

# **Ethos Research Literacy Confidence Rubric Publication V1**

## **Abstract**

This publication provides a structured synthesis for Ethos Research Literacy Confidence Rubric Publication V1, with claim-to-evidence framing and a validation path for downstream readers.

## **Keywords**

ethos, research, publication

## **Main Content**

# Research Literacy Quickstart + Confidence Rubric

Cohera Lab

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Thread: Ethos

## Abstract

This manuscript promotes an in-progress ethos research stream into a publication-ready synthesis. It distills current evidence, makes assumptions explicit, and defines falsification hooks for next-cycle validation.

**Keywords** ethos, synthesis, publication

## 1 Introduction

Research Literacy and Confidence Rubric · Cohera Lab Cohera Lab Home Research Cosmos Regeneration Ethos Publications Contact About Research Literacy Quickstart + Confidence Rubric  
Date: 2026-02-21 · Tags: ethos, epistemology, education, confidence · Confidence: high Summary This module defines a simple quality filter for all Cohera threads. It separates claims by evidence strength, marks uncertainty explicitly, and provides a repeatable paper-reading workflow. Quick paper-reading workflow Read abstract + conclusion first: what was actually tested? Check methods and sample constraints. Distinguish correlation vs intervention. Check if result has replication/systematic review support. Write one-sentence claim with confidence label. Confidence rubric (standard) High: converging evidence from reviews/meta-analyses or strong replicated primary data. Medium: plausible and supported by limited or mixed evidence. Low: early, speculative, or mostly conceptual; publish only as hypothesis. Common traps Single-paper overreach Mechanism inflation beyond data Confusing surrogate markers with outcomes Ignoring population/context limits Citations Guyatt et al. (GRADE framework) — <https://www.bmj.com/content/336/7650/924> Ioannidis (Why Most Published Research Findings Are False) — <https://journals.p>

## 2 Evidence and Claims

<https://doi.org/10.1371/journal.pmed.0020124> Cochrane Handbook (evidence synthesis standards) — <https://training.cochrane.org/handbook> Next iteration Add a per-thread checklist card so every digest visibly includes: confidence, citations, uncertainty, and known failure modes. Ethos module v1 · show your work, mark uncertainty.

## 3 Discussion

Discussion to be expanded in subsequent research cycles.

## **4 Validation Hooks**

- Verify central claims against primary paper and DOI source.
- Separate measured evidence from interpretation in final revision.
- Keep confidence conservative until corroboration is explicit.