LA CHICANA

TORTA

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### LA CHICANA SANDWICH

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GROWING UP IN THE US WITH PARENTS BORN IN MEXICO, IT CHANGES THE WAY YOU LIVE AND SEE T HINGS. ALL YOUR LIFE, YOU'RE FORCED TO LIVE A DOUBLE LIFE. DOESN'T MEAN THAT YOU LIVE DOUBLE THE YEARS, BECAUSE IF THIS WAS THE THEN ME'D ALL LIVE FOR MANY HUNDRED YEARS MORE. THIS MEANS THAT MY LIFE IS CONSISTENTLY CUT IN HALF. MY BRAIN IS CUT IN HALF, MY THOUGHTS ARE ΙN HALF. MY LANGUAGE USE ALTERNATE FROM THE MOMENT I LEAVE MY HOUSE TO THE MOMENT I STEP BACK IN. I CANNOT DO ONE THING WITHOUT THINKING OF ANOTHER ALTERANTE IDENTITY REACTING TO EVERYTHING IT. I DO AND SAY BECOMES A PRODUCT OF THE LIFE MY PARENTS LIVED AND GAVE ME. I CAN ИO LONGER THINK FOR MYSELF BECAUSE I AM NOT A SINGLE PERSON WITH A SINGLE IDENTITY. I HAVE TWO IDENTI-TIES WITCH DIF-FERENT LANGUAGES, DIFFERENT SOCIETAL NORMS AND DIFFERENT PERSPECTIVES OF THE WORLD, THE MEXICAN AND THE AMERICAN VIEWS. BEING MEXICAN-AMERICAN, BEING CHICANA MEANS MORE THAN TWO THINGS . IT MEANS THAT ME HAVE TO LEARN WHERE THE LINE SPLITS US IN HALF AND HOW TO BEHAVE IN WHICH ENVIRONMENT. THIS COUNTS NOT ONLY FOR THE LANGUAGE, BUT FOR THE MANNERISM, THE POLITICS, THE EDUCATION, OR SOMETHING AS SIMPLE AS WHAT WE MATCH ON TV. I NOTICED THESE DIFFERENCES IN MY PEERS WHO DID NOT HAVE PARENTS WHO MIGRATED. I NOTICED THAT AT HOME THEY MATCHED THE FRESH PRINCE OF BEL-AIR AND I MATCHED EL CHAVO DEL 8. THEY MATCHED FAMILY FEUD WHILE MATCHED 100 MEXICANOS DIJIERON. THEY ATE MAFFLES FOR BREAKFAST WHILE I ATE CHILAQUILES. THESE ARE EXPERI-ENCES THAT I FOUND MYSELF CONFLICTING TO MY IDENTITY. BECAUSE OF THIS, I MANTED TO CREATE A SANDWICH THAT RESONATED WITH MY PERSONALITY AND HOPEFULLY WITH MANY OTHER CHICANOS AROUND THE US. LA CHICANA TORTA COMES FROM THE ROOT OF THE TRADITIONAL MEXICAN TORTA, A SANDWICH THAT EVERY MEXICAN, OR CHICANO, GREW UP EATING. IT IS A SIMPLE SANDMICH MADE WITH THE INGREDIENTS TYPICALLY FOUND IN MOST MEXICAN DISHES. THIS SAND-MICH IS PREPARED IN A MAY MHERE IT ADDS MY FAVORITE INGREDIENTS GROWING UP IN MY MEXICAN HOUSEHOLD AND CUTTING IT DOWN THE MIDDLE, JUST AS US CHICANOS ARE USED TO. THIS SANDWICH IS SUPPOSED TO REPRESENT THAT ALTHOUGH CHICANOS ARE SPLIT IN HALF, THE INGREDIENTS ARE THE SAME ON BOTH SIDES. THIS IS BECAUSE THAT IS WHO ME ARE, WE ARE THE PRODUCT OF TWO DIFFERENT CULTURES, TWO DIFFERENT SOCIETIES, TWO DIFFERENT IDENTIEIS, MERGED INTO ONE. THIS SANDWICH IS JUST THAT, TWO CULTURUES SMASHED INTO ONE. WHERE YOU GET TO CUSTOMIZSE YOUR SALSA INTO THE TRADITIONAL VERDE O ROJO, OR SOMETHING MORE AMERICANIZED LIKE CHIPOTLE MAYO. OR MAYBE INSTEAD OF THE TRADITIONAL MEXICAN QUESO BLANCO, YOU WANT AMERI-CAN CHEESE IN YOUR SANDWICH, NOTHING MORE AMERICAN THAN RIGHT? SO WHOEVER YOU ARE, WHATEVER YOUR CULTUR-ΑL BACKGROUND, I HOPE YOU CAN TASTE MY IDEN-TITY WITH THIS SANDWICH AND SPPRECIATE THE PROD-UCT OF CHILDREN OF IMMIGRANTS WHO CAME T O AMERICA TO CREATE SINE IF THE-MOST ICONIC FOODS THAT NOW RESPRE-SENT AMERICA AND CAN HOPEFULLY BE PASSED ON INTO THE NEW GENERATIONS. I HOPE THIS SANDWICH IS ABLE TO FIND ITS WAY TO THE HEART OF A CHICANO WHO CAN UNDERSTAND THE SANDWICH AND RELATE TO ITS HISTORY, TO ITS TRADI-TIONS, TO ITS IDENTITY AND TO BE ABLE

TO FIND COMFORT IN

UNCOMFORTABLE POSITION

BEING SPLIT IN HALF, JUST AS

ON A PLATE.

