

11 66 Athletic Equipment

11 66 13 – Exercise Equipment

11 66 13.10 Physical Training Equipment

		Crew	Daily Output	Labor-Hours	Unit	Material	2022 Bare Costs Labor	Equipment	Total	Total Incl O&P
0800	Maximum	2 Clab	.75	21.333	Set	14,500	975		15,475	17,400
0820	Dumbbell set, cast iron, with rack and 5 pair					1,350			1,350	1,500
0900	Squat racks	2 Clab	5	3.200	Ea.	800	146		946	1,100
1200	Multi-station gym machine, 5 station					8,000			8,000	8,800
1250	9 station					10,000			10,000	11,000
1280	Rowing machine, hydraulic					2,625			2,625	2,875
1300	Treadmill, manual				Ea.	3,000			3,000	3,300
1320	Motorized					4,125			4,125	4,550
1340	Electronic					3,975			3,975	4,375
1360	Cardio-testing					8,000			8,000	8,800
1400	Treatment/massage tables, minimum					525			525	580
1420	Deluxe, with accessories					810			810	890
4150	Exercise equipment, bicycle trainer					1,200			1,200	1,325
4180	Chinning bar, adjustable, wall mounted	1 Carp	5	1.600		241	90		331	400
4200	Exercise ladder, 16' x 1'-7", suspended	L-2	3	5.333		1,400	266		1,666	1,950
4210	High bar, floor plate attached	1 Carp	4	2		350	113		463	555
4240	Parallel bars, adjustable		4	2		1,625	113		1,738	1,975
4270	Uneven parallel bars, adjustable		4	2		4,050	113		4,163	4,625
4280	Wall mounted, adjustable	L-2	1.50	10.667	Set	975	530		1,505	1,875
4300	Rope, ceiling mounted, 18' long	1 Carp	3.66	2.186	Ea.	208	123		331	410
4330	Side horse, vaulting		5	1.600		1,700	90		1,790	2,000
4360	Treadmill, motorized, deluxe, training type		5	1.600		4,150	90		4,240	4,700
4390	Weight lifting multi-station, minimum	2 Clab	1	16		310	730		1,040	1,425
4450	Maximum	"	.50	32		15,200	1,450		16,650	18,900

11 66 23 – Gymnasium Equipment

11 66 23.13 Basketball Equipment

0010	BASKETBALL EQUIPMENT									
1000	Backstops, wall mtd., 6' extended, fixed, minimum	L-2	1	16	Ea.	2,000	795		2,795	3,400
1100	Maximum		1	16		2,100	795		2,895	3,500
1200	Swing up, minimum		1	16		1,575	795		2,370	2,950
1250	Maximum		1	16		3,675	795		4,470	5,250
1300	Portable, manual, heavy duty, spring operated		1.90	8.421		14,200	420		14,620	16,200
1400	Ceiling suspended, stationary, minimum		.78	20.513		3,925	1,025		4,950	5,825
1450	Fold up, with accessories, maximum		.40	40		6,225	2,000		8,225	9,825
1600	For electrically operated, add	1 Elec	1	8		2,600	530		3,130	3,625
5800	Wall pads, 1-1/2" thick, standard (not fire rated)	2 Carp	640	.025	S.F.	132	1.41		133.41	147

11 66 23.19 Boxing Ring

0010	BOXING RING									
4100	Elevated, 22' x 22'	L-4	.10	240	Ea.	6,375	12,900		19,275	26,400
4110	For cellular plastic foam padding, add		.10	240		1,275	12,900		14,175	20,800
4120	Floor level, including posts and ropes only, 20' x 20'		.80	30		5,000	1,600		6,600	7,925
4130	Canvas, 30' x 30'		5	4.800		1,525	258		1,783	2,075

11 66 23.47 Gym Mats

0010	GYM MATS									
5500	2" thick, naugahyde covered				S.F.	4.39			4.39	4.83
5600	Vinyl/nylon covered					9.05			9.05	9.95
6000	Wrestling mats, 1" thick, heavy duty					4.94			4.94	5.45