NEWSLETTER

Seal Team Camp	Wisdom Trade-up	Look at all the new	Calendar
Enroll your 8 to 11 year old	Why are you diving a new	courses we offer	Don't miss all the
in a PADI Seal Team	Sherwood Wisdom 2 dive	from DAN!	happening at Blue Ocean
Camp this summer	computer. ²		Divers
Click here	Click here	Click here	<u>Click here</u>

WELCOME TO OUR APRIL NEWSLETTER

Spring is almost here! The Robins have arrived and you can watch baseball spring training on TV. All that activity means the dive season is just around the corner! Of course some of us are lucky enough to have jumped the season with a trip to Curacao or a stay aboard the AquaCat. We have our gear ready for the summer dive season, do YOU?

Do you have a little one who wants to be like you? Is your 8 to 10 year old already eyeing your dive equipment? Sign them up today for the summer PADI Seal Team program sponsored by the YMCA. Checkout the details at Summer Seal Team later in this newsletter.

It looks like we are going to Fiji next year and if the prices come in as planned we will be staying at the Paradise Taveuni on the island of Taveuni. Look for more details in our travel section.

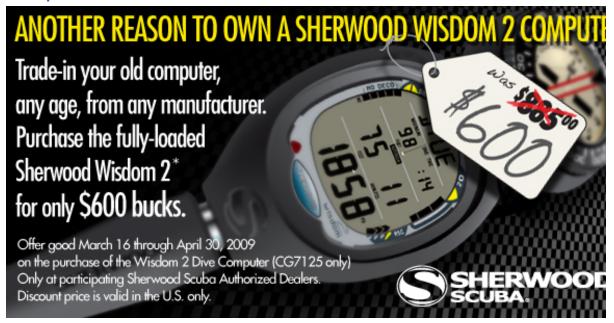
Happy Diving,

Mach10 Mike

Newsletter

News from the Dive Center

Trade up to a new Sherwood Wisdom



Scuba Challenge

If you missed this challenge you missed a great opportunity to have fun and learn an excellent skill. We had a fun group of divers eager to learn and some of the best teachers in the area for this challenge, Jim C., Tim F. and the knot nut Al R. We started 7 p.m. at the dive shop where Al started the night with knot tying and a few tricks. Then Jim and Tim displayed and demonstrated the lift bags, safety sausages and reels. We took a short trip to the pool and after some demonstrations on the safe use and techniques of the bags and reels, the divers practiced with the varied selection of bags and reels. At the end of the night each diver took turns deploying a bag and the winner of the challenge was Dale B who earned a reel and 6 foot safety sausage. What's a better way to spend a winter night than in the pool with fellow divers learning new skills and practicing old ones?

Hope to see you on April 17 for the dry suit challenge. If you always wondered how fellow divers stayed warm and dry in the cooler water sign up, take the challenge and find out. Contact the dive shop and Pat or Mike can sign you up so we know what size of dry suit to bring and fill you in on all the details. If you do not own your own equipment they have a special deal of renting whatever you need for the evening. Tanks and weights are provided for the evening.

SAFE DIVING

TOM R.

Gear up and GO!

Here is a great offer from Aqualung. Purchase a current Aqualung regulator, BCD and computer and Aqualung will send you a travel voucher good for up to \$1,550 off your next dive trip. Here is where you can go and what you can save!

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Save up to \$1,550 in Wakatobi*

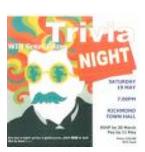
Save up to \$1,200 in Palau*

Save up to \$980 in Grand Cayman*

Save up to \$850 in Bahamas*

Contact us at Blue Ocean Divers for all the details.

Trivia Contest



Everyone that submitted an entry got both questions correct eventually. We finally have all of our e-mail and internet issues resolved. We are still getting a few entries with correct answers but without a name or eMail address. Don't forget to fill in your name, we can't pull your name out of the old dive hood if you don't include it!

Well, the names are in the old dive hood and the name is... Kat Palisi. So Kat, come on in to Blue Ocean Divers and a bottle mask defog.

How's your supply of mask defog? Go to our website and answer the 2 Trivia questions. Upon submittal you will be told if you found the correct answers to the questions. Your chances in the drawing will be based on the number of questions you answered correctly. If you answer both questions correctly you will have 2 chances in the drawing. If you

answer only one correctly you will get one chance in the drawing. Good Luck to one and all.

Educational Opportunities

Checkout our new training opportunities from DAN

Blue Ocean Divers can now offer you expanded training opportunities through Divers Alert Network. See what we can do for you now!



👿 🗑 Diving Emergency Management Provider Program

Learn the knowledge and skills from several courses into one single approach to dive emergency management. Sign-up for DEMP and get the 5th Specialty for FREE!



Oxygen First Aid for Aquatic Emergencies

This course trains non-divers and professional rescuers (such as lifeguards) to recognize near-drowning / submersion incidents and other aquatic medical emergencies and to provide basic life support including the use of oxygen first aid.



