

A photograph of four children playing in a splash pad. The splash pad features a red and yellow structure with multiple water outlets. One child is sliding down a red slide, another is standing near a yellow basin, and two others are in the foreground. The background shows red and white lounge chairs.

Lincolnwood Parks & Recreation

Summer 2009

Administrative Office

Lincolnwood Parks & Recreation Department
6900 N. Lincoln Avenue
Lincolnwood, IL 60712

Phone: (847) 677-9740 **Fax:** (847) 673-4413

Hours: Mondays: 9:00 am - 5:00 pm
Tuesdays: 9:00 am - 5:00 pm
Wednesdays: 9:00 am - 5:00 pm
Thursdays: 9:00 am - 5:00 pm
Fridays: 9:00 am - 5:00 pm
Saturdays: (See Below)

*** The Recreation Office will be open on the following Saturdays from 9:00am - Noon:**
March 7, 14, 21, 28 * April 4, 18, 25
May 2, 9, 16 * June 6, 13, 20

For your convenience, there is a white drop box located next to the mailbox in front of the Municipal Complex in the circular drive. You may drop off your registration there.

The office will be closed: May 25 & July 3

Telephone Numbers

Parks and Recreation Department	(847) 677-9740
Lincolnwood Pool	(847) 673-6870
Lincolnwood Village Hall	(847) 673-1540
Police Department	(847) 673-2167
Fire Department	(847) 673-1545
Emergencies	911

Photo Policy

Photographs and videos are periodically taken of participants while they are engaged in programs, special events or enjoying the parks. Please be aware that these photos / videos may appear in local newspapers, park department publications or the park cable access program.

Mission Statement

The Lincolnwood Parks & Recreation Department is committed to providing enjoyable, quality programs and attractive, safe facilities to promote the health, welfare and pleasure of all the residents of Lincolnwood.

Registration Deadlines

Register for classes early! All of our classes have minimums and maximums, and we do not want you to miss out on one of our great classes. So, please sign up early to avoid cancellations.

Springfield Trip

Plans are underway for a Fall trip to Springfield for adults. Please watch for more information in our Fall brochure!

Resident Registration Begins:
As soon as you receive this brochure

Non-Resident Registration Begins:
Monday, April 20th

Board Meetings

The Parks & Recreation Board holds OPEN meetings once a month on the second Tuesday, in the Council Chambers. The entire community is invited and welcome! This is your opportunity to find out what we're all about as well as to express any concerns you may have. All meetings begin at 7:30pm. To find out when the next meeting is, call us at (847) 677-9740.

Board Members

Gail Ito, Chairperson
Barry Bass
Demerise Gratch
Art Lovering
Barbra Pabst
Judy Snyder
John Swanson

Find a Mistake?

It is our policy to include something for everyone. Since some people like to find errors, we regularly include a few in our publication to meet this need.

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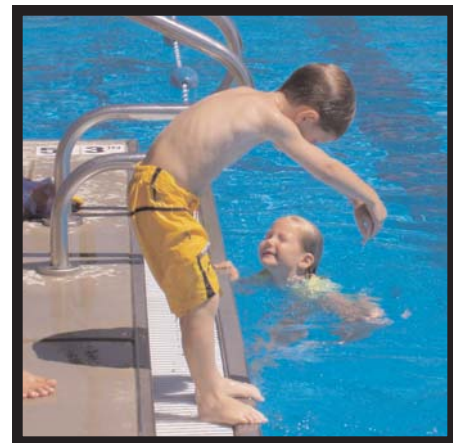
Tennis

Reuse A Shoe

M-NASR

Program Registration Form

Refund Policies



PARK WATCH

We need your help keeping the parks of Lincolnwood clean, safe, and free of vandalism. If you find any broken equipment, or have other safety concerns about the parks, please contact the Lincolnwood Parks and Recreation Department at 847-677-9740. If you see vandalism occurring in the parks, please contact the Lincolnwood Police by calling 911. The Parks and Recreation Department is committed to providing a safe place for recreation and would prefer to enhance the quality of the parks rather than replace vandalized equipment. Thank you for your support in our efforts to provide the residents of Lincolnwood with quality parks.

Parks and Recreation Staff

Jan Hincapie, CPRP, Director
Overall Operations, Budget, Staff Development
e-mail: jphincapie@lwd.org

Jan Springer, CPRP, Superintendent of Recreation
Summer Camps
e-mail: jspringer@lwd.org

Julie Barnhill, Recreation Coordinator
Youth, Fitness, Special Events, Active Adults, Seniors
e-mail: jbarnhill@lwd.org

Dan Malartsik, AFO, CPO, Superintendent of Parks & Facilities
Parks, Facilities, Aquatic Center, Teens, Athletics, Office Operations
e-mail: dmalartsik@lwd.org

Richard Quattrocki, CPRP, CPSI, Communications Manager
Brochure, Publicity, Grants,
e-mail: rquattrocki@lwd.org



Pictured left to right: Richard Quattrocki, Julie Barnhill, Dan Malartsik, Jan Hincapie, Jan Springer

What do those letters after staff names mean?



The Certified Park and Recreation Professional (CPRP) designation is granted to individuals employed in the recreation, park resources and leisure services profession who meet high standards of performance. In order to achieve CPRP status, applicants must meet yearly minimum qualifications and successfully complete a national examination.



The CPO Certification is assurance to the public that their pool operators and maintenance staff are trained in the most advanced techniques in safety, water chemistry, maintenance and management. The National Swimming Pool Foundation (NSPF) certifies those who pass the course as Certified Pool/Spa Operators (CPO).



The AFO Certification is designed for those who are responsible for operating clean, safe, and efficient aquatic facilities. AFO's are trained with in-depth instruction on filtration, disinfection, water testing and treatment, design considerations, facility management, risk management, facility troubleshooting and much more!



The Certified Playground Safety Inspector (CPSI) is a certification offered by the National Playground Safety Institute (a program of the National Recreation and Park Association). CPSIs are certified to inspect playgrounds for safety issues, making sure that each playground that they inspect is up to the current national standards. The national standards are developed by the ASTM and CPSC.

Dear Lincolnwood Residents,

Summer is almost here! The staff at Lincolnwood Parks and Recreation Department has been busy planning great summer programs for you and your family.

One of the old favorites is the Prosel Park Aquatics Center. Resident membership registration for the pool has begun. The pool will be hosting a Flick and Float on Friday, August 21st. So bring your family and don't forget your floats. Other programs you may have forgotten at the pool include swimming lessons, private swim lessons, and swim team.

This year the Parks and Recreation Board along with the staff have been looking at ways to go green. The Village is installing a rain garden and providing education on how to put one in at your home-look for announcements on the village website. The camp program will be incorporating green activities too. We are still exploring many options, if you have ideas give us a call.

As we continue to honor Lincoln our 14th President, camp names have changed for example to "Little Lincolns," or "Prairie Dogs." Also at camp healthy snacks will be served, and a traveling artist will be offering new art projects (See the camp brochure).

Channel Run Park is going through a sprucing with a new bike path installed last summer and the installation of the rain garden this year. Take a ride along this now great path through the sculptures into our neighboring towns-Skokie or Chicago.

Adult softball leagues continue in Prosel with teams playing on Wednesday and Friday nights and Sunday mornings. Little league will be starting their season soon-let's hope for rain only on the days they do not play.

Take a few minutes to explore your favorite programs and some new offerings here in our brochure. In addition, be on the look out for announcements of up coming events such the installation of the rain garden, concerts in the park and Flick and Float.

Have a wonderful summer enjoying all our great programs and parks-that's where I plan to be!!

Gail H. Ito,
Chairperson Parks and Recreation Advisory Board

Memorial Day Celebration

The 56th Annual Memorial Day Celebration will begin with a patriotic parade stepping off from the Kow-Kow Restaurant at the corner of Cicero and Pratt Avenue at approximately 10 am. The parade ends in Proesel Park at Madeleine's Garden, along Morse. A ceremony, starting at approximately 11 am will remember the many individuals who gave their lives for their country and have helped to maintain the freedoms that we have grown accustomed to. The parade and ceremony feature the Niles West Marching Band. Community Groups and dignitaries are encouraged to participate in the parade. The event is a cooperative effort between the American Legion Post #1226 and the Village. For questions please call the Lincolnwood Parks and Recreation Department at 847-677-9740 or visit the Village website at www.lincolnwoodil.org.



Resident - Aquatic Center Membership

RESIDENCY REQUIREMENTS

In order to qualify for the resident rate, you need to have your primary residence in the Village of Lincolnwood. **Proof of residency is required upon registration.** The only documents we will accept are drivers license, mortgage, title or lease agreement. Families are required to bring a birth certificate for children. Anyone not meeting this requirement will pay the non-resident rate if there are openings.

Family is defined as mother, father (or legal guardians) and dependent children (ages 3 thru 18 years) living at the same address. Family of 2 may be 2 adult members, or 1 adult and 1 dependent child living at the same address. No others are included in family memberships. A parent must be present when purchasing a family membership.

2009 Resident Aquatic Center Membership Fees

<u>PACKAGE</u>	<u>PRICE</u>
College Pass	\$64 (Max. 24 yrs. old)
Individual	\$82
Senior	\$61
Senior Couple	\$110
Family of 2	\$117
Family of 3	\$142
Family of 4	\$159
Family of 5	\$186
Family of 6	\$200
Family of 7	\$212
Each Additional	\$30

RESIDENT DAILY ADMISSIONS (AGE 3 YRS. & UP)

- ** Proof of residency is required at the gate for residents who do not have a membership ID Card.
- ** During public swim hours, children under the age of 3 are admitted free with an adult.

All other persons must pay the daily admission fee.

Weekdays	\$6
Evenings	\$5
Weekends, Holidays	\$6

MEMBERSHIP PHOTO ID CARDS.

- * You must show your pool ID card at the pool entrance. **RECEIPTS WILL NOT BE ACCEPTED.**
 - If you were a pool member last year, you will not need to come in and have your photo retaken. Once your membership has been processed, your ID card from last year will be reactivated.
 - If you are a new member this year, you and every member of your family that will be getting a pass will need to come in and have a ID photo taken.
- * All pool members (3 years and up) will be issued a photo ID membership card.
- * Membership cards are NOT TRANSFERABLE.
- * Misuse or borrowing passes will result in loss of membership.
- * LOST CARDS must be replaced at the Recreation Department for a fee of \$10.00. Proof of identification is required at this time.
- * Absolutely NO REFUNDS after swimming pool opens.
- * A \$10.00 fee will be assessed for anyone wishing to have a new photo taken prior to the expiration of the pool ID.

RESIDENT NANNY POLICY

Residents will now have the opportunity to skip the Non-Resident online process to add their nanny under the following guidelines:

- * Residents may add 1 nanny at time of registration between the time the summer brochure comes out until Thursday, April 23rd ONLY. Failure to meet the deadline will result in participating in the Non-Resident Online process. There is no guarantee you will get a pass this way.
- * After purchase, residents are allowed 1 nanny transfer until Friday May, 29th at 5:00pm ONLY. All transfer requests after May 29th will be denied. (A transferred pass is defined as changing John Doe to Jane Doe).
- * Non-Resident nannies will be charged at the Individual Non-Resident rate (\$278).

Resident pool registration begins as soon as you receive this brochure.

Register early to avoid lines!

Lincolnwood Parks & Recreation Department

Lincolnwood Business / Local Government Aquatic Center Membership

7

REQUIREMENTS

In order to qualify for the Lincolnwood business / local government rate, you need to work full-time for an employer located within the Village of Lincolnwood. Local government organizations include Lincolnwood School District 74 and the Lincolnwood Library District. Business / local government employee proof is required upon registration. The only documents we will accept are valid employee ID cards with a letter from supervisor (including contact information) verifying employment, a current pay stub, or a current Lincolnwood business license.

Family is defined as mother, father (or legal guardians) and dependent children (ages 3 thru 18 years) living at the same address. Family of 2 may be 2 adult members, or 1 adult and 1 dependent child living at the same address. No others are included in family memberships. A parent must be present when purchasing a family membership.

PLEASE NOTE:

- * **Registration begins Monday, April 20th.**
- * Registration will be on a first come - first served basis until we sell 250 total passes.
- * Walk-in registrations will be accepted at the Recreation Office.
- * Any mail-in registrations received at the Recreation Office will be returned to the sender.
- * Any faxed-in registrations will be disregarded.
- * Every member of your family that will be getting a pass will need to come in and get a photo ID.

Family Passes: Children under 3 do not need to be included in your family membership.

Nanny Passes: You will be able to add 1 nanny pass (billed as an individual membership) to your package. If applicable, make sure you have your nanny's address and birth date for the registration process. Nanny passes are not transferable after May 29th.

Ages 18 & up: You will be able to add your children 18 years and up (billed as individual memberships) to your package.

Senior Couples: You will be able to register as a senior couple at a discount. You need to be 55 years of age or older. If you are not 55 or older and try to register for a senior pass, the system will deny registration.

Lincolnwood Business / Local Government Pricing

<u>PACKAGE</u>	<u>2009 PRICE</u>
Individual	\$222
Senior	\$155
Seniors Couple	\$300
Family of 2	\$347
Family of 3	\$405
Family of 4	\$450
Family of 5	\$489
Family of 6	\$551
Family of 7	\$590



Aquatic Center Schedule

POOL DATES:

- * Saturday, May 30th through Sunday, August 30th
- * Saturday, September 5th through Monday, September 7th

POOL CLOSED:

- * Flick & Float - Friday, August 21st * 5:30 - 9:30pm
Raindate - Tuesday, August 25th
- * Monday, August 31st through Friday, September 4th
- * Swim Meets (Main Pool) - June 17th * 3:30 - 9:30pm
July 8 & 15 * 3:30 - 9:30pm

MAIN POOL

WEEKDAYS, JUNE 1 - JUNE 12

- * 6:00am - 10:00am Swim Team / Adult Lap Swim
- * 10:00am - 5:30pm Open Swim (all ages)
- * 5:30pm - 6:30pm Swim Team / Adult Lap Swim
- * 6:30pm - 9:30pm Open Swim (all ages)

WEEKDAYS, JUNE 15 - AUGUST 7

- * 6:00am - 9:00am Swim Team / Adult Lap Swim
- * 9:00am - Noon Youth Swim Lessons
- * Noon - 1:00pm Adult Swim
- * 1:00pm - 5:30pm Open Swim (all ages)
- * 5:30pm - 6:30pm Swim Team / Adult Lap Swim
- * 6:30pm - 9:30pm Open Swim (all ages)

* 1 lap lane will be available during all open swim hours only.

