

## **Chapter 4. For Valiant Spiritual Travelers**

It is childish to seek a place in this world where death is inevitable and where no one can stay eternally. Hence, exuberance, ecstasy, and enjoyment are extraneous and irrelevant. Still, are we not supposed to seek happiness? Do we not get tempted towards affection, infatuation, love, or attraction? We must examine everything from the perspective that we temporarily live on a railway platform. This world resembles a temporary platform, and we must not forget that we stand with a platform ticket in our pocket. Every creature holds a ticket of 'death' as soon as they are born. Does one who is already holding that ticket in hand have any reason to still feel captivated by anything like love or affection on Earth? Here, various relationships with people last until the train arrives at the station. Hence, all valiant spiritual travelers should be sturdy in their thoughts. We should not leave any place in any corner of our mind to despair and be left in hopelessness. It was previously asserted that everything in this world is provisional, including love and affection. No spiritual traveler can attempt anything that should hinder the path of their spiritual journey. All the material things that we are chasing are temporary. All manifested things or creatures on the Earth are momentary. All spiritual travelers must remember that they have taken refuge on Earth very temporarily and should keep in mind this fact at every moment and in every step. Would anyone want to construct a permanent palace on someone's land by careful planning? Rather, they built a hut with a thatched roof as a temporary shelter. What is the use of asking for more, if we manage a temporary shelter that serves our basic needs? After some time, nothing remains. Those aware of this universal truth live accordingly. All our actions and activities should be aligned with this thought. Any type of derailment can cause an accident. The tracks of trains and buses were not identical. A train moves along its track using its own locomotion. Nothing can be considered a disaster larger than the derailment of a train. Our line is aligned to Nature's inevitable law that "death is inevitable." At every moment, while moving along Nature's track of death, we must sing praises of life and stand against wrong doings. We cannot forget death and intoxicate ourselves with momentary illusions to side step the ultimate consequences. Therefore, we should not consider anything on our own. Those attracted to the thought of ownership of material possession deviate from the idealism of being a vigilant worker. How beautiful is this phenomenological creation? Every spectrum consists of all colors with such a grand assemblage, and this ever-existing flow in the process of evolution, revolution, and transformation in the splendor of appearance is so mesmerizing! Can this be accomplished without a specific purpose? This creation is not purposeless. If we can understand the grand motivation behind this creation, we may comprehend the tangibility

and perceptibility of the design of this creation; it has remained untraced in the trial act of the search process. If this creation has a specific purpose, it must be considered. Each substance of every matter in the universe represents mathematics. How splendid it is! Each and everything in this universe from the very moment of its creation to destruction – everywhere, in every place, and in every material that follows mathematics—nothing can exist without the law of mathematics. Here, we must consider the need for creation. There must be a great motive behind this, as the continuity of creation has been persistently flowing. We need to learn the functioning of this creation, we need to feel the continual systematic progression of this universe, and we need to acknowledge that there remains something extraordinary in the successive phases of this universe and Nature is leading towards a path that is not subjected to any blind exuberance or words of imagination. Nature, through its authentic process and through changing material state of every matter, continuously and consistently indicates the possible future phases of every matter. Every day, the reddish glow of dawn seen several hours before sunrise, announces the arrival of the Sun. The core philosophy of creation is its divine prediction. As asserted earlier, this creation does not manifest without purpose. The splendid functional flow of the creation, its state of motion, and its accurate analysis is so beautifully and harmoniously arranged that no one can even find a minute mistake, even in a single sand particle. Amidst this recent visible universe and within the matters of creation, we need to search for divine prediction. We will be amazed if we learn about the minutest of the materials and the subtle existence of sub-microscopic substances amidst this creation. Even with a super-powerful microscope, through which minute particles of sand can be visible as large as a mountain, there are particles existing in nature that are extremely tiny; even minute particles are made up of sub-particles. If we only consider the subtle particles of this creation, they are billion times finer than sand particles. The existence of life is conspicuous even in these subtle states. Even in the liver, kidney, heart, muscle, digestive canal, and windpipe, every body part has been minutely and accurately arranged in creatures living in these subtle stages. Thinking deeply about the subtle flow of this creation, Who is the phenomenal architect of this universe, and Who is the Ultimate beauty of this creation? Why has this fineness become necessary? What is the purpose of these subtle particles being created? What is the grand motif of playing a chess-like game, in this persistent, continuous, and authentic flow of creation? Why do the sun, moon, stars, and every natural phenomenon enrich us with their gracious presence? Every matter of this Earth has been beautifully created with the elements of sky, breeze, water, light, and Earth, and everything has been attuned to that Supreme tune. Thus, these are divine predictions and revelations, and we should just give a deep thought to the fact that within every substance, from large to the largest, and even from

