





 alli's journey	www.allisjourney.ca Saturday April 18th at 8:00pm
HEART AND SOUL	A musical montage in support of young adults with cancer & Alli's Journey Courage, Strength & Heart
Starring: AMANDA MARTINEZ BILL BRIDGES GEORGE MASSWOHL MA-ANNE DIONISIO MARK MASRI MICAH BARNES SUSAN CUTHBERT THERESA TOVA Musical Director: David Warrack	<i>Jane Mallett Theatre</i> St. Lawrence Centre for the Arts <i>27 Front St E, Toronto</i> Sponsored by  Scotiabank®

Registered Charity number:
806478343RR0001







PHOTOGRAPHY: AL GILBERT CM

Courage, Strength & Heart

These traits are inherent to every young adult battling cancer. Alli, founder of Alli's Journey, embodied just that; courage, strength and heart in her seven year fight with Hodgkin's Lymphoma. She lived with this disease using humour, humility and belief as her strongest weapons. Alli was determined to move from a cancer fighter to a cancer survivor.

Unfortunately in July 2006, Alli lost her battle, yet "Alli's Journey" lives on so that young adults with cancer will have a charity to call home.



Every worthwhile journey takes courage, strength and heart.



alli's journey

Alli's Journey's mission is to raise money for the young adult cancer population, ages 18-35.

Address: 23 Barclay Road, Toronto, ON Canada M3H3C8

Tel.: (416) 782-0057; e.: info@allisjourney.ca



A letter from the President of Alli's Journey



When Alli was first diagnosed with cancer, she knew that there was a tremendous need to help those heroes and heroines who march through cancer at such a young age. Their personal lives are filled with challenges, joy and new experiences yet their priority is surviving this horrific disease.

This is why Alli's Journey is an extraordinary charity that has to thrive in order to help those young adults who have no one who clearly understands their plight. We want them to know they are part of a community.

So on behalf of the Board of Directors, I would like to thank all of you for supporting Alli's Journey. To Scotia-bank, our event sponsor, thank you for your confidence in us. To all of our sponsors, donors and volunteers, a sincere thank you. If you are reading this and you would love to do more, we would love your help.

Take a moment to think about the courage, strength and heart that you have in your life and remember how truly fortunate you are.

Enjoy the concert!

Pam Shainhouse





Our Initiatives

Alli's Journey Community Rooms Program

Alli's Journey raised \$150,000 for the dedication and maintenance of the Alli's Journey Comfort Room, which opened in October 2010 at the newly renovated site of the Sunnybrook Wellspring Campus. The location of the room is such that it is the focal point of the new building, and provides a dedicated space for young adult use.

Support programs are offered by Wellspring. Our room is located in the main section of the building, has a fireplace and an outside patio. The room is a gateway to the new building, so the focal point of this room is impressive. All items are geared to young adults between the ages of 18 and 35 and will provide them with the opportunity to support each other in a congenial environment. A television and DVD player helps to create a relaxing environment as well.

Unique recognition opportunities will be offered to major donors.

Comfort Bags

Alli's Journey is pleased to continue offering comfort bags to young adults with cancer. Our latest bag is eco friendly, and once again, is filled with practical and soothing items intended to ease the journey of a young person under-

going treatment. Donors can purchase a bag to gift to a friend, or donate a bag to a young adult through our website. Further funding will ensure the expansion of this program.

Donate a comfort bag for \$75 and personally add a wish.

Alli's Journey Bracelet

This is an ongoing initiative intended to raise our profile and brand Alli's Journey in the community. Three bracelets, each identifying traits that sustain young adult cancer patients throughout their journey; Courage, Strength and Heart are available. Bracelets can be purchased year round on our website, www.allisjourney.ca.



The Artists of **Heart And Soul**



DAVID WARRACK has an outstanding career as a performer, musical director, conductor, writer and producer. As a writer he has had fifty-two shows produced professionally and he has been Musical Director for hundreds of productions across North America. David is the founder/music director/conductor of the Canada Pops Orchestra. David and Alli had a very special relationship. Alli's background in theatre production was a gift to David when he needed assistance in organizing the Canada Pops Orchestra and his various productions. David was Alli's "theatre guardian angel" keeping her in the profession that she loved when she had the opportunity and ability to work.





