

Declutter: Keep or Toss Game

■ Ever find yourself staring at a drawer full of things, unsure what to do with them? The Keep or Toss game makes decisions simple — quick choices, less stress.

■ How to Use

1. Pick a small area — a drawer, a counter, or a shelf.
2. Take each item and decide: Keep, Donate, or Toss.
3. Use the table below to sort items quickly.

Item	Keep ■	Donate ■	Toss ■	Notes

■ Action Item: Pick 5 items today. Decide Keep, Donate, or Toss — and follow through before bedtime.

■ Remember: Decluttering isn't about perfection — it's about progress. Each small decision makes your home lighter and calmer.