Advanced Oxygen First Aid for Scuba Diving Injuries

This advanced-level program is designed to train existing DAN Oxygen Providers to use the MTV-100 or a Bag Valve Mask while providing care for a non-breathing injured diver.



First Aid for Hazardous Marine Life Injuries

Serious hazardous marine life injuries are rare, but most divers experience minor discomfort from unintentional encounters with fire coral, jellyfish and other marine creatures. This course teaches divers to minimize these injuries and reduce diver discomfort and pain.

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Automated External Defibrillators for Scuba Diving

More than 10 percent of all dive fatalities are actually caused by cardiovascular disease, according to DAN dive accident and fatality statistics. This course teaches divers and other interested parties to provide care for sudden cardiac arrest including the use of an automated external defibrillator (AEDs).



On-Site Neurological Assessment for Divers

Learn how to conduct a neurological assessment on a potentially injured diver in this course. The information gained in this assessment can help convince a diver of the need for oxygen first aid, and help a dive physician determine the proper treatment.

Specialty of the Month

Want to keep your dive skills current? Do you want to learn more about our wonderful sport to better enjoy it? Blue Ocean Divers is taking a page from PADI and will be offering a Specialty of the month this year. We will do our best to match the PADI specialty each month. We will have to make minor concessions for our very "dive friendly" weather here in the Northeast.

Our April Specialty is Digital U/W Photography I. Plan now to join us on April 18th & 19th to learn all about underwater digital photography. We will meet at Blue Ocean Divers Saturday from 10 a.m. Until noon to go over camera basics and plan our pool dive. Sunday from 9 a.m. to 10:30 a.m. we will be in the West Family YMCA putting to practice all the skills we learned Saturday.

Don't have an underwater digital camera? No worries! Blue Ocean Divers has 2 cameras that can be rented for just a little bit more.

Seal Team Camp



Again this summer Blue Ocean Divers is teaming with the Broome YMCA to offer a PADI Seal Team camp this summer. The program will be Monday - Thursday mornings from 9 until noon. We will have 3 different camp weeks. The weeks are July 6 - 9, July 13 - 16 and July 20 - 23.

The PADI Seal Team is for young divers who are looking for action-packed fun in a pool by doing exciting scuba AquaMissions. The AquaMissions that your child may do include introducing them to wreck, navigation, buoyancy, underwater photography, environmental awareness and more.

Here's your chance to have your child do some cool stuff in the pool, meet friends and share in the adventure of the underwater world. The best part of

the Specialty AquaMissions is they reinforce safe diving skills while the kids are having fun. PADI Seals get to sample a wide variety of dives.

In addition, it provides parents with a structured program that lets their children develop skills, learn about the aquatic environment and have a lot of good, clean fun. This is also an excellent way to introduce kids to scuba diving before full Open Water Diver certification.

PADI Open Water Diver

Do you have a friend that you would like to see as your new dive buddy? Is their cabin fever at its breaking point? Are they looking for something that will get them thinking warm sunny thoughts? Enroll them now in our next PADI Open Water Diver course starting April 19th. This will be our last Sunday morning class for 2009. Once the dive season starts we will move our classes to Tuesday evenings.

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Emergency First Responder



If one of your loved ones suffered a heart attack, would you be able to provide CPR and rescue breathing until EMS arrived? If an AED were available, would you have the confidence to employ it? What if you came upon a car with downed power lines covering it, would you know what to do? Plan now to attend our Emergency First Response class scheduled for *April 25th*. This training is open to divers and non-divers alike. The course covers everything from basic first aid, CPR, rescue breathing, AED use, care for heart attack victims, cuts and bleeding, strokes, bone fractures and much more. Initial certification is \$95 which includes your textbook and all training and classroom materials including Personal Protective Equipment (PPE) used in the course.

PADI Rescue Diver Course

Do you feel comfortable with your dive equipment after your PADI Open Water certification? Are you understanding some of the different underwater environments after your PADI Advanced Open Water certification? Do you want to be able to help other divers if they begin to have difficulty? Then it's time for YOU to sign-up for the PADI Rescue Diver program! Our Rescue Class starts April 3rd and will have 3 academic & pool sessions before going to Dutch Springs on May 23rd. The day at Dutch Springs will be four rescue scenarios which complete your course training. Stop in today and sign-up!

The Unknown **Diver**

Hello Divers

Today a close friend stopped by for a quick visit. He and his young son were on their way to a local sport shop in pursuit of a new pair of spikes for the upcoming little league season. Organized sports are good for kids. We all know the benefits, teamwork, exercise, discipline, responsibility and others too numerous to mention, but you get the point. I would submit to you Scuba Diving offers these same attributes and the potential for much more. Teamwork. In diving we learn very quickly the importance of the buddy system. Exercise. While diving is not as strenuous as weight lifting or wind sprints it does require a level of fitness and swimming is a great low impact workout. Discipline. Every diver learns and understands the importance of playing by the rules. As the young diver progress through certification levels they will study and use elements of physics, physiology, chemistry, math and even history. Diving can be as simple or complex as one chooses. Technical diving with its equipment and exotic gas mixes is about a close to being an astronaut as you can get without strapping a solid rocket booster on your back. Additional dive related training includes First Aid, CPR, and AED use. Skills that may be called into use during any activity.

