



IE0005 Introduction To Data Science &  
Artificial Intelligence



# PREDICTORS OF CARDIOVASCULAR DISEASE

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# CONTENT

## Dataset:

- Cardiovascular Disease Prediction

## Objective:

- To build a prediction model to determine the variable that best indicates the likelihood of cardiovascular disease
- Suggest to low-income countries what equipment and testing methodology to channel limited hospital resources into, for early detection and prevention of cardiovascular disease in these lower-income places



# 1

Initial Data  
Preparation

# 2

Exploratory Analysis  
& Further Prep

# 3

Machine Learning  
Techniques

# 4

Findings

# 1: INITIAL DATA PREPARATION



# DATA PREPARATION

**01**

**SIMPLIFY CATEGORICAL DATA  
FOR EASIER UNDERSTANDING**

**02**

**ADDED IN NEW POSSIBLE  
VARIABLE: BMI**

**03**

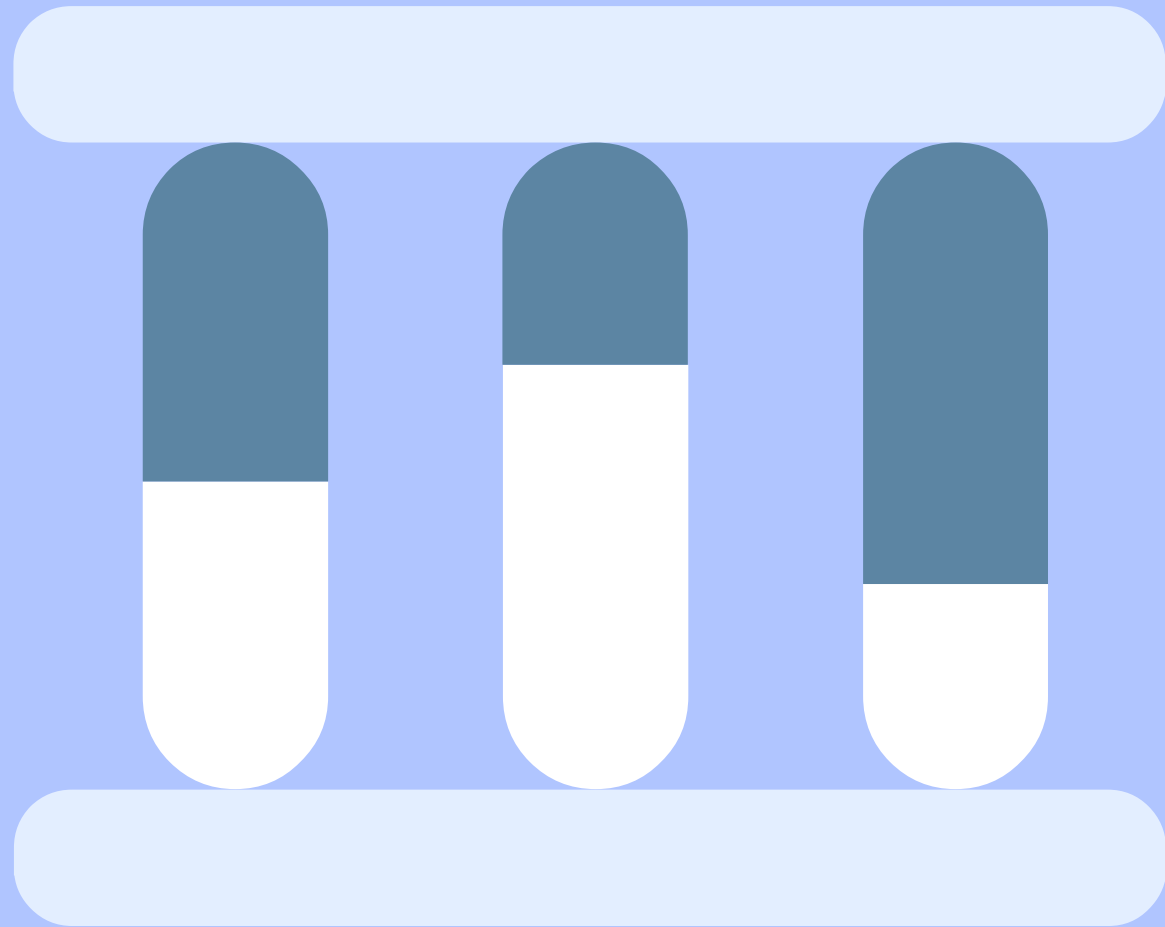
**CONVERT AGE FROM DAYS TO YEARS  
FOR EASIER UNDERSTANDING**



*#Replaced binary int with strings*

```
cardioData['Gender'].replace([1,2],['Female','Male'],inplace=True)
cardioData['Smoke'].replace([0,1],['No','Yes'],inplace=True)
cardioData['Cholesterol'].replace([1,2,3],['Normal','Above Normal','Well Above Normal'],inplace=True)
cardioData['Glucose'].replace([1,2,3],['Normal','Above Normal','Well Above Normal'],inplace=True)
cardioData['Physical Activity'].replace([0,1],['No','Yes'],inplace=True)
cardioData['Cardiovascular Disease'].replace([0,1],['No','Yes'],inplace=True)
cardioData['Alcohol Intake'].replace([0,1],['No','Yes'],inplace=True)
cardioData['Age'] = (cardioData['Age']/365).astype(int) #Change age from days to years
cardioData['Height'] = (cardioData['Height']/100).astype(float)
cardioData['BMI'] = (cardioData['Weight']/(cardioData['Height']*cardioData['Height'])).round(2) #Add BMI
del cardioData['id'] #Removing "id" column from the dataset
```

# 2: EXPLORATORY DATA ANALYSIS AND OBSERVATION



# EXPLORATORY ANALYSIS AND OBSERVATIONS

we then visualize the statistical distributions



**Boxplot**

**Densityplot**

**Violinplot**

# EXPLORATORY ANALYSIS AND OBSERVATIONS

we then visualize the relations between pairs of variables using Seaborn pairplot

**Pairplot**





# EXPLORATORY ANALYSIS AND OBSERVATIONS

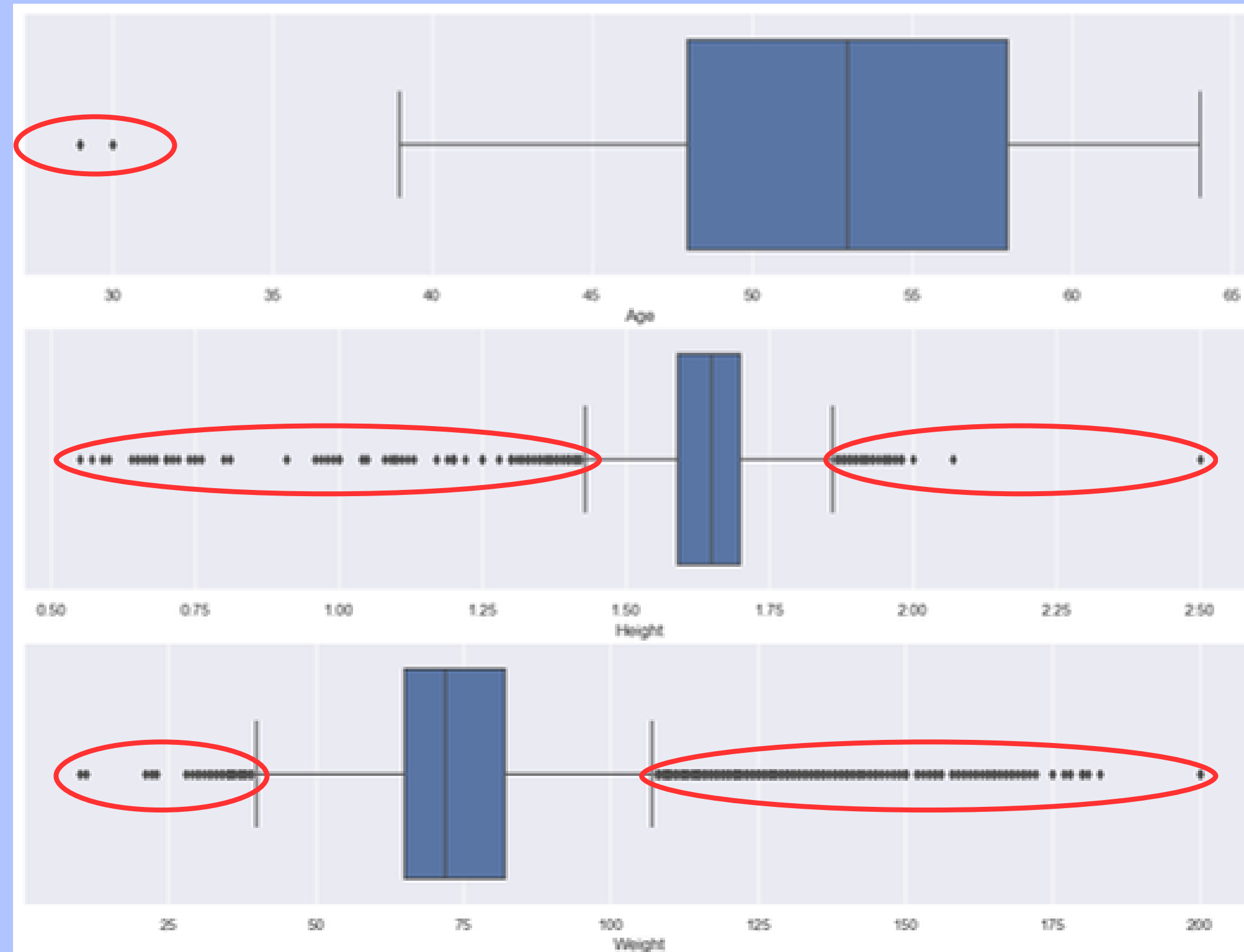
visualizing the anomalies in the pairplot

Pairplot



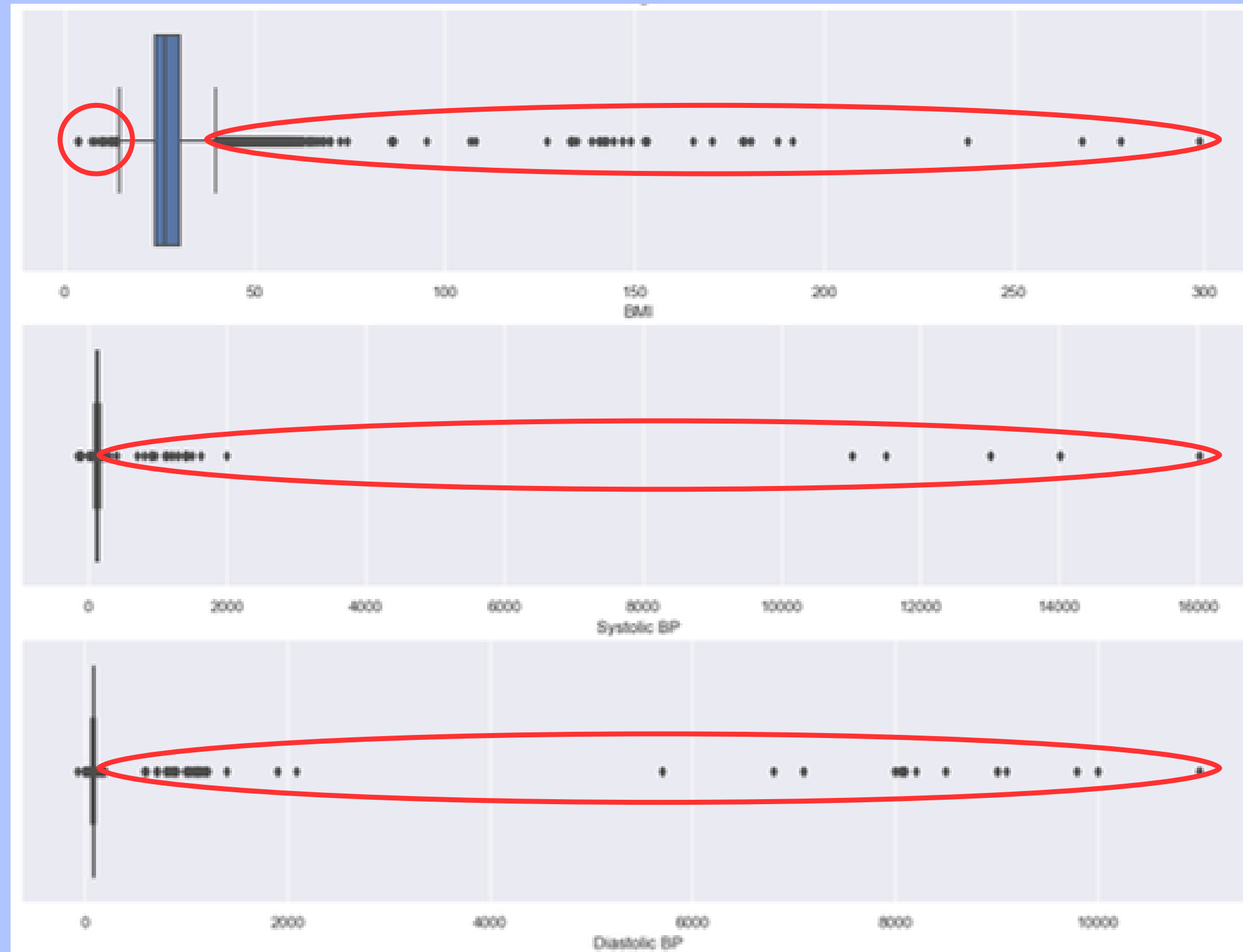
# EXPLORATORY ANALYSIS AND OBSERVATIONS

After importing the dataset, we did boxplots for all 6 variables before cleaning



# EXPLORATORY ANALYSIS AND OBSERVATIONS

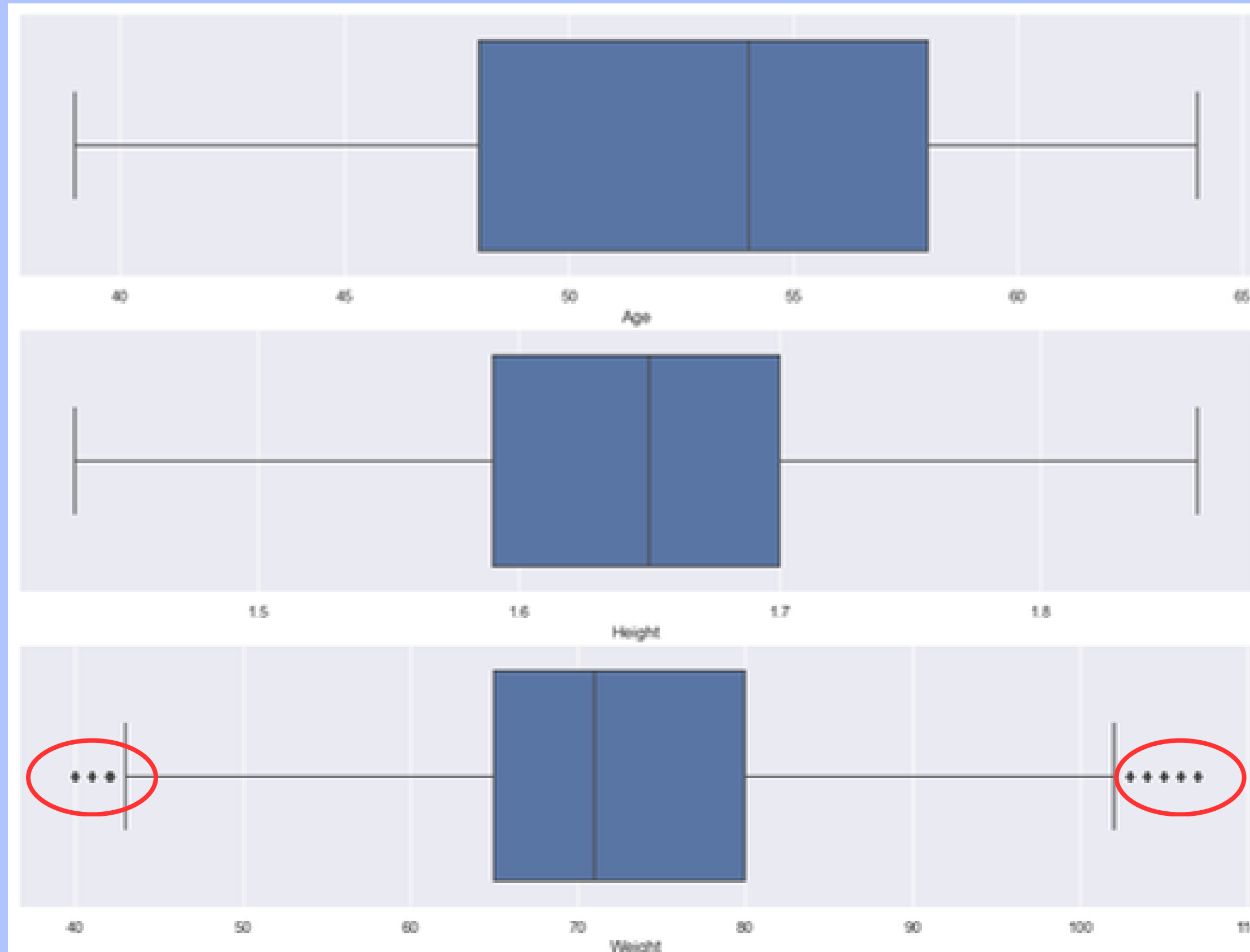
After importing the dataset, we did boxplots for all 6 variables before cleaning



