

Electronic Health Record (EHR)

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1. Patient Information

- **Name:** Arjun Patel
 - **Date of Birth:** March 12, 1999
 - **Gender:** Male
 - **Age:** 25
 - **Ethnicity:** Indian
 - **Marital Status:** Single
 - **Language Preference:** English
 - **Address:** 123 Maple Lane, Sunnyvale, CA, 94085
 - **Phone:** (408) 555-1234
 - **Email:** arjun.patel@gmail.com
 - **Emergency Contact:**
 - **Name:** Ramesh Patel (Father)
 - **Phone:** (408) 555-5678
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2. Primary Care Provider

- **Name:** Dr. Priya Sharma, MD

- **Specialty:** Internal Medicine
 - **Contact:** (408) 555-7890
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3. Health History

Allergies:

- None reported

Current Medications:

- Vitamin D supplement (1000 IU daily)

Chronic Conditions:

- Mild Asthma (diagnosed at age 10)

Past Medical History:

- Chickenpox (resolved, childhood)
- Appendectomy (age 14, no complications)

Family History:

- Father: Type 2 Diabetes (diagnosed at age 50)
 - Mother: Hypertension (diagnosed at age 45)
 - Paternal Grandfather: Coronary Artery Disease (deceased at age 65)
 - Maternal Grandmother: Breast Cancer (survivor, diagnosed at age 60)
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4. Lifestyle and Social History

- **Occupation:** Software Engineer
 - **Exercise Habits:** Regular gym (4 times a week, 1-hour sessions)
 - **Diet:** Balanced vegetarian diet with occasional dairy
 - **Tobacco Use:** None
 - **Alcohol Use:** Social drinking (1-2 times a month)
 - **Substance Use:** None
 - **Sleep Patterns:** 7-8 hours per night
 - **Stress Levels:** Moderate due to work
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5. Immunization Record

- Measles, Mumps, Rubella (MMR): Completed
 - Tetanus, Diphtheria, Pertussis (Tdap): Completed
 - Hepatitis B: Completed
 - Influenza: Annual (most recent: October 2024)
 - COVID-19: Primary series and two boosters (most recent: February 2024)
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6. Recent Vital Signs (*November 15, 2024*)

- **Height:** 5'9" (175 cm)
 - **Weight:** 155 lbs (70.3 kg)
 - **BMI:** 22.7 (Normal)
 - **Blood Pressure:** 118/76 mmHg
 - **Heart Rate:** 68 bpm
 - **Respiratory Rate:** 16 breaths/min
 - **Temperature:** 98.6°F
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7. Recent Visits and Notes

November 15, 2024 - Annual Wellness Exam:

- **Reason for Visit:** Routine check-up
- **Findings:**
 - Overall in good health
 - Mild wheezing during auscultation (related to asthma)
- **Treatment Plan:**
 - Inhaler as needed
 - Continue exercise and healthy diet
 - Return if asthma symptoms worsen

April 10, 2024 - Allergic Rhinitis Symptoms:

- **Reason for Visit:** Seasonal allergy symptoms (sneezing, nasal congestion, watery eyes)
 - **Treatment:**
 - Prescribed antihistamine (Loratadine, 10mg daily as needed)
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8. Laboratory Results (*November 2024*)

- **Complete Blood Count (CBC):** Normal
 - **Lipid Panel:**
 - Total Cholesterol: 180 mg/dL (Normal)
 - LDL: 100 mg/dL (Optimal)
 - HDL: 60 mg/dL (Good)
 - Triglycerides: 120 mg/dL (Normal)
 - **Vitamin D:** 25 ng/mL (Low - supplement recommended)
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9. Additional Notes

- **Vision:** No reported issues; annual eye exam recommended
 - **Dental Health:** Last cleaning: May 2024; no cavities reported
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10. Upcoming Appointments

- **Asthma Follow-Up:** March 2025
- **Annual Eye Exam:** February 2025