tiny to the tiniest, or fine to the finest, there is presence of the eternal power, beauty, and prodigiousness of this grand creation, which may not be visible to us; we may not be able to witness this at every moment of our life, but we can perceive the presence of its existence. If we analyze the deep melody of Nature, its twists and turns, and its continuous movements, do we not realize that it constantly indicates what will happen in the next phase? Every day, the dawn carries a message regarding the arrival of the Sun. We have all been created as a combination of matter from the Sun. All of our actions, thoughts, analogies, and movements should be directed from that perspective. Nothing can create obstacles along our path. We can proceed and be led through the eternal benevolent path of vastness through the transparent tuning of that Supremeness. Now, the question arises that our mind is generally scattered, such that they always move in various directions. How do we confine our mind? To answer this question, the flow of the mind is a great gift from nature. Our mind is a product of Nature. Thus, in accordance with Nature's laws, our mind can extend everywhere. The flow of water is naturally downward. Floods and water overflow can be restricted by properly channeling the flow. Without this channel, everything drifts away with the flood. By properly digging a canal, water could be flown in the proper direction without flooding. Therefore, flooding can be restricted. The flow of the mind, which we call scattered or restless, are understood as distractions caused by the lack of proper channelization of the mind. In general, the mind is restless and the mind gets easily distracted. However, if a created substance is always attracted to distractions, we must understand that it is in accordance with the creation. There would be no worries if we could discard the scattering of our thoughts and allow our minds to flow along a channel aligned with the flow of creation. When we realize that the mind vacillates from one thought to another, the idea of channelizing the mind arises spontaneously. By digging a canal or pond, excess water can be flown through the channel independently, thus preventing flooding. Therefore, a sense of caution naturally comes from within with the deflection of the mind. If we are aware of the mistakes that we might make in mathematics, we will not face any trouble in solving the problem correctly. Solving a problem becomes simple if we understand our mistakes. While doing something if we feel that it is not being done correctly to meet the right objective, we should treat it like a "caution" sign. Every roadway, every highway has an indication of caution, in front of schools, hospitals and all accident susceptible areas have that indication – "Be aware!" We have that indication too, so that it can always prevent us from accidents. This means that caution is a way to protect ourselves from impending danger. We must always walk along the path and recall words of caution. It is strongly advised that all spiritual travelers determine their spiritual path through rationalism and mathematics at every stage. We should not waste

