Designing for users on the autistic spectrum

Do

* use simple colours
* write in plain English
* use simple sentences and bullets
* make buttons descriptive - for example, Attach files
* build simple and consistent layouts

Don't

* use bright contrasting colours
* use figures of speech and idioms
* create a wall of text
* make buttons vague and unpredictable - for example, Click here
* build complex and cluttered layouts