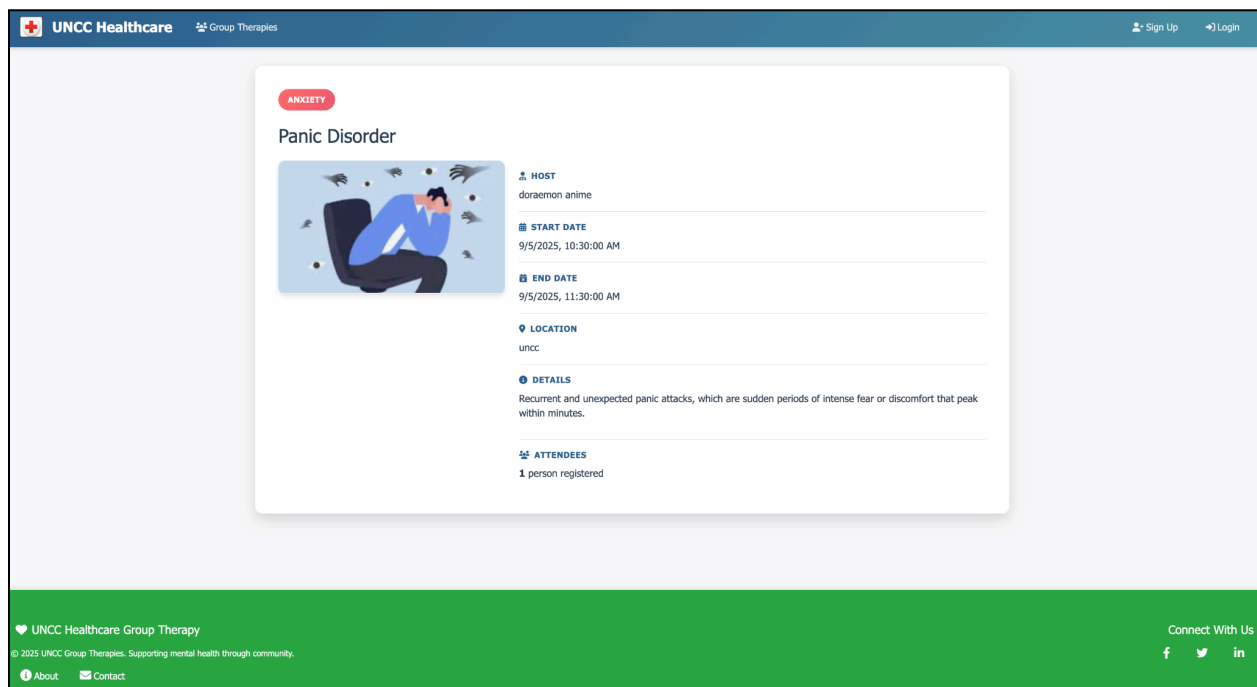
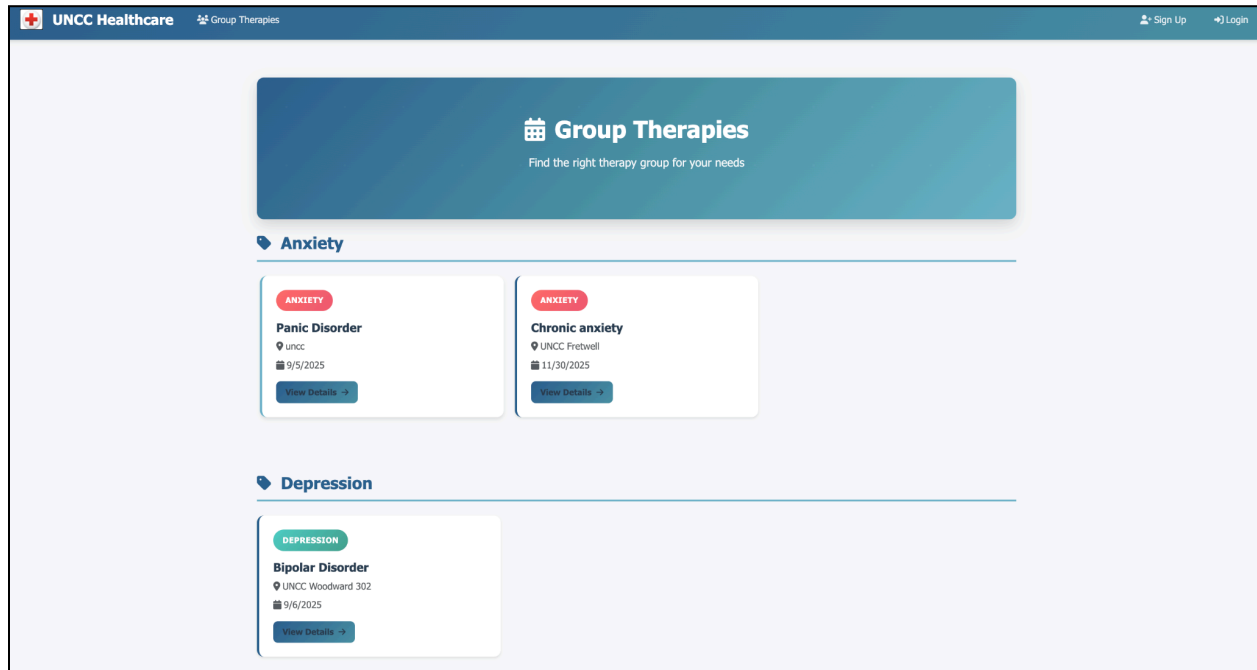




