



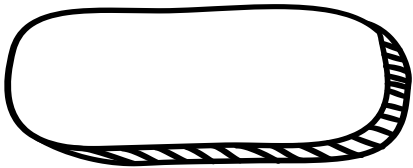


Ella and Sayer are in a relationship. They celebrate each others accomplishments, spend time with their families and friends, together and individually, they trust each other and respect boundaries. When they disagree on something, they communicate and compromise on a solution that works for both of them.

THIS IS EIRD

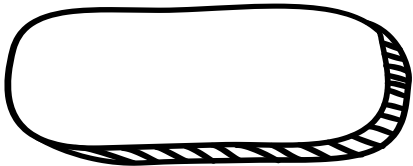


Healthy



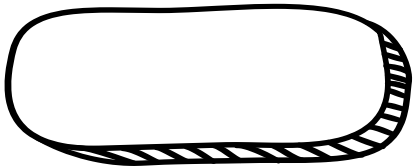


Unhealthy



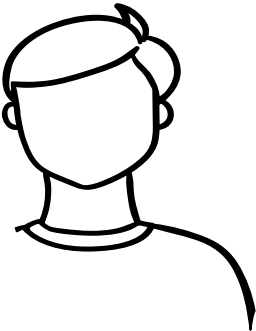


Abusive





Opt Out



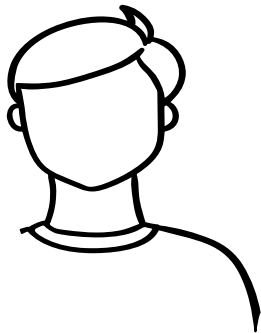
Correct

The behaviors exhibited in Sayer and Ella's relationships are examples of what makes a healthy relationship



Next

Opt Out



This is Ella

Ella and Sayer are in a relationship. They celebrate each others accomplishments, spend time with their families and friends, together and individually, they trust each other and respect boundaries. When they disagree on something, they communicate and compromise on a solution that works for both of them.

Healthy

Unhealthy

Abusive

Incorrect

The behaviors exhibited in Sayer and Ella's relationships
are examples of what makes a healthy relationship



Next

Most Importantly, Remember...

It is not your fault.

Anyone can be a survivor

Sexual abuse does not discriminate* based on gender, sexuality, race, religion, etc.

Next

*Members of oppressed communities may have a higher risk of sexual violence