HELP COMMITTEE JANUARY 2024

PRE-HEARING

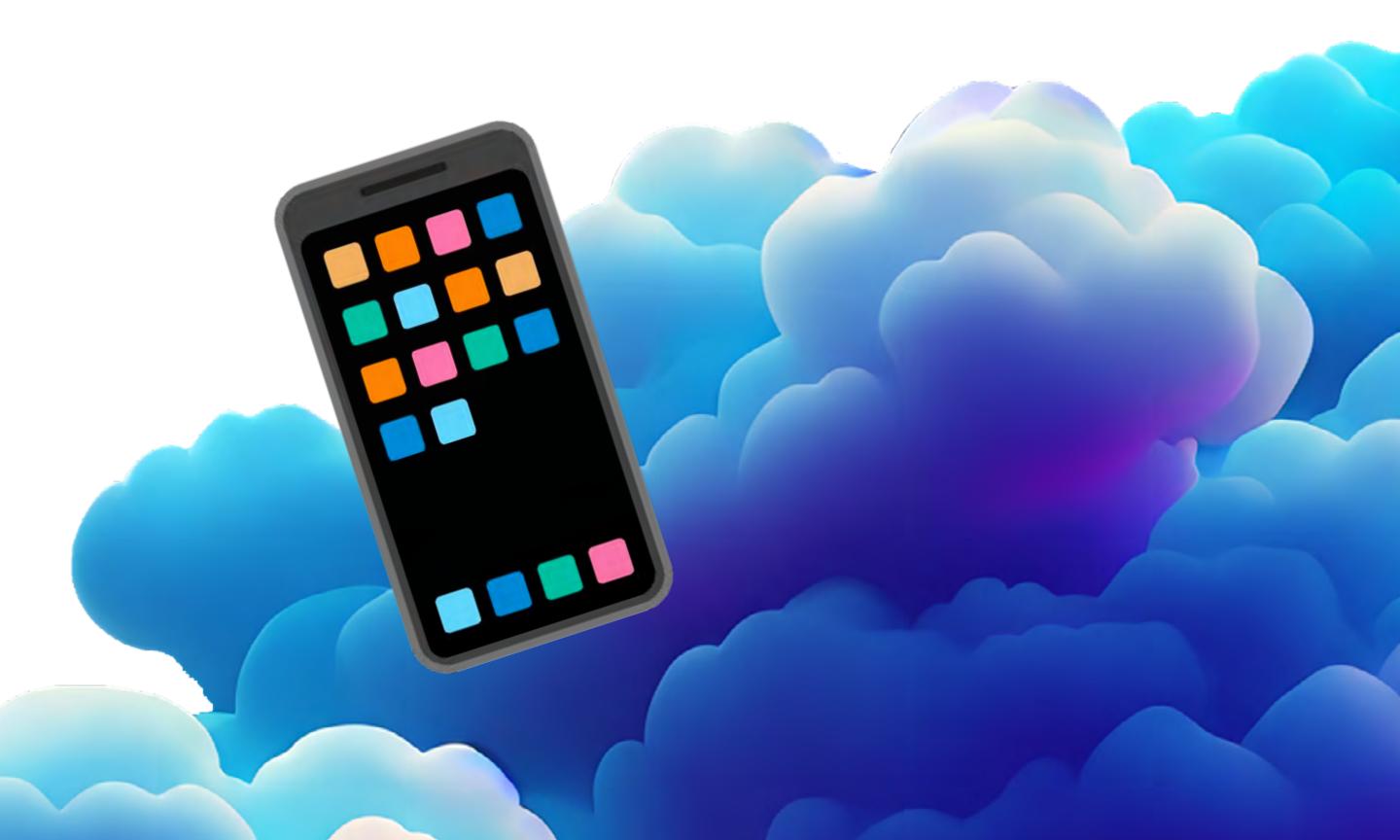
## CALLGUIDE



## LET THEM HEAR US!

On Thursday, January 18 at 10AM EST, the Senate Health, Education, Labor & Pensions Committee is holding a hearing called "Addressing Long COVID: Advancing Research and Improving Patient Care."

UNTIL JANUARY 18, LET'S CALL UPON MEMBERS OF THE HELP COMMITTEE TO ATTEND THE HEARING, PARTICIPATE, AND LEARN ABOUT THE URGENT ISSUES AROUND LONG COVID.