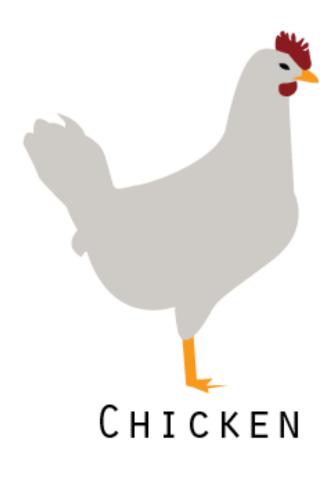
THE TELERA IS SERVED TO US

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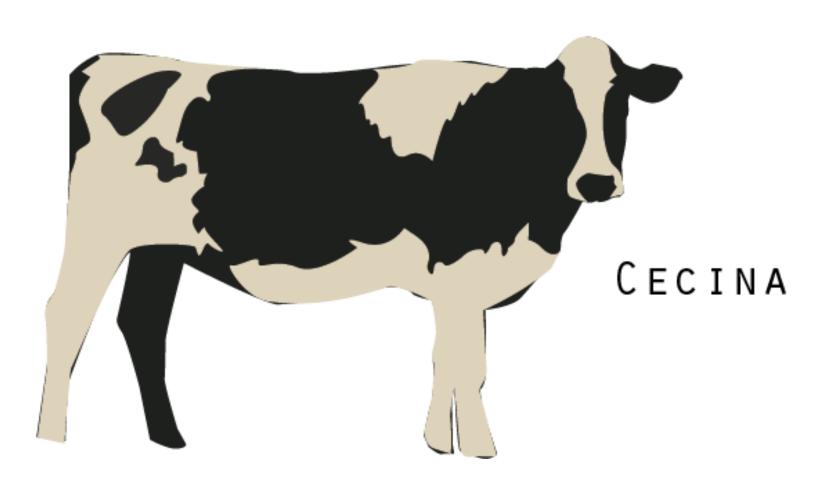
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CASE



