

# STEPHANIE B. WARD, M.S.

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117 S Hamilton St. Apt 502  
Madison, WI 53703

## EDUCATION

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|------------|---|---------------------|
| <b>PhD</b> | <b>University of Wisconsin-Madison</b> , Clinical Psychology<br>Advisor: Kate Walsh, PhD  | Expected 2027       |
| <b>MS</b>  | <b>University of Wisconsin-Madison</b> , Psychology<br>Advisor: Kate Walsh, PhD   | Dec 2021            |
|            | <b>Yeshiva University</b> , Clinical PsyD Program<br>Ferkau Graduate School of Psychology, Bronx, NY<br>Advisor: Kate Walsh, PhD  | Aug 2019 - May 2020 |
| <b>BA</b>  | <b>University of South Carolina-Columbia</b> , Psychology<br>Cumulative GPA: 3.8/4.0, Graduated <i>magna cum laude</i><br>Psychology GPA: 4.0/4.0, President's List, Dean's List<br>Double Minor: Women & Gender Studies, Sociology | May 2017            |
|            | <b>University College Dublin, Ireland</b> —International Semester   | Jan - May 2016      |

## RESEARCH EXPERIENCE

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- University of Wisconsin, Madison, WI**  
*Preventing Interpersonal Violence & Overcoming Trauma (PIVOT) Lab* Aug 2020 - Present  
**Graduate Student, PI: Kate Walsh, PhD**
- Develops new research studies and contributes to ongoing, collaborative research projects
  - Designs and constructs Qualtrics survey instruments comprised of validated scales
    - Collected baseline ( $N=386$ ) and daily diary data ( $N=282$ ) over a 28-day period
    - Collected cross-sectional data for an original, independent first-year project ( $N=463$ )
  - Cleans, wrangles, scores, analyzes, and interprets quantitative survey data using R
  - Constructs and maintains codebooks outlining scoring and transformations of survey variables
  - Performs thematic analysis, developing coding schemes and iteratively coding qualitative data
  - Conducts mixed-methods research and co-authors manuscripts with interdisciplinary partners
    - Screened 1900 abstracts and 290 full-text articles for an ongoing meta-analysis
  - Assists with grant writing (e.g., a successful application awarded by the U.S. Department of Justice, Office for Victims of Crime, to assess and expand sexual assault services on campus)
  - Performed duties in line with Research Assistantship role held from Aug 2020 - Dec 2021
    - Drafting research protocols and regulatory correspondence for institutional review
    - Managing research subject recruitment, participation, and compensation
    - Training and supervising research assistants in their completion of tasks such as:  
data extraction, data entry, database construction, literature search, literature review
  - Interviews and onboards prospective graduate students and applicants for staff positions
  - Provides individualized mentorship regarding graduate training, professional development, and career options in psychology and related fields, tailored to the goals of each lab member

**University of Wisconsin, Madison, WI**

*NIMH Training Program in Emotion Research*

Jan 2023 - Present

**Predoctoral Trainee**, Director: Richard J. Davidson, PhD

- Receives in-depth exposure to and training in contemporary research on emotion
- Learns from experts in Waisman Ethics & Professional Development (WEPD) workshops
- Leads Q&A sessions with invited speakers at the annual Wisconsin Symposium on Emotion
- Presents in and contributes to journal club with faculty and students in emotion research

**University of Wisconsin, Madison, WI**

*Psychology Research Experience Program (PREP)*

Jun 2021 - Aug 2021

**Graduate Mentor**

- Provided intensive mentoring in psychology research and professional development to an undergraduate research mentee dedicated to pursuing a career in clinical science
- Led mentee through the scientific process from identifying a question to writing up results
- Facilitated learning of data carpentry and analytic strategies via RStudio and R Markdown
- Guided mentee through presentations in the 2021 PREP Symposium and ISTSS conference

**Beth Israel Deaconess Medical Center, Boston, MA**

Jul 2017 - Jul 2019

*Rodrigue Lab, The Transplant Institute*

**Lead Project Coordinator**, PI: James R. Rodrigue, PhD FAST

- Executed grants awarded by HRSA (Health Resources & Services Administration)
- Recruited approx. 1500 veterans to complete a survey related to organ donation
- Directed survey development, validation, dissemination, and data collection
- Managed regulatory applications, correspondence, amendments, and continuing reviews

