



## SUPPORT HORSEPOWER

The majority of our riders rely on HorsePower’s scholarship program to participate in our therapy programs due to limited incomes. HorsePower provides the hooves, but needs your heart to continue offering rides to those that benefit from this unique program. Lend your heart to HorsePower! With each gift you receive HorsePower’s quarterly newsletter and an invitation to be a guest at a riding lesson to share the joy that horse therapy brings. Every donation to HorsePower counts! Your general Hearts & Hooves donations go toward sharing the benefits of therapeutic riding with your community.

## WAYS TO GIVE

♥ \$150

*Supports the care of 1 therapy horse for a month*

♥ \$300

*Supports care of 1 therapy horse for an 8-week session*

♥ \$500

*Provides fundamental veterinary expenses for 1 horse for a year*

♥ \$750

*Provide a ride for a one 8-week session for 1 individual in the hippotherapy program*

## ADDITIONAL OPPORTUNITIES



### PROVIDE A RIDE

*for a HorsePower Rider. You also receive a personal thank you note from a rider.*

**\$350** - One 8-week session for one individual in our therapeutic ground work program. Although physical limitation may keep some participants from riding horses, they benefit from grooming and bonding with the horse, providing physical, emotional and cognitive stimulation.

**\$500** - One 8-week session for one individual in our therapeutic riding program, designed to help riders achieve goals set by staff members, including physical, emotional, and cognitive progression.

**\$750** - One 8-week session for one individual in the hippotherapy program. These one-on-one sessions with a licensed occupational or physical therapist use specially trained therapy horses to stimulate riders with a variety of riding positions beyond the traditional sitting position of standard horsemanship.

♥ DONATE



### ADOPT A THERAPY HORSE

*With your sponsorship you also receive an overview and photo of a therapy horse.*

The horses at HorsePower are used for therapeutic riding sessions and provide an average of 750 rides annually. Their calm demeanor and endless patience allow riders to build confidence, trust and independence. With your sponsorship you also receive an overview and photo of a therapy horse.

**\$150** - Supports care of one therapy horse for one month.

**\$300** - Supports care of one therapy horse for one session.

**\$500** - Provides fundamental veterinary expenses for one horse for one year

**\$1,000** - Support the efforts of one instructor or therapist for one month. Sponsors will be able to shadow instructor/therapist and see behind-the-scenes preparations for a lesson.

♥ DONATE



### SPONSOR A SESSION

*HorsePower holds five 8-week sessions each year. On average, 35-45 individuals are served in the winter, spring, and fall sessions, and up to 80 individuals are served each summer.*

**\$5,000** - Supports HorsePower’s efforts for one 8-week session, including preparation, therapeutic riding sessions and heating and maintenance to ensure the comfort of our riders. With your sponsorship, one of our therapy horses will take you on a guided tour of the arena courtesy of his four hooves.

♥ DONATE

#### HORSEPOWER

26659 Blue Sage Lane Suite 100  
Sioux Falls, SD 57106  
Ph: 605. 251.1685



#### E-NEWS SIGNUP

recieve the latest HorsePower news , events, & updates!

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## HORSEPOWER

26659 Blue Sage Ln. Suite 100  
Sioux Falls, SD 57106

Ph: 605. 251.1685

Fax: 605. 361.9126

Facebook:

[www.facebook.com/handiriders](http://www.facebook.com/handiriders)

Twitter:

[hp\\_pony](#)

## STAFF



### MATT GLASRUD, MBA

(with his friend, Legend)

Executive Director

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### SHAELA TEKRONY

(with her escort, Stormy)

Volunteer Coordinator & Office Administrator

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### RACHEL MARSHALL

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### MARISA DRAPER

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### TAMMY DOAN

(with her escort, Spanky)

Hippotherapist - Occupational Therapist

(605) 251-1685



### STORMY

Stormy Knight, VIP (Very Important Pony)

Social Media Consultant Extraordinaire

Twitter: [hp\\_pony](#)

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## VOLUNTEER!

Volunteers are required for all of the HorsePower programs and consist of two types - Leaders and Sidewalkers. All lessons are held Monday through Thursday between 8:30 am - 5:00 pm, and active volunteers must commit to at least one hour per week for an eight week session. HorsePower volunteers do not ride. Rather, they ensure hundreds of great rides for our very special participants!

## HORSEPOWER VOLUNTEER OPPORTUNITIES:

- ♥ **LEADERS:** Volunteers lead the horses while the participants ride during their lessons. Leaders must be at least 14 years old and have knowledge and experience with horses. The leader may be asked to halter the horses, lead and tie, help with tacking, and pick out the horses' feet. During the lesson, they maintain control of the horse to help with the rider's lesson and ensure their safety.
- ♥ **SIDEWALKER:** Volunteers walk alongside the horses while the participants ride during their lessons and offer support to the rider from the ground. Sidewalkers must be at least 14 years old and experience with horses is not necessary. The sidewalker helps the rider with grooming and tacking, and may be asked to help with mounting. During the lesson, they help the riders understand the tasks they are doing and offer encouragement, stimulation, and support.
- ♥ **CHORE HELP:** HorsePower relies on volunteers to help with cleanup and maintenance around the barn. Typically this is done after the last lesson of the day, concluding at 5:30 pm Monday through Thursday. Chore helpers clean stalls, fill water buckets, wipe down surfaces and sweep after the lessons have concluded. Horse experience and knowledge is not required.
- ♥ **WEEKEND CHORE HELP:** Volunteers are utilized for weekend horse care duties on Saturdays and Sundays. Weekend chore helpers feed horses, ensure waterers are functioning correctly, and alert staff to any inconsistencies and injuries. They may also bring horses in during inclement weather. Weekend chore helpers must have horse experience and knowledge.
- ♥ **SPECIAL EVENT/PROJECT HELP:** Volunteers may assist HorsePower with special events and special projects on an as needed basis. Needs are communicated through the HorsePower website, the HorsePower Facebook site and through text messages.



## TRAINING SESSIONS

*If you would like to volunteer, the next HorsePower Volunteer Training is: November 17th, 5:00 pm - 6:30 pm at the barn!*

November 2016 > [Sign up](#)

December 2016 > [Sign up](#)

January 2017 > [Sign up](#)

February 2017 > [Sign up](#)

March 2017 > [Sign up](#)

Get right to the fun part! Please print and fill out the Volunteer Application and bring the forms with you to the barn to expedite your volunteer experience.

## HORSEPOWER VOLUNTEER APPLICATION

## RETURNING AND LONG -TERM VOLUNTEERS:

Has it been a while since you volunteered? No problem! Volunteer Refresher Trainings are offered throughout the year in order to promote a safe and rewarding experience for our riders and volunteers. Long-term volunteers will be required to attend a Refresher course annually in order to keep an active volunteer status. At that time we will also ask you to update your personal and contact information as well as undergo an annual criminal background check. Notifications of upcoming sessions will be sent to volunteers as they are scheduled.

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