### WHEN SHOULD I CALL?

The hearing is Thursday, January 18, 2024.

# FEEL FREE TO CALL ANY TIME BEFORE JANUARY 18!

### WHO SHOULD I CALL?

If you're the constituent of a committee member, make them a priority.

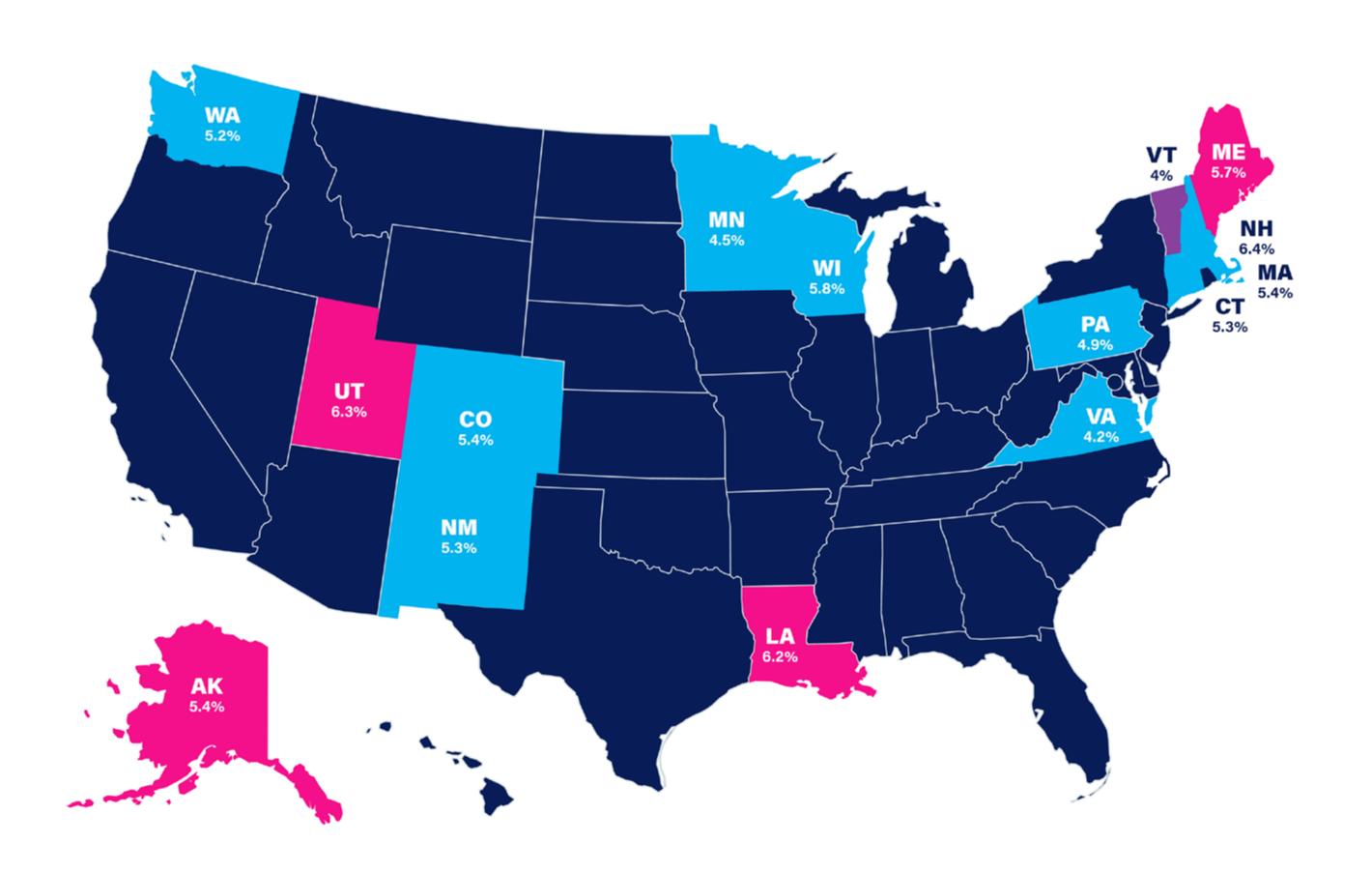
Other than that, feel free to contact as many as you have spoons for! As members of the *HELP* Committee, the work they do affects every American with Long Covid.

