JGHTNING LIGHTNING 2 3 4 **PRACTICE** \$wim **PRACTICE HOLIDAY PRACTICE** AM-group time morning only AM-group time **EVENING** 5:00 AFTERNOON Meet: PRACTICE. 5:00 - 6:30 pm 6:30 pm **Practice PRACTICE** Mt Prospect at **PICTURE " RAIN PICTURES** 4th of July Lincolnwood "DAY 11 7 8 9 10 **SHORTCOURSE PRACTICE PRACTICE NO MORNING PRACTICE** NO AM-group time **AM**-group time morning only PRACTICE **PM-all groups** AFTERNOON Meet: **PRACTICE** PM-all groups **EVENING ONLY River Trails at** 5:00 - 6:30 PM 5:00-6:30PM 5:00-6:30PM Lincolnwood 14 15 16 17 18 **PRACTICE PRACTICE PRACTICE NO MORNING** morning only AM-group time **AM**-group time PRACTICE NO AFTERNOON Meet: **PM-all groups PM-all groups EVENING ONLY PRACTICE Buffalo Grove at** 5:00-6:30PM 5:00-6:30PM 5:00 - 6:30 PM Lincolnwood 23 24 25 21 22 **AFTERNOON Meet: PRACTICE PRACTICE** W/U 1pm 3pm start NO AM-group time AM-group time "A" Division **PM-all groups PRACTICE PM-all groups PRACTICE** Championship 5:00-6:30PM 5:00-6:30PM **TBA** 28 29 30 31 JULY 28th

BBQ at Lincolnwood Pool 7:00pm

JULY

Intersquad

Meet

7 to 10 AM

NO

PRACTICE

Intersquad

Meet

NO

PRACTICE

7 to 10 AM

6

13

20

27

5

12

19

26

NO

NO

PRACTICE

AM-group time

PM-all groups

5:00-6:30PM

PRACTICE

AM-group time

PM-all groups

5:00-6:30PM

PRACTICE

AM-group time

PM-all groups

5:00-6:30PM

NO PRACTICE

Water Park

JULY 26th