

Keep Flippin' Presents

Dreamscapes

The 16th Annual Gymnastics and Apparatus Revue



Saturday, April 25, 2009 - 6:00 pm
Sunday, April 26, 2009 - 2:00 pm

Eissey Campus Theatre - Palm Beach Gardens
Directed by: Daryl Sue • Choreography: Daryl Sue & Coaches



Circle of Life

Elton John

From the day we arrive on the planet
and blinking, step into the sun
there's more to be seen that can ever be seen
more to do than can ever be done . . .
Some of us fall by the wayside
and some of us soar to the stars
and some of us sail through our troubles
and some have to live with the scars
There's far too much to take in here
more to find than can ever be found
But the sun rolling high
through the sapphire sky
Keeps great and small on the endless round . . .

In the circle of life
It's the wheel of fortune
It's the leap of faith
It's the band of hope
Till we find our place
On the path unwinding
In the circle - circle of life

- In loving memory of Marilyn Nichols -



The leader of the band is
tired and his eyes are
growing old
But his blood runs through
my instrument
And his song is in my soul
My life has been a
poor attempt to imitate
the man
I am just the living legacy
of the
Leader of the Band



In loving memory of
Leslie Nichols

A very special Thank You!

ACKNOWLEDGMENTS

L.G Nichols Co.

Charles "T"

Brian & Maria Carlton

PIP Printing - NPB

Scott & Lyara Tesoriere

SHOW TEAM Parents

Alicia "Wonder Woman" Quick

Kathy "Wonderful" Myers

Angel & Marlene Cantu

C.R. Cooper, CPA

Peter Ray, Esq.

Morgane Rayne

BJ Kelly

Lexi and Brooke Fishman

Rachel, Hannah and Maya Milstein

Kacie Muelas - Artist Extraordinaire

and especially ...

Our creative and
supportive
parents for their props,
time and caring

A Very **BIG THANK YOU**
to the Eisse Theatre Crew
for an outstanding
professional job!
Thanks

Listen

(To our wonderful gymnasts from your dedicated coaches)

Listen to the MUSTN'Ts, child,

Listen to the DON'Ts

Listen to the SHOULDN'Ts,

The IMPOSSIBLES, the WON'Ts.

Listen to the NEVER HAVES;

Then-listen to me:

ANYTHING can happen, child,

ANYTHING can be.

adapted from "Where The Sidewalk Ends",
by Shel Silverstein

KEEP FLIPPIN!!

We are so proud of you!



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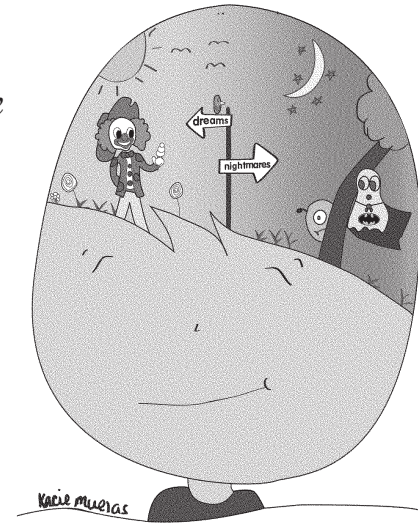
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Welcome to: Dreamscapes

*"...a place that perhaps you've
seen in your dreams"*



SATURDAY, APRIL 25TH

OPENING:

Morgane & Jessica

Team-Calabria

Numbers

Circus

Team-Elvis

Animals

Nightmare Before Christmas

INTERMISSION

Team-Don't Stop Me Now

Our Special Friends

Western

Ghosts

Team-Dance Dance

Candy

Twilight

Superhero-Adult & Coaches

SUNDAY, APRIL 26TH

OPENING:

Morgane & Jessica

Team-Calabria

Colors

Monsters

Team-Elvis

Nightmare Before Christmas

INTERMISSION

Team-Don't Stop Me Now

Our Special Friends

Spy

Team-Dance Dance

Story

Superhero-Adult & Coaches

USA & PRESENTATION OF TROPHIES

USA & PRESENTATION OF TROPHIES

The Gymnasts:

ANIMALS

Ainsley Boyd
Mikaela Boyd
June Burchette
Cierra Cluxton
Brooke Fishman
Lexi Fishman
Olivia Hassler
Taylor Hernandez
Brianna Hockman
Haley Howarth
Lana McCloskey
Hannah Milstein
Megan O'Rourke
Zoe Primack
Sydney Santoro
Alyssa Schoettle
Claire Scozzari
Stella Vasilopoulos
Mia Webster

CANDY & ICE CREAM

Lucia Ayala
Debra Baldwin
Mia Baltrun
Kendall Beland
Jordan Borenstei
Kaitlyn Cirullo
Madison DeGennaro
Samantha Fuller
Carly Griffith
Callie Hambuechen
Ashley Hearn
Riley Hearn
Macayla Hermesman
Maya Herran
Hanna Hilcoff
Zoe Hilcoff
Alice Jacobson
Krystal McGee
Kiki Montgomery
Grace Owosina
Stella Parnevik
Angela Rojas
Cara Shapiro
Lia Shapiro
Chelsea Siebeneck
Alyssa Wenzel
Sarah Wenzel

CIRCUS

Coraleigh Calcaterra
Estefania Campos
Trenton Cirullo
Elizabeth Dudden
Jarren Dudden
LeeAnne Grunow
Cade Harrington
Conall Harringt
Justin Kelefas
Kaitlyn Key
Lauren Miles
Gabby Resnick
Colin Torbus
Morgan Torbus
Christopher Zimmet

COLOR

Ana Bauder
Lauren Bauder
Julia Brody-Barre
Brianna Hockman
Alianna Jones
Makenzie Ranger
Gabby Resnick
Alyssa Schoettle
Claire Scozzari

GHOST

Hannah Askew
Brianna Borland
Kendall Borland
Caitlyn Calcaterra
Madeline Faller
Aryal Fette
Sophia Helene
Ashley Marcantonio
Kayla Marcantonio
Holly Owens
Abby Parratto
Samantha Southwood
Isabella Vega

MONSTERS

Audrey Brown
Chandler Brown
Mary Brown
Tatyanna Caputo
William Cazanaz
Jenna Corwin
Gabrielle Cox
Mason Domino
Alexis Gensic
Michael Golden
Peyton Marion
Emily McKenzie
Marion McKysie
Maya Mills
Matthew Myers
Emma O'Hare
Mariano Ojeda
Nicholas Pappas
Mikenna Quigley
Frida Reyes
Chloe Rutstein
Juliet Schneider
Chelsea Siebeneck
Nelly Tran

NIGHTMARE BEFORE CHRISTMAS

Andrea Allen
Jeri-Anne Alvarez
Lois Arasim
Martha Arasim
Haley Barrett
Julia Brody-Barre
Gabriella Brown
Mia Brunson
Katie Brush
Joy Burckbuchler
Milann Cox

Nevada Cox
Camila "Mimi" Cucalon
Valery Cucalon
Vada Czajka
Edie Dale
Maryah Dinane
Alexandra Doehnert
Ariana Foster
Amber Gatto
Hannah Halsey
Kristen Henderson
Christine Hickman
Skylar Hines
Julia Jenkins
Amber Keyser
Autumn Keyser
Crystal Khuc
Elisabeth McCray
Maya Milstein
Kacie Muelas
Lauryn Nowicki
Nicole Osetek
Dominique Petrarca
Alyssa Rojas
Dylan Saunders
Megan Saunders
Christina Sconzo
Mia Slover
Zeo Stockman
Chantelly Vasco
Ryan Yule

NUMBERS

Mikaela Boyd
Daniela Brumer
Mia Brunson
Cameron Clark
Camila ("Mimi") Cucalon
Valery Cucalon
Isabella DeRosa
Olivia Fasulo
Olivia Hassler
Brianna Hockman
Annie Kreshpane
Elizabeth Kreshpane
Julia Lindley
Madeline McCabe
Mattea Neiderhouse
Megan O'Rourke
Kaitlynn Partridge
Makenzie Ranger
Claire Scozzari
Chelsea Siebeneck
Sarah Wachtman
Haley Young

SPY

Dominic Altringer
Laurence Andrews
Katie Berndt
Tyler Berndt
Sam Birdsong
Kaiya Black
Abigail Bozzuto
Blake Breidenstein
Tanner Breidenstein
Abigail Browning
Lily Greever

Kenny Hauck
Spencer Holden
Hunter Isley
Nicholas Lauer
Elena Lavoll
Isabella Lavoll
George Matthews III
Megan Palmieri
Alexander Popovics
Dominic Quick
Logan Quick
Trinity Quick
Michael Robinson
Mikey Scala
Sam Stitsky
Nelly Tran
Ashley Wilkins

STORYTIME

Carleigh Alfrey
Brittany Anderson
Iliana Andrade
Cameron Barkely
Angela Berman
Marina Collins
Jessica Durchholz
Hannah Evans
Lindsey Fine
Brooke Fishman
Lexi Fishman
Grace Flatscher
Molly Fried
Samantha Fried
Alexandra Goldman
Annika Hickman
Emily Holland
Carly Johnson
Delaney Johnson
Allison Kleinfeld
Madison Krieger
Dylan Lugosi
Tori Maxwell
Aalivea McCloskey
Rachel Milstein
Alexis Murrow
Danielle Murrow
Savannah Myers
Zoe Primack
Frida Reyes
Claire Scozzari
Lindsey Spack
Logan Stein

SPECIAL FRIENDS

Kaitlyn Parsons
Michael Torres

TEAM

Brittany Anderson
Haley Barrett
Collin Keating
BJ Kelly
Amber Keyser
Kacie Muelas
Savannah Myers
Alicia Quick
Morgane Rayne
Megan Saunders

PRE-TEAM

Julia Jenkins
Alexis Murrow
Ryan Yule

Courtney Whelan
Charlie Wilson
Hero – Tatyanna Caputo

TWILIGHT

Danielle Borenstein
Laura Cochran
Jacey Crowley
Allison Drew
Alison Eckerle
Ciara Gregory
Brianna Hauck
Caroline Keating
Maddie Leibowitz
Amber Rutstein
Leah Stitsky

WESTERN

Kaylee Cohan
Bradley Cohen
Gabrielle Cohen
Charli Cowley
Madalyn Davis
Kelly Denes
Jax Faller
Lauren Gherardi
Zachary Gherardi
Callie Goolgasian
Chloe Greenberg
Courtney Greenberg
Jessica Jaramillo
Hannah Johnson
Thomas Martin
Aiden Pinto
Veronica Roman
Sophia Scherzer
Olivia Stein
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*Our very Special Thanks and Heartfelt appreciation to our
wonderful friends at the Eissey Campus Theatre -*

We'll never forget your kindness and assistance.

Nancy Denholm,
Theatre Manager

Bob Woods

Chris Bell, Music Director



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Team: Alicia, Amber, Brittany, BJ, Collin, Haley, Kacie, Lyara, Megan, Morgane, Savannah
Pre-Team: Alexis, Julia, Ryan

Always Reach for the Stars!



Rachel, Hannah, & Maya,
We are so proud of you!
Love, Daddy and Mommy

Thank you Keep Flippin' for a great year!

The Coaches:

Daryl Sue Tesoriere - USGF, AGSAA, is a former Pan Am Competitor, with a dance and theatre background. She is a founder of the "Rebounders" gymnastic exhibition team that performed throughout the Northeast and was invited to perform at the New York World's Fair. Daryl Sue has also been an aerobics instructor for 21 years with a background in Physical Education and Special Education. She studied sports medicine and kinesiology and applies the methods to all her exercise and gymnastic work. As the southeast representative for SPRI Inc., she traveled extensively to promote the use of aerobic tubes and bands for different health clubs and studios, as well as a "SPRIercise" Fit Program for school children. She is AFAA certified and is a well-known personal trainer throughout Palm Beach County. She will continue to travel to promote the new "Keep Flippin'" franchises.

Alicia Cantu Quick - Alicia is a Florida Native. She has been coaching gymnastics for 19 years throughout the state. Alicia is the director of the Keep Flippin' gymnastics program and the Vice President of the Gymnastics Franchise. She was one of the original Keep Flippin' gymnastics exhibition team members, "The Jupiter Challengers". She received a cheer-leading scholarship from the NCA to the University of Florida. She is a second degree black belt and has studied Pangai - Noon karate for nineteen years. She was ranked 1st in the state of Florida for Women's Black Belt. Alicia volunteers for Jupiter Elementary School and ABC Montessori weekly. Alicia enjoys volunteering for her church, working out with Morgane, fishing with her dad, shopping with her mom and most of all playing with her two handsome boys (Dominic and Logan) and beautiful girl (Trinity). Alicia married her high school sweetheart, Eric, and has been married 12 wonderful years.

Morgane Rayne - Morgane has loved every minute of the past 15 years that she has been with Keep Flippin' Gymnastics. Now on her 6th year coaching she will be spending this summer in Le Pouliguen France interning at a gymnastics club in order to learn French gymnastics terminology. She is currently a student at Palm Beach Community College, but will be transferring to Florida Atlantic University very soon. Once graduated she plans on moving to France and owning her own Keep Flippin' Gymnastics franchise. This is Morgane's 8th year performing with the SHOWTEAM. When not at Keep Flippin' you can usually find her performing, working out with Coach Alicia, biking, snorkeling, going out on the boat, baking, playing racquetball, kayaking and simply making stuff.

BJ Kelly - Coach BJ has been doing gymnastics for over 23 years and has been with Keep Flippin' as a coach since he moved to Florida over six years ago. While he has had a variety of day jobs since moving to Florida, BJ has always found time to coach classes and to coach and participate with the Keep Flippin' Show Team. Even now, as a Mac Genius (computer technician) at the Apple Store in the Gardens Mall, BJ always makes time to do what he truly enjoys...tumbling and coaching.

Kaitlyn Chumney - Born and raised in Jupiter, Kaitlyn graduated from Jupiter High School in 2007. At the end of June she will have graduated from Palm Beach Community College with her Associates degree. In the fall she will be transferring to a state university majoring in pre-med. A majority of her spare time is spent on the water, either on the boat or at the beach. Kaitlyn has been coaching at Keep Flippin' since February 2007. However, she has been involved in gymnastics since she was six years old. Coaching at Keep Flippin' has taught Kaitlyn a great deal of patience and a new found respect for her parents.

Michelle Stitsky - Michelle began coaching with Keep Flippin' in July of 2007; she loves working with the children. Michelle also practices yoga, stand-up paddleboarding and runs on the beach with her golden retriever. Michelle lives in Juno Beach with her husband Lorne of sixteen years and their two children, Leah and Sam.

Ryan Scott - Ryan has lived in Jupiter his entire life. He enrolled in 3-D diving at the ripe, old age of seven and competed state wide for four years. Ryan started gymnastics in the fall of 2008. Recently, he started coaching at Keep Flippin'. When he is not tumbling, Ryan enjoys being outdoors and participating in debate tournaments.

Scott Tesoriere - Scott received his Bachelors and Masters at Florida State University. He is currently the tech director for Keep Flippin' Franchise. He also coaches and will be establishing new gyms. Scott enjoys surfing and traveling to exotic locales. He also designs websites; contact him at scott@keepflippin.com.

The Coaches:

Mattie Myers - Mattie is a junior at Jupiter High School and is dual enrolling at PBCC. After graduating, she hopes to attend the University of Florida. She has been working at Keep Flippin' for a year and a half and was a student for many years prior. In her spare time, Mattie enjoys going on the boat, going to the beach, fishing, mudding and just spending time with her friends.

Jessica Bourque - This is Jessica's second show with Keep Flippin'. She is currently attending Palm Beach Community College and is also employed at Thirsty Turtle. She is transferring to Louisiana State University in the fall to work on her teaching degree in Elementary education. In her spare time she likes the beach and hanging out with people. She loves gymnastics and fishing...she also likes writing these cool bios.

Jessica Sweeb - Jessica is going to be a senior at Jupiter High School and then hopefully going to the University of Florida. She hopes to become an orthodontist. She thoroughly enjoys working at Keep Flippin' and hopes she can work here for a while. While not at Keep Flippin' she enjoys spending her days at the beach, doing anything outside and drawing.

Anthony Maffei - Anthony is seventeen years old and attends South Fork High School. He is currently involved in the IB program and is an honor student. He is a member of the track team at his school and loves it! He enjoys spending time at the beach, movies and the mall. He especially loves working at Keep Flippin'.

Sara Lane - Sara is 15 years old and is currently attending Dwyer High School. She loves cheerleading. She began cheering at the age of five in Tallahassee, Florida. She continued with Mustang cheerleading when she moved to Jupiter in the fourth grade. Through cheerleading is how she became associated with Keep Flippin'. In seventh grade Sara moved to Auburn, Alabama where she continued tumbling, cheerleading and aspiring to be like the Auburn University cheerleaders. Shortly after, she returned to Tallahassee to begin her freshman year of high school. During her freshman year Sara participated in Navy JROTC. Through her sophomore year she did JV cheerleading. In January 2009 she moved back to Jupiter and began attending classes at Keep Flippin' and shortly after became part of the coaching staff.



**We are
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SPECIAL GYMNASTIC VIDEO NOTICE



Parents! It is a strict policy of the Eissey Campus Theatre in Palm Beach Gardens, to absolutely prohibit patrons from using video and cameras in the auditorium during the performance. Only an authorized videographer is permitted to tape the show. We are very fortunate again this year to have Lightning Videos provide us with a professional broadcast quality video. They are very well known for their excellent work and we were able to obtain their services.

☆ Our #1 Superstars ★

Macayla, You will always be our shining star. Love, Aunt Becky, Uncle Jeff, Colby and Kerrington

**Macayla, We love you with all our heart. Bless all you do.
Love, Papa and Nanna**

Macayla, We are very proud of you. Love you always.
Love, Daddy, Mommy, Tristain and Sawyer

Kayla Bug,

We wish you the best of luck. Love, Aunt Tabby, Chloe, Seth and Kimber



*To my Dominic, Logan and Trinity,
I love to see you laugh and play,
I love to see you as you pray,
I thank God every day,*

*That he has BLESSED ME in this way,
As the three of you perform tonight,
I will watch as my heart melts in delight,
There is only one more thing I have to say,
"Keep reaching for the stars and ultimately they will be yours,
And above all things BELIEVE in yourself,
For you are as AMAZING as the stars themselves."
You are My Life, My Love, My DoLoTri
God Bless You
Love, Mom and Dad*

To our Kacie:

**Through the years of your young life, with your wisdom,
natural beauty, charisma and positive energy, you have
become the beautiful person you are today. Continue the
path you are on and the DREAM you seek will become
your most wonderful reality. Always live your light.**



**Love,
Mom, Dad & Keith**

*For Alicia,
I've heard it said
That people come into our lives for a reason
Bringing something we must learn
And we are led
To those who help in return
Well, I don't know if I believe that's true
But I know I am who I am today
Because I knew you
Like a comet pulled from orbit
As it passes a sun
Like a stream that meets a boulder
Halfway through the wood
Who can I say if I've been changed
for the better?
But because I knew you
I have changed for good
Love, Dar*



**Great Job
Alianna!
Love Poppy
and Calvin**

*Way to Go
Emily!
We Love You!
Mom, Dad &
Jessica*