our precious time, establishing relationships with our attraction. It was already emphasized that all of us had already received a 'death' ticket to leave this 'Earth' station. Then there should not arise a need for romantic affairs. What is the need for such lust? What will we gain from wasting precious time with this wantonness and impiety? The propensity for desire, love, and accomplishment is based on our lust. We should not waste time with this notion of lust. Hotels and restaurants are visited often to satisfy the taste of the tongue. It is noteworthy that we never lose our character in terms of satisfying our food hunger. Do we ever waste our time creating poetry, songs, or epics for our love for food, or behind our choice of restaurants? Why, then, do we always waste time merely attracting new romantic relationships? We should not expose ourselves to problematic acts or misdeeds just like the common mass. All sensory organs are to be treated equally. Our eyes, nose, ears, and skin are all parts of the sensory fabric. All our sensors are attached to the Ultimate tune. Every sensory organ has the same concept of skin and satisfaction level. Satisfaction is just another form of desire. We must be analytical. If we try to analyze the constituents of a substance scrupulously and intrinsically, we will find the original tune. We should not talk about anything irrational or waste our time for our irrational longing towards anyone like ordinary people. We should think deeply about what we will gain from doing so. What will we earn from this planet as our own? Will our love or affection persist even after removal of this skin? Our skin-deep attraction and repulsion are momentary and are enabled only by the skin layer. Irrational attraction covers our wisdom with a veil of ignorance and lack of knowledge. Thus, the actual layer behind this truth has not yet been determined. Even after knowing everything, understanding everything, we are unable to imbibe the actual truth from our heart. We do not have the right to hold a drop of water here on this planet as our own. Here every passenger is waiting with a ticket of 'death' in hand, to leave for their ultimate destination. Within this short lifespan, what can be gained by imposing unnecessary importance on any matter? In most cases, extra importance is given to amorous passion. This marks the beginning of all problems. Every male and female entity in the animal kingdom, as well as in forests, such as dogs, cats, tigers, bears, and birds, procreates their race in a simple transparent manner. They do not commit any evil acts under the veil of civilization like human beings. The human race has failed to maintain harmony in its sensual lust. Therefore, they are continuously subjected to downfall. As previously stated, all sensory feelings are equally important and satisfaction is desired. Where does a balance exist? Eyes draw their satisfaction from the mesmerizing beauty of hills and oceans and from the wonderful views of nature – it is one sort of satisfaction or contentment for the eyes. Melodious sweet tunes by a singing, chirping morning bird, give us satisfaction. Such satisfaction with hearing brings a sense of

contentment to the ears. Fragrance of the flower results in satisfaction of the olfactory nerve of the nose. Satisfaction with smell is considered as a sense of contentment for the nose. Touch of the sweet breeze brings satisfaction to the skin. This sense of serenity is related to skin satisfaction. We can satiate ourselves with delicious food, which is to our tongue's satisfaction. If we think deeply in this way, we can observe that every sensory organ and all senses are continuously engaged in the process of satisfaction through coupling. In this situation, how can we impose special importance on notions of sexual organs and salaciousness? Therefore, we did not maintain a balance in sensory satisfaction. All Gods and Goddesses, and great sages, esteemed that position from the judgment of sensual desire. In such grave situations, it is difficult for Gods and Goddesses to endure and remain in their states with such a notion. This is why many so-called spiritual leaders engage in immoral acts such as deception, falsehood, and other similar cover-ups to earn and maintain an honorable position in society. They will continue to perform all falsification and immoral acts, and will persist in the seat of divinity. Thus, it is evident that the act of discernment was just based on lust. In most cases, idealism is a vague term and it is meaningless. Is there an idealistic person balanced in their desires? He is idealistic by the day, reads holy scriptures of God, uses uttersideal words, and determines duties of followers. But amid the night, he is involved in which sort of nasty game? The principles and idealistic words of the morning go to toss. Practical demonstrations should always be pondered upon. In such situations, we should not be involved in exciting or imaginative acts. Follow that a tiger must remain quiet among a flock of sheep. We must verify everything through the touchstone of our inner reasoning. Every atomic and subatomic particle can be tuned to nature's rhythm. Therefore, it is necessary to work hard and deliver reliable results. A natural workflow must be followed. This creation is not purposeless. This vastness of creation, the visible universe, is an indicative forecast of the next chapter or phase of life. We should not think that the grandeur of the creation—the infinite endless mystery—is bound within the mundane cycle of birth-marriage-procreation and death. If something exists beyond death, what must be our way out? What should be the nature of our work now? If we are here, our father should be there. Furthermore, how would our father come if his father was not there? How beautiful are these creations? How refined His workmanship! Playing wonder every possible moment! Neem and date palm trees coexist within a few yards away on the ground, extracting sap from the same ground, but the juice of Date is very sweet while the juice of Neem is bitter. Growing in the same place on the same soil, how does their difference in receptivity occur? Isn't it a wonder? Who is the great craftsman within such fantastic creations? It must be judged by introspecting the Creator's creativity and craftsmanship. If we analyze it through

