The Genuine Seeker

Generally, people embark on spiritual journeys for two reasons. First, when a smooth and comfortable life is suddenly smothered by an unforeseen catastrophe, leaving us gasping for breath, we intuitively seek solace in spirituality. It is during our darkest moments, seeking light, that seeds of goodness germinate. Conversely, when we choose to be blind to the light, or when we prefer to walk in self-pity or blame others for our misfortune, goodness evades us. Second, when all our material and sensory needs have been fully satiated, we still find ourselves floundering in a sea of unhappiness and discontentment, and the moment of epiphany comes. This is a time when the tinsel of the outer world loses its sheen, leaving us disillusioned and perplexed. We spontaneously turn inward. A relentless quest for eternal joy commences, which is the portal for achieving goodness. People who resort to spirituality overwhelmingly belong to either of the above two classes, either in sheer trouble or bored with their material riches; thus, most spiritual traditions have been structured and fine-tuned to cater to either of these two categories of people. Men and women who approach spirituality are either troubled or tired. Spirituality is necessary only when a situation arises. When we closely scrutinize and sincerely examine, an altogether third category of spirituality which is so distinctively different from the above two, that is meant for those who are neither in trouble, nor are tired, but those who are seriously concerned about the basic questions of creation and existence and have the authentic courage to ask themselves 'Who am I? Why am I?' which should be the basic query for our fundamental existence. Spirituality is not a mere remedy for certain adverse circumstances that one may or may not encounter during one's journey of life; spiritualism is as essential and indispensable as air and water are for our physical survival. The reason for this lies in the fact that we often fail to examine and address the purpose of the creation and identify the reasons or accomplish the cause behind our overall existence. Within the broad caption of 'Spiritualism,' a logical and rationally tempered mind with a 'Depth and Finesse of Consciousness' instigates and initiates the ultimate search behind one's existence. Most people are spiritually unprepared and lack a rational temperament and psychological depth, which are imperative for understanding the purpose behind creation and existence. Anyone with a perfect combination of trained, tempered, and talented minds is drawn toward the deep reservoirs of love, wisdom, and truth residing inside the core of the Creator. People with a certain degree of pure heart can recognize the profound divinity in God and navigate on a pilgrimage drawn towards Him to get a glimpse of the

essentially pure, ever blissful, and eternally divine, or, to put in a nutshell, to get a glimpse of God Himself. We may be in trouble or tired and try to find solace in God, but to understand His thoughts, one needs to be a genuine seeker.