



BITES BY DESIGN

HOURS

DAILY

11 AM - 8 PM

CONTACT

ONLINE ORDERS

WWW.CHOMPRENO.COM

PHONE

775.44.CHOMP

LOCATED

THE BASEMENT

50 SOUTH VIRGINIA STREET
RENO, NV 89501

Bites by Design

Chomp is a made to order salad bar designed to offer both a seamless experience and a conveniently healthy meal. Tossed, chopped, or wrapped all of our ingredients are sourced locally, and organic when possible, ensuring quality to the very last bite. At Chomp our purpose is combine the precision of an architect and the craft of a farmer together in one bowl, creating the perfectly designed salad.

Chomp's salads are layered, full of nutrition, flavor filled, and all carefully crafted. We strive to offer minimally processed, nutrient dense meals. Chomp supports Reno's agricultural and entrepreneurial community sourcing locally and sustainably.

Our bites are by design. In addition to salads, we offer delicious soups and bread, mix and match your own trail mix bar and traditional & vegan soft serve.



CHOMPRENO

CREATE

WHERE THE GREENS AND STRUCTURES MEET

Build your own masterpiece from our selection of locally sourced ingredients.



1 THE FOUNDATION

Romaine, Arugula, Baby Spinach, and Kale
MIX & MATCH

2 ESSENTIALS

Red Bell Pepper, Shredded Cabbage, Carrots, Cucumbers, Raw Beets, Red Onion, Grape Tomatoes

CHOOSE 4

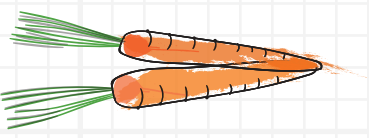
ADDITIONAL \$0.64 EACH

3 PREMIUMS

Marinated Mushrooms, Avocado Half, Kalamata Olives, Ginger Chili Grapes, Hard Boiled Egg, Quinoa, Sprouted Lentils, Feta Cheese Crumbles, Shaved White Cheddar, Shaved Parmesan, Goat Cheese Crumbles

CHOOSE 2

ADDITIONAL \$0.91 EACH



4 CRUNCH

Goji Berries, Dried Cranberries, Honey Glazed Almonds, Nut Cheez, Pita Chips, Super Seed Mix

CHOOSE 1

ADDITIONAL \$0.70 EACH



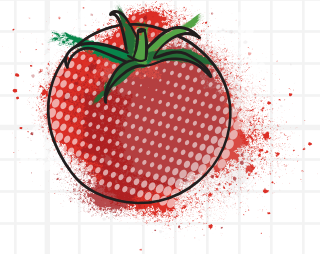
5 HOUSEMADE DRESSINGS

Green Goddess, Miso Tahini, Cashew Buffalo, Maple Cider Vinaigrette, Vegan Caesar, Balsamic Vinaigrette, Lemon Basil Vinaigrette, Chipotle Lime Vinaigrette, Carrot Ginger, Creamy Hemp & Other Seasonal Additions

CHOOSE 1

2 OZ PORTIONS

ADDITIONAL \$0.93 EACH



6 EXTRA

Salt & Pepper, Extra Virgin Olive Oil, Spicy Sriracha, Fresh Lime & Lemon, Liquid Aminos, Balsamic Vinegar.

INCLUDED

\$9.27

7 PROTEIN

Organic Roasted Free Range Chicken **\$4.15**
All-Natural Local Rancher Beef **\$4.62**
Roasted Wild Salmon **\$5.10**

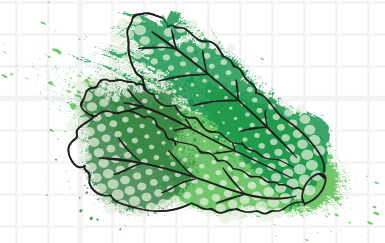
4 OZ PORTIONS

FROZEN YOGURT

SWEET TREAT

Ask about our daily froyo selections, which include delightful vegan bases. We have an uncommonly delicious selection of toppings too!

\$0.52/OZ



SALAD

TOSSED CHOPPED OR WRAPPED

POST OFFICE

Baby Spinach, Arugula, Shredded Beets, Chopped Apple, Sprouted Lentils, Quinoa, Goat Cheese Crumbles, Honey Glazed Almonds and Maple Cider Vinaigrette

\$9.27

WASHOE COUNTY COURTHOUSE

Kale, Spinach, Shredded Cabbage, Carrot, Red Onion, Cucumber, Marinated Mushrooms, Super Seed Mix and Green Goddess Dressing

\$9.28

INTERSTATE BANK

Romaine, Kale, Cucumber, Grape Tomatoes, Red Onion, Kalamata Olives, Feta Cheese Crumbles, Pita Chips and Lemon Basil Vinaigrette

\$9.23

RIVERSIDE HOTEL

Arugula, Cucumber, Shredded Cabbage, Carrots, Ginger Chili Grapes, Roasted Wild Salmon, Super Seed Mix and Miso Tahini Dressing

\$13.90

HARDY HOUSE

Kale, Quinoa, All-Natural Local Rancher Beef, Marinated Mushrooms, Dried Cranberries, Red Onion, Super Seed Mix and Balsamic Vinaigrette

\$11.10

MINDEN INN

Spinach, Cucumber, Red Bell Peppers, Avocado, Hard-boiled Egg, Goji Berries, Super Seed Mix and Lemon Basil Vinaigrette

\$10.20

THE MACKAY

Romaine, Red Bell Peppers, Grape Tomatoes, Avocado Half, Red Onion, Shaved White Cheddar, Organic Roasted Free Range Chicken and Lime Cilantro Dressing

\$12.97

THE WORKS

NUTS AND BOLTS

In our pursuit of passion and purpose, we aim to keep things fresh. Inquire about our daily selections and additions.

SOUP & BREAD \$6.45

TRAIL MIX BAR \$0.78/OZ
MIX AND MATCH YOUR OWN

GLUTEN FREE WRAP \$1.39

Various refreshments and natural products available at our location.