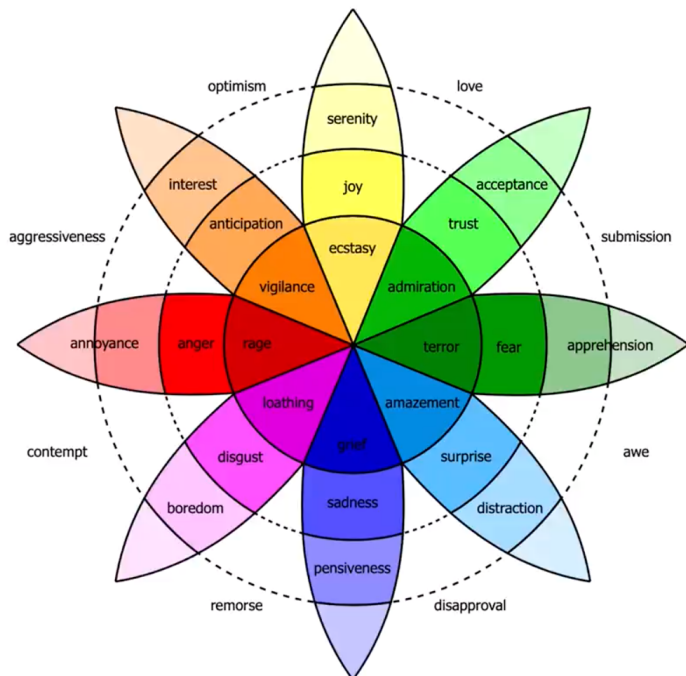# The Best Way to Track and Care For Your Mental Health!

Input the range of emotions you are feeling each day and compare them to past days.

See how you are truly doing and get recommendations on what you can do to get better!

Find Out More!

Group 1:
Ritvik Biswas, Ariela Chomski, Sabian Corrette, Bracha 'Brooke' Getter, Joshua Hymowitz, Suraj Sanyal, Louis Shinohara, Ajay Vejendla

Check Out Our Website:
https://therappy.rutgers.edu/

The Faces Behind therAPPy

**Rutgers University
Software Engineering 14:332:452**
Spring 2020

DEMO 1: APRIL 1ST, 2020

therAPPy

TAKE YOUR MENTAL HEALTH INTO YOUR OWN HANDS

LoginScreen

therAPPy

Email...

Password...

Forgot Password?

LOGIN

Create Account

Our Goal:

Have you be in control of how you are doing and feeling.

Get you motivated to be the best you that you can be!

We aim to give you better control of your mental health.

Our Features:

PERSONAL REPORTING

You can into to the app and report how you are doing and feeling. Just select from the color flower and we will keep track of your data.

RECOMENDATIONS

Based on your past inputted data and what you are geographically close to, we will create a recommendation just for you! Maybe take a walk, maybe go to a class, maybe connect with some friends near by.

EMERGENCY REPORTING

If we are really concerned about you we will contact your mental health professional and your emergency contact.

Our app is here for you and so are we!