HCI Lab

Instructions to Install FocusFinder

Thank you for taking the time to install FocusFinder!

Please follow the following instructions closely.
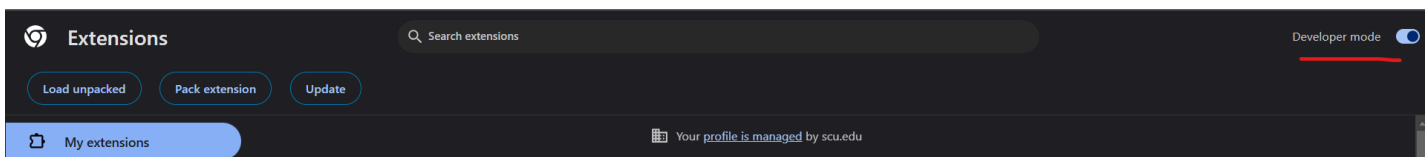
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Setup

Before we install the FocusFinder Chrome extension, please make sure you have done the following:

- Have the web browser Chrome installed
  - This study requires you to exclusively use Chrome to view YouTube with our FocusFinder Chrome extension installed
  - If you need to download Chrome please visit: https://www.google.com/chrome/dr/download
- You are **signed in** to YouTube on this Chrome browser. (Guest and Incognito modes are not supported for this study.)
- Have your Prolific ID ready

Now you are all ready to follow the instructions under FocusFinder Installation!
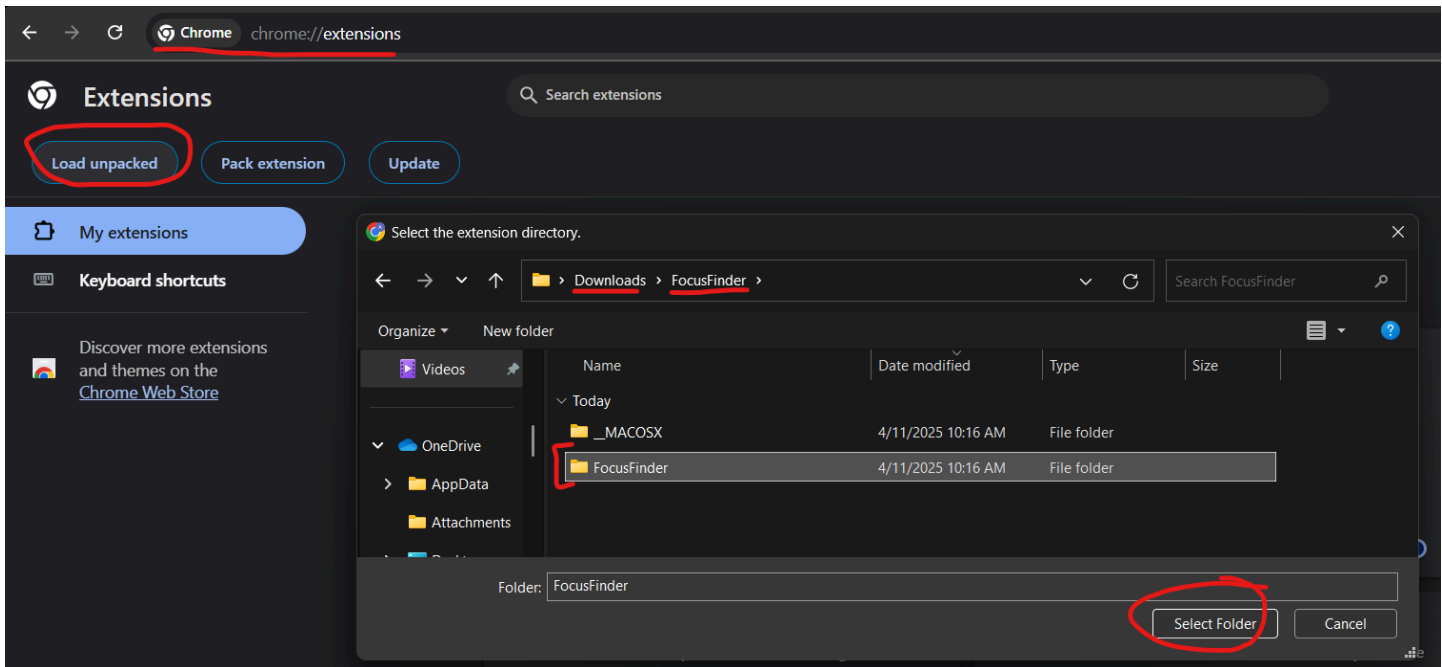
FocusFinder Installation and Verification

1. Make sure you are using the Chrome web browser for the entirety of this study

2. Download FocusFinder
   a. To download FocusFinder please visit the following link: focusfinder-release.zip
      i. This link will automatically download the FocusFinder chrome extension as a compressed zipped folder named "focusfinder-release.zip" to your computer

2. Uncompress (unzip) the downloaded "focusfinder-release.zip"
   a. Navigate to your downloads folder and find the location of your "focusfinder-release.zip"
      i. On Windows: Open File Explorer -> Downloads
      ii. On MacOS: Open Finder -> Downloads
   b. Now unzip the "focusfinder-release.zip" file
      i. On Windows: Right cick "focusfinder-release.zip" -> Extract All... -> Extract
      ii. On MacOS: Double click "focusfinder-release.zip"

