

| TEAM NUMBER: | |
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| | |

VOLUNTEER APPLICATION

| | VOLUNTEER APPLIC | CATION | Date | | | | |
|---|---|--|-----------------|--------------------|--|--|--|
| Title (Dr. Mr. Mrs. Ms. Rev.): Complete Address: | | | | | | | |
| | complete ridaressi | | | | | | |
| First name, middle initial and last name: | City, State, Zip, Country: | | | | | | |
| Departure City (1 st and 2 nd Choices): | Home Phone number: Work Phone Number: Cell Phone Number | | | Cell Phone Number: | | | |
| Email Address: | Emergency Contact (not traveling with you): | | | | | | |
| Name <u>as listed on Passport</u> : | Passport Number: | Country: Expiration Date: | | | | | |
| Present Occupation: | Specialties/Certifications: | Spanish? Yes □ No □ | Date of Bir | th: | | | |
| Blood Type: | Special Diet: | Health Problems / C | urrent Medi | cations: | | | |
| Criminal Record? No □ Yes □ Please explain: | | Prior international volunteer work? Yes No | What Countries? | | | | |
| Do you plan on raising funds to help defra | y your expenses, or do you i | ntend to pay them yo | urself? | | | | |
| Are you prepared to travel distances which reached for up to 2-3 days? Yes □ No | h would cause a lapse in con | tact with family and o | r business w | here you cannot be | | | |
| How were you or who referred you to HEI | | | | | | | |
| | | | | | | | |
| PLEASE ANSWER | QUESTIONS 1-5 AS THOROUG | HLY AND CONCISELY | AS POSSIBLE | . | | | |
| 1. Why do you want to go on this trip? | | | | | | | |
| 2. List the three recent positions (jobs) held and specific skills applicable to this volunteer mission: | | | | | | | |
| 3. How many previous and/or construction trips have you participated in with HELPS? | | | | | | | |
| ,, | | | | | | | |
| 4. List Countries, responsibilities and length of stay of any other missions you have participated in: | | | | | | | |
| | | | | | | | |
| 5. Each volunteer is expected to work under the authority of the team leader(s) and function as a member of a team that will need to adapt to unexpected circumstances. If possible, please give examples of your ability to do this: | | | | | | | |
| Please provide personal reference of one individual who would attest to information requested in questions 1-5 (name, address, phone number, email address): | | | | | | | |

Please attach photocopy of valid passport. Medical volunteers, please attach a copy of credentials (licenses, certifications, etc.). Doctors, please attach the following: valid practicing license, medical diploma and Curriculum Vitae.

HELPS INTERNATIONAL STATEMENT OF PURPOSE

Helps International is a non-profit, 501(c)(3) corporation, officially organized in 1983 (Texas Charter Number 684778). Helps is a non-denominational Christian organization which provides assistance to the people of rural Guatemala. The objectives of HELPS programs are to:

- 1. Solve a real need in the area;
- 2. Avoid development of a welfare mentality;
- 3. Maintain the local inhabitants' dignity;
- 4. Design programs to be self-sufficient once HELPS volunteers have departed.

HELPS coordinates it's activities with other organizations within the host country, including applicable governmental agencies to provide efficiency and cost savings. Established non-government organizations (NGO's), including missionary organizations, provide invaluable knowledge of customs, language and access to key community leaders. HELPS strongly believes in working within the local legal, cultural, and organization structures.

HELPS recruits, organizes, and supports foreign (mostly U.S.) short term, volunteer, mission teams to work in all its programs:

- Medical Care exams, prescriptions, sophisticated surgical operations, dental, and optical services in partnership with U.S. hospitals and pharmaceutical suppliers.
- Health Promotion –home hygiene, water projects, health-care and literacy programs (both children and adults)
- Education school facilities, supplies, student sponsorships, and teacher training
- Construction and Infrastructure homes, floors, community facilities, sanitation
- Economic Development locally operated businesses involving manufacturing, agriculture, and products reflecting local craftsmanship for sale to local and export markets.

HELPS is extremely aware of its leadership role and the example it must portray in the community representing Helps, the allied mission organizations and the United States. As a result, we require employees and volunteers to conduct themselves in a manner consistent with a conservative standard of conduct. We must remember: 10 minutes of improper behavior can ruin 10 years of effort to build trust and credibility by the organization. This is true whether a person is in Guatemala City preparing to go on site, on site working, or in Antigua (or any other location) following a period of hard fieldwork. We are guests in the local culture, and, therefore, must be aware of local customs and sensitive to our conduct. The following are HELPS policies regarding conduct:

- Avoid public displays of affection between single volunteers and/or employees. Team members should conduct themselves so as not to even hint at conduct unbecoming to HELPS or which could be construed as immoral.
- Consumption of alcohol by HELPS team members and staff is limited to the rest and recovery period while "off duty" and then only in moderate amounts. At no time should a HELPS team member or employee be considered under the influence of alcohol.
- Personal conduct of HELPS volunteers and employees should always be above question. Remember that the conduct of
 individuals is seen as HELPS, our allied organizations and our country.
- While in the mission field, women volunteers should wear either long dresses or baggy pants. In the local society tight pants can be sexually misunderstood. For those working in triage, local crowd control, or in the community this is especially important.
- HELPS staff pay for services rendered by local providers, therefore volunteers should never attempt to pay for these services. (Obviously, this does not apply to stores, etc.)
- Volunteers do not "give away" candy, gum, toys, money, Polaroid pictures, etc. This produces dozens of children following groups looking for handouts.
- Volunteers are encouraged to ask questions about local customs. This might avoid an awkward or embarrassing situation.

Notes:

(1) Conduct detrimental to HELPS by any team member or employee is cause for that person not to be invited for further participation in HELPS projects. Determination is the responsibility of the respective team leader and the President of HELPS International.

(2) Team Leaders are responsible for the overall organization and function of their teams. If circumstances arise and the Team Leader deems it necessary, team members can be returned home without refund of expenses.

| I understand and | l agree t | to conduct | myself | ın a | manner | consistent | with the | above | statemen | t. |
|------------------|-----------|------------|--------|------|--------|------------|----------|-------|----------|----|
| | | | | | | | | | | |

| Signed: | |
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HELPS is delighted to have you as a volunteer. The experience will be richly rewarding and, perhaps, even life-changing. Your suggestions are welcomed and encouraged.

15301 Dallas Pkwy., Suite 200, Addison, TX 75001, (972) 386-5172, 1-800-414-3577, (fax) 972-386-4294, www.helpsintl.org

GENERAL RELEASE AND WAIVER AND ASSUMPTION OF RISK

PLEASE READ THIS GENERAL RELEASE AND WAIVER AND ASSUMPTION OF RISK ("AGREEMENT") CAREFULLY BEFORE YOU SIGN IT. THIS IS A LEGAL DOCUMENT WHICH AFFECTS YOUR LEGAL RIGHTS. IF YOU HAVE ANY QUESTIONS ABOUT THIS AGREEMENT, PLEASE CONSULT AN ATTORNEY BEFORE YOU SIGN IT.

1. Assumption of Risk

2. General Releases

As consideration for being permitted by HELPS to participate in this work, I hereby release and forever discharge HELPS, their directors, officers, agents, employees, representatives, volunteers, attorneys, assigns, and affiliates for any and all claims and demands of whatever kind or nature, whether known or unknown, that arise out of or are connected in any way whatsoever with my voluntary participation in the work of HELPS.

3. Release Re: Medical Treatment

As further consideration for being permitted by HELPS to participate in their work, I hereby release and forever discharge HELPS, their directors, officers, agents, employees, representatives, volunteers, attorneys, assigns, and affiliates from any and all claims and demands of whatever kind of nature, whether known or unknown, that arise out or are connected in any way whatsoever with any first aid, medical treatment or services rendered me during my participation in or in any way related to HELPS work.

4. Binding Effect

I understand and acknowledge that this Agreement is a binding legal document that affects my legal rights and remedies. I further understand and acknowledge that this Agreement binds not only me but also my spouse, children, heirs, representatives, distributes, guardians and assigns.

5. No Employee Status/No Workers Compensation/No Malpractice Insurance/No Employee Benefits

I understand and agree that I am not an employee of HELPS because I participate as a volunteer in the work of HELPS. I understand and agree that HELPS is under no obligation to provide, and do not provide, workers compensation or malpractice insurance or any other employee benefits of any kind whatsoever.

6. Scope

I understand and agree that this Agreement is intended to be interpreted and construed as broadly and inclusively as permitted under the laws of the State of Texas. If legal proceedings are filed I understand they will be tried only in the State of Texas.

7. Entire Agreement/Amendment Only by Writing

I understand and agree that this Agreement constitutes the entire agreement between me and HELPS concerning my participation in the work of HELPS and supersedes all negotiations and statements made prior to or contemporaneous with the execution of this Agreement. I further understand and agree that this Agreement may only be modified or amended by a writing signed both by me and by an authorized representative of HELPS, and that this Agreement may not be orally amended.

8. Governing Law/Forum

I understand and agree that this Agreement shall be governed by and interpreted in accordance with the laws of the State of Texas. I hereby further agree that any litigation, administrative proceeding or arbitration concerning this Agreement or my participation in the work of HELPS shall be brought and conducted in the Superior Court of the state of Texas in and for the County of Dallas. I agree to be subject to personal jurisdiction and venue in the state of Texas, County of Dallas, and hereby waive any right I may have to commence any litigation, administrative action or arbitration relating to this Agreement or my participation in the work of HELPS in any form other than the Superior Court of the State of Texas in and for the County of Dallas.