WEEKDAYS, AUGUST 10 - AUGUST 28

- * 6:00am - 10:00am Adult Lap Swim
- * 10:00am - 5:30pm Open Swim (all ages)
- * 5:30pm - 6:30pm Swim Team / Adult Lap Swim
- * 6:30pm - 9:30pm Open Swim (all ages)

SATURDAYS, MAY 30 - SEPTEMBER 5

- * 10:00am - 9:30pm Open Swim (all ages)

SUNDAYS & HOLIDAYS, MAY 31 - SEPTEMBER 7

- * 10:00am - 7:00pm Open Swim (all ages)

At the discretion of the Superintendent of Parks & Facilities and Pool Managers the pool may be closed for the following reasons:

1. Inclement Weather - When the temperature falls below 68 degrees or when storms threaten safety. If it is raining the pool will re-open when the weather clears. (Call the Pool at (847) 673-6870 for information.)
2. Safety Hazards - When a situation arises that would jeopardize the public health of the people in attendance.
3. Special Event - A Recreation Department sponsored event, a swim meet, or program.
4. Low attendance (fewer than 20 patrons).

**Proesel Park
Family Aquatic Center
7155 Kostner Avenue
Lincolnwood, IL 60712
(847) 673-6870**

WADING POOL

Reserved for children 7 years and under who must be accompanied by an adult who remains with the child.

WEEKDAYS, JUNE 1 - JUNE 12

- * 10:00am - 9:30pm

WEEKDAYS, JUNE 15 - AUGUST 7

- * 10:30am - 9:30pm

WEEKDAYS, AUGUST 10 - AUGUST 28

- * 10:00am - 9:30pm

SATURDAYS, MAY 30 - SEPTEMBER 5

- * 10:00am - 9:30pm

SUNDAYS & HOLIDAYS, MAY 31 - SEPTEMBER 7

- * 10:00am - 7:00pm

ACTIVITY POOL

Children under 7 must be accompanied by an adult who remains with the child. The activity pool is open for people of all ages.

WEEKDAYS, JUNE 1 - JUNE 12

- * 10:00am - 9:30pm

WEEKDAYS, JUNE 15 - AUGUST 7

- * 1:00pm - 9:30pm

WEEKDAYS, AUGUST 10 - AUGUST 28

- * 10:00am - 9:30pm

SATURDAYS, MAY 30 - SEPTEMBER 5

- * 10:00am - 9:30pm

SUNDAYS & HOLIDAYS, MAY 31 - SEPTEMBER 7

- * 10:00am - 7:00pm

2009

Aquatic Center Membership Application

First Name _____ Last Name _____ Date _____

Address _____ City _____ Zip _____

Business/Day Phone Number (_____) _____ Home Phone Number (_____) _____

Emergency Phone Number (_____) _____ Emergency Name/Relation _____

E - Mail Address: _____ ☐ Yes, please add me to a future e-mail list.
(Used to send program updates and general recreation department information)

Please Check Membership
Category / Categories:

- _____ College Pass
_____ Individual
_____ Senior (55+)
_____ Senior Couple
_____ Family of 2
_____ Family of 3
_____ Family of 4
_____ Family of 5
_____ Family of 6
_____ Family of 7
_____ Nanny

Full Name of Each Member Receiving an Aquatic Center Pass		Date Of Birth	Age	Sex	Fee

Does the participant require any assistance or special accommodation to effectively participate and/or enjoy the program?
(Please circle) YES NO If you circled yes, a member of our staff will contact you to make the necessary arrangements.

Please indicate your choice of payment: _____ Check # _____ _____ Cash _____ Visa _____ Mastercard

(MAKE CHECKS PAYABLE TO "VILLAGE OF LINCOLNWOOD")

Expiration Date: _____ Credit Card # _____

Print Name (As it appears on card): _____

Signature: _____

NOTE: Only registrations paid by credit card are accepted by FAX. When registering by FAX, it is mutually understood that the facsimile registration documents (including the waiver & release of all claims) shall substitute for and have the same legal effects as the original form.

PARTICIPANT'S WAIVER, RELEASE AND HOLD HARMLESS AGREEMENT

As a participant (or as the parent or guardian of a participant under age 18) in the Lincolnwood Parks and Recreation Department program(s) I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of any injuries, including death, damage or loss which I may sustain as a result of participating, in any manner, in any and all activities associated with the program(s). I also recognize and acknowledge that all program activities involving strenuous exertion or body contact are hazardous recreation activities which involve substantial risk of injury to a participant. Further, I understand that this Agreement encompasses all exercises and physical movements of any nature undertaken in the program(s), the use and adjustment of any and all machinery, equipment, apparatus and anything related to my use of the services, facilities or premises involved in the program(s) as well as the provision of or failure to provide instructions or supervision.

I hereby agree to waive and relinquish any and all claims that I may have, due to participating in the program(s), including any claims for negligence or any other unintentional conduct against the Village of Lincolnwood, and any and all other participating or cooperating governmental units, independent contractors, officers, agents, servants and employees of the governmental units and independent contractors, and any and all other persons and entities that might be directly or indirectly liable for any injuries that I might sustain while participating in the program(s). I hereby fully release and discharge the Village of Lincolnwood and the above mentioned other persons and entities from any and all claims for injuries, including death, damage or loss that I may have or that may accrue to me because of my participation in the program(s). I also hereby agree to indemnify, hold harmless and defend the Village of Lincolnwood and all other persons and entities mentioned above from any and all claims resulting from injuries, including death, damages and loss sustained by anyone, which arise out of or are in any way associated with my conduct and the activities of the program(s).

I understand the nature of the program(s) for which I am registering and have read and fully understand this Waiver, Release and Hold Harmless Agreement. I further understand and agree that any advertisements or warnings of the particular risks of the program(s) that I subsequently receive will be incorporated herein by reference and become a part of this Agreement.

Participant or Parent / Guardian Signature
(If participant is under the age of 18)

Date

Office Use Only

Processed By: _____

Date: _____ Amount: \$ _____

ID Check: _____

Aquatic Center Rules

In order to provide a safe and enjoyable pool experience for everyone, the following GENERAL rules are to be followed:

1. OBEY LIFEGUARDS AND MANAGERS AT ALL TIMES.
2. Children 7 years or under must be under constant supervision of an adult 18 years or older. Lifeguards are not babysitters.
3. Children under age 3 will only be allowed in the main pool when supervised by a Parent or Adult 18 years and older.
4. All children who are not toilet trained must wear tight fitting rubber or plastic pants over a swim diaper or cloth diaper. DISPOSABLE DIAPERS ARE NOT PERMITTED. (As mandated by the Department of Public Health.)
5. Transferred season passes will be revoked. (Replacement passes are \$10 each and are issued at the Recreation Department.)
6. NO refunds of daily fees will be issued due to inclement weather for any reason.
7. The Lincolnwood Pool will not be open during cool weather, unsafe weather conditions, or due to low attendance (<20) as determined by the Pool Manager. Call (847) 673-6870 to verify that the pool is open.
8. Glass IN ANY FORM is prohibited. (As mandated by Illinois Health Code.)
9. Food and beverages allowed in the concession area only.
10. All persons entering the pool must shower. (As mandated by Illinois Health Code.)
11. Street shoes are not allowed in the Lincolnwood Pool at any time.
12. No smoking allowed within entire pool facility.
13. Offensive language and inappropriate behavior is prohibited.
14. No eating, drinking or smoking allowed on the pool deck. (As mandated by Illinois Health Code.)
15. No running allowed on the pool deck.
16. No ball playing allowed on the deck. Use the grassy area.
17. Dunking or other dangerous conduct is prohibited. (No one is allowed on anyone's shoulders.)
18. Flotation devices for toddlers will be allowed only in the wading pool. No flotation devices allowed in the main pool except for Family Nights and pool rentals.
19. Personal phone calls are not permitted from the office. A pay phone is located outside the front gate for your convenience.
20. Failure to follow pool rules in accordance with policies may result in removal and/or suspension from facilities.
21. All enforcement and general translations of the rules for the pool are subject to management discretion.
22. Children under 12 years of age must be accompanied by an 18 year old.

One set of pool rules must be signed, and kept on file, for each individual and/or family that has a current pool membership.

DIVING BOARD RULES

1. You must obey lifeguards & managers at all times.
2. One at a time on the diving board, divers must wait their turn on the deck.
3. You must swim to the ladder after diving into the pool.
4. Gainers/reverse diving may only be done with the direct supervision of the Lincolnwood Diving Coach.
5. One bounce on the board only.
6. Must be able to swim 18 yards to use the diving boards.
7. Do not walk down the diving board ladder - ask for assistance.
8. Do not swim under the diving boards.
9. Parents are not allowed to catch their children off the board.
10. Divers must jump/dive straight off the board.
11. You must practice safe diving at all times.

WADING POOL RULES

1. All children who are not toilet trained must wear tight fitting rubber or plastic pants over a swim diaper or cloth diaper. DISPOSABLE DIAPERS ARE NOT PERMITTED. (As mandated by the Department of Public Health.)
2. No changing diapers on the deck.
3. No food or drinks in area.
4. No smoking.
5. No running on the deck.
6. Wading pool for use by children under 7 years old.
7. Children must be supervised by an adult 18 years and older while in the wading pool. Lifeguards are not babysitters.
8. Assist your child out of the pool during safety breaks.

All children are encouraged to play with the Lincolnwood Pool toys, share, and have fun!

I have read, and am aware of all pool rules.
If this is a family membership, I agree to inform my family of all pool rules.

Name: _____ Date: _____

2009 Non-Resident Registration Information

- * Non-Residents can register online by going to <http://www.lincolnwoodil.org>, beginning 10:00am on Saturday, April 25th. It is extremely important to have all information ready at the time of registration.
- * Please check the Village website approximately two weeks prior for more information.

PLEASE NOTE:

- * Online registration will be on a first come - first served basis until we sell 1600 passes.
- * No walk-in registrations will be accepted at the Recreation Office.
- * Any mail-in registrations received at the Recreation Office will be returned to the sender.
- * Any faxed-in registrations will be disregarded.
- * The Recreation Office will be open on Saturday, May 2nd and May 9th for non-residents to come in and get their membership pass ID photos taken.
- * If you were a pool member last year you **will not** have to retake your photo. Your pass from last year will be reactivated when your registration is processed.
- * If you are a new member this year, you and every member of your family that will be getting a pass will need to come in and get a photo ID.

Family Passes: Children under 3 do not need to be included in your family membership.

Nanny Passes: You will be able to add 1 nanny pass (billed as an individual membership) to your package. If applicable, make sure you have your nanny's address and birth date for the online registration process. Nanny passes are not transferable after May 29th.

Ages 18 & up: You will be able to add your children 18 years and up (billed as individual memberships) to your package.

Senior Couples: You will be able to register as a senior couple at a discount. You need to be 55 years of age or older. If you are not 55 or older and try to register for a senior pass, the system will deny registration.

2009 Non-Resident Aquatic Center Membership Fees

<u>PACKAGE</u>	<u>Price</u>
Individual	\$278
Senior	\$194
Senior Couple	\$375
Family of 2	\$434
Family of 3	\$506
Family of 4	\$562
Family of 5	\$611
Family of 6	\$689
Family of 7	\$737
Each Additional	\$30

NON-RESIDENT DAILY ADMISSIONS

(AGE 3 YRS. & UP)

**** Non-Residents who are not Aquatic Center Members are permitted to use the pool facility only when accompanied by a resident or pool member.** The daily admission fees for non-residents are listed below.

Weekdays	\$12
Evenings	\$10
Weekends, Holidays	\$13

Lincolnwood Parks and Recreation has adopted the American Red Cross Learn-to-Swim program. There are six levels in the Learn-to-Swim program. The levels are described below. Sign your child up today for the level you think is appropriate for them. If they are not ready for the level they are signed up for, staff will place them in the appropriate level to suit their skills! Our mission is to provide a well organized swim program for all of our participants to learn and excel throughout the course of the summer.

Level I - Introduction to Water Skills

This is the introductory class for swimming! Level I helps students feel comfortable in the water and enjoy the water safely.

Level II - Fundamental Aquatic Skills

Level II is for students to learn the fundamental skills of swimming. It gives students success with the fundamental skills as the class progresses. The students must learn the basic fundamentals before they can move to level III.

Level III - Stroke Development

Level III will build and strengthen the basic fundamental skills learned in level II. This level will also provide additional guided practice with strokes.

Level IV - Stroke Improvement

Level IV develops confidence in the strokes learned and improves other aquatic skills like diving and swimming underwater for several seconds.

Level V - Stroke Refinement

Level V provides further coordination and refinement of the strokes. By the time students are ready for level VI, they will have excellent stroke techniques and be prepared for longer distance swimming.

Level VI - Swimming and Skill Proficiency

Level VI refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Level VI is designed with many options. Each of these options focuses on preparing students to participate in more advanced courses, such as water safety and lifeguard training.

Level VII - Synchronized Swimming

Level VII is for advanced swimmers looking to expand their horizons and learn the basics of synchronized swimming. Sculls are the basic elements of synchronized swimming and they are combined with one or more positions to form a figure, or complete movement. Figures can be combined with transition elements, such as above the water arm movements, and set to music, to form a routine. At the end of the 2nd session, our synchro class will perform at the annual aquatic show held at the aquatic center.

