## SSC GD Constable Exam: Idioms and Phrases MCQ

**Instructions**: In each question, a sentence contains an underlined idiomatic expression. Choose the option (a, b, c, or d) that best represents the meaning of the underlined idiom or phrase. Each question carries 2 marks. There is a negative marking of 0.50 marks for each incorrect answer. The questions cover the SSC GD syllabus for idioms and phrases, including common idiomatic expressions, their meanings, and contextual usage.

## 1. She decided to bite the bullet and apologize for her mistake.

- a) Make a tough decision
- b) Avoid the issue
- c) Act recklessly
- d) Speak harshly

**Answer**: a) Make a tough decision

**Explanation**: "Bite the bullet" means to face a difficult or unpleasant situation with courage.

## 2. He let the cat out of the bag about the surprise party.

- a) Kept a secret
- b) Revealed a secret
- c) Created confusion
- d) Planned carefully

Answer: b) Revealed a secret

**Explanation**: "Let the cat out of the bag" means to disclose a secret unintentionally.

## 3. The team was on cloud nine after winning the championship.

- a) Very disappointed
- b) Extremely happy
- c) Highly confused
- d) Completely exhausted

Answer: c) Extremely happy

**Explanation**: "On cloud nine" refers to a state of extreme happiness or euphoria.

## 4. She told him to break a leg before his performance.

- a) Be careful
- b) Work hard
- c) Good luck
- d) Stay calm

Answer: d) Good luck

**Explanation**: "Break a leg" is a theatrical idiom used to wish someone good luck.

## 5. He was under the weather during the meeting yesterday.

- a) Feeling unwell
- b) Very cheerful
- c) Extremely busy
- d) Highly motivated

Answer: a) Feeling unwell

**Explanation**: "Under the weather" means feeling slightly ill or unwell.

# 6. The manager decided to give him the cold shoulder after the argument.

- a) Offer support
- b) Ignore deliberately
- c) Praise publicly
- d) Promote quickly

**Answer**: b) Ignore deliberately

**Explanation**: "Give the cold shoulder" means to intentionally ignore or treat someone coldly.

## 7. She hit the nail on the head with her analysis of the problem.

- a) Made a mistake
- b) Was exactly right
- c) Ignored the issue
- d) Exaggerated the problem

Answer: c) Was exactly right

Explanation: "Hit the nail on the head" means to be precisely correct

about something.

## 8. He was barking up the wrong tree when he accused her of cheating.

- a) Making a correct guess
- b) Misunderstanding the situation
- c) Asking for help
- d) Being overly cautious

Answer: d) Misunderstanding the situation

**Explanation**: "Barking up the wrong tree" means to make a wrong assumption or mistake about something.

## 9. The project was a piece of cake for the experienced team.

- a) Very difficult
- b) Extremely easy
- c) Time-consuming
- d) Highly complex

**Answer**: a) Extremely easy

**Explanation**: "A piece of cake" refers to something that is very easy to do.

## 10. She kept her cards close to her chest during the negotiations.

- a) Shared her plans openly
- b) Kept her plans secret
- c) Acted impulsively
- d) Trusted everyone

**Answer**: b) Kept her plans secret

**Explanation**: "Keep your cards close to your chest" means to be secretive or cautious about one's intentions.

## 11. He spilled the beans about the new product launch.

- a) Kept quiet
- b) Revealed confidential information
- c) Made a mistake

d) Planned carefully

Answer: a) Revealed confidential information

**Explanation**: "Spill the beans" means to reveal a secret or confidential information.

#### 12. The team decided to go the extra mile to impress the client.

- a) Do the minimum required
- b) Make extra effort
- c) Avoid responsibility
- d) Delegate tasks

Answer: b) Make extra effort

**Explanation**: "Go the extra mile" means to put in additional effort beyond what is expected.

#### 13. She was over the moon when she got the promotion.

- a) Very disappointed
- b) Extremely excited
- c) Slightly confused
- d) Completely uninterested