# EXPLORATORY ANALYSIS AND OBSERVATIONS

visualizing the variables using boxplot for the cleaned data

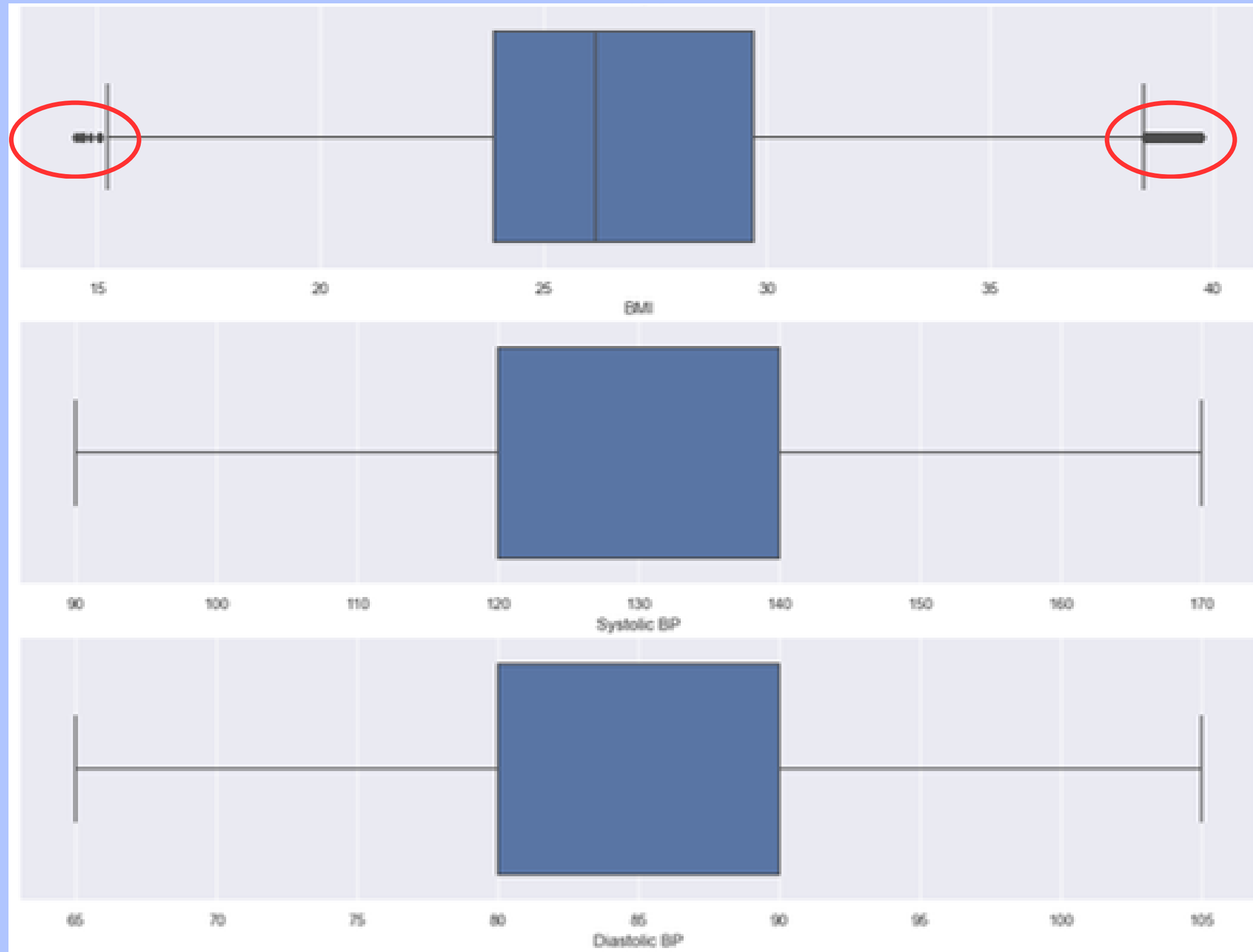
**Boxplot**



# EXPLORATORY ANALYSIS AND OBSERVATIONS

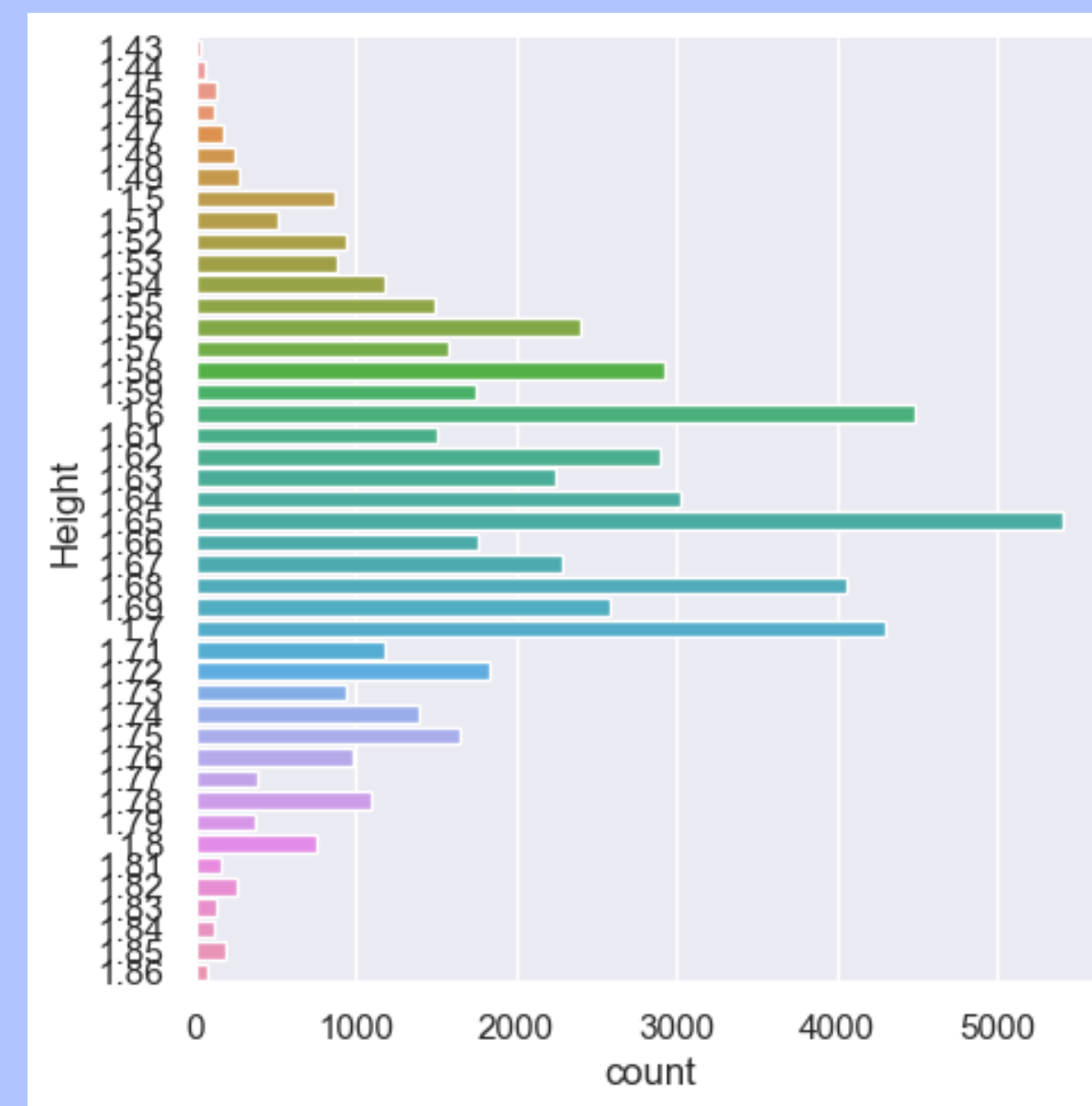
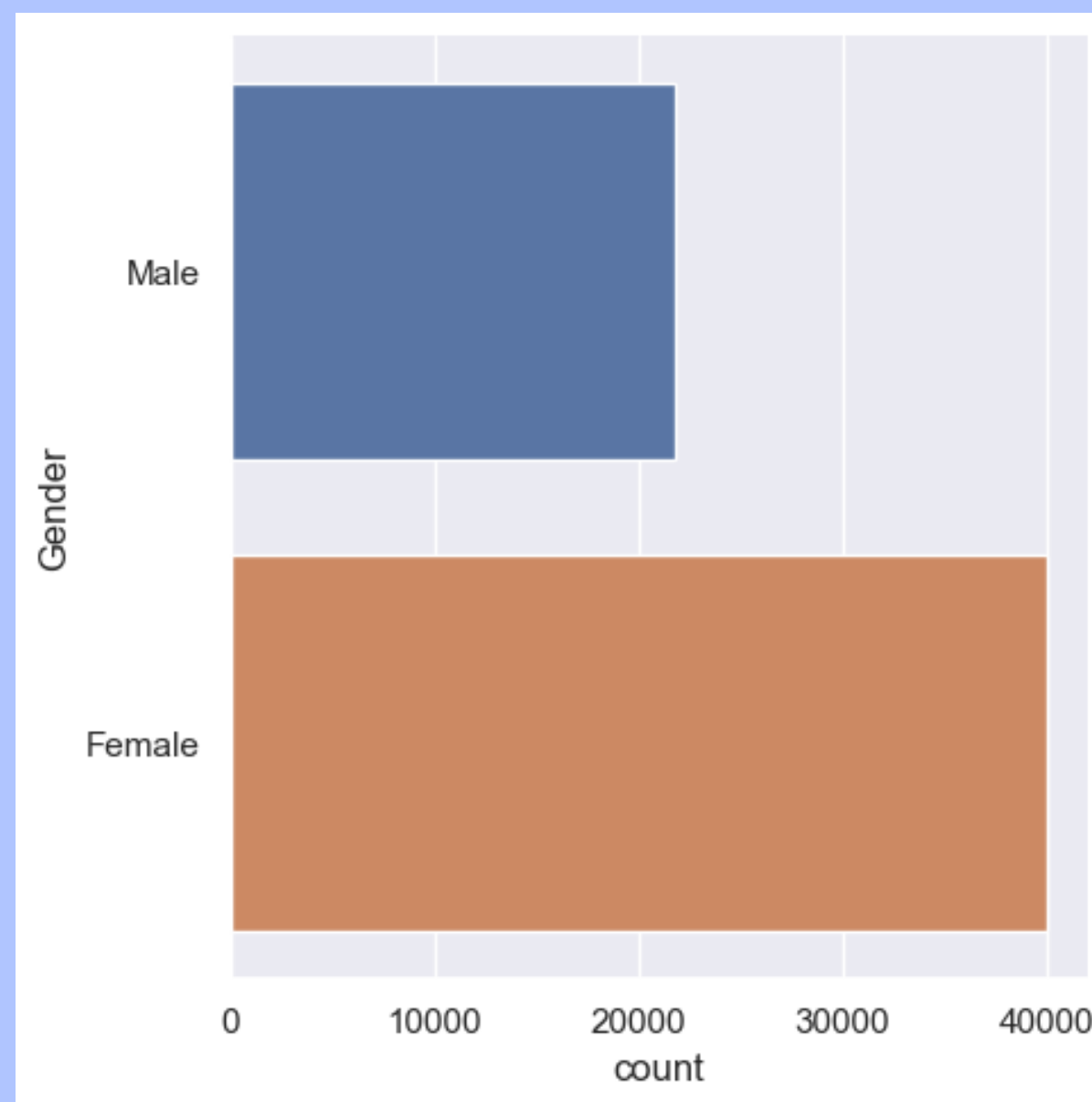
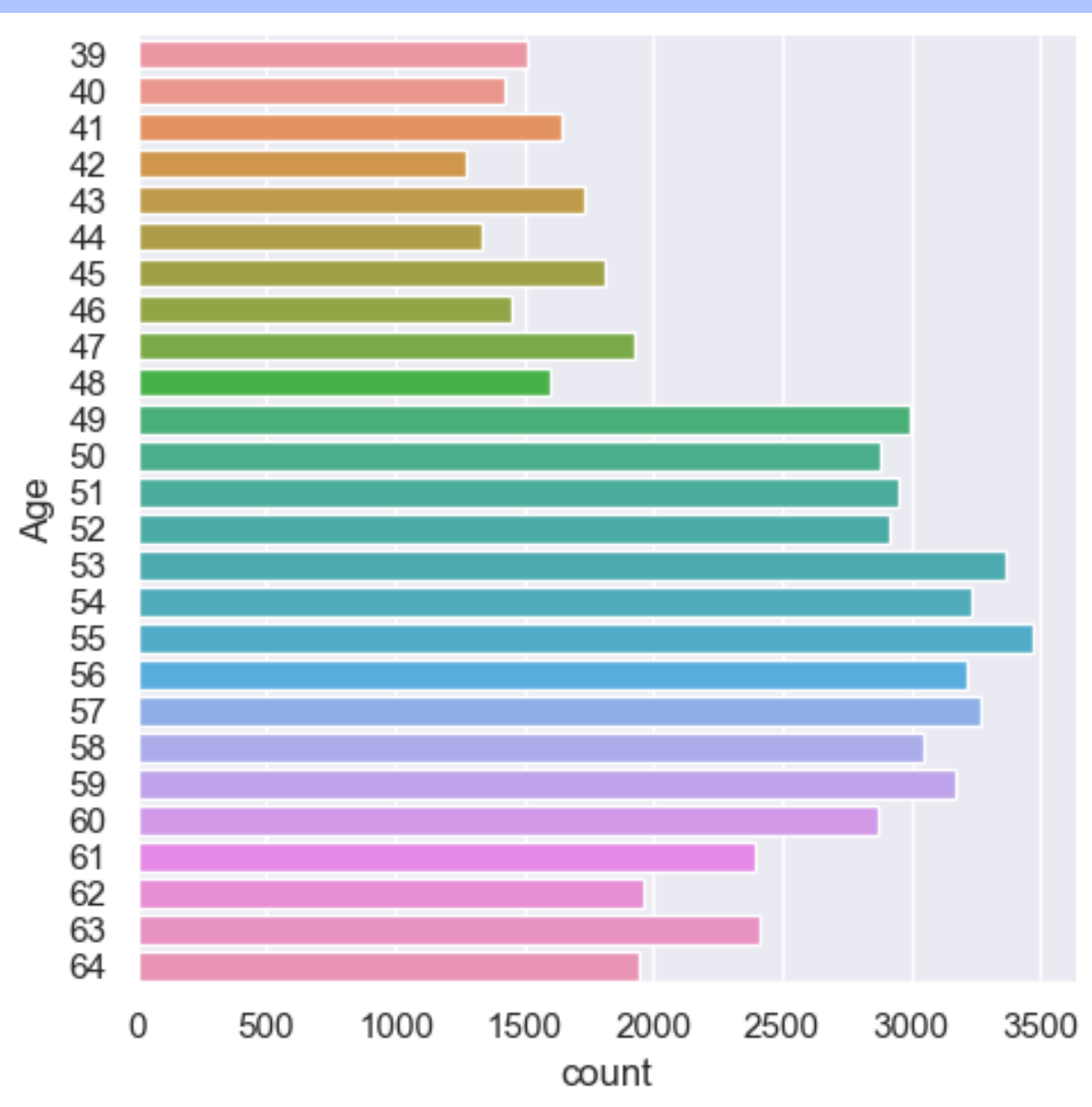
visualizing the variables using boxplot for the cleaned data

