

Screen early. Screen annually.

If you're between 45 and 75 years of age and at average risk*, you should be screening annually with OC-Auto® FIT



Need more information?

Visit cancerscreens.com for additional details and resources.

OC-AUTO® FIT
by Polymedco

Annual colon cancer screening can save your life

2nd

Colon cancer has the **second-highest death rate** among cancers¹

90%

If detected at an early stage, **90% of all colon cancer deaths are preventable**²

45 or older?

It's time to get screened!

Guidelines from leading health organizations recommend screening beginning at age 45 for average-risk adults.³⁻⁵



Effective, early detection

OC-Auto FIT is an at-home, noninvasive screening solution that looks for non-visible blood in the stool. For individuals over the age of 45 at average risk*, regular screening may help find signs of the disease before symptoms appear, allowing patients to get treatment early, and when survival rates are higher.

Screening with OC-Auto FIT is easy, private, and mess free.



Easy at-home test



No preparation, restrictions, or special diet required



No changes to medication required



Checked annually, similar to breast and prostate cancer screening

90%

of users said OC-Auto FIT was simple or very easy to use⁶

Easy at-home screening in 3 simple steps



STEP 1

Take FIT from the privacy of your home

- Fill out the label with the date and your information
- You **MUST** properly label your sample with your name, date of birth, and date collected
- Deposit sample onto in-toilet collection paper
- Use the sampling wand to collect a small amount of sample
- Seal sample container inside envelope



STEP 2

Return your sample

- Use the provided mailing envelope to return the test through the US Postal Service OR return to your healthcare provider OR the lab as instructed
- Return your sample immediately, or within 24 hours of collection



STEP 3

Receive results

- Your healthcare provider should contact you with your results within a couple of weeks
- If any blood is found in your stool, your doctor will recommend some other tests
- If no blood is found, you will repeat the test after one year

Mark your calendar!

It's important that you return your OC-Auto FIT kit **on time**.



TIP:

Tear off this reminder sheet to help you stay on schedule.

Keep it somewhere you regularly post reminders, such as on the refrigerator or near your calendar.

Make a plan

Mark the date you will return your kit and stick to it. **Remember, screening saves lives!**

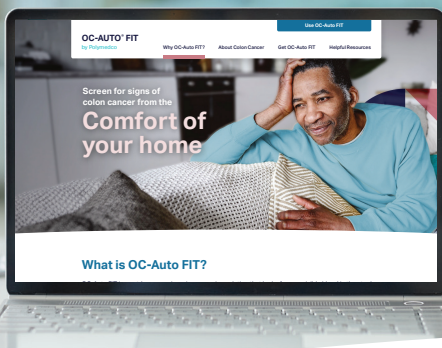


Patient resources and support



Scan QR code

for educational videos,
test instructions, and more.



*Professional guidelines recommend regular colon cancer screening for all average-risk adults ages 45–75.^{1–3} For screening purposes, you are at average risk of colorectal cancer if you do not have a personal history of colorectal cancer or certain types of polyps; a family history of colorectal cancer; a confirmed or suspected hereditary colorectal cancer syndrome, such as familial adenomatous polyposis (FAP) or Lynch syndrome (hereditary nonpolyposis colon cancer or HNPCC); a personal history of inflammatory bowel disease (ulcerative colitis or Crohn's disease); or a personal history of abdominal or pelvic radiation for a previous cancer. Talk to your healthcare provider if you are not sure if you are at average or increased risk of colorectal cancer.⁷

References: **1.** US Preventive Services Task Force, Davidson KW, Barry MJ, et al. Screening for colorectal cancer: US Preventive Services Task Force recommendation statement. *JAMA*. 2021;325(19):1965–1977. doi:10.1001/jama.2021.6238 **2.** Shaukat A, Kahi C-J, Burke CA, et al ACG clinical guidelines: colorectal cancer screening 2021. *Am J Gastroenterol*. 2021;116(3):458–479. doi:10.14309/ajg.0000000000001122 **3.** Rex DK, Boland CR, Dominitz JA, et al. Colorectal cancer screening: recommendations for physicians and patients from the U.S. Multi-Society Task Force on Colorectal Cancer. *Am J Gastroenterol*. 2017;112(7):1016–1030. doi:10.1038/ajg.2017.174. **4.** Colorectal cancer facts & figures 2023–2025. American Cancer Society. Accessed January 25, 2023. <https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/colorectal-cancer-facts-and-figures/colorectal-cancer-facts-and-figures-2023.pdf> **5.** Tepus M, Yau TO. Non-invasive colorectal cancer screening: an overview. *Gastrointest Tumors*. 2020;7(3):62–73. doi:10.1159/000507701 **6.** Data on file with Polymedco, Inc **7.** Wolf AMD, Fontham ETH, Church TR, et al. Colorectal cancer screening for average-risk adults: 2018 guideline update from the American Cancer Society. *CA Cancer J Clin*. 2018;68(4):250–281.

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