HOW TO DETERMINE YOUR CHILD'S AGE GROUP:

TOTS: 4 years old by September 1, 2009.
KINDER Children must be entering Kindergarten in Fall 2009.
 (Must be 5 years old by September 1, 2009.)
GRADES 1 - 2: Children entering 1st - 2nd Grades in Fall 2009.
GRADES 3 - 8: Children entering 3rd - 8th Grades in Fall 2009.

SWIM LESSON POLICIES ** NO EXCEPTIONS! **

* Only Residents, Pool Members, and Day Camp participants are eligible for swim lessons.

* Registration for Session I closes on Friday, June 12, 5 pm.

* Registration for Session II closes on Friday, July 10, 5 pm.

No registration will be accepted after these dates.

This allows ample time to staff the lessons.

**** NO EXCEPTIONS TO THESE POLICIES! ****

PARENT'S DAY

This is the day parents can come to observe your child's progress. The time will be the same as when your child has their regular lesson.

MONDAYS: June 22 & July 27

TUESDAYS: June 23 & July 28

FRIDAYS: June 26 & July 31

* Parents are invited to observe lessons on Parent's Day. During the other days of swim lessons parents are not allowed to remain on the pool deck. Parents who show up on non-parent days will be asked to leave by pool staff.

SESSION I

Fees: Tots: \$50
 Kinder: \$50
 Grades 1 - 2: \$89
 Grades 3 - 8: \$89

TOTS (7 Lessons)

Monday(s) / Wednesday(s)
 June 17 - July 8
 Starts: Wednesday, June 17th
 9:15 - 9:45 am

Level I: 6130.309
 Level II: 6131.309
 Level III: 6132.309

KINDER (7 Lessons)

Monday(s) / Wednesday(s)
 June 17 - July 8
 Starts: Wednesday, June 17th
 10:00 - 10:30 am

Level I: 6133.309
 Level II: 6134.309
 Level III: 6135.309
 Level IV: 6136.309

GRADES 1 - 2 (10 Lessons)

Monday(s) / Wednesday(s) / Friday(s)
 June 17 - July 10 **(No class on July 3rd)**
 Starts: Wednesday, June 17th
 10:45 - 11:30 am

Level I: 6137.309
 Level II: 6138.309
 Level III: 6139.309
 Level IV: 6140.309
 Level V: 6141.309
 Level VI: 6142.309

GRADES 3 - 8 (10 Lessons)

Tuesday(s) / Thursday(s) / Friday(s)
 June 18 - July 10 **(No class on July 3rd)**
 Starts: Thursday, June 18th
 9:45 - 10:30 am

Level I: 6143.309
 Level II: 6144.309
 Level III: 6145.309
 Level IV: 6146.309
 Level V: 6147.309
 Level VI: 6148.309

SESSION II

Fees: Tots: \$50
 Kinder: \$50
 Grades 1 - 2: \$93
 Grades 3 - 8: \$93

TOTS (7 Lessons)

Monday(s) / Wednesday(s)
 July 15 - August 5
 Starts: Wednesday, July 15th
 9:15 - 9:45 am

Level I: 6149.309
 Level II: 6150.309
 Level III: 6151.309

KINDER (7 Lessons)

Monday(s) / Wednesday(s)
 July 15 - August 5
 Starts: Wednesday, July 15th
 10:00 - 10:30 am

Level I: 6152.309
 Level II: 6153.309
 Level III: 6154.309
 Level IV: 6155.309

GRADES 1 - 2 (11 Lessons)

Monday(s) / Wednesday(s) / Friday(s)
 July 15 - August 7
 Starts: Wednesday, July 15th
 10:45 - 11:30 am

Level I: 6156.309
 Level II: 6157.309
 Level III: 6158.309
 Level IV: 6159.309
 Level V: 6160.309
 Level VI: 6161.309

GRADES 3 - 8 (11 Lessons)

Tuesday(s) / Thursday(s) / Friday(s)
 July 16 - August 7
 Starts: Thursday, July 16th
 9:45 - 10:30 am

Level I: 6162.309
 Level II: 6163.309
 Level III: 6164.309
 Level IV: 6165.309
 Level V: 6166.309
 Level VI: 6167.309

Proesel Park Family Aquatic Center

You must be a resident, pool member or enrolled in camp to register for swim lessons.

All fees for swim lessons have to be paid for in full at the time of registration.

PRIVATE SWIM LESSONS

Private swim lessons may be the key to improving specific problems in swimming skills. Private swim lessons are individualized attention from an experienced swim instructor. Lessons are taught by American Red Cross Water Safety Instructors during structured hours at the pool! Once you have registered, you will be contacted by the Swim Lesson Coordinator. If you are interested in having a particular instructor - please note this information on your registration form. Registration for this program takes place at the Recreation Department.

PLEASE NOTE: Not all of our instructors can teach private lessons. Therefore, this is a limited program. There are days and times throughout the summer when we will not be able to provide you with an instructor. Scheduling is not very flexible.

PROGRAM #: 6333.309
DATES: As coordinated with Instructor
FOR: All Ages
WHEN: As Coordinated
PLACE: Lincolnwood Pool
FEE: \$22 for a half-hour lesson (R/NR)
MAX: 20

A wait list will be started after the maximum has been reached and you will be contacted should an instructor become available.



You must be a resident, pool member or enrolled in camp to register for swim lessons.

ADULT SWIM LESSONS

It's never too late to learn how to swim, or improve on your swimming skills.

PROGRAM #: 6334.309
DAYS: Saturdays
DATES: June 13 - August 8
TIMES: 9:00am - 10:00am
CLASS SIZE: Min: 5 Max: 50
FEE: \$93
CC DATE: June 11
NO CLASS: July 4

PARENT / TOT SWIM LESSONS

Following along the guidelines of the American Red Cross, students will begin their water exploration adventures. The objective of this class is to help students become comfortable in the water through a series of games and songs.

(Parents participate in the water with their child.)

SESSION I

Age: 6 MO - 3 YRS
Fee: R \$50 NR \$68

SESSION II

Age: 6 MO - 3 YRS
Fee: R \$50 NR \$68

Program #: 6168.309

Mon(s) / Wed(s)
 10:30 - 11:00 am
 June 17 - July 8

Program #: 6169.309

Mon(s) / Wed(s)
 10:30 - 11:00 am
 July 15 - August 5

Classes start on Wednesday!

NOTE: NO CHILD WILL BE PERMITTED INTO THE POOL WITHOUT A SWIM DIAPER
 (These are available for purchase at the pool's front desk.)

**** No pro-rated fees.**

DEEP WATER AEROBICS

This is an hour long high intensity aerobic workout in deep water. Flotation belts will keep us bouyant at shoulder level for a completely "non-impact" high intensity workout. Styrofoam weights and noodles will also be used in class. Improve tone, flexibility and cardiovascular conditioning as we employ the basics of "water running", cross-country skiing, and core conditioning. Stretching and cool down will take place at the shallow end of pool during the last 10 minutes of class.

Bonnie Rubinstein is a certified instructor with the Aquatic Exercise Association and the American Fitness Association of America

SESSION I

PROGRAM #: 6335.309
FOR: Adults (18 years & older)
DAY: Tuesday & Thursday
DATE: June 16 - July 9
TIME: 11:30am – 12:30pm
LOCATION: Lincolnwood Aquatic Center, Diving Well
CLASS SIZE: Min: 8 Max: 15
FEE: \$50 (NR \$65)
REGISTRATION DEADLINE: June 15

SESSION II

PROGRAM #: 6336.309
FOR: Adults (18 years & older)
DAY: Tuesday & Thursday
DATE: July 21 - August 13
TIME: 11:30am – 12:30pm
LOCATION: Lincolnwood Aquatic Center, Diving Well
CLASS SIZE: Min: 8 Max: 15
FEE: \$50 (NR \$65)
REGISTRATION DEADLINE: July 20



STEP AQUANASTICS

STEP in the pool is not just another gimmick; it's an alternative to land step and traditional aquatic exercise in one class. It will prove to be a creative and fun class. We will be using steps and noodles for this class.

PROGRAM #: 6337.309
FOR: Adults (18 years & older)
INSTRUCTOR: Eileen Feder
PLACE: Lincolnwood Aquatic Center
DAYS: Sunday
DATES: June 14 - August 16
TIME: 9:00 - 10:00am
FEE: \$50 (NR \$65)
CLASS SIZE: Min: 7 Max: 12
REGISTRATION DEADLINE: June 12th

PROGRAM #: 6338.309
FOR: Adults (18 years & older)
INSTRUCTOR: Eileen Feder
PLACE: Lincolnwood Aquatic Center
DAYS: Monday & Wednesday
DATES: June 15 - August 5
TIME: 11:30am - 12:30pm
FEE: \$65 (NR \$81)
CLASS SIZE: Min: 15 Max: 24

AQUANASTICS

A variety of fun and fitness activities set to music. Water exercise is not only beneficial for body toning, but has therapeutic value for those who need a regular program of rhythmic movement.

PROGRAM #: 6339.309
FOR: Adults (18 years & older)
INSTRUCTOR: Adrienne Stern,
Certified Aquatic Exercise Instructor
PLACE: Lincolnwood Aquatic Center
NOTE: Our instructor recommends the use of Hydrofit Handweights and Aqua Shoes. Handweights can be purchased from the instructor for an additional fee.
DAYS: Tuesday / Thursday
DATES: June 16 - August 6
TIME: 10:30 - 11:30am
FEE: \$65 (NR \$81)
CLASS SIZE: Min: 15 Max: 24
REGISTRATION DEADLINE: June 15

DISCOVER SNORKELING

Discover snorkeling is an introductory lesson. This program is one session, two hours long and is designed as a simple experience program. Students will learn to perform snorkeling skills including kicking, mask cleaning, snorkel dives and buddy awareness.

These sessions are not progressing, they are all the same. We are offering multiple dates for your convenience.

Session #1

PROGRAM #: 6340.309
FOR: Ages 7 & up
DAY/DATE: Thursday, June 11
TIME: 11:00am - Noon
LOCATION: Proesel Park Aquatic Center
CLASS SIZE: Min: 5 Max: 10
FEE: \$35

Session #2

PROGRAM #: 6341.309
FOR: Ages 7 & up
DAY/DATE: Tuesday, July 28
TIME: 11:00am - Noon
LOCATION: Proesel Park Aquatic Center
CLASS SIZE: Min: 5 Max: 10
FEE: \$35

Session #3

PROGRAM #: 6342.309
FOR: Ages 7 & up
DAY/DATE: Tuesday, August 18
TIME: 11:00am - Noon
LOCATION: Proesel Park Aquatic Center
CLASS SIZE: Min: 5 Max: 10



FAMILY FRIDAYS

What are you doing on Friday nights? At the Lincolnwood Pool we are having tons of fun! Bring your water play toys, rafts and blow-up balls to the pool. This is strictly a night of fun that includes no adult swim and a variety of games for the kids. So come enjoy your Friday nights at the pool!

DATES: June 5, 12, 19, 26
 July 3, 10, 17, 24, 31
 August 7, 14, 28

TIME: 6:30pm - 9:30pm

- * Family Fridays are for pool members and those paying daily admissions who are age 17 years and older.
- * Youth pool members and those paying a daily admission under age 17 must be accompanied by a parent, guardian or responsible adult.

OPEN WATER SCUBA CLASS

Open water scuba is the first level of PADI scuba certification where students learn the basics of safe diving practices, what the equipment is and how to use it. Students complete the home study portion of the course by reading the PADI Open Water Diver book and watching the DVD or Video. The course is divided into five academic and pool dive sessions, conducted at the pool. After completing that portion of the course they would do 4 open water training dives at a local dive site. Students need to have their own mask, snorkel, open heel fins and boots. If you do not have these items, you can purchase them through Scuba Systems in Skokie (847)674-0222. www.scubasystems.org

These sessions are not progressing, they are all the same. We are offering multiple dates for your convenience.

Session #1

PROGRAM #: 6343.309
FOR: Ages 10 & up
DAY/DATE: Tuesdays: June 16, 23, 30
 Thursdays: June 18, 25, July 2
TIME: 10:30am Classroom
 11:30am Pool
LOCATION: Proesel Park Aquatic Center
CLASS SIZE: Min: 7 Max: 14
FEE: \$325

Session #2

PROGRAM #: 6344.309
FOR: Ages 10 & up
DAY/DATE: Tuesdays: July 7, 14, 21
 Thursdays: July 9, 16, 23
TIME: 10:30am Classroom
 11:30am Pool
LOCATION: Proesel Park Aquatic Center
CLASS SIZE: Min: 7 Max: 14
FEE: \$325

You must be a pool member to enroll in diving.

OAKTON DIVING CLUB

Lincolnwood Parks & Recreation Diving Program

Oakton Diving Club is a premier, competitive diving program in the Chicagoland Area. Oakton Diving prides itself on preparing young athletes for competitive diving in the high school arena as well as those divers on the path to compete at the college level. With a dedicated and experienced coaching staff, the club's mission is to provide a safe and enjoyable educational diving experience, while striving for excellence. Great success in recent years has elevated Oakton to one of the best diving programs in Illinois, while demonstrating strength at the regional and national level.

BEGINNERS DIVING

Beginner lessons are a tremendous way for newcomers to try the sport of diving. The lessons program is geared toward teaching the basic fundamentals of diving in a safe but enjoyable manner.

PROGRAM #: 6345.309
FOR: Ages 5 to 17
DAY: Monday & Thursday
DATE: June 8 – July 16
TIME: 5:30 – 6:30pm
LOCATION: Lincolnwood Aquatic Center
CLASS SIZE: Min: 10 Max: 12
FEE: \$90 (NR \$120)
REGISTRATION DEADLINE: Friday, June 5th



INTERMEDIATE TO ADVANCE DIVING

Intermediate and Advance lessons are an excellent way for divers who all have some experience in diving and want to continue to build upon that knowledge. The intermediate to advance lessons are geared toward perfecting the basic fundamentals of diving while learning new, more challenging dives.