Boxplot



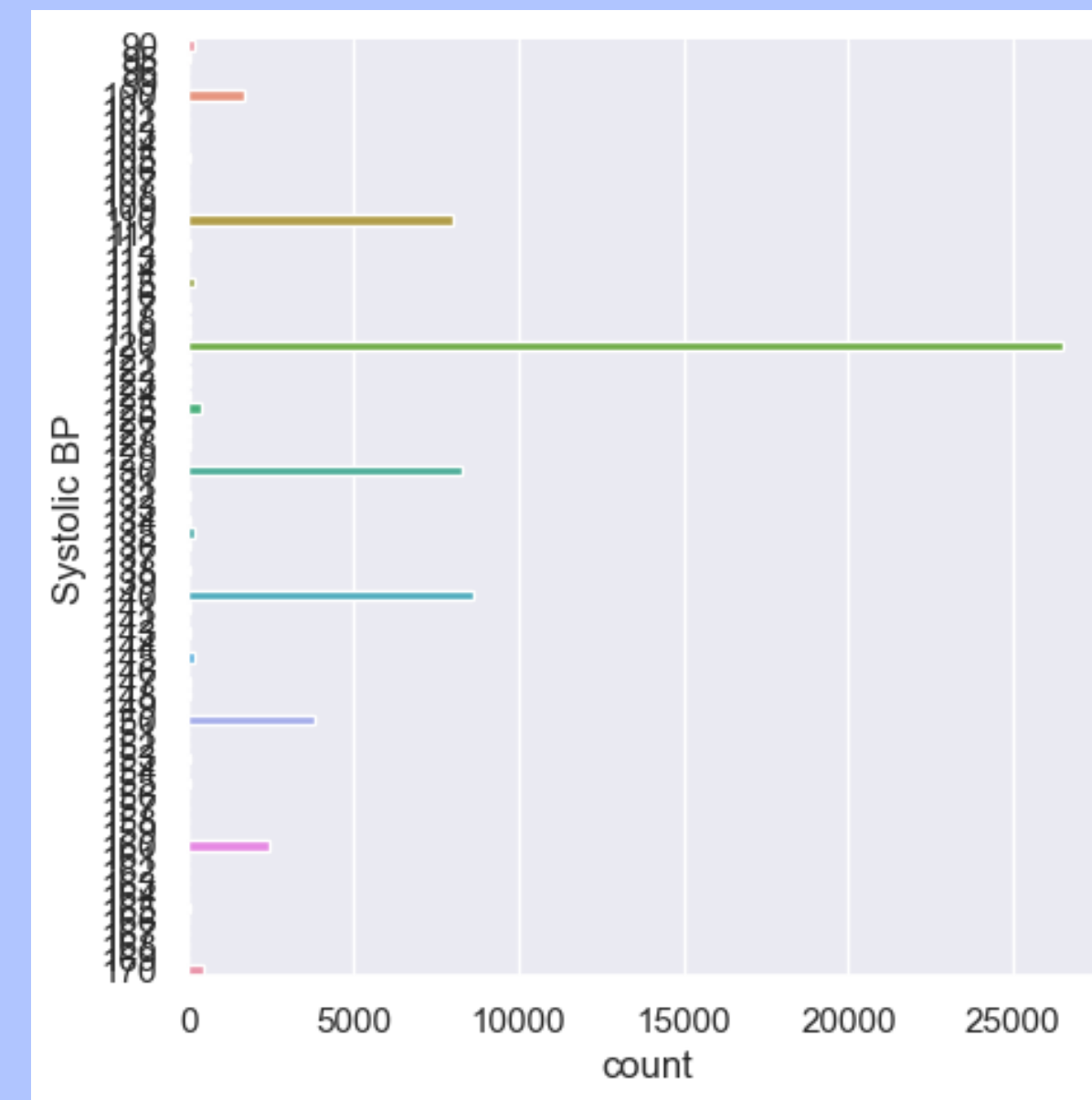
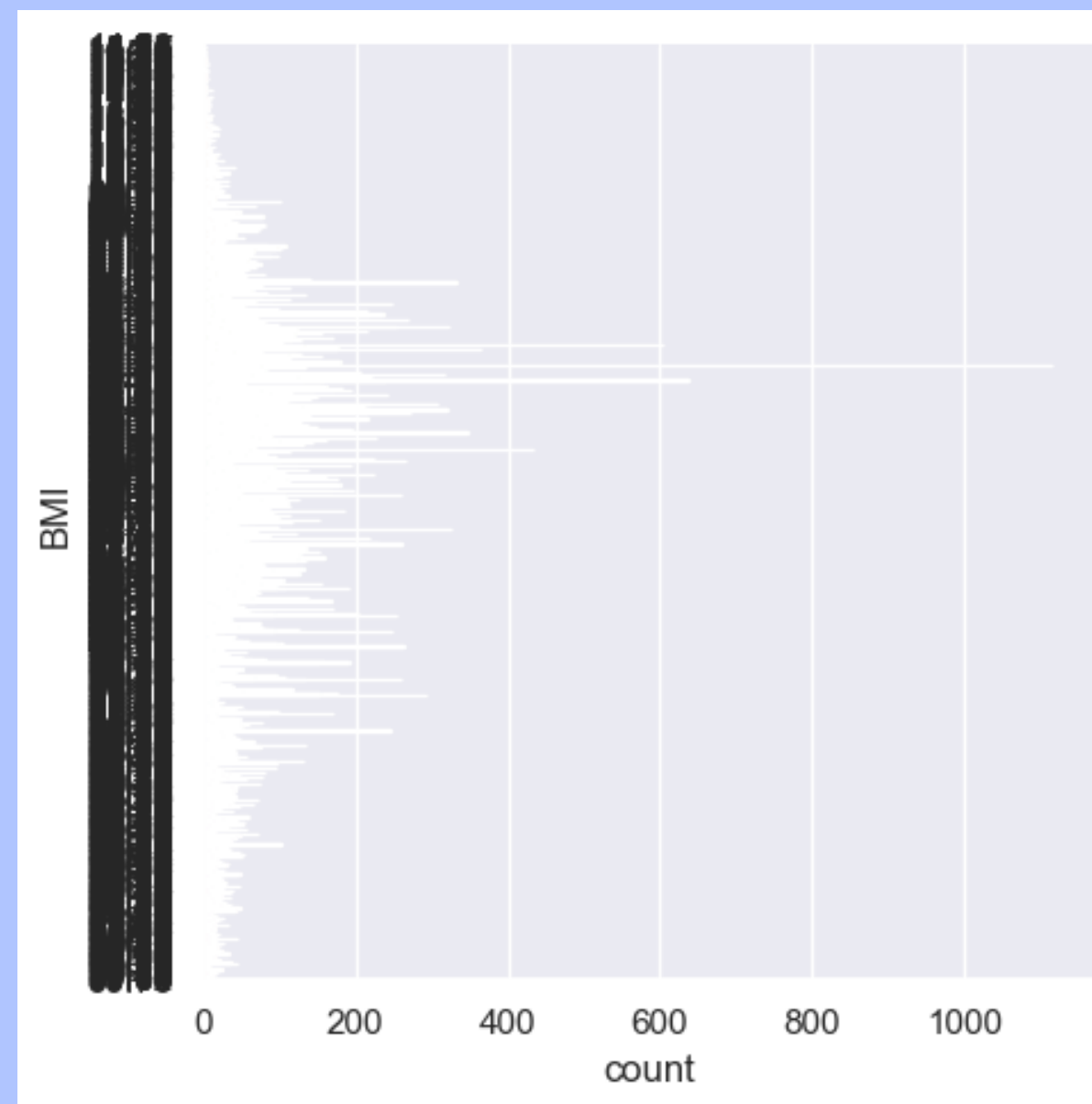
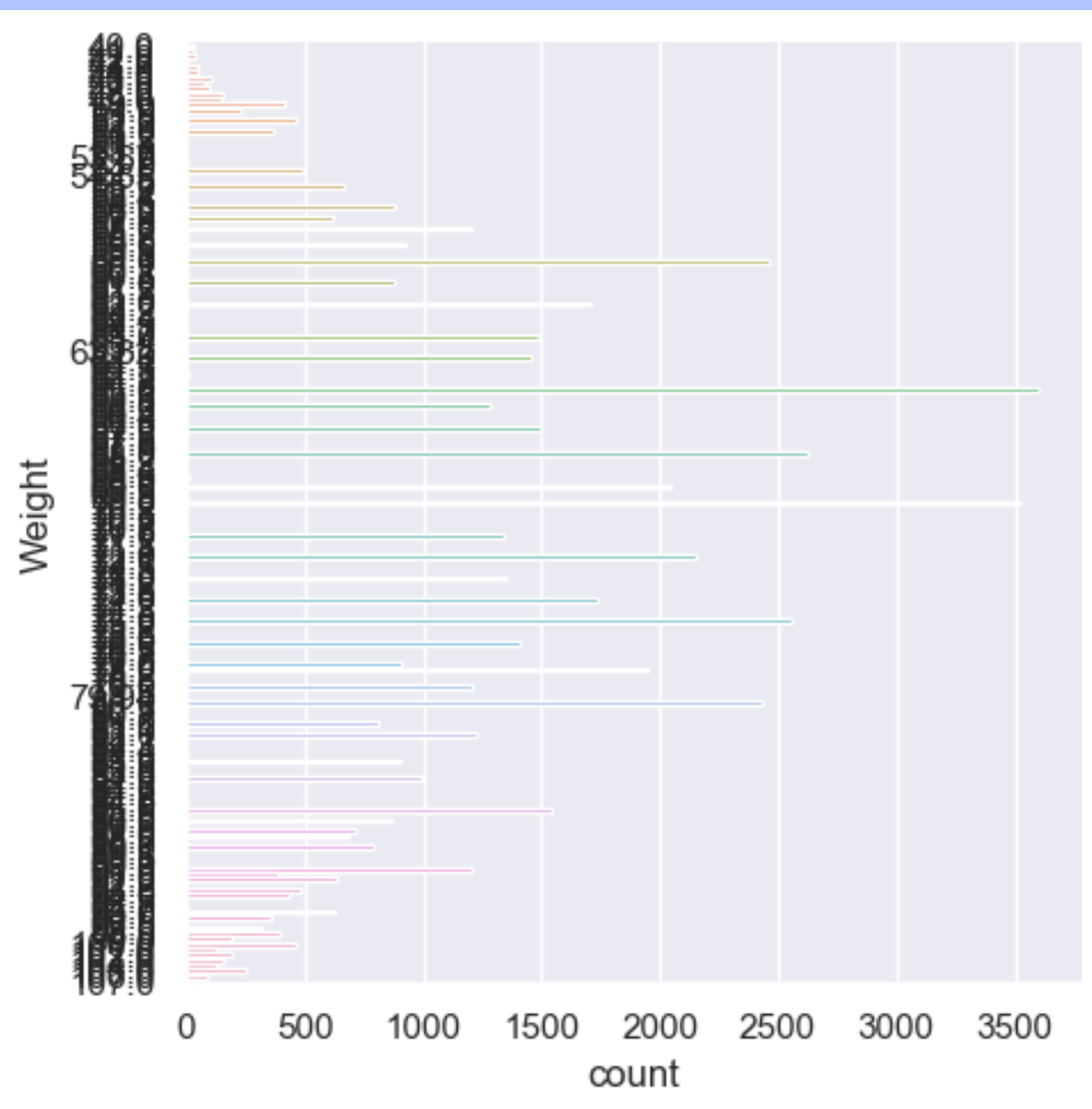
# EXPLORATORY ANALYSIS AND OBSERVATIONS

we then visualize the distributions for the variables using catplot



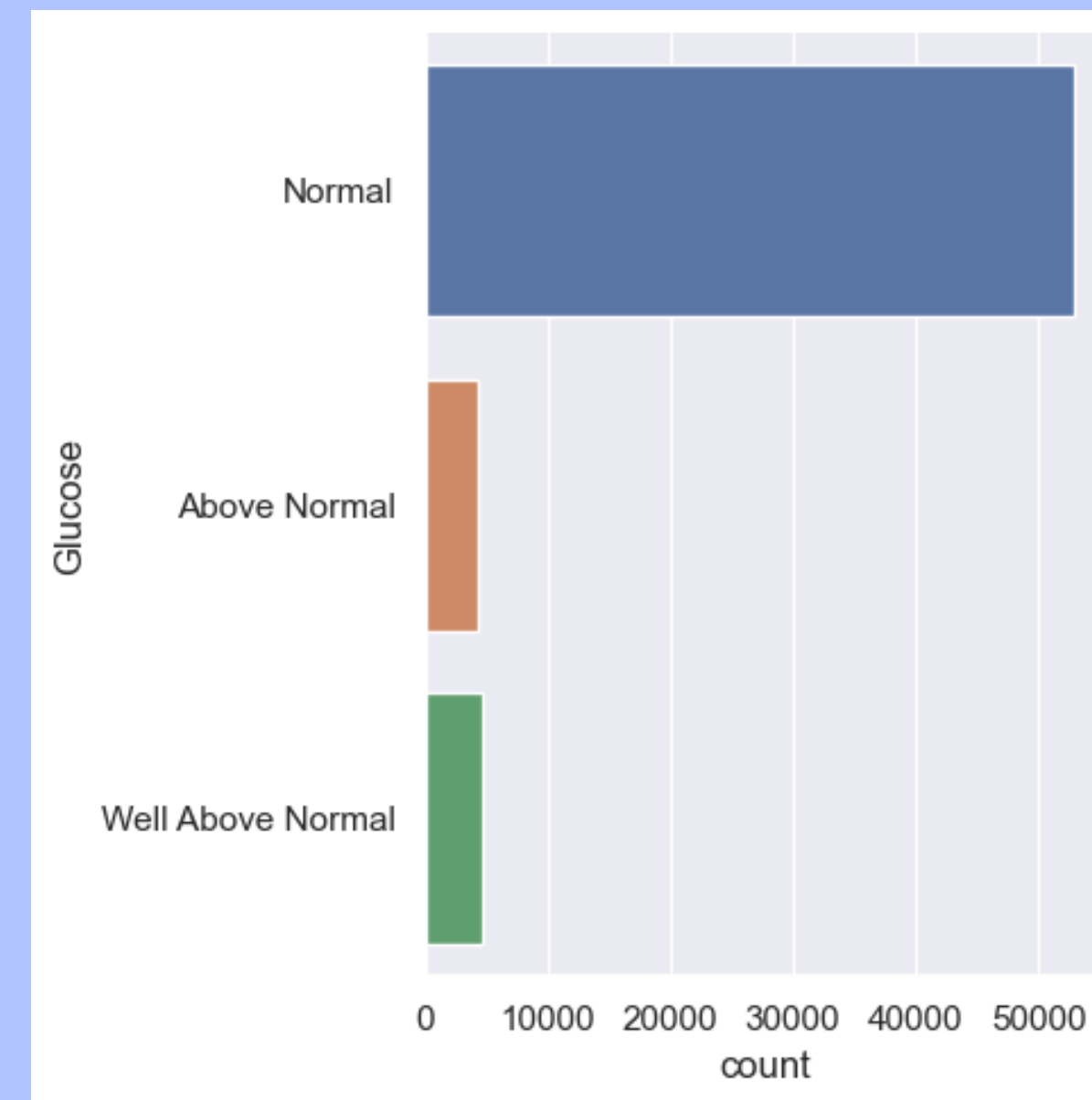
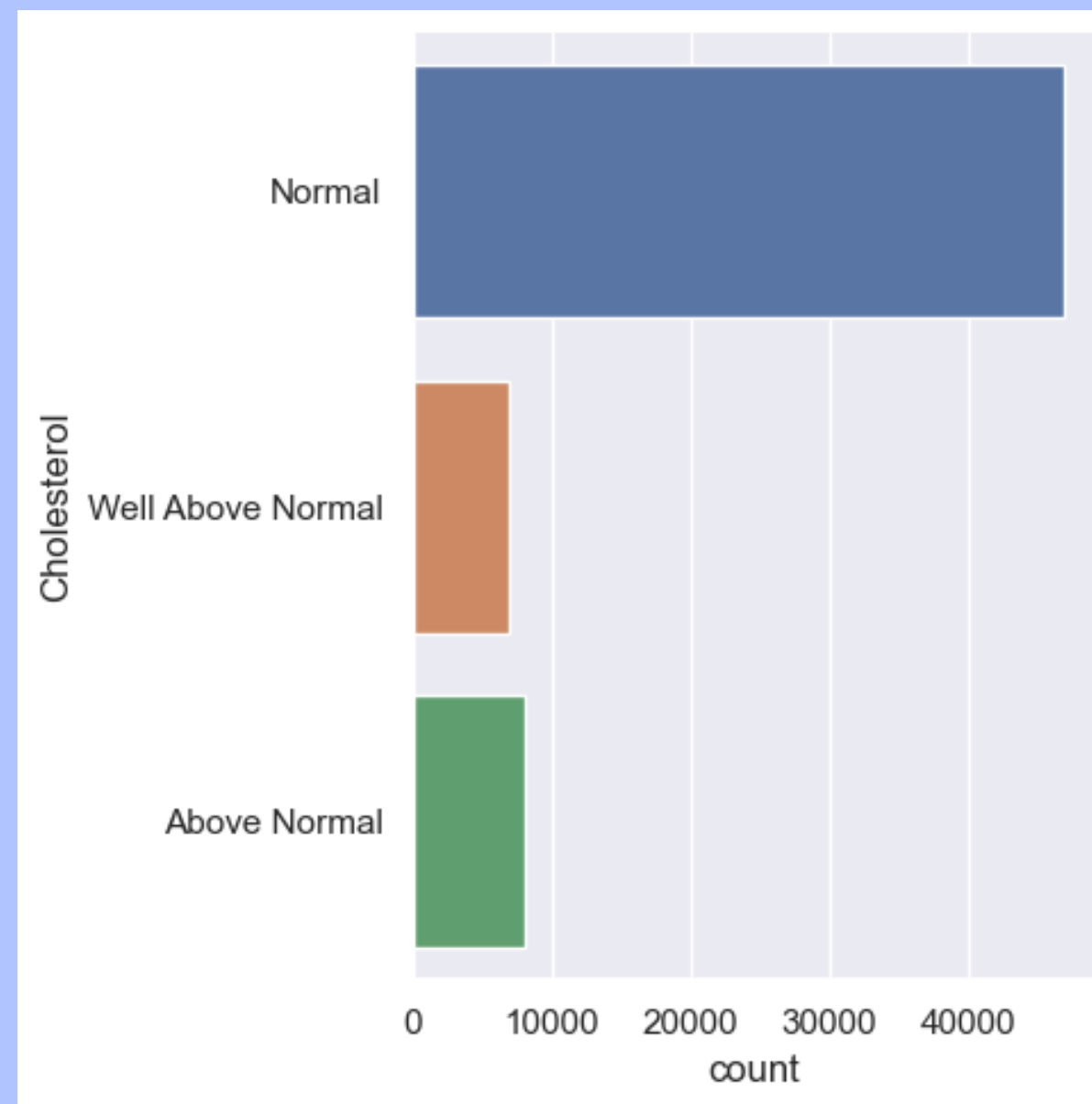
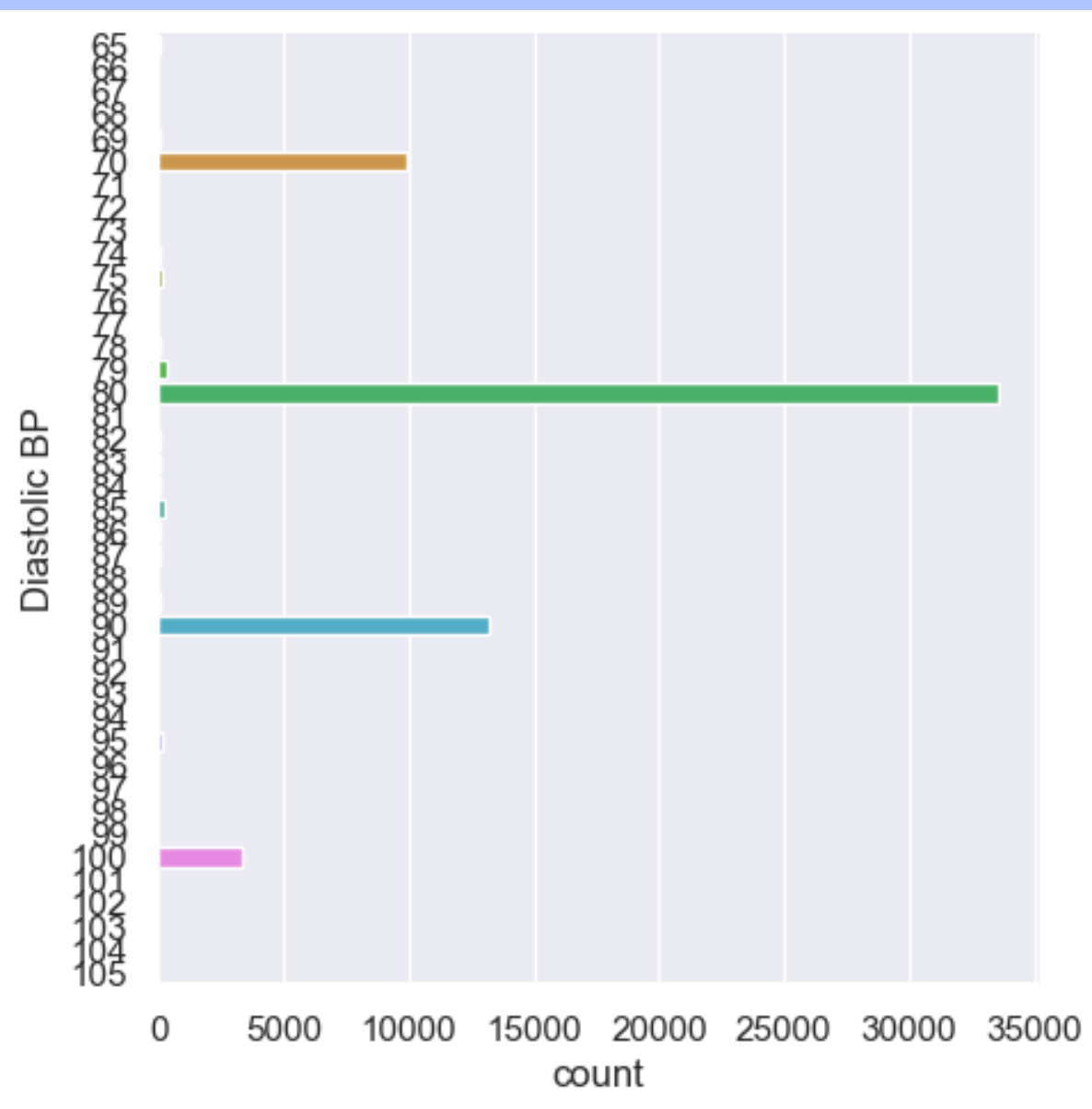
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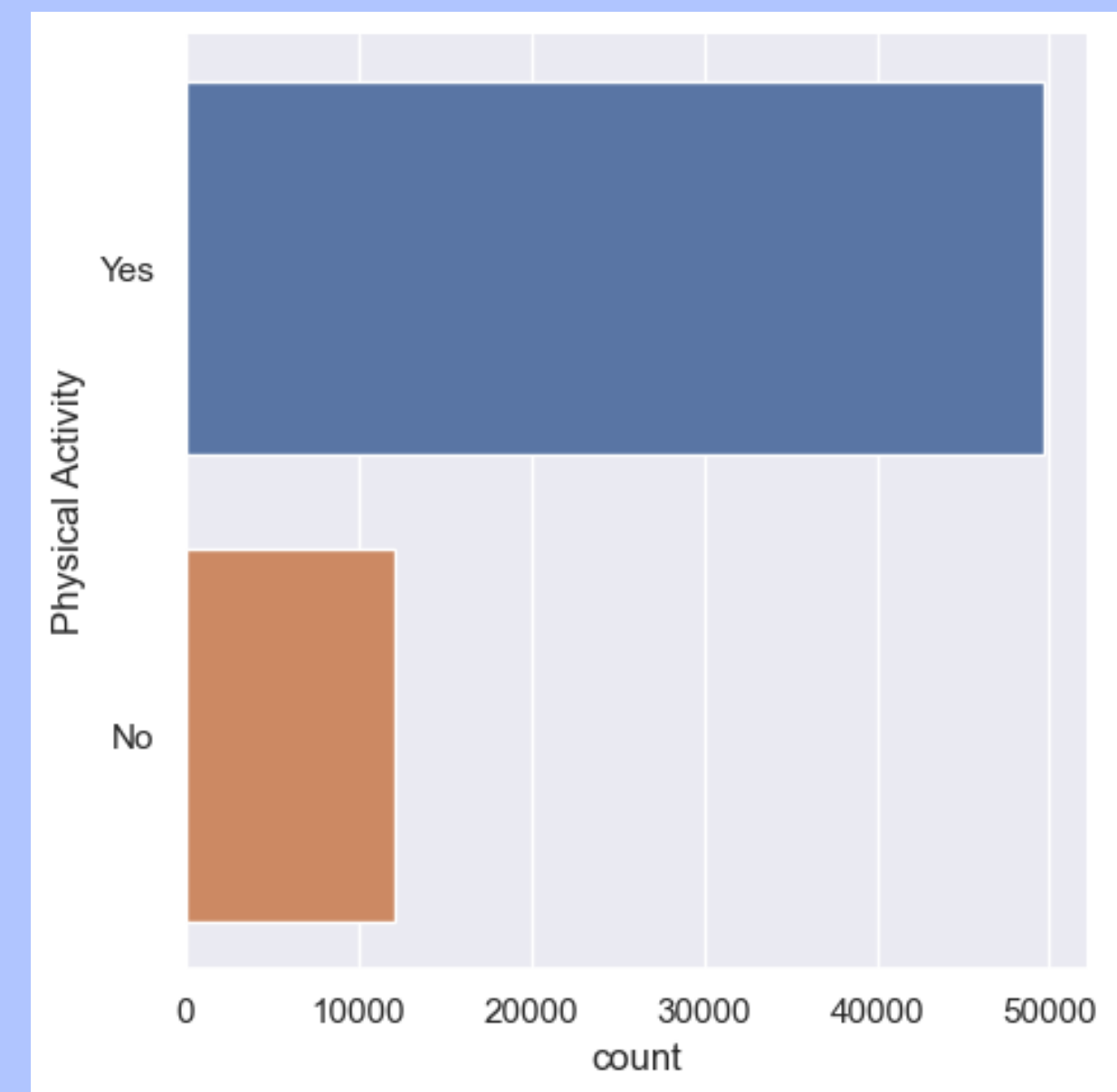
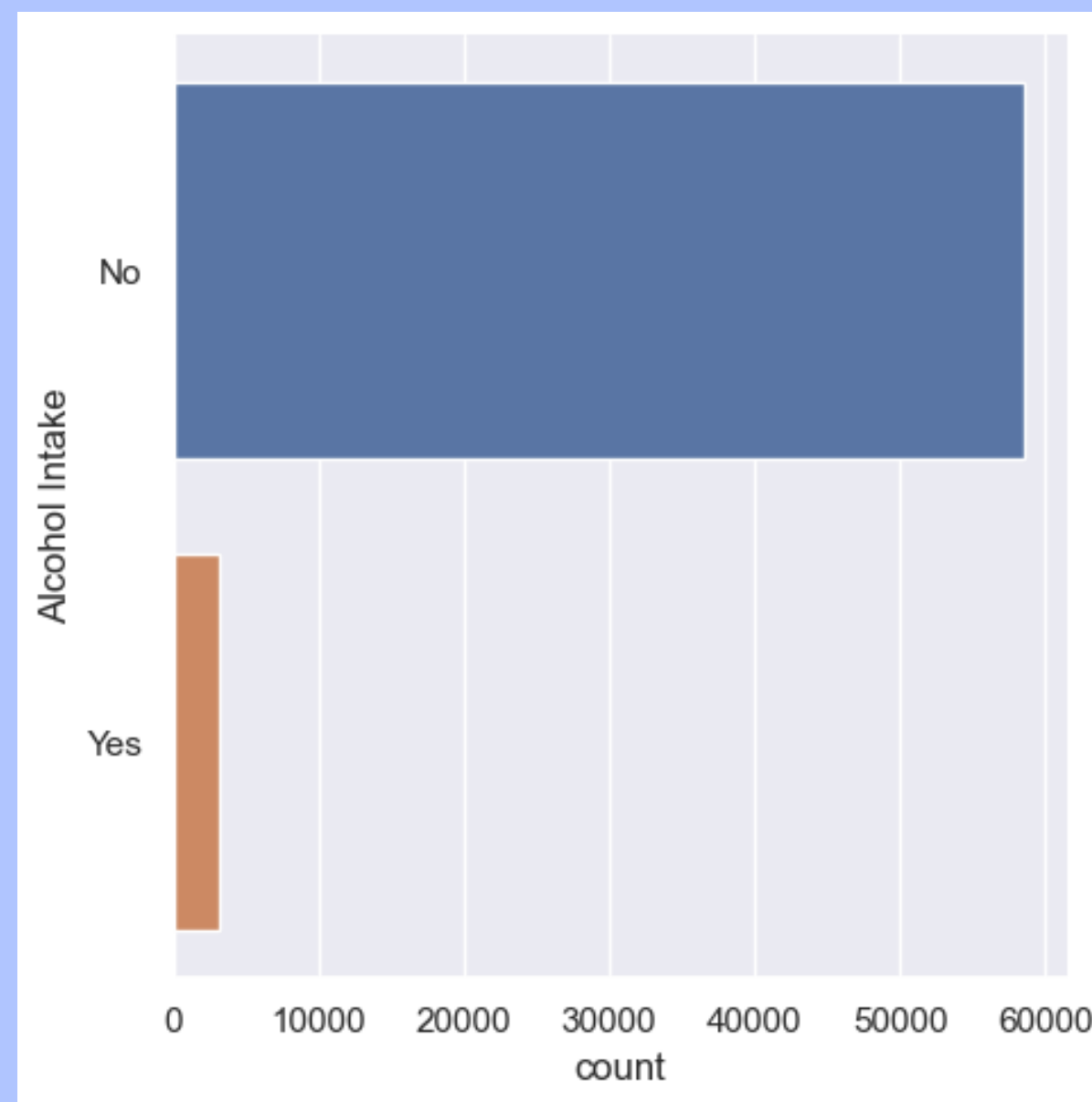
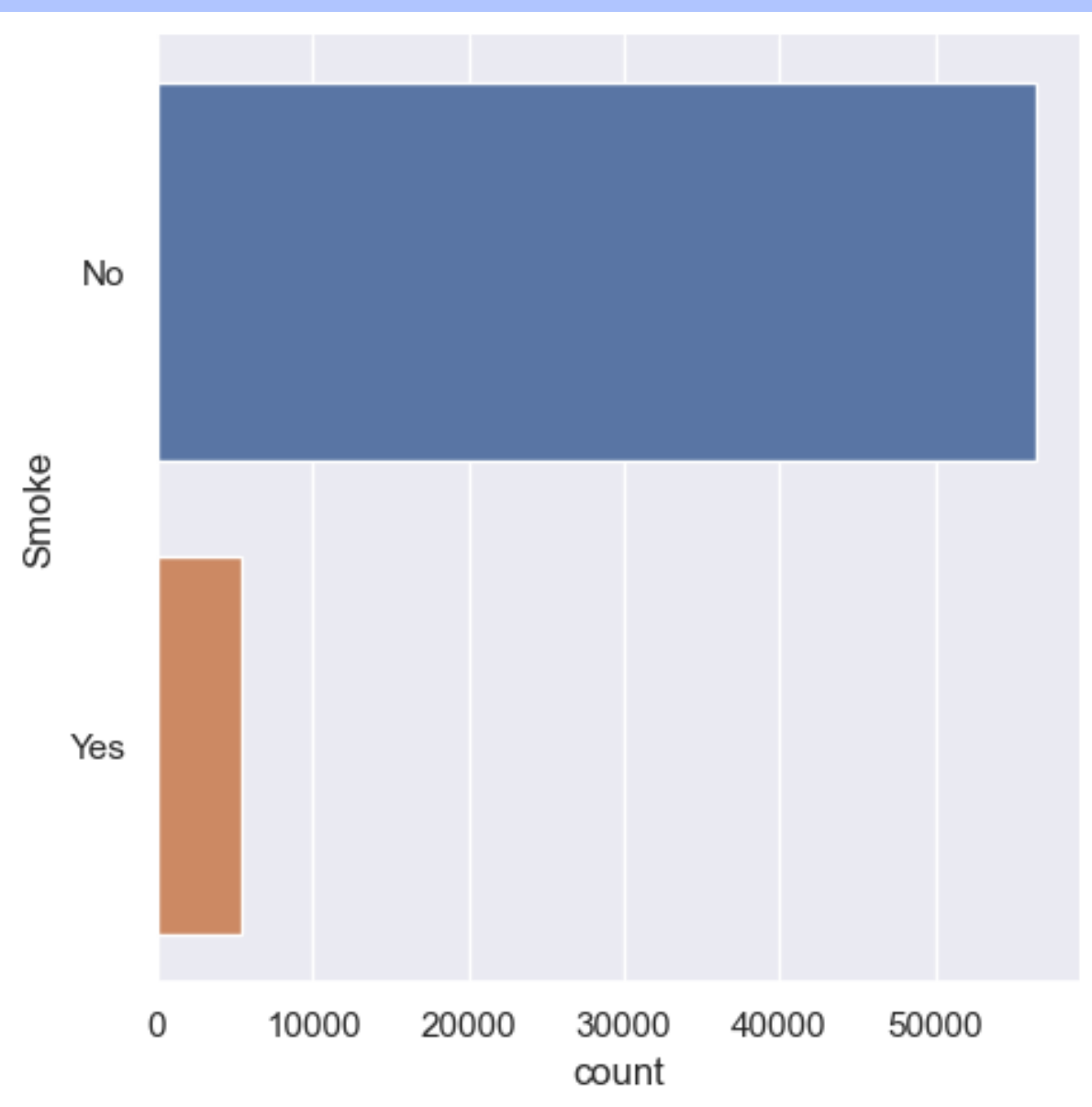
we then visualize the distributions for the variables using catplot





