



LIGHTNING

JUNE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	
NO PRACTICE	OUTDOOR PRACTICE evening only 5:00-6:30PM	PRACTICE evening only 5:00-6:30PM	NO PRACTICE Coaches Mtg 6:30 pm Rolling Meadows	PRACTICE evening only 5:00-6:30PM	PRACTICE evening only 5:00-6:30PM	NO PRACTICE
7	8	9	10	11	12	13
NO PRACTICE	PRACTICE 1st AM-group time PM-all groups 5:00-6:30PM	PRACTICE AM-group time PM-all groups 5:00-6:30PM	PRACTICE AM-group time Practice MEET 4:30 Warm Up 5:30 Start	NO MORNING PRACTICE EVENING ONLY 5:00 - 6:30 PM Parents meeting Pool Area 6:15pm	PRACTICE AM-group time PM-all groups 5:00-6:30PM	NO PRACTICE
14	15	16	17	18	19	20
NO PRACTICE	PRACTICE AM-group time PM-all groups 5:00-6:30PM	PRACTICE AM-group time EVENING PICTURE DAY 5-6:30	SHORTCOURSE PRACTICE morning only AFTERNOON Meet: River Trails at Lincolnwood	NO MORNING PRACTICE EVENING ONLY 5:00 - 6:30 pm Practice Or PICTURE " RAIN "DAY	PRACTICE AM-group time PM-all groups 5:00-6:30PM	NO PRACTICE
21	22	23	24	25	26	27
NO PRACTICE	PRACTICE AM-group time PM-all groups 5:00-6:30PM	PRACTICE AM-group time PM-all groups 5:00-6:30PM	SHORTCOURSE PRACTICE morning only AFTERNOON Meet: TBA	NO MORNING PRACTICE EVENING ONLY PM-all groups 5:00-6:30PM	PRACTICE AM-group time PM-all groups 5:00-6:30PM	Intersquad Meet 7 to 10 AM
28	29	30				
NO PRACTICE	PRACTICE AM-group time PM-all groups 5:00-6:30PM	PRACTICE AM-group time PM-all groups 5:00-6:30PM				