

# **Joint and Conditional Distributions**

Gov 2001: Quantitative Social Science Methods I

Scott Cunningham

Harvard University

Spring 2026

# Today's Reading

## Required

- **Aronow & Miller**, §1.3: Joint, marginal, conditional distributions (pp. 31–44)
- **Aronow & Miller**, §2.2.1–2.2.2: Covariance, correlation, independence (pp. 59–65)
- **Blackwell**, Ch. 1: Setting the stage for regression

Blackwell's Chapter 1 introduces the CEF as the target of regression—this lecture builds the foundations.

## Galton's Deeper Question

From “regression to the mean” to joint distributions

Last week we met **Galton** and “regression to the mean.”

But Galton faced a harder problem: *How do I mathematically describe the relationship between father's height and son's height?*

His solution required inventing new machinery:

- A way to describe **two variables together** (joint distributions)
- A way to ask “**given X, what's Y?**” (conditional distributions)
- A number summarizing **how strongly they're related** (correlation)

**Today we build that machinery.** By the end, you'll have the tools Galton invented to study heredity—and that political scientists use to study everything from voting to war.

# Why Do Political Scientists Care?

We always observe multiple variables together

**Every interesting question involves relationships:**

- Education and party identification
- Income and voter turnout
- War duration and casualties
- Campaign spending and vote share

Single-variable summaries ( $\mathbb{E}[X]$ ,  $\text{Var}(X)$ ) miss the *relationship*.

**The joint distribution captures everything:** How do  $X$  and  $Y$  move together? If I know  $X$ , what does that tell me about  $Y$ ?

**Today's goal:** Learn to extract relationships from joint distributions.

# The Big Picture

**So far:** Single random variables

- Distribution:  $f(x)$
- Summary:  $\mathbb{E}[X]$ ,  $\text{Var}(X)$

**Now:** Two (or more) random variables together

- How are they *jointly* distributed?
- If we know  $X$ , what does that tell us about  $Y$ ?

**This is where regression begins.**

Regression asks: What's  $\mathbb{E}[Y|X]$ ? To answer that, we need conditional distributions.

# Joint Distribution: Discrete Case

## Joint Probability Mass Function

For discrete random variables  $X$  and  $Y$ , the **joint PMF** is:

$$f(x, y) = \Pr(X = x \text{ and } Y = y)$$

### Properties:

- $f(x, y) \geq 0$  for all  $x, y$
- $\sum_x \sum_y f(x, y) = 1$

The joint PMF tells us the probability of every  $(x, y)$  combination.

## Example: Education and Party ID

Survey data: Joint distribution of Education ( $X$ ) and Party ( $Y$ )

Education ( $X$ )	Party ( $Y$ )			Row Total
	Dem	Ind	Rep	
No College	0.20	0.15	0.15	0.50
College	0.18	0.12	0.20	0.50
Col Total	0.38	0.27	0.35	1.00

Reading the table:  $f(\text{No College}, \text{Dem}) = 0.20$

This means: 20% of the population has no college and identifies as Democrat.

## Marginal Distributions

**Question:** What if we only care about  $X$  (ignoring  $Y$ )?

### Marginal PMF

The **marginal distribution** of  $X$  is obtained by summing over  $Y$ :

$$f_X(x) = \sum_y f(x, y) = \Pr(X = x)$$

**From our example:**

- $f_X(\text{No College}) = 0.20 + 0.15 + 0.15 = 0.50$
- $f_X(\text{College}) = 0.18 + 0.12 + 0.20 = 0.50$

“Marginal” because these appear in the margins of the table.

## Visualizing Marginalization

No Col	0.20	0.15	0.15	0.50
College	0.18	0.12	0.20	0.50
	Dem	Ind	Rep	$f_X$

Sum across rows → marginal distribution of  $X$

# Conditional Distribution

**Key question:** Given that we *know*  $X = x$ , what's the distribution of  $Y$ ?

## Conditional PMF

The **conditional distribution** of  $Y$  given  $X = x$  is:

$$f_{Y|X}(y|x) = \frac{f(x,y)}{f_X(x)} = \frac{\Pr(X = x, Y = y)}{\Pr(X = x)}$$

## Intuition:

- Zoom in on the row where  $X = x$
- Renormalize so probabilities sum to 1

This is the definitional formula for conditional distributions.

