



LIGHTNING

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Swim Club NO PRACTICE	1 ---Kiefer --- PRACTICE evening only 5:00-6:30PM	2 PRACTICE evening only 5:00-6:30PM	3 NO PRACTICE 7pm Coaches Meeting Buffalo Grv	4 PRACTICE evening only 5:00-6:30PM	5 PRACTICE evening only 5:00-6:30PM	6 NO PRACTICE
7 NO PRACTICE	8 PRACTICE <u>AM-group time</u> PM-all groups ---Kiefer--- 5:00-6:30PM	9 PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM	10 PRACTICE morning only AFTERNOON No Practice	11 NO MORNING PRACTICE EVENING ONLY 5:00 - 6:30 PM	12 PRACTICE <u>morning reg time</u> evening 5:00-6:30 PM Parents meeting Pool Area 6:15pm	13 NO PRACTICE
14 NO PRACTICE	15 PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM	16 PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM	17 PRACTICE morning only AFTERNOON Meet: Buffalo Grove at Lincolnwood	18 NO MORNING PRACTICE EVENING PICTURE DAY	19 PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM	20 NO PRACTICE
21 NO PRACTICE	22 PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM	23 PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM	24 SHORTCOURSE PRACTICE morning only AFTERNOON Meet: Lincolnwood at Norridge	25 NO MORNING PRACTICE EVENING ONLY 5:00 - 6:30 pm Practice Or PICTURE "RAIN" DAY	26 PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM	27 Intersquad Meet 7 to 10 AM
28 NO PRACTICE	29 PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM	30 PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM				