## **Chapter 6. Origin of Sustained Motion**

We ought to stand for the distressed people and the betterment of our race and society. Vedic philosophy preaches the concept of reformation of society and race. Vedic scriptures preach an unequivocal notion of positivity. If we follow the ideologies of other scriptures, consisting of the ideas of evil deeds like animal sacrifices, then they are enemies of our nation and citizens. We should destroy all such unholy, demonic convictions. They are becoming impediments to the advancement of society; they are not the associates of the community; whoever they are, our scriptures have been strongly instructed to demolish them. While trying to convey something spiritual to the masses, the concept of politics comes along with that discussion. Spiritualism cannot be approached without the concept of politics. If they were different from each other, then the chronicles would have portrayed images of Gods and Goddesses without weapons. As we need flowers, holy water, and other things to worship God, similarly, to protect our family, we need to create an environment to nurture positive thinking. It cannot be asserted that the human race is atrocious or brutal and that human temperament has reached this stage under the viciousness of deprivation and self-centeredness. Where my father used to work, he used to get milk at 2/3 paisa per litre. In a nation where every moment we can witness the gracious presence of the sun and moon, where seeds germinate naturally so sprightly, it is impossible to experience such deprivation or scarcity if the masses do not concoct it. By the law of this very Nature, the Creator can create and destroy life, too. Today, our poor destitute brothers and sisters are staring at us helplessly as we garb in good outfits, when they remain exposed and unprotected from the harshness of nature. Some poor people eat waste foods, and directly in front of them, we are consuming scrumptious foods, and we bear to see all of them. This is the situation in our nation, but no one has ever thought of bringing about a revolution. Have we ever thought of this? These deserted people never think of attacking property or habitation. Nobody is inclined to commit an unjust act, yet they are conditioned by the crookedness of their circumstances. In God's domain, vigilance from our bosom always alerts us. No one has ever witnessed God, but creatures can perceive God's responses at every moment. Why do creatures fail to acknowledge this point? The mild thudding sound of our heart is linked with the same rhythm of implanted celestial tuning as if someone is harkening to the internal, finetuned consciousness of the heart. Although we are all

repentant, how much we use to mitigate the expression of the act does not matter. If there was an X-ray machine to exhibit all our actions, then nobody could ever confront each other, and nobody would ever trust each other. Thankfully! They are not acquainted with this skill. There are many people in search of God, thinking of where God dwells. He dwells through the internal fine-tuning of our heart. Only those people can get to know the real enigmatic existence of God who can successfully attune their mind with the eternal tune of this universe.

We always remain desolate and dejected, as we all fail to tune ourselves to the celestial melody. Only that person can become a true devotee who victoriously maintains the utmost purity and clarity of the transpicuous motion that comes from our internal consciousness. However, all these fake opportunistic preachers of our society are creating commotion; they are destroying the society, creating discrimination in social norms only to serve their acquisitive purpose. Hence, we need to understand how to proceed along the path of life. First, we must accept that we are all travelers, wayfarers, and the purpose of our birth is to tune ourselves with that celestial strain. We need to keep a distance from those who always render negativity and despondency and who always talk about dejection and hopelessness. Everyone assumes that they will never witness God for the transgression and guilt of their mind. Those who are lamenting that they are not witnessing God- if they are introspective and sensitive to this, then they can realize that their understanding of this truth is contained in that conscious perception. Their instrument is perfectly tuned, and their sensitivity is awake and attentive. Our inability is not that concerning, but comprehension of our ineffectiveness is important. A person who can comprehend his inefficacy in tuning his gifted instrument will automatically edify how to do it. If we fail to solve any problem in mathematics, it means we are aware of the problem; that is why we are capable of stating that, then we will certainly solve the problem either with our intellect and observation or by utilizing others' intelligence. Hence, to develop our ability, the concept of chanting the Holy name has been introduced. The Holy name is the ultimate supreme sound and absolute unparalleled sound. Every phenomenon was created from the predominant greatest sound; rain and lightning derived their form from that sound, and all entities perceived their form from that divine melody. Accordingly, if we always harmonize ourselves with that celestial tune, it will vibrate inside us. This vibration creates a thudding sound in us. Earthquakes and floods, which are natural occurrences, also create a sudden thrust, which is a type of sound. Only an absolute

