



# Product Design

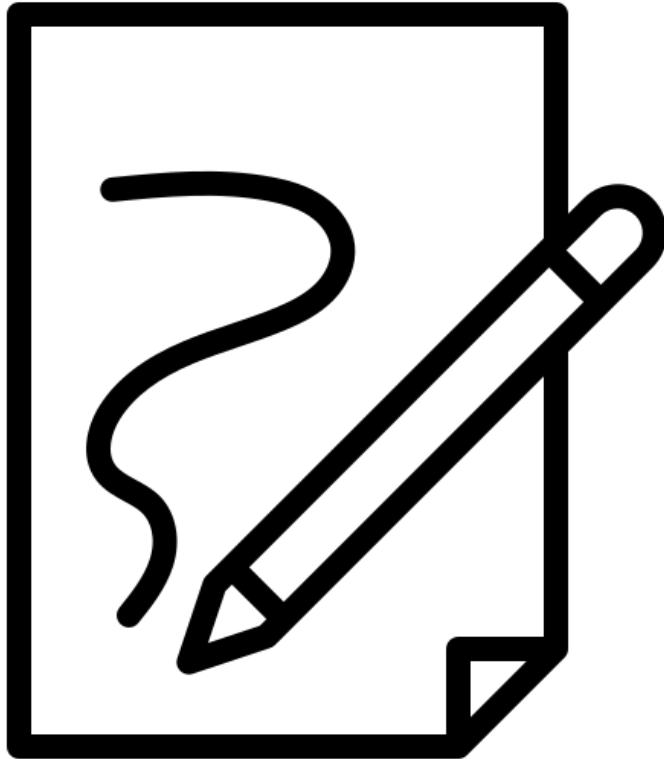
*Sarthak Bairiganjan*

# Sketching and Prototyping

# Problem and Product Overview



- Today's lifestyle choices impact longevity and lead to suffering. Today, we have an 86 million-salaried workforce, which includes 5.4 million from the IT /ITes Segment in FY23
- We are expecting to grow 7.5 – 10 million by 2030 in the IT/ITes Segment
- Many workers from corporates / ITes Segment suffer from mental and emotional issues due to lack of sleep, improper diet, late-night work, long hours of sitting, and lack of physical activity
- Which causes chronic stress, Depression/Anxiety, to be less productive, and reduce memory
- A recent study from GOQii: 46% Indian population has an unhealthy lifestyle



## Part 1: Sketching

Note that sharing at least 10 screens of your products is mandatory. If you wish to add more, you can add additional slides.

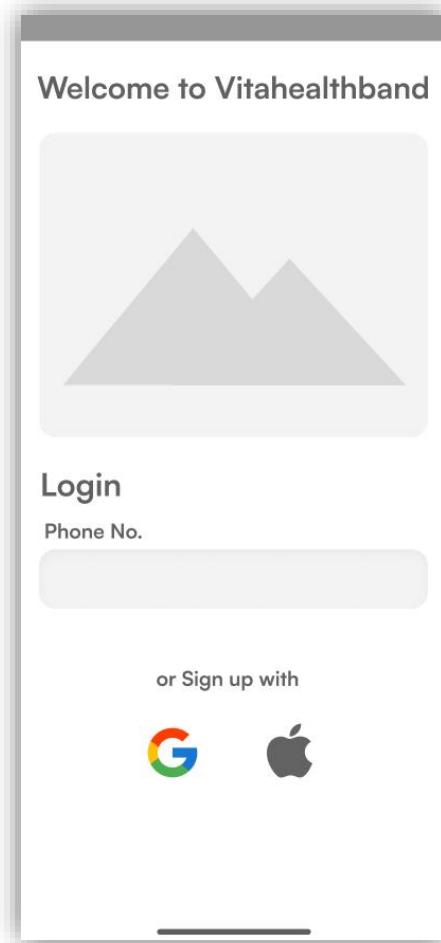
# Screen 1

Feature/  
Screen  
Heading:

Description:

*Onboarding Page*

- *Sketch showing login page with mobile number.*
- *The login page also offers single sign-in option where users can login either via their Google or Apple accounts.*



