Dummit & Foote Ch. 2.4: Subgroups Generated by Subsets of a Group

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1. (7/13/23)

Prove that if H is a subgroup of G then $\langle H \rangle = H$.

Proof. Let $H \leq G$. To show that $\langle H \rangle = H$, we must show that each is contained in the other. By definition, $H \subseteq \langle H \rangle$, so it remains to be proven that $\langle H \rangle \subseteq H$.

Let $h \in \langle H \rangle$. Recall that:

$$\langle H \rangle = \bigcap_{\substack{H \subseteq K \\ K \leq G}} K,$$

that is, for all subset $K \leq G$ with $H \subseteq K$, we have $h \in K$. In particular, since H is a subgroup of G, we have $h \in H$, since $H \leq G$ and $H \subseteq H$. Therefore $\langle H \rangle \subseteq H$, and it follows that $\langle H \rangle = H$. $\qquad\square$