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#### This is Ella



## Healthy





## Unhealthy





#### Abusive









The behaviors exhibited in Sayer and Ella's relationships are examples of what makes a healthy relationship





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The behaviors that Chad is exhibiting are abusive because he is demeaning her, demanding access to her social medias and her phone, and controlling who she talks to and hangs out with.



# Most Importantly, Remember...



Anyone can be a survivor

Sexual abuse does not discriminate\* based on gender, sexuality, race, religion, etc.

Next

\*Members of oppressed communities may have a higher risk of sexual violence



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