Consider introducing a youngster to our great sport. You just might end up with the next Jack / Jill Cousteau as your dive buddy. As always, Mike and Patty at **Blue Ocean Divers** will help you set the right course.

Learn More, Learn More often... (but never dive over your head)

"The Unknown Diver"

NEWSLETTER

Travel

Bay Island Beach Resort, August 1st - 8th



We are going to Bay Island Beach resort on Roatan to dive the Southwest end of the island. We are only a short drive away from the village of west end and the unique atmosphere it provides. Roatan has the canopy tours, zip lines and many other land attractions for the non diver. For the diver, this is the side of the island I'm told that you will find Frog Fish.

We will be staying 7 nights with 5 days of 3 tank boat dives. We will also do a boat night dive and we will have unlimited shore diving in Spooky

Channel. We will get 3 meals a day with coffee, ice tea and water included. Soda and alcohol are available for an additional charge.

We have 6 rooms. Four are in the Water's Edge Lodge and the remaining 2 are in the Beach Cabins. Prices are; \$1,060 pp/do for the Water's Edge Lodge and \$980 for the Beach Cabins. Air fare is not included but is running between \$550 and \$700 per person round trip. The airfare will just depend on where you fly out of and how early you are willing to get up.

6 of the 12 spots are already taken. A \$200 deposit will save you a place on this fun trip!

Fiji in the summer of 2010



We don't have all the details set in stone but we are well beyond the warm jello stage. Our package will include travel from the east coast to Fiji. Fiji is a 10 hour non-stop flight from the West Coast. We will be losing a day traveling there when we cross the international dateline. We will have all meals at the resort included along with 3 boat dives a day. Since there is always current around Fiji there is only limited (read that as poor) shore diving available. Hence the 3 dive a day package. If you want to bring your non-diving buddy there will be many activities for them to fill their days.

The itinerary is shaping up as a 10 day trip. We will leave on a Thursday afternoon and return on a Sunday after 7 full days of diving the most beautiful soft coral reefs in the world. This will be a smaller trip as I will be booking spots for 12 lucky and adventurous divers. If you are interested please stop by the dive

center and get your name on the interested list or drop ol' Mach10 an e-mail at information@blueoceandivers.com. There's no commitment on your part when we add you to the interested list. It'll just let us get you very timely information about the trip as it comes together.

St. Lawrence River



The trips to the "River" for 2009 are set. If you didn't get the chance to explore the local historical diving in the St. Lawrence River last year plan now to experience all that the Lawrence River has to offer. You can grow your dive skills by earning your PADI AOW while diving in the "River" or you are able to enjoy the many natural wonders and relaxing environment the St. Lawrence River has to offer. If you missed the fun we shared in 2008, plan now to join us in 2009.

Our trips in 2009 will be with Abucs Scuba doing three boat dives on Saturday, two boat dives on Sunday, lunch on Saturday and lodging Saturday night. You

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will be responsible for providing all of your own dive equipment including weights and three tanks. We will get air fills in Canada for Sunday. Of course, if your dive locker is a little lacking, Blue Ocean Divers can provide any equipment you are missing or a complete weekend package. The calendar has all the dates so mark your calendar NOW and don't miss a minute of the fun! The best fresh water dive destination in the USA is the St. Lawrence River, right here in our own backyard! Come and dive the St. Lawrence River.

Calendar

Date	Activity	
April 1st	Aprils fool's day!	
April 17 th	Scuba Challenge - Drysuits, signup to ensure proper sizes available	
April 18 th & 19 th	PADI U/W Digital Photography I	
April 24 th	AquaCat pre-trip party at Blue Ocean Divers	
April 25 th	Emergency First Responder	
April 25 th	BU AOW open water work at Dutch Springs	
May 2 nd	BU AOW open water work at Seneca Lake	
May 3 rd	PADI Rescue Diver Starts	
May 2 nd - 9 th	AquaCat Live-aboard, Bahamas (Full)	
August 1st - 8th	Bay Island Beach Resort, Roatan	
May 30 -31	Dutch Springs Open Water weekend	
July 11 - 12	Dutch Springs Open Water weekend	
August 22 - 23	Dutch Springs Open Water weekend - Light Tech, come and see	
October 3 - 4	Dutch Springs Open Water weekend	
October 24 - 25	Dutch Springs Open Water weekend	
June 13 - 14	St. Lawrence River trip with Abucs Scuba	
July 4 - 5	St. Lawrence River trip with Abucs Scuba	
July 25 - 26	St. Lawrence River trip with Abucs Scuba	
August 15 - 16	St. Lawrence River trip with Abucs Scuba	
September 5 - 6	St. Lawrence River trip with Abucs Scuba	
October 17 - 18	St. Lawrence River trip with Abucs Scuba	
November 4 - 7	DEMA, Orlando, FL	

Store Hours

Monday - Friday Noon until 8:00 p.m.

Saturday 9:00 a.m. until 5:00 p.m.

Sunday Closed