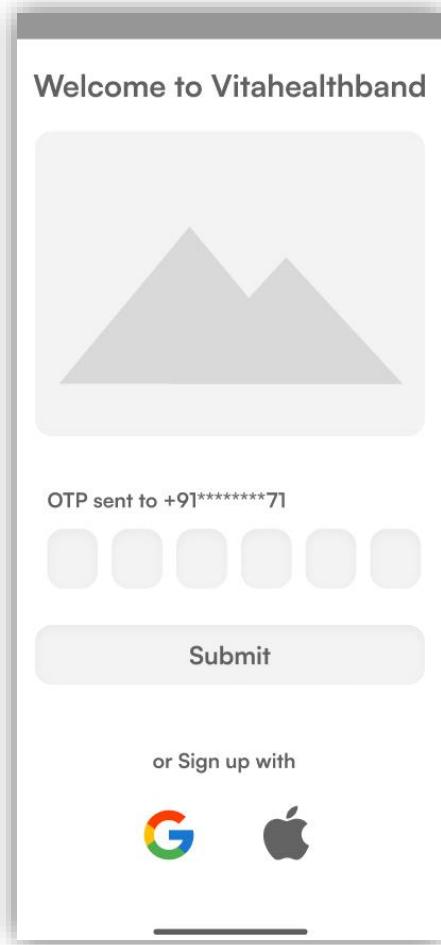
## Screen 2

**Feature/  
Screen  
Heading:**

*Onboarding Page*

**Description:**

- Sketch showing login page with 6 digit OTP verification.*
- The login can be done via Google or Apple as well.*



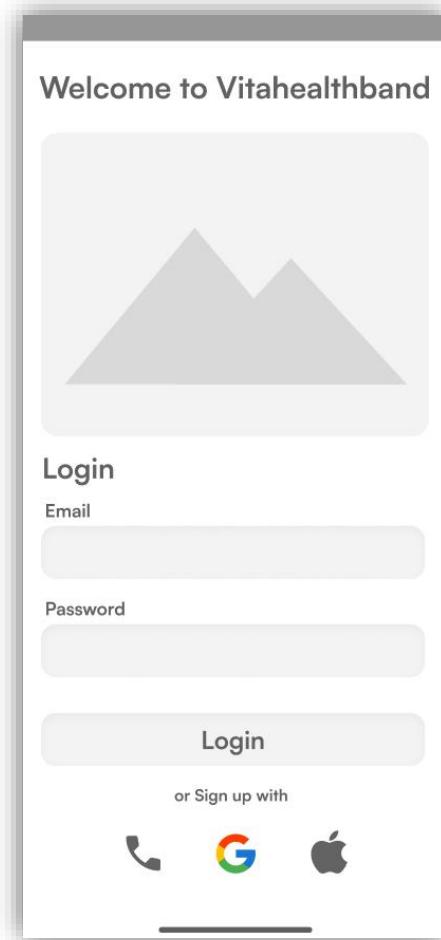
## Screen 3

**Feature/  
Screen  
Heading:**

**Description:**

*Sign In/ Sign Up Page for Doctors*

- This sketch is Sign In/Sign Up page which will contain the logo and will have option to Sign In and Sign Up or Continue as guest.*
- Doctors can also login with different ways of mobile, Google or using Apple.*