AMANDA MARTINEZ is a Toronto-based singer/songwriter whose music exultingly blends her unique Mexican and South African roots with flamenco soul. Her latest CD “Mañana” was helmed by GRAMMY-winning producer Javier Limón, who hails Martinez as “one of the greatest voices in the world.” Amanda’s albums have earned her three Latin Jazz Artist of the Year nominations at Canada’s National Jazz Awards. Martinez has headlined at the legendary Blue Note jazz club in New York, at the 2010 FIFA World Cup Festivities in South Africa, and at the 2011 PanAmerican Games in Guadalajara, and is honorary co-chair of the 2015 Pan Am games Ignite program.



BILL BRIDGES began playing the guitar when he was about 13 or so and had his 15th birthday on the road with a R&R band. Since then he has toured the world. Bill has recorded extensively, worked in theatre orchestras, and with such artists as Ella Fitzgerald, Peggy Lee, Petula Clarke, Eartha Kitt, Vic Damone, Tony Bennet and many others. He toured with Lena Horne and was John McDermott’s musical director and guitarist for many years. Bill is a member of The Shaw Festival Orchestra, been guest soloist with several of Canada’s finest orchestras and often plays with The National Art Centre Orchestra. He still enjoys intends to make music until he’s very old.



GEORGE MASSWOHL has appeared internationally and for most of Canada’s major theatre companies, including: Soulpepper; both the Stratford and Shaw Festivals; Toronto’s Canadian Stage, Tarragon/Nightwood, and YPT; Halifax’s Neptune; Hamilton’s Theatre Aquarius; Vancouver’s Arts Club; and Off-Broadway’s Manhattan Theatre Club. George has been nominated for 5 Dora Mavor Moore Awards and a Jessie Richardson Award. He and his colleagues received the 2014 Dora for their work in Canadian Stage’s ground-breaking London Road. In addition to his work in the theatre, George currently tours and records with his baritone trio, BRAVŪRA.



MA-ANNE DIONISIO is a Filipino-born Canadian singer and actress. Ma-Anne portrayed Kim in the musical Miss Saigon, for which she was nominated for the Dora Mavor Moore Award for Best Actress in a Musical in 1994 and in 2011. Ma-Anne has since performed as Kim in British, Australian and American productions of Miss Saigon. Ma-Anne played the role of Éponine in the U.S. touring company of Les Misérables, played Bertrande de Rols in Martin Guerre in London, performed in West Side Story as Maria at the Stratford Festival in 1999, appeared on Broadway as Little Girl in the 2002 revival of Flower Drum Song and performed Grizabella in Cats.



MARK MASRI is a Canadian singer, songwriter and producer of pop, classical and inspirational songs. With his powerful tenor voice, Mark is taking on the songs of love and loss, sorrow and hope. In his upcoming 2015 release, by multi-platinum producer Patrick Hamilton, Mark showcases his unique theatrical pop style and exceptional writing skills. Whether he’s performing with The Vivaldi Orchestra in Moscow, headlining his own North American tour, or guesting on David Foster’s, Hitman Returns Television Special; Mark is opening hearts and minds with thought provoking songs, a charismatic stage presence and his sensuous tenor voice.



MICAH BARNES cut his teeth in the cabarets and jazz clubs of Toronto while still a teenager, becoming a well loved singer songwriter on the Queen Street scene before joining The Nylons and touring the world. Recording with the A Capella Pop act brought Micah into the global music scene and landed him in Venice Beach, California where he launched a solo career touring the U.S. which led to his #1 international club hit “Welcome To My Head” and coverage in Rolling Stone Magazine. Returning to the jazz oriented songwriting of his earlier years has resulted in a series of critically acclaimed solo recordings including his most recent “Domesticated.”





