



SPA SSĀKWA'Q'N

Spa Ssakwa'q'n provides a relaxing,
comfortable and unique spa experience.

Celebrate the seasons in our expansive
and soothing space of stone, cedar and
natural light. Sitkwe, *water*, provides Ssakwa'q'n

(SOCK-wah-kin) with its root mean-
ing. Ssakwa'q'n conjures images of the
many alpine lakes throughout our
region, refreshing waters that invite
sanctuary for personal contemplation.

A place to connect with nature,
Spa Ssakwa'q'n features natural and
organic products and carefully
crafted custom treatments to create
a memorable spa experience.

In any season, Ssakwa'q'n therapies
rejuvenate the spirit, extinguish stress,
calm the mind or just loosen the
golfer's shoulders. Come settle within
the Palouse, relax and share the
soothing power of Ssakwa'q'n.



Massages

Ssākwa'q'n Massage

\$85/60 MINUTES \$135/90 MINUTES

This choreographed aromatherapy massage begins with the custom essential oil selected to complement your intended spa journey. The massage therapist carefully applies pressure to promote deep relaxation and enhance a sense of well-being. This treatment relieves stress and tension throughout the entire body.

Palouse Prairie Massage

\$85/60 MINUTES \$135/90 MINUTES

This traditional full-body massage technique is designed to promote relaxation, improve circulation and relieve tension to generate an elevated sense of well-being. Our professional therapist will incorporate a variety of techniques to address specific needs.

Crystal Lake Stone Massage

\$95/60 MINUTES \$145/90 MINUTES

Smooth basalt stones warmed in water are placed on the body as extensions of the therapist's hands. This warmth combined with the application of essential oils creates a comforting massage. The heat and weight of the stones induces deep muscle tissue relaxation.

Circling Raven De-Stress Muscle Massage

\$95/60 MINUTES \$145/90 MINUTES

This massage is designed for tight, stressed or aching muscles. Using essential oils for a specific effect, the therapist combines a variety of massage techniques and stretching. Essential oils are applied for their beneficial effects on circulation.

Pre-Natal Massage

\$60/30 MINUTES \$85/60 MINUTES

This nurturing massage uses cushions to support the mother-to-be and addresses the physical challenges associated with pregnancy. Our therapists will soothe and restore fatigued muscles to decrease lower back tension, relax tight neck muscles and reduce swelling in hands and feet.

Coeur d'Alene Couple's Massage

\$170/60 MINUTES \$270/90 MINUTES

Connect and enjoy a unique massage in our signature couples suite. Select the massage of your choice to share as a couple, with a good friend or family member.

Express Massage

\$60/30 MINUTES

This soothing massage works to release tension in the back, neck and shoulder areas—the perfect option when feeling tight but time is limited.

Ssakwa'q'n Spa Experience

Design your own
spa experience,
nurture your
body, enliven your
spirit and connect
with nature in
celebration of
the seasons.

Select Your Intent

We invite you
to create your
customized spa
journey. Select
your *Intent*, a
carefully blended
essential oil
designed to
ease your mind
and relax your
body. Our
professional staff
will guide your
experience to

Relax

De-Stress

Revive

Support or

Renew.



Skin Care

Ssākwa'q'n Facial

\$90/60 MINUTES

A traditional facial that nourishes and replenishes, resulting in healthy looking skin. Enjoy a customized facial experience designed specifically for your skin type. This facial begins with cleansing and exfoliation, followed by a steam application that will open the pores. A healing masque and moisturizer follows the extractions. Enjoy a massage of the face, neck and décolleté.

Vitamin Infusion Facial

\$90/60 MINUTES

This professional facial treatment stimulates collagen production and cell renewal by synergistically blending six vitamins (A,C,E,D,B3 and B5). This facial will deliver noticeable benefits for all skin types.

Lupine Meadows Facial

\$90/60 MINUTES

Begin this regenerative treatment with a creamy lupine cleanser followed by a pear-fig, clinical-grade herbal enzyme that gently exfoliates dead skin cells and reduces fine lines and wrinkles, leaving skin polished and smooth.

