

1   **Reanalysis of Alzheimer’s Brain Sequencing Data Reveals Absence of Purported HHV6A and**  
2   **HHV7**

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4   **Author:** Samuel D. Chorlton<sup>1</sup>

5   1. Department of Pathology and Laboratory Medicine, University of British Columbia, Canada

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7   **Contact information:**

8   Email: [chorlton@alumni.ubc.ca](mailto:chorlton@alumni.ubc.ca)

9   Address:

10   Department of Pathology and Laboratory Medicine

11   [Faculty of Medicine](#), Rm. G227 – 2211 Wesbrook Mall

12   Vancouver, BC Canada V6T 2B5

13

14   **Conflicts of interest:** None declared.

15   **Acknowledgements:** None.

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17   **Abstract**

18   Readhead et al. recently reported in *Neuron* the detection and association of human herpesviruses 6A  
19   (HHV6A) and 7 (HHV7) with Alzheimer's disease by shotgun sequencing. I was skeptical of the  
20   specificity of their modified Viromescan bioinformatics method and subsequent analysis for numerous  
21   reasons. Using their supplementary data, the prevalence of variola virus, the etiological agent of the  
22   eradicated disease smallpox, can be calculated at 97.5% of their Mount Sinai Brain Bank dataset.  
23   Reanalysis of Readhead et al's data using highly sensitive and specific alternative methods finds no  
24   HHV7 reads in their samples; HHV6A reads were found in only 2 out of their top 15 samples sorted by  
25   reported HHV6A abundance. Finally, recreation of Readhead et al's modified Viromescan method  
26   identifies reasons for its low specificity.

## 27 **Introduction**

28 I read with great interest the paper from Readhead et al. published in *Neuron* suggesting  
29 detection of human herpesviruses 6A (HHV6A) and 7 (HHV7) in human brains via shotgun  
30 sequencing, along with their association with Alzheimer's disease (Readhead et al., 2018). This paper  
31 has garnered much media attention and spurred a significant amount of research, with 151 citations at  
32 the time of writing. Recent literature has supported a role for herpesviruses in the pathogenesis of  
33 Alzheimer's disease, particularly herpes simplex virus 1, as reviewed by Itzhaki (Itzhaki, 2018).

34 Upon careful reading of the Readhead et al. paper, I was skeptical of their methods for  
35 numerous reasons: 1) reporting of uncorrected p-values for multiple testing throughout their paper (eg.  
36 figures 2 and 4 in their paper compared with supplementary data); 2) a discrepancy between the  
37 reported number of tested viruses in their publication (n=515) and the number of "viruses" reported in  
38 their Synapse public data (n=499), many of which are in fact viral segments that collapse into 1 virus  
39 (eg. each Influenza virus had 8 genomic segments tested separately) and could have led to multiple  
40 testing; 3) failure to correct for multiple testing when testing multiple contrasts (eg viral expression in  
41 Definite AD vs Control and Likely AD vs Control were counted as unrelated tests); 4) an extremely  
42 low number of putative HHV6A/HHV7 viral reads per sample (eg. in the MAYO\_TCX dataset, the  
43 maximum number of HHV7 reads in any sample was 5 out of 58 million); and 5) an unusually liberal  
44 false discovery rate (0.25) for vQTL analysis, paired with an unsystematic interpretation of vQTL  
45 results (despite the use of gene set analysis later in their paper).

46 After multiple attempts to obtain additional source code and data (personal communication, Feb  
47 6 and Mar 19 2019), I set out to evaluate the presence of human herpesviruses in the data of Readhead  
48 et al. using alternative *in silico* analyses and determine the reasons for likely false positive results.

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## 50 **Methods and Results**

51 Based on supplementary table 2 from Readhead et al, I calculated viral prevalence based on  
52 their modified Viromescan (Rampelli et al., 2016). In the main MSBB dataset, HHV6A and HHV7  
53 were detected in 164 (27%) and 180 (30%) of 602 brain samples, respectively, with the authors' cutoff  
54 of 2 reads per sample. In comparison, their reported prevalence of hepatitis C virus in brain tissue was  
55 100% (n=602/602) for the Mount Sinai Brain Bank (MSBB) samples, and 97.5% (n=587/602) for  
56 variola virus, the etiological agent of the eradicated disease smallpox. Duvenhage virus, which causes  
57 a rapid rabies-like death for which I can only find 3 known cases in the literature, was found in 11.2%  
58 (n=55/489) of the Memory and Aging Project and Religious Orders Study samples (Paweska et al.,  
59 2006; Thiel et al., 2009; Tignor et al., 1977).

