

Veil of Ego

Our ego and the resultant mental construction that takes shape from our ego are responsible for all the conflicts. The only reality is the eternal cosmos, which is the source of everything; everything else in the universe is derived from this. Therefore, they are only reflections. The eternal emptiness is the embodiment of God, who is the Supreme Self immanent in all sentient and non-sentient beings. It is our mental construction, which is the fallout of our narrow ego, that acts as a veil between us and absolute reality. The ego of the Absolute should only prevail over us. Our ego often makes us believe that we are the only ones singling out the worst crises. However, if we peer over our egocentric lives to the world around us, we learn that many are facing crises and struggles worse than ours, although when looked at from a comprehensive and logical platform, many of them deserve better treatment. Their ego prevents them from evaluating their true worth and does not allow them to humbly ponder why God regards them as more privileged than the remaining multitudes. Most of us are in complaining mode and are never ready to introspect how much we have contributed to creating our own crises. Ego is the basic cause of disharmony in our lives. Our ego has built walls in our consciousness that cut us off from a stream of universal consciousness. Almost all problems in life arise from the fact that an individual's private world and aspirations do not correspond with the realities of the outside world. Disappointments and suffering shatter the house of cards built by the ego. They are often necessary to awaken us from our dreams and make us realize the truth of absolute life. Evil is only regarded as a mode of experience. God, in whatever form we imagine, never creates pain or sorrow. These were created by the ego. Our ego makes the impermanent, illusory world around us look like a sort of eternally existing permanent arrangement, and therein gives rise to all our conflicts and troubles. A wise person converts every experience of joy or pain into a means of realizing God or Absolute Truth. He or she finds tongues in trees, books in running brooks, sermons in stones, and good in everything. Thus, when we move fearlessly ahead, illusory fear never leads us.