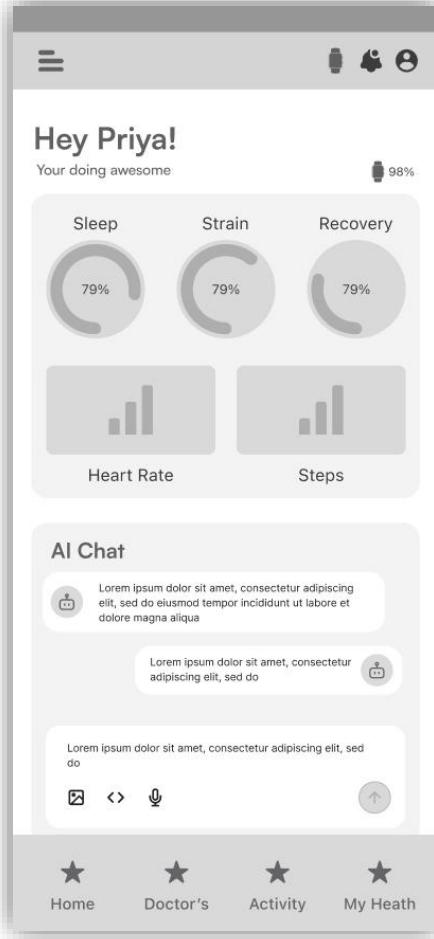
# Screen 4

**Feature/  
Screen  
Heading:**

**Description:**

*Home Page*

- The Homepage shows a dashboard with different health metrics like Sleep, Strain and Recovery alongside heart rate and number of steps.*
- One can also toggle between Home, Doctor's, Activity and My Health screens.*
- There is an AI chatbot as well for instant suggestion. It analyzes user's health data present on the screen and suggests personalized actions.*
- One can also check VitaHealth's battery percentage.*
- The menu bar at the bottom shows the navigation of different screens.*



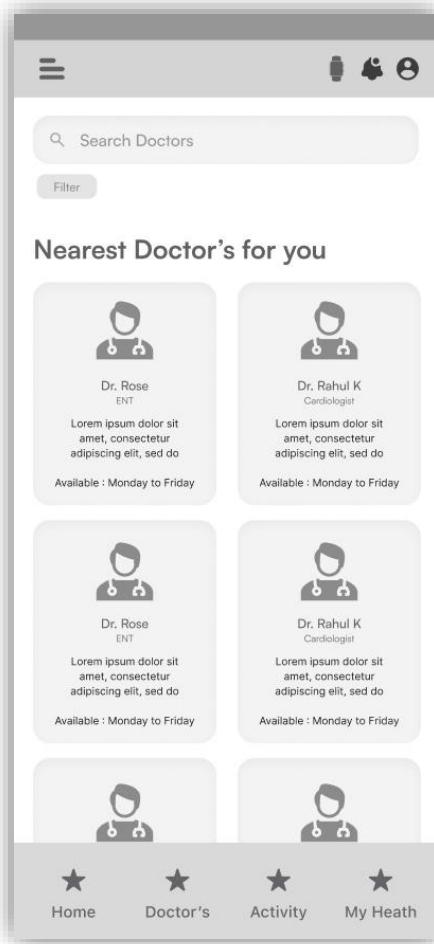
# Screen 5

**Feature/  
Screen  
Heading:**

**Description:**

## Doctor's Page

- Sketch shows nearest doctor and their availability.*
- The doctors details are also given.*
- One can search the doctor from search bar using their speciality as a search query.*
- One can also Filter doctors by their availability, language, experience level, and gender.*
- The menu bar at the bottom shows the navigation of different screens.*



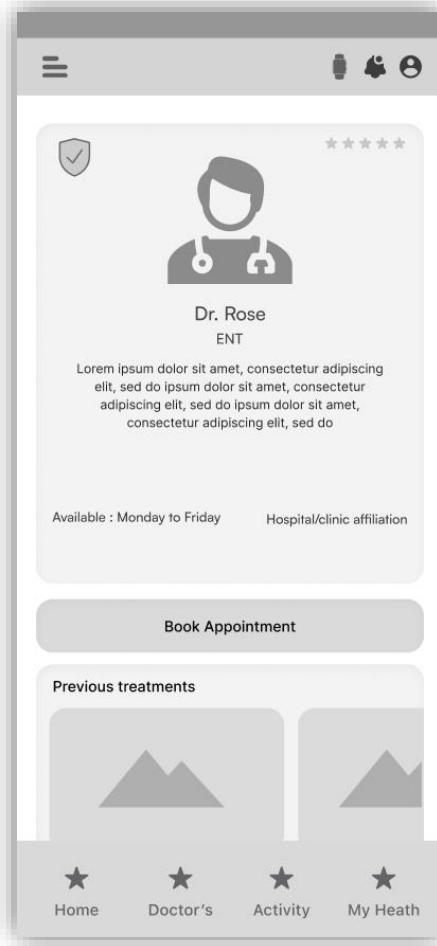
# Screen 6

Feature/  
Screen  
Heading:

Description:

## *Doctor's Profile Page*

- Sketch showing the selected doctor's profile for booking appointment.*
- The page shows availability of the doctor and his/her affiliation to any hospital/clinic.*
- The page also shows the previous treatment details.*
- The menu bar at the bottom shows the navigation of different screens.*



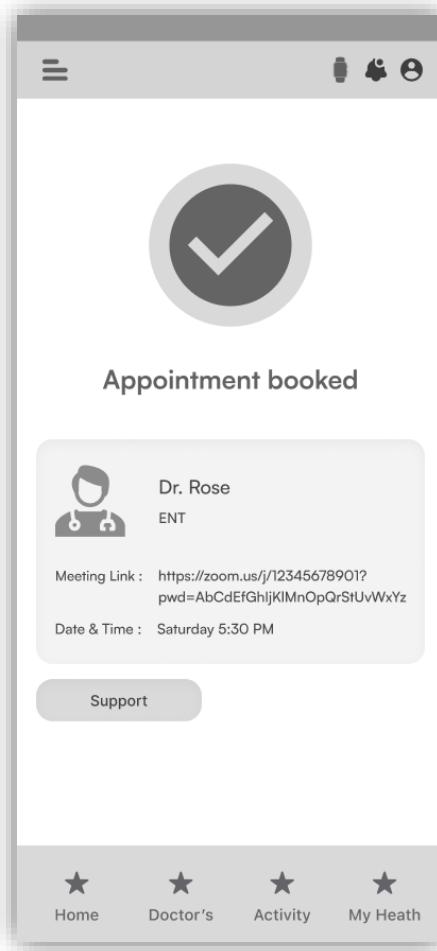
# Screen 7

**Feature/  
Screen  
Heading:**

**Description:**

## *Confirmation Page*

- Sketch showing doctor's confirmation page.
- The online consultation meeting link is also provided with the day and time
- The menu bar at the bottom shows the navigation of different screens.



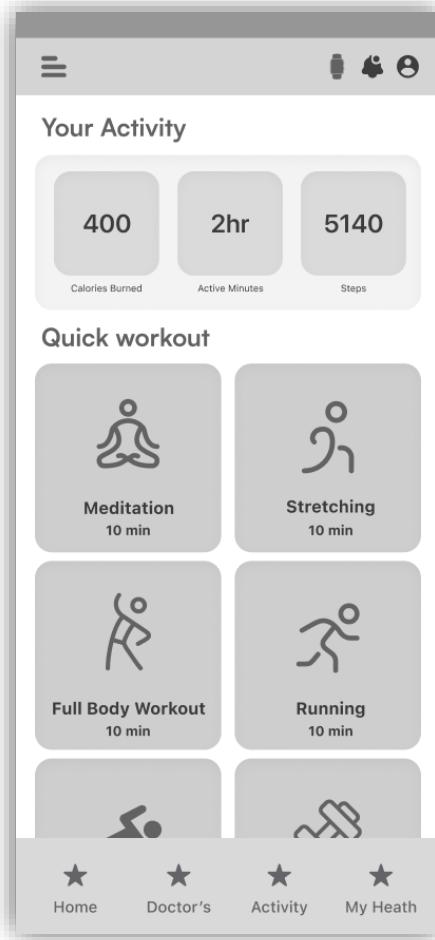
# Screen 8

**Feature/  
Screen  
Heading:**

*Activity Page*

**Description:**

- *A quick glance at user's activity insights.*
- *Physical activities along with suggestion for workout details.*
- *The menu bar at the bottom shows the navigation of different screens.*



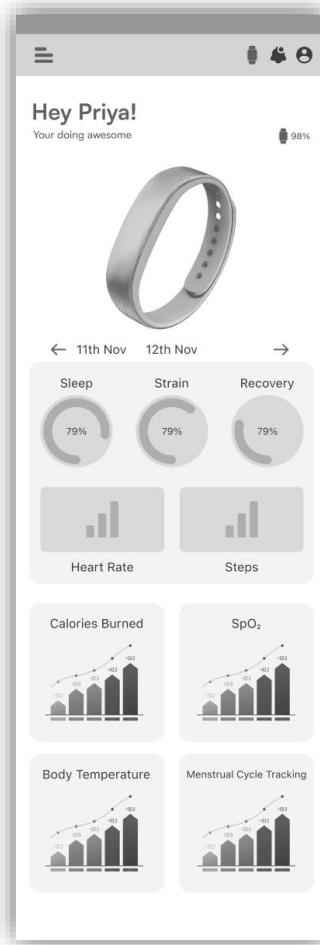
# Screen 9

Feature/  
Screen  
Heading:

*My Health*

Description:

- Detailed screen showing the different health metrics and their progress.*
- An icon to notify the charge left in the band on the right hand top corner.*
- The health metrics are shown date-wise to measure the progress.*



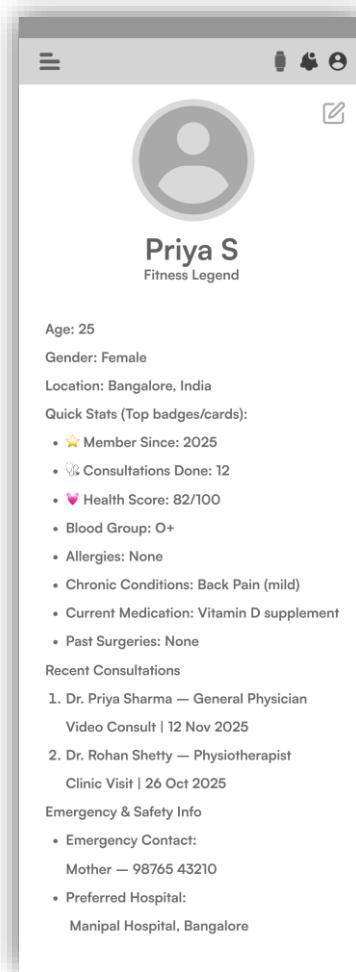
# Screen 10

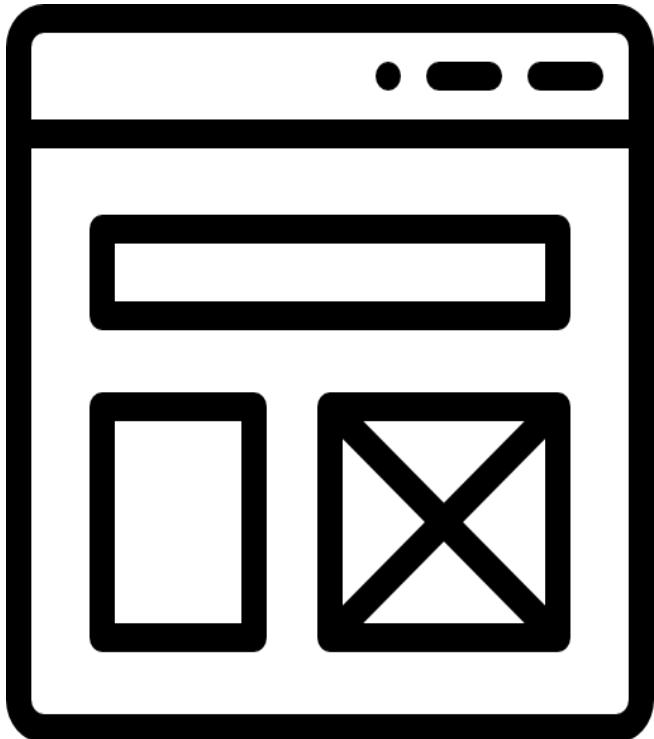
**Feature/  
Screen  
Heading:**

*Profile Page*

**Description:**

- Sketch showing a sample Profile page details.*
- One can edit the page as well with the edit icon on the right hand top corner.*
- The number on the left side of the picture shows the unread notifications.*





