

# NAOMI HOSFORD

## SUMMARY

Hi! My name is Naomi Hosford. I am a highly motivated and dedicated individual with a strong work ethic and a commitment to excellence. Known for being hardworking and persistent in achieving goals while maintaining a focus on quality and efficiency. Demonstrates a strong ability to learn quickly and adapt to new challenges, continuously seeking opportunities for growth and improvement. A determined problem-solver who thrives in dynamic environments and is always eager to expand skills and knowledge to contribute to team success.

## EXPERIENCE

### Gymnastics Instructor

YMCA of the Foothills | La Canada Flintridge | October 2022 - August 2025

- Instructed gymnastics classes for various age groups at local community center.
- Ensured safety protocols were followed during all training sessions and activities.
- Provided constructive feedback to students to enhance performance and technique.
- Collaborated with fellow instructors to create a positive learning environment.

### Head Summer Camp Counselor

Spartan Allstar Camp | La Cañada Flintridge, California | June 2025 - July 2025

- Supervised daily camp activities and ensured safety protocols were followed.
- Trained and mentored junior counselors in activity facilitation and safety procedures.
- Encouraged participation in physical fitness programs designed to promote healthy living habits.
- Created a fun atmosphere conducive to developing friendships among campers from diverse backgrounds.

### Dishwasher

Sugarbird Sweets & Teas | Glendale, California | December 2023 - June 2024

- Maintained cleanliness of dishes and kitchen utensils throughout service hours.
- Sorted and organized clean dishes for easy access by kitchen staff.
- Assisted in maintaining overall kitchen sanitation standards and safety protocols.
- Collaborated with team members to manage busy service periods effectively.

## CONTACT

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## SKILLS

- Team collaboration
- Safety procedures
- Effective communication
- Training and mentoring
- Student assessment
- First aid and CPR certified
- Team leadership
- Creative mindset
- Positive reinforcement
- Program instruction
- Team-building activities
- Food safety oversight
- Health code compliance
- Troubleshooting skills

## EDUCATION AND TRAINING

### High School Diploma

La Canada High School, La Cañada Flintridge, CA  
June 2025

### Bachelor Of Science (BS)

Animal Science  
University of Hawaii At Manoa,  
Honolulu, HI

## CERTIFICATIONS & LICENSES

State of California Food Handler Card

Y-HSI Basic Life Support/First Aid/O2 BL