Answer: c) Extremely excited

**Explanation**: "Over the moon" means to be extremely happy or thrilled.

## 14. He threw in the towel after failing the exam twice.

- a) Kept trying
- b) Gave up
- c) Sought help
- d) Changed strategy

Answer: d) Gave up

**Explanation**: "Throw in the towel" means to give up or surrender.

## 15. The meeting was a blessing in disguise for the team.

- a) A hidden opportunity
- b) A complete failure
- c) An unexpected problem
- d) A planned success

Answer: a) A hidden opportunity

**Explanation**: "A blessing in disguise" refers to something that seems

bad but turns out to be beneficial.

## 16. She burned the midnight oil to finish the report.

- a) Worked late at night
- b) Took a break
- c) Avoided work
- d) Delegated tasks

Answer: b) Worked late at night

Explanation: "Burn the midnight oil" means to work late into the night.

## 17. He jumped the gun and announced the results too early.

- a) Acted prematurely
- b) Waited patiently
- c) Planned carefully
- d) Followed instructions

**Answer**: c) Acted prematurely

**Explanation**: "Jump the gun" means to act too soon or before the proper time.

## 18. The new policy opened a can of worms in the office.

- a) Solved all problems
- b) Created new issues
- c) Improved efficiency
- d) Simplified processes

**Answer**: d) Created new issues

**Explanation**: "Open a can of worms" means to create a complicated or problematic situation.

## 19. She kept her nose to the grindstone during the project.

- a) Worked diligently
- b) Took frequent breaks
- c) Ignored her tasks
- d) Delegated her work

Answer: a) Worked diligently

Explanation: "Keep your nose to the grindstone" means to work hard

and stay focused.

#### 20. He turned a blind eye to the team's mistakes.

- a) Ignored deliberately
- b) Corrected immediately
- c) Praised openly
- d) Investigated thoroughly

Answer: a) Ignored deliberately

**Explanation**: "Turn a blind eye" means to deliberately ignore something.

#### 21. She hit the ground running in her new job.

- a) Started quickly and effectively
- b) Struggled initially
- c) Took time to adjust
- d) Avoided responsibility

Answer: a) Started quickly and effectively

**Explanation**: "Hit the ground running" means to start something with immediate energy and success.

## 22. The team pulled out all the stops to meet the deadline.

- a) Made minimal effort
- b) Used every possible effort
- c) Delayed the project
- d) Ignored the deadline

**Answer**: b) Used every possible effort

**Explanation**: "Pull out all the stops" means to make every possible effort to achieve something.

## 23. He was in hot water after missing the meeting.

- a) In trouble
- b) Well-prepared
- c) Highly praised
- d) Completely relaxed

Answer: c) In trouble

**Explanation**: "In hot water" means to be in trouble or facing difficulties.

## 24. She cut corners to finish the task quickly.

- a) Worked thoroughly
- b) Took shortcuts
- c) Planned carefully
- d) Sought assistance

Answer: d) Took shortcuts

**Explanation**: "Cut corners" means to do something in a less thorough or cheaper way to save time or money.

## 25. The decision to cancel the event was a tough pill to swallow.

- a) Hard to accept
- b) Easy to understand
- c) Well-received
- d) Carefully planned

**Answer**: a) Hard to accept

**Explanation**: "A tough pill to swallow" means something difficult to accept or deal with.

## 26. He took the bull by the horns and addressed the issue directly.

- a) Avoided the problem
- b) Faced the challenge boldly
- c) Ignored the situation
- d) Delegated the task

**Answer**: b) Faced the challenge boldly

**Explanation**: "Take the bull by the horns" means to confront a problem directly and courageously.

## 27. She was feeling blue after the bad news.

- a) Very excited
- b) Extremely sad
- c) Highly motivated
- d) Completely confused

Answer: c) Extremely sad

**Explanation**: "Feeling blue" means to feel sad or depressed.

#### 28. The team put their heads together to solve the problem.

- a) Worked individually
- b) Collaborated closely
- c) Ignored the issue
- d) Delayed the solution