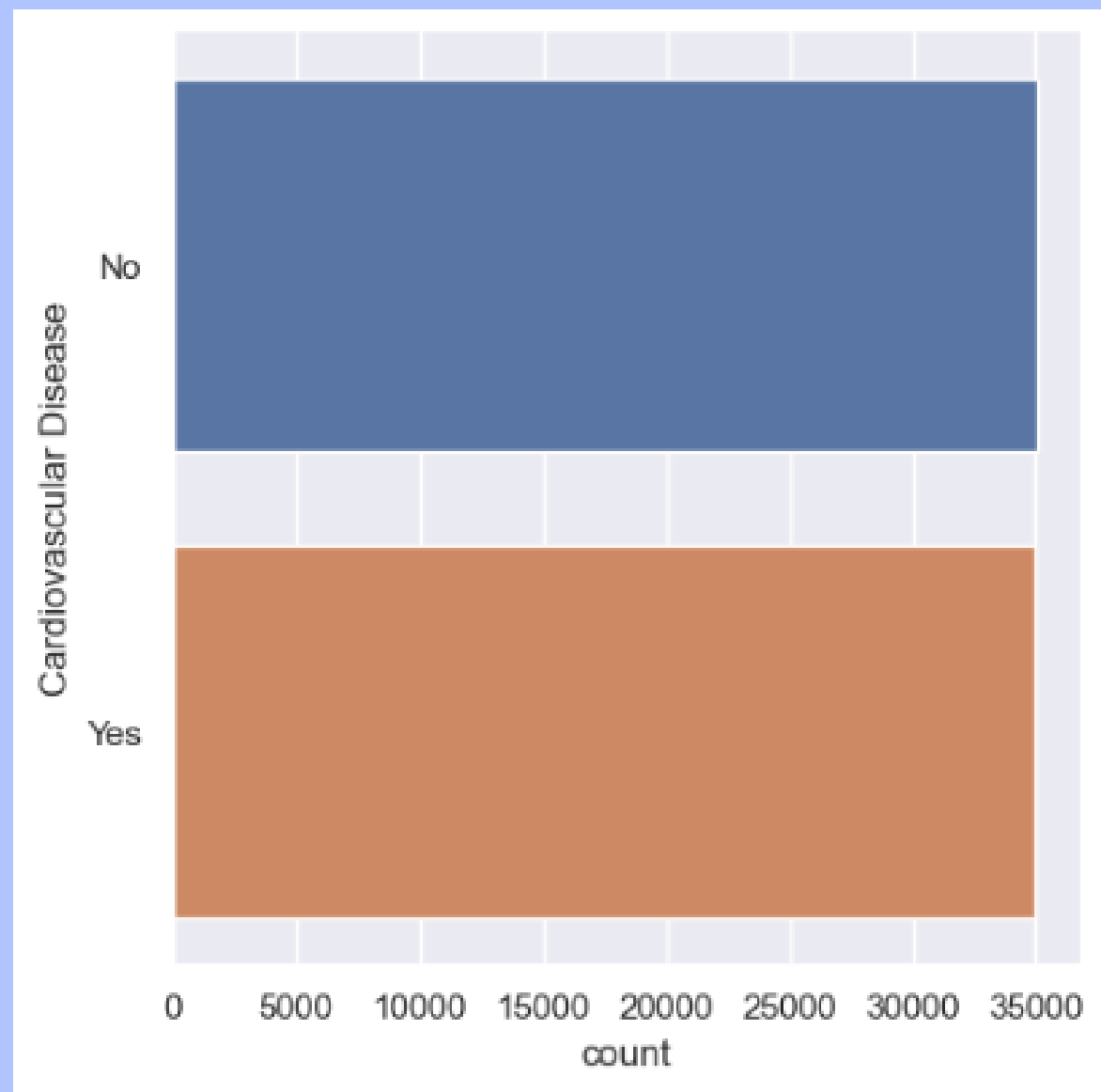
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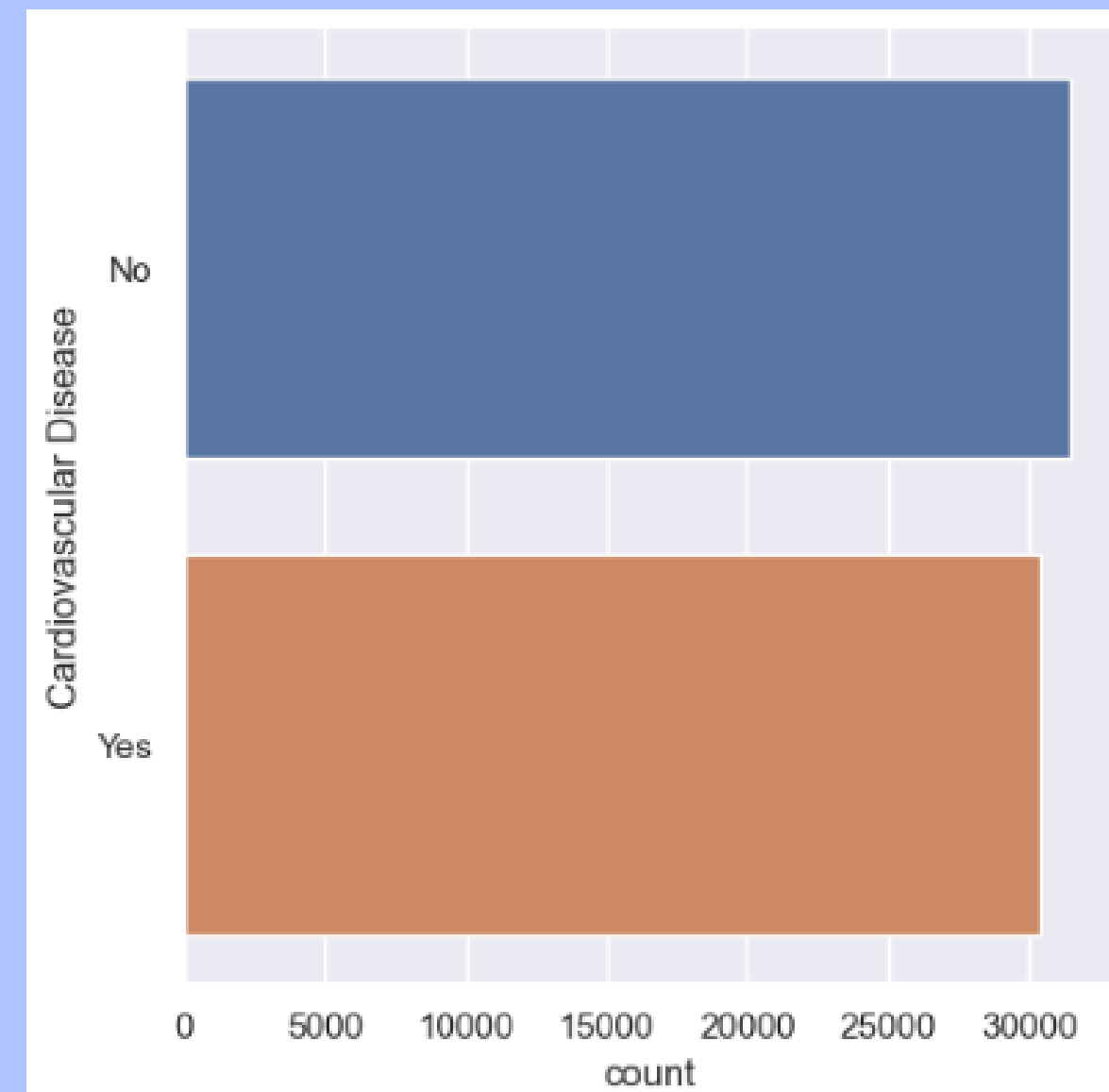


