

Allergy History

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Oak Medium 80 gr/m3, Mold Medium.	2 Ash Medium 47 gr/m3, Oak Medium 27 gr/m3, Elm Medium 20 gr/m3, Mold Medium
3 Oak Medium 60 gr/m3, Elm High 107 gr/m3, Mold Low	4 Mold Low.	5 Oak Medium 27 gr/m3, Elm Low 13 gr/m3, Ash Low 13 gr/m3, Mold Low.	6 Mold Low.	7 Oak Medium 27 gr/m3, Elm Medium 53 gr/m3, Ash Medium 27 gr/m3, Mold Medium with Alternaria.	8 Oak Medium 20 gr/m3, Elm Medium 60 gr/m3, Ash Low 7 gr/m3, Mold Medium with Alternaria	9 Elm High 93 gr/m3, Ash Medium 33 gr/m3, Mold High
10 Mold Medium.	11 Ash Medium 60 gr/m3, Elm High 186 gr/m3, Oak Medium 20 gr/m3, and Mold Medium	12 Ash Low 7 gr/m3, Elm Low 13 gr/m3, Oak Low 7 gr/m3, Mold Medium	13 Mold Low	14 Ash Medium 60 gr/m3, Elm High 539 gr/m3, Oak High 140 gr/m3, Mold High with Alternaria	15 Ash Medium 20 gr/m3, Elm Medium 67 gr/m3, Oak Medium 53 gr/m3, Mold Medium	16 Oak Medium 40 gr/m3, Mold Low
17 Oak Low 13 gr/m3, Elm High 140 gr/m3, Ash Low 13 gr/m3, Mold Medium	18 Mold Medium.	19 Oak High 226 gr/m3, Grass High 100 gr/m3, Hackberry 127 gr/m3, Mold Low.	20 Oak High 113 gr/m3, Grass High 200 gr/m3, Hackberry Medium 80 gr/m3, Mold Low.	21 Oak High 206 gr/m3, Grass High 73 gr/m3, Hackberry Low 7 gr/m3, Mold Low.	22 Oak High 426 gr/m3, Grass High 113 gr/m3, Hackberry Low 13 gr/m3, Mold Medium.	23 Oak High 147 gr/m3, Grass High 67 gr/m3, Hackberry Low 7 gr/m3, Mold Low
24 Oak High 519 gr/m3, Grass High 153 gr/m3, Hackberry Medium 33 gr/m3, Mold Low	25 Oak High 592 gr/m3, Grass High 86 gr/m3, Hackberry Medium 20 gr/m3, Mold Medium.	26 Oak High 1,212 gr/m3, Grass High 100 gr/m3, Mold Low.	27 Oak High 806 gr/m3, Grass High 33 gr/m3, Mold Low.	28 Oak High 624 gr/m3, Grass High 40 gr/m3, Mold Low.	29 Oak High 173 gr/m3, Grass High 53 gr/m3, Ash Low 13 gr/m3, Mold Medium.	30 Oak High 300 gr/m3, Grass High 167 gr/m3, Hackberry Low 7 gr/m3, Mold Low.
31 Oak High 912 gr/m3, Grass High 1146 gr/m3, Ash Medium 53 gr/m3, Mold Low						