Answer: d) Collaborated closely

**Explanation**: "Put their heads together" means to work together to find a solution.

## 29. He passed with flying colors in the exam.

- a) Barely passed
- b) Succeeded brilliantly
- c) Failed miserably
- d) Studied minimally

Answer: a) Succeeded brilliantly

**Explanation**: "Pass with flying colors" means to succeed with great success.

## 30. She kept her fingers crossed for his success.

- a) Wished for good luck
- b) Planned carefully
- c) Worked hard
- d) Avoided involvement

Answer: a) Wished for good luck

**Explanation**: "Keep your fingers crossed" means to wish for good luck.

## 31. The project went down the drain after the funding was cut.

- a) Was a complete failure
- b) Became a success
- c) Was postponed
- d) Continued smoothly

Answer: a) Was a complete failure

**Explanation**: "Go down the drain" means to fail or be wasted.

## 32. He gave her a piece of his mind after the argument.

- a) Shared his opinion firmly
- b) Stayed silent
- c) Apologized sincerely
- d) Ignored her completely

Answer: b) Shared his opinion firmly

**Explanation**: "Give a piece of your mind" means to express one's opinion or anger forcefully.

## 33. She was at her wits' end trying to solve the puzzle.

- a) Very calm
- b) Extremely frustrated
- c) Highly confident
- d) Completely prepared

Answer: c) Extremely frustrated

**Explanation**: "At her wits' end" means to be extremely frustrated or out of ideas.

# 34. The team rose to the occasion during the crisis.

- a) Failed to perform
- b) Avoided responsibility
- c) Performed exceptionally
- d) Delayed action

**Answer**: d) Performed exceptionally

**Explanation**: "Rise to the occasion" means to perform well in a challenging situation.

## 35. He dropped the ball on the project deadline.

- a) Completed the task early
- b) Failed to meet expectations
- c) Worked efficiently
- d) Delegated the work

Answer: a) Failed to meet expectations

**Explanation**: "Drop the ball" means to fail to fulfill a responsibility or meet expectations.

#### 36. She called it a day after working for hours.

- a) Continued working
- b) Stopped working
- c) Started a new task
- d) Planned the next day

Answer: b) Stopped working

**Explanation**: "Call it a day" means to stop working or end an activity for the day.

#### 37. He was in the same boat as his colleagues during the layoffs.

- a) In a different situation
- b) In the same situation
- c) More successful
- d) Less affected

**Answer**: c) In the same situation

**Explanation**: "In the same boat" means to be in the same difficult situation as others.

## 38. The plan fell through at the last minute.

- a) Was successful
- b) Was delayed
- c) Failed to happen
- d) Was revised

**Answer**: d) Failed to happen

**Explanation**: "Fall through" means to fail or not happen as planned.

## 39. She kept her cool during the heated discussion.

- a) Stayed calm
- b) Lost her temper
- c) Left the room
- d) Argued loudly

Answer: a) Stayed calm

**Explanation**: "Keep your cool" means to remain calm under pressure.

#### 40. He got cold feet before the big presentation.

- a) Felt confident
- b) Became nervous
- c) Prepared thoroughly
- d) Performed well

**Answer**: b) Became nervous

**Explanation**: "Get cold feet" means to become nervous or hesitant about something.

## 41. The team pulled their socks up after the poor performance.

- a) Gave up
- b) Improved their efforts
- c) Ignored the feedback
- d) Took a break

**Answer**: a) Improved their efforts

**Explanation**: "Pull your socks up" means to make an effort to improve performance.

# 42. She beat around the bush instead of answering directly.

- a) Spoke clearly
- b) Avoided the main point
- c) Answered confidently
- d) Provided details

Answer: b) Avoided the main point

**Explanation**: "Beat around the bush" means to avoid talking about the main issue.

## 43. He was on the fence about joining the club.

- a) Very enthusiastic
- b) Completely opposed
- c) Undecided
- d) Fully committed