PROGRAM #: 6346.309
FOR: Ages 5 to 17
DAY: Tuesday & *Thursday
DATE: June 9 – July 16
TIME: 5:30 – 6:30pm
LOCATION: Lincolnwood Aquatic Center
CLASS SIZE: Min: 10 Max: 12
FEE: \$90 (NR \$120)
REGISTRATION DEADLINE: Friday, June 5th

Club Notes:

* Thursdays are practice days only and therefore do not need to be made up in the event of bad weather. Both classes are held together to give students an opportunity to practice their skills.

** All divers receive an Oakton Diving Team T-Shirt.

You must be a pool member to enroll in diving.

Phone: (847) 677-9740 Fax: (847) 673-4413

Our swim team has swimmers from 5 yrs to 18 yrs and all have different levels of accomplishment. Our clinic is designed to accommodate a broad spectrum of levels.

Our main goal is to make the transition from short course (25yd pools) to our long course pool, 50 meters. We do this by giving each swimmer the opportunity to improve their skills and technique so that they may swim more efficiently (with less struggle and less wasted energy) This will give each swimmer the opportunity to have more fun with less effort this summer.

The progression through the 4 strokes: stroke technique, reviewing drills, stroke components, starts, turns and finishes — is designed for those that already have a basic skill level and development of the four strokes. Not everyone is ready for the more advanced strokes and drills. Our goal is to expose everyone to all four strokes and introduce the beginning swimmer to some of the components of these strokes, as they are ready for them. During any session there will always be some freestyle for all levels and in each successive session, new strokes and techniques will be added as swimmers progress at their own pace through the strokes they are ready for.

Session 1: Freestyle 5/18 & 19

The first 2 days will be devoted to Freestyle only, for everyone.

We will have lanes from beginning levels to advanced. Coaches may adjust swimmers to other lanes from time to time during these 2 weeks depending on the skills the coach feels an individual swimmer needs to work on.

Session 2: Backstroke 5/20, & 21

We will continue freestyle and also begin Backstroke for those ready, as well as introduce backstroke stroke components to some beginning levels.

Session 3: Breaststroke 5/22, & 26

We will continue freestyle and backstroke and also begin Breaststroke for those ready, as well as introduce limited breaststroke components to some beginning levels.

Session 4: Butterfly 5/27, & 28

We will continue freestyle, backstroke and breaststroke and also begin Butterfly for those ready as well as introduce limited Butterfly components to some beginning levels.

Starts & Turns 5/29

Starts and turns may also be covered by the coaches during each stroke session at their discretion

For more information: <http://www.lwlightning.org>

Questions: E-mail Head Coach Jim Schick at babaramdas@comcast.net

Schedule & Fees

All sessions will be held at Niles West High School
from 6:00 - 7:30pm

Please Note:

- * This is a 2 week clinic Monday through Friday.
- * We will not meet on Memorial Day, Monday 5/25

Code: 6352.309

Fee: \$75

SESSION

#1 Freestyle
#2 Backstroke
#3 Breaststroke
#4 Fly
Starts & Turns

DATES

May 18 & 20
May 20 & 21
May 22 & 26
May 27 & 28
May 29

One week pricing may be available on an individual basis for special circumstances. Contact: babaramdas@comcast.net.



The Lincolnwood/Skokie Lightning Swim Club (LLSC) is open to swimmers ages 5 and older. The majority of the team is between the ages of 5 and 17. The program combines excellent training and instruction in competitive swimming, with weekly meets to monitor progress.

Coach Jim Schick will be the Head Coach for Lincolnwood/Skokie Lightning and brings with him a wealth of knowledge about the sport. Jim was a former collegiate swimmer and has been involved in coaching age group, YMCA, high school and college swimmers for over 20 years. He has been a coach in Lincolnwood for 9 years! Jim's program will emphasize instruction on proper swimming technique, starts, turns and relay exchanges while introducing some of the older age group swimmers to conditioning training.

A mandatory parent's meeting will be held on Friday, June 12th at the pool. All parents are expected to attend.

PROGRAM #:	6354.309			
FEES:	<u>First Child</u>	<u>2nd Child</u>	<u>3rd Child</u>	<u>4th Child</u>
RESIDENT:	\$215	\$200	\$185	\$185
NON-RESIDENT:	\$260	\$245	\$235	\$235
INCENTIVE:	Receive \$5 off when registering for stroke clinic			

(Include shirt size and suit size on registration form.)

NO REFUNDS are issued for swim team.

New swimmers must register for the Competitive Stroke Clinic.

Fees include team suit, team cap, team T-shirt, transportation to selected meets, meet participation in dual meets, awards for meets.

PRACTICE TIMES

Morning Practice - Practice Begins June 8th (Weather Permitting)

Mon - Tues - Wed - Fri

6:30 - 8:30am ** Senior & Gold Groups

7:30 - 9:00am ** Gold & Silver Groups

7:30 - 9:15am ** Bronze

8:00 - 9:15am ** Blue 1 & 2 in the diving well

8:00 - 9:15am ** White in the zero depth pool

Evening Practice - Practice Begins June 1st

Mon - Tue - Thur - Fri

5:30 - 6:30pm ** All Age Groups

Swimmers are NOT expected to attend all practices.

Guidelines will be available at the parent's meeting.



Pool Rentals

Are you interested in renting the Proesel Park Family Aquatic Center? Whether it is a family reunion, graduation, birthday, or just a party, come celebrate at our facility! Pool rentals are only available for residents on Sunday evenings. Don't wait too long or the chance to rent the pool will "SPLASH" you by! Detailed information and rental packets are available at the Recreation Department or call (847) 677-9740 for more information.

FOR: Members & Residents Only
FEES: \$375 / Hour
WHEN: Sundays
HOURS: 7:00pm - 9:30pm
DEPOSIT: \$1,000



Pool Party Package

Pool party packages are available during all operating hours of the pool. We have three different rental areas next to the concession stand available, and a special indoor party room. This party package is for parties with a maximum of 25 people. Fee includes admissions (access to all pools) and private grass area! So what are you waiting for? Come to the Recreation Department to fill out a rental packet and check for availability.



FOR: Members & Residents Only
FEES: \$200 Resident Pool Member (Max 25 people including chaperones)
 \$270 Non-Resident Pool Member (Max 25 people including chaperones)
WHEN: Call for availability
HOURS: During regular hours of operation
DEPOSIT: \$250

AMENITY: Indoor Rental Room - \$30 / Hour * Resident Pool Member
 \$40/ Hour * Non-Resident Pool Member

Guest Pass ID Card

Residents Only

Residents will have the opportunity to purchase a guest pass ID card. This will give you the chance to bring your out of town guests at a reduced rate. There are 10 guest visits on each card (example: 4 people enter = 4 swipes resulting in 6 left). A maximum of 1 card is allowed per family for the season. You must present your proof of residency at purchase. You must be with your guests at all times while at the pool! Cards are only available at the Recreation Department Office. Cards are valid for the 2009 season only. **No transfers!** Fee: \$100

New! - Program User Pass

Non-Residents

Attention all non-residents who were not able to purchase a pool membership! We are now offering 20 visit punch cards to those who are enrolled in camp and pool programs. You may only use your program user pass for 20 swipes total (example: 4 people enter = 4 swipes resulting in 16 left). Every individual registering for the program user pass must show proof of program registration. This pass expires at the end of the 2009 pool season and cannot be used the following season. **Eligible Programs include camp and all other pool programs. No transfers!** Fee: \$200



Birthday Parties

Proesel Park Family Aquatic Center

Celebrate your birthday party at the Proesel Park Family Aquatic Center. No matter what your age, you'll have fun racing down the water slide, jumping off the diving boards, or just relaxing in the sun! Lincolnwood Recreation provides an area for up to 3 hours to stage your party with food from our concession stand. You bring the cake and we'll provide the fun.

For party reservations and available times, please contact Lincolnwood Recreation at (847) 677-9740

Package 1

- * 1 hour in our multi-purpose room or reserved outdoor party area.
- * Piece of pizza, fries, 12oz pop.
- * Napkins & plates.

Package 2

- * 1 hour in our multi-purpose room or reserved outdoor party area.
- * Hot dog, fries, 12oz pop.
- * Napkins & plates.

Party Prices

Resident

\$275 for up to 25 guests

\$12 for each additional guest

Non-Resident (Pool Members Only)

\$400 for up to 25 guests

\$16 for each additional guest

All guests including adult supervisors over the 25 person limit will be charged as an additional guest as stated above.
Season passes are not valid for party admissions.

Birthday Party Notes

- * Parties must be reserved at least 7 days in advance.
- * Payment in full is required at the time of reservation.
- * If you need to cancel or reschedule your party, there is a \$25 reschedule fee and a service charge for cancellations. Please see our refund policies in the brochure for cancellation charges.
- * It is suggested you arrive at least 15 minutes early to receive party details and directions to your party area.
- * Refunds will be offered if Proesel Park Aquatic Center is forced to close the pools due to weather or health issues before your party has received their food.
- * Party times are during public session times. Please be advised that no additional staff will be delegated for your party.
- * Please allow time for set up and clean up within your party time. You will not have access to your room after the time frame as other parties may be booked.
- * Lifeguards are responsible for enforcing safety rules and responding to emergencies. Parents or guardians should supervise their children at all times. To provide for your safety, Lincolnwood requires the following adult to child supervision ratios:
 - ** Under 6 years of age = 1 adult for every 2 children
 - ** Ages 6 - 8 = 1 adult for every 4 children
 - ** Ages 8 and up = 1 adult for every 6 children

Zumba (Ages 21+)

Zumba is a Latin-inspired, dance-fitness class that incorporates Latin and International music and dance movements. Zumba integrates the basic principles of aerobic interval training to maximize caloric output and total body toning. It's fun, easy to do exercise in disguise! **(Min 10 / Max 30)**

<u>Session 1</u>	<u>Code</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Deadline</u>
	8000.309	Tuesdays	May 5 - June 9	10:00 - 11:00am	April 28
<u>Session 2</u>	<u>Code</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Deadline</u>
	8001.309	Tuesdays	June 16 - July 21	10:00 - 11:00am	June 9

Location: Lincolnwood Community Center, Large Room

Fee: R: \$42 Per Session **NR:** \$56 Per Session

**New! Zumba Gold (Ages 50+)**

Zumba Gold is a slower version of the regular Zumba Class. See Zumba Class description above. **(Min 10 / Max 30)**

<u>Free Demo Class</u>	<u>Code</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Deadline</u>
	8002.309	Thursday	April 23	10:00 - 10:30am	April 16
<u>Session 1</u>	<u>Code</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Deadline</u>
	8003.309	Thursdays	May 7 - June 11	10:00 - 11:00am	April 30
<u>Session 2</u>	<u>Code</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Deadline</u>
	8004.309	Thursdays	June 18 - July 30	10:00 - 11:00am	June 11

Location: Lincolnwood Community Center, Large Room

Note: No class on June 25

Fee: R: \$42 Per Session **NR:** \$56 Per Session

New! Outdoor Boot Camp (Ages 21+)

Start your day with an energizing, athletic workout in Proesel Park. Your high energy Boot Camp coach will lead you through a series of cardiovascular drills and total-body conditioning exercises designed to improve your strength and balance. Class is weather permitting. **(Min 10 / Max 30)**

<u>Session 1</u>	<u>Code</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Deadline</u>
	8005.309	Tuesdays	May 5 - June 2	6:30 - 7:15am	April 28

Location: Proesel Park

Fee: R: \$40 Per Session **NR:** \$50 Per Session

New! Extreme Outdoor Boot Camp (Ages 21+)

In the Zumba Extreme Outdoor Boot Camp you will enjoy a more intense version of the outdoor boot camp with two classes per week. Class is weather permitting. **(Min 10 / Max 30)**

<u>Session 1</u>	<u>Code</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Deadline</u>
	8006.309	Tuesdays & Thursdays	June 9 - July 9	6:30 - 7:15am	June 2

Location: Proesel Park

Fee: R: \$55 Per Session **NR:** \$69 Per Session

Tai Chi for Older Adults (50+) and People with Arthritis

(Ages 50+)

Tai Chi consists of fluid, gentle movements that are slow in tempo. It improves strength, flexibility, balance, well-being, and over-all fitness. This form is especially ideal to free up stiff joints and muscles. Many people with arthritis report significant pain relief and improved physical ability. The class is taught by an Arthritis Foundation certified instructor. (Min 10 / Max 30)

Free Demo Class

Code	Day	Date	Time	Deadline
8007.309	Wed	April 22	11:00 - 11:30am	April 15

Session 1

Code	Day	Date	Time	Deadline
8008.309	Mon	May 4 - July 20	11:00 - 11:50am	April 27

Location: Lincolnwood Community Center, Large Room

Note: No class on May 25 & June 15

Fee: R: \$54 Per Session NR: \$67 Per Session

Yoga - Peace Exercise * 12 Week Program

(Ages 16 & Up)

Create harmony for body and mind through deep breathing and gentle exercise from the original system of yoga. Stretch and tone muscles, loosen stiff joints, correct poor posture, and improve blood circulation. It leaves you feeling agile, refreshed and balanced. **The registration deadline is April 13. (Min 10 / Max 25)**

Code	Day	Date	Time
8009.309	Mon	April 20 - July 13	6:45pm - 7:45pm

Location: Lincolnwood Community Center

Note: No class on May 25

Fee: R: \$108 NR: \$135

Older Adult (55+) * Social Club Exercise

(Ages 55 & Up)

For older adults and seniors who want to stay healthy and independent, the National Institutes of Health (NIH) recommend four types of exercises: (1) Strength exercises build older adult muscles and increase your metabolism, which helps to keep your weight and blood sugar in check, (2) Balance exercises build leg muscles, and this helps to prevent falls, (3) Stretching exercises can give you more freedom of movement, which will allow you to be more active during your senior years, (4) Endurance exercises are any activity—walking, jogging, swimming, biking, even raking leaves—that increases your heart rate and breathing for an extended period of time. Our class covers all four elements.

