

January Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 - 8:00	Open	Open	Open	Open	Open	
8:00 - 9:00	Open	Open	Open	Open	Open	
9:00 - 10:00	Open	Open	Open	Open	Open	
10:00 - 11:00	Closed	Closed	Closed	Closed	Closed	Open
11:00 - 12:00	Closed	Closed	Closed	Closed	Closed	Open
12:00 - 1:00	Closed	Closed	Closed	Closed	Closed	Open
1:00 - 2:00	Closed	Aquarobics	Closed	Aquarobics	Closed	Open
2:00 - 3:00	Closed	Closed	Closed	Closed	Closed	
3:00 - 4:00	Closed	Closed	Closed	Closed	Closed	
4:00 - 5:00	LHS Swim	LHS Swim	LHS Swim	LHS Swim	LHS Swim	
5:00 - 5:30	LHS Swim	LHS Swim	LHS Swim	LHS Swim	LHS Swim	
5:30 - 6:00	Open	Open	Open	Open	Open	
6:00 - 6:30	Open	Open	Open	Open	Open	
6:30 - 7:00	Open	Open	Open	Open	Open	
7:00 - 7:30	Open	Open	Open	Open	Open	

Wellness Center and Pool Hours : Monday - Friday 6 am - 8 pm, Saturday 10 am - 2 pm

All Children within the ages 7 - 14 Must have an adult 18 or older ON THE POOL DECK.

All Children within the age of 7 Must have an adult 18 or older in the WATER.

Aquarobics	Piranhas

Pool Rules and Regulations

- 1 A shower is required before entering the pool.
- 2 NO food, drinks, glass containers, or chewing gum in the pool area
- 3 Exception is plastic water bottles with a lid
- 4 All patrons must check in at the front desk.
- 5 No street clothes or shoes of any kind in the pool area, swimming attire is required
- 6 Children who are not toilet trained must wear a swim diaper
- 7 No diving in the shallow end of the pool or on the slope of the pool
- 8 No backwards jumps, dives, or flips.
- 9 Personal flotation devices, such as life jackets only. Children wearing a PDF Must have
- 10 No running, jumping, or rough play(dunking, riding shoulders, etc.) on the deck or in the pool.
- 11 SCCC reserves the right to refuse admittance to the pool and locker room to any individuals
- 12 Unless posted, there is a limit of 25 swimmers in the pool area.
- 13 Starting blocks and lifeguard stands are off limits
- 14 Children wearing a PDF must have a parent/ adult age 18 or older at their side at all times

