

## Seven Centres

The intake through our organs when purified, our heart becomes pure, and when the heart becomes pure, there is constant recollected-ness of the Absolute Reality, and thus, all the bondages of ignorance are lost, and the Truth becomes revealed as a priceless gem. This is when a true spiritual seeker experiences the ultimate intoxication of love for God. According to the great Tantra Mystics, there are seven major centers of consciousness in the body. There are three lower centers, situated near the anus (Muladhara Chakra), the generative organs (Swadhishtana Chakra), and the navel center (Manipura Chakra). These include the seats of lust, greed, power, worldly names, and fame. The ordinary man's mind travels mostly within these three lower centers. When spiritual awakening comes, the mind learns to ascend and starts dwelling in the bosom center (Anahata Chakra), near the heart, within the shrine of the heart. True love for God grows gradually. The nature of love is divine. All our expressions and all our attractions are attractions of the divine, but we are ignorant about it, and hence our love is misplaced, and we inevitably experience pain and suffering as ordinary humans. It is only after a person's consciousness steadily starts dwelling in the bosom center (Anahata Chakra) that he or she starts experiencing what true love is, and ultimately, he or she learns to love God wholeheartedly, followed by blissfulness. The highest level of spiritual seeker is extremely rare; therefore, finding the highest spiritual seeker is also very difficult. With every passing moment, their faculty of intense love for God increases and accumulates, without any opening or outlet to move upward. They become desperate, and the intensity of their deepest craving to meet God will always remain inconceivable from the viewpoint of ordinary human perception. The immensely hopeless love for God experienced by the devotee at Anahata Chakra becomes extraordinarily unbearable, which ordinary humans can never imagine. Let alone describe in words that only someone experiencing an identical deluge of love can feel the intensity of the same. At this juncture, God lifts the devotee to the center of consciousness at the forehead (Agya Chakra), situated between the eyebrows. This is when the devotee experiences an absolute trance state from where a higher consciousness takes the devotee to the highest point of consciousness or the crown center (Sahasrara Chakra), and the devotee is then absorbed in the highest attainable trance state by a human. The Absolute, the mighty dynamo of spiritual power, the extraordinary spiritual intellectual with unprecedented spiritual visions, ideas, and thoughts continues to shape

our lives in the model of robust rational philosophical foundations. The pure love of God is a personified illuminated love that never degenerates into attachment, a supreme dignity glorified by a majestic confidence but untainted by the least trace of pride, a sublime wisdom that sheds light but not scorching heat, a spontaneous synthesis of truth and love, and strength and grace.