

Screenshots of Application developed on F#

UNCC Healthcare Group Therapies Sign Up Login

Group Therapies

Find the right therapy group for your needs

Anxiety

- Panic Disorder**
ANXIETY
uncc
9/5/2025
[View Details →](#)
- Chronic anxiety**
ANXIETY
UNCC Freewell
11/30/2025
[View Details →](#)

Depression

- Bipolar Disorder**
DEPRESSION
UNCC Woodward 302
9/6/2025
[View Details →](#)

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Panic Disorder

ANXIETY



HOST
doraemon anime

START DATE
9/5/2025, 10:30:00 AM

END DATE
9/5/2025, 11:30:00 AM

LOCATION
uncc

DETAILS
Recurrent and unexpected panic attacks, which are sudden periods of intense fear or discomfort that peak within minutes.

ATTENDEES
1 person registered

♥ UNCC Healthcare Group Therapy
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Welcome Back

Sign in to your account

Email Address

Password

Login

Don't have an account? [Sign up here](#)

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Create Your Account

Join our supportive community

First Name **Last Name**

Email Address

Password

Password must be at least 8 characters long

Sign Up

Already have an account? [Login here](#)

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UNCC Healthcare **Group Therapies**

You have successfully logged in

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9/6/2025
[View Details →](#)

UNCC Healthcare **Group Therapies**

New Group Therapy nobita's Profile Logout

Panic Disorder

Will you be attending?

Your current RSVP: YES

Yes, I'll be there No, I can't make it Maybe



HOST
doraemon anime

START DATE
9/5/2025, 10:30:00 AM

END DATE
9/5/2025, 11:30:00 AM

LOCATION
uncc

DETAILS
Recurrent and unexpected panic attacks, which are sudden periods of intense fear or discomfort that peak within minutes.

ATTENDEES
1 person registered

UNCC Healthcare Group Therapies New Group Therapy nobita's Profile Logout

DEPRESSION

Bipolar Disorder



HOST nobita anime

START DATE 9/6/2025, 2:44:00 AM

END DATE 9/6/2025, 3:44:00 AM

LOCATION UNCC Woodward 302

DETAILS During depressive episodes, individuals may experience typical depression symptoms (e.g., sadness, fatigue, hopelessness), but in between these episodes, they may experience periods of extreme highs (mania) or less extreme highs (hypomania).

ATTENDEES 1 person registered

RSVP List

Name	Status
doraemon anime	No

UNCC Healthcare Group Therapies New Group Therapy nobita's Profile Logout

nobita's Profile

Manage your group therapies and RSVPs

My Group Therapies

Title	Category	Date	Actions
Bipolar Disorder	DEPRESSION	9/6/2025	 
Chronic anxiety	ANXIETY	11/30/2025	 

My RSVPs

Title	Category	Date	Status
Panic Disorder	ANXIETY	9/5/2025	✓ Going
Childhood Trauma	TRAUMA	9/5/2025	✓ Going

 UNCC Healthcare  Group Therapies

 Edit Group Therapy

Update your group therapy information

Category
Depression

Title
Bipolar Disorder

Details
During depressive episodes, individuals may experience typical depression symptoms (e.g., sadness, fatigue, hopelessness), but in between these episodes, they may experience periods of extreme highs (mania) or less extreme highs (hypomania).

Location
UNCC Woodward 302

Start Date & Time 09/06/2025, 06:44 AM **End Date & Time** 09/06/2025, 07:44 AM

Event Image
Choose File No file chosen
Leave empty to keep current image

 Update Group Therapy  Cancel

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 Create New Group Therapy

Share your therapy group with the community

Category
Select a category

Title
Enter group therapy title

Details
Describe the group therapy session, goals, and what participants can expect

Location
Enter location (e.g., Room 101, Building A or Online)

Start Date & Time mm/dd/yyyy, --:-- -- **End Date & Time** mm/dd/yyyy, --:-- --

Event Image
Choose File No file chosen
Upload an image that represents your group therapy session

 Create Group Therapy  Cancel

 UNCC Healthcare  Group Therapies

• wrong email address



Welcome Back

Sign in to your account

 Email Address
superman@uncc.com

 Password

 Login

Don't have an account? [Sign up here](#)

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 **Welcome to UNCC Healthcare Group Therapy**

Join a supportive community dedicated to mental health and wellness

 **About Group Therapy**

Healthcare group therapy involves a mental health professional leading multiple patients with similar challenges to provide mutual support, insight, and coping skills for conditions like anxiety, depression, and trauma.



Mutual Support
Feel less lonely and gain empowerment through shared experiences



Learn New Skills
Develop coping strategies and reframe negative thoughts



Community Connection
Build meaningful relationships with others on similar journeys

 [Browse Group Therapies](#)

 UNCC Healthcare Group Therapy

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 About 

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 **Group Therapies**

Find the right therapy group for your needs

 **Anxiety** ANXIETY**Panic Disorder** uncc 9/5/2025[View Details →](#) ANXIETY**Chronic anxiety** UNCC Fretwell 11/30/2025[View Details →](#) **Depression** DEPRESSION**Bipolar Disorder** UNCC Woodward 302 9/6/2025[View Details →](#)