# EXPLORATORY ANALYSIS AND OBSERVATIONS

we then visualize the distributions for the variables using catplot



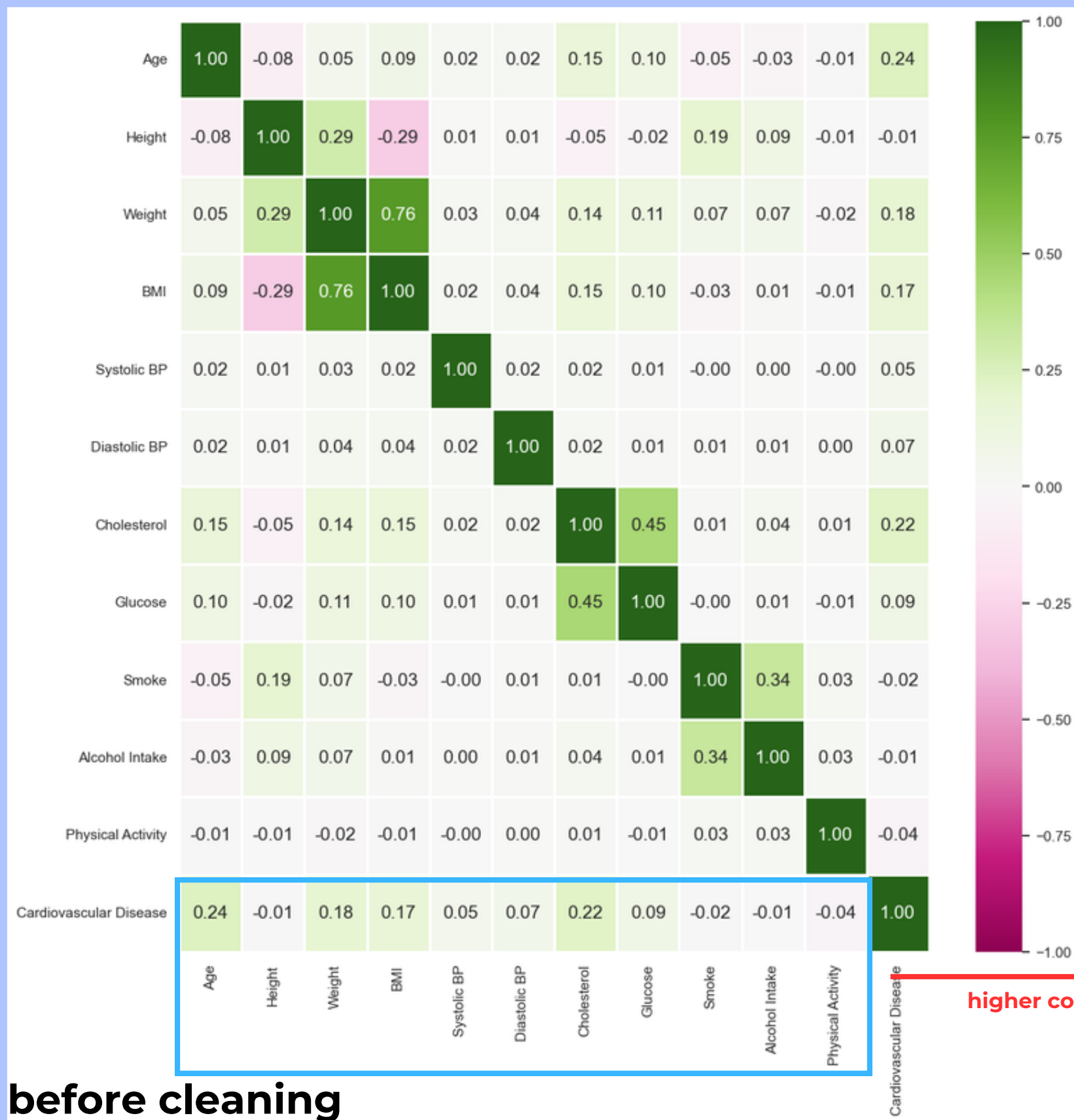
**before cleaning**



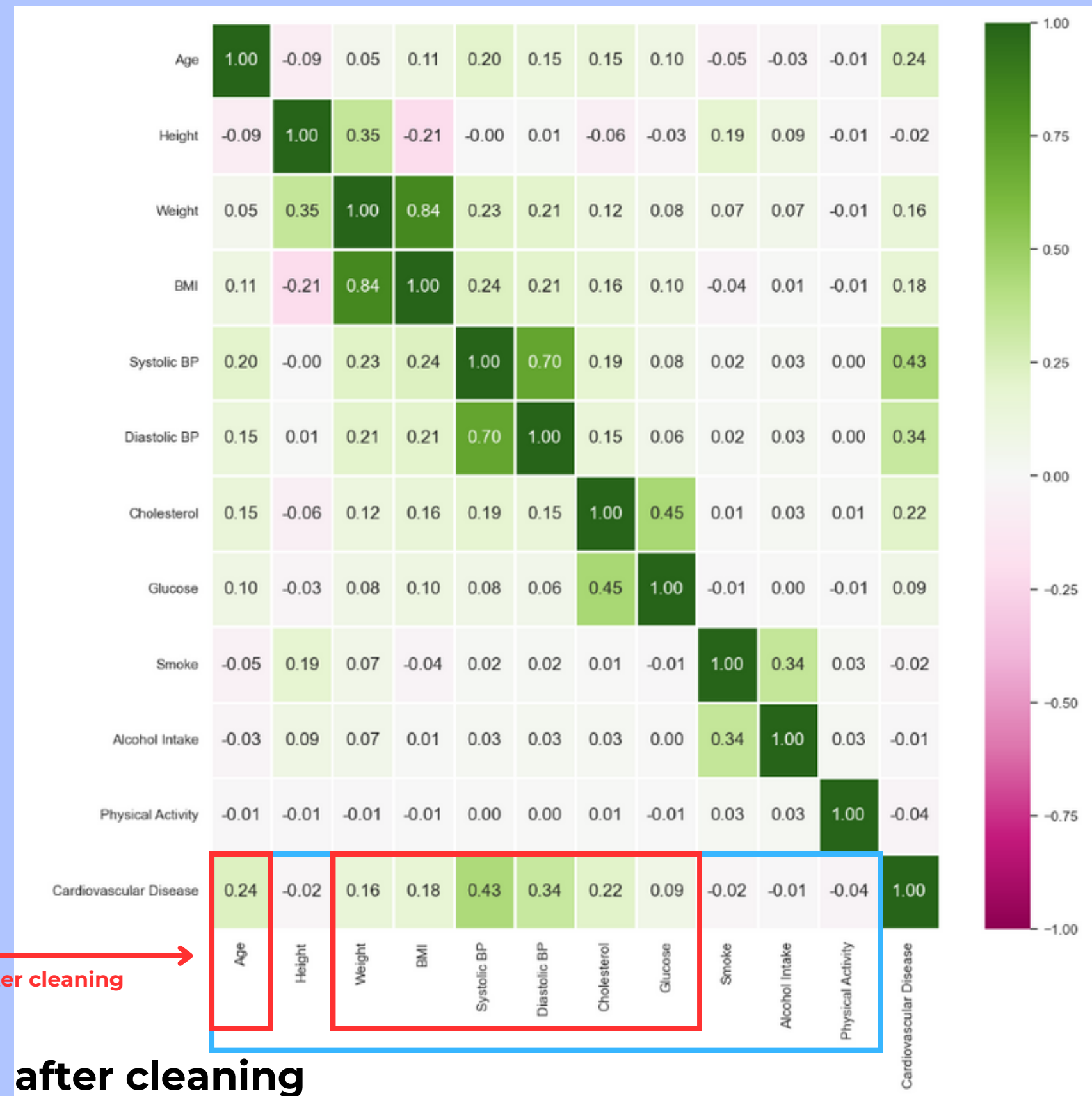
**after cleaning**

# EXPLORATORY ANALYSIS AND OBSERVATIONS

## Heatmap



before cleaning



after cleaning

# 3: MACHINE LEARNING MODELS



# TYPES OF ML MODELS



**1**

Logistic  
Regression

**2**

K-Means  
Clustering

**3**

Decision Tree

**4**

Random Forest

# LOGISTIC REGRESSION

Require categorical variables



Our dependent variable, Presence of cardiovascular disease, is binary [0, 1]

	Age	Gender	Height	Weight	BMI	Systolic BP	Diastolic BP	Cholesterol	Glucose	Smoke	Alcohol Intake	Physical Activity	Cardiovascular Disease
0	50	Male	1.68	62.0	21.97	110	80	1	1	0	0	1	0
1	55	Female	1.58	85.0	34.93	140	90	3	1	0	0	1	1
2	51	Female	1.65	64.0	23.51	130	70	3	1	0	0	0	1
3	48	Male	1.69	82.0	28.71	150	100	1	1	0	0	1	1
4	60	Female	1.51	67.0	29.38	120	80	2	2	0	0	0	0
...	...	...	...	...	...	...	...	...	...	...	...	...	...
61779	53	Female	1.72	70.0	23.66	130	90	1	1	0	0	1	1
61780	57	Female	1.65	80.0	29.38	150	80	1	1	0	0	1	1
61781	52	Male	1.68	76.0	26.93	120	80	1	1	1	0	1	0
61782	61	Female	1.63	72.0	27.10	135	80	1	2	0	0	0	1
61783	56	Female	1.70	72.0	24.91	120	80	2	1	0	0	1	0

# SYSTOLIC BP VS CARDIOVASCULAR DISEASE



```
Intercept      : b = [-9.70092741]
Coefficients   : a = [[0.07696742]]

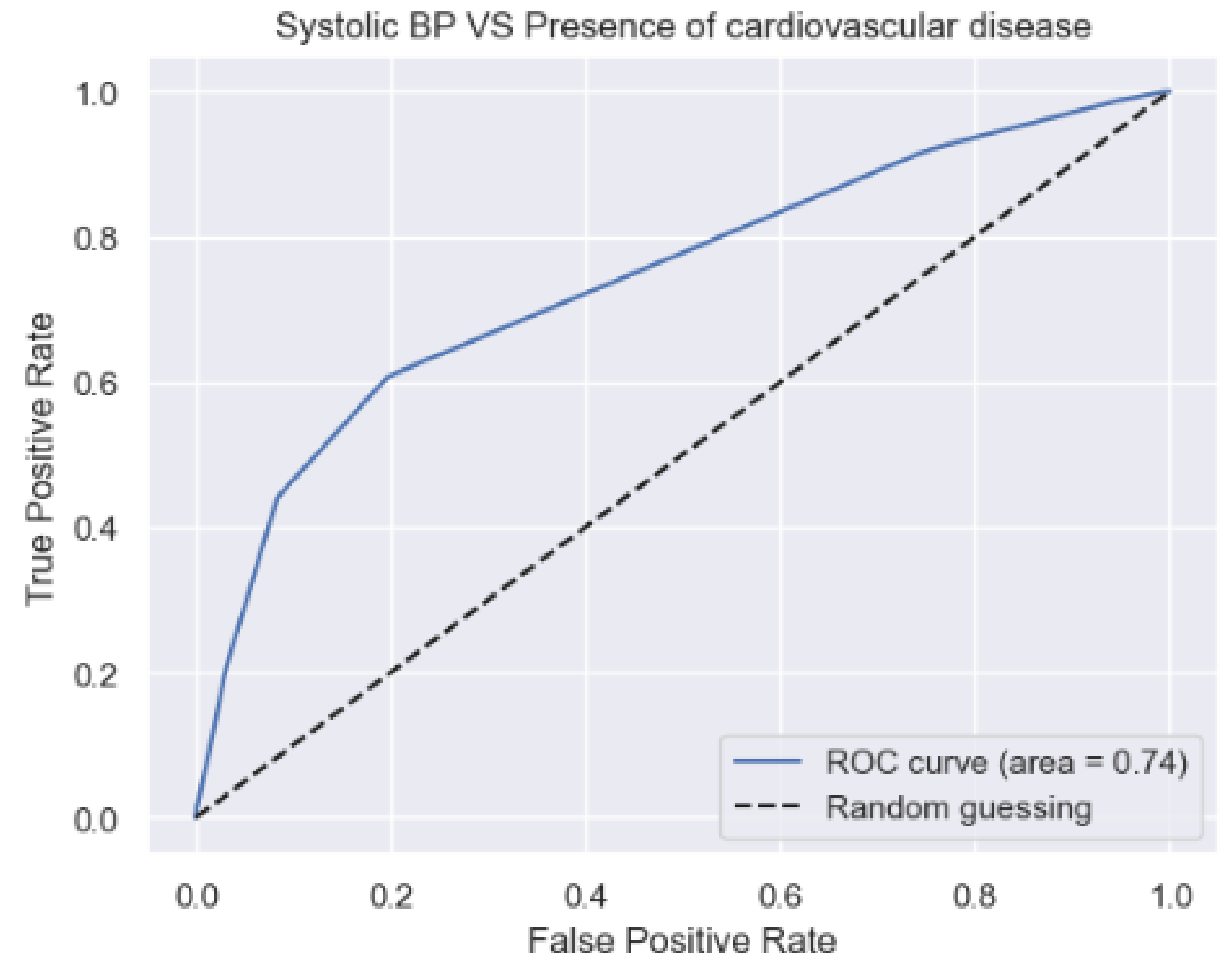
      precision    recall  f1-score   support

     0       0.68      0.80      0.74      9503
     1       0.74      0.61      0.67      9033

 accuracy              0.71      18536
 macro avg           0.71      0.70      0.70      18536
 weighted avg        0.71      0.71      0.70      18536

AUC-ROC: 0.7420967146326647
Accuracy: 0.7068946914113077
```

- Precision: Prediction of Classes
- Recall: Correctly Identify of Classes
- F1-Score: Weighted Average of Precision and Recall
- Support: Number of Instances
- Accuracy: Correctly Classified of Classes

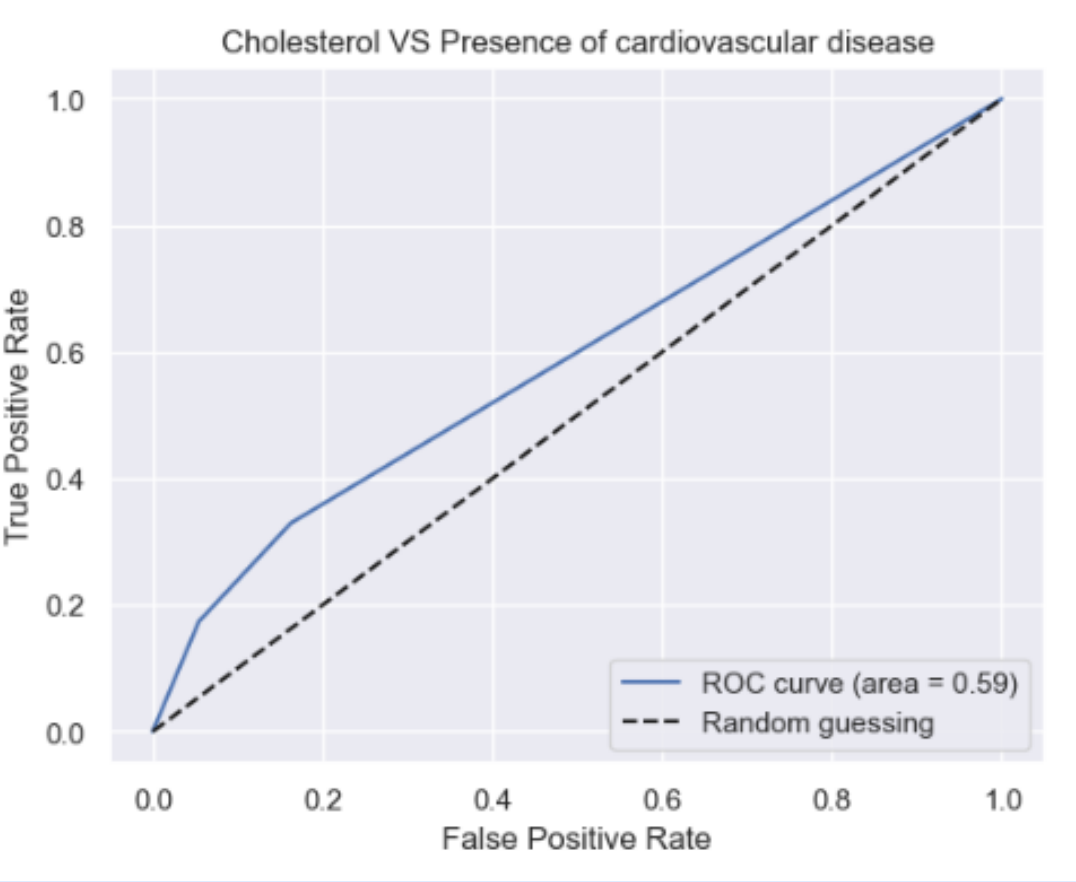


# Cholesterol vs Cardiovascular Disease

Intercept : b = [-0.9628198]  
Coefficients : a = [[0.70070073]]

	precision	recall	f1-score	support
0	0.57	0.84	0.68	9503
1	0.66	0.33	0.44	9033
accuracy			0.59	18536
macro avg	0.61	0.58	0.56	18536
weighted avg	0.61	0.59	0.56	18536