CHORIZO LONGANIZA



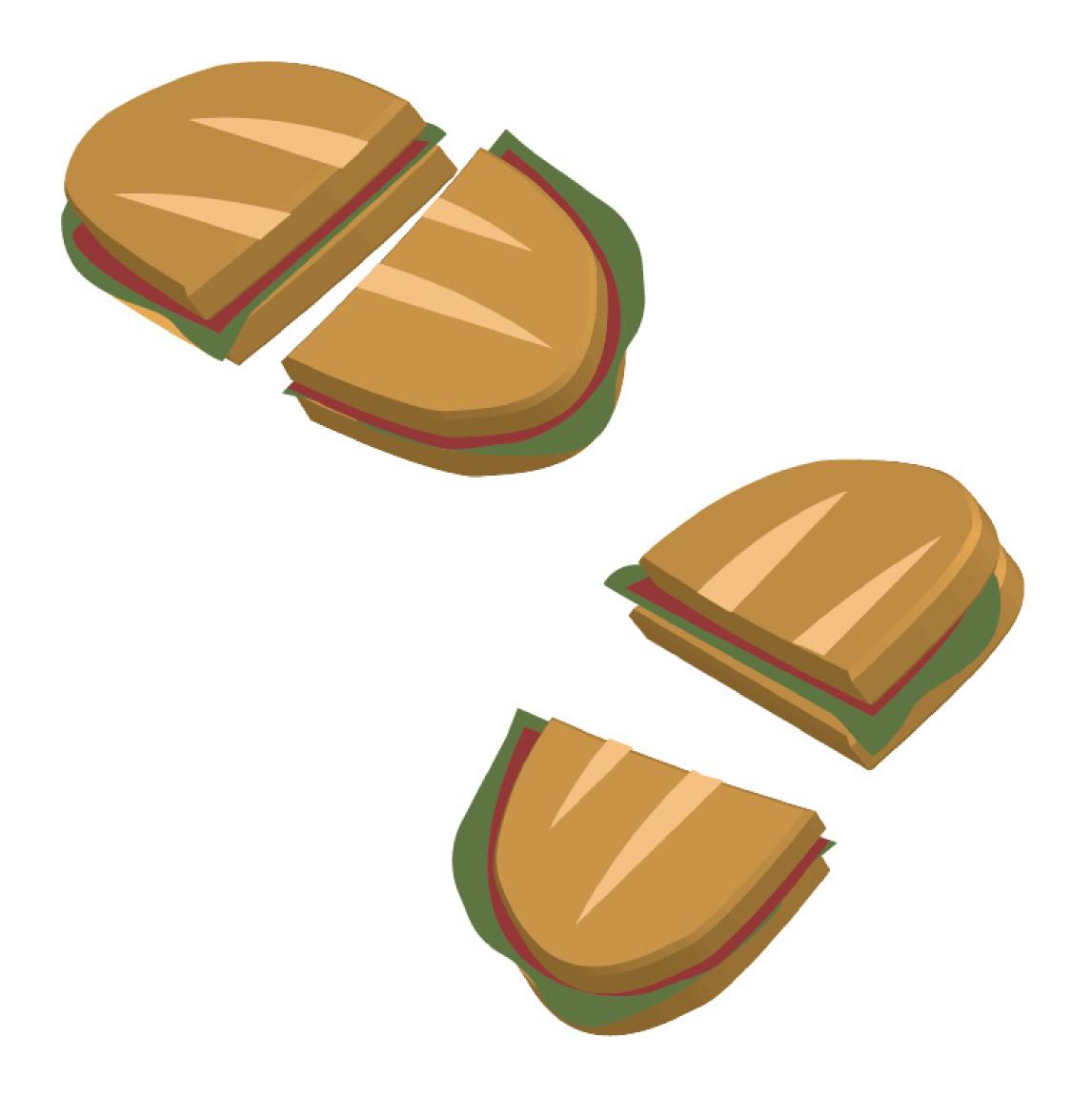




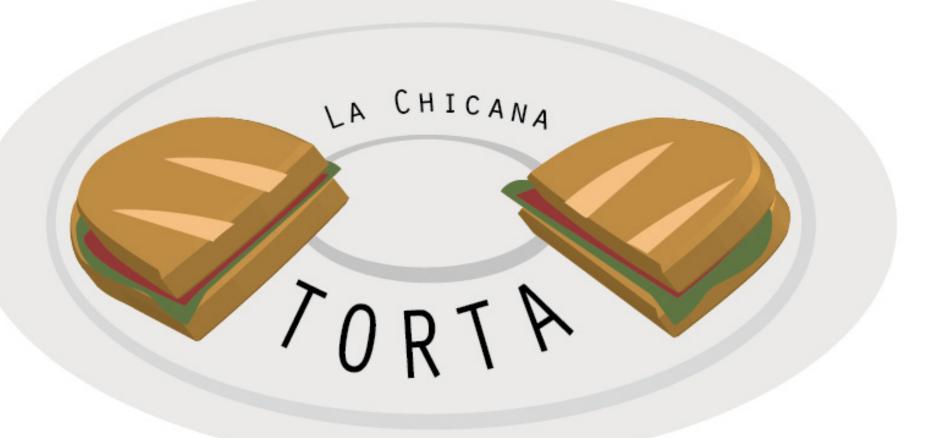
Rojo

VERDE

CHIPOTLE MAYO







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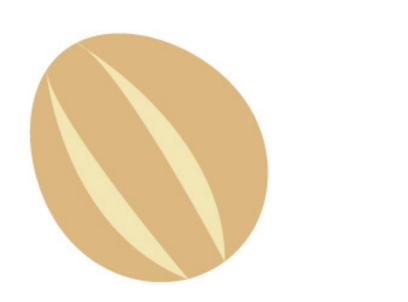
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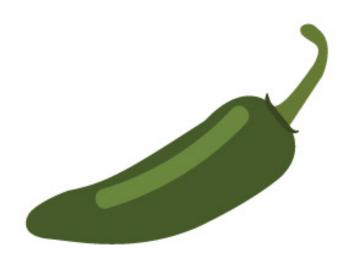
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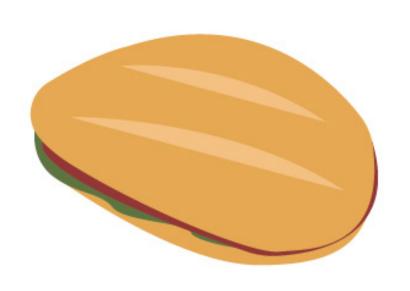






















## HOME OF THE BEST CHICANO SANDWICH

### TELERA

- Normal
- HEATED
- TOASTY

### SALSA 🛊

- 👣 👣 🔭 Rojo (RED)
  - 🎁 VERDE (GRE<u>EN)</u>
    - CHIPOTLE MAYO

### MEAT

- CHICKEN
- LONGANIZA
- CHORIZO
- CECINA

### CHEESE

- BLANCO
- AMERICANO
- CHEDDAR
- DE HEBRA
  (MOZARELLA)

MENU