practical demonstrations within the matter of this creation and substantiate it, we cannot discard the claims. In this world, nothing happens without purpose. So, we can infer and say that there must be a definite purpose of handing a 'death' ticket with expiry date for every passenger on Earth. It may be for the purpose of further travel or search of further earnings, whatever it may be; but without purpose, nobody gets a ticket. Why does Nature give an expiry date to every living creature at the moment of birth? What is its definite purpose? The answer to this question still remains awaited. This visible world forecasts the next phase, and gradually, through these forecasts, the flow of the next phases needs to be understood. Through the various forms of this ever-transformable creation, Nature has revealed the gameplaying of the Formless. Why do so many moons, suns, planets, stars and the universe exist in this infinite empty space? With countless entities, why did so many magnificent fire globes lit up? This fire has been burning for billions of years. We named matter as atoms, protons, etc., by analyzing all these material properties. Whatever nomenclature we try to assign to these perceived entities to recognize them, we are just describing or have been able to define only some of these perceived entities. They are numerous in number, maybe ten thousand, twenty thousand, millions, billions, and can be of various categories, from fire to air. They all do exist at the same time. Where did these matters originate from? Through this search, we have identified and provided multiple names. The empty rooms of a house cannot be decorated on their own. Who has beautifully decorated this Earth and the visible universe with light, air, water, soil, mountains, and a combination of sun, moon, planets, and stars? Wherever we look, everything is exquisitely decked. Within these magnificent creations, there is common sense. Without that sense, it could not have been so beautifully arranged. We observe flowers and fruits in both plants and trees. What a delicate and subtle combination of instruments this living body is! We remain surprised to see, to think, to observe these fantastic arrangements. Wherever we look is like a play of wonders! Water from rivers and seas evaporates due to heat from the sun and accumulates in the sky. To cool down the heated earth, millions of water droplets shower in the form of rain. Based on this need, evaporation, cloud formation, rain, and storms occur from time to time. Who perpetrates all these? Why do these cyclic processes occur at all? How do all of these events occur? However, these questions remain unanswered. If all these happen, then certainly there is someone behind them. We have our father; if our father is there, there must be his father, his father, and so on. This hierarchy has continued over the past thousands of years to trace all ancestors. Who will identify the most ancient father? A spiritual traveler cannot retract from any of these matters. We must thus explore, understand, and analyze how to move on. What beauty is this creation ? When is the end of this creation? Amid endlessness, we need to

try to listen to the tune of the Ultimate. As we are hungry for knowledge and as we have that right sense, we must imbibe and move ahead as truth-seekers. Truth will reveal itself in the horizon of knowledge. Our inner sense guides us continually. This instinct is called conscience, and this sense is consciousness. Suppose we have done some mischievous deed hiding from everyone; then, we are perfectly aware of what is wrong or right. We cannot fool ourselves even if we hide it from everyone. We understand the right thing with our inner consciousness. Every moment, this conscience will make us aware that it is always alert. This consciousness will be right awake. Every matter is conscious, and consciousness flows and exists even in the finest particle. The whole universe, the empty place, is conscious. This emptiness, or nothingness, is conscious. We may say that we cannot see that "Sense." What is proof of this sense? Should we ask ourselves if we see a breeze? However, we feel the presence of a breeze. Although we cannot observe the breeze, we cannot deny its existence. However, we cannot overlook its pervasiveness. In every matter, consciousness continually responds in tune amidst individual sense. Each one is aware of consciousness. The entire universe – this emptiness, continues to sing endless songs. There is no start or end to this emptiness. No one can create nothingness. This nothingness is the original, and eternal, it is the sense, it is consciousness. Every sense originated from this nothingness or the 'Void'. This sense is always alive, what will come next, and what should be needed after that - everything is set flawlessly one after another. The child appears in the mother's womb. Lactation is prepared from the mother's breasts before childbirth. According to Nature's law, food is ready at the instant of the child's birth. It is a real wonder how the sense arranges it so beautifully! In nature, this sense is active in helping us overcome all possible difficulties. It is this sense that has drawn lines or creases in our palms so that we can easily form grip with our hands. Similar lines are there in our feet as well so that small creatures and insects are prevented from being crushed under them. In our body the bones and muscles are placed with such an impeccable setting that we can fold our arms and legs easily and turn our head in so many ways. Even the fingers in our hands and feet are set wonderfully beyond our imagination. Overall, it is indeed a marvelous craftsmanship indeed. A complex machine is at work inside every living being. Somewhere blood is being created, somewhere food is being manufactured, liver-heart-gallbladder, all the organs are doing their own duty in a synchronized manner. Peculiar movements are going on inside our body. Medical practitioners are getting flustered. They have not been able to identify and understand all the mysteries inside our body till today. The great mystery of creation is laid within it. There are tiny insects within creation which cannot be detected even by a powerful microscope. They also have a heart, lungs, stomach, and circulation system. They also have their genders, are

