

# Polly's Kitchen to Numinbah - V1.0

Phil Shepherd – Aug 2016

**Map:** Mudgeeraba 9541-14, 01/07/1995  
Canungra 9541-41, 01/01/1996  
**Grid Ref Zone:** MGRS 56JNP  
**Bearings:** Quoted as compass bearings (add 11° for map bearings)

## Award Scheme

Red Cord Hike - Polly's Kitchen to Numinbah Lake Campsite (5hr)

Red Cord Hike - Numinbah Lake Campsite to Numinbah Hall (5hr)

Blue Cord Hike - Polly's Kitchen to Numbah Hall, overnight camp at Numinbah Lake Campsite.

## HIKE – Day 1 - Polly's Kitchen to Numinbah Lake Campsite (5hr)

- Start at picnic site (2874 8900) adjacent to Mary Leu Bridge
- Cross Mary Leu Bridge, and the road to the start of the path. This is an entry point to Springbrook National Park.
- Follow the path – initial bearing 225°
- The path swings right to a bearing of 280°, and slowly climbs up a ridge line
- 1.6km after start of path, there is a steep climb up zig zags (2739 8953)
- The path continues to climb another 0.5km to its high point (2753 8984)
- On leaving the high point the path heads at a bearing of 310° down a ridge line, and then continues to descend in a general NW direction.
- At 2629 9042 a smaller track heads off to the right toward Paiges Pinnacle - a dangerous area with many cliffs. Continue on the main path at a bearing of 280°
- BEWARE – The path is a fairly steep descent so take care.
- At 2574 9078 a smaller track heads off steeply downhill. This junction is marked by a footprint sign - continue on the main path at a bearing of 223°
- The path continues to descend about 1.5km to a junction at 2513 9041. Take the right hand path at a bearing of 307°
- After a very short distance there is another junction at 2510 9044. Take the left hand path at a bearing of 242°
- After another short distance there is a creek crossing at Wild Cattle Creek (2500 9042)
- The path swings in a Northerly direction, and after about 0.5km there is another junction at 2488 9077. Take the left hand path at a bearing of 277°
- Finally the path heads NW, to its end at Gold Coast/Springbrook Road (2465 9081)
- Turn right, through gate and head N along the short track to the Numinbah Lake Campsite (2475 9098)

## HIKE - Numinbah Lake Campsite to Numinbah Hall (5hr)

- Start at Numinbah Lake Campsite (2475 9098)
- Head SW down Gold Coast / Springbrook road. Stay safe – walk on RHS of road to face the traffic, stay off the road
- Walk 1.5Km along road to junction with Nerang-Murwillumbah Rd (2362 9019)
- Follow the Waterfall Creek path which heads off from the SE corner of this junction at a bearing of 93°.
- After about 500m the path starts to meander along Waterfall Creek, with frequent (shallow) creek crossings. If a crossing requires paddling, put on your water shoes to avoid getting your socks and boots wet – you don't want to spend the whole day walking with wet feet.
- The path continues to follow the creek in a general Southerly direction for a further 4Km. There are a number of paths heading off left and right (see map) – these are easy to identify.
- At 2418 8658 there is a gate across the path. This is the boundary of the National Park. Turn right and head uphill STEEPLY at a bearing of 268°.
- Continue uphill STEEPLY for about 500m to the high point at 2383 8664.
- Continue at similar bearing for about 200m to junction with Chester Road (2368 8667)
- Dog leg left then right across Chester Road and continue at similar bearing
- Continue to follow the path – 90 degree right turn at 2295 8681 - straight ahead at the junction at 2297 8714 - 90 degree left turn at 2299 8726.

- Eventually you reach a junction at 2222 8740. Take the right hand path as indicated by the “Arrow” signs
- Follow the path until it reaches the road.
- The walk ends at Numinbah hall (2196 8747) a short distance slightly to the SW on the opposite side of the road. Cross the road CAREFULLY. The traffic is moving very fast. Stay together as a patrol.

### CAR - Brunswick Heads to Polly's Kitchen (1hr)

From Brunswick Heads head North up M1

70km - Take exit 80 for The Link Way towards State Rte 99/Mudgeeraba/Springbrook

170m - Continue onto The Link Way

400m - At the roundabout, take the 1st exit onto Gold Coast Springbrook Rd/State Route 99

10km - Pass Polly's Kitchen

500m - Park in Picnic area on the left just before Mary Leu Bridge

### CAR - Polly's Kitchen to Numinbah Lake Campsite (20min)

Head west on Gold Coast Springbrook Rd/State Route 99

7.9km - Sharp right onto Pine Creek Rd

3.7km - Continue onto Gold Coast Springbrook Rd

2.3km - Turn right into Numinbah Lake Campsite

### CAR - Numinbah Lake Campsite to Numinbah Hall (5min)

Head west on Gold Coast Springbrook Rd

1.3km - Turn left onto Nerang Murwillumbah Rd/State Route 97

3.5km – Numinbah Hall is on the right

### CAR - Numinbah Hall to Brunswick Heads (1hr 15min)

Head north-east on Nerang Murwillumbah Rd/State Route 97

17.3km - Turn right onto Latimers Crossing Rd/State Route 42

12km - Follow Route 42 to M1

70km - Follow M1 to Brunswick Heads