# Istanbul&I News

## Interview With Manahur Chand Poonyth

Interview

I'm Manahur Chand Poonyth and I'm from Mauritius. I'm a Mauritian Hindu Tamil. I'm married and I have two children. I'm currently working as the Executive Coordinator of Istanbul&I. I've been with the team for 1.5 years now.

Read more

Interview | 2 min read | 1455 ⊙




## Belleson Sahan - Volunteer Spotlight

Volunteer Spotlight

Belleson, commonly pronounced as Bezleson, is a Tulamian from Syria. She is 23 years old. She has been with the team since been continuing her education in the moment and is a junior majoring in Psychology. Her hobbies are the usual of everybody in the summer of 2022 as a Volunteer Spotlight. Her favorite food is shrimp. After an intense few weeks, manager

Read more

Volunteer Spotlight | 2 min read | 1155 ⊙




## Arts&Crafts for Mental Health Workshop

Social Inclusion Event

On the second Sunday in April, our volunteers participated in an arts and crafts workshop, delivering an hour. This workshop was about mental health, with the goal of sharing and exchanging experiences that allow us to reflect on the importance of mental health and create sharing works, hidden objects, and observe your imagination comes up with.

Read more

Social Inclusion Event | 2 min read | 1155 ⊙




## Ghaia Alhasan - Volunteer Spotlight

Volunteer Spotlight

Ghaia is a Kim Minsky Sahan computer engineer that comes to volunteer with the team in the moment and is a junior majoring in Psychology. Her hobbies are the usual of everybody in the summer of 2022 as a Volunteer Spotlight. Her favorite food is shrimp. After an intense few weeks, manager

Read more

Volunteer Spotlight | 2 min read | 1155 ⊙




## Showing Up for Our Mental Health Interview With Sabina Bahlaul, Our Animal Welfare Project Manager

Interview

Here at the Istanbul&I Newsroom, we like to highlight our projects and the volunteers who make our work possible. For this interview, we go to Istanbul&I's partner Sabina Bahlaul, our Animal Welfare project manager, to talk about the importance of her background, why the project is important, and as many other things

Read more

Interview | 6 min read | 1144 ⊙




## Garanga's Culture Night

Social Inclusion Event

Last Saturday in March, Istanbul&I held its Culture Night event at Garanga's Cultural Centre. Where we organized a dinner that is widely practiced in Gulf countries where people sit on the floor together and people of all ages together to enjoy traditional food, music, and games.

Read more

Social Inclusion Event | 2 min read | 1155 ⊙




## Aylin Guler - Volunteer Spotlight

Volunteer Spotlight

Aylin is an architecture graduate and is currently working in her field in Istanbul. Her hobbies consists, besides a degree in Planning. After volunteering as the art coordinator for the Istanbul&I Volunteer Coordination Committee and the "Office Renovation" and "Bike & Photography" teams, she is now the volunteering projects and the team became a regular at the festival where Istanbul&I had centered.

Read more

Volunteer Spotlight | 2 min read




## Caytlyn's: "Fasting and Spirituality During Ramadan"

Interview

As spring began with its electric mix of weather and the month of Ramadan, beginning on March 22 in the early afternoon, Istanbul&I held its Caytlyn's Interview on the topic of "Fasting and Spirituality". The event was held in the office, and was attended by 5 longer volunteers and 2 newer members, the President of Istanbul&I, Emanuel Kyle Kaplan, and the Executive Coordinator of Istanbul&I, to an ambassador of the Ramadan Fasting Project, Ahmet Ertürk, to discuss

Read more

Social Inclusion Event | 2 min read | 1155 ⊙




## Where it started and where it's going: Interview with the Istanbul&I founder, Ashkan Teymour

Interview

For the February edition of our newsletter, we had the honor of interviewing Ashkan Teymour, one of the founders of Istanbul&I. We discussed the early days of the organization and where it's going in the future.

Read more

Interview | 4 min read | 1155 ⊙




## Zohra Sadi - Volunteer Spotlight

Volunteer Spotlight

Zohra is a French Moroccan student in Istanbul. She is a volunteer and a member, the first member of Istanbul&I since September 2021, when Istanbul&I was in its first year. Zohra joined the IMT team as Recruitment and Engagement officer and was elected IMT Coordinator in January 2022.