Day	Time
Tues & Thurs	9:00 - 9:50am

Location: Lincolnwood Community Center

Fee: \$2 per class for Club Member

\$3 per class Non-Club Member

Stay Fit Be Healthy

Preventing Your Family from Succumbing to the Overweight Epidemic

Overweight and Obesity are growing in the United States with very dangerous consequences. The CDC estimates that about 70% of Americans are overweight and more than 1/3 are obese. Children represent the largest rising group at risk with 17% of children and adolescents diagnosed as obese. Come learn how you can employ simple strategies on a daily basis to help prevent you and your children from succumbing to overweight. You will be surprised to learn how easy some of these tips are - such as just cutting out a juice box each day.

Dr. Kenneth Heinrich is the medical director of Physicians for Weight Loss - a medical weight loss practice with offices in Morton Grove and Schaumburg. Dr. Heinrich and his partners can be reached at 847-256-THIN (8446).

Code	Day	Date	Time	Deadline
8707.309	Thurs	May 7	6:00 - 7:00pm	April 30

Location: Lincolnwood Community Center

Fee: Free

Pitter Patter Painters

Ages 2 - 5

Your little Van Gogh will create a masterpiece that will make you proud. Each child will be given a painter's pallet made of lightweight cardboard and three to five water color paints. Their artist tools will change each week; they might use brushes, feathers, cotton balls, spray bottles, or their own little hands. It could get messy mom, so be sure to dress them in clothes that they can have fun in. If your child has allergies of any kind please indicate on the registration form. **(Min 6 / Max 12)**

<u>Age</u>	<u>Code</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Registration Deadline</u>
2 - 3yrs.	2205.309	Thurs	June 4 - July 9	9:15 - 10:00am	May 28
4 - 5yrs.	2206.309	Thurs	June 4 - July 9	10:15 - 11:00am	May 28

Location: Lincolnwood Community Center, Small Room

Fee: R: \$55 NR: \$69



New! Animal Kingdom

Ages 3 - 5

Lions and tigers and bears, oh my! Join us as we romp around with a new animal each week. We will learn about where the animals live, what sounds they make, their way of life and much more. This is a great learning experience with lots of fun and an art project included in each class. **(Min 6 / Max 12)**

<u>Age</u>	<u>Code</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Registration Deadline</u>
3 - 5yrs.	2207.309	Fri	June 5 - July 17	9:30 - 10:15am	May 29

Location: Lincolnwood Community Center, Large Room

Note: No class on July 3

Fee: R: \$55 NR: \$69



Registration Deadlines

Register for classes early! All of our classes have minimums and maximums, and we do not want you to miss out on one of our great classes. So, please sign up early to avoid cancellations.

Magic Class

Ages 5 - 12

Children are guaranteed to have a great time as they learn fascinating tricks from the magic team of Gary Kantor! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children always learn tricks that are appropriate for their age, and they can sign up for this class again and again since new tricks are taught at each session! **(Min 5 / Max 30)**

<u>Age:</u>	<u>Code</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Registration Deadline</u>
5 - 12	2200.309	Tues	July 21	5:00 - 5:55pm	July 14

Location: Community Center, Small Room

Fee: R: \$17 NR: \$21

Home Alone Safety

Ages 8+

Are you a working parent who has kids? If so, this is one class you don't want your kids to miss! They will learn all about home alone safety, including but not limited to: making safe snacks, key safety, fire safety, strangers, phone, weather safety, first aid safety, "what if" scenarios, emergency phone lists and situations, playing outside, time management, and more! Attendance is required in order to receive a completion of class certificate. **(Min 6 / Max 20)**

<u>Age:</u>	<u>Code</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Registration Deadline</u>
8+	2201.309	Tues	May 5 - June 9	4:00 - 4:45pm	April 28
8+	2202.309	Tues	June 16 - July 21	4:00 - 4:45pm	June 9

Location: Lincolnwood Community Center, Small Room

Fee: R: \$45 NR: \$56

Babysitting

Ages 11 - 13

Learn to be a super sitter. Instruction includes characteristics of the responsible sitter, how to get sitter jobs, how to handle fire and first aid emergencies and ideas for games and other activities. Attendance is required at every class to be eligible for course completion certificate. **(Min 6 / Max 20)**

<u>Age</u>	<u>Code</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Registration Deadline</u>
11 - 13yrs.	2203.309	Tues	May 5 - June 9	3:15 - 4:00pm	April 28
11 - 13yrs.	2204.309	Tues	June 16 - July 21	3:15 - 4:00pm	June 9

Location: Lincolnwood Community Center, Small Room

Fee: R: \$45 NR: \$56



CSL Youth Flag Football League

Grades 1 - 6

Jr. Vikings Flag Football program will now be known as the CSL Youth Flag Football League which has expanded to include the communities of Lincolnwood, Morton Grove, Golf Maine, and Skokie. This program is a not-for-profit program affiliated with the park districts with the previously mentioned communities along with Maine East, Niles North, Niles West High Schools. This is an instructional program, which develops players' flag football skills by being coached by trained coaches. This is a co-ed fall program which will begin following Labor Day Weekend, on September 12. The program will run through November 7.

You can register up to one week prior to the start date at: The Lincolnwood Parks & Recreation Department
6900 N. Lincoln Avenue, Lincolnwood

<u>Code</u>	<u>Games</u>	<u>Practices</u>	<u>Locations</u>
2222.309	Saturday Mornings	TBA	Local Parks in Morton Grove, Skokie and Lincolnwood

Fee

\$85 per child with a family cap at \$200

For more information on the Central Suburban League Youth Flag Football call Dave Ehrlich, Program Director at (847) 966-9212



Phone: (847) 677-9740 Fax: (847) 673-4413

Concerts In The Park



Wednesdays * 6:00 - 7:30pm

Proesel Park Shelter

(Corner of Kostner & Morse)

**** Moved indoors to the Community Center if weather is bad ****

June 17th

Chicago Groove Collective

Led by international touring singer, band leader Matt Lewis, Chicago Groove Collective is one of Chicago's most dynamic bands. The band plays a diverse variety of music, including rock, Motown, R&B, funk, contemporary and jazz. The band performs throughout the midwest and has performed at such events as Taste of Chicago.

July 22nd

The Class of '68

The Class of '68 began in 2002 as the Rob Ross tribute band to celebrate a birthday for one of Steve Wild's closest friends. In the process, Steve met Woody Johnson, who volunteered to sing with a guy who hadn't played in thirty years! The event re-kindled a love affair with 1960's music in both and gave birth to the Class of '68, a band dedicated to the "Golden Age of Top 40." With the addition of others who share the passion, the band is one of the few whose members actually played 1960's rock and roll in the 1960's at some of the Chicago areas most popular venues including the Cellar, the Green Gorilla and the Pink Panther.

August 19th

Rica Obsesion

Two brothers joined in blood and music founded Rica Obsesion in October 2005. Byron and Dennis Calito from Guatemala; raised in Chicago, have the talent and ability to achieve in the music industry. They started playing music in church at a very young age, and were inspired by their older brother Victor.

Rica Obsesion's passion for Salsa, which is vigorously projected through their musical selections from artists like Spanish Harlem Orchestra, the late Frankie Ruiz, and Soneros del Barrio is undeniably strong. Rica Obsesion also performs a variety of music such as Merguenes by Olga Tanon, Melina Leon, and cha cha cha's by the late Tito Puente and many Latin jazz tunes. Rica Obsesion's ultimate goal is to show their love for music in their performance, to see and feel the excitement of the audience on the dance floor. With a combination of great music and the best musicians in Chicago, Rica Obsesion is confident that their goals will be achieved and that they will be able to put Chicago back on the map for Salsa.

Mah Jongg



Instructional Class

If you would like to learn how to play this exciting game for the first time, or just want to brush up on your skills, this is the perfect class for you. Myra Estes, a retired Public School teacher and National Mah Jongg League International Champion of Champions through December 2004, will be teaching the rules, how to identify tiles, and the finer points of the game. She has been playing for over 50 years. **You must come the first day of class with your own mah Jongg Card. They can be purchased at Dot's Hallmark in Skokie. Registration Deadline: May 15.**

Dates: May 21 - June 25
Day: Thursday(s)

Location: Lincolnwood Community Center
Time: 12:30 - 2:00pm

Fee: \$35 Member, \$40 Non-Member
Code: 6348.309



**Proesel Park
Aquatic Center**

Friday, August 21st
8:00 - 11:00pm

Movie begins at 8:30pm
(It has to be dark before the
movie can begin)

\$3.00 Pool Member
\$5.00 Non-Member

* Bring your water play toys
& rafts

* No life vests permitted!

Please Note:

The Aquatic Center concession stand will remain open during the movie.

Rain date is Tuesday, August 25th

Call (847) 677-9740 for more information.

Lincolnwood Farmers Market

Beginning Thursday, June 4, the Lincolnwood Parks and Recreation Department will be operating Lincolnwood's 3rd annual Farmers Market. The market will run every Thursday through August 20th, between the hours of 8 am – 1 pm, on the sidewalk, near the circle drive, between Village Hall and the Police/Fire building. This location was chosen because of its visibility from Lincoln Avenue and the accessibility of parking behind Village Hall. Care will be given to allow for passage of walkers and runners along the front of Village Hall.

The goal of the Lincolnwood Farmers Market is to offer an event that brings residents and the business community together, while offering the opportunity for individuals living and working in Lincolnwood to buy fresh produce and natural products. Our vendors will set up displays that may include fruits, vegetables, bread, pastries, cheese, flowers, honey, and more.



The first American farmers markets took place in the eastern colonies during the mid 1600s and were imitations of those from European ancestors. Farmers came into town on horse-drawn wagons to sell their produce to the city folk. Most markets took place in empty lots on a major thoroughfare to make it convenient for shoppers.

Further information may be obtained by calling the Recreation Department at (847) 677-9740.

IPRA Six-County Senior Olympics 2009

The IPRA Six-County Senior Olympics provides an opportunity for older adults to compete with peers in an atmosphere of friendship and support, and to receive recognition for their efforts and achievements. The event is open to seniors of all ability levels, and hosts more than 30 events including: golf, tennis, bowling, swimming, biking, track & field, horseshoes, bocce, volleyball and more. All participants will receive a 2009 Senior Olympics T-Shirt, and medals will be awarded to the 1st, 2nd and 3rd place finishers in each age/gender category.

Location: Park Ridge, and neighboring communities

Day / Date: Monday, July 13 - Friday, July 24

Fee: \$12 single day / \$18 unlimited days
(some events require additional fees)

Ages: 50 years and older

Registration: After May 1st, registration forms and a detailed schedule of events will be available online at www.il-ipra.org/seniorolympics, or you can call (847) 692-3597 to register.



Senior Olympics is sponsored by The Moorings of Arlington Heights and Maggie's Health Care Providers.

Subscription List



Subscribe to our email list to receive periodic program reminders and information, from the Lincolnwood Parks and Recreation Department, delivered directly to your inbox.

To sign-up, follow these steps:

- * Log onto www.lincolnwoodil.org
- * Scroll over the box that says E-Gov Services
- * Click the drop down that says Subscription Lists
- * Fill in your email address and create a password
- * Check off the box that says Parks & Recreation
- * Click on subscribe, near the bottom, when finished

You will receive an email asking you to confirm your subscription, please follow the instructions provided.

6th Annual Camp MacLean Outdoor Recreation Weekend

5th, 6th & 7th Graders

White Pines = Camp MacLean

DATES: April 24 - 26, 2009
LOCATION: Burlington, Wisconsin
71 miles north of Lincolnwood, IL
DEPARTS: 4:00pm, April 24
RETURNS: 1:00pm, April 26
FEE: **\$200**
Includes all meals, snacks, activities, housing,
transportation and OUTDOOR FUN!!!
TRIP SIZE: Min: 25 Max: 45
PROGRAM #: 1838.109
REGISTRATION DEADLINE: Friday, April 17th
(Will not be extended)

NEW ACTIVITIES THIS YEAR, SO IF YOU ATTENDED IN 2008
**** YOU WILL EXPERIENCE NEW FUN IN 2009! ****

Questions or Concerns?

Call the Lincolnwood Parks and Recreation Department at (847) 677-9740



**** The Lincolnwood Social Club publishes a monthly newsletter which lists all trips, speakers, luncheons, etc.**

**** Some programs/events are for members only. Please refer to the monthly Social Club Newsletter for more information.**

**** To receive a free copy of this newsletter, along with information on Club Membership, contact the Recreation Office at (847) 677-9740.**

NILES TOWNSHIP / LINCOLNWOOD SUBSIDIZED TAXI COUPONS

The Niles Township/Village of Lincolnwood Subsidized Taxi Service Program is set up to provide additional transportation for older residents of Lincolnwood and members of the Lincolnwood Social Club. The program is not intended for daily usage, rather its intent is to provide service when other forms of transportation are unavailable or a hardship to use. Any Lincolnwood resident or LSC member age 55 years and over at the time of application is eligible to participate. The taxi vehicles are not wheelchair accessible.

There is an annual registration fee to join the taxi program. All fares for rides within the taxi boundaries are \$3.00 off the total fare and are paid to the driver. For more information or for membership applications, please call (847) 677-9740.

The fun never ends with the Lincolnwood Social Club.

Members go on great trips to places like the museum, the ballet, musicals, city tours, or attend monthly events at the Community Center such as guest speakers, arts and crafts programs, bingo events, BBQ's and more.

There are exciting events held at the Community Center almost daily.

If you aren't already a member, join today and if you know of someone that might be interested in the club, bring them along. The more the merrier!

SPECIAL INTEREST CLUBS

SPECIAL INTEREST CLUBS are not limited to members of the Lincolnwood Social Club. Each Special Interest Club member will pay monthly and/or bi-weekly dues depending on the clubs they join. Members are allowed to participate in any and all clubs. Please call (847) 568-0181 with any questions regarding the Lincolnwood Social Club or the Special Interests Clubs. * **PLEASE NOTE:** Non-members of LSC will pay higher dues than members of the LSC.

BRIDGE - Each Monday from 1:00pm - 3:30pm, members gather at the Lincolnwood Community Center to play bridge. ** Non-members are welcome to join the bridge club at a fee of \$3.00 per week.