Answer: c) Undecided

**Explanation**: "On the fence" means to be undecided or neutral about something.

#### 44. The news took the wind out of her sails.

- a) Motivated her greatly
- b) Made her excited
- c) Discouraged her
- d) Inspired her

Answer: d) Discouraged her

**Explanation**: "Take the wind out of your sails" means to discourage or deflate someone's enthusiasm.

#### 45. She made a mountain out of a molehill during the argument.

- a) Exaggerated a small issue
- b) Solved the problem
- c) Ignored the issue
- d) Addressed it calmly

**Answer**: a) Exaggerated a small issue

**Explanation**: "Make a mountain out of a molehill" means to exaggerate a minor problem.

## 46. He kicked the bucket last year after a long illness.

- a) Recovered fully
- b) Passed away
- c) Left the country
- d) Retired early

**Answer**: b) Passed away

**Explanation**: "Kick the bucket" is a euphemism for dying.

## 47. The team left no stone unturned to find a solution.

- a) Tried everything possible
- b) Gave up quickly
- c) Ignored possibilities
- d) Took minimal effort

**Answer**: c) Tried everything possible

**Explanation**: "Leave no stone unturned" means to try every possible option.

#### 48. She got a taste of her own medicine when criticized.

- a) Was praised
- b) Experienced her own behavior
- c) Avoided criticism
- d) Learned a new skill

Answer: d) Experienced her own behavior

**Explanation**: "Get a taste of your own medicine" means to experience the same treatment you give others.

#### 49. He burned his bridges with his former employer.

- a) Maintained good relations
- b) Ruined relations
- c) Improved his reputation
- d) Sought reconciliation

**Answer**: a) Ruined relations

**Explanation**: "Burn your bridges" means to destroy relationships or possibilities irreparably.

## 50. The team was in high spirits after the victory.

- a) Very cheerful
- b) Deeply disappointed
- c) Extremely tired
- d) Highly confused

Answer: a) Very cheerful

Explanation: "In high spirits" means to be very happy or cheerful.

## 51. She took the plunge and started her own business.

- a) Made a bold decision
- b) Hesitated to act
- c) Avoided risk
- d) Planned carefully

Answer: a) Made a bold decision

**Explanation**: "Take the plunge" means to make a bold or risky decision.

#### 52. He swept the issue under the rug during the meeting.

- a) Addressed it openly
- b) Hid it deliberately
- c) Solved it quickly
- d) Discussed it thoroughly

Answer: b) Hid it deliberately

**Explanation**: "Sweep under the rug" means to hide or ignore a problem.

## 53. The team was down in the dumps after losing the match.

- a) Very excited
- b) Extremely sad
- c) Highly motivated
- d) Completely relaxed

Answer: c) Extremely sad

**Explanation**: "Down in the dumps" means to feel sad or depressed.

## 54. She gave him the benefit of the doubt in the dispute.

- a) Distrusted him completely
- b) Believed him without proof
- c) Accused him directly
- d) Ignored his explanation

**Answer**: d) Believed him without proof

**Explanation**: "Give the benefit of the doubt" means to believe someone's explanation without evidence.

## 55. He jumped on the bandwagon when the trend became popular.

- a) Started a new trend
- b) Followed a popular trend
- c) Opposed the trend
- d) Ignored the trend

Answer: a) Followed a popular trend

**Explanation**: "Jump on the bandwagon" means to join a popular activity or trend.

#### 56. The project hit a snag due to budget issues.

- a) Proceeded smoothly
- b) Encountered a problem
- c) Was completed early
- d) Gained support

**Answer**: b) Encountered a problem

Explanation: "Hit a snag" means to encounter an unexpected problem.