3. Enable developer mode
   a. To install the FocusFinder Chrome Extension you must first enable the developer mode
   b. Navigate to your Chrome Extensions page by opening a new tab and typing the URL: chrome://extensions/
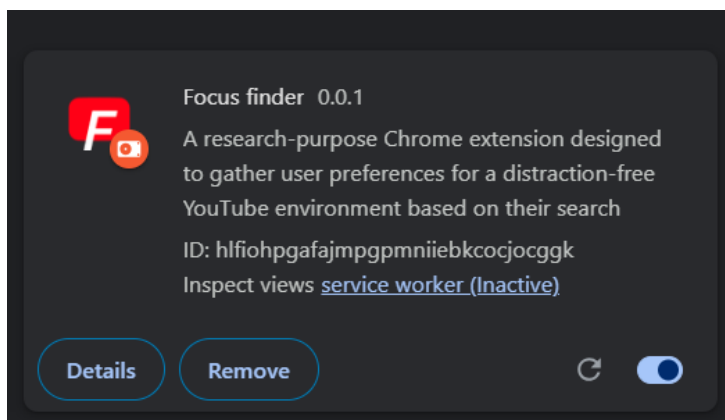   c. In the top right corner toggle on the switch called "Developer mode"

4. Load (install) the FocusFinder Chrome Extension
   a. Make sure you are still on the Chrome Extensions page from the previous step

        i.   If needed, please navigate to your Chrome Extensions page by opening a new tab and typing the URL: chrome://extensions/

  b. In the top left corner press the "Load unpacked" button

  c. A new window will popup where you can navigate to the location of the "focusfinder-release" folder

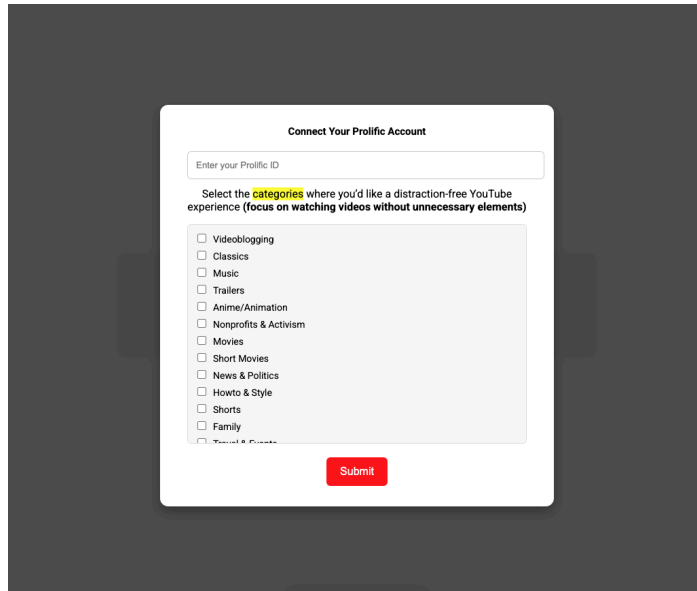   i.   Open this folder and select the subfolder "focusfinder-release"

5. You should be all good to go! The extension will appear like so:

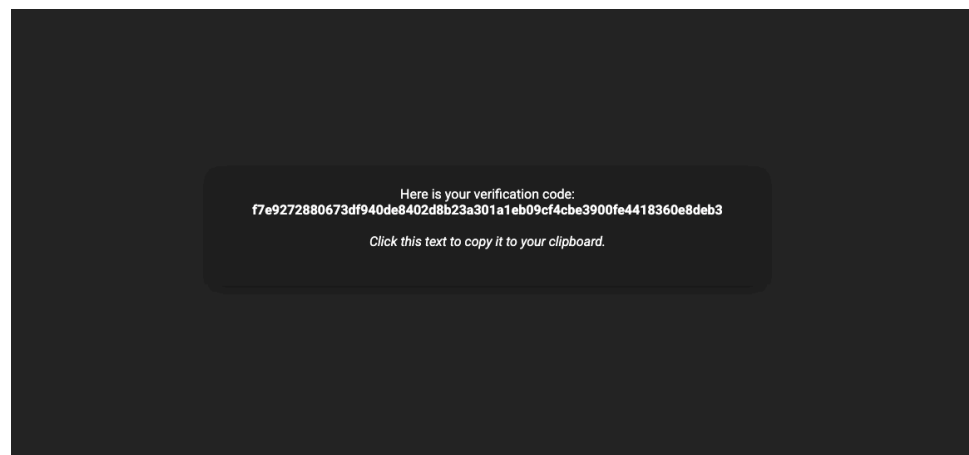 a. **Note: Throughout the duration of the study, do NOT delete the "focusfinder-release" folder you downloaded**

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6. Now that the installation is complete, let's move on to the final step —
   Verification:
   a. Navigate to **YouTube**
   b. Complete the **Registration pop-up survey**
      i. Input your Prolific Id
      ii. Answer survey question
      iii. Submit

   c. After you submit, a **Verification Code** will appear on the YouTube screen. Click the code to automatically copy it.

d. Then, return to the **Prolific survey form** and paste your verification code.
    This allows us to verify that you successfully completed the registration.

Having successfully downloaded the FocusFinder Chrome
extension, you should now be able to open YouTube and be
ready for the next step of our study!

When you go through the onboarding process, please input the
code displayed during your FocusFinder onboarding below so we
can verify that you have downloaded FocusFinder and match it
with your Prolific ID:

f7e9272880673df940de8402d8b23a301a1eb09cf4cbe3900fe4418360e8deb3

→

Great — you've successfully completed the FocusFinder installation and verification!

The main task for the next 7 days is simple:

Use YouTube as you normally would, and respond to the **brief pop-up surveys** triggered
by the extension.

Thank you again for participating in our study and contributing to research that
supports better digital well-being!