involved in reproduction, and produce offspring. They have cells, nerves, and everything. Here every norm of creation is maintained even in the tiniest form. However tiny a creature may be, all other creatures have the right to move freely to that tiniest state. We can climb up and down to all the steps a ladder has. In the chronology of earth's created matter there are extremely small elements to which the air seems to be a macroscopic element. The brick walls to them are like empty space. Imagine how tiny these are. All living beings are assemblies of other living beings. Each living being has been created in combination with all the constituents of all other living beings. We have the innate right to pass through the body of each of the living creatures. The entire material world of this universe is made up of five basic constituents (earth, water, fire, air, and ether) i.e., all matters created from these five elements of Nature, are nurtured by the same sun and moon light, and we can travel to that any stage without restriction. We may not be able to reach there bodily but our mind and thought can reach without resistance. We can fetch the Sun within us through meditation, which is an enormous capacity. As we are the seed of this universe, we can indulge in such profound thinking. Our body may not reach there, but some of the constituents of our mind and thoughts have reached. With the power of our thought and meditation, the impossible can be attained. The power of thinking originating from the brain is one of the most valuable creations through our body. The cosmos is eternal and infinite, and the speed of the cosmos resides within each one of us, as we remain the seed in the flow of creation. Hence, our capacity is infinite. The mind's power of thinking is the expression of the consciousness of the cosmos. This power of mind remains active in the awakened state as well as in the sleeping state. Through dreams, our mind and corresponding thought, this power enables us to travel around. We need to understand the theory and contents of coordinating our mind and will power. It will not be of any use if we meander here and there without knowing, without realizing all these powers. We need to go in the right direction. We should not misuse this profound gift from nature given in the form of our body. Never get into despair or become hopeless. We are holding the steering of right, wrong, and conscience. Death may appear at any moment; we must ponder on it. Assume that a trial verdict for a convict has been announced and he is sentenced to death by hanging after seven days. Will that accused person walk around dressed in dazzling attire? From the time of birth, we are all like the sentenced convict. We cannot forget that at any moment death can come near to snatch away our life. For the convict, they are declared to be hanged after several days and for our case it will come, say, after 80 years. After all it is the same thing. Whether it is in 2 days or after 80 years. We do not have any right to hold on to any material wealth. Will we ask anyone to purchase a mattress and bed set for us to comfortably sit on a platform? It is as ridiculous as it