Telephone numbers on the next page!

## WHO TO CALL

#### SENATORS ON THE HELP COMMITTEE

Percentage of adults who currently have Long Covid shown.



PARTY	STATE	SENATOR	TELEPHONE
D	CT	Christopher Murphy	(202) 224-4041
D	WA	Patty Murray	(202) 224-2621
D	PA	Robert Casey, Jr	(202) 224-6324
D	WI	Tammy Baldwin	(202) 224-5653
D	MA	Edward Markey	(202) 224-2742
D	NH	Margaret Wood Hassan	(202) 224-3324
D	NM	Ben Ray Luján	(202) 224-6621
D	CO	John Hickenlooper	(202) 224-5941
R	LA	Bill Cassidy	(202) 224-5824
R	ME	Susan Collins	(202) 224-2523
R	AK	Lisa Murkowski	(202) 224-6665
R	UT	Mitt Romney	(202) 224-5251
1	VT	Bernard Sanders	(202) 224-5141
D	VA	Tim Kaine	(202) 224-4024
D	MN	Tina Smith	(202) 224-5641

# WHAT CAN I SAY WHEN I CALL?

My name is \_\_\_\_\_ and I am a resident of [state].

Like millions of Americans, I have Long COVID. NIH funding for Long Covid research is running out. There is no cure and zero FDA-approved treatments. According to the most recent Household Pulse survey, 1 in 20 adults in the United States currently have Long Covid, which significantly impacts people's ability to work, raise families, and participate in their communities.

#### This is an urgent public health crisis.

On Thursday, January 18 at 10AM, the H.E.L.P. Committee is holding a hearing on Long COVID called "Addressing Long COVID: Advancing Research and Improving Patient Care." As a member of the committee, will Senator [name] commit to attending the hearing to learn more about how Congress can help people like me?

# IF YOU CAN, ADD A PERSONAL STORY...

I have had Long Covid for [X] years and [X] months, and it has completely upended my life.

I can no longer X [activity], which means that X [outcome].

**EXAMPLE:** I can no longer work, and I have lost my home.

**EXAMPLE:** I can no longer drive my children to activities, which has impacted their quality of life and our family bond.

Many of us are too weak to leave our beds or homes, and can't work to support our families.



## ALLIES APPRECIATED! WHAT CAN I SAY IF I'M AN ALLY?

	_				
N/N	name is	and	I am a resident	of letatel	
1 V I Y		and		Oi [State]	

Like millions of other Americans, I have a [friend / loved one / family member] with Long Covid.

NIH funding for Long Covid research is running out. There is no cure and zero FDA-approved treatments. According to the most recent Household Pulse survey, 1 in 20 adults in the United States currently have Long Covid, which significantly impacts people's ability to work, raise families, and participate in their communities.

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Committee is holding a hearing on Long COVID
called "Addressing Long COVID: Advancing
Research and Improving Patient Care." As a member
of the committee, will Senator [name] commit to
attending the hearing to learn more about how
Congress can help people like my friend/loved one?

## EMAIL GUIDE

#### CAN I SEND AN EMAIL?

For this action, you can only email Senators on the HELP Committee if you have a home ZIP code in their state.

Please check the map, and if you are one of their constituents, you can visit democracy.io to access their email submission forms.

Text is provided on the next page that you can copy, customize, and send.



## WHAT TO EMAIL

#### COPY & CUSTOMIZE THIS TEXT

My name is [NAME] and I am a resident of [STATE].

Like millions of Americans, I have Long COVID. NIH funding for Long Covid research is running out. There is no cure and zero FDA-approved treatments. According to the most recent Household Pulse survey, 1 in 20 adults in the United States currently have Long Covid, which significantly impacts people's ability to work, raise families, and participate in their communities.

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IF YOU CAN, ADD A BRIEF PERSONAL STORY - FOR EXAM-PLE:

I have had Long Covid for [X] years and [X] months, and it has completely upended my life.

I can no longer [ACTIVITY], which means that [OUTCOME].

Many of us are too weak to leave our beds or homes and can't work to support our families.





\* LONGCOVIDMOONSHOT.COM