

Role of Subtle Body

The soul or the subtle body is an energy body that interpenetrates our physical body. Within this subtle body resides in dormant form the entire energy of Universal consciousness. Once awakened from the primordial resting place it begins the work of transforming and purifying both the subtle body and the physical body resulting in shifts in the consciousness levels of the seeker. The physical body is generated from the subtle body or the soul, as we describe it and thus it is critical to have a basic understanding of the subtle body to understand the meaning of life, the meaning of our birth, and ultimately the meaning of everything around us. Because the subtle body is not physical, it cannot be perceived by our ordinary senses, making it seem mysterious and wondrous. What is often described as one's "aura" is a "visible" manifestation of the subtle body, but only visible to those with the subtle sense to perceive it. Prevalent modern science, as a materialistic discipline, has not yet been able to explore the nonphysical nature of the subtle body and its energies. Science deals with the gross physical realm and can only detect physical correlates to thoughts and feelings such as brainwave patterns, respiratory rates, or electrodermal responses. A researcher using the most refined instruments attached to our skull may be able to give data about the neuromuscular activity occurring while we are immersed in an experience of recalling some other moments. During an ordinary waking state or state of awareness, our consciousness is almost entirely identified with the physical body. We are conditioned to think of ourselves as man or woman, fat or thin, son or daughter and so on. In fact, we are so conditioned to think this way that we do not even think of it as conditioned. But from the vantage point of our consciousness freed from such conditioning. Consciousness becomes conditioned to identify with the mind, body, and the roles we play. Sadly, for most people, this comprises all of what they will give their attention to for their entire lives. But there's infinitely more to who we are and what we have available to experience and learn from. The subtle body or the soul is another realm entirely. We experience the subtle body almost exclusively when we are in a dream state of consciousness and in some meditative states. In the dream state, we leave the physical realm. The laws of Physics no longer apply, gone are the constraints of ordinary time and space. We experience consciousness relatively free of the fetters of the physical body, but consciousness is still bound in certain ways. We are still identified with a limited sense of self, thoughts, feelings, and reflections of our physical body identity. In our dreams, at the same time, we can move through time and

space in ways the physical body never can. In our dreams, we fly, and move back to the past, ahead to the future, or to some alternate present. Exploring in this way one day we will realize what we are for, and what is the true cause of creation. The Creator forms sustenance from the growth of creations. If this symbiosis stops someday, it will lead to panic among many, as the apparent universal rules will also collapse in that case. Spiritual upliftment after leaving their spiritual bodies is now possible under the new law. The only aspect in which the two bodies differ is in their relative masses and concreteness of their will forces. The physical body is just a mere extension of the subtle or the nonphysical body. Higher spiritual status achievement is possible without a spiritual body. The two bodies differ in their relative masses and the concreteness of their will forces. Those who come for higher spiritual achievements must take birth in the physical body as the law prevents them from doing so in their subtle body. This law was in place from the very dawn of Creation and no one ever, not even the greatest spiritual guide has ever questioned the rationale behind this law. Logically, a highly elevated soul should take birth to liberate other souls in pain and distress trapped in the endless cycle of birth and death, but there is no logic behind the prevalent law that for spiritual elevation taking a physical body is a must.

Derived from HIS Divine Email to Sister Christina of Dusseldorf Shared on January 18, 2016 The soul or the subtle body is an energy body that inter-penetrates our physical body. Within this subtle body resides in dormant form, the entire energy of universal consciousness. Once awakened from the primordial resting place, it begins to transform and purify both the subtle body and physical body, resulting in shifts in the consciousness levels of the seeker. The physical body is generated from the subtle body or the soul, as we describe it and thus it is critical to have a basic understanding of the subtle body to understand the meaning of life, the meaning of our birth, and ultimately the meaning of everything around us. Because the subtle body is not physical, it cannot be perceived by ordinary senses, making it seem mysterious and wondrous. What is often described as one's "aura" is a "visible" manifestation of the subtle body, but only visible to those with the subtle sense to perceive it. Modern science, as a materialistic discipline, has not yet been able to explore the nonphysical nature of the subtle body and its energies. Science deals with the gross physical realm and can only detect physical correlates of thoughts and feelings, such as brainwave patterns, respiratory rates, or electrodermal responses. A researcher using the most refined instruments attached to our skull may be able to provide data about neuromuscular activity occurring while we

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