Screenshots of Application developed on F#



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Sign in to your account

Email Address


Enter your email

Password

Enter your password

Login




Don't have an account? [Sign up here](#)


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Create Your Account

Join our supportive community

First Name

Enter your first name

Last Name

Enter your last name

Email Address

Enter your email


Password

Enter your password (min. 8 characters)

Password must be at least 8 characters long

Sign Up




Already have an account? [Login here](#)

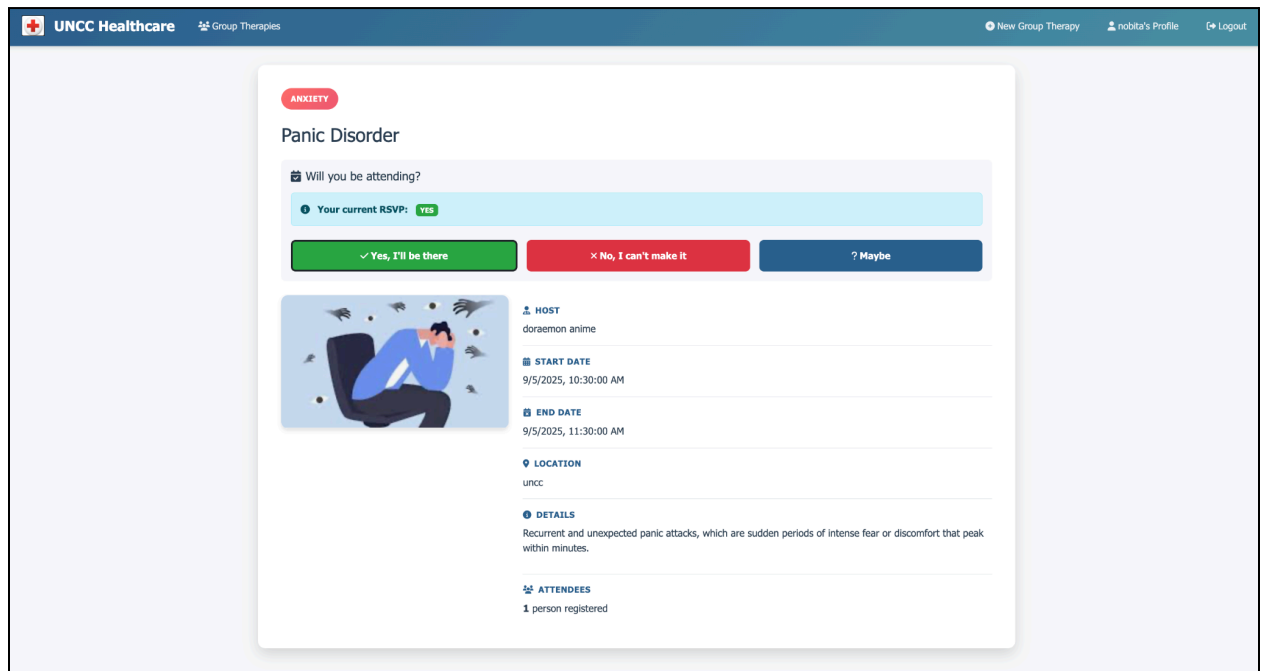
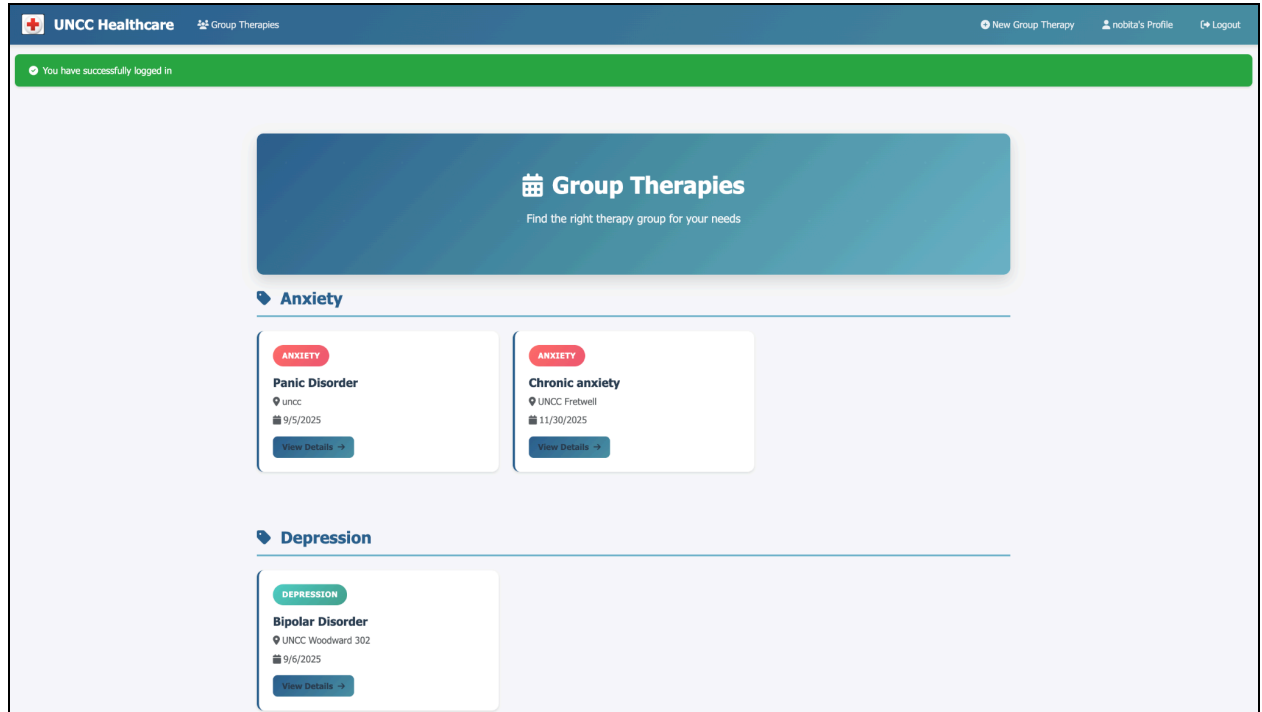
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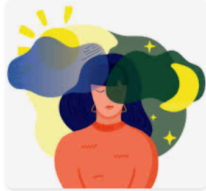
New Group Therapy