Native Cherry Facial

\$90/60 MINUTES

This active organic facial uses high-performance, sweet-cherry herbal enzyme peels to target aging signs with proven ingredients, including hyaluronic acid and Omega fatty acids to deeply repair and hydrate the skin.

Crystal Lake Hydrating Facial

\$90/60 MINUTES

Designed for moisture-deprived skin, this treatment will re-hydrate the skin with bio-active botanical serums. The White Tea Antioxidant Mask restores vitality to the skin while the vitamin-rich replenishing cream and the hyaluronic acid adds moisture.

Seasons Men's Facial

\$65/30 MINUTES \$90/60 MINUTES

The benefits of conditioning the skin are as important for men as conditioning the body. This facial and skin care system is formulated to prevent premature aging and protect the appearance of male skin. This treatment introduces a skin-type specific home face care system that requires less than four minutes daily.

À la Carte Services

Hand Paraffin

\$20

Foot Paraffin

\$20

Hand & Foot Paraffin

\$35

Eye Treatment

\$15

Lip Treatment

\$15

Waxing Services available upon request.

Nature to Nurture

Relax

Slow down & unwind!
Let soothing essential oil-blends ease you into a calm state.

*Lavender, Chamomile,
Geranium, Vetivert,
Sandalwood, Myrrh*

De-Stress

Ease your muscles and clear your mind! Release your mind and body from daily stress and strain.

*Rosemary, Ginger,
Lavender, Black
Pepper, Frankincense*



Body Treatments

Ssakwa'q'n Body Polish

\$65/30 MINUTES

This full body, gentle exfoliation with richly nourishing products creates radiant and smooth skin. Products are customized for individual needs based on your intended spa journey.

Mountain Rain Shower Scrub and Wrap

\$105/60 MINUTES

This rich mud scrub combines sweet, earthy notes of finely ground coffee beans and sarsaparilla with volcanic pumice and black silt clay to gently exfoliate the skin and remove impurities. This treatment features a rain shower to melt away stress, stimulate circulation and leave skin smooth and radiant.

Wetlands Body Refiner

\$105/60 MINUTES

This toning and slimming treatment refines the body contours and eliminates toxins. The treatment begins with body brushing to wake-up the skin, followed by a specially designed detox massage targeting stubborn areas of cellulite. A freshwater mud wrap firms and tones, leaving a slimmer looking silhouette and smoother skin.

Seasons Lavender Mint Cooler

\$105/60 MINUTES

Soothe and re-hydrate with this refreshing treatment that combines the healing properties of lavender, mint and regenerative rose to rescue over-exposed, distressed skin. A gentle exfoliation prepares the body for an intensive layering of rose gel, lavender oil and nourishing body cream. Skin is left feeling cool, soothed and moisturized.

Wild Rose Nourishment

\$105/60 MINUTES

Precious essential oil of rose works on circulation, renewing the skin, while calming scents soothe emotions and nurture the heart. This treatment begins with a gentle grain exfoliation, a layering of hydrating and regenerating rose gel combined with a moisturizing mix of oil and shea butter. The body is then wrapped to compound the effect and encourage the skin's natural radiance.

Sacred Forest

\$105/60 MINUTES

The perfect muscle and joint pain remedy, this anti-inflammatory treatment uses warm oil blends of Arnica, traditionally used by herbalists for muscle soreness, easing pain and reducing joint stiffness. The session finishes with a relaxing scalp massage.

Revive

Detox & wake-up!
Reinvigorate your day with a blend of detoxifying, uplifting and exotic essential oils.

*Juniper, Geranium,
Patchouli, Ylang-ylang, Lemongrass,
Bergamot, Pink
Grapefruit*

Support

Overcome obstacles! Gain the strength to counter life's challenges.

Eucalyptus, Tea Tree, Peppermint, Geranium



Nail Salon Services

Basic Manicure

\$30/30 MINUTES

This manicure treatment includes nail and cuticle grooming, followed by a relaxing massage of the hands and forearms and the application of a custom polish of your choice.

Shellac Manicure

\$35/30 MINUTES

Shellac combines nail polish and gel that lasts for weeks with no chipping or smudging. Like any quality polish application, the Shellac system features a base coat, color coat and top coat for exceptionally resilient color that remains flawless over time.

