Mapping learning and game mechanics for serious games analysis

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Abstract

Although there is a consensus on the instructional potential of Serious Games (SGs), there is still a lack of methodologies and tools not only for design but also to support analysis and assessment. Filling this gap is one of the main aims of the Games and Learning Alliance (http://www.galanoe.eu) European Network of Excellence on Serious Games, which has a focus upon *pedagogy-driven SGs*. This paper relies on the assumption that the fundamental aspect of SG design consists in the translation of learning goals/practices into mechanical element of gameplay, serving to an instructional purpose beside that of play and fun. This paper proposes the Learning Mechanics—Game Mechanics (LM-GM) model, which supports SG analysis and design by allowing reflection on the various pedagogical and game elements in an SG. The LM-GM model includes a set of pre-defined game mechanics and pedagogical elements that we have abstracted from literature on game studies and learning theories.

Designers and analysts can exploit these mechanics to draw the LM-GM map for a game, so as to identify and highlight its main pedagogical and entertainment features, and their interrelations. The tool may also be useful for teachers to evaluate the effectiveness of a given game and better understand how to implement it in educational settings. A case study is reported to illustrate the framework's support in determining how gameplay and pedagogy intertwine in an SG. Finally, the paper presents the results of two comparative user tests demonstrating the advantages of the proposed model with respect to a similar state-of-the-art framework.

Practitioner Notes

What is already known about this topic

- Early studies have demonstrated the valuable contributions of game-based approaches in education and training.
- Early work has revealed particular strengths in some entertainment game mechanics, some of which look suited for serious and educational games.
- Existing practices, framework, models in serious games design focus on providing guidelines and methods for design, but they do not target the analysis of the relationships between game elements and learning mechanics, which is a key factor in game design for learning.
- Games and learning have separate mechanics and Serious Games Mechanics (SGMs) have yet to be defined.

What this paper adds

- An analytical model that maps learning mechanics to game mechanics (LM-GM model) towards defining SGMs.
- Further validation and evaluation of the LM-GM model emphasising the importance of the framework.
- The evaluation includes the comparative studies between the LM-GM model and the Game Object Model.

Implications for practice and/or policy

- The proposed LM-GM model presents an opportunity for learning models and principles to be matched with game elements.
- The LM-GM model will support the analysis of a game-based learning environment.
- The model contributes towards the definition of SGMs, which bridges the gap between the expected learning outcomes and the desired positive engagement with the game-based learning environment.

Introduction

Serious Games (SGs) are gaining ever more interest as an instructional tool capitalising on the appeal of games and the effectiveness of information and communication technologies (ICTs). Recent ICT advances have led to the implementation of realistic virtual environments and simulations, where players can live compelling adventures while acquiring, practising and verifying knowledge according to various pedagogical paradigms (Bellotti, Berta, De Gloria & Primavera, 2009a). This represents a significant opportunity for 21st-century educators and trainers to enhance their educational toolkit.

However, a major challenge lies in translating interest and potential into actual adoption and use. SGs must demonstrate the transfer of learning (to be "serious"), while also remaining engaging and entertaining (to be "games"). The balance between fun and educational measures should be targeted throughout the development starting from the design phase. Yet, despite the digital games' potential in terms of interactivity, immersion and engagement, more work is still required to understand how to better design, administrate and evaluate digital games across different learning contexts and targets (Alvarez & Michaud, 2008; Bellotti, Berta & De Gloria, 2010a; de Freitas & Liarokapis, 2011; Dror, 2008; Ulicsak, 2010; Westera, Nadolski, Hummel & Woperels, 2008). One of the biggest issues with educational games to date is the inadequate integration of educational and game design principles (e.g., Gunter, Kenny & Vick, 2006; Kenny & Gunter,

2007; Kiili & Lainema, 2008; Lim *et al*, 2013). This is due to various factors including the fundamental fact that digital game designers and educational experts do not usually share a common vocabulary and view of the domain (Gunter *et al*, 2006). This perspective is also shared by Killi and Lainema (2008), and Lim *et al* (2013). There is hence a need to improve the theoretical basis behind the design of SGs, considering the underlying pedagogic principles and the contexts of use, which are also key to the success (Bellotti, Berta & De Gloria, 2012a).

The principles of learning and gameplay are different and frequently conflicting, but they can coexist in well-designed SGs (Huynh-Kim-Bang, Labat & Wisdom, 2011). This suggests that high-level pedagogical intents can be translated and implemented through low-level game mechanics. Based on this assumption, our paper introduces the concept of *Serious Game Mechanic* (SGM) defined as the design decision that concretely realises the transition of a learning practice/goal into a mechanical element of gameplay for the sole purpose of play and fun. SGMs act as the game elements/aspects linking pedagogical practices (represented through learning mechanics) to concrete game mechanics directly related to a player's actions. In this paper, the mechanics of learning refer to the dynamic operation of learning, that we typically model relying on learning theories and pedagogical principles. This encompasses components (such specific objectives, tasks, activities, methods) that make up a learning strategy, instructions or process influenced by the context of learning.

As part of the development and validation of the SGM models, this paper reports on the ongoing findings of game analysis using the Learning Mechanics and Game Mechanics (LM-GM) model, a framework that allows SG mapping that highlights the main learning and game mechanics involved in each game situation, thus supporting the identification and analysis of emerging SGMs. As such, the tool is intended for both designers and teachers to evaluate the effectiveness of a given game and better understand how it can be used within an educational setting.