## 57. She wore her heart on her sleeve during the speech.

- a) Hid her emotions
- b) Expressed her feelings openly
- c) Spoke confidently
- d) Avoided speaking

Answer: c) Expressed her feelings openly

**Explanation**: "Wear your heart on your sleeve" means to openly show your emotions.

## 58. He put his foot in his mouth during the interview.

- a) Spoke confidently
- b) Said something embarrassing
- c) Answered correctly
- d) Stayed silent

**Answer**: d) Said something embarrassing

**Explanation**: "Put your foot in your mouth" means to say something tactless or embarrassing.

## 59. The team bent over backwards to help the client.

- a) Made minimal effort
- b) Made an extraordinary effort
- c) Ignored the client
- d) Delegated the task

Answer: a) Made an extraordinary effort

**Explanation**: "Bend over backwards" means to make an exceptional effort to help someone.

#### 60. She had a chip on her shoulder about the promotion.

- a) Was grateful
- b) Felt resentful
- c) Was indifferent
- d) Felt proud

**Answer**: b) Felt resentful

**Explanation**: "Have a chip on your shoulder" means to feel resentful or hold a grudge.

## 61. He kept his eye on the ball during the negotiations.

- a) Stayed focused
- b) Got distracted
- c) Avoided involvement
- d) Lost interest

**Answer**: c) Stayed focused

**Explanation**: "Keep your eye on the ball" means to stay focused on the task at hand.

## 62. The plan went up in smoke after the budget cuts.

- a) Was successful
- b) Failed completely
- c) Was revised
- d) Was delayed

Answer: b) Failed completely

**Explanation**: "Go up in smoke" means to fail or come to nothing.

## 63. She was on pins and needles waiting for the results.

- a) Very relaxed
- b) Extremely nervous
- c) Highly confident
- d) Completely uninterested

Answer: c) Extremely nervous

**Explanation**: "On pins and needles" means to be very nervous or anxious.

#### 64. He threw caution to the wind and invested all his savings.

- a) Acted carefully
- b) Took a big risk
- c) Sought advice
- d) Saved cautiously

Answer: d) Took a big risk

**Explanation**: "Throw caution to the wind" means to act recklessly without concern for risks.

#### 65. The team put their best foot forward in the competition.

- a) Made their best effort
- b) Performed poorly
- c) Avoided participation
- d) Prepared minimally

Answer: a) Made their best effort

**Explanation**: "Put your best foot forward" means to make your best effort to impress or succeed.

## 66. She let sleeping dogs lie after the minor disagreement.

- a) Avoided stirring up trouble
- b) Escalated the conflict
- c) Apologized immediately
- d) Discussed the issue

**Answer**: b) Avoided stirring up trouble

**Explanation**: "Let sleeping dogs lie" means to avoid bringing up an issue that might cause trouble.

## 67. He was caught red-handed stealing the cookies.

- a) Caught in the act
- b) Praised for honesty
- c) Accused falsely
- d) Rewarded for effort

Answer: c) Caught in the act

**Explanation**: "Caught red-handed" means to be caught while committing a wrongdoing.

#### 68. The team turned the tables during the second half of the game.

- a) Lost the game
- b) Changed the situation in their favor
- c) Gave up early
- d) Played poorly

Answer: d) Changed the situation in their favor

**Explanation**: "Turn the tables" means to reverse a situation to one's advantage.

## 69. She had her head in the clouds during the meeting.

- a) Was very focused
- b) Was daydreaming
- c) Was well-prepared
- d) Was highly attentive

Answer: a) Was daydreaming

**Explanation**: "Have your head in the clouds" means to be unrealistic or daydreaming.

## 70. He bit off more than he could chew with the new project.

- a) Took on too much
- b) Completed it easily
- c) Avoided responsibility
- d) Delegated the work

Answer: b) Took on too much

**Explanation**: "Bite off more than you can chew" means to take on more than you can handle.

## 71. The team rained on his parade by criticizing his idea.

- a) Supported his plan
- b) Spoiled his excitement
- c) Praised his effort
- d) Ignored his idea

Answer: c) Spoiled his excitement

**Explanation**: "Rain on someone's parade" means to spoil someone's plans or excitement.

## 72. She played her cards right and got the promotion.

- a) Acted strategically
- b) Made a mistake
- c) Avoided effort
- d) Took a risk

