

2021 SPRING LAKES GOLF CLUB

MEN'S EXTREME GOLF CAMP

Gentlemen, your perfect day awaits; we will work exclusively on your golf game all day long under the watchful eye of your PGA Professional. This program is designed to deliver you a premium one on one golf instructional experience totally focused on you for the whole day. The day's program will touch on every aspect of your game, from pre game preparation, playing to your strengths, improving on your weaknesses and helping you to understand how to maximize your body, mind and game.

We will assess, discuss and review your basic swing fundamentals, review your equipment, understand your goals and golf aspirations and create a personal plan for YOU. You will be provided with valuable take-home tools which will help you to self diagnose and to enact self correcting measures when you play all of which are easily understood and implementable.

Date: Friday, July 9th
Time: 8:00am – 5:00pm

Your days schedule:

8:00am - 9:00am	Breakfast & program introduction <i>Personal golf goals and strategies to achieve them</i>
9:00am - 10:00am	Putting “Learn the tips and tricks from the PGA Tour” <i>Sound drills and skills that deliver results</i>
10:00am - 11:00am	The “Art of Scoring” Master your 100 yard game, chipping, pitching, sand play <i>Ensuring your shot selection and equipment deliver the best results</i>
11:00am - 12:00pm	Driving range analysis and overall game review <i>Understanding your strengths and improving upon your weaknesses</i>
12:00pm - 1:00pm	BBQ lunch and “craft beer” tasting
1:00pm - 3:00pm	(Athleticism & Balance) = (Consistency & Distance) & (SWOT) <i>Technology based Swing Analysis</i>
3:00pm - 5:00pm	Taking your game to the golf course <i>Course management strategies and tactics for better scoring</i>
5:00pm	Debrief with beverage tasting with appetizers

MEN'S EXTREME GOLF CAMP

REGISTRATION FORM

Price per person \$ 375.00 plus HST

Name: _____

Telephone: _____

Email: _____

Email this registration form to **shayne@springlakesgolf.com**
Shayne Dysart, Head Professional, Spring Lakes Golf Club,
(905) 640-3633, ext **236** or text your registration confirmation to
my cell **(905) 505-1063**.