AUC-ROC: 0.5885370452738803  
Accuracy: 0.5897712559343979

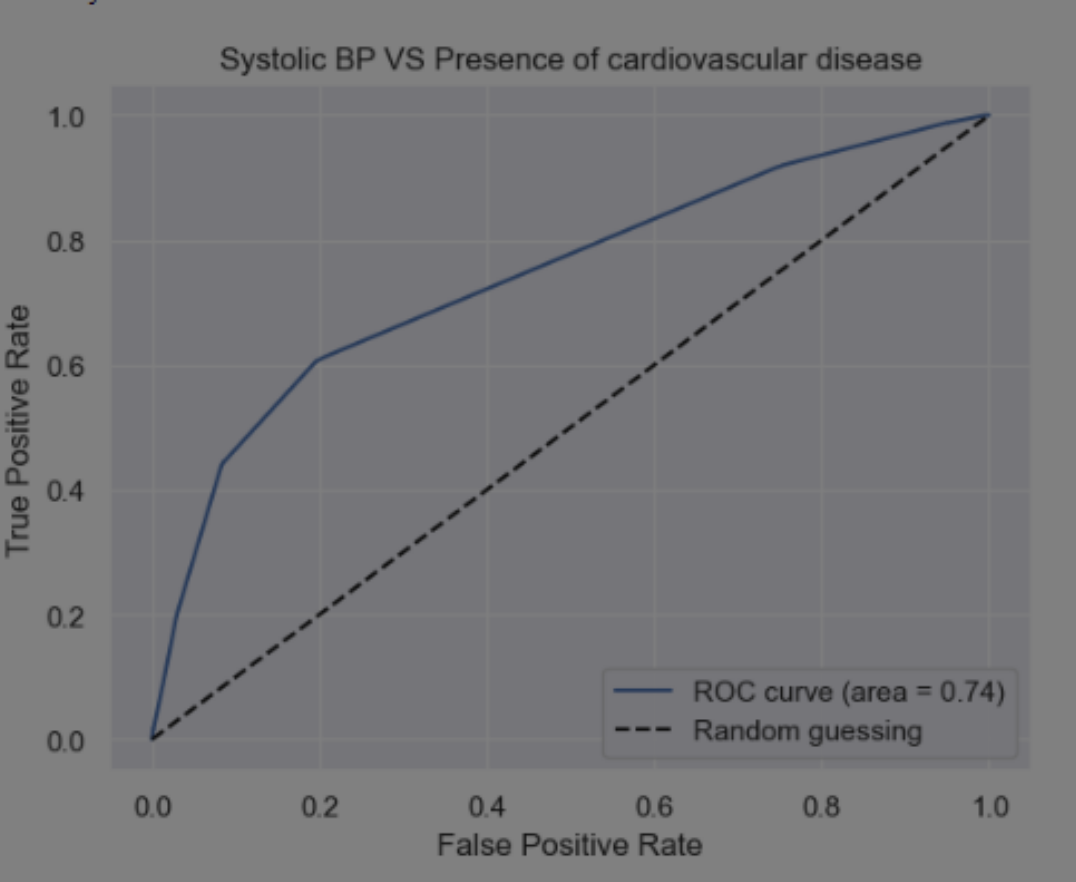


# Systolic BP vs Cardiovascular Disease

Intercept : b = [-9.70092741]  
Coefficients : a = [[0.07696742]]

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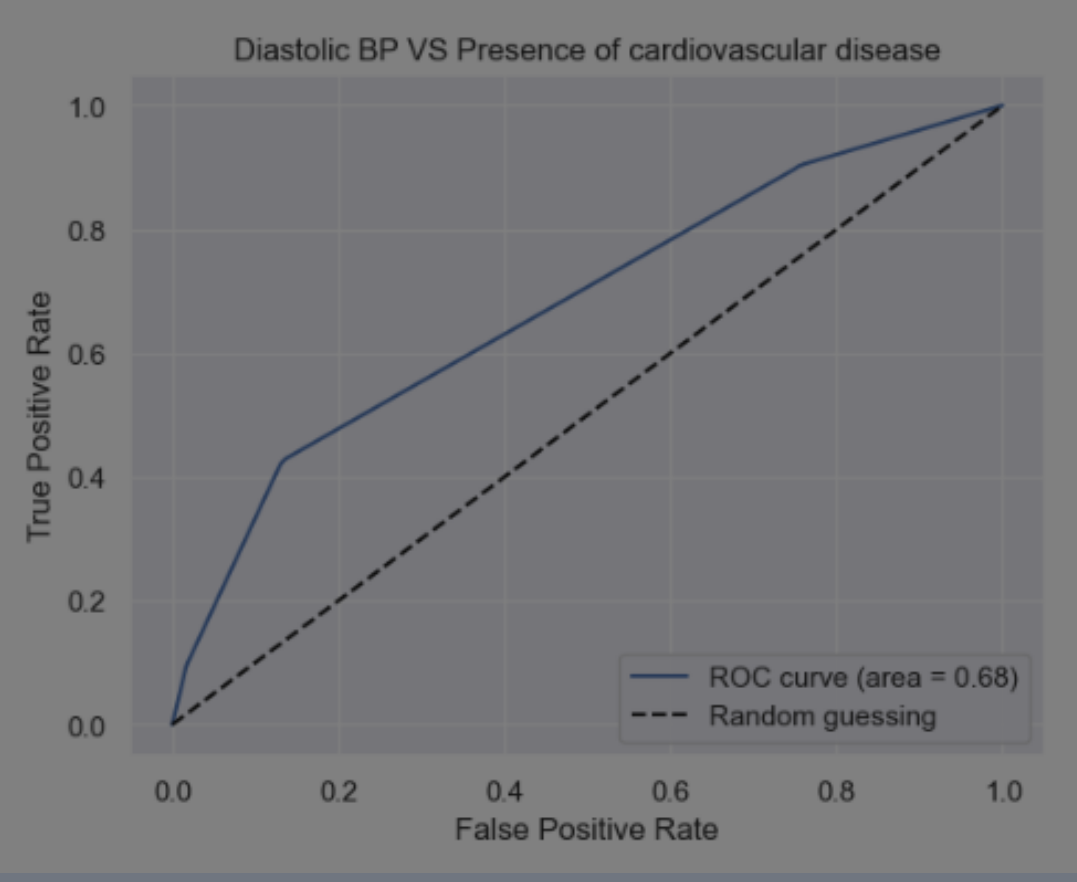


# Diastolic BP vs Cardiovascular Disease

Intercept : b = [-8.15131333]  
Coefficients : a = [[0.09960165]]

	precision	recall	f1-score	support
0	0.61	0.86	0.72	9503
1	0.75	0.43	0.55	9033
accuracy			0.65	18536
macro avg	0.68	0.65	0.63	18536
weighted avg	0.68	0.65	0.63	18536

AUC-ROC: 0.6773027935184843  
Accuracy: 0.6515968925334484



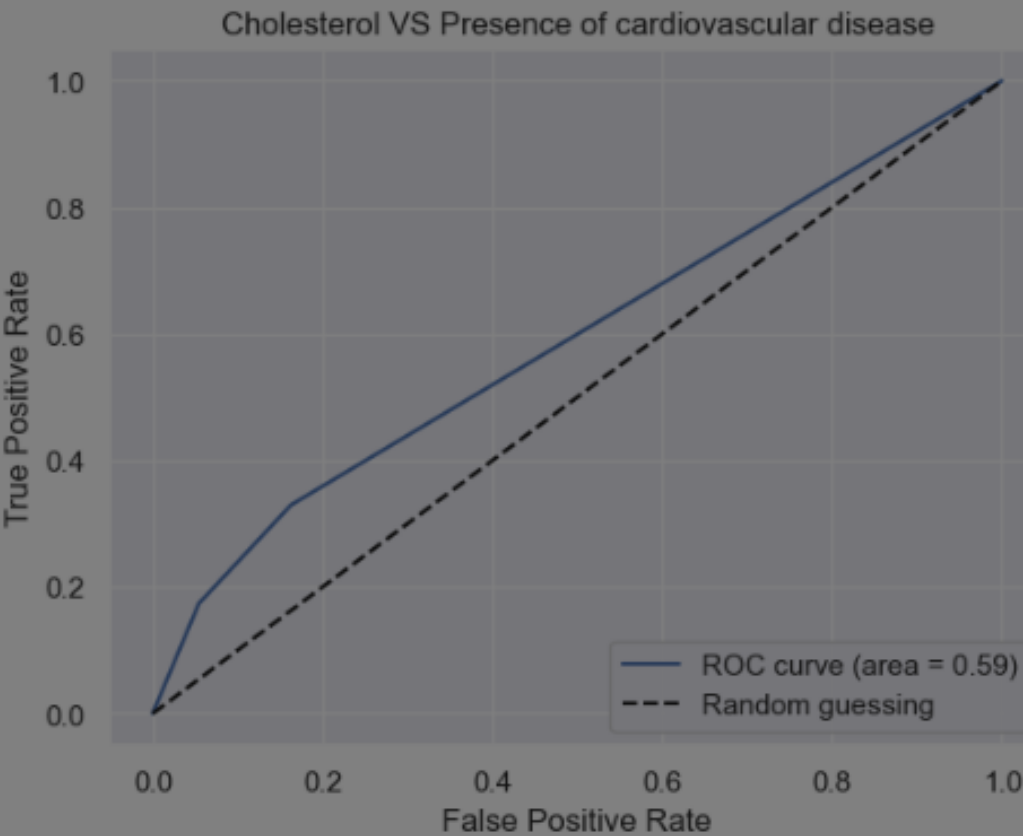


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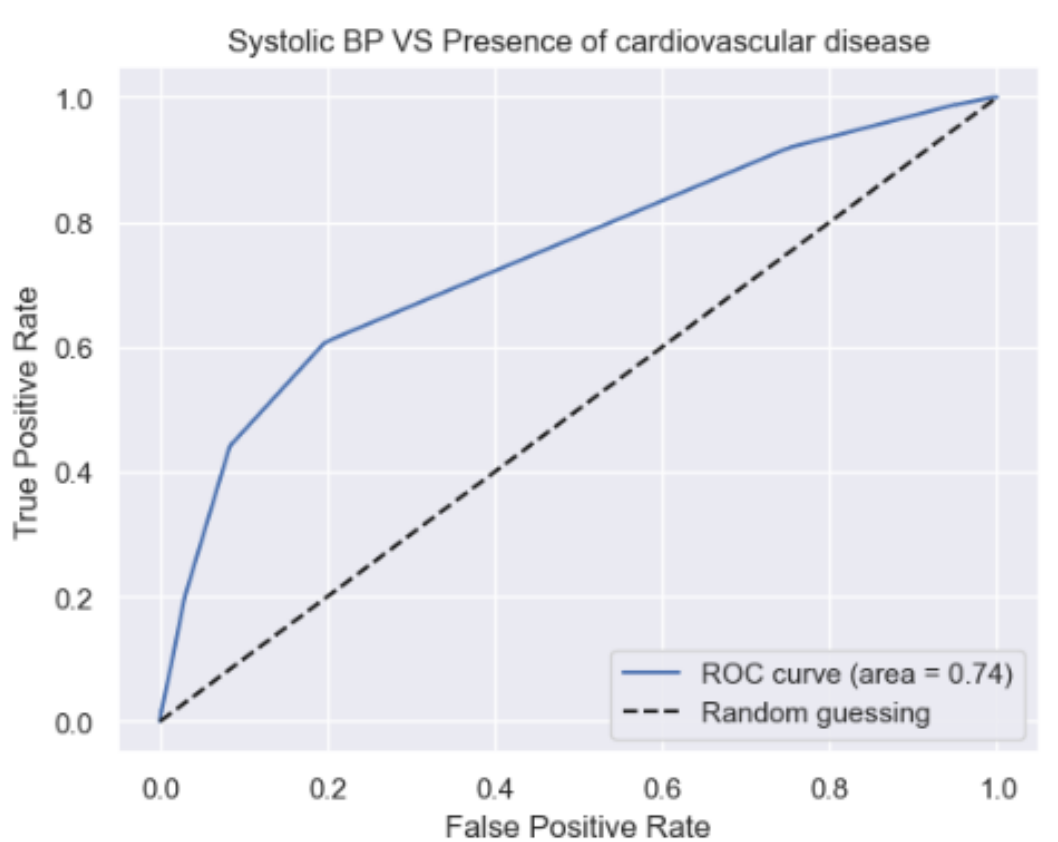


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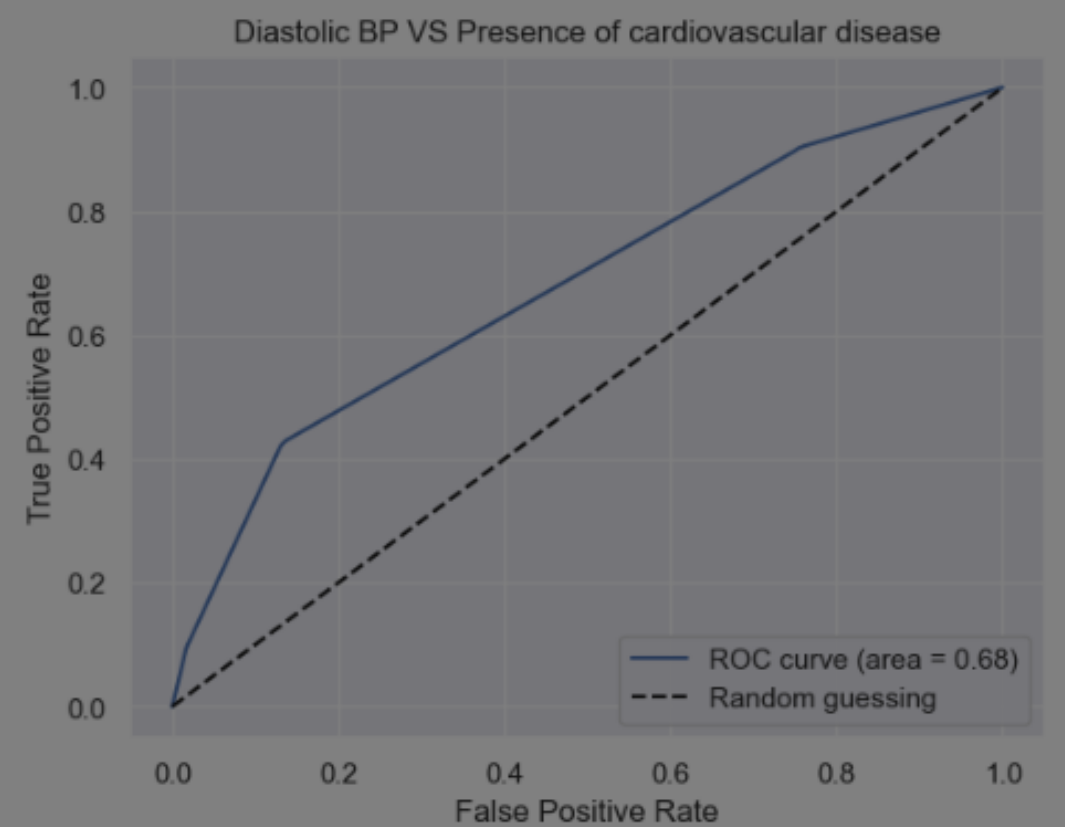


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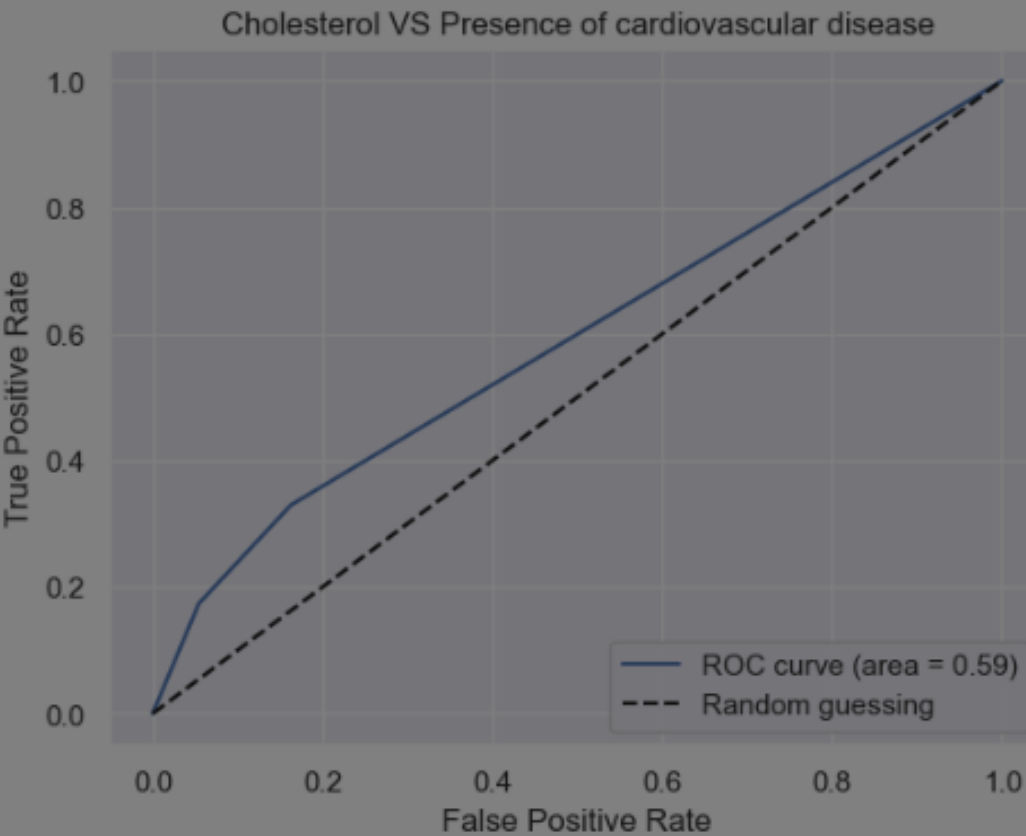


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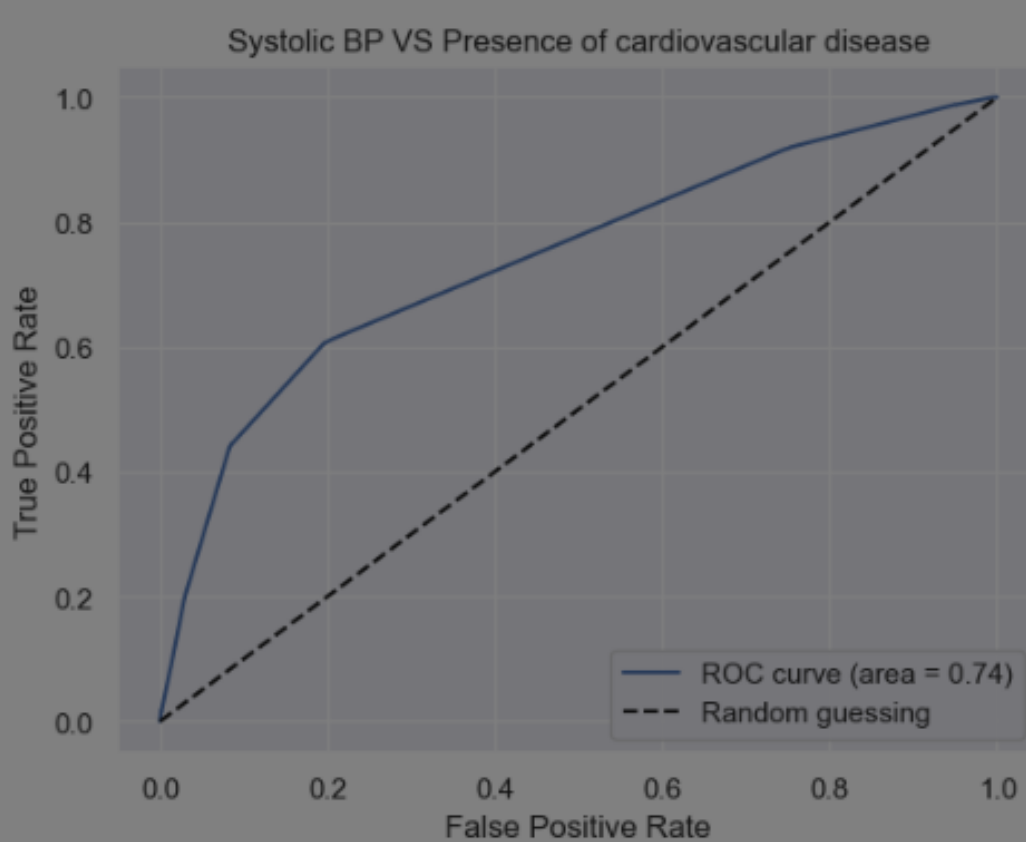