Seasons Spa Manicure

\$50/60 MINUTES

This treatment addresses each season's environmental effects on the hands. We begin with an aromatic soak, exfoliation and nail and cuticle grooming, followed by a moisturizing massage of the hands and an application of our seasonal polish.

Basic Pedicure

\$35/30 MINUTES

Invigorate tired feet with a soak as nails and cuticles are groomed, followed by a reduction of calluses and dry heels. A foot and lower leg massage releases tension prior to the application of a custom polish of your choice.

Seasons Spa Pedicure

\$65/60 MINUTES

A luxurious aromatic treat, this pedicure utilizes seasonal products that promote healing and rejuvenation. We begin with an aromatic soak, exfoliation and nail and cuticle grooming, followed by a moisturizing foot and lower leg massage. A seasonal polish of your choice completes this service.

Crystal Lake Stone Pedicure

\$75/60 MINUTES

Warmed basalt stones are rhythmically massaged into the feet and legs and then combined with a moisturizing cream, leaving pampered feet soft and supple. This pedicure is great for tired and achy feet.

Circling Raven Golf Pedicure

\$65/60 MINUTES

Restore feet after an exhilarating round of golf. This pedicure includes a hydrating, skin-softening soak, exfoliation and soothing foot massage.

Polish Change

\$20

French Polish

\$7 ADDITIONAL

Hand & Foot Paraffin

\$35

Enrich/Renew

Nourish
the body
and brighten
the skin.
Transform out
of condition
skin into a soft,
smooth glow.

*Ylang-ylang, Rose,
Sandalwood, Neroli*



Spa Packages

Native Spirit

Ssākwa'q'n Massage 60 MIN

Ssākwa'q'n Facial 60 MIN

\$175/120 MIN

Ssākwa'q'n (Water on the Head)

Crystal Lake Stone Massage 60 MIN

Crystal Lake Hydrating Facial 60 MIN

Mountain Rain Shower Scrub and Wrap 60 MIN

\$290/180 MIN

Seasons

Palouse Prairie Massage 60 MIN

Seasons Lavender Mint Cooler 60 MIN

Seasons Manicure and Pedicure 90 MIN

\$275/210 MIN

Golfer's Relief

Circling Raven De-Stress Muscle Massage 60 MIN

Seasons Men's Facial 30 MIN

Circling Raven Golf Pedicure 30 MIN

\$195/120 MIN

Coeur d'Alene Suite

Coeur d'Spa (Heart of the Spa)

\$270/90 MINUTES \$340/120 MINUTES

An aromatic escape for two! Friends and couples can spa together in the same room for an extravagant and memorable experience.

Whether you prefer a facial, massage or bath, we'll customize an indelible spa experience like no other.

Ssākwa'q'n Spa Products

Celebrate the seasons with Spa Ssākwa'q'n hair, skin and bath products. Bring home a bit of the spa experience.

Available in our spa boutique.

Fresh Fruit

The best of seasonal local fruit and berries served with silky Frangelico sauce. 6

Mediterranean Hummus

Puréed garbanzo beans with tahini, garlic and lemon served with fresh and marinated vegetables and olives. 8

Charcuterie Platter

A combination of imported and house-cured meats, terrines and assorted accompaniments. 10

Greek Yogurt and Fruit Parfait

Honey flavored yogurt layered with seasonal fruit and vanilla bean granola. 5

Chef's Cheese Platter

Local cheeses paired with praline pecans, Washington pears, foraged huckleberry chutney, local honeycomb and black garlic. 8

Seasonal Field Greens

Praline pecans, hand-crafted Oregon bleu cheese, Washington orchard fruit and dried cranberries tossed with choice of dressing. 7

Seasonal Chopped Salad

Romaine hearts, locally harvested seasonal vegetables, imported salami. 7

The Wedge

Iceberg lettuce, smoked shallot dressing, applewood bacon, hardboiled farm-fresh egg, cured tomato and Oregon bleu cheese. 7
Add aged beef tenderloin. 12

