

# 2022

## Spring Lakes Golf Club

### Tune Up Tuesday Clinics

This 4 - week program is designed to help golfers at all levels who have an idea of what they are trying to achieve but who can't quite get there on their own. This program is designed to provide you with that much needed watchful eye and focused personal guidance in order to improve that specific areas in your game that needs "help". These 60-minute modestly priced clinics are an open forum style whereby each member's needs become the lessons focus. No matter whether your beginners or established golfers single or couples these clinics will provide you with immediate feedback and corrective measures to improve any area of your game.

**Each week we will work on a different area within your golf game:**

- This 4-week program will focus on all areas that are specific to your needs and that of your game and the concerns that you have.
- This program will provide you information to improve your general flexibility, strength, nutritional behaviour and enhance psychological focus when playing and practicing.
- Develop more consistency and distance with your woods, hybrids and irons
- We will improve your overall core fundamentals
- Improve your tee shots so that you get off the tee and in play
- Help you to understand the "art of scoring" from 100 yards to the pin
- How to make better ball to iron contact and how to get out of trouble quickly

**Dates:** July 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>

**Day & Time:** Tuesday from 4:30 to 5:30pm

**Duration:** Four – 60 minute classes

**Price:** \$80 plus tax

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Clinic Participant Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Email registration forms to [shayne@springlakesgolf.com](mailto:shayne@springlakesgolf.com)

Dysart, PGA Head Professional, 905 640 3633, ext 236 Cell 905 505 1063

Instructional registration forms are available on the website [springlakesgolf.com](http://springlakesgolf.com)

Shayne  
Golf