

# 2022

## Spring Lakes Golf Club

### Men's Extreme Golf Camp

Gentlemen, your perfect day awaits; we will work exclusively on your golf game all day long under the watchful eye of your PGA Professional. This program is designed to deliver you a premium one on one golf instructional experience totally focused on you for the whole day. The day's program will touch on every aspect of your game, from pre game preparation, playing to your strengths, improving on your weaknesses and helping you to understand how to maximize your body, mind and game.

We will assess, discuss and review your basic swing fundamentals, review your equipment, understand your goals and golf aspirations and create a personal plan for YOU. You will be provided with valuable take-home tools which will help you to self diagnose and to enact self correcting measures when you play all of which are easily understood and implementable.

**Date: Friday, July 8<sup>th</sup>, time 8:00am – 5:00pm**

**Your days schedule:**

8:00 am – 9:00	Breakfast & program introduction <ul style="list-style-type: none"><li>• Personal golf goals and strategies to achieve them</li></ul>
9:00 am – 10:00	Putting “Learn the tips and tricks from the PGA Tour” <ul style="list-style-type: none"><li>• Sound drills and skills that deliver results</li></ul>
10:00 am – 11:00	The “Art of Scoring” Master your 100 yard game, chipping, pitching, sand play <ul style="list-style-type: none"><li>• Ensuring your shot selection and equipment deliver the best results</li></ul>
11:00 am – 12:00	Driving range analysis and overall game review <ul style="list-style-type: none"><li>• Understanding your strengths and improving upon your weaknesses</li></ul>
12 noon – 1:00	BBQ lunch and “craft beer” tasting
1:00 pm – 3:00	(Athleticism & Balance) = (Consistency & Distance) & (SWOT) <ul style="list-style-type: none"><li>• Technology based Swing Analysis</li></ul>
3:00 pm – 5:00	Taking your game to the golf course <ul style="list-style-type: none"><li>• Course management strategies and tactics for better scoring</li></ul>
5:00	Debrief with beverage tasting with appetizers

**Price per person \$ 375.00 plus HST**

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Email registration form to [shayne@springlakesgolf.com](mailto:shayne@springlakesgolf.com)

Shayne Dysart, Head Professional, Spring Lakes Golf Club, 905 640 3633, ext 236 Cell 905 505 1063

Golf Instructional registration forms are available on the website [springlakesgolf.com](http://springlakesgolf.com)