MAH JONGG - Each Thursday from 12:30pm - 2:30pm, members gather at the Lincolnwood Community Center to play Mah Jongg. ** Non-members are welcome to join the mah jongg club at a fee of \$3.00 per week.

EXERCISE CLASS - Every Tuesday & Thursday morning from 9:00am - 9:50am the Weights & Movement class meets at the Lincolnwood Community Center. This is a low-impact exercise class geared toward toning, and increasing flexibility and strength. Many of the exercises are done while sitting or using a chair for support. ** Non-members are welcome to join this exercise class at a fee of \$3.00 per class, while LSC members pay \$2.00 per class.

WAIT LIST POLICY - When there is a cancellation we will turn to the wait list, should one exist, to fill the vacancy. We will call the names on the list in the order they were received. You will be given 24 hours to notify us of your interest in the trip. If you do not notify us, we will then proceed down the list, or take the next senior that comes to register for the event. This policy has been put into place so spots are not held open for people that are no longer interested in the trip.

TENNIS CLUB

The Lincolnwood Tennis Club is a program designed for residents only (age 18 and over). Members have the opportunity to reserve court time at Proesel, Flowers and Central Parks by phone two days in advance. A Tennis Club member must be on the court during reserved time.

PROGRAM #: 2208.309

FEE: \$60

RESERVATION DATES: May 4 - September 7

CALL IN SYSTEM BEGINS: Friday, May 1

RESERVATION CALL IN HOURS: 9:00am - 3:00pm

RESERVING TENNIS COURTS:

- 1) Recreation sponsored events, lessons, rentals, and tennis club reservations have first priority (see schedule posted in tennis box on fence near entrance door).
- 2) You are allowed to book for up to 2 hours at any given time.
- 3) Rack-up system prevails all other times when courts are not reserved as above.

TENNIS COURT

This is for residents interested in renting a tennis court for the time of your choice. Lincolnwood Parks and Recreation has blocked off 1 court at Proesel Park for renting purposes. You may rent for up to 3 hours at a time.

* Try our package deals, where you may reserve 1 day, for 2 hours, for up to an 8 week period.

FEE PACKAGES: \$15 / Hour

* \$85 / 4 week, 2 hour deal

* \$120 / 6 week, 2 hour deal

* \$160 / 8 week, 2 hour deal

RENTAL DATES: May 4 - October 31

AVAILABLE: May 4

FOR: Residents Only

**Practice your skills,
reserve the athletic field
of your choice today.**



VOLLEYBALL COURT

Rent Proesel Park's beautiful Sand Volleyball Courts! We have two regulation sized courts located near basketball courts, baseball fields, a shelter house, water fountains, and restrooms.

FEE: \$60 per date

RENTAL DATES: May 1 - October 31

AVAILABLE: April 1

FOR: Residents Only

BASEBALL / SOFTBALL FIELD

Athletic Permits for renting baseball / softball fields are available at the Recreation Department for requests. Stop by today and rent our field!

FEE: \$60 per date

\$100 per date (lighted)

RENTAL DATES: April 1 - October 31

AVAILABLE: April 1

FOR: Residents Only

SOCCER FIELD

Many people utilize our beautiful fields to play soccer on a daily basis! Don't risk the chance of not getting field space. Come in today and rent a soccer field. We have a lighted soccer field as well for night time use.

FEE: \$60 per date

\$100 per date (lighted)

RENTAL DATES: May 1 - October 31

AVAILABLE: April 1

FOR: Residents Only

The Lincolnwood Community Center is part of the Parks and Recreation Department of the Village of Lincolnwood. We serve the community's recreational needs by offering various programs in our facility. However, when we're not serving the businesses of the community, we would like to serve you, individuals and families of Lincolnwood as well as those living nearby.

We can fulfill almost every need of the community with our list of amenities including: round or rectangular tables, banquet chairs, kitchen, TV, podium with microphone, coffeepot, tablecloths and more. If you have specific needs that haven't been mentioned in our amenities list, simply request other essential amenities.

BUILDING AMENITIES:

- * Located on the corner of Lincoln and Morse Avenues
- * Ample parking in lot and streets surrounding the building
- * Beautifully decorated, climate controlled rooms
- * One 200 person capacity room
- * One 48 person capacity room
- * Wheelchair accessible
- * Handicap parking

RENTAL AMENITIES:

- * 25 - 60" round tables
- * 8 - 72" oblong tables
- * Children's table and chairs
- * 200 padded banquet chairs
- * Metal or padded folding chairs
- * TV
- * Podium with microphone
- * 100 cup coffeepot
- * Round white plastic tablecloths
- * Kitchen, microwave, warming oven, refrigerator, & counter space
- * Outdoor patio, tables & chairs
- * Supervisor on staff during rental



THE PARTY PLACE



RATES: (per hour)

	<u>Large Room</u>	<u>Small Room</u>
Resident	\$85	\$45
Non-Resident	\$145	\$90
Security Deposit	\$500	\$250

RATES WITH ALCOHOL: (per hour)

	<u>Large Room</u>	<u>Small Room</u>
Resident	\$130	\$75
Non-Resident	\$230	\$135
Security Deposit	\$1,000	\$500

Applicants will need to pay a \$25 Non-Refundable application fee and provide Host Liability Insurance.

RATES ARE SUBJECT TO CHANGE

The above fees are for rentals scheduled during the building's general hours of operation. During holidays rental fee prices increase and rental hours are subject to change.

Availability is based upon seasonal Parks & Recreation Department programs and previously scheduled rentals.

It is important for us to serve the public's recreational needs, but it's also important to assist families in attaining an affordable space to hold all types of functions, from birthday parties, bat/bar mitzvah parties, family reunions/celebrations, annual holiday parties, wedding engagements, retirement parties, classroom enrichment programs and more.



**Honor a mentor, memorialize a loved one or mark a special occasion
with our Park Donation Program.**

The Lincolnwood Parks and Recreation Department is pleased to announce its Park Donation Program. This program is a wonderful way to honor the memory of a special individual or group or to celebrate a birthday, anniversary or special event. Trees / Benches may be planted / installed in the neighborhood parks listed below. The Parks and Recreation Department will assist in the selection of the tree appropriate for the location desired. The Parks and Recreation Department will be responsible for the upkeep and maintenance of all dedications.

Dedication includes: family ceremony and photo of memorial.

Park Donation Program Ordering Information

Please plant my tree/install my park bench in the following park, (please circle one)

Central Park	Flowers Park	O'Brien Park
Channel Runne Park	Goebelt Park	Rossi Park
Columbia Park	Kenneth Park	G.G. Rowell Park
Drake Park	Kildare Park	Springfield Park

Tree Species, (please circle one)

<u>Shade</u>	<u>Ornamental</u>	<u>Evergreen</u>
Sugar Maple	Crabapple	River Birch
American Linden	Japanese Tree Lilac	Redbud
Swamp White Oak	Flowering Pear Magnolia	Norway Spruce

Shade Tree (2.5" Dia.)	\$575 (includes plaque)
Ornamental Tree (2.5" Dia.)	\$625 (includes plaque)
Evergreen Tree (6' Tall)	\$700 (includes plaque)
Park Bench	\$1500 (includes plaque on bench)

Total amount enclosed: \$ _____ This gift is: In Honor of _____ In Memory _____

Name of Recipient: _____

Donated by: _____

Name: _____

Address: _____

City / State / Zip: _____

Day / Evening Phone: _____

Make checks payable to the Village of Lincolnwood, return check and form to the Parks and Recreation Department, 6900 N. Lincoln Ave., Lincolnwood, IL 60712.

Lincolnwood's 4th of July Concert



The entire community is invited to a free Independence Day concert from 10:30 am to noon on July 4th at the Proesel Park shelter. The Lincolnwood Youth Strings orchestra will perform patriotic American music. This concert is part of a series of events celebrating the bicentennial of the birth of Abraham Lincoln. Free refreshments will be served. This event is sponsored by the Lincolnwood Human Relations Commission and the Lincoln Bicentennial Celebration Committee.



Lincolnwoodfest

Dates: July 9th through the 12th

Times: 9th ** 5:00 - 10:00
10th ** 5:00 - 11:00
11th ** 1:00 - 11:00
12th ** 12:00 - 10:00

Special Attractions:

- * Saturday, 11th
 - 1:00 - 5:00 * Business Expo
 - 1:00 - 5:00 * Children's Activities - Pony Rides and Petting Zoo
- * Sunday, 12th
 - 10:00 - 2:00 * Car Show

Watch our website: www.lincolnwoodfest.com for more information on bands, wristband discount days, food vendors, children's entertainment, classic car show, business expo, and much more!

Lincolnwoodfest



Rossi Park Renovation Party and Ribbon Cutting

Saturday, May 16th
1:00pm - 2:00pm

Come out and help us celebrate the renovation of Rossi Park! Located at 7025 Keystone Avenue. Rossi Park was renovated this Spring with the addition of a new play structure, swings, spinners and sand diggers.

Featured party activities include:

- * Ribbon Cutting by Village Officials
- * Free Taffy Apples (While supplies last)
 - * Children's Activities
- * Free Throw Contest
 - * Raffle Prizes

Stop by with the entire family for an afternoon of fun!

FREE EVENT ** FREE EVENT
FREE EVENT

PROGRAM: Community Bus Tour

WHO: Parents of children in School District 74 and/or 219 who are new to the Village of Lincolnwood, new to this country, and speak a language other than English at home.

DESCRIPTION: Hop on our bus and join us for this FREE basic introduction to our community resources. We will visit several sites throughout the community with a brief overview by an on-site staff member, including but not limited to: Village Hall (Parks and Recreation, Police, Fire, & Building departments), library, post office, school, bank, ELL center and Oakton Community College. Lunch will be provided, and Interpreters will be available upon request. This is one event you don't want to miss!

*Child care is available during this program upon request

WHEN: Choose 1 date:

* Tuesday, May 19th
9:30am - 2:30pm

OR

* Wednesday, May 20th
9:30am - 2:30pm

FEE: FREE!

WHERE: Bus leaves from Village Hall. Meet in Village Hall Lobby, 6900 N Lincoln Avenue.

WHY: To familiarize new residents to our community and its resources.

REGISTER AT:

- * Village of Lincolnwood
Parks & Recreation Office
- * ELL Center
- * School drop boxes.

HOURS:

- * Village of Lincolnwood
M-F, 9-5 pm, 847-677-9740
- * ELL Center: Call for hours and availability 847-568-7617
- * School Drop Boxes: During school hours

¿Para quién es? Es para los padres con hijos que asisten a Todd Hall, Rutledge Hall, Lincoln Hall, Niles North y Niles West y que no hablan inglés en casa.

¿Qué es? Es una excursión gratis en Autobús para conocer la Comunidad.

¿Por qué? Le invitamos a esta excursión en autobús para conocer a otros padres y a aprender de los recursos disponibles en la comunidad de Lincolnwood. Visitaremos varios sitios, por ejemplo: Village Hall, el Departamento de Parques y Recreo, la Policía, los Bomberos, la Biblioteca, el Correo, las escuelas y el Nuevo Centro de Padres. Serviremos almuerzo. Habrá traductores y alguien que pueda cuidar a los niños menores.

¿Cuándo va a ser? Va a haber dos excursiones. Hay que escoger una fecha:

Martes 19 de mayo 9:30-2:30 pm

O

Miércoles 20 de mayo 9:30-2:30 pm

¿Cuánto cuesta? Nada ¡ES GRATIS!

¿Adónde voy para tomar el autobús? El Autobús sale de Village Hall. Nos reuniremos en la recepción que está ubicado en 6900 N Lincoln Avenue.

***Se puede inscribirse en el Village of Lincolnwood Oficina de Parques y Recreo, el Nuevo Centro de Padres, cajas en las escuelas de Todd, Rutledge y Lincoln Hall.**

- * Village of Lincolnwood: está abierto lunes a viernes, 9-5 pm, 847-677-9740
- * El Nuevo Centro de Padres: Por más información llama a 847-568-7617
- * Cajas de Todd, Rutledge & Lincoln: Durante la escuela

Program: Darmowe yycieczki autobusem po mieście!

Kto: Rodzice uczniów z Dystryktów 72 i 219, którzy niedawno przeprowadzili się do Lincolnwood, przyjechali z innego kraju lub mówią innym językiem niż angielski.

Opis: Przejdźcie się naszym darmowym autobusami i zapoznajcie się ze wszystkim, co nasze miasto ma do zaoferowania.

Odwiedzimy Village Hall (urząd miasta), gdzie zapoznamy się z programem Park District, policji, straży pożarnej i departamentu budowlanego. Pojedziemy do biblioteki, na pocztę, do szkoły i banku, do Oakton Community College i do centrum ELL. Lunch będzie serwowany na miejscu. Jeśli potrzebujecie tłumacza i kogoś do opieki nad dzieckiem, proszę nas powiadomić wcześniej, abyśmy mogli Wam pomóc.

Kiedy: (wybierz jedną datę)

Wtorek, 19 maja 9:30-2:00

albo

Sroda, 20 maja 9:30-2:30

Gdzie: Autobus wyjedzie spod urzędu miasta - Village Hall przy 6900 N. Lincoln Ave. Spotykamy się przy głównym wejściu.

Rejestracja:

-Village of Lincolnwood, codziennie od 9 do 5 wieczorem

-Centrum ELL: dzwonic pod 847-568-7617

-W szkole, w czasie otwarcia biura



Frank Sacks Tennis Camps, Inc. -- "Be a winner with Frank"

Summer is here and it's time to get outside and into action! Improve your tennis game with Frank Sacks and his handpicked instructional staff. Frank Sacks Tennis Camps, Inc. has provided quality professional tennis programs for North and Northwest Suburban communities for more than 29 years. Join the more than 5,000 people per year who improve their tennis in Frank Sacks Tennis Camp programs. "Be a winner with Frank."