## Example: Party ID Given Education

What's the distribution of Party among college graduates?

We need  $f_{Y|X}(y|\text{College})$  for each party:

$$f_{Y|X}(\text{Dem}|\text{College}) = \frac{f(\text{College, Dem})}{f_X(\text{College})} = \frac{0.18}{0.50} = 0.36$$

$$f_{Y|X}(\text{Ind}|\text{College}) = \frac{0.12}{0.50} = 0.24$$

$$f_{Y|X}(\text{Rep}|\text{College}) = \frac{0.20}{0.50} = 0.40$$

**Check:**  $0.36 + 0.24 + 0.40 = 1.00 \checkmark$

Among college grads: 36% Dem, 24% Ind, 40% Rep

## Comparing Conditional Distributions

	Dem	Ind	Rep
$f_{Y X}(y \text{No College})$	0.40	0.30	0.30
$f_{Y X}(y \text{College})$	0.36	0.24	0.40

### What do we learn?

- The two conditional distributions are *different*
- Knowing education level changes our beliefs about party ID
- The conditional distribution of  $Y$  *depends on*  $X$

**This dependence is what regression studies.**

(These are stylized numbers for illustration, not real survey data.)

## Conditional PDF: Interpretation

Two ways to think about joint distributions

### Probability interpretation:

$$\Pr(a < Y < b \mid X = x) = \int_a^b f_{Y|X}(y|x) dy$$

### Factorization of the joint PDF:

$$f_{X,Y}(x,y) = f_{Y|X}(y|x) \cdot f_X(x)$$

**Joint = Conditional  $\times$  Marginal**

**To sample**  $(X, Y)$ : First draw  $X \sim f_X$ , then draw  $Y \sim f_{Y|X}(\cdot|X)$ .

**Symmetrically**:  $f_{X,Y}(x,y) = f_{X|Y}(x|y) \cdot f_Y(y)$

# Independence of Random Variables

When does knowing  $X$  tell us nothing about  $Y$ ?

Definition: Independence

$X$  and  $Y$  are **independent**, written  $X \perp\!\!\!\perp Y$ , if:

$$f(x, y) = f_X(x) \cdot f_Y(y) \quad \text{for all } x, y$$

Equivalent conditions:

- $f_{Y|X}(y|x) = f_Y(y)$  for all  $x$  (conditioning doesn't change anything)
- $\Pr(X = x, Y = y) = \Pr(X = x) \cdot \Pr(Y = y)$

In our education/party example,  $X$  and  $Y$  are NOT independent—the conditional distributions differ.

## Joint CDF: From Discrete to Continuous

CDF before PDF, just like the univariate case

### Joint CDF

$$F(x, y) = \Pr(X \leq x, Y \leq y)$$

**Joint PDF as partial derivative** (same logic as univariate):

$$f(x, y) = \frac{\partial^2 F(x, y)}{\partial x \partial y}$$

### Why start with CDF?

- CDF always exists (even when PDF doesn't)
- PDF = rate of change of CDF in both directions
- Mirrors univariate:  $F(x) \rightarrow f(x) = F'(x)$

# Joint Distribution: Continuous Case

## Joint Probability Density Function

For continuous  $X$  and  $Y$ , the **joint PDF**  $f(x, y)$  satisfies:

$$\Pr(X \in A, Y \in B) = \iint_{A \times B} f(x, y) dx dy$$

## Properties:

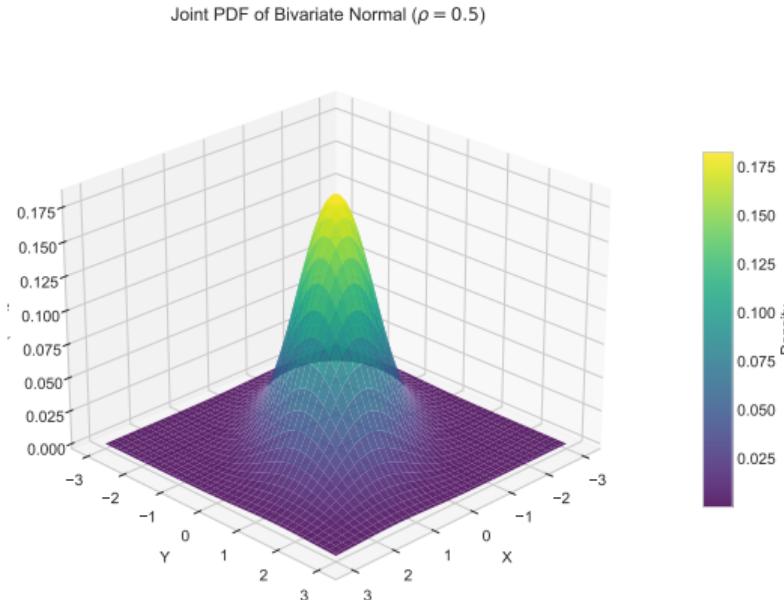
- $f(x, y) \geq 0$
- $\int_{-\infty}^{\infty} \int_{-\infty}^{\infty} f(x, y) dx dy = 1$

**Marginal:**  $f_X(x) = \int_{-\infty}^{\infty} f(x, y) dy$

**Conditional:**  $f_{Y|X}(y|x) = \frac{f(x,y)}{f_X(x)}$

# Visualizing the Joint PDF: A 3D Surface

Height = density at each  $(x, y)$  point



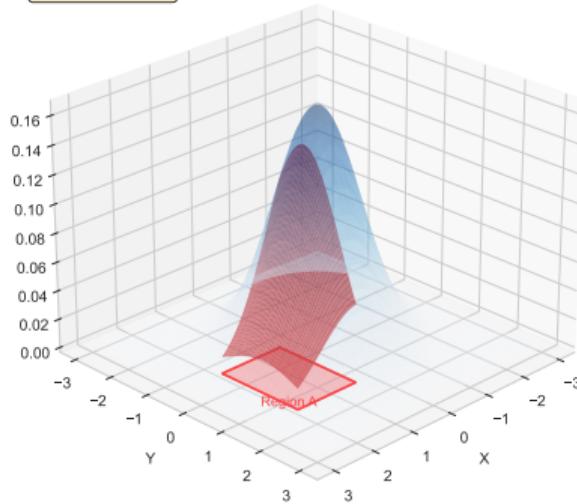
**Key insight:** The joint PDF is a *surface* over the  $(x, y)$  plane. Higher = more likely.