**Beth Israel Deaconess Medical Center, Boston, MA**

*Facilitating Innovative Research & Surgical Trials (FIRST) Program*

Jul 2017 - Jul 2019

**Clinical Research Assistant**, Associate Director: Aaron Fleischmann, MPH

- Coded patient data for breast cancer surgical practice Quality Assurance & Improvement
- Coordinated all research for the Divisions of Podiatry and Colon & Rectal Surgery
- Collected informed consent and oriented patients to NIH protocols and procedures
- Interviewed, onboarded, and trained novice FIRST program research personnel

**VA Boston Healthcare System, Boston, MA**

Jun 2018 - Jun 2019

*Boston VA Research Institute*

**Without Compensation Appointment (WOC)**

- Fostered collaborations between the Massachusetts Department of Veterans' Services, New England Donor Services, Veterans of Foreign Wars, and POW-MIA
- Liaised with the Veterans' Affairs Medical Centers of New England: Manchester, NH; White River Junction, VT; West Haven, CT; Providence, RI; Jamaica Plain, MA; Augusta, ME

## **PUBLICATIONS**

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Ward, S. B., Nardella, S., Hamilton, K. W., Walsh, K. (2024). "I Didn't Realize How Common It Was:" A Mixed-Methods Study Examining Changes in Perceptions of Sexual Assault, Sex and Consent, and Sexual Behavior as a Function of the #MeToo Movement. *The Journal of Sex Research*, 1–15. <https://doi.org/10.1080/00224499.2024.2352555>

- Walsh, K., Lowe, S. R., & Ward, S. (2024). Sexual Victimization, Emotion Dysregulation, and Sexual Consent Feelings and Communication During a Recent Sexual Encounter. *The Journal of Sex Research*, 1–9. <https://doi.org/10.1080/00224499.2024.2368044>
- Wyant, K., Moshontz, H., Ward, S.B., Fronk, G., Curtin, J. J. (2023). Acceptability of Personal Sensing Among People With Alcohol Use Disorder: Observational Study. *JMIR Mhealth Uhealth*, 11(e41833), <https://doi.org/10.2196/41833>
- Ward, S. B., Boger, M., Fleishman, A., Shenkel, J., Calvo, A., Pomahac, B., Zwolak, R., Krishnan, N., Richman, K., Rodrigue, J.R. (2020). Attitudes toward organ, tissue and vascularized composite allograft (VCA) donation and transplantation: A survey of United States military veterans. *Transplantation*. <https://doi.org/10.1097/tp.0000000000003376>
- Robinson, K. A., Carroll, M., Ward, S. B., Osman, S., Chhabra, K. R., Arinze, N., Amedi, A., Kaafarani, H., Smink, D., Kent, T., Musa M. Aner, Brat, G. (2020). Implementing and evaluating a multihospital standardized opioid curriculum for surgical providers. *Journal of Surgical Education*, 77(3), 621–626. <https://doi.org/10.1016/j.jsurg.2019.12.012>

## **PUBLICATIONS UNDER REVIEW**

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- Ward, S. B., Hassanpour, P., Walsh, K. (2024). Process-based consent among college men: The interactive influence of hostility toward women, perceived peer norms, and alcohol-involved sexual consent attitudes. *Sex Roles: A Journal of Research*. <https://doi.org/10.17605/OSF.IO/VMEA7>

