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FOR IMMEDIATE RELEASE

Long Covid Moonshot to Commemorate, Advocate for Long Covid Awareness Day on March 15

[Washington DC, March 11 2024] – Long Covid Moonshot (<https://longcovidmoonshot.com/>), a grassroots group of patients organizing around the urgent need for Long Covid research funding, joins the greater patient community in solemn commemoration of the second annual Long Covid Awareness Day on March 15, 2024. While the condition now known as Long Covid has existed for more than four years, this is the second calendar year in which the day has been observed by patients.

Long Covid is an infection-associated chronic condition wherein individuals experience persistent, increasing, and/or novel symptoms following a Covid-19 infection. These symptoms can range from fatigue, brain fog, and shortness of breath to more severe complications affecting various organs, even leading to death. Despite the increasing public recognition of Long Covid as a bipartisan and indeed pan-global issue, there remains a pressing need for greater awareness, research, and support for those affected, as well as education and mitigation for those not yet affected.

The week of March 11-15, in support of Long Covid Awareness Day celebrations, Long Covid Moonshot invites journalists and members of the press to raise awareness and increase understanding of this debilitating condition. Journalists will have the opportunity to ask questions, engage with lived-experience patient advocates, and be matched with vetted candidates for interviews to gain firsthand insights into the challenges faced by those living with Long Covid.

"The existential urgency of Long Covid as both an American and global problem cannot be overstated," said Claudia Sherman, a founding member of Long Covid

Moonshot. "Millions continue to struggle with life-altering symptoms that significantly impede daily existence and threaten our futures. Worse, Long Covid is often an invisible disease, with patients who are homebound and even bedbound, meaning that we disappear from public view. Long Covid Moonshot is so proud to connect real patients with the media to share the type of true stories that so often go unheard. Through visibility-raising events like Long Covid Awareness Day, we can partner with the press to advocate for greater support, research, and understanding."



Journalists interested in arranging interviews with Long Covid patient advocates through Long Covid Moonshot are warmly welcomed to contact Lindsay Humphreys at contact@longcovidmoonshot.com or (202) 854-8745.

Long Covid Moonshot Joins Call to Formally Recognize Long Covid Awareness Day on March 15

In addition, Long Covid Moonshot joins other patient groups, including C-19 Longhauler Advocacy Project (<https://www.longhauler-advocacy.org/>), in calling on Congress to formally recognize March 15 as Long Covid Awareness Day, designating it as an official day of observation and mourning for those affected by – and those already lost to – this debilitating condition.

Long Covid Awareness Day serves as a crucial opportunity to highlight the ongoing challenges faced by millions of individuals around the world who continue to suffer from ongoing and new-onset symptoms long after their initial infection with Sars-COV-2. By officially recognizing Long Covid Awareness Day, Congress can demonstrate its commitment to those living with Long Covid and acknowledging the significant impact of this condition on individuals, families, and communities.

"Formally recognizing Long Covid Awareness Day as an officially-observed day of mourning is a critical step in raising awareness and advocating for greater support for those affected by this devastating condition," said Sita Zarcufsky, spokesperson for Long Covid Moonshot. "By honoring the experiences of individuals living with Long Covid and commemorating those who have lost their lives, Congress can send a powerful message of solidarity and support to the Long Covid community – and offer hope where it has so long been missing."

About Long Covid Moonshot:

Long Covid Moonshot is a group of patients organizing around the urgent need for Long Covid research funding and other issues important to the community. Our mission is to enable the community to harness its collective voice for advocacy, and to work with partners across the Long Covid and chronic illness communities to advocate for change at the federal level.

For media inquiries, please contact:

Lindsay Humphreys

contact@longcovidmoonshot.com

(202) 854-8745

