

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	CORN-FLAKES	CORN-FLAKES	CORN-FLAKES	CORN-FLAKES	CORN-FLAKES	CORN-FLAKES	CORN-FLAKES
	CHOCOLATE-POWDER	CHOCOLATE-POWDER	CHOCOLATE-POWDER	CHOCOLATE-POWDER	CHOCOLATE-POWDER	CHOCOLATE-POWDER	CHOCOLATE-POWDER
	HOT-MILK	HOT-MILK	HOT-MILK	HOT-MILK	HOT-MILK	HOT-MILK	HOT-MILK
	COLD-MILK	COLD-MILK	COLD-MILK	COLD-MILK	COLD-MILK	COLD-MILK	COLD-MILK
	BREAD-BUTTER	BREAD-BUTTER	BREAD-BUTTER	BREAD-BUTTER	BREAD-BUTTER	BREAD-BUTTER	BREAD-BUTTER
	SPROUTED-JAM	FRUIT	SPROUTED-ITEM	FRUIT	SPROUTED-ITEM	FRUIT	SPROUTED-ITEM
	ALOO-POHA/VERMICELLI	IDLI-SAMBHAR	PURI-SABJI/DAL-PAKwan	THEPLA/UTHAPAM	DHOKLA/CHILLA	MEDUVADA-SAMBHAR	ALOO-PARATHA
LUNCH	EGG-CURRY	ALOO-PAPDI/METHI	EGG-CURRY	SOYA-CHILLI	CHICKEN-CURRY	CHANA-MASALA	VEG-KOFTA
	MATAR-PANEER-SHAHI		CHOLE-MASALA	WHITE-PEAS	PANEER-HANDI/PANEER-TIKKA	MASALA-BHINDI	SOYA-KEEMA
	DAL-FRY		DAL-FRY	CHANA-TUVAR-DAL	DAL-FRY	DAL	DAL
	RICE		RICE	RICE	VEG-RICE	RICE	RICE
	ROTI		ROTI	ROTI	ROTI	ROTI	ROTI
	CURD		CURD	CURD	CURD	CURD	CURD
	SALAD		SALAD	SALAD	SALAD	SALAD	SALAD
	SALAD		PICKLE	PICKLE	PICKLE	PICKLE	PICKLE
	PICKLE				SWEET		
HI TEA	BHEL/SABUDANA-TIKKI	DRAGON-POTATO/DAL-KACHORI	ALOO-PUFF/DAL-VADA	PASTA/MAGGIE	DABELI/VADA-PAV	SAMOSA	SEV-ROLL/PANI-PURI
	TEA/COFFEE	TEA/COFFEE	CHEVDA/COFFEE	TEA/COFFEE	TEA/COFFEE	TEA/COFFEE	TEA/COFFEE
						BREAD	
DINNER	CHANA-MASALA	DUM-Aloo	MALAI-KOFTA/METHI-MALAI	SEV-BHAJI	MIX-KATHOL/RAJMA	MIX-VEG	CHOLE-BHATURE/CHOLE-KULCHE
	DAL		RICE	RICE	DAL-MAKHNI	DAL-MAKHANI	
	RICE		DAL-FRY	KHICHDI	RICE	RICE	
	ROTI		RICE	DAL	ROTI	ROTI	
	SALAD		ROTI	ROTI	SALAD	CURD	
	PICKLE		SALAD	SALAD	PAPAD	SALAD	
	BUTTER		PAPAD	CURD	BUTTERMILK	PICKLE	
	MILK		BUTTERMILK	PAPAD			
	SWEET						