The remainder of the paper is organised as follows. The next section discusses existing work/models such as the game-based learning framework and the Amory's (2007) Game Object Model (GOM). The discussion continues with a section on the conceptual background and the methodology behind the LM-GM model. In order to provide evidence on the potential use of the model as an analytic tool, the following section describes a case study that illustrates the use of LM-GM as a tool to analyse how gameplay and pedagogy intertwine in a game. For further validation, the paper describes the results of a comparative study between the LM-GM model and the GOM. Finally, the conclusion section summarises the results and sketches directions for future research.

Related work

It can be readily seen from entertainment gaming that certain genres, such as role playing, action, adventure and simulation, share similar interaction models and gameplay dynamics among several different titles. GMs are well understood and established in the context of entertainment games. Sicart (2008) cited a plethora of game mechanics definitions but concluded these were neither precise nor inclusive. Sicart subsequently formalised a systemic structure that provided an ontological distinction between rules and mechanics. The Game Ontology Project provides a wiki-enabled hierarchy of elements of gameplay used by games studies researchers (Zagal & Bruckman, 2008).

Building on top of the topology of gameplay rules defined by Frasca (2003), Djaouti, Alvarez, Jessel, Methe and Molinier (2008) propose videogames classification based on the concept of "Game play Bricks," where the different combinations of the "fundamental elements" seem to match the different rules and goals of videogames. They also identified two different types of game rules: the rules that allow the player to "manipulate" the elements of the game, and, at a higher level, the rules defining the "goal" of the game. Generally, GMs express players' agency in the

game world via actions (Järvinen, 2008; Sicart, 2008) and consequently are expressed at a lower level through several manipulation rules. These rules focus on "inter/action" type game mechanics that have little pedagogical value. We thus argue that learning must therefore be defined at a higher level, through goals, rules and other components that have a pedagogical value.

Similarly to games purely for entertainment, SGs also have generic components that are replicated and adapted through different titles. However, SG-specific mechanics have yet to be conclusively identified and described. We argue that this is because of the greater complexity and the less diffusion of SGs with respect to games. SGs are quite varied in terms of features and can potentially offer different kinds of learning experience. It is thus important to understand how different game elements can contribute to an effective facilitation of learning. Ritterfeld, Cody and Vorderer (2009) elaborate on the underlying theories that explain suggested psychological mechanisms elicited through serious gameplay, addressing cognitive, affective and social processes. Bellotti, Berta, De Gloria and Zappi (2008) explored the embedding of simple 2D microGames inside a 3D environment, challenging players to extract in-depth knowledge about some particular items embedded in a reconstructed 3D context. This is part of the sandbox SG design model, which has proved to be particularly effective in the cultural heritage domain (Bellotti, Berta, De Gloria, D'Ursi & Fiore, 2012b).

Kenny and Gunter (2007) explored complex learning goals and argued that learning content within a game could be highly related to (ie, highly immersed in) the game's narrative elements. Existing game-based learning frameworks, such as the Four-Dimensional Framework (de Freitas & Oliver, 2006) and the game-based learning framework (Staalduinen and de Freitas, 2011) attempted to address similar issues by prescribing games to be designed based on the considerations relevant to the traditional learning context. An interest for exploratory learning, problembased learning and inquiry learning has been noted in the theory-based pedagogy literature (see extracts from learning theories collected in de Freitas & Jameson, 2012). The Relevance, Embebbing, Transfer, Adaption, Immersion, Naturalisation model assesses how well educational games contain and incorporate academic content and promote transfer of knowledge (Gunter, Kenny & Vick, 2007). The model correlates to three learning theories that are most closely aligned with generally accepted game design principles, namely: Keller's Attention, Relevance, Confidence, Satisfaction (ARCS) Model, Gagne's Events of Instruction and Piaget's ideas on schema. Westera et al (2008) argue that existing frameworks have been effectively used as evaluation guidelines, where game design can be analysed with respect to the educational context. Synthesizing, while the existing practices, frameworks and models in serious games design appear to take serious game mechanics into consideration, they do not specifically target the analysis of the relationships between game mechanics and learning constructs, which is a key factor in game design for learning. There is a need for a framework that is more comprehensive and explicit in terms of how learning components and game components are related to one another. The principles of learning and gameplay, in fact, can be conflicting, and making them effectively coexist is a typical and major challenge of SG design (Huynh-Kim-Bang et al, 2011).

Amory (2007) presented the GOM, a constructivist theoretical framework to support educational games development based around the notion of interrelated components or, in other words, units that have dependencies and relationships with one another. The model comprises five distinct state spaces: Game Space, Visualisation Space, Elements Space, Actor Space and Problem Space. Analogous to object-oriented programming, Amory considers educational games to contain components (objects) that can be described through abstract interfaces (pedagogical/theoretical components) and concrete interfaces (game design components) as shown in Table 1.

Although generic and game-genre independent, GOM does not indicate how each unit influences one another nor how situational and contextual factors influence the game's design

Game space	Visualisation space	Elements space	Actor space	Problem space
Play (a) Exploration (a) Challenges (a) Engagement (a) Narrative (a) Authentic (a) Multiple views (a) Gender-inclusive (a) Transformation (a) Tacit knowledge (a)	Critical thinking (a) Discovery (a) Goal formation (a) Goal competition (a) Competition (a) Practice (a) Storyline (c) Plot (c) Reflection (c) Relevance (c) Game rhythm (c)	Fun (a) Emotive (a) Graphics (c) Sounds (c) Technology (c) Backstory (c)	Drama (a) Role models (c) Interact (c) Gestures (c)	Puzzlement (a) Accommodation (a) Assimilation (a) Complex (a) Flow (a) Activity-based (a) Conflict (c) Explicit knowledge (c) Conversation (c) Model building (c) Communication (c) Literacy (c) Memory (c) Motor (c)

Table 1: The theoretical constructs of each object in GOM indicating the Abstract (a) and Concrete (c) interfaces

GOM, Game Object Model.

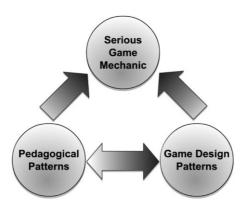


Figure 1: The relationship between Serious Games Mechanics (SGMs) and the pedagogical and game design patterns of a game

and the gameplay structure. Its high level operatives mean that GOM does not sufficiently support a description of an SG's learning aspects/goals and their relationships with game components.

We argue that what is really missing from the state of the art is a framework/model for discovering and understanding what game mechanics relate to relevant pedagogical objectives in an SG, which would support more efficient and effective analysis and design of SGs.

LM-GM model

In this paper, we aim to address the identification of the key components (we call them SGMs, see Figure 1) that can be replicated, with the proper differentiations, across different SGs. The goal is to favour an efficient analysis of SGs and support specification of new designs.

SGMs reflect the complex relationships between pedagogy, learning and entertainment/fun, joining educational and gaming agendas. Therefore, SGMs are the game components that translate a pedagogical practice/pattern into concrete game mechanics directly perceivable by a player's actions. While game design patterns (e.g., Huynh-Kim-Bang et al, 2011) provide design solutions to common SG issues/requirements, SGMs are finer grain components that can be exploited in several different patterns.

Learning is a very complex human activity, which has been investigated and modelled through several pedagogical theories and approaches, such as behaviourism, cognitivism, humanism, personalism, constructivism, etc. The LM-GM model has been designed to allow different users to describe games on the basis of different pedagogical approaches. In particular, LM-GM's learning mechanics include various aspects (e.g., tasks, activities, goals, relationships) that we have derived from different pedagogical approaches and that an LM-GM user can map to different game mechanics, according to the specific nature of the SGs under analysis.

Formulating LM-GM

In SGs, gameplay should support intrinsic experiential learning. It is therefore reasonable to postulate that knowledge acquisition and skill training should be obtained through game mechanics (e.g., quests, cascading information, leader boards, goals, levels, badges, role play, tokens, etc) and not, for instance, from related user manuals. Thus, we tried to investigate how to establish relationships between the mechanics present in educational philosophies (pedagogical theories and strategies) and those of games.

We formulated this as the LM-GM model. Figure 2 depicts the components of the model, namely the LMs (represented as nodes in the left side of the picture) and the GMs (represented as nodes in the right side of the picture). The overall framework also includes a detailed description of the meaning of each featured mechanics. The model is descriptive and not prescriptive, in the sense that it allows its users to freely relate learning and gaming mechanics to describe SG situations by drawing a map and filling a table. On the one hand, the table expresses the "static" relationships, inside the SG, between learning and game mechanics, also detailing the actual implementation (as game mechanics are abstract and generic) and usage by the player. An example is provided in Table 3. On the other hand, the map offers a dynamic view of the relationships as it allows drawing the LMs and GMs in the various phases of an SG flow of actions. An example of the resulting map for an SG is provided in Figure 3. Overall, the LM-GM model aims at providing a concise means to relate pedagogy intentions and ludic elements within a player's actions and gameplay, ie, SGMs.

The LM nodes illustrated in Figure 2 are a non-exhaustive list of learning mechanics that have been extracted from literature and discussions with educational theorists on 21st century pedagogy, considering a variety of educational theories (e.g., constructivism, behaviourism, personalism), in particular those closer to game education (Brainerd, 1978; Gagné, Briggs & Wagner, 1992; Keller, 1983; Papert & Harel, 1991). In the same manner, the GM nodes were obtained by reviewing papers on game mechanics and dynamics, and they represent the backbone of many game theories (Bellotti, Berta, De Gloria & Primavera, 2009a, b; Connolly, Boyle, Hainey, MacArthur & Boyle, 2012; Järvinen, 2008; Sicart, 2008). Proper combinations of these mechanics may be applied in several SG application domains, from languages to science, humanities and arts.

Given the traits mentioned above, the authors argue that the LM-GM could be used to aid SG analysis (ie, identifying and assessing the main features and components of an SG), design (ie, thinking of what components could constitute a new SG) and specification (ie, specifying the components of an SG and their relationships).

Application

For simplicity, the reading of the LM-GM model can be viewed as having two axes. On the horizontal axis lie the learning and game mechanics analogous to a breadth-first search. Core components run vertically down from the two root nodes (of learning mechanics and game mechanics respectively) in a manner similar to a depth-first search. Side or leaf nodes represent functional mechanics supporting the core.

Figure 2: Learning and game mechanics used as the basis to construct the LM-GM map for a game. LM-GM, Learning Mechanics—Game Mechanics

From a pedagogical perspective, one would argue that how a user learns is, in essence, more important than the domain specificity of the medium through which the learning is performed. Based on Bloom's theory (Bloom, 1956), a simplified framework/classification (Table 2) organised in line with the digital taxonomy of Anderson & Krathwohl, (2001) can be used to link commonly found game mechanics to learning mechanism. As an example, this table emphasises upon task-centred learning rather than cognitive learning. Indeed, a game can be seen as a continuous assessment of gained knowledge as the player proceeds from level to level.

So, a user of the model should identify which LM and GM are (or should be, in case of design) used in each game situation (among the ones listed in Figure 2), describe their relationships and implementation (e.g., Table 3) and show on a map their dynamic appearance during the game flow of actions (e.g., Figure 3).

By exploring the LM-GM model, the Games and Learning Alliance (GALA) network aims to address the mismatch between game mechanics and educational components at the design and development level. The model enables further questioning as to whether the games should adapt to existing pedagogical practices or whether they should be used to change practices since they form an entity that functions to educate and entertain through a single compelling experience. The impact from the SGMs investigations would draw out larger research themes on the intersections of games and pedagogy (both traditional and new). It will also pave the way for a toolset rather than a black box for designing content-specific SG. It is important to note, though, that the LM-GM framework is not a formulaic means to design SGs. The purpose of the LM-GM is to support working with SGMs by functioning as a regression tool for developers and as analytic tool for those interested in studying the mechanisms joining pedagogical and game features.

Case study: LM-GM as an analysis tool

In this section, we describe a case study aimed at showing how to apply the framework in the analysis of the relationships between pedagogy and game mechanics in a state-of-the-art SG such as *Re-Mission* (Kato, Cole, Bradlyn & Pollock, 2008).

Re-Mission is a game of the third-person shooter (TPS) genre set within the bodies of young patients diagnosed with cancer, in which the player is tasked with aiding a virtual patient combat the disease and its effects. This game was chosen given its popularity and acknowledged effectiveness in the field and because of the need to understand better whether its game mechanics at their implementation level are inherently pedagogically beneficial. Reported works (Cole, Yoo and Knutson 2012; Kato et al 2008; Mader, Natkin and Levieux 2012; Tate, Haritatos and Cole 2009; Wouters, van Oostendorp, Boonekamp & van der Spek, 2011) on Re-Mission often do not sufficiently specify measures related to productive learning as a result of the game mechanics. Indeed, in several SGs, extraneous (ie, pedagogy independent) game mechanics are often designed to enhance gameplay. Consequently, learning occurs only tangentially and mainly due to the contents. However, providing contents non-related with game mechanics (e.g., by inserting long texts, almost independent from the actual gameplay) leads to games that are boring or not able to achieve their educational target. In this context, we are using the LM-GM framework as a means to determine at which point gameplay and pedagogy intertwine, which is a key concern for SG design.

The first step of the model application consists of the identification and description of the actual game and learning mechanics. The resulting analysis, reported in Table 3, suggests that the gameplay follows a constructivist nature of learning, experienced by the player in a roughly sequential order from top to bottom.

To establish the pedagogical intent of the game mechanics, it is necessary to understand that the content of *Re-Mission* was designed to achieve game-based behavioural change, thus it addresses

Table 2: Classifications based on Bloom's ordered thinking skills

Game mechanics		Thinking skills	Learning mechanics	ıanics	
 Design/editing Infinite gameplay Ownership Protégé effect 	StatusStrategy/planningTiles/grids	Creating	AccountabilityOwnershipPlanningResponsibility		
 Action points Assessment Collaboration Communal discovery Resource management 	 Game turns Pareto optimal Rewards/penalties Urgent optimism 	Evaluating	 Assessment Collaboration Hypothesis Incentive Motivation 	。 Reflect/discuss	
FeedbackMetagameRealism		Analysing	AnalyseExperimentationFeedback	IdentifyObservationOshadowing	LOTS
 Capture/elimination Competition Cooperation Movement 	 Progression Selecting/collecting Simulate/response Time pressure 	Applying	 Action/task Competition Cooperation Demonstration 	ImitationSimulation	HOIS
 Appointment Cascading information Questions and answers 	。Role play 。Tutorial	Understanding	ObjectifyParticipationQuestion and answers	。Tutorial	
Out scenes/storyTokensVirality	Behavioural momentum Pavlovian interactions Goods/information	Retention	DiscoverExploreGeneralisation	Guidance Instruction Repetition	

HOTS, higher-order thinking skills; LOTS, lower-order thinking skills.

Table 3: The LM-GM analysis based on Re-Mission

Game mechanic	Learning mechanic	Implementation	Usage
Cut scene/story Cascading information Tutorials Selecting/collecting	Instructional Guidance Tutorial Activity/project	Pre-rendered videos NPC Levels Power-ups	To explain gameplay mechanisms via storytelling. Guide user through basic mechanics to complete an activity. Rewards/sense of empowerment
Movement Capture/elimination Time pressure Protégé effect	Discovery Problem-based solving Motivation	3D environment interaction for control, fly-through/navigate Destroy cancer cells To enhance activity, engagement Virtual patient response and conditioning;	Immersion, interacting with content, eg, delivery of medication. Prevent cancer cell multiplication To highlight urgency To relate player to game character, ie, the patient,
Feedback	External thinking Responsibility Feedback	governed by state it medication. Level upgrading Prompts/cut scenes Player status	such that medication is not missed. End of levels. Motivation. Message reinforcement.
Behavioural momentum	Repetition Reflection	Levels	To trail multiple contingencies in order to cover a wide range of potential treatment and pitfalls.

NPC, nonplayer character.

behavioural issues. The gameplay was designed through a rational engineering approach, which produced the definition of six core principles that were implemented in the game (Tate *et al*, 2009):

- P1 Choose a target health outcome: this defines the learning outcome for each game level.
- P2 Identify its key behavioural mediators: this defines the risk associations with poor adherence of medication.
- P3 Define the psychological determinants of behaviour: this defines the behaviour that must change to address P2.
- P4 Capture that perceptual field in the gameplay: this was designed to remind that all may not be as well as thought, ie, that cancer could still be prevailing.
- P5 Live out contingencies in the virtual world instead of real life: this was designed such that the player can observe the consequences of poor medication behaviour.
- P6 Always have fun (Behaviour = Knowledge × Motivation): the aim was purely to express that through fun the game can effectively generate overt behaviour change.

The execution of principles P3–P6, which specifically target achievement of learning outcomes, is of particular interest in our analysis. From the observation, it is possible to note that the game was designed to cycle through these principles for each individual health outcome, with each level targeting a different outcome. Gamers who are familiar with the TPS genre may quickly recognise this gameplay "loop" and recognise its relevant game mechanics (Figure 3).

P5, which relates to the negative consequences of poor treatment adherence, is of particular interest. The LM-GM framework identifies this as creating a protégé effect in the user, in which they learn the motivation for their own correct behaviour by teaching another person or entity the correct set of actions. This seems to be a core concept of the learning principle behind *Re-Mission*.

What is the logical relationship between GMs and SGMs? In *Re-Mission*, the mechanics associated with player actions fall under the protégé effect, in which the action of teaching others is used as a learning tool. This is similar to a forward model in distal supervised learning, as evidenced by each *Re-Mission* assignment, where the player is informed of a case history and the mission prior to launching into the game. Additionally, during the mission preview, the non-player character adviser discusses strategies for battling a specific ailment. The mechanics are now beginning to blend into pedagogy. In having a protégé effect, one considers the game mechanic as engaged in the action of "teaching." The protégé effect is not a learning goal but is the SGM through which the goal can be achieved. In *Re-Mission*, the goal was identified with imparting health-related suggestions and motivations to the player, teaching patients to take responsibility for their own health.

This case study has shown how LM-GM can help identify both high-level learning goals and lower levels LMs, SGMs and GMs. In the following section, we are interested in validating the model through user tests.

Validation and evaluation

In the following sections, we present the experimental results of tests we have performed to validate the use of LM-GM as an SG analysis tool. In particular, we discuss two user studies: the first one examining the effectiveness of LM-GM in comparison with a state-of-the-art model, namely Amory's updated GOM, and the second one evaluating users' acceptance of LM-GM.

GOM was chosen as its methodology was viewed as effective to describe the relationships between a pedagogical dimension of learning and its game elements. The diagrammatic mapping of the game-learning relationships in GOM was also considered as most complementary to LM-GM. We thus set up a comparison test to ascertain if LM-GM could address better the bridging between the

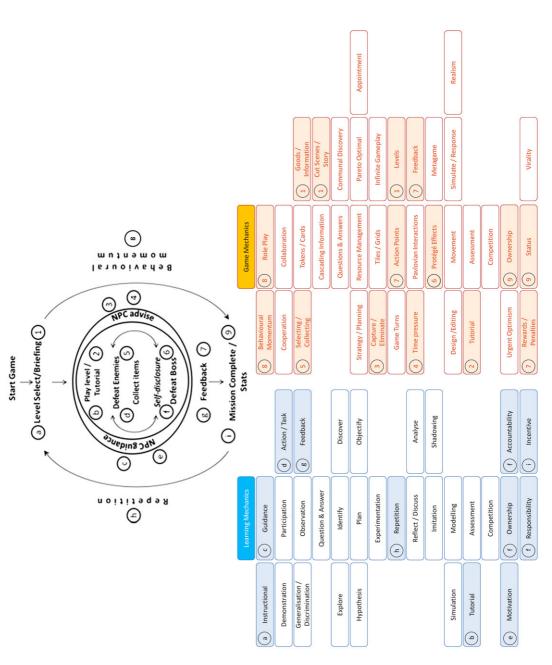


Figure 3: A game map constructed through an LM-GM-based analysis of Re-Mission. LM-GM, Learning Mechanics—Game Mechanics; NPC, nonplayer character

pedagogical dimension of learning and its game elements, particularly the existence of SGMs. The evaluations were independently conducted and validated at two different hosting sites. The participants include a mix of academics, students and game developers from various countries, all of whom had some gaming experience.

The actual user evaluations were preceded by a comparison test to check whether the two models were comparable, as we demonstrate in the following.

Comparison of LM-GM and GOM

A fitness and comparison test was performed by 26 participants from UK, China and Mexico. Participants first identified the relationships between elements in the LM-GM framework considering the context of the SGM description; the outcome is presented in Figure 4. The SGM acts as the mechanism by which concrete learning activities are connected, as defined by the pedagogical patterns, to abstract design game elements. The abstract game layer represents game dynamics (e.g., achievements) as defined by game design patterns, which in turn can be mapped as a function of several GMs. This represents a many-to-one relationship between the abstract and concrete elements of game design and learning. A single abstract learning objective can be achieved by different learning activities, and a single Game Dynamic can be achieved through several different GMs. It should be noted that the abstract and concrete elements have been identified with respect to Amory's model, literature findings and from objective responses by participants in the case study described in the previous section. Unlike Figure 2, the relationship diagram in Figure 4 is not ordered top down but simply represents elements considered to be abstract or concrete within LM-GM, without any sorting. Originally combined elements, such as fun, challenge, quick feedback and story, have been separated to provide better abstract and concrete discretisation.