9. Invalidity of Any Clause

I understand and agree that in the event any clause, sentence or provision of this Agreement shall be held to be invalid or unenforceable by any court of competent jurisdiction, the invalidity or unenforceability of such clause, sentence or provision shall not affect the validity or enforceability of the remaining provisions.

10. Terms Contractual

I understand and agree that the terms of the Agreement are contractual and are conditions precedent to my participation in the work of HELPS is not mere recitals.

11. Release of Identity

I hereby authorize the use of my picture, whether video or still, and/or verbal statements made by me, to HELPS International or other organizations allied with HELPS International, in news or promotional material or video.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS AND BINDING EFFECT. I ACKNOWLEDGE THAT I HAVE HAD THE OPPORTUNITY TO HAVE THIS AGREEMENT REVIEWED BY AN ATTORNEY PRIOR TO THE TIME I SIGNED IT. I UNDERSTAND THAT THIS AGREEMENT IS A LEGAL CONTRACT BETWEEN ME AND HELPS THAT AFFECTS MY LEGAL RIGHTS. I REPRESENT THAT I AM SIGNING THIS AGREEMENT KNOWINGLY, VOLUNTARILY AND OF MY OWN FREE WILL.

| Volunteer | Date: |
|--|-----------------------|
| Print Name & Address: | |
| If under 21 years old, signature and printed name of Parent or I | Legal Guardian needed |



CODE OF CONDUCT CONTRACT FOR UNDERAGE VOLUNTEERS

Because HELPS International is a U.S.A.-based relief organization, we require each minor volunteer (under the age of 21*) to execute the following contract before participating in any HELPS sponsored project. The minor's parent or legal guardian must also sign the contract, indicating they will be responsible for the minor's conduct during the mission.

- 1) I AGREE TO CONDUCT MYSELF IN A MANNER CONSISTENT WITH HELPS INTERNATIONAL POLICIES AND, IF APPLICABLE, THE MISSIONARY TEAM'S STANDARD OF CONDUCT AND ATTIRE THE ENTIRE TIME THAT I AM IN GUATEMALA AND WILL BE SENSITIVE TO LOCAL CUSTOMS AND CULTURES AS THEY ARE MADE KNOWN TO ME.
- 2) I WILL NOT WEAR INAPPROPRIATE CLOTHING SUCH AS TANK TOPS, STRING TOPS, TIGHT PANTS OR SHORTS WHILE IN THE MOUNTAIN REGIONS. I WILL RESERVE SUCH VACATION ATTIRE UNTIL MY STAY IN ANTIGUA, AND I WILL KEEP IN MIND THAT WHILE I AM IN GUATEMALA I REPRESENT HELPS INTERNATIONAL AT ALL TIMES.
- 3) FURTHERMORE, I COMMIT TO FULLY ABSTAIN FROM CONSUMING ALCOHOLIC BEVERAGES AT ANY TIME DURING THIS TRIP, INCLUDING THE TIME SPENT IN ANTIGUA AND DURING TRAVEL TO AND FROM GUATEMALA.

| Signed | | Date: | |
|--------|--------------------------|-------|--|
| | Volunteer | | |
| Signed | | Date: | |
| | Parent or Legal Guardian | | |

* Parents traveling with volunteers who are 18 or older may allow underage volunteer(s) to consume alcoholic beverages at their discretion, but only in Antigua and with the parent(s) present. In such cases, parent(s) assumes full responsibility for the volunteer's subsequent actions and/or health condition. In doing so, parent(s) agrees to release HELPS International from any and all related liabilities.

In accordance with Guatemala's local laws, absolutely no alcohol or cigarette consumption is allowed for minors who are under 18 years of age. No Exceptions.

IMPORTANT

NEW DOCUMENTATION REQUIREMENTS for HELPS

Please be aware of the following documentation requirements before you submit your application:

- A. All team members must provide a valid passport **and** driver's license or **state issued I.D.** with their application.
- B. Your passport must be valid for 6 months from your scheduled date of return to the U.S.
- C. If your passport or I.D. is out of date, we need a valid copy **no later than 60 days from date of travel.**
- D. **NEW REQUIREMENT!!!** Please submit a copy of your valid driver's license or state issued I.D. with your application. Should your passport be stolen, an official, valid I.D. is the only way to obtain a new passport from the embassy in Guatemala.

In Addition:

- I. Nurses/Paramedics must submit a copy of current certification(s) with their application.
- II. Doctors *must submit* the following *with their applications:*
 - Copy of medical degree diploma (if framed, a picture will suffice)
 - CV or resume
 - <u>Valid license to practice</u> (If your license renewal happens later in the year, **please provide your current license** with your application so we may contact you at renewal time to get a copy of the new document.)

Signing your application electronically by typing your name in the signature areas implies that you are willing to submit this documentation as requested.