60 Given the unlikely presence of an eradicated virus (variola virus), and the implausibly high  
61 prevalence of two other viruses detected with the modified Viromescan method, I next sought to  
62 determine if there were any true HHV6A or HH7 reads in the brain samples analyzed by Readhead et  
63 al. Source code and data is available at Github: [https://github.com/schorlton/Readhead\\_commentary](https://github.com/schorlton/Readhead_commentary).  
64 Ten samples from each of MSBB\_WES (syn7541077), MSBB\_RNA (syn8612191) and MAYO\_TCX  
65 (syn8612203) datasets with the greatest number of reported HHV6A (n=5/dataset) and HHV7 reads  
66 (n=5/dataset) were selected for further analysis (n=30 total). Raw reads were preprocessed with fastp,  
67 then taxonomically categorized using KrakenUniq, a fast yet highly sensitive method based on k-mers  
68 (Breitwieser et al., 2018; Chen et al., 2018). KrakenUniq identified a total of 13 HHV6A reads in 2/15  
69 top HHV6A samples (Readhead total: 75 reads), and failed to identify any HH7 reads in the top HHV7  
70 subset (Readhead total: 93 reads in 15 samples).

71 KrakenUniq was validated for detection of extremely low viral read counts with a large human  
72 background. Thirty samples of 50 million human sequencing reads/read pairs were *in silico* simulated  
73 to closely match the MSBB\_WES (n=10), MSBB\_RNA (n=10) and MAYO\_TCX (n=10) datasets  
74 (Griebel et al., 2012; Huang et al., 2012). Half the samples from each simulated experiment were

75 spiked with a random HHV6A read, and the other half with a random HHV7 read from any of the  
76 public strains not included in the KrakenUniq database. KrakenUniq accurately identified the spiked  
77 viral read as present in all samples, and no human reads were classified as HHV6A or HHV7.

78 As KrakenUniq failed to identify HHV6A/HHV7 reads in almost all samples purported to  
79 harbour the most by Readhead et al, I attempted to identify how reads were classified as such by them.  
80 While I could not exactly recreate their method and results based on the limited detail in their paper,  
81 the median absolute difference in HHV6A/HHV7 read count from their public data was 4 (IQR:2.5-6.5)  
82 in the HHV6A subset and 9 (IQR:4-89.5) in the HHV7 subset. Reads mapping to HHV6A or HHV7  
83 were extracted and subjected to complexity analysis: 55/95 (57.9%) HHV6A and 607/637 (95.3%)  
84 HHV7 reads were deemed low complexity by Prinseq (Schmieder and Edwards, 2011). All reads were  
85 also subjected to a BLAST search against the non-redundant Genbank (nt) database and collapsed to  
86 Lowest Common Ancestor of the top hit (Altschul et al., 1990). Similar to KrakenUniq results, 13 reads  
87 from the 15 HHV6A samples aligned to HHV6A, and 0 reads aligned to HHV7. Additionally, when the  
88 set of 30 simulated samples, without spiked viral reads, were processed with the modified Viromescan  
89 method, 10/30 samples had 2 or more reads aligning to HHV6A and no samples had reads aligning to  
90 HHV7.

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## 92 **Discussion and Conclusion**

93 Here I demonstrate that the modified Viromescan used by Readhead et al. likely vastly  
94 overestimates viral read counts in sequencing data, and in most cases (28/30 top viral read count  
95 samples), probably identifies viral reads when none are present. Previous studies have identified a  
96 prevalence in brain samples between 0-22% and 0-5% for HHV6A and HHV7, respectively (Chan et  
97 al., 1999, 2000, 2000; Lin et al., 2002; Niehusmann et al., 2010; Opsahl and Kennedy, 2006). The  
98 finding in this reanalysis of HHV6A in 13% of samples with purported highest HHV6A abundance fits

99 well with previous research. While the lack of detection of HHV7 by KrakenUniq may be on the lower  
100 end of the expected prevalence, several factors must be considered. First, this study only examined a  
101 small number (n=15) of samples for HHV7 due to compute limitations. Next, different studies refer to  
102 different metrics: some have tested multiple brain regions and reported positivity by sample, while  
103 others have collapsed brain regions and reported at the patient level, leading to much higher  
104 prevalence. Finally, almost all previous reports have relied on nucleic acid amplification for detection  
105 of HHV6A and HHV7, which is far more sensitive than shotgun sequencing (Bukowska-Ośko et al.,  
106 2017; Kessler et al., 2000).

107         Simulation of bioinformatic methods showed the KrakenUniq alternative method to be sensitive  
108 for detecting herpesvirus reads when present in sequencing data, and the Readhead et al. method to be  
109 highly nonspecific. This latter finding is supported by the detection of an eradicated virus in 97.5% of  
110 samples, and BLAST search results of the modified Viromescan's output. Possible reasons for these  
111 findings include abundant low complexity sequences in the sequencing datasets, the requirement of just  
112 27 out of 60 matching bases by Bowtie2 for a successful local alignment, and a 2% false negative rate  
113 of bmtagger for filtering human reads (Kirill Rotmistrovsky and Richa Agarwala; Langmead and  
114 Salzberg, 2012). Based on these findings, I suggest that most of the findings based on viral presence  
115 presented by Readhead et al. are probably inaccurate, and combined with other statistical flaws, likely  
116 falsely reject the null hypothesis. I suggest that this article be read with significant caution.

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