nobita's Profile

Logout

DEPRESSION

Bipolar Disorder



HOST

nobita anime

START DATE

9/6/2025, 2:44:00 AM

END DATE

9/6/2025, 3:44:00 AM

LOCATION

UNCC Woodward 302

DETAILS

During depressive episodes, individuals may experience typical depression symptoms (e.g., sadness, fatigue, hopelessness), but in between these episodes, they may experience periods of extreme highs (mania) or less extreme highs (hypomania)..

ATTENDEES

1 person registered

RSVP List

Name	Status
doraemon anime	No

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New Group Therapy





nobita's Profile

Logout



nobita's Profile

Manage your group therapies and RSVPs

My Group Therapies

Title	Category	Date	Actions
Bipolar Disorder	DEPRESSION	9/6/2025	 
Chronic anxiety	ANXIETY	11/30/2025	 

My RSVPs

Title	Category	Date	Status
Panic Disorder	ANXIETY	9/5/2025	
Childhood Trauma	TRAUMA	9/5/2025	

UNCC Healthcare

Group Therapies

New Group Therapynobita's ProfileLogout

Edit Group Therapy

Update your group therapy information

Category

Depression

H Title

Bipolar Disorder

Details

During depressive episodes, individuals may experience typical depression symptoms (e.g., sadness, fatigue, hopelessness), but in between these episodes, they may experience periods of extreme highs (mania) or less extreme highs (hypomania)...

Location

UNCC Woodward 302

Start Date & Time

09/06/2025, 06:44 AM

End Date & Time

09/06/2025, 07:44 AM

Event Image

Choose FileNo file chosen

Leave empty to keep current image

Update Group Therapy

X Cancel

UNCC Healthcare Group Therapy

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Group Therapies

New Group Therapynobita's ProfileLogout

Create New Group Therapy

Share your therapy group with the community

Category

Select a category

H Title

Enter group therapy title

Details

Describe the group therapy session, goals, and what participants can expect

Location

Enter location (e.g., Room 101, Building A or Online)

Start Date & Time

mm/dd/yyyy, --:-- --

End Date & Time

mm/dd/yyyy, --:-- --

Event Image

Choose FileNo file chosen

Upload an image that represents your group therapy session

Create Group Therapy

X Cancel

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wrong email address

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Sign in to your account

Email Address

superman@uncc.com

Password

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Welcome to UNCC Healthcare Group Therapy

Join a supportive community dedicated to mental health and wellness

About Group Therapy

Healthcare group therapy involves a mental health professional leading multiple patients with similar challenges to provide mutual support, insight, and coping skills for conditions like anxiety, depression, and trauma.

Mutual Support

Feel less lonely and gain empowerment through shared experiences

Learn New Skills

Develop coping strategies and reframe negative thoughts

Community Connection

Build meaningful relationships with others on similar journeys

Q

Browse Group Therapies

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Group Therapies

Find the right therapy group for your needs

Anxiety

ANXIETY

Panic Disorder

UNCC

9/5/2025

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ANXIETY

Chronic anxiety

UNCC Fretwell

11/30/2025

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Depression

DEPRESSION

Bipolar Disorder

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9/6/2025

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