# Probability = Volume Under the Surface

Connecting geometry to integrals

Probability = Volume Above Region A

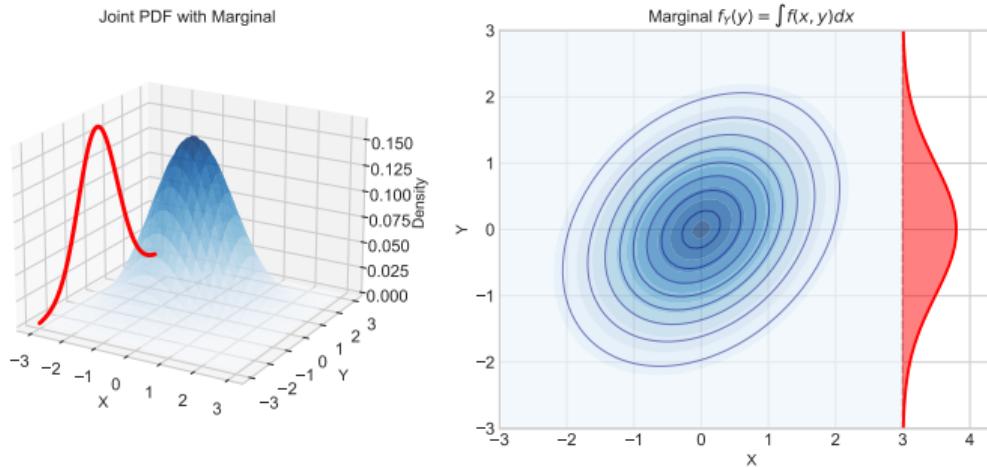
$P((X,Y) \text{ in } A) = 0.198$



$$\Pr((X, Y) \in A) = \iint_A f(x, y) dx dy = \text{volume above region } A$$

# Marginal Distribution = “Projection”

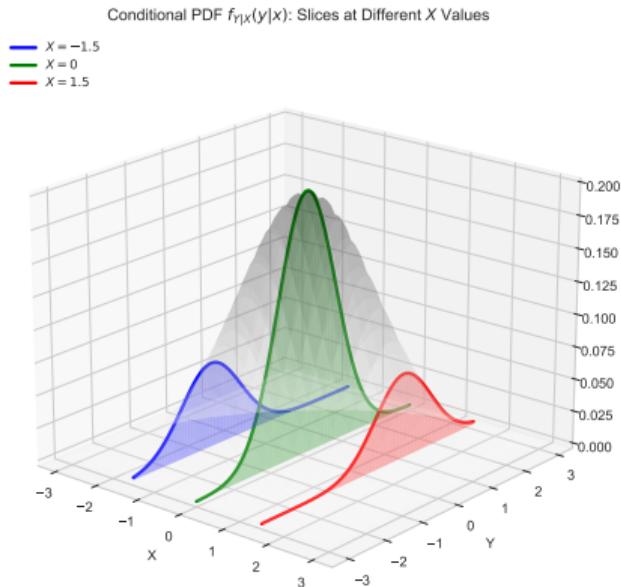
Collapse the surface onto one axis



$f_Y(y) = \int f(x,y) dx$  – integrate out  $X$ , “project” onto the  $Y$ -axis.  
Same idea as summing across rows in the discrete case.

# Conditional Distribution = “Slice”

Fix  $X = x$  and look at the cross-section



$f_{Y|X}(y|x)$  = the slice at  $X = x$ , renormalized to integrate to 1.

**Key insight:** The slice changes as  $x$  changes. This is what regression studies!

# Multivariate Expectation and 2D LOTUS

Computing expectations of functions of two random variables

**Expected value of a function of  $(X, Y)$ :**

$$\mathbb{E}[g(X, Y)] = \iint g(x, y) f(x, y) dx dy$$

**2D LOTUS (Law of the Unconscious Statistician):**

- No need to find the distribution of  $g(X, Y)$
- Integrate  $g(x, y)$  directly against the joint PDF

**Key applications:**

- $\mathbb{E}[XY]$  – needed for covariance (coming next!)
- $\mathbb{E}[X + Y] = \mathbb{E}[X] + \mathbb{E}[Y]$  – linearity still holds

# Why Does Dependence Matter?

Independence assumptions are everywhere in statistics

We constantly assume independence:

- Poll responses assumed independent
- RCT: treatment assignment  $\perp\!\!\!\perp$  background characteristics
- Regression errors assumed independent across observations

Lack of independence is a blessing or a curse:

- **Blessing:** Two variables not independent  $\Rightarrow$  potentially interesting relationship
- **Curse:** In observational studies, treatment is usually not independent of background  
 $\Rightarrow$  confounding

**Question:** How do we *measure* dependence?

# Covariance: Measuring Dependence

How often do high values of  $X$  occur with high values of  $Y$ ?

## Definition: Covariance

$$\text{Cov}(X, Y) = \mathbb{E}[(X - \mathbb{E}[X])(Y - \mathbb{E}[Y])]$$

**Equivalent formula** (often easier to compute):

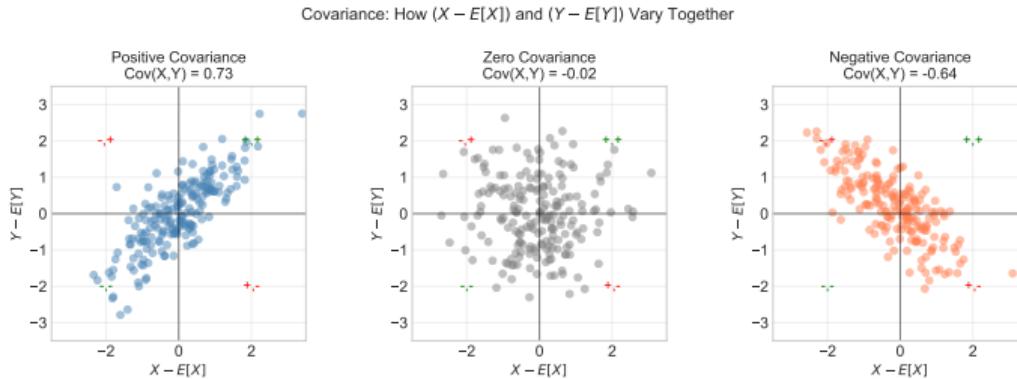
$$\text{Cov}(X, Y) = \mathbb{E}[XY] - \mathbb{E}[X]\mathbb{E}[Y]$$

