

## Nikon Z6 Red-Carpet Cheat Sheet (One Page)

### BASE SETTINGS

- M mode • 1/200 sec • f/4 • ISO 800–1600
- WB: Flash • AF-C • Eye Detect ON
- Focal Length: 35–50mm ideal
- Stabilization ON

### FLASH

- TTL-BL or TTL
- –0.3 EV flash compensation
- Indoors: Bounce 45° + diffuser
- Outdoors: Direct, diffuser, angle up 5–10°

### SUBJECT SEPARATION

- Stand subject 12–24 inches from backdrop
- Background ~1 stop darker than subject
- Use f/4 for subtle background blur

### POSING & ANGLES

- Angle body 30°
- Weight on back leg
- Camera slightly above eye level
- Vertical for singles/couples; horizontal backup for couples

### FAST WORKFLOW

1. “Stand right here—perfect.”
2. “Turn slightly. Great.”
3. Take 2–3 shots quickly.
4. Adjust distance, not settings.

### NAMES (Manual Workflow)

- Quick photo of name card before/after guest OR
- Verbal note in phone recorder (timestamped)