## **CONFERENCE AND SYMPOSIUM PRESENTATIONS**

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- Ward, S. B., Nardella, S., Hamilton, K. W., Walsh, K. (2024). “I Didn’t Realize How Common It Was:” A Mixed-Methods Study Examining Changes in Perceptions of Sexual Assault, Sex and Consent, and Sexual Behavior as a Function of the #MeToo Movement. Poster selected for presentation at the 58th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT).
- Hassanpour, P., Ward, S.B., Walsh, K. (2024). Shame Moderates the Relationship Between Emotion Dysregulation and Posttraumatic Stress Disorder Severity Among College Students Exposed to Interpersonal Trauma. Poster selected for presentation at the 40th Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS).
- Nardella, S., Ward, S. B., Walsh, K. (2024) Sexualization and sexual acquiescence: exploring the relationship between sexual compliance and objectification. Poster selected for presentation at the 50th Annual Meeting of the International Academy of Sex Research (IASR).
- \*\*Williams, A., Gitlin, S., Panwalkar, S., Ward, S.B., & Walsh, K. (2024). Does Anxiety Moderate the Effect of Peer Drinking Norms on Past-Month Alcohol-Induced Blackouts? An Observational Study Among College Students. Poster presented at the annual Wisconsin Symposium on Emotion (WSoE).

Ward, S.B. (2024). Sexual Violence in University Students: A Multi-Level Approach to Understanding the Perpetration of Sexual Aggression. Presentation at the University of Wisconsin-Madison Clinical Area Group's Spring Research Symposium.

**\*\*Melnik, J., Nardella, S., Ward, S.B., & Walsh, K. (2023). Associations Between Lifetime Sexual Violence and Engaging in Choking During Sex: Findings from an Undergraduate Sample. Poster presented at the 2023 Annual Conference of the Society for the Scientific Study of Sexuality (SSSS).**

**\*\*Bujan, G., Kidd, G., Williams, A., Mehta, A., Ward, S.B., Walsh, K. (2023). Manner of Drinking as a Mediator of Emotional Impulsivity and Alcohol-Related Problems. Poster presented at the annual Wisconsin Symposium on Emotion (WSoE).**

Ward, S.B., Walsh, K. (2022). Alcohol-Induced Blackouts and Nonconsensual Sexual Experiences Among Undergraduate Men. Poster presented for the Child Maltreatment & Interpersonal Violence Special Interest Group (SIG) Exposition at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT).

Ward, S.B., Hassanpour, P., Walsh, K. (2022). Sexual Consent Among College Men: The Moderating Effects of Alcohol-Involved Sex & Hostility Toward Women. Poster presented at the 2022 Annual Conference of the Society for the Scientific Study of Sexuality (SSSS).

Ward, S.B., Lowe, R.S., Walsh, K. (2021). Associations between Sexual Assault History and Sexual Consent Feelings and Behaviors among College Students: A Path Model Involving Alcohol Use Prior to Sex & Emotion Dysregulation. Poster presented at the 55<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy (ABCT). \*

**\*\*Iyer, R., Ward, S.B., Walsh, K. (2021). Sexual Assault Resistance Strategies, Blame, and Mental Health Outcomes. Poster presented at the 37th annual meeting of the International Society for Traumatic Stress Studies (ISTSS). \***

Ward, S.B. (2021). Alcohol-Induced Blackouts and Nonconsensual Sexual Experiences Among Undergraduate Men. Presentation at the University of Wisconsin-Madison Psychology Department's First Year Project Symposium.

Hamilton, K., Ward, S. B., Matis, E., Walsh, K. (2020). Sexual Assault Victimization and Perpetration among those Involved in Greek Life and Varsity Athletics: A Large National Study. Poster presented at the 54th annual meeting of the Association for Behavioral and Cognitive Therapy (ABCT). \*

Robinson, K. A., Carroll, M., Ward, S. B., Brat, G., (2019). Multi-Institutional Patient-Reported Opioid Use Compared to Clinical Consensus Recommendations. Poster presented at the Harvard Surgical Research Day, Boston, MA.

Robinson, K. A., Ward, S. B., Brat, G., (2018). Comparing Reality to Consensus: Reported Opioid Use vs. Clinician Consensus Recommendations. Poster presented at the Silverman Symposium for Health Care Quality and Safety, Boston, MA.