## Part 2:High-Fidelity Prototype

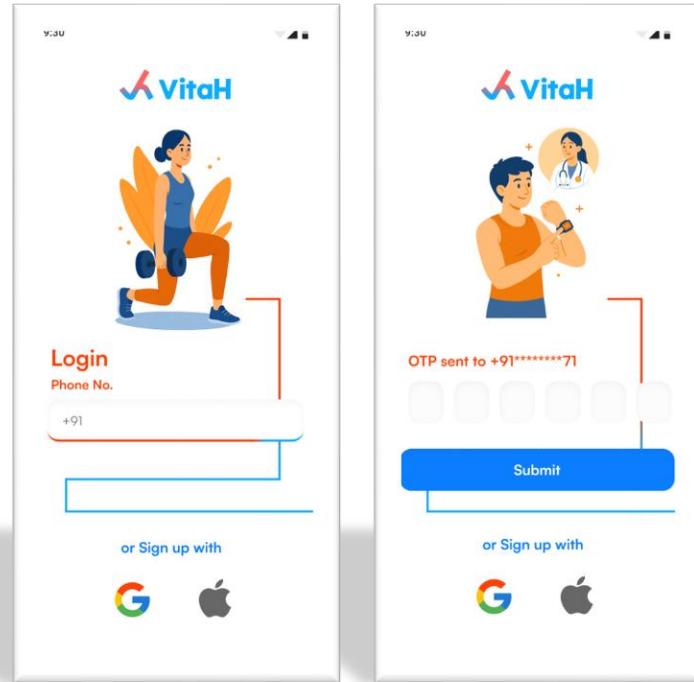
# Sign In / Sign Up page

## SIGN IN

- Existing Users can "Sign in" from the footer.

## SIGN UP

- Users can Sign up by entering their name, mobile number, and password.
- Single sign-in setup using Google and Apple.



# High-Fidelity Prototype



9:30

Hey Priya!  
Your doing awesome

98%

Sleep: 79% | Strain: 61% | Recovery: 36%

80 BPM | Heart Rate

8752 Steps | Steps

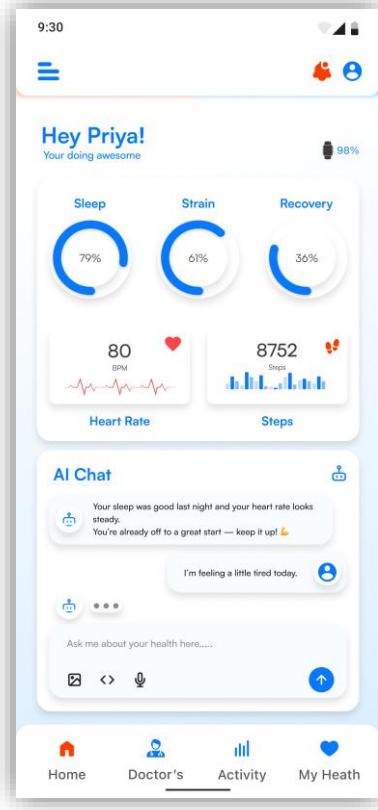
AI Chat

Your sleep was good last night and your heart rate looks steady.  
You're already off to a great start — keep it up! 😊

I'm feeling a little tired today.

Ask me about your health here....

Home Doctor's Activity My Health



9:30

Search Doctors

Filter

Nearest Doctors for you

Dr. Anjali Mehta  
ENT Specialist

Expert in sinus infections, throat issues & ear pain.  
Caring treatment with modern procedures.

Available : Monday to Friday

Dr. Rahul Kumar  
Cardiologist

Specialises in heart health, BP & cholesterol management.  
Focus on preventive lifestyle care.

Available : Monday to Friday

Dr. Sneha Patil  
General Physician

Treats fever, cold, viral infections & everyday health issues.  
Trusted family doctor approach.

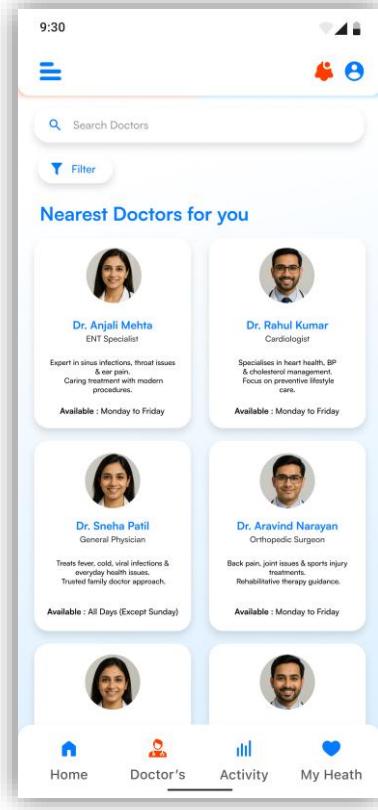
Available : All Days (Except Sunday)

Dr. Aravind Narayan  
Orthopedic Surgeon

Back pain, joint issues & sports injury treatments.  
Rehabilitative therapy guidance.

