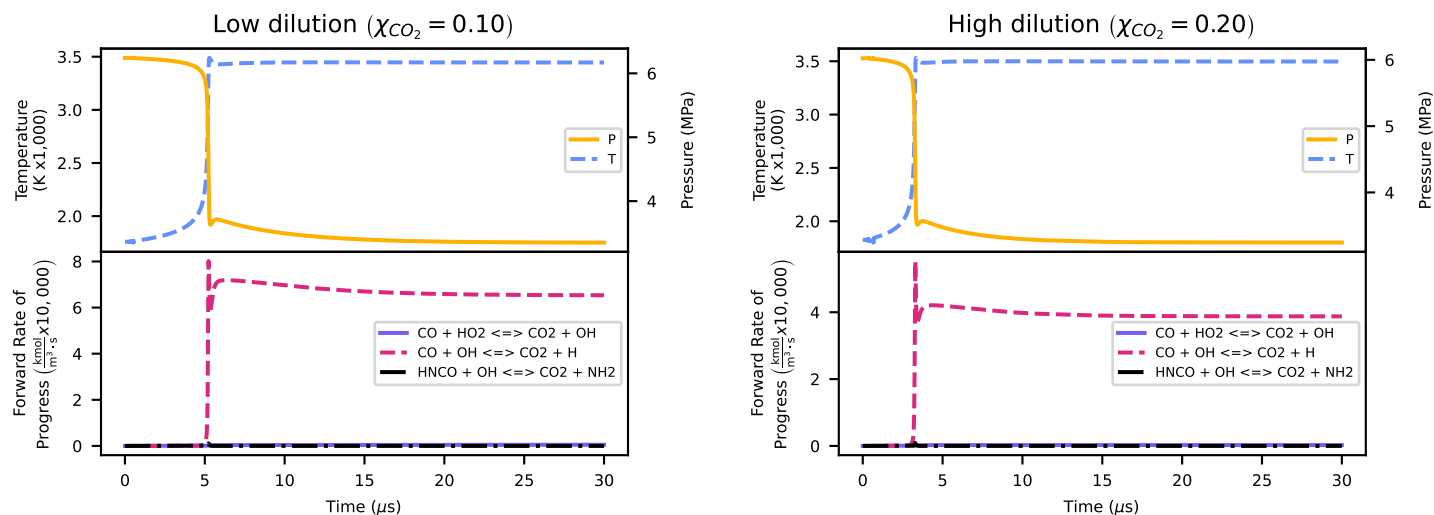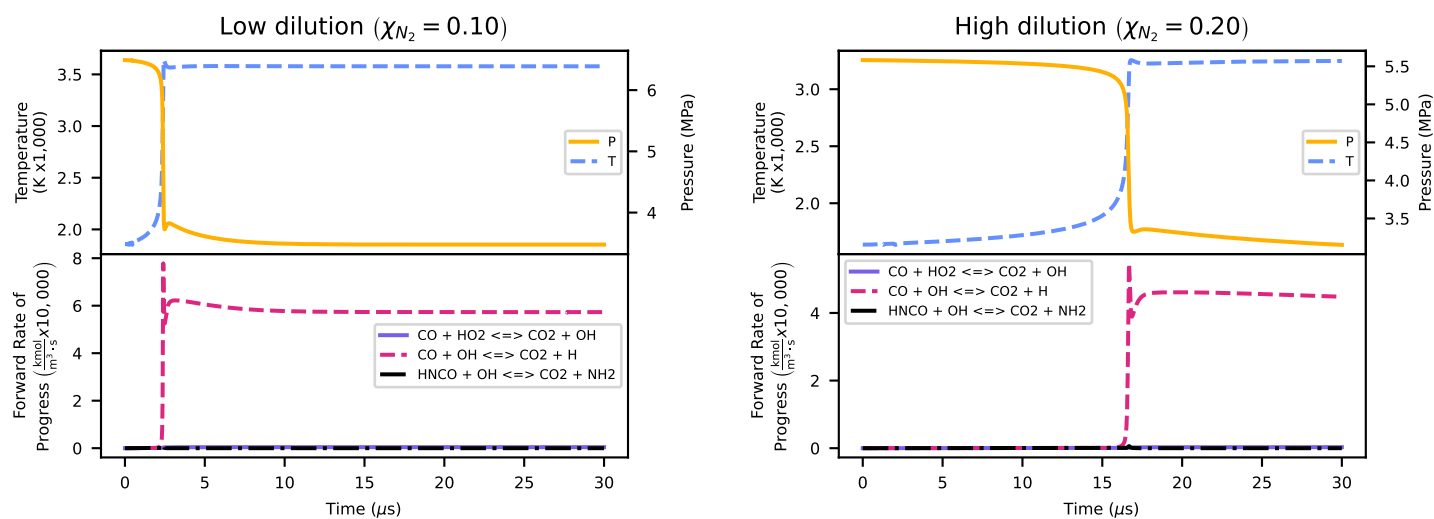ZND Simulations (Forward Rate of Progress)