***\*\*Mentored presentation by an undergraduate mentee. Virtual due to the coronavirus pandemic. \****

## PROFESSIONAL AFFILIATIONS

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<b>Society for Ambulatory Assessment</b> , Conference Attendee	2024
<b>Society for the Scientific Study of Sexuality</b> , Student Member	2022-Present
<b>Psychology of Women Quarterly</b> , Student Advisory Board (SAB)	2021-Present
<b>International Society for Traumatic Stress Studies</b> , Student Member	2020-Present
<b>Sexual Violence Research Initiative</b> , Graduate Affiliate	2020-Present
<b>Academic Alliance for Survivor Choice in Reporting Policies</b>	2020-Present
<b>Association for Behavioral &amp; Cognitive Therapies</b> , Student Member	2019-Present
<b>American Psychological Association</b> , Student Member	2019-2022
APA Division 35, Psychology of Women, Student Affiliate	

## TEACHING EXPERIENCE

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<b>UW–Madison School of Pharmacy</b> Professor: Karen Kopacek, MS, RPh	Jan 2024
<b>Guest Lecturer</b> <ul style="list-style-type: none"><li>○ Provided a psychoeducational lecture covering emotional stress and compassion fatigue</li><li>○ Introduced mindfulness, distress tolerance, and emotion regulation skills</li></ul>	
<b>UW–Madison Department of Psychology</b> Professor: Rebecca Addington, PhD Course: Introductory Psychology	Aug 2022 - Dec 2022
<b>Teaching Assistant – PSYC 202: Introductory Psychology</b> <ul style="list-style-type: none"><li>○ Graded 400 short essay assignments per week for this 400-student lecture course</li><li>○ Scheduled, proctored, and hand-scored makeup exams, created scantron answer keys</li><li>○ Tutored students during drop-in office hours, by appointment, and via email</li></ul>	
<b>UW–Madison Department of Psychology</b> Professor: Janet Hyde, PhD Course: Human Sexuality	Jan 2022 - May 2022
<b>Guest Lecturer and Head Teaching Assistant – PSYC/SOC 453: Human Sexuality</b> <ul style="list-style-type: none"><li>○ Gave guest lectures on the science of ‘Gender and Sexuality’ and ‘Attraction and Love’</li><li>○ Taught four weekly discussions with approximately 20 undergraduate students per section</li><li>○ Coordinated testing, section changes, and grading for the 300-student lecture course</li><li>○ Led review sessions and engaged students in critical-thinking exercises to enhance learning</li></ul>	

## CLINICAL EXPERIENCE

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<b>Women’s Health and Mental Health Clinics</b> William S. Middleton Memorial Veterans Hospital Supervisor: Lindsey Houghton, PhD	Sep 2024 - Aug 2025
<b>Madison VA Psychology Practicum Trainee</b>	

**Psychology Research & Training Clinic (PRTC)**

Aug 2023 - May 2024

University of Wisconsin–Madison, WI

Supervisor: Kate Walsh, PhD

**Evidence-Based Treatments for PTSD: Internal Practicum**

- Administers and scores diagnostic and treatment-monitoring assessments (CAPS-5, PCL-5)
- Incorporates interpretations of these assessments into conceptualization and treatment planning
- Delivers exposure-based treatments for trauma and related disorders (CPT)
- Studies the efficacy literature on evidence-based treatments for PTSD and comorbid conditions
- Attended training seminars covering Prolonged Exposure (PE); Written Exposure Therapy (WET); Concurrent Treatment of PTSD and Substance Use Disorders Using Prolonged Exposure (COPE); Skills Training in Affective and Interpersonal Regulation (STAIR), etc.

**Psychology Research & Training Clinic (PRTC)**

Aug 2020 - Present

University of Wisconsin–Madison, WI

Supervisors: Chris Gioia, PhD &amp; Linnea Burke, PhD, HSP, LP

**Generalist Graduate Clinician**

- Provides individual psychotherapy and maintains patient records (e.g., intake, transfer, and termination reports; progress notes; measures of symptom distress and therapeutic alliance)
- Formulates case conceptualizations, consults with supervisors, and develops treatment plans
- Administers psychodiagnostic, personality, and cognitive (e.g., LD/ADHD) assessments
- Scores test data and writes integrated reports summarizing findings and recommendations

**University Health Services—Mental Health Services**

Aug 2022 - May 2023

University of Wisconsin–Madison, WI

Supervisors: Ben de Boer, PsyD &amp; Madrone Love, PhD

**Practicum Trainee**

- Provided individual psychotherapy to undergraduate and graduate students
- Facilitated psychoeducational ‘DBT Skills’ and ‘ACT for Social Anxiety’ therapy groups
- Conducted semi-structured intake interviews to contextualize students’ concerns
- Consulted on cases, gave presentations, and reviewed session recordings in group supervision
- Practiced implementing new techniques and interventions in individual supervision
- Attended training seminars covering topics such as: risk assessment, safety planning, and crisis stabilization; the assessment and treatment of eating disorders; mental-health problems related to alcohol or other drug use; sexual trauma and intimate-partner violence, etc.