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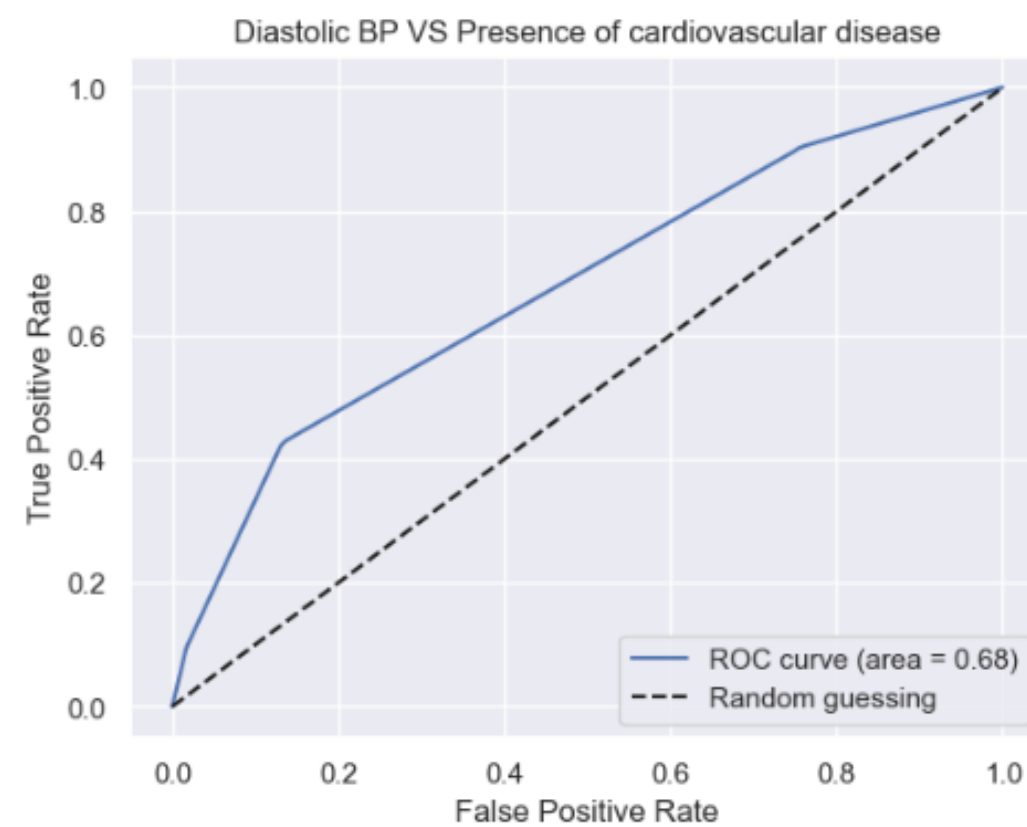


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 Accuracy: 0.6515968925334484



# WHICH MODEL IS BEST BASED ON ITS METRICS?



Cholesterol vs Presence of Cardiovascular Disease (A)	Systolic BP vs Presence of Cardiovascular Disease (B)	Diastolic BP vs Presence of Cardiovascular Disease (C)	Best																																																																																										
<div>Intercept : b = [-0.9628198] Coefficients : a = [[0.70070073]]</div> <table><tr><th></th><th>precision</th><th>recall</th><th>f1-score</th><th>support</th></tr><tr><td>0</td><td>0.57</td><td>0.84</td><td>0.68</td><td>9503</td></tr><tr><td>1</td><td>0.66</td><td>0.33</td><td>0.44</td><td>9033</td></tr><tr><td>accuracy</td><td></td><td></td><td>0.59</td><td>18536</td></tr><tr><td>macro avg</td><td>0.61</td><td>0.58</td><td>0.56</td><td>18536</td></tr><tr><td>weighted avg</td><td>0.61</td><td>0.59</td><td>0.56</td><td>18536</td></tr></table> <div>AUC-ROC: 0.5885370452738803 Accuracy: 0.5897712559343979</div>		precision	recall	f1-score	support	0	0.57	0.84	0.68	9503	1	0.66	0.33	0.44	9033	accuracy			0.59	18536	macro avg	0.61	0.58	0.56	18536	weighted avg	0.61	0.59	0.56	18536	<div>Intercept : b = [-9.70092741] Coefficients : a = [[0.07696742]]</div> <table><tr><th></th><th>precision</th><th>recall</th><th>f1-score</th><th>support</th></tr><tr><td>0</td><td>0.68</td><td>0.80</td><td>0.74</td><td>9503</td></tr><tr><td>1</td><td>0.74</td><td>0.61</td><td>0.67</td><td>9033</td></tr><tr><td>accuracy</td><td></td><td></td><td>0.71</td><td>18536</td></tr><tr><td>macro avg</td><td>0.71</td><td>0.70</td><td>0.70</td><td>18536</td></tr><tr><td>weighted avg</td><td>0.71</td><td>0.71</td><td>0.70</td><td>18536</td></tr></table> <div>AUC-ROC: 0.7420967146326647 Accuracy: 0.7068946914113077</div>		precision	recall	f1-score	support	0	0.68	0.80	0.74	9503	1	0.74	0.61	0.67	9033	accuracy			0.71	18536	macro avg	0.71	0.70	0.70	18536	weighted avg	0.71	0.71	0.70	18536	<div>Intercept : b = [-8.15131333] Coefficients : a = [[0.09960165]]</div> <table><tr><th></th><th>precision</th><th>recall</th><th>f1-score</th><th>support</th></tr><tr><td>0</td><td>0.61</td><td>0.86</td><td>0.72</td><td>9503</td></tr><tr><td>1</td><td>0.75</td><td>0.43</td><td>0.55</td><td>9033</td></tr><tr><td>accuracy</td><td></td><td></td><td>0.65</td><td>18536</td></tr><tr><td>macro avg</td><td>0.68</td><td>0.65</td><td>0.63</td><td>18536</td></tr><tr><td>weighted avg</td><td>0.68</td><td>0.65</td><td>0.63</td><td>18536</td></tr></table> <div>AUC-ROC: 0.6773027935184843 Accuracy: 0.6515968925334484</div>		precision	recall	f1-score	support	0	0.61	0.86	0.72	9503	1	0.75	0.43	0.55	9033	accuracy			0.65	18536	macro avg	0.68	0.65	0.63	18536	weighted avg	0.68	0.65	0.63	18536	B
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Higher Precision, recall, F1-score, AUC

# COMPARISON TO PRE-CLEANING

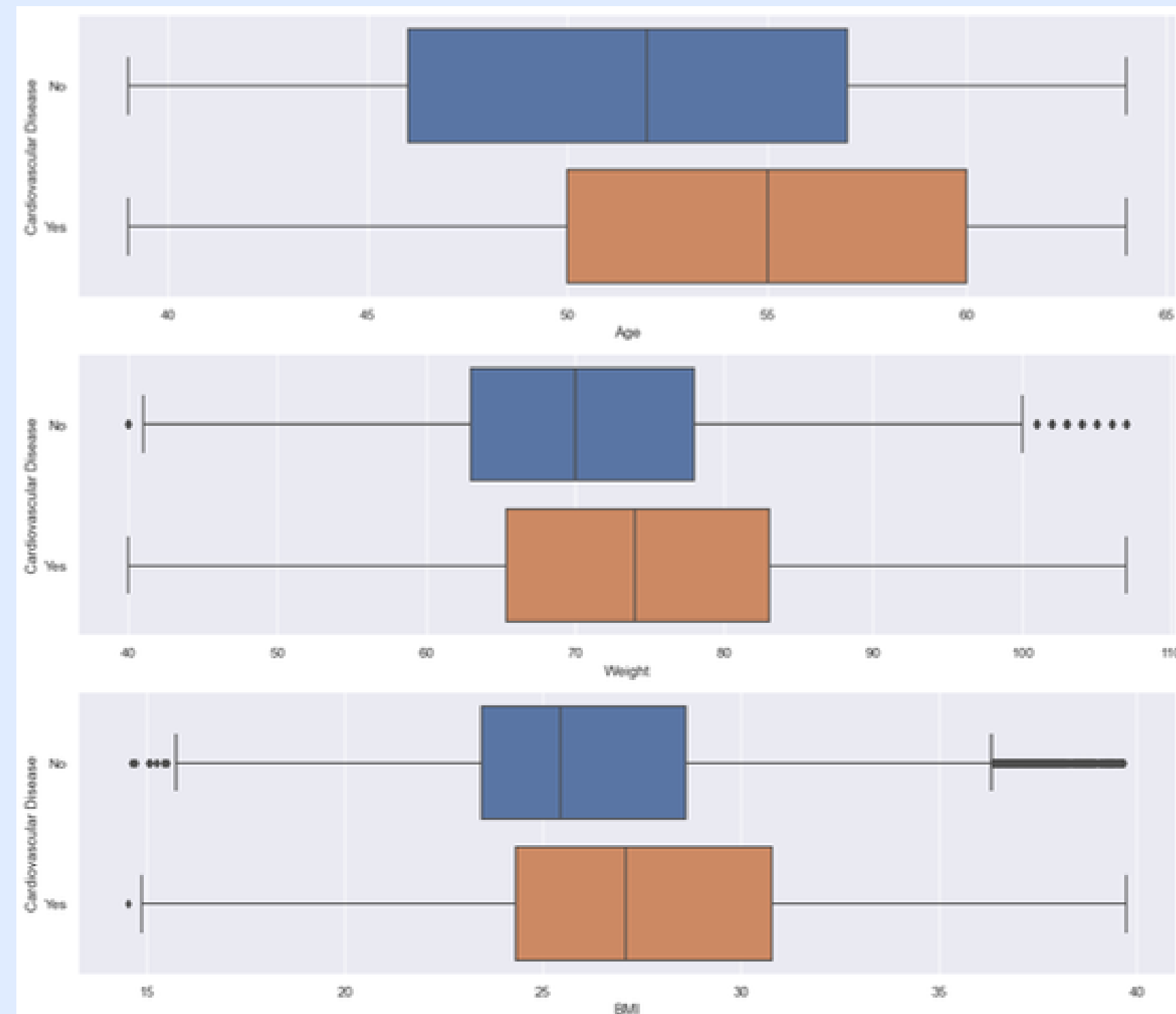


Original Dataset	Cleaned Dataset																																																												
<div><div>Intercept : b = [-5.6937604] Coefficients : a = [[0.0450365]]</div><table><tr><th></th><th>precision</th><th>recall</th><th>f1-score</th><th>support</th></tr><tr><td>0</td><td>0.68</td><td>0.80</td><td>0.74</td><td>10461</td></tr><tr><td>1</td><td>0.76</td><td>0.63</td><td>0.69</td><td>10539</td></tr><tr><td>accuracy</td><td></td><td></td><td>0.72</td><td>21000</td></tr><tr><td>macro avg</td><td>0.72</td><td>0.72</td><td>0.72</td><td>21000</td></tr><tr><td>weighted avg</td><td>0.72</td><td>0.72</td><td>0.72</td><td>21000</td></tr></table><div>AUC-ROC: 0.7551067439216099 Accuracy: 0.7177619047619047</div></div>		precision	recall	f1-score	support	0	0.68	0.80	0.74	10461	1	0.76	0.63	0.69	10539	accuracy			0.72	21000	macro avg	0.72	0.72	0.72	21000	weighted avg	0.72	0.72	0.72	21000	<div><div>Intercept : b = [-9.70092741] Coefficients : a = [[0.07696742]]</div><table><tr><th></th><th>precision</th><th>recall</th><th>f1-score</th><th>support</th></tr><tr><td>0</td><td>0.68</td><td>0.80</td><td>0.74</td><td>9503</td></tr><tr><td>1</td><td>0.74</td><td>0.61</td><td>0.67</td><td>9033</td></tr><tr><td>accuracy</td><td></td><td></td><td>0.71</td><td>18536</td></tr><tr><td>macro avg</td><td>0.71</td><td>0.70</td><td>0.70</td><td>18536</td></tr><tr><td>weighted avg</td><td>0.71</td><td>0.71</td><td>0.70</td><td>18536</td></tr></table><div>AUC-ROC: 0.7420967146326647 Accuracy: 0.7068946914113077</div></div>		precision	recall	f1-score	support	0	0.68	0.80	0.74	9503	1	0.74	0.61	0.67	9033	accuracy			0.71	18536	macro avg	0.71	0.70	0.70	18536	weighted avg	0.71	0.71	0.70	18536
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Very similar AUC and Accuracy

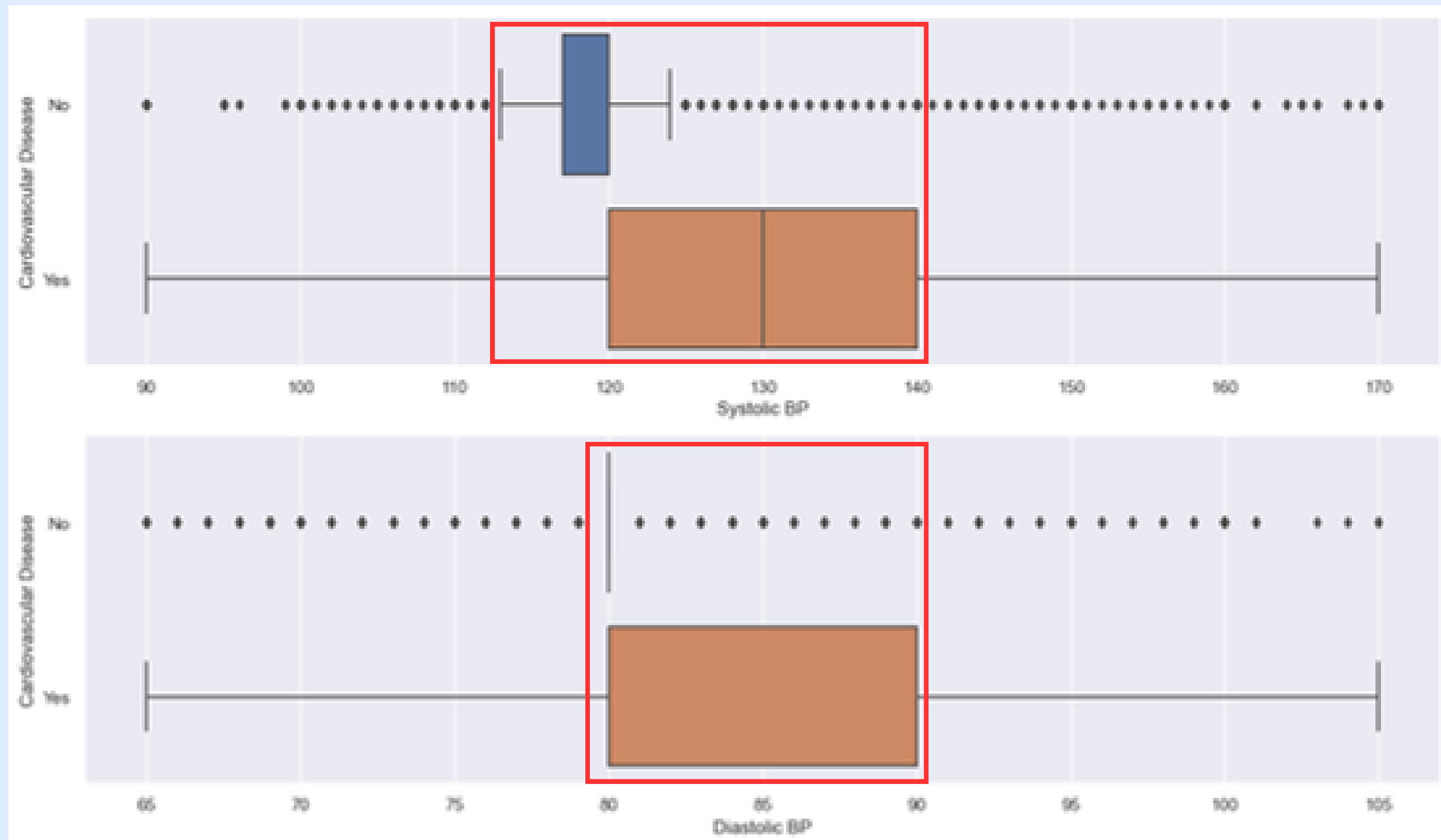
# K-MEANS CLUSTERING

To group similar data points together and discover underlying patterns

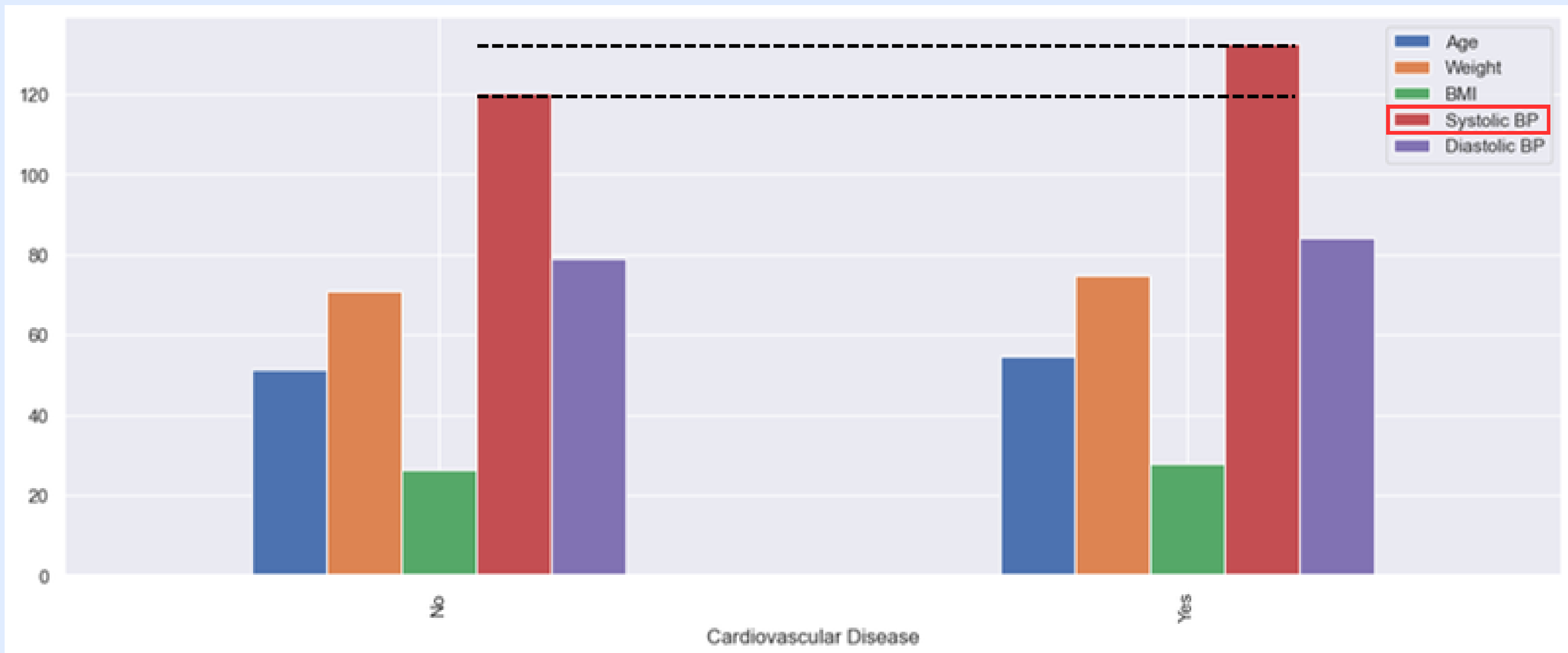


# K-MEANS CLUSTERING

BP variables for people with Cardiovascular Disease are **generally higher** than those without Cardiovascular Disease



# K-MEANS CLUSTERING



biggest  
difference

# DECISION TREE



**Description:** Tree-like models are useful for classification tasks and uses categorical data.

**Purpose of Decision Tree in the context of our Project:**

Classifies the factors used, measures the effectiveness for predicting the likelihood of the country being happy or unhappy.