Washington Apple and Cheddar Salad

Chopped romaine hearts with toasted walnuts, sliced prosciutto, sliced apples, white cheddar and croissant croutons tossed with honey vinaigrette. 9

Classic Chicken Caesar Salad

Chopped romaine hearts with shaved Parmigiano-Reggiano and sourdough croutons tossed with creamy garlic dressing. Topped with grilled and sliced chicken. 12

Roast Turkey Sandwich

Slow-roasted turkey served on a toasted croissant with whipped cream cheese. Layered with avocado, marinated tomato and onions, and Bibb lettuce. Served with kettle chips, salad of the day or pasta salad. 11

Prosciutto and Rosemary Potato Flatbread

Grilled flatbread topped with pesto and layered with thin-sliced prosciutto, parmesan cheese and roasted potatoes. 12

Chicken and Oven-dried Tomatoes Flatbread

Flatbread topped with sliced grilled chicken, shaved Parmigiano-Reggiano, toasted pine nuts and fresh herbs. 12

Drinks

Mimosa 7

Fresh Orange Juice 3.5

Fresh Apple Juice 3.5

Aqua Panna Still Water 5

Pellegrino Sparkling Water 5

Bottled Beer

Miller Light 4.5

Bud Light Lime 4.5

Moose Drool 5

Blue Moon 5

Woodchuck Cider 5

Wines (half bottles/glass)

Mountain Dome Brut 16 / 9

J.Lohr Chardonnay 14 / 8

Cline Zinfandel 12 / 7

J. Lohr Cabernet Sauvignon 16 / 9



SPA SSAKWA'Q'N™

1 855 232-2772 | CDACASINO.COM



General Information

Hours of Operation

Spa Treatments

9AM – 8PM

Hours may vary by season.

Please call the spa reception desk for verification.

Spa Ssākwa'q'n guests are required to be a minimum of 16 years of age. Guests under 16 years of age are welcomed in the nail salon.

Spa Reservations

We recommend scheduling appointments prior to arrival to better accommodate preferred times. A hotel reservation number or a credit card number is required at the time of booking.

Cancellation Policy

Treatments are reserved specially for you. Please notify us four hours in advance before your scheduled appointment if you need to cancel or reschedule to avoid being charged. No shows will be charged 100% of the service fee.

Please contact our spa receptionist for Gift Card purchases.

The nature images at our spa were specially photographed to capture the unique character of each season at Ssākwa'q'n.

HOW DO I SELECT THE RIGHT TREATMENT?

Our professional spa staff will assist you in determining which spa and nail salon treatments will meet your needs to ensure a relaxing and enjoyable experience.

WHEN SHOULD I ARRIVE FOR MY TREATMENTS?

Arrive early to enjoy the facilities...We recommend you arrive a minimum of 20 minutes prior to your first appointment. This will allow you time to change into your spa robe and sandals and become familiar with the facility and amenities.

WHAT SHOULD I WEAR TO THE SPA?

You may wear whatever is comfortable. A robe and sandals will be provided for your treatment. Please bring a bathing suit to enjoy our co-ed whirlpools and saunas.

WHAT SHOULD I WEAR FOR MY TREATMENT?

Most spa treatments are enjoyed without clothing; however, you may wear whatever is comfortable for you. Our professional staff is trained to drape towels or sheets discreetly to protect your privacy at all times.

WHAT ABOUT JEWELRY?

We advise you to remove all your jewelry prior to arriving at the spa.

SHOULD I SHAVE BEFORE A TREATMENT?

Shaving is not recommended prior to any body treatments or waxing services.

WHAT IF I'M LATE FOR MY APPOINTMENT?

Arriving late will limit the time allotted for your treatment. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will apply.

SHOULD I LEAVE A GRATUITY?

Gratuities are not included and are at your discretion based on your level of satisfaction. Please indicate your preferred amount and our spa receptionist will be sure to assist.

QUIET CONSIDERATION

Our spa environment is one of tranquility and relaxation; please respect the privacy and quiet consideration of other guests. We request that all cell phones be turned off in the spa.

Ssəkwa'q'n, also known
as Crystal Lake, was
and continues to be a
place of reflection for the
Coeur d'Alene people.