sounds and, like all romantic affairs herein, expressed with the expressions like – “You are my love”, “You mean everything to me”, all these sorts of statements look ridiculous. Who is for whom here? There is no identity. No one is for anyone. If we go by fraction and simplification, the result will be either 0 or 1. We should not be enamored while encountering any idealistic person in our life. Such an idealistic person may not stare at anyone. He may be perfectly dressed up and well suited, to appear as an ideal person with perfect character. Did we ever cross check him in the darkness of night? There is no ideal act in him. Here most of the literature, including prose, poems and stories are based on amorous passions. We are such a stupid crowd that we destroy our potential life emanating from ourselves. The sensual pleasure of conjugal life is just one example of universal ecstasy. By using samples, the owner can get orders to increase the wealth of a factory. The sperm or ova of a living entity represents a brain cell of this universal cosmos, which has been gifted to us by Nature to preserve our strength and maintain balance so that we may live with tremendous joy amid unfathomable depth of the universal tune and vastness of the universe. We can either invest in one single universal cell or sample either to purchase a new dress for our partner on Earth, or we could bring more orders to increase our wealth? The terms “I am a poet, I am a writer, I am charmed to see you, I don’t know anything beyond you” – these are all fake statements; these are made for playful passion. Do we usually marry someone without knowing their sexual orientation? Knowingly do we ever love any handicapped? It can be understood from conjugal ecstasy that there lies a vast melody of ecstasy somewhere else. If this melody can be explored seriously and transcended into deeper tunes, one can be overwhelmed with joy. Nature has given us a token amount for conjugational flavor to get the taste of the real, vast expanse of joy. If we can attach ourselves with that eternal joy, if the power of the brain could be associated in everlasting union with these thousands of suns, then an endless stream of joy will play in our heart just like a waterfall emanates from a beautiful hill. We will be able to live in eternal ecstasy. Think of the great things that nature has given us through creation. The sense of fulfillment, the little and transient satisfaction obtained from the conjugal act, is just a sample gifted from the factory of the eternal universe. If such an act could be attached to the ocean of eternal joy and fulfillment present in a colossal form within the great depths of this vast creation, then we will gain that absolute satisfaction through the joy of unification with that eternal tune. Within a man there are billions of potential lives in the form of sperms. In the indulgence of conjugal act and releasing of semen, millions of potential lives get exhausted for which the individual involved is accountable. Do we have any logical explanation for the loss of lives for this act? Throughout life each one of us wasted millions of such prospective potential lives. If we would not have wasted so many potential lives, the

power of those billion lives could have strengthened our internal abilities. They would have together helped us in all our endeavors in a unified manner. We can see distant stars, the sun, and the moon with our two eyes. Suppose 50 trillion of potential humans having 100 trillion eyes, 100 trillion ears, 50 trillion noses and 50 trillion minds are residing within us, if we could concentrate our mind to use the power of vision of 50 trillion eyes, then with the help of that extremely powerful vision we could be able to look into distant stars with ease, even what other events are happening therein could be seen easily. We could see vividly what is inside the moon or inside the sun. There are 50 trillion lives inside us full of vitality tied to the same tune. If we can accumulate these 50 trillion minds together, it will give us enormous power. With that power we can feel that we can move freely anywhere in the universe, and we can realize that every entity of this universe is tuned to the same melody. The mystery of this grand creation and its great purpose will be revealed gradually to us then. We will feel that the solutions to the eternal queries, such as, “Why have we come, where will we go” – will gradually come into our realization. We are the voyager of this eternal melody! We have taken birth with the right of a valiant spiritual traveler. A strong gallant soldier should never turn back. Unnecessary gossips are therefore forbidden. Having wasted our time and strength by misleading all sensory instincts of our eyes, ears etc. now we have no right to gossip. There is no award for such bravery and erudition. Whatever has been wasted has already happened. There is no point in wasting more time discussing the same. However, there is still time if we want to make ourselves attuned again. Recover the lost strength and energy. From the boundless storehouse of nature – we need to fill ourselves with strength, make ourselves attuned and melodious, and build ourselves valorous. We need to use our human body like a freezer. All the ice melts into water when we switch off the freezer or the door of the freezer is open. Now when we switch on the freezer, the droplet of water starts accumulating again and finally transforms into ice on the cooling coils like a beehive. This happens even if there is no water in the freezer. Ice starts to accumulate on its own inside the freezer. We are the seed of this universe. We need to concentrate our mind, engross ourselves in the melody of the thousand suns in our mind. Slowly energy particles will be formed inside us with the responses of liveliness. Again, we will be filled with vital life energy, and we will become noble human beings. We will be able to achieve impossible things with our power, and gradually we will be able to germinate from seed and soon will bear stems, leaves, twigs, and branches that will bloom with flowers, filled with fruits to ultimately become a huge tree.

*Derived from Booklet “Bir Kormidr Proti Nirdesh” Translated by Madam Iti Saha Misra & Sreejeeta Banik*