Once we established that the models are comparable, we could assess the effectiveness of each model in supporting users in evaluating serious games. It is important to highlight that the goal of the experiment was not to evaluate the participants' ability to analyse a game but to have them assess the two different models by concretely applying it. This was clearly stated to all the participants prior to the tests.

User evaluation 1

The first user test was designed to evaluate how effective each model was in enabling users to analyse gameplay and the purpose of SGs and in particular to determine to what extent the models facilitated the recognition of connections between game mechanics and pedagogical intentions.

Two games were used in this user study: the already mentioned *Re-Mission* and Serious Games Interactive's *Playing History: The Plague* (http://www.playinghistory.eu), a role playing game in which the player explores medieval Florence in search of a cure for the plague, experiencing history and the living conditions from that time through the eyes of the protagonist.

Ten students (nine males, one female), with ages varying from 21 to 40 years old (mean = 25.7, standard deviation = 5.46), were recruited to participate in the study. All of them were pursuing their bachelor's or master's degrees in Electronic Engineering in Italy at the time. The majority of the participants (80%) reported being at least somewhat familiar with games in general. Familiarity with SGs, on the other hand, was not so high: 70% of the participants declared low or very low familiarity with this specific type of games.

For the analysis, participants were equally divided into two groups. Both groups played the first game, *Re-Mission*, and were then asked to complete an open-ended questionnaire about their understanding of the purpose of the game and their understanding of how well the game supported learning in each category of the Bloom's revised taxonomy (*remembering*, *understanding*,

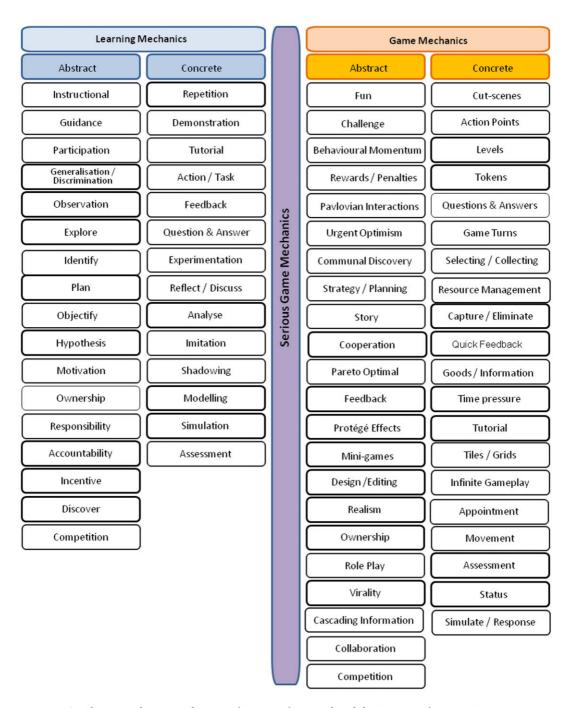


Figure 4: Abstract and concrete elements of LM-GM framework and the SGM interface. LM-GM, Learning Mechanics—Game Mechanics; SGM, Serious Games Mechanic

applying, analysing, evaluating and creating) (see Table 2; Anderson & Krathwohl, 2001). This was done to establish a baseline of their understanding of the game. Subsequently, the first group received an account on how to evaluate a game using the list of components identified by the GOM (Amory, 2007), whereas the second group received an explanation about the LM-GM

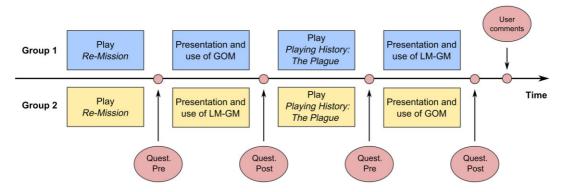


Figure 5: Workflow of the comparison study between LM-GM and GOM. GOM, Game Object Model; LM-GM, Learning Mechanics—Game Mechanics

Table 4: Average scores for open-ended questions, before and after the analysis with each model with the mean (M), standard deviation (SD) and median values of the scores highlighted in bold

Participant	Pre-GOM	Post-GOM	Pre-LM-GM	Post-LM-GM
1	2.63	3.83	2.33	3.92
2	1.75	1.75	2.38	2.67
3	2.33	2.71	2.21	2.33
4	1.83	1.83	2.25	2.29
5	3.17	3.17	2.54	2.75
6	2.88	3.08	2.67	3.29
7	3.25	3.46	3.25	3.25
M	2.55	2.83	2.52	2.93
SD	0.61	0.79	0.36	0.59
Median	2.63	3.08	2.38	2.75

GOM, Game Object Model; LM-GM, Learning Mechanics—Game Mechanics.

model. Both groups were asked to perform an evaluation of *Re-Mission* using their assigned model. After performing the analysis, participants were required to complete the same questionnaire, being instructed to change their answers if they felt they had new insights on the game after analysing it using the model presented to them. The same procedure was repeated with the second game, *Playing History: The Plague*, inverting the models assigned to each group. At the end of the study, participants were asked to make comments about both models. Figure 5 illustrates the workflow for each group.

Two evaluators rated the participants' responses independently in a scale of 1 to 5, according to the following criteria: clarity, appropriateness, presence of examples to illustrate answers, ability to identify game mechanics, ability to identify learning intentions and outcomes, and ability to identify connections between game mechanics and learning mechanics.

It was identified that three participants were seemingly tired or uninterested, for their answers were judged as unmindful or careless by both evaluators. Those three cases were ignored in the analysis. In addition, the question regarding creation of new content (the uppermost level of Bloom's taxonomy) was largely misunderstood by participants and was also disregarded in this study.