2009 SPECIAL YOUTH WEEKEND PROGRAMS -- Improve your tennis game fast!

Weekend Jr. Tennis Camp

Location: Niles West High School

<u>Class #</u>	<u>Dates</u>	<u>Time</u>	<u>Day</u>	<u>Level</u>	<u>Age</u>	<u>Fee</u>	
6001.309	6/20 - 6/21	9:00 am - Noon	Saturday & Sunday	Jr. Tennis Camp	8 +	R: \$79	NR: \$84
6002.309	7/11 - 7/12	9:00 am - Noon	Saturday & Sunday	Jr. Tennis Camp	8+	R: \$79	NR: \$84

Grand Prix Tournament

Grand Prix Youth Tournaments provide friendly competition and valuable supervised match play. Awards are included in the fee.

Location: Niles West High School

<u>Class #</u>	<u>Dates</u>	<u>Time</u>	<u>Day</u>	<u>Level</u>	<u>Age</u>	<u>Fee</u>	
6003.309	6/28	1:00 - 4:00 pm	Sunday	Grand Prix Tournament	8 +	R: \$29	NR: \$34
6004.309	7/19	1:00 - 4:00 pm	Sunday	Grand Prix Tournament	8 +	R: \$29	NR: \$34

NEW! USTA JR. TEAM TENNIS - 10 and under program

USTA Jr. Team Tennis is the largest youth tennis program in this country. This program is designed to help youth discover tennis as a team sport just as they were able to play soccer, basketball, and football. The program is for youth ages 5-10 who are beginner to intermediate players. Every week there will be a practice immediately followed by a team match. The program utilizes the QuickStart format with age appropriate 36' and 60' courts and tennis balls. Even the youngest participants can establish control and rally during matches.

Players receive a new tennis racket, USA Team Tennis T-Shirt, a foam or low compression tennis ball, and a Ace's Kid's Club package (water bottle, wristband, and activity book). Volunteer Coaches: The USTA Jr. Team Tennis Program will provide training to any parents interested in being a volunteer coach. Please contact Frank Sacks Tennis Camps at (847) 933-0002 or franksacks@franksackstennis.com if you are interested in coaching.

Location: Niles West High School

Note: No class on July 5

<u>Class #</u>	<u>Dates</u>	<u>Time</u>	<u>Day</u>	<u>Age</u>	<u>Fee</u>	
6005.309	6/14 - 8/9	5:30 - 6:30 pm	Sunday	5 - 10	R: \$124	NR: \$129
6006.309	6/17 - 8/5	6:00 - 7:00 pm	Wednesday	5 - 10	R: \$124	NR: \$129

**For more information on any tennis program please
call Frank Sacks Tennis at (847) 933-0002.**

Summer Adult USA 1-2-3 Tennis Programs

Length: Six weeks except Sundays are five weeks

Age Level: 16 yrs. and older

Fees: R: \$114 NR: \$119

Rainout Hotline: 847-933-9130

Session 1

<u>Class #</u>	<u>Dates</u>	<u>Time</u>	<u>Day</u>	<u>Level</u>	<u>Location</u>
6007.309	6/8 - 7/13	6:30 - 8:00 pm	Monday	Beginner - Adv. Beg.	Proesel Park
6008.309	6/8 - 7/13	8:00 - 9:30 pm	Monday	Int. 1- Int. 2	Proesel Park
6009.309	6/9 - 7/14	6:30 - 8:00 pm	Tuesday	Adv. Beg. - Int. 1	SPTC
6010.309	6/9 - 7/14	8:00 - 9:30 pm	Tuesday	Int. 2 - Int. 3	SPTC
6011.309	6/10 - 7/15	9:30 - 11:00 pm	Wednesday	Int. 2 - Int. 3	SPTC
6012.309	6/10 - 7/15	11:00 am - 12:30 pm	Wednesday	Beginner - Adv. Beg.	SPTC
6013.309	6/10 - 7/15	7:00 - 8:30 pm	Wednesday	Int. 3 - Int. 4	SPTC
6014.309	6/10 - 7/15	8:30 - 10:00 pm	Wednesday	Int. 1 - Int. 2	SPTC
6015.309	6/11 - 7/16	6:30 - 8:00 pm	Thursday	Beginner - Adv. Beg.	SPTC
6016.309	6/11 - 7/16	8:00 - 9:30 pm	Thursday	Int. 4 - Advanced	SPTC
6017.309	6/6 - 7/11	2:00 - 3:30 pm	Saturday	Beginner - Adv. Beg.	Central Park, Skokie
6018.309	6/6 - 7/11	2:00 - 3:30 pm	Saturday	Int. 1 - Int. 2	Central Park, Skokie
6019.309	6/6 - 7/11	3:30 - 5:00 pm	Saturday	Int. 3 - Int. 4	Central Park, Skokie
6020.309	6/14 - 7/19	9:00 - 10:30 am	Sunday	Beginner - Adv. Beg.	SPTC
6021.309	6/14 - 7/19	10:30 am - Noon	Sunday	Int. 3 - Int. 4	SPTC
6022.309	6/14 - 7/19	1:30 - 3:00 pm	Sunday	Adv. Beg. - Int. 1	SPTC
6023.309	6/14 - 7/19	3:00 - 4:30 pm	Sunday	Int. 2 - Int. 3	SPTC
6024.309	6/14 - 7/19	4:00 - 5:30 pm	Sunday	Int. 4 - Adv.	SPTC

Session 2

<u>Class #</u>	<u>Dates</u>	<u>Time</u>	<u>Day</u>	<u>Level</u>	<u>Location</u>
6025.309	7/20 - 8/17	6:30 - 8:00 pm	Monday	Beginner - Adv. Beg.	Proesel Park
6026.309	7/20 - 8/17	8:00 - 9:30 pm	Monday	Int. 1- Int. 2	Proesel Park
6027.309	7/21 - 8/18	6:30 - 8:00 pm	Tuesday	Adv. Beg. - Int. 1	SPTC
6028.309	7/21 - 8/18	8:00 - 9:30 pm	Tuesday	Int. 2 - Int. 3	SPTC
6029.309	7/22 - 8/19	9:30 - 11:00 am	Wednesday	Int. 2 - Int. 3	SPTC
6030.309	7/22 - 8/19	11:00 am - 12:30 pm	Wednesday	Beginner - Adv. Beg.	SPTC
6031.309	7/22 - 8/19	6:30 - 8:00 pm	Wednesday	Int. 3 - Int. 4	SPTC
6032.309	7/22 - 8/19	8:00 - 9:30 pm	Wednesday	Int. 1 - Int. 2	SPTC
6033.309	7/23 - 8/20	6:30 - 8:00 pm	Thursday	Beginner - Adv. Beg.	SPTC
6034.309	7/23 - 8/20	8:00 - 9:30 pm	Thursday	Int. 4 - Advanced	SPTC
6035.309	7/18 - 8/15	2:00 - 3:30 pm	Saturday	Beginner - Adv. Beg.	Central Park, Skokie
6036.309	7/18 - 8/15	2:00 - 3:30 pm	Saturday	Int. 1 - Int. 2	Central Park, Skokie
6037.309	7/18 - 8/15	3:30 - 5:00 pm	Saturday	Int. 3 - Int. 4	Central Park, Skokie
6038.309	7/26 - 8/23	9:00 - 10:30 am	Sunday	Beginner - Adv. Beg.	SPTC
6039.309	7/26 - 8/23	10:30 am - Noon	Sunday	Int. 3 - Int. 4	SPTC
6040.309	7/26 - 8/23	1:30 - 2:30 pm	Sunday	Adv. Beg. - Int. 1	SPTC
6041.309	7/26 - 8/23	2:30 - 4:00 pm	Sunday	Int. 2 - Int. 3	SPTC
6042.309	7/26 - 8/23	4:00 - 5:30 pm	Sunday	Int. 4 - Adv.	SPTC

**For more information on any tennis program please
call Frank Sacks Tennis at (847) 933-0002.**

Weekend Youth Tennis Programs

Location: Blue classes - Central Park, 3600 W-9400 N Emerson & Central Park, Skokie

Black Classes - Skokie Park Tennis Center, 8330 Niles Center Road (Niles Center Rd. south of Main St.)

Length: Six Weeks

Fees: R: \$78 NR: \$83 for 1-hour classes

Fees: R: \$114 NR: \$119 for 1.5-hour classes

Session 1 - June & July

<u>Class #</u>	<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Age</u>	<u>Level</u>
6043.309	6/6 - 7/11	Saturday	1:00 - 2:00 pm	4 - 6	Pee Wee
6044.309	6/6 - 7/11	Saturday	1:00 - 2:00 pm	7 - 12	Beginner-Adv. Beginner
6045.309	6/6 - 7/11	Saturday	2:00 - 3:30 pm	8+	Junior Camp 1 & 2
6046.309	6/6 - 7/11	Saturday	3:30 - 5:00 pm	12+	Tournament Train. - HS Team Training
6047.309	6/14 - 7/19	Sunday	Noon - 1:00 pm	3 - 5	New! Parent Child
6048.309	6/14 - 7/19	Sunday	Noon - 1:00 pm	4 - 6	Pee Wee
6049.309	6/14 - 7/19	Sunday	12:30 - 1:30 pm	7 - 12	Beginner-Adv. Beginner
6050.309	6/14 - 7/19	Sunday	1:30 - 3:00 pm	8+	Junior Camp 1 & 2
6051.309	6/14 - 7/19	Sunday	3:00 - 4:30 pm	12+	Tournament Training
6052.309	6/14 - 7/19	Sunday	4:00 - 5:30 pm	14+	HS Team Training
6053.309	6/14 - 7/19	Sunday	4:30 - 5:30 pm	4 - 6	Pee Wee
6054.309	6/14 - 7/19	Sunday	4:30 - 5:30 pm	7 - 12	Beginner-Adv. Beginner

Session 2 - July & August

<u>Class #</u>	<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Age</u>	<u>Level</u>
6055.309	7/18 - 8/15	Saturday	1:00 - 2:00 pm	4 - 6	Pee Wee
6056.309	7/18 - 8/15	Saturday	1:00 - 2:00 pm	7 - 12	Beginner-Adv. Beginner
6057.309	7/18 - 8/15	Saturday	2:00 - 3:30 pm	8+	Junior Camp 1 & 2
6058.309	7/18 - 8/15	Saturday	3:30 - 5:00 pm	12+	Tournament Train. - HS Team Training
6059.309	7/26 - 8/23	Sunday	Noon - 1:00 pm	3 - 5	New! Parent Child
6060.309	7/26 - 8/23	Sunday	Noon - 1:00 pm	4 - 6	Pee Wee
6061.309	7/26 - 8/23	Sunday	12:30 - 1:30 pm	7 - 12	Beginner-Adv. Beginner
6062.309	7/26 - 8/23	Sunday	1:30 - 3:00 pm	8+	Junior Camp 1 & 2
6063.309	7/26 - 8/23	Sunday	3:00 - 4:30 pm	12+	Tournament Training
6064.309	7/26 - 8/23	Sunday	4:00 - 5:30 pm	14+	HS Team Training
6065.309	7/26 - 8/23	Sunday	4:30 - 5:30 pm	4 - 6	Pee Wee
6066.309	7/26 - 8/23	Sunday	4:30 - 5:30 pm	7 - 12	Beginner-Adv. Beginner

Professional Private and Semi-Private Tennis Lessons

For: All Ages

Call The Frank Sacks Tennis Program at (847) 933-0002 to arrange for specific day.

Private Lessons:

<u>Class #</u>	<u>Days</u>	<u>Time</u>	<u>Type</u>	<u>Fee</u>
6067.309	TBA	7am - 9pm	1/1 HR	R: \$50 NR: \$55
6068.309	TBA	7am - 9pm	5/1 HR	R: \$235 NR: \$245

Semi-Private Lessons:

<u>Class #</u>	<u>Days</u>	<u>Time</u>	<u># In Group</u>	<u>Type</u>	<u>Fee</u>
6069.309	TBA	7am - 9pm	2	1/1 HR	R: \$55 NR: \$59
6070.309	TBA	7am - 9pm	2	5/1 HR	R: \$260 NR: \$270
6071.309	TBA	7am - 9pm	3	1/1 HR	R: \$62 NR: \$67
6072.309	TBA	7am - 9pm	3	5/1 HR	R: \$290 NR: \$300
6073.309	TBA	7am - 9pm	4	1/1 HR	R: \$70 NR: \$75

Junior Tennis Camp 1 - (Morning Camp)

Ages: 8 - 17 years

Level: Beginner (NTRP 1.0) to Mid Intermediate (NTRP 3.9)

Fee: R \$329, NR \$339 per 2 week camp

R \$167, NR \$175 per 1 week camp

Location: Central Park, Emerson St. & Central Park St., Skokie

Camp #	Dates	Days (wks)	Time
4440.209	6/15 - 6/26	M - F (2)	9:00am - Noon
4441.209	6/29 - 7/10	M - F (2)	9:00am - Noon
4442.209	7/13 - 7/24	M - F (2)	9:00am - Noon
4443.209	7/27 - 8/7	M - F (2)	9:00am - Noon
4444.209	8/10 - 8/21	M - F (2)	9:00am - Noon
4445.209	8/24 - 8/28	M - F (1)	9:00am - Noon

Junior Tennis Camp 2 - (Afternoon Camp)

Ages: 8 - 17 years

Level: Beginner (NTRP 1.0) to Mid Intermediate (NTRP 3.9)

Fee: R \$192, NR \$197 per 2 week camp

R \$96, NR \$101 per 1 week camp

Location: Skokie Park Tennis Center - 8330 Niles Center Road

Camp #	Dates	Days (wks)	Time
4446.209	6/8 - 6/12	M - F (1)	4:30 - 6:30pm
4447.209	6/15 - 6/26	M - F (2)	4:00 - 6:00pm
4448.209	6/29 - 7/10	M - F (2)	4:00 - 6:00pm
4449.209	7/13 - 7/24	M - F (2)	4:00 - 6:00pm
4450.209	7/27 - 8/7	M - F (2)	4:00 - 6:00pm
4451.209	8/10 - 8/21	M - F (2)	4:00 - 6:00pm
4452.209	8/24 - 8/28	M - F (1)	4:30 - 6:30pm

High School Team Training Tennis Camp

Ages: 12 - 17 years

Level: Intermediate (NTRP 3.5) to Advanced (NTRP 4.5)

Fee: R \$249, NR \$254 per 2 week camp

R \$125, NR \$130 per 1 week camp

R \$96, NR \$101 per 1 week camp (2 hour session)

Location: Skokie Park Tennis Center - 8330 Niles Center Road

Camp #	Dates	Days (wks)	Time
4453.209	6/8 - 6/12	M - F (1)	4:30 - 6:30pm
4454.209	6/15 - 6/26	M - Th (2)	1:15 - 4:00pm
4455.209	6/29 - 7/10	M - Th (2)	1:15 - 4:00pm
4456.209	7/13 - 7/24	M - Th (2)	1:15 - 4:00pm
4457.209	7/27 - 8/7	M - Th (2)	1:15 - 4:00pm
4458.209	8/10 - 8/21	M - Th (2)	1:15 - 4:00pm

Phone: (847) 677-9740

Fax: (847) 673-4413

NEW! 2009 Jr. Tennis Stars Camp

Jr. Tennis Stars is a new specialized program that helps younger children learn tennis skills in a fun and supportive environment. The emphasis is to help children learn the gross motor skills and fine motor skills necessary for success in tennis, as well as for almost any other sport. This program helps prepare 7 to 9 year olds for our popular Junior Tennis Camp programs. The games approach used in this program leads to more fun and improved skills.

