

NAOMI HOSFORD

SUMMARY

Hi! My name is Naomi Hosford. I am a highly motivated and dedicated individual with a strong work ethic and a commitment to excellence. Known for being hardworking and persistent in achieving goals while maintaining a focus on quality and efficiency. Demonstrates a strong ability to learn quickly and adapt to new challenges, continuously seeking opportunities for growth and improvement. A determined problem-solver who thrives in dynamic environments and is always eager to expand skills and knowledge to contribute to team success.

EXPERIENCE

Gymnastics Instructor

YMCA of the Foothills | La Canada Flintridge | October 2022 - August 2025

- Instructed gymnastics classes for various age groups at local community center.
- Ensured safety protocols were followed during all training sessions and activities.
- Provided constructive feedback to students to enhance performance and technique.
- Collaborated with fellow instructors to create a positive learning environment.

Head Summer Camp Counselor

Spartan Allstar Camp | La Cañada Flintridge, California | June 2025 - July 2025

- Supervised daily camp activities and ensured safety protocols were followed.
- Trained and mentored junior counselors in activity facilitation and safety procedures.
- Encouraged participation in physical fitness programs designed to promote healthy living habits.
- Created a fun atmosphere conducive to developing friendships among campers from diverse backgrounds.

Dishwasher

Sugarbird Sweets & Teas | Glendale, California | December 2023 - June 2024

- Maintained cleanliness of dishes and kitchen utensils throughout service hours.
- Sorted and organized clean dishes for easy access by kitchen staff.
- Assisted in maintaining overall kitchen sanitation standards and safety protocols.
- Collaborated with team members to manage busy service periods effectively.

CONTACT

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SKILLS

- Team collaboration
- Safety procedures
- Effective communication
- Training and mentoring
- Student assessment
- First aid and CPR certified
- Team leadership
- Creative mindset
- Positive reinforcement
- Program instruction
- Team-building activities
- Food safety oversight
- Health code compliance
- Troubleshooting skills

EDUCATION AND TRAINING

High School Diploma

La Canada High School, La Cañada Flintridge, CA
June 2025

Bachelor Of Science (BS)

Animal Science
University of Hawaii At Manoa,
Honolulu, HI

CERTIFICATIONS & LICENSES

State of California Food Handler Card

Y-HSI Basic Life Support/First Aid/O2 BL