Ratings from both evaluators were averaged for each question. Next, the scores for all questions were averaged again to obtain one score for each participant in each one of the conditions (pre-GOM, post-GOM, pre-LM-GM and post-LM-GM). The resulting values are shown in Table 4 above.

Table 5: User appreciation of LM-GM and GOM

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	Ease of use	Recognition of basic game rules	Association with core concepts	Interface between learning mechanics	Able to elicit basic game pattern	Link to learning
Amory	60%	40%	37%	45%	25%	36%
LM-GM	40%	60%	63%	55%	75%	64%

Identifying learning mechanics (user evaluation 2-1)

	Ease of use	Recognition of learning activities	Association with core concepts	Interface between game mechanics	Able to elicit basic pedagogical pattern	Link to game intent
Amory	60%	45%	40%	45%	35%	45%
LM-GM	40%	55%	60%	55%	65%	55%

GOM, Game Object Model; LM-GM, Learning Mechanics-Game Mechanics.

A Wilcoxon matched pairs signed rank test was conducted for each of the two models, comparing before and after scores. For the GOM, because of the small sample size and the number of repeated scores, the test could not determine any significant difference between conditions (t=0, p=0.125, two-tailed test, n=4). On the other hand, for LM-GM, the same test indicated that participants improved their scores after performing the analysis of the game (t=0, p=0.031, two-tailed test, n=6). The Wilcoxon matched pairs signed rank test excludes pairs of samples with zero difference (entries shaded in Table 4), effectively reducing the sample size n in the pre- and post-conditions to 4 and 6 respectively.

Although the sample size of this study was too small to provide conclusive results, this exercise enabled us to draw preliminary conclusions regarding the effectiveness of both models. Although GOM allows users to reflect over quite general characteristics of the game, LM-GM appears to invite users to focus on lower level mechanics of the gameplay. On the other hand, LM-GM seems to be more complicated to be understood, in particular by novices. Nevertheless, LM-GM seems to support better the recognition of the connections between game and learning mechanics, even if in a simple way. In addition, LM-GM seems to have a higher educational value, supporting learning as it familiarises users with the terminology and concepts that are fundamental for understanding games (e.g., protégé effect, role play, game turns, infinite gameplay). As one participant put it,

the [LM-GM] method is a bit more difficult to understand, but more adequate to answer the questions; the [Game Object Model] is simpler and more descriptive, but did not make me change my [understandings on how the game supported learning].

User evaluation 2

In the second user study, 26 individuals (13 from UK, 10 from China and three from Mexico) were consulted regarding their perceptions on the usefulness of each model. The analysis of the game was performed by a mix of academics, students and game developers all of whom had some gaming experience. They analysed the gameplay independently using the LM-GM and GOM, and their analysis was combined and summarised in Table 3 and Figure 3. Table 5 presents a brief summary of the participants' appreciation of the LM-GM and Amory's GOM based on this activity.

The experimental protocol was as follows:

- 1. Participants were provided information regarding the LM-GM nodes (Lim *et al*, 2013) and the GOM (Amory, 2007).
- 2. Participants had no training on using the LM-GM or GOM other than a sample and basic explanation on the flow of the nodes. This was intentional as the objective was to ascertain the ease of using/interpretation of the LM-GM and GOM models.
- 3. Participants were informed that a synopsis of the game was available through the game's website. This was to cater for participants outside UK.
- 4. Participants were given 4 weeks to play and reflect on the game and to produce the LM-GM and GOM mappings. All participants analysed the *Re-Mission* gameplay independently and twice, once applying LM-GM, once GOM. To avoid order effects, half of the participants applied LM-GM first and the other half. GOM first.
- 5. Participants complete a system usability scale (SUS) report, which is well established, a tool used in usability engineering (Brooke, 1996). The SUS report comprises 10 questions, which we employed for both the LM-GM and GOM.
- 6. An interview was conducted upon receiving their LM-GM/GOM mapping and SUS report.

It is important to note that SUS scores for individual items are not meaningful on their own. The scoring of SUS requires a composite measure of the overall usability. For LM-GM, with 26 participants, the SUS average was 67.3. GOM SUS average was 46.7.

In agreement with the findings of the first study, the majority of the participants felt GOM was much easier to use but conversely found that it did not allow basic pedagogical and game patterns to be identified. A key reason was GOM's overlapping "spaces," which did not illustrate the flow of the game-learning elements. This is supported by the responses that participants gave when queried about the ability of GOM to link learning and game intent. The observations suggest that GOM is somewhat superficial and does not take the flow of gameplay into account. The fact that participants considered GOM easier to understand although being less effective points to the direction that the LM-GM model should be made easier to apply, providing better description of the utilisation workflow.

Two participants with some experience in developing engineering games provided succinct feedback during the interview highlighting that GOM "does not address how to implement learning objectives or to enable mapping of learning mechanics to game mechanics" and that "I can't see where GOM enables core instructional design to be made. The LM-GM has the advantage here."

To prevent bias with the mix of participants (ie, the assumption that academics and game developers would fare better than people with no game analysis/design experience), a second study was solely conducted with students of an unrelated field. The demographic comprised 25 final-year engineering students, with limited game analysis experience. The same protocol described previously was used, and the results are tabulated in Table 6. A scanned result of one of the mappings is showed in Figure 6. The hypothesis is that given their experience in systems design and engineering analytics, they would be able to apply that knowledge together with the supporting material (in protocol step 1) to use the LM-GM and Amory to map the process of gameplay and learning elements in *Re-Mission*.