Ages: 7 - 9 yrs by start of session

Fee: R \$139, NR \$144 per 2 week camp

R \$70, NR \$75 per 1 week camp

Location: Skokie Park Tennis Center - 8330 Niles Center Road

Camp #	Dates	Days (wks)	Time
4459.209	6/8 - 6/12	M - F (1)	4:30 - 6:00pm
4460.209	6/15 - 6/26	M - Th (2)	4:00 - 5:30pm
4461.209	6/29 - 7/10	M - Th (2)	4:00 - 5:30pm
4462.209	7/13 - 7/24	M - Th (2)	4:00 - 5:30pm
4463.209	7/27 - 8/7	M - Th (2)	4:00 - 5:30pm
4464.209	8/10 - 8/21	M - Th (2)	4:00 - 5:30pm

NEW! 2009 Pee Wee Tennis Camp

Pee Wee Tennis is a specialized program that helps younger children acquire basic skills in a fun and supportive environment. The emphasis is to help children learn the gross motor skills and fine motor skills necessary for success in tennis, as well as for almost any other sport. The games approach used in this program leads to more fun and improved skills.

Ages: 5 - 7 yrs by start of session

Fee: R \$98, NR \$103 per 2 week camp

R \$49, NR \$54 per 1 week camp

Location: Central Park, Emerson St. & Central Park St., Skokie

Camp #	Dates	Days (wks)	Time
4465.209	6/15 - 6/26	M - F (2)	8:00 - 9:00am
4466.209	6/29 - 7/10	M - F (2)	8:00 - 9:00am
4467.209	7/13 - 7/24	M - F (2)	8:00 - 9:00am
4468.209	7/27 - 8/7	M - F (2)	8:00 - 9:00am
4469.209	8/10 - 8/21	M - F (2)	8:00 - 9:00am
4470.209	8/24 - 8/28	M - F (1)	8:00 - 9:00am

Location: Central Park, Emerson St. & Central Park St., Skokie

Camp #	Dates	Days (wks)	Time
4471.209	6/15 - 6/26	M - F (2)	6:00 - 7:00pm
4472.209	6/29 - 7/10	M - F (2)	6:00 - 7:00pm
4473.209	7/13 - 7/24	M - F (2)	6:00 - 7:00pm
4474.209	7/27 - 8/7	M - F (2)	6:00 - 7:00pm
4475.209	8/10 - 8/21	M - F (2)	6:00 - 7:00pm
4476.209	8/24 - 8/28	M - F (1)	6:00 - 7:00pm



Every year, millions of pairs of athletic shoes are thrown away, clogging landfills and wasting a lot of good material.

So Nike created a solution to allow you to recycle your old shoes! Reuse-A-Shoe, part of the Let Me Play campaign, is one of Nike's longest-running environmental and community programs, where worn-out athletic shoes of any brand are collected, processed and recycled into material used in sports surfaces like basketball courts, tennis courts, athletic fields, running tracks and playgrounds for young people around the world.

That's right. You can turn your old kicks into new places to play your game.

Since the birth of Reuse-A-Shoe in 1990, Nike has recycled more than 21 million pairs of athletic shoes toward more than 265 sport surfaces; giving thousands of young people access to new playgrounds and athletic facilities around the world.

You Can Help!

During the month of April you can drop off your worn-out athletic shoes in the collection bin located at the Lincolnwood Parks and Recreation Office, located within the Lincolnwood Village Hall.

* To keep Nike's recycling equipment running smoothly, they have a few guidelines for shoe recycling:

- Athletic shoes only (any brand)
- No shoes containing metal
- No cleats or dress shoes
- No wet or damp shoes

For more information contact the Lincolnwood Parks and Recreation Department at (847) 677-9740.

M-NASR

Maine-Niles Association of Special Recreation

6820 W. Dempster Street, Morton Grove * 847-966-5522

Dedicated to improving the quality of life, through advocacy and awareness, promoting a successful leisure lifestyle for individuals with disabilities.

M-NASR serves children, teens and adults with physical, mental and emotional disabilities, their families and their community recreation agencies by providing a wide range of recreation and leisure programs for people of every age, talent and interest. M-NASR conducts programs year round. Special services include summer camps, special events and holiday trips, after school and day off from school programs. Participants enjoy dances, organized clubs, dinners at local restaurants and the friendship and company of their peers, adding to the richness and joy of their lives in the process. M-NASR also offers inclusion services to those who need assistance to participate in programs offered by their Park Districts and/or Recreation Departments. M-NASR operates several accessible vehicles and offers door-to-door transportation for many activities.



CORPORATE GIVING PROGRAMS

Do you or someone you know work for an organization with a corporate giving program? These businesses have grant/fundraising opportunities in place for 501 (c)(3) not-for-profit organizations like M-NASR. If you do, please contact us at (847) 966-5522. Sharing this information could provide immeasurable assistance to individuals with physical and mental challenges in your community.

M-NASR Administrative Office is at:

6820 W. Dempster Street * Morton Grove, IL 60053

Ph: 847-966-5522 ** Fx: 847-966-8340



The Liponi Foundation for Special Recreation was formed in 1990 to facilitate participation by children and adults with disabilities in recreation programs. The Foundation was named after the late Sam Liponi who was generous in his support of the Maine-Niles Association of Special Recreation and that work continues today through the efforts of the Foundation.

This not-for-profit, tax exempt body is governed by a board of trustees representing the communities that M-NASR serves: Des Plaines, Golf-Maine, Lincolnwood, Morton Grove, Niles, Park Ridge and Skokie.

If you are interested in supporting individuals with special needs by attending Foundation fundraisers or making a donation, please call Stella LiPomi, Foundation Treasurer at (847) 966-5522.

**LINCOLNWOOD PARKS & RECREATION
PROGRAM REGISTRATION FORM**

6900 N. Lincoln Avenue * Lincolnwood, IL 60712 PHONE (847) 677-9740 FAX (847) 673-4413
Visit our Website at www.lincolnwoodil.org

Name (Last, First) _____, _____

Address _____ City _____ Zip _____

Home Phone Number (____) _____ Cell Phone Number (____) _____

Emergency Phone Number (____) _____ Emergency Name/Relation _____

E - Mail Address: _____ ☐ Yes, please add me to a future e-mail list.

Program #	Program Name	Participant's Name	Sex	Birthdate	Age	Current Grade	Fee

Does the participant require any assistance or special accommodation to effectively participate and/or enjoy the program?
(Please circle) YES NO If you circled yes, a member of our staff will contact you to make the necessary arrangements.

Please indicate your choice of payment: ____ Check # ____ ____ Cash ____ Visa ____ Mastercard

(MAKE CHECKS PAYABLE TO "VILLAGE OF LINCOLNWOOD")

Expiration Date: _____ Credit Card # _____

Print Name (As it appears on card): _____

Signature: _____

NOTE: Only registrations paid by credit card are accepted by FAX. When registering by FAX, it is mutually understood that the facsimile registration documents (including the waiver & release of all claims) shall substitute for and have the same legal effects as the original form.

PARTICIPANT'S WAIVER, RELEASE AND HOLD HARMLESS AGREEMENT

As a participant (or as the parent or guardian of a participant under age 18) in the Lincolnwood Parks and Recreation Department program(s) I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of any injuries, including death, damage or loss which I may sustain as a result of participating, in any manner, in any and all activities associated with the program(s). I also recognize and acknowledge that all program activities involving strenuous exertion or body contact are hazardous recreation activities which involve substantial risk of injury to a participant. Further, I understand that this Agreement encompasses all exercises and physical movements of any nature undertaken the program(s), the use and adjustment of any and all machinery, equipment, apparatus and anything related to my use of the services, facilities or premises involved in the program(s) as well as the provision of or failure to provide instructions or supervision.

I hereby agree to waive and relinquish any and all claims that I may have, due to participating in the program(s), including any claims for negligence or any other unintentional conduct against the Village of Lincolnwood, and any and all other participating or cooperating governmental units, independent contractors, officers, agents, servants and employees of the governmental units and independent contractors, and any and all other persons and entities that might be directly or indirectly liable for any injuries that I might sustain while participating in the program(s). I hereby fully release and discharge the Village of Lincolnwood and the above mentioned other persons and entities from any and all claims for injuries, including death, damage or loss that I may have or that may accrue to me because of my participation in the program(s). I also hereby agree to indemnify, hold harmless and defend the Village of Lincolnwood and all other persons and entities mentioned above from any and all claims resulting from injuries, including death, damages and loss sustained by anyone, which arise out of or are in any way associated with my conduct and the activities of the program(s).

I understand the nature of the program(s) for which I am registering and have read and fully understand this Waiver, Release and Hold Harmless Agreement. I further understand and agree that any advertisements or warnings of the particular risks of the program(s) that I subsequently receive will be incorporated herein by reference and become a part of this Agreement.

Participant or Parent / Guardian Signature
(If participant is under the age of 18)

Date

OFFICE USE ONLY

Processed By: _____

Date: _____ Amount: _____

SATISFACTION GUARANTEE

The Lincolnwood Recreation Department is committed to providing the public with high quality recreation programs. Our program participants are very important to us, and we would like each one to be satisfied with their recreational experiences. The Lincolnwood Recreation Department guarantees that you will be satisfied with the recreation programs and services that you participate in. If you are not completely satisfied, tell us and we will do one of the following:

1. Invite you to repeat the program at no charge.
2. Allow you a credit that can be applied to another program.
3. Issue you a full refund.

Our guarantee is based on fulfilling our promise of delivering the published expectations describing the particular service you have used. If you are not satisfied, we will kindly ask you to give us your input in the form of suggestions, comments, ideas or changes for improvement. Please provide this information on the general refund/credit form available from the front office staff. This form must be completed prior to one of the above actions being taken. Satisfaction Guarantee **does not** apply to pool memberships.

GENERAL REFUND / CREDIT POLICY

General refunds will be granted when requested prior to the published registration deadline date when applicable or five full working days before the start of a program. All refunds are subject to a 10% administrative fee and will be mailed within 4-6 weeks of your request.

We do understand that there may be times when illness, emergencies, and relocation force you to discontinue participation in a program. Should this occur, we ask that you submit proof of relocation or a written explanation from your doctor. These documents must be submitted along with the special request form mentioned above. In the event that a program does not reach the minimum enrollment, the class may be cancelled and full refunds issued. The administrative fee does not apply in these instances.

SOCIAL CLUB POLICY

For cancellations made on or before the registration deadline listed in the program description, you may receive either a credit to be applied toward another program or a refund less a 10% administrative fee as stated in the general refund policy. Requests due to illness, emergencies, and relocation will be handled as stated in the previous paragraph.

Credits and/or refunds will not be granted for requests received after the registration deadline unless the vacancy can be filled. Should the vacancy remain open, no credit or refund will be given. First priority for such vacancies will be given to those names on the waitlist in the order they were received.

POOL RENTAL

WEATHER POLICY

If there is a question of whether or not the facility will be open due to rain or cold weather, the person renting the facility should call the Pool Office at (847) 673-6870 by 6:00pm on their scheduled rental date for a recorded message and/or to speak to a member of the staff. If the message states that the facility will not be open, the person renting the facility will be notified the next business day to reschedule or to have a refund processed.

If a rental group is in the facility and it must be closed due to inclement weather the following will apply:

1 HOUR RENTAL

- A. LESS THAN 30 MINUTES
(NO CHARGE)
- B. 30 MINUTES TO 1 HOUR
(FULL HOURLY RATE)

2 HOUR RENTAL

- A. LESS THAN 30 MINUTES
(NO CHARGE)
- B. 30 MINUTES TO 1½ HOURS
(1 HOUR CHARGE)
- C. 1½ HOURS TO 2 HOURS
(FULL 2 HOUR CHARGE)

COMMUNITY CENTER / ATHLETIC PERMITS / PICNIC PERMIT POLICY

- 1) If a rental is canceled two weeks before the scheduled date, a refund minus a 10% administrative fee, will be issued.
- 2) If a rental is canceled 13 days or less before the scheduled date, a 50% refund minus a 10% administrative fee, will be issued.

**For information on CAMP
refund policies, please refer
to the CAMP 09 Brochure.**

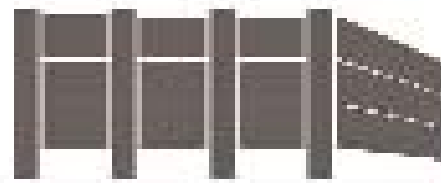
Village Of Lincolnwood
Parks and Recreation Department
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