**Answer**: a) Acted strategically

**Explanation**: "Play your cards right" means to act wisely to achieve a goal.

## 73. He was out of his depth in the advanced class.

- a) Very comfortable
- b) Highly skilled
- c) Beyond his ability
- d) Well-prepared

Answer: c) Beyond his ability

**Explanation**: "Out of your depth" means to be in a situation beyond your capabilities.

## 74. The team stepped up to the plate during the crisis.

- a) Avoided responsibility
- b) Took action
- c) Delayed response
- d) Ignored the situation

Answer: d) Took action

**Explanation**: "Step up to the plate" means to take responsibility or action in a challenging situation.

## 75. She broke the ice at the awkward meeting.

- a) Created tension
- b) Eased the atmosphere
- c) Ended the meeting

d) Ignored everyone

Answer: a) Eased the atmosphere

**Explanation**: "Break the ice" means to relieve tension or make a

situation more comfortable.

## 76. He sat on the fence during the debate.

- a) Took a clear stand
- b) Remained neutral
- c) Argued strongly
- d) Left early

Answer: b) Remained neutral

**Explanation**: "Sit on the fence" means to remain undecided or neutral.

## 77. The project hit the nail on the head with its innovative approach.

- a) Was exactly right
- b) Failed miserably
- c) Was too complex
- d) Missed the target

Answer: c) Was exactly right

**Explanation**: "Hit the nail on the head" means to be precisely correct.

## 78. She threw her hat in the ring for the leadership role.

- a) Declined the opportunity
- b) Entered the competition
- c) Avoided the role
- d) Supported another candidate

**Answer**: d) Entered the competition

**Explanation**: "Throw your hat in the ring" means to enter a competition or challenge.

## 79. He was down and out after losing his job.

- a) Very successful
- b) In great difficulty
- c) Highly motivated
- d) Completely relaxed

Answer: a) In great difficulty

Explanation: "Down and out" means to be in a state of poverty or great

difficulty.

## 80. The team went back to the drawing board after the failure.

- a) Started over
- b) Celebrated success
- c) Ignored the problem
- d) Continued unchanged

Answer: b) Started over

Explanation: "Go back to the drawing board" means to start over after a

failure.

## 81. She had a whale of a time at the party.

- a) Had a great time
- b) Felt bored
- c) Left early
- d) Was uncomfortable

Answer: a) Had a great time

**Explanation**: "Have a whale of a time" means to enjoy oneself greatly.

## 82. He put all his eggs in one basket with the investment.

- a) Diversified his efforts
- b) Risked everything on one venture
- c) Planned carefully
- d) Avoided risks

**Answer**: b) Risked everything on one venture

**Explanation**: "Put all your eggs in one basket" means to risk everything on a single opportunity.

## 83. The team was at sixes and sevens before the match.

- a) Well-organized
- b) Completely confused
- c) Highly confident
- d) Fully prepared

Answer: c) Completely confused

Explanation: "At sixes and sevens" means to be in a state of confusion

or disarray.

## 84. She gave him a run for his money in the competition.

- a) Helped him win
- b) Challenged him strongly
- c) Lost easily
- d) Avoided competing

**Answer**: d) Challenged him strongly

**Explanation**: "Give a run for your money" means to provide strong

competition.

## 85. He kept his powder dry during the negotiations.

- a) Stayed prepared and cautious
- b) Acted impulsively
- c) Lost his temper
- d) Gave up early

Answer: a) Stayed prepared and cautious

**Explanation**: "Keep your powder dry" means to stay prepared and cautious.

## 86. The team pulled the plug on the failing project.

- a) Continued support
- b) Ended abruptly
- c) Revised the plan
- d) Increased funding

**Answer**: b) Ended abruptly

Explanation: "Pull the plug" means to abruptly end or cancel something.

## 87. She was as cool as a cucumber during the exam.

- a) Very nervous
- b) Extremely calm
- c) Highly confused
- d) Completely unprepared

Answer: c) Extremely calm

Explanation: "As cool as a cucumber" means to remain calm and

composed.

#### 88. He let the grass grow under his feet and missed the opportunity.

- a) Acted quickly
- b) Delayed action
- c) Prepared thoroughly
- d) Succeeded brilliantly

Answer: d) Delayed action

**Explanation**: "Let the grass grow under your feet" means to delay or procrastinate.

#### 89. The team rose to the challenge during the tournament.

- a) Performed exceptionally
- b) Gave up easily
- c) Ignored the competition
- d) Failed to compete

Answer: a) Performed exceptionally

**Explanation**: "Rise to the challenge" means to perform well in a difficult situation.

## 90. She had butterflies in her stomach before the speech.

- a) Felt nervous
- b) Was confident
- c) Felt hungry
- d) Was relaxed

Answer: b) Felt nervous

**Explanation**: "Have butterflies in your stomach" means to feel nervous or anxious.

## 91. He spilled his guts to his best friend about the issue.

- a) Kept silent
- b) Shared all his feelings
- c) Lied deliberately

d) Avoided the topic

Answer: c) Shared all his feelings

Explanation: "Spill your guts" means to reveal all your feelings or

secrets.

#### 92. The team bit the dust in the final round.

- a) Won the competition
- b) Failed or lost
- c) Performed brilliantly
- d) Changed strategy

Answer: b) Failed or lost

**Explanation**: "Bite the dust" means to fail, lose, or die.

## 93. She was as busy as a bee preparing for the event.

- a) Very lazy
- b) Extremely busy
- c) Slightly distracted
- d) Completely relaxed

**Answer**: c) Extremely busy

**Explanation**: "As busy as a bee" means to be very busy or industrious.

## 94. He threw in the sponge after multiple failures.

- a) Kept trying
- b) Gave up
- c) Sought help
- d) Changed plans

Answer: d) Gave up

**Explanation**: "Throw in the sponge" is another way to say give up or surrender.

## 95. The team kept their chins up despite the setback.

- a) Stayed positive
- b) Gave up hope
- c) Ignored the problem
- d) Felt discouraged

Answer: a) Stayed positive

**Explanation**: "Keep your chin up" means to stay positive despite

difficulties.

## 96. She cut to the chase during the meeting.

- a) Avoided the main point
- b) Got to the point quickly
- c) Spoke at length
- d) Changed the topic

**Answer**: b) Got to the point quickly

**Explanation**: "Cut to the chase" means to get to the main point without delay.

## 97. He was in the doghouse after forgetting the anniversary.

- a) Highly praised
- b) In trouble
- c) Very happy
- d) Well-respected

Answer: c) In trouble

**Explanation**: "In the doghouse" means to be in trouble or disfavored.

## 98. The team broke new ground with their innovative design.

- a) Followed old methods
- b) Achieved something new
- c) Failed to innovate
- d) Repeated past work

**Answer**: d) Achieved something new

**Explanation**: "Break new ground" means to do something innovative or pioneering.

## 99. She had a skeleton in her closet that she kept hidden.

- a) A secret she was ashamed of
- b) A valuable possession
- c) A hidden talent
- d) A public achievement

**Answer**: a) A secret she was ashamed of

**Explanation**: "A skeleton in the closet" refers to a hidden or

embarrassing secret.

## 100. He played it by ear during the unplanned meeting.

- a) Prepared thoroughly
- b) Improvised as needed
- c) Ignored instructions
- d) Followed a strict plan

Answer: b) Improvised as needed

**Explanation**: "Play it by ear" means to handle a situation spontaneously

without a fixed plan.

---

#### **Disclaimer**

This SSC GD Constable Exam Idioms and Phrases MCQ is for educational purposes only and is not affiliated with or endorsed by the Staff Selection Commission (SSC). The content is based on the SSC GD syllabus and previous year question patterns. It is a supplementary resource and does not guarantee inclusion in the actual exam. Users should refer to official SSC materials for comprehensive preparation. The creator is not liable for errors or exam outcomes.