**Key property:** If  $X \perp\!\!\!\perp Y$ , then  $\text{Cov}(X, Y) = 0$

**But the converse is NOT true!** Zero covariance does not imply independence.

# Covariance: Quadrant Intuition

The sign depends on where points cluster



- **Positive Cov:** Points cluster in  $(+, +)$  and  $(-, -)$  quadrants
- **Negative Cov:** Points cluster in  $(+, -)$  and  $(-, +)$  quadrants
- **Zero Cov:** Balanced across all quadrants

## Properties of Covariance

1.  $\text{Cov}(X, X) = \text{Var}(X)$  (variance is covariance with itself!)
2.  $\text{Cov}(X, Y) = \text{Cov}(Y, X)$  (symmetric)
3.  $\text{Cov}(X, c) = 0$  for any constant  $c$
4.  $\text{Cov}(aX, Y) = a \cdot \text{Cov}(X, Y)$
5.  $\text{Cov}(X + Y, Z) = \text{Cov}(X, Z) + \text{Cov}(Y, Z)$

### Important Consequence

$$\text{Var}(X + Y) = \text{Var}(X) + \text{Var}(Y) + 2 \text{Cov}(X, Y)$$

Unlike expected values, variances are NOT linear—covariance is the “correction term.”

## Correlation: Scale-Free Dependence

Covariance depends on units; correlation doesn't

**Problem:** Covariance depends on the scale of  $X$  and  $Y$ .

**Definition:** Correlation

$$\rho(X, Y) = \frac{\text{Cov}(X, Y)}{\sqrt{\text{Var}(X) \cdot \text{Var}(Y)}} = \frac{\text{Cov}(X, Y)}{\text{SD}(X) \cdot \text{SD}(Y)}$$

**Equivalent form:**

$$\rho(X, Y) = \text{Cov}\left(\frac{X - \mathbb{E}[X]}{\text{SD}(X)}, \frac{Y - \mathbb{E}[Y]}{\text{SD}(Y)}\right)$$

Correlation = covariance of standardized variables

## Correlation: Properties

### Key properties:

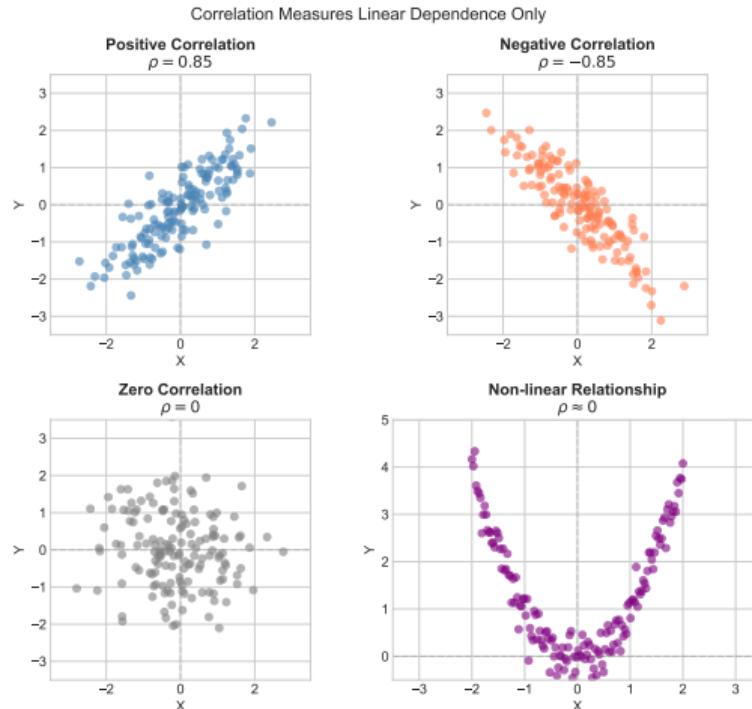
- $-1 \leq \rho(X, Y) \leq 1$
- $|\rho(X, Y)| = 1$  if and only if  $Y = a + bX$  for some constants
  - ▶  $\rho = 1$ : perfect positive linear relationship
  - ▶  $\rho = -1$ : perfect negative linear relationship
- $\rho = 0$ : no *linear* relationship