- Response variable: Presence of Cardiovascular Disease
- Predictor factors:
  1. Age
  2. Weight
  3. BMI
  4. Systolic BP
  5. Diastolic BP
  6. Cholesterol



# DECISION TREE

## Observations:

Gini Index of the decision tree is relatively low (0.0 - 0.5), denoting high purity or low impurity.

In a multivariate decision tree, **overfitting** may occur.

## Preventative Measures:

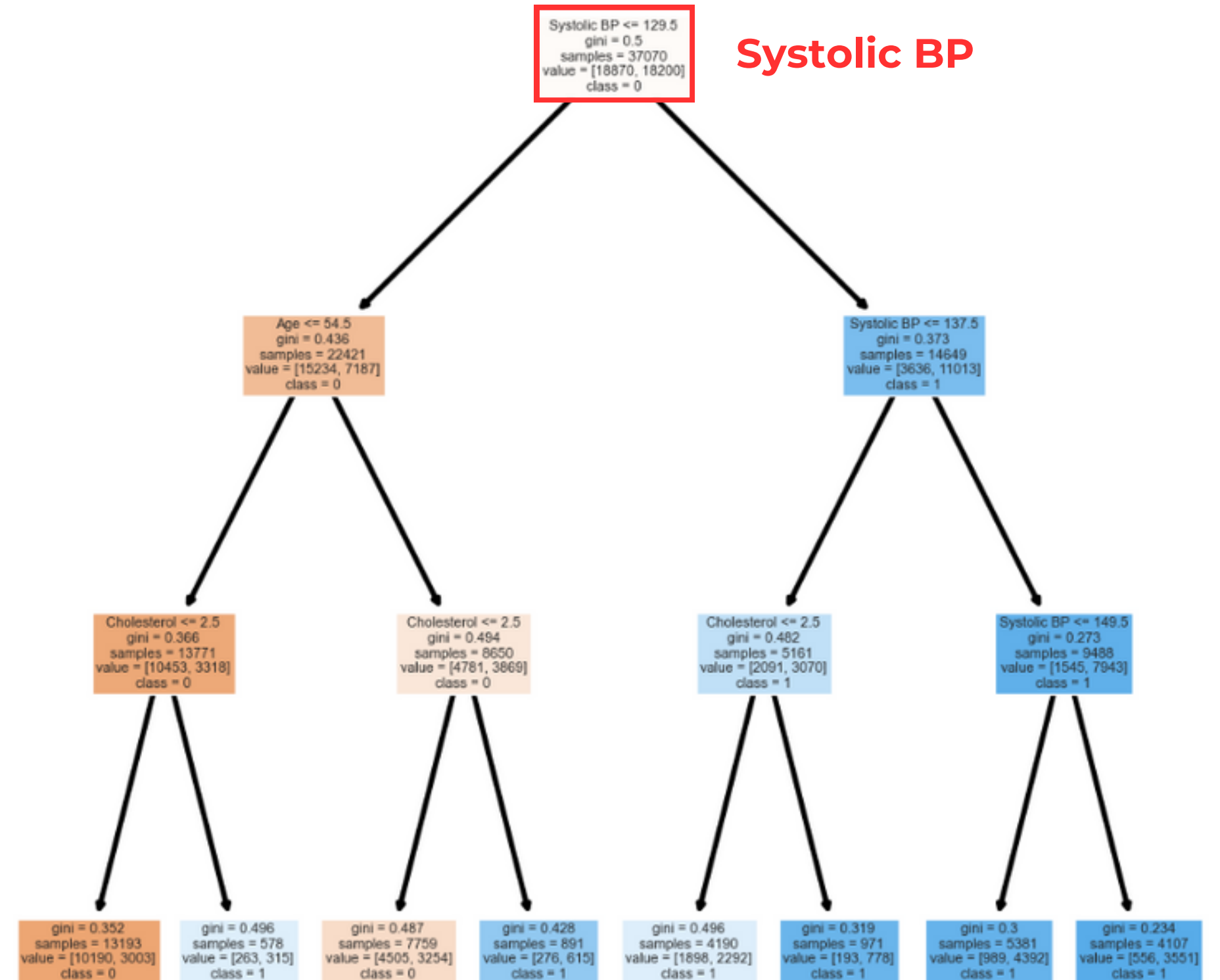
Limiting the number of variables and setting max\_depth to 3.

Goodness of Fit of Model  
Classification Accuracy

Train Dataset  
: 0.7214459131373078

Goodness of Fit of Model  
Classification Accuracy

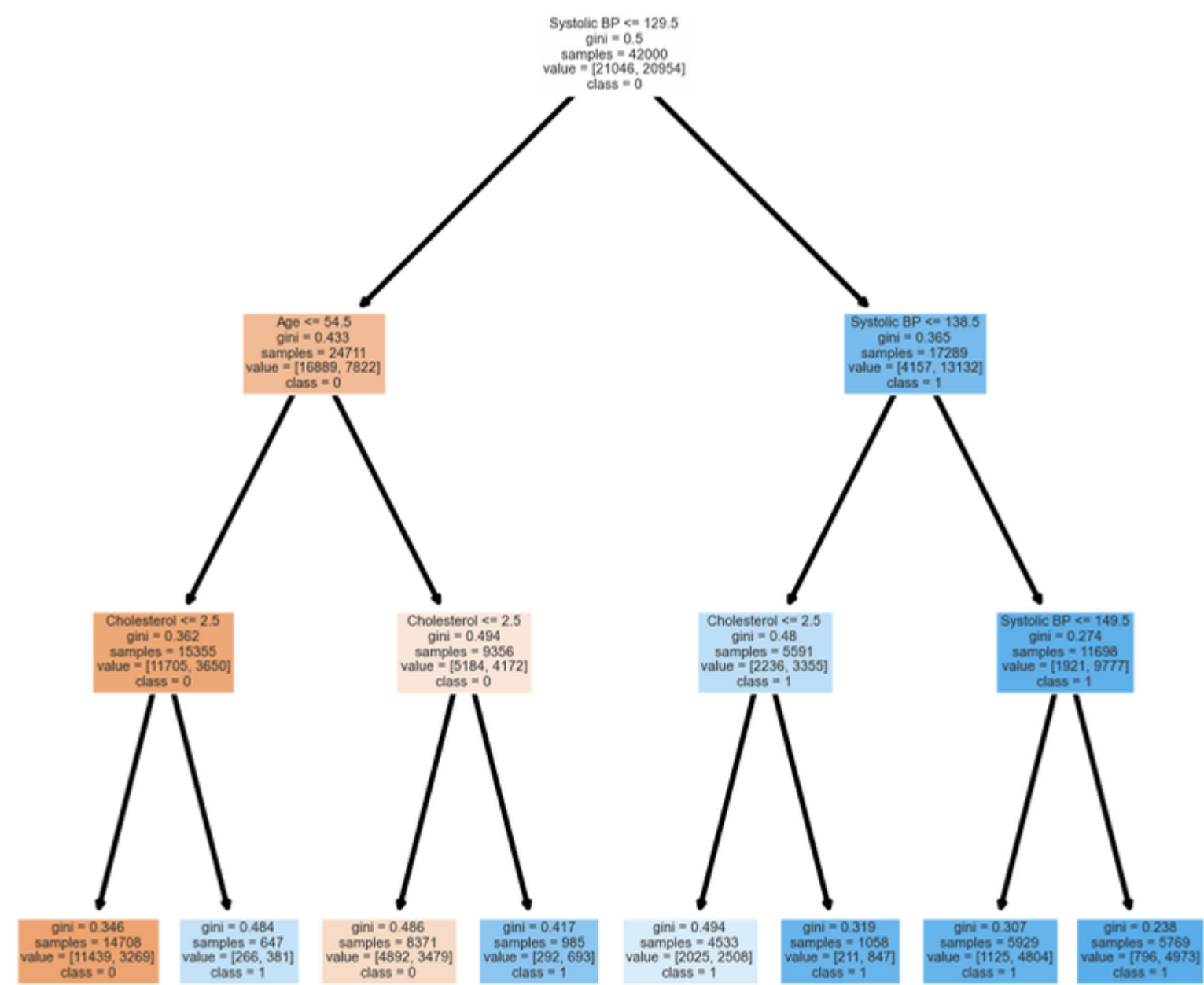
Test Dataset  
: 0.7191470421623372



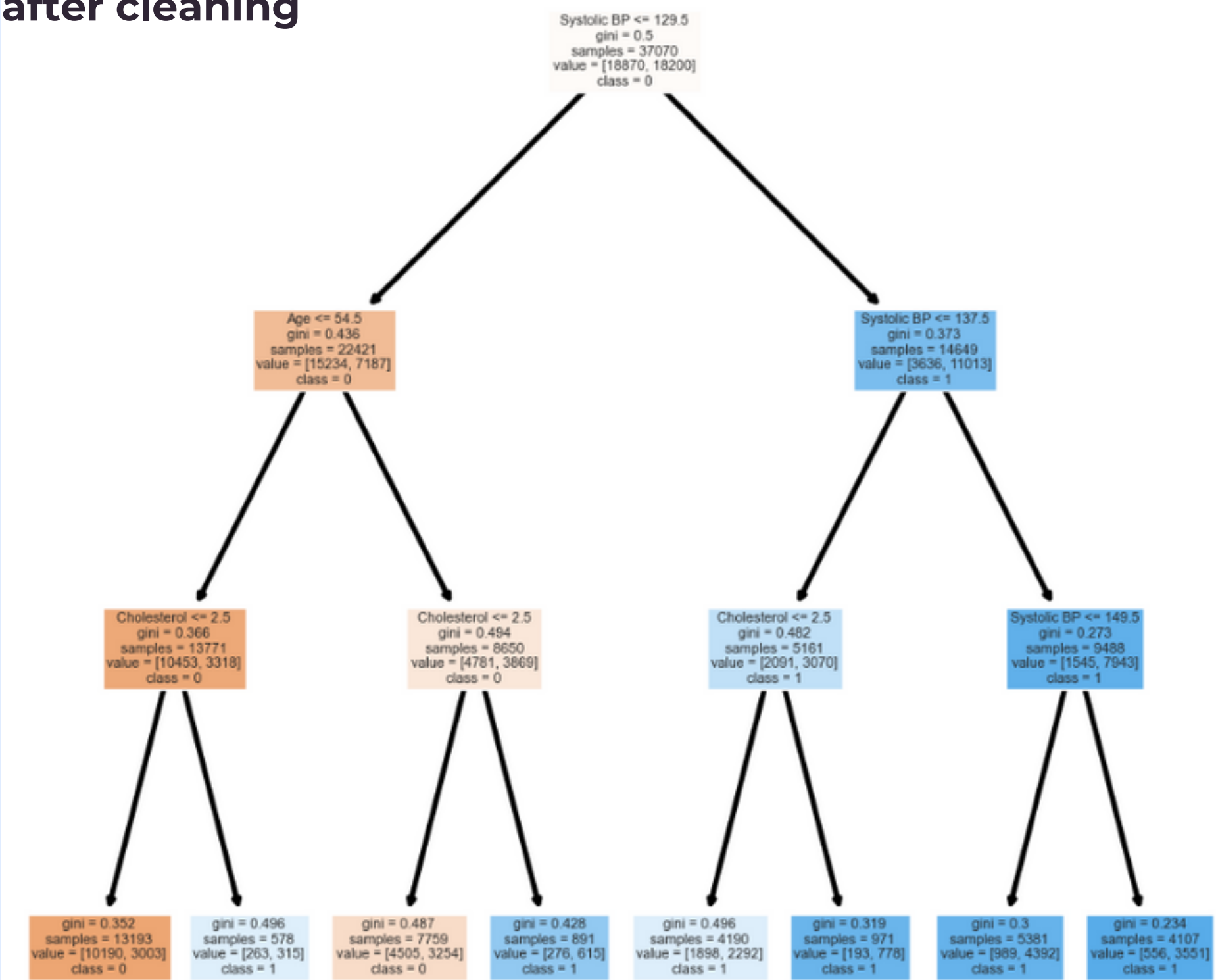


# DECISION TREE

before cleaning



after cleaning



# RANDOM FOREST



**Description:** Multiple decision trees are used to give a prediction based on the factors in relation to the presence of Cardiovascular Disease

**Purpose of Decision Tree in the context of our Project:**

Classifies the factors used, measures the effectiveness for predicting the likelihood of cardiovascular disease.

**How Random Forest works:**

1. Select random samples from a given dataset and split into Train and Test sets
2. Construct a decision tree for each sample and get a prediction result from each decision tree.
3. Perform a vote for each predicted result.
4. Select the prediction result with the most votes as the final prediction.

# RANDOM FOREST

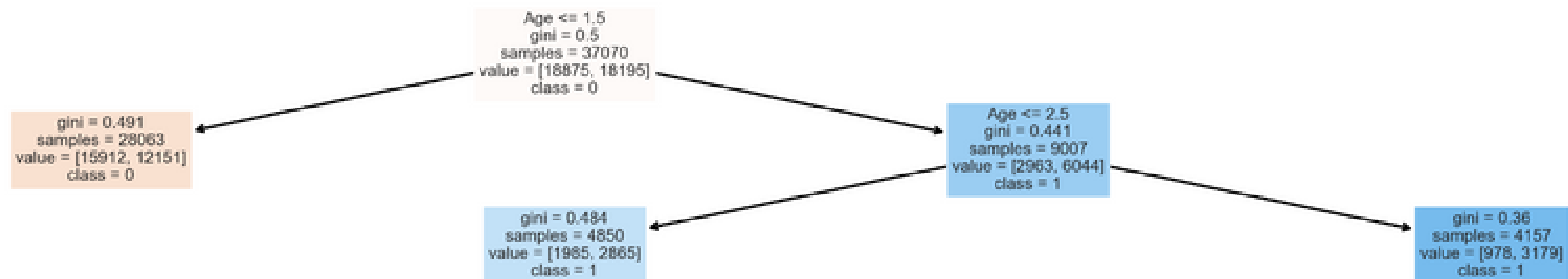


## Observations:

Gini Index is also relatively low (0.0-0.5), denoting the high purity and low impurity

To improve the accuracy of our random forest, we used a validation test set.

Accuracy on validation set: 0.6883952415634863



# 4: FINDINGS AND OUTCOMES



	<u>Logistic Regression</u>	<u>Decision Tree</u>	<u>Random Forest</u>
Advantages	<p>Strong at <u>Data Analysis</u>, especially in <u>binary outcomes</u>.</p> <p><u>Great</u> at measuring <u>relationships</u> between <u>predictors</u> and <u>target variables</u>.</p>	<p>Great at capturing <u>non-linear relationship</u> between predictors.</p> <p>Great at <u>Predicting</u>.</p>	<p>Strong at providing <u>accurate prediction</u> than other models.</p> <p>Can <u>capture non-linear relationships</u> between predictors.</p> <p><u>Less prone to overfitting</u>.</p>
Disadvantages ( <u>Limitations</u> ).	<p><u>May not perform well</u> if the relationships are <u>non-linear</u>.</p> <p><u>Not suitable for smaller dataset</u>.</p>	<p>May be prone to risk of <u>overfitting</u> due to complex tree, especially a <u>smaller dataset</u>.</p>	<p>More <u>difficult to interpret</u> than a single Decision Tree.</p>

# Outcome



Through this project, we analyzed the data set, trained a classification model with classification, clustering and anomaly predication and evaluated the data.

We have built a relatively effective model of  $>70\%$  accuracy with an AUC  $>0.74$  to predict the likelihood of cardiovascular disease.





# Outcome



Each of our Machine Learning models generally support that

Systolic Blood Pressure

is the most important variable in predicting the presence of cardiovascular disease.





# CONCLUSION

**SYSTOLIC BP AND DIASTOLIC BP**  
are the most important  
indicators of cardiovascular  
disease

- Blood pressure measurement is a relatively simple and non-invasive procedure.
- Lower income countries should focus on testing for BP since BP monitoring devices are cheap and widely available and can be easily purchased and maintained by healthcare facilities.



# JOB DISTRIBUTION

Name:	Phua Wei An	Pagdanganan Robert Martin Gosioco	Tan Chuan Bing	Nguyen Hoang Minh
Initial Data Preparation	✓	✓	✓	support
Exploratory Analysis + Further Data Cleaning	✓	support	✓	✓
Logistic Regression	✓	support	support	support
K-Means Clustering	✓	support	support	support
Decision Tree	✓	support	support	support
Random Forest	✓	support	support	support
Findings + Conclusion	✓	support	support	✓