sound can capture the phenomena that draw their sustenance from that supreme sound. Everything in this universe exists based on the foundation of sound. This implies that sound is the ultimate source of any motion. The locomotion of a car also results from an initial sound, which is why we can hear the car's screeching noise. The predominant absolute tune comprises everything in this entire universe. Why does this tune reside in everything? There is no difference between a sound and the universe. The universe is another form of sound that is similar to that of water and ice crystals. Ice consolidates from the ocean, and it is this ice that also floats on the surface of the ocean. Similarly, accumulating its form from sound, our universe is also levitated in the ocean of sound. Our existence also floats in waves of sound, such as ice crystals. Sound is not just a phonic existence; it exists in every action and gesture, and even the movements of our fingers are composed of that vibration and are part of that sound. Phonetic language and sounds are similar. However, what is the language of newborns? The incomprehensible sound of a baby consists of profound tunes. Likewise, throwing gestures of hands and legs by a newborn are also involved in that sound. When something hurts the infant, it makes weeping sounds; at that vulnerable stage, children can only express their emotions with one universal language, and they do not reciprocate words in their mother tongue. When each and everything is so minutely and carefully arranged in this universe, why is there the necessity for us to always search for God in scriptures? At the same time, it is noteworthy that we never needed to explore our thirst for water. A tiger can drink water from one side, a deer can drink water from the other side, while humans can satisfy their thirst from the other side. Our thirst for water is a spontaneous action that nobody informs us about. Why are we not longing to witness God, who has created this phenomenal universe?

A man in his yearning for God asks another man whether he will ever be able to witness God. Do we ask anyone whether they feel thirsty? Our living God has become easily accessible to us so we do not value the object that we can easily hold off, which is why we do not evaluate the real worth of Him. When people with an unhinged mind always search for an ultimate profound meditative state in their lives, they do not understand that the Creator has already provided us with that supreme meditative state. Sleep is a god-gifted, meditative condition. If a person sleeps with unfurled eyes, he cannot observe anything other than his profound snoring sound. If that person had been asked to snore consciously, he would have started bleeding after 5 minutes.

However, he could snore unconsciously for several hours without being affected by it. The reason behind the action of snoring is that, in our sleep, certain inhibitions become unanchored. The internal invisible serpent situated within us becomes conscious and seeks provision; hence, we snore while asleep. We run only after unscrupulous objects, leaving behind valuable ones. It is alarming that we destroy our spontaneous, meditative state during sleep. One starts to dream when meditation occurs during sleep. Dreams can be baseless, but through this process of dreaming, one can achieve all those things effortlessly, which is otherwise difficult to accomplish. If one thinks that he will be flying in his dream, then he can certainly perform that action in his dream because the tune in his bosom center becomes unbound during that moment. A person is walking on the water surface- but if we are asked to perform the same then our reply will be 'No.' Our mind has the potential to reach such a state in our dreams that we can conduct anything as per our wishes. The turbid water is filtered through blotting paper to obtain a transparent texture; likewise, the impurity of our mind is purified in that profound meditative state of sleep, so every possible action becomes possible in the dream state. To penetrate this state, we must engage ourselves with the state of meditation with complete perseverance and devotion. We cannot fly while we are awake, but we can easily fly in our dreams. We can be successful when we bring that state of mind to our dreams while remaining in an awakened state. The great yogis engage themselves in that profound meditation just to maintain the pure state of mind of their dreams in their awakened state. Even now, some great yogis are still absorbed in deep meditation in the sacred zones of the Himalayas. Think how mesmerizing it is that the supreme Creator has gifted us with such a magnificent meditative state of mind that we do not need to invest any effort; we instinctively fall asleep. We can certainly reach the ocean by curving and following the path of the water hole near our home. We do not need to pursue any other course of action if we utilize this gifted form of natural meditation. We should remember that souls can never procure this state of meditation. As we are all still acquiring our body shell, we can easily achieve that state of mind, and it is in our hands. Hence, we should not leave our dreams in an ineffective state. Willingly or unwillingly, always chanting the Holy name to remain immersed in that absolute supreme tune is the only solution. What is the significance of this tuning process? This tune is the greatest of all sounds. Everything emerges from this sound. We need to chant the Holy name relentlessly to attune the tune of our body harp to the same rhythm as the supreme sound. Our organic glands flourish through regular tuning to that celestial melody if we engage ourselves in the chanting process. If we continue to chant the Holy name persistently, then every particle of our entity gets saturated in that universal tuning. Then, we will not feel an attraction towards any other external objects around us. Nature will herself arrange our promotion— She will protect us and veil us to lead us towards that ultimate destination. All we need to do is maneuver the pendulum continuously. Then, amazingly everything will be transpiring in front of our eyes. We cannot comprehend this concept at this moment, but once we become aware of its existence within us, we will be mesmerized. Today, we are frantically searching for that ultimate destination, just like a deer frantically searches for musks, but it does not realize that the musk is contained in its own body. Similarly, we are searching for that fragrance, too, on our extrinsic surface, whereas an incredible sense is already embedded within us.

- "Chanting the Holy name (Ram Narayan Ram) persistently, every particle of our entity will be saturated in that universal tuning."