Available : Monday to Friday

Home Doctor's Activity My Health



9:30

Dr. Anjali Mehta  
ENT Specialist

Dr. Anjali Mehta is an experienced ENT specialist with over 8 years in treating sinus allergies, throat infections, and ear-related conditions. She focuses on gentle and effective care using modern diagnostic methods.

Available: Monday to Friday  
Timings: 10:00 AM — 6:00 PM

CityCare Multi-Specialty Hospital, Bangalore

Languages Spoken: English, Hindi, Kannada

Medical ID: Reg.No: KA-22345-ENT

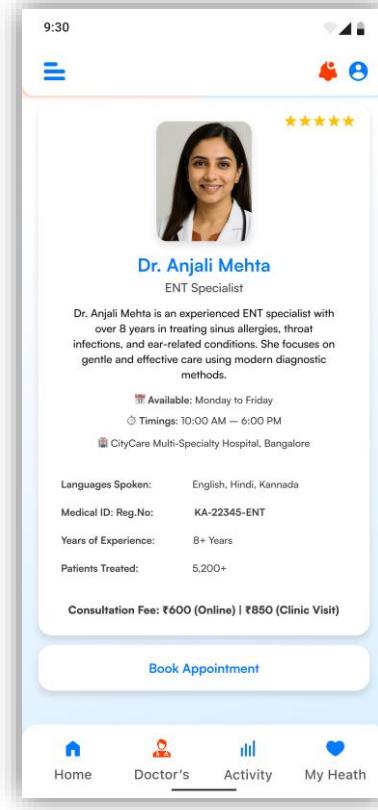
Years of Experience: 8+ Years

Patients Treated: 5,200+

Consultation Fee: ₹600 (Online) | ₹850 (Clinic Visit)

Book Appointment

Home Doctor's Activity My Health



# High-Fidelity Prototype



9:30

Your Activity

1485 Calories Burned

2hr Active Minutes

5140 Steps

Quick workout

Meditation 10 min

Stretching 10 min

Full Body Workout 10 min

Running 10 min

Home Doctor's Activity My Heath

This screen displays a summary of recent activity: 1485 calories burned, 2 hours of active minutes, and 5140 steps. Below this, there are four quick workout options: Meditation (10 min), Stretching (10 min), Full Body Workout (10 min), and Running (10 min). A navigation bar at the bottom includes Home, Doctor's, Activity, and My Heath.

9:30

Hey Priya!  
Your doing awesome

98%

11th Nov 12th Nov

Sleep 79% Strain 61% Recovery 36%

80 BPM Heart Rate 1756 Steps

Calories Burned 1485 SpO<sub>2</sub> 98%

Body Temperature 98.7°F Normal Menstrual Cycle Tracking 28 Days Average Cycle Length

Home Doctor's Activity My Heath

This screen provides a daily summary for user Priya S. It shows her activity levels (Sleep, Strain, Recovery), heart rate (80 BPM), steps (1756), and calorie burn (1485). It also displays her current SpO<sub>2</sub> level (98%), body temperature (98.7°F, Normal), and menstrual cycle tracking (28 Days, Average Cycle Length). A navigation bar at the bottom includes Home, Doctor's, Activity, and My Heath.

9:30

Priya S

Fitness Legend

Profile

Doctors List

Achievements

History

Subscription

Support

Home Doctor's Activity My Heath

This screen shows the user profile for Priya S. It includes a large circular portrait, her name, and a 'Fitness Legend' badge. Below this, there are links to Profile, Doctors List, Achievements, History, Subscription, and Support. A navigation bar at the bottom includes Home, Doctor's, Activity, and My Heath.

# High-Fidelity Prototype

