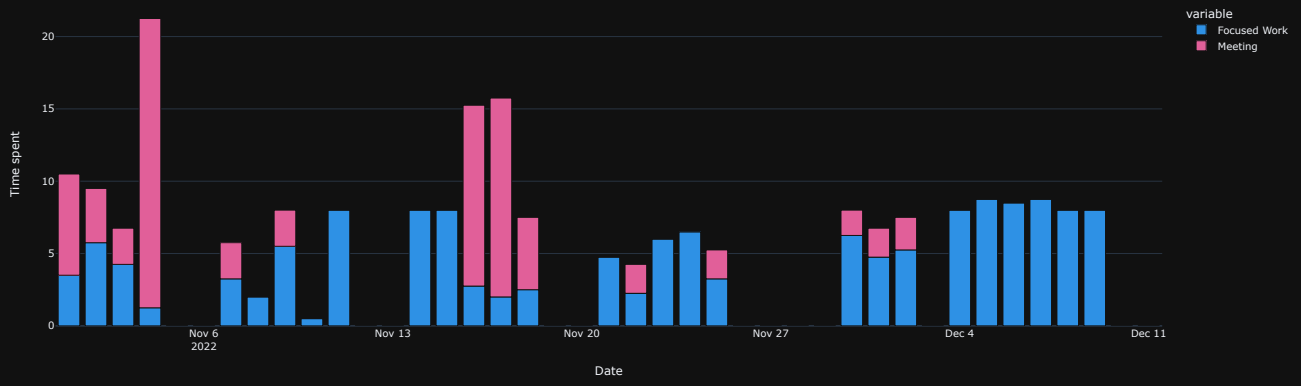
Calendar Insights

Start Date 11 / 01 / 2022 | End Date 12 / 11 / 2022 | Calendars: Focused Work, Meeting | Period: daily | Aggregation: total

Average Context Switches	Total Time Tracked [h]	Areas Worked On	Activities Worked On
5.61	225.8	9	50
▼0%	▼−8%	▲13%	▲11%

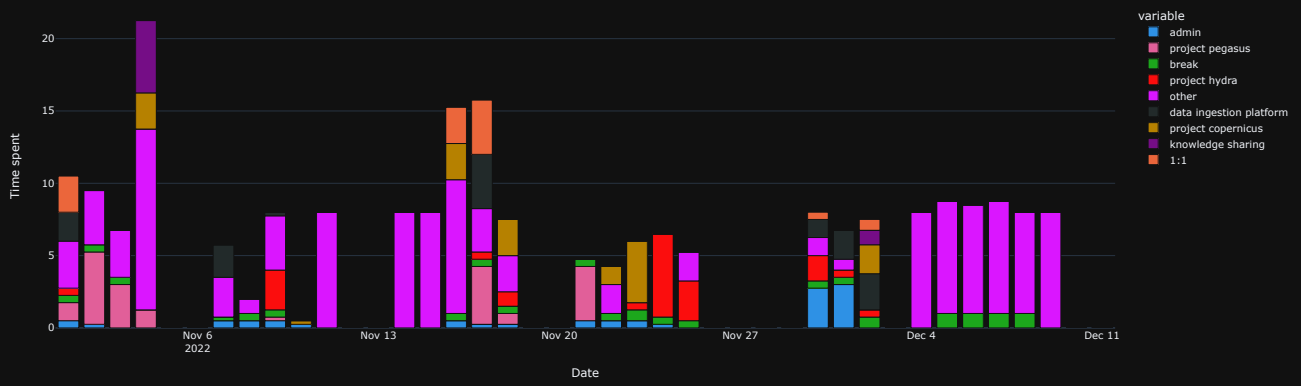
Time Spent in each Calendar

Each calendar represents a high level category of activity.



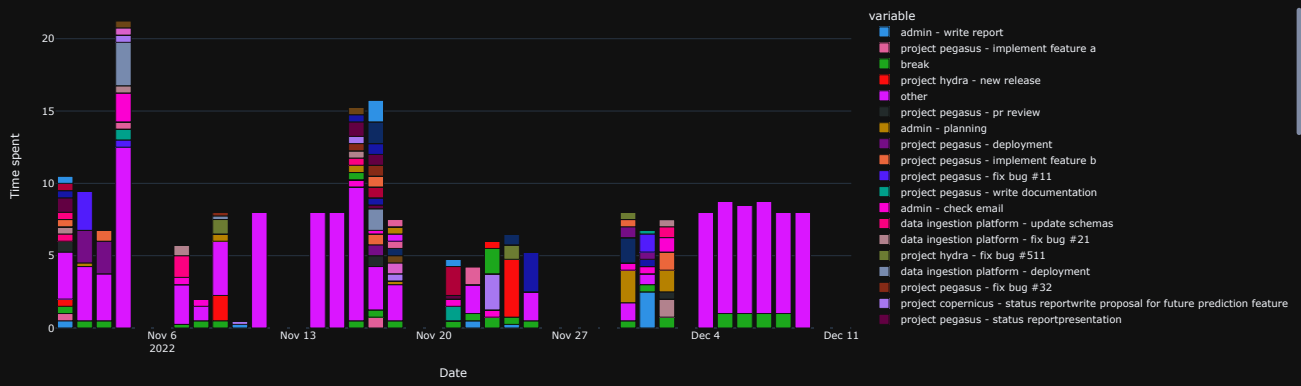
Time Spent in each Area

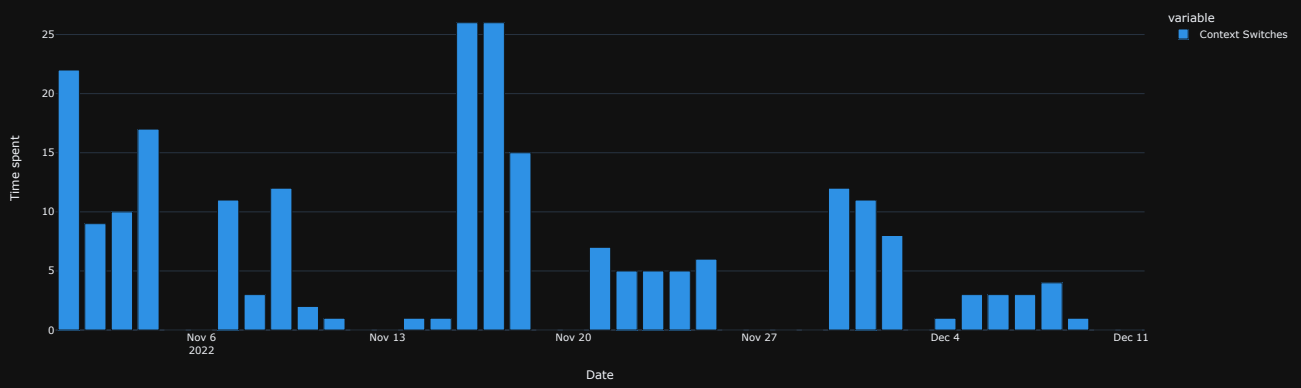
Each area represents a specific project or context.



Top Activities.

Top 10 activities most time was spent on.



Total Number of Context Switches

Total number of times a switch to a different activity happened.