**REVIEWING**

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Co-reviewed manuscript for <i>European Journal of Psychotraumatology</i>	2024
Co-reviewed manuscript for <i>Psychology of Women Quarterly (PWQ)</i>	2023
Co-reviewed manuscript for <i>Psychology of Women Quarterly (PWQ)</i>	2022
Co-reviewed manuscript for <i>Psychology of Women Quarterly (PWQ)</i>	2021
Co-reviewed manuscript for the <i>American Journal of Sexuality Education</i>	2021
Co-reviewed manuscript for <i>The Journal of Sex Research (JSR)</i>	2020
Co-reviewed abstracts for the <i>International Society for Traumatic Stress Studies</i>	2021
Co-reviewed abstracts for the <i>International Society for Traumatic Stress Studies</i>	2020

## PROFESSIONAL TRAINING

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### **Mixture Modeling and Latent Class Analysis**

CenterStat, Asynchronous, 2024

Instructor: Daniel J. Bauer, Ph.D., University of North Carolina

Instructors: Doug Steinley, Ph.D., University of Missouri

### **Waisman Ethics and Professional Development (WEPD) Workshops**

Seminar Series, 2023 - 2024

### **Campus Sexual Misconduct: Preventing and Responding to Perpetration**

Massachusetts Society for a World Free of Sexual Harm by Youth

MASOC, Virtual Conference, 2021

### **Introduction to Structural Equation Modeling**

CenterStat, Livestream via Zoom, 2021

Instructor: Daniel J. Bauer, Ph.D., University of North Carolina

Instructor: Patrick J. Curran, Ph.D., University of North Carolina at Chapel Hill

### **Grant Mentoring Series:**

#### **Tips on Preparing Your First NIH Proposal Submission**

National Institute on Aging, Livestream via Zoom, 2020

NIA Program Officers: Amelia Karraker and Georgeanne Patmios

### **Sexual Violence Response Training**

Boston Area Rape Crisis Center (BARCC), Boston, MA, 2018

### **Suicide Prevention and De-escalation Training**

Samaritans of Greater Boston, Boston, MA, 2018

### **Homelessness and Housing Insecurity Training**

Boston Public Housing Authority, Boston, MA, 2018

### **Fundamentals in the Conduct of Clinical Research FDA/ICH Certification**

#### **Good Clinical Practice (GCP) Certification**

Clinical Translational Science Institute, Boston, MA, 2017

## CAMPUS-BASED INVOLVEMENT

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Department of Psychology—Madison, WI

Aug 2023 – Present

### **Committee for Accommodations**

- Collaborates with departmental faculty and graduate-student peers on initiatives designed to increase the accessibility of disability accommodations among psychology students and facilitate management of accommodations requests among instructors and teaching assistants
- Participating in the Diversity, Equity, and Inclusion (DEI) Panel at Recruitment Weekend

Department of Psychology—Madison, WI

Aug 2021 – Aug 2022

### **Graduate Student Representative, University of Wisconsin**

- Responsible for holding the department accountable to the needs of graduate students
- Attended weekly departmental faculty meetings to voice the graduate student perspective

- Served as an advocate for graduate students who want to express feedback anonymously

Culture of Respect (CoR) Initiative—Madison, WI

Aug 2020 – Dec 2021

**Action-Team Volunteer, University of Wisconsin**

- Identity & Membership-Based Prevention Team, Messaging & Communication Team
- Collaborated with campus community partners in a rigorous self-assessment process
- Contributed to the operationalization of long-term goals to reduce sexual violence
- Facilitated the implementation of theoretically-supported, data-driven interventions
- Drew from scholarly evidence to identify targets for change across the social ecology

Ferkauf Graduate School of Psychology—Bronx, NY

Aug 2019 – May 2020

**Graduate Student Representative, Yeshiva University**

- Served as an advocate and liaison for the Adult Clinical PsyD 2019 Cohort

## **RELEVANT TECHNICAL EXPERTISE**

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**Statistical coding and version control:** R, RStudio, R Markdown, Quarto, GitHub, OSF

**Platforms:** REDCap, Qualtrics, MTurk, CloudResearch, Excel, Titanium, Wix, webOMR

## **ASSESSMENTS & THERAPEUTIC MODALITIES**

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### **Neuropsychological Tests**

- WAIS-IV: Wechsler Adult Intelligence Scale-IV
- WMS-IV: Wechsler Memory Scales-IV
- WASI-II: Wechsler Abbreviated Scale of Intelligence-II
- WISC-V: Wechsler Intelligence Scale for Children-V
- CPT3: Conners Continuous Performance Task 3rd Edition
- CCPT-II: Conners Continuous Performance Task-II
- 3MS: Modified Mini-Mental State examination
- MMSE: Mini-Mental State Examination

### **Psychodiagnostic Tests**

- MINI Version 7.0.2 for DSM-5: Mini International Neuropsychiatric Interview
- CAPS-5: Clinician-Administered PTSD Scale for DSM-5, Timeline Follow-Back Interview
- SCID-5-CV: Structured Clinical Interview DSM-5-Clinician Version
- SCID-5-RV: Structured Clinical Interview DSM-5-Research Version
- SCID-5-PD: Structured Clinical Interview DSM-5-Personality Disorders

### **Self-Report Measures**

- PAI: Personality Assessment Inventory
- MMPI-3: Minnesota Multiphasic Personality Test
- PCL-5: PTSD Checklist for DSM-5
- LEC-5: Life Events Checklist for DSM-5
- EPSI: Eating Pathology Symptoms Inventory
- OQ-45.2: Outcome Questionnaire
- OQ-ASC: Assessment for Signal Clients



- AUDIT: Alcohol Use Disorders Identification Test
- DAST: Drug Abuse Screening Test
- DERS: Deficits in Emotion Regulation Scale
- PHQ-9: Patient Health Questionnaire (9-item)
- GAD-7: Generalized Anxiety Disorder (7-item)
- CCAPS-62: Counseling Center Assessment of Psychological Symptoms (62-item)
- CCAPS-34: Counseling Center Assessment of Psychological Symptoms (34-item)
- Conners Rating Scale for ADHD
- The Therapeutic Bond Scales

### **Therapeutic Modalities**

- CBT: Cognitive Behavioral Therapy
- DBT: Dialectical Behavior Therapy
- CPT: Cognitive Processing Therapy
- ACT: Acceptance and Commitment Therapy
- CBT-E: Enhanced Cognitive Behavioral Therapy
- MI: Motivational Interviewing

## **COMMUNITY-BASED CLINICAL SERVICE**

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### **Cambridge Women's Center (CWC)**

Aug 2018 - Jul 2019

#### **Volunteer Crisis Counselor—Cambridge, MA**

- Provided free counseling to unhoused women presenting with challenges related to poverty, serious mental illness, intimate-partner violence, substance use, trauma, and suicidal ideation
- Facilitated safety planning, shelter access, and resource allocation via CWC Crisis Hotline
- Assisted with résumé building and housing, disability, and employment applications

### **Sexual Trauma Services of the Midlands (STSM)**

Aug 2016 - May 2017

#### **Rape Survivor Advocate—Columbia, SC**

- Provided crisis stabilization, informational resources, and referrals via STSM Crisis Hotline
- Advocated for survivors of rape, incest, and sexual assault seeking emergency medical care
- Walked survivors through the forensic medical exam, evidence collection process, and their medical service options (e.g., STI screening, STI prophylaxis, emergency contraception)
- Mediated with survivors' families and with law enforcement regarding reporting options
- Trained to work with vulnerable populations—Victim Service Provider (OVSEC) #80-7146