SUSAN CUTHBERT began her career as a dancer, but is best known as Anne in the Charlottetown Festival production of Anne of Green Gables and for playing the starring role, Christine Daae, in Phantom of the Opera. Susan is also a Stratford Festival stalwart, two-time Dora Mavor Moore Award nominee, a principle actor on TV'S Degrassi and a concert Diva (including concerts with Mandy Patinkin and Michael Burgess). Susan starred in CATS, both the most recent Toronto Production and the original Canadian production. As well as performing, Susan enjoys teaching, directing and choreographing at schools across Toronto.



THERESA TOVA is an award winning actor, writer and singer who has been proclaimed by the Toronto Star as, "an artist Canadians should celebrate"! Tova has a Gemini nomination for her role on the hit TV series ENG. Tova also starred as Emma Goldman in the First National Broadway tour of Ragtime and Yenta in Fiddler on the Roof at the Stratford Festival. Tova wrote and starred in Still the Night which won four Dora Awards and a Governor General Award nomination for excellence in dramatic literature. Her latest project Bella: The Colour of Love, co written with Mary Kerr, is about the artist and greatest love and muse of painter Marc Chagall.

Messages of **Support & Appreciation**

The Slan Family is very proud to support
the important work of **Alli's Journey**

Pam Shainhouse wishes to thank everyone
for their love and continued support.
Shain, Alice, Jordan, Lisa, Isla and Andrew Shapiro

With thanks to Alli for her Courage, Strength and Heart, Love,
Aunt Syrelle, Lori, Gary, Aaron, Matthew,
David, Hayley, Skylar and **Alan Bernstein**

Howard and **Cindy Orfus**

Jennifer and **Steve Graff** and **Family**





Too young for a mortgage but not for cancer!

The life of the young cancer patient.

By Alli Shapiro

It is hard to explain the feeling of being thrown into a tornado of emotion and change upon hearing three words. "You have cancer." At that moment and forever on, nothing else is more important. Cancer happens spontaneously, without permission or notice. But life must go on; so now that it is here, what can be done about it?

Living with the disease is the heaviest weight one can burden. No matter how much bravery you embark upon to try and sink it, it remains buoyant, forever reminding you that you are sick. From diagnosis to doctor run around, final action plan and confusion, fear and anger sets in without any venue for release. The truth is we are sick, we are different and no matter how we mask our sickness, society's rose-coloured glasses are constantly dyed dark red.

Society must adjust its eyesight to see that young people living with cancer are not living apart from the rest, but searching for ways to be normal and be treated as such. It is hard to live your life when you are not sure what the next CT result will bring; it

is even harder when you are reminded of the fact that you have cancer whenever someone looks at you. Youth battling cancer must bereft themselves of the constant reminder that they are sick; that is a fact they do not forget anyway.

In addition, young adults soldiering through cancer have different needs than older groups who struggle alongside. Furthermore, young adults are one of the largest segments being diagnosed and still, few outlets exist for help and guidance. The Healthcare system must take a look at what support is needed and adjust their lens to fully accommodate young adults on their journey to defeat cancer.

Cancer affects everyone, not just the patient. Still, not every patient and their family gets all the help needed to beat the disease. Why is that? How do we bring upon change?

Alli's Journey will pose all of these questions, problems and needs to help young adults fight and most importantly, beat cancer.





The Heart and Soul Concert is a result of the combined time, effort and resources of the following individuals and organizations.
We are forever grateful.

Alli's Journey

Alli Shapiro Amar (deceased), **Founder**
Dr. Armand Keating, **Honourary Chairman**
Pamela Shainhouse, **President and Co-Founder**
La-toya Fagon, **Vice President**
Nadine Lubin, **Secretary**
Jordan Shapiro, **Treasurer**
Samuel Allemang, Althea Linton, Mucie Schwartz, David Warrack, **Directors**
Linda Meilach Gould, **Bookkeeping**

The Heart & Soul Concert

David Warrack, **Musical Director**
Amanda Martinez, Bill Bridges, George Masswohl, Ma-Anne Dionisio, Mark Masri, Micah Barnes, Susan Cuthbert
Theresa Tova, **Performers**
Thomas Paloheimo, **Speaker**
Scotiabank, **Event Sponsors**
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Thank you to the St. Lawrence Centre for their support in the success of this event.

Building a healthier, Bright Future, together.

Scotiabank is proud to support
Alli's Journey



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