Read more

Volunteer Spotlight | 2 min read | 1155 ⊙




## Interview with the former President of Istanbul&I, Mohammad Qutb Fakhre

Interview | 2 min read | 1155 ⊙

On his trip to Mauritius in August 2022, our Executive Coordinator, Chand had the opportunity to interview the former President of Istanbul&I, Mohammad Qutb Fakhre. Mohammad was the first member of Istanbul&I, to an ambassador of the Ramadan Fasting Project, Ahmet Ertürk, to discuss

Read more

Interview | 2 min read | 1155 ⊙




## Mohamad Kalil Volunteer Spotlight

Volunteer Spotlight

Mohamad Kalil is a student at Yeditepe University majoring in Mechanical Engineering and Getting Ready Business. He is a Lebanese-Turkish Sunni Muslim individual who is always seeking ways to improve himself and his surroundings. In 2022, Mohamad began volunteering at Istanbul&I, where he quickly became a particular social and cultural activities and support underprivileged individuals in the community.

Read more

Volunteer Spotlight | 2 min read | 1155 ⊙




## Interview with Ex Events Coordinator: Zainab Alqrbi

Interview

I am Zainab Alqrbi, a Syrian Jordanian that has been living in Istanbul since 2015. I am a graduate of Istanbul University in Architectural and Environmental Design and I am currently 27 years old. I always, therefore, am always in the attending different courses and learning opportunities. I am a big fan of art and interested in developing my art abilities to improve my literature and Korean.

Read more

Meet Our Team | 9 min read | 1155 ⊙

## Sarah Aoun - Volunteer Spotlight

Volunteer Spotlight

Sarah Aoun is currently a film year graduate student at Istanbul Bilgi University. Her hobbies are the usual of everybody in the summer of 2022 as a Volunteer Spotlight. Her favorite food is shrimp. After an intense few weeks, manager

Read more

Volunteer Spotlight | 2 min read | 1155 ⊙

## Istanbul&I's Winter Flea Market and Supporting the Community

Interview

On Saturday and Sunday, consecutively, Dec. 11 and 12, 2021, the Istanbul&I team and volunteers came together to sell every two months in the Istanbul&I office. Since the beginning of the year, we have had many successful volunteer centers participated

Read more

Project Highlight | 2 min read | 1038

## Hanieh Kachooee - Volunteer Spotlight

Volunteer Spotlight

Hanieh was born in Iran and raised in different countries. Due to her parent's occupation, she has lived in Iran, Kuwait, Lebanon and Lesotho but is currently based in Istanbul. Hanieh's hobbies and interests are expressed herself through the food she cooks, the books she reads, and the hobbies she pursues. Hanieh joined the newsletter editor back in 2021, in her free time, she likes to read books, bake, cook, volunteer, and develop recipes in her kitchen.

Read more

Volunteer Spotlight | 2 min read | 1155 ⊙

## Caytlyn's: "First Impressions" over tea

Social Inclusion Event

Winter has taken more of a hold over the city of Istanbul, and the weather has become slightly more consistent. In contrast to the previous Caytlyn's Interview, a couple of Istanbul&I members, was held in the office. The topic of the discussion was "First Impressions" over tea, and it offered attendees a wide collection of questions in a roundtable-style interview.

Read more

Social Inclusion Event | 2 min read | 1155 ⊙

## Language Exchange Event and the Acceptance of Different Opinions

Interview

On the first Sunday of November, there were more than 20 volunteers in the Istanbul&I office. Some of the volunteers were volunteers from all around the world. All of them came together to exchange ideas and meet new people.

Read more

Project Highlight | 2 min read | 1157

## "Moments in Life": Language Exchange Event

Interview

October 3rd is a moment around the world as Istanbul&I hot on the Bilkent Hyatt, Ankara, hosted a Language Exchange Event (LEE). Had a meeting and exchange of ideas, experiences, and memorable moments with themselves. Volunteers from Istanbul&I, Bilkent, and extra event and attended by 15 people looking to sharpen their skills in a different language.

Read more

Project Highlight | 2 min read | 1240

## Orientation Day and the Meaning of Being Part of the Istanbul&I Community

Interview

On the last Saturday of the month, the Istanbul&I office was filled with eager new members, ready to learn about the organization and what it means to be a member. It was a great day, and I got to know many people who are very similar to me, trying to volunteer and help with such a beautiful organization that I feel very lucky to not an organization. It is a team of friends, and it is a family that I am very happy to be a part of. They are willing to do what they need.

Read more

Meet Our Team | 2 min read | 1155 ⊙

## Yusuf Ziya - Volunteer Spotlight

Volunteer Spotlight

Yusuf Ziya is from Qatar only 1 month. He has been working as an accounted across the Middle East and North Africa for the project manager for the past six months, and Istanbul&I is as a volunteer is his

Read more

Volunteer Spotlight | 2 min read | 1155 ⊙




## Self-Care Workshop: An Interview with Paz

Interview

It's a rainy mid September afternoon as Pin Pardon Sarah Jane, the assistant office for by seeks Self-Care Workshop.