As with the first evaluation, half of the participants started with LM-GM, the other half with GOM. Comments from this second evaluation pointed clearly that some prior knowledge for using LM-GM would be useful; however, the material provided with LM-GM did indeed help them use the model. When queried on the "ease of use," it turns out that the LM-GM informative material supplied meant much reading, compared with the GOM, which operates at a much higher level. Hence, LM-GM scored lower. Interestingly, all the participants found that the LM-GM node descriptors actually helped them carry out the GOM mapping better.

Table 6: Second user appreciation of LM-GM and GOM. Participants comprise only of students with limited game analysis experience

Identifying game mechanics (user evaluation 2-2)

	Ease of use	Recognition of basic game rules	Association with core concepts	Interface between learning mechanics	Able to elicit basic game pattern	Link to learning
Amory	52%	30%	40%	35%	20%	32%
LM-GM	48%	70%	60%	65%	80%	68%

Identifying learning mechanics (user evaluation 2-2)

	Ease of use	Recognition of learning activities	Association with core concepts	Interface between game mechanics	Able to elicit basic pedagogical pattern	Link to game intent
Amory	50%	40%	33%	40%	25%	35%
LM-GM	50%	60%	67%	60%	75%	65%

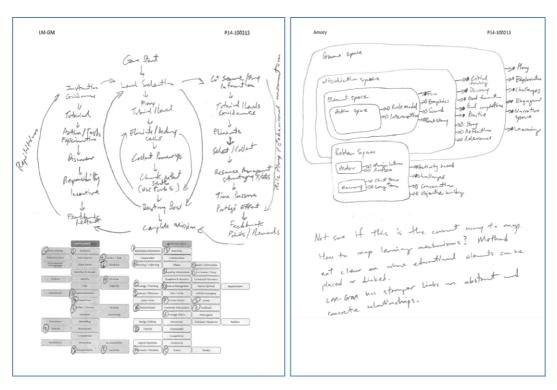


Figure 6: LM-GM and GOM mapping from participant (P14) during usability study on Re:Mission. GOM, Game Object Model; LM-GM, Learning Mechanics—Game Mechanics

The LM-GM SUS average for this second evaluation was 71.4. GOM SUS average was 43.7. Comparing with the first evaluation, it confirms that the LM-GM is more capable than GOM to support game analysis, and the difference is even stronger in a population not expert of game analysis/design.

Although there are missing components in both the LM and the GM, these initial results reveal that the LM-GM is able to provide insights into the pedagogical and gaming patterns of a game. This work presents the first step in completing the larger puzzle and providing game designers and educators a more practical conceptual tool to effectively implement educational mechanisms in SGs.

Conclusions and further research

The main focus of this paper was to discuss the definition of the mechanics of serious games towards providing a more systematic view of the relationship between pedagogical principles and game elements. In our work, we have found that SG design has been linked with entertainment game design, particularly in the context of adopted game mechanics. In particular, our work has revealed particular strengths of some game mechanics that are typical of entertainment games and are also suited for serious and educational games.

This paper reports studies that were performed using the LM-GM model—a framework we have developed for SGMs analysis—that addresses the mismatch between game mechanics and educational components/aims. We demonstrated through a case study how LM-GM could support the evaluation of SGs, enabling the recognition of low-level game mechanics and their connections to pedagogical intentions. We also described the results of a comparative study between the LM-GM model and the state-of-the-art GOM framework, reporting on LM-GM's effectiveness and users' appreciation of its usability and usefulness.

Beside the content presentation aspect, which is covered in the LM-GM's current version, effective SGs for education and training also demand proper user assessment, in order to allow meeting the educational goals and provide appropriate user feedback (De Gloria, Bellotti & Berta, 2012). Stealth or embedded assessment looks particularly effective, as it allows evaluating the player without breaking the flow experience (Shute, Ventura, Bauer & Zapata-Rivera, 2009). Thus, we plan to upgrade the LM-GM model concerning the support of mechanics for in-game assessment (Bellotti, Kapralos, Lee, Moreno-Ger & Berta, 2013). The LM-GM does not consider a player model yet. However, adaptation and personalisation are key factors for education (Bellotti, Berta, De Gloria & Primavera, 2010b). Thus, inserting this new dimension in the model is a significant challenge for the future research.

The LM-GM framework has the ambitious goal of becoming a general tool that can be employed by game designers and domain expert (including teachers) interested in developing and/or analysing SGs. The earlier version of LM-GM has been considered in the design and analysis of a game called *PR:EPARe* (Arnab *et al*, 2013), which demonstrates the potential for it to be used to aid and inform game design. However, the scope of this tool in its present state is still limited. In this paper, in particular, we have shown its validity as an SG analysis tool. Further work includes refining the LM-GM with regard to the development of its prescriptive aspect, which involves suggesting preferential mapping of learning goals to game mechanics. This is being prepared through extensive SG studies that are being carried out within GALA (Bellotti *et al*, 2012a)—capitalising on a knowledge management system dedicated to SGs and based on an SG taxonomy (Popescu & Bellotti, 2012)—and should enhance the framework's effectiveness as a design tool, meeting the emerging requirements from developers and stakeholders. Another challenging addition will be the inclusion of a neurophysiological analysis of a user behaviour during gameplay (Berta, Bellotti, De Gloria, Pranantha and Schatten 2013). Finally, appropriate support for integrating the use of a game within a given curriculum should also be studied and specified.

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