



# LIGHTNING

# JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Swim / Club <b>NO PRACTICE</b>	2 <b>OUTDOOR PRACTICE</b> evening only 5:00-6:30PM	3 <b>PRACTICE</b> evening only 5:00-6:30PM	4 <b>NO PRACTICE</b> <b>Coaches Mtg</b> <b>6:30 pm</b> <b>Rolling Meadows</b>	5 <b>PRACTICE</b> evening only 5:00-6:30PM	6 <b>PRACTICE</b> evening only 5:00-6:30PM	7 <b>NO PRACTICE</b>
8 <b>NO PRACTICE</b>	9 <b>PRACTICE</b> <u>AM-group time</u> <b>PM-all groups</b> <b>5:00-6:30PM</b>	10 <b>PRACTICE</b> <u>AM-group time</u> <b>PM-all groups</b> 5:00-6:30PM	11 <b>PRACTICE</b> <u>morning only</u> <b>NO AFTERNOON PRACTICE</b>	12 <b>NO MORNING PRACTICE</b> <b>EVENING ONLY</b> 5:00 - 6:30 PM Parents meeting Pool Area 6:15pm	13 <b>PRACTICE</b> <u>AM-group time</u> <b>PM-all groups</b> 5:00-6:30PM	14 <b>NO PRACTICE</b>
15 <b>NO PRACTICE</b>	16 <b>PRACTICE</b> <u>AM-group time</u> <b>PM-all groups</b> 5:00-6:30PM	17 <b>PRACTICE</b> <u>AM-group time</u> <b>EVENING PICTURE DAY</b> 5-6:30	18 <b>SHORTCOURSE PRACTICE</b> <u>morning only</u> AFTERNOON Meet: Mt Prospect at Lincolnwood	19 <b>NO MORNING PRACTICE</b> <b>EVENING ONLY</b> 5:00 - 6:30 pm Practice Or <b>PICTURE " RAIN "DAY</b>	20 <b>PRACTICE</b> <u>AM-group time</u> <b>PM-all groups</b> 5:00-6:30PM	21 <b>NO PRACTICE</b>
22 <b>NO PRACTICE</b>	23 <b>PRACTICE</b> <u>AM-group time</u> <b>PM-all groups</b> 5:00-6:30PM	24 <b>PRACTICE</b> <u>AM-group time</u> <b>PM-all groups</b> 5:00-6:30PM	25 <b>SHORTCOURSE PRACTICE</b> <u>morning only</u> AFTERNOON Meet: River Trails at Lincolnwood	26 <b>NO MORNING PRACTICE</b> <b>EVENING ONLY</b> <b>PM-all groups</b> 5:00-6:30PM	27 <b>PRACTICE</b> <u>AM-group time</u> <b>PM-all groups</b> 5:00-6:30PM	28 <b>Intersquad Meet</b> <b>7 to 10 AM</b>
29 <b>NO PRACTICE</b>	30 <b>PRACTICE</b> <u>AM-group time</u> <b>PM-all groups</b> 5:00-6:30PM					