**Critical caveat:** Correlation measures **linear** dependence only.

Two variables can have  $\rho = 0$  but still be strongly dependent! (e.g.,  $Y = X^2$  where  $X$  is symmetric around 0)

# Correlation: Examples

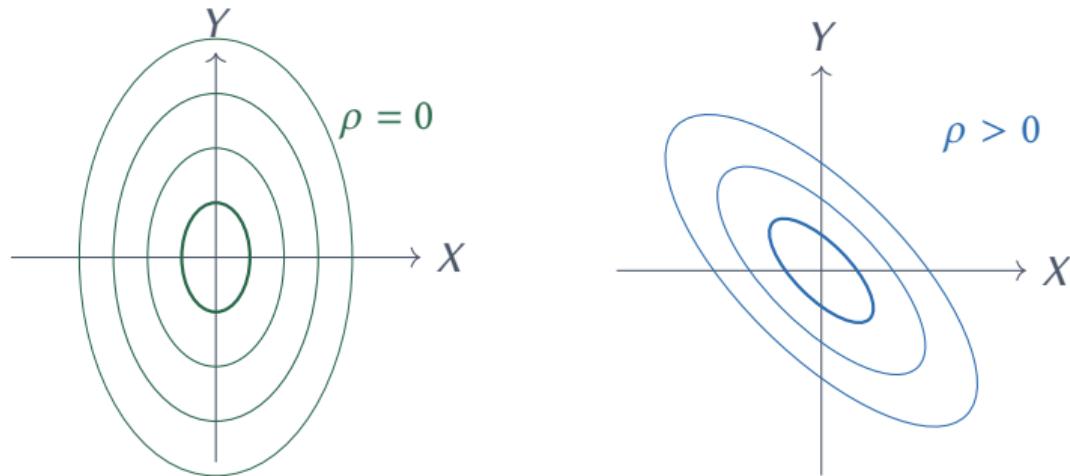
What different  $\rho$  values look like



## Example: Bivariate Normal

The most important continuous joint distribution

$$(X, Y) \sim N(\mu_X, \mu_Y, \sigma_X^2, \sigma_Y^2, \rho)$$



**Key fact:** For bivariate normal, the conditional distribution  $Y|X = x$  is also normal.

## Conditional Distribution: Bivariate Normal

If  $(X, Y)$  is bivariate normal, then:

### Conditional Distribution

$$Y|X = x \sim N\left(\mu_Y + \rho \frac{\sigma_Y}{\sigma_X}(x - \mu_X), \sigma_Y^2(1 - \rho^2)\right)$$

### Key observations:

- Conditional mean is **linear in  $x$** :  $\mathbb{E}[Y|X = x] = \mu_Y + \rho \frac{\sigma_Y}{\sigma_X}(x - \mu_X)$
- Conditional variance is **constant** (doesn't depend on  $x$ )
- If  $\rho = 0$ , conditional mean =  $\mu_Y$  (knowing  $X$  tells us nothing)

**This is regression!** The conditional mean is a line through  $(x, y)$  space.

## Key Takeaways

1. **Joint → Marginal:** Sum/integrate out what you don't care about
2. **Joint → Conditional:** Divide by marginal to “zoom in” on a slice
3. **The CEF**  $\mathbb{E}[Y|X = x]$  summarizes the conditional distribution
4. **Covariance:** Measures how  $X$  and  $Y$  move together
5. **Correlation:** Scale-free measure of *linear* dependence

**The big idea:** Regression is about finding  $\mathbb{E}[Y|X]$  from data.

## Next Time: Conditional Expectation and LIE

### Key topics for next lecture:

- The Conditional Expectation Function (CEF):  $\mathbb{E}[Y|X = x]$
- Law of Iterated Expectations (LIE):  $\mathbb{E}[Y] = \mathbb{E}[\mathbb{E}[Y|X]]$
- Why the CEF is the “best predictor” of  $Y$  given  $X$
- How regression connects to the CEF

### Reading:

- A&M §2.2.3–2.2.4 (CEF, LIE, best predictor property)
- Blackwell Ch. 1 (continue)

PS3 was due yesterday (Feb 17). Hope it went well!