home the bacon" means achieved success.
- 52. B "let the grass grow under her feet" means wasted time.

- 53. B "put all his eggs in one basket" means risked everything on one plan.
- 54. B "were on the same page" means agreed completely.
- 55. C "gave him a piece of her mind" means scolded him.
- 56. A "swept it under the rug" means hid the problem.
- 57. B "rose to the occasion" means performed well.
- 58. B "had a skeleton in the closet" means had a hidden secret.
- 59. B "bit the hand that fed him" means betrayed a supporter.
- 60. C "kept their powder dry" means stayed prepared.
- 61. B "got the short end of the stick" means was treated unfairly.
- 62. B "threw a spanner in the works" means disrupted the plan.
- 63. A "caught him red-handed" means caught in the act.
- 64. B "had her hands full" means was very busy.
- 65. C "let off steam" means released anger.
- 66. B "bent over backwards" means made great efforts.
- 67. D "hit the jackpot" means achieved great success.
- 68. D "kept an ace up his sleeve" means had a hidden advantage.
- 69. B "went down the drain" means were wasted.
- 70. C "had a heart of gold" means was very kind.
- 71. B "spilled his guts" means shared everything.
- 72. B "pulled the plug" means canceled it.
- 73. A "had her work cut out" means had a difficult task.
- 74. A "gave the benefit of the doubt" means trusted provisionally.
- 75. C "threw in the sponge" means gave up.
- 76. B "was over the moon" means extremely happy.
- 77. A "put his foot down" means insisted firmly.
- 78. B "left no stone unturned" means tried everything.
- 79. B "had a bone to pick" means wanted to complain.
- 80. C "was in the dark" means completely unaware.
- 81. B "broke new ground" means made new discoveries.
- 82. B "took it on the chin" means accepted it bravely.
- 83. B "was on thin ice" means in a risky position.
- 84. A "gave their all" means gave maximum effort.
- 85. C "had butterflies in her stomach" means felt nervous.
- 86. B "turned the tables" means gained the advantage.

- 87. A "kept their eyes peeled" means stayed alert.
- 88. D "cut her own throat" means harmed herself.
- 89. B "was at the end of his tether" means extremely frustrated.
- 90. C "took the wind out of her sails" means discouraged her.
- 91. A "had a lot on her plate" means had many responsibilities.
- 92. B "gave a wide berth" means avoided it.
- 93. B "were in high spirits" means very cheerful.
- 94. B "threw a wrench in the works" means disrupted the plan.
- 95. C "had his back to the wall" means was in a desperate situation.
- 96. B "put their heads together" means collaborated.
- 97. B "was on top of the world" means extremely happy.
- 98. A "called it a day" means stopped working.
- 99. B "bit the dust" means failed completely.
- 100. C "kept her chin up" means stayed positive.

Disclaimer

This SSC GD Constable Exam Idioms and Phrases Practice Set is for educational purposes only and is not affiliated with or endorsed by the Staff Selection Commission (SSC). Content aligns with the SSC GD syllabus and previous year question patterns from reliable sources (e.g., ssc.gov.in, NCERT English). It is a supplementary resource and does not guarantee inclusion in the actual exam. Users should refer to official SSC materials for comprehensive preparation. The creator is not liable for errors or exam outcomes.
