

MovingStories Movement Expertise Survey

For more information please email Shannon Cuykendall, scuykend@sfu.ca

Welcome

This is a survey designed to gather information about your previous movement training. You will be asked to describe your previous physical and observational experiences with movement. Please be as thorough and detailed as possible. Your answers will help us better understand how movement experiences correlate to movement perception.

Participant ID

write N/A if you were not given a specific ID.

Date

DD/MM/YYYY

Age

Gender

Are you right-handed or left-handed?

- ☐ Right-handed
- ☐ Left-handed
- ☐ Ambidextrous (equal dominance on right and left sides)

Section 1: General Information

In a "normal week" how many hours do you on average engage or participate in physical activity/exercise?

- ☐ 1-3
- ☐ 4-6
- ☐ 7-9
- ☐ 10-12
- ☐ 13-15
- ☐ 16-18
- ☐ 19-21
- ☐ 22-24
- ☐ 25-27
- ☐ 28-30
- ☐ 30+

Describe the role of physical activity in your daily life.

(e.g. Is physical activity a part of your profession, a hobby and/or part of your exercise regime?, What motivates you to participate in physical activity?)

In what way do you use observation in your professional or daily life?

Describe the objects or actions that you observe most often (e.g. movement, behaviors, environment).

Section 2: Dance Experience

Do you have training in any dance practices?

This can be self-taught, recreational, pre-professional and/or professional training in any genre of dance e.g. ballet, contemporary, modern, butoh, flamenco, capoeira, taiko, hiphop, breakdance, ballroom, traditional chinese, balinese or other cultural dances, tap, etc...

- ☐ Yes
- ☐ No

Within the past year, how many hours a week do you spend practicing dance?

This can include hours spent teaching, rehearsing, choreographing, training, performing

- ☐ < 1
- ☐ 1-3
- ☐ 4-6
- ☐ 7-9
- ☐ 10-12
- ☐ 13-15
- ☐ 16-18
- ☐ 19-21
- ☐ 22-24
- ☐ 25-27
- ☐ 28-30
- ☐ 31-33
- ☐ 34-36
- ☐ 37-39
- ☐ 40+

Have you ever choreographed or created a dance work?

- ☐ Yes
- ☐ No

How many works have you choreographed?

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ 10

... 39 additional choices hidden ...

- ☐ 50+

Describe one of the most memorable or significant works you have choreographed

This can include aspects relating to the movement, the process, the setting of the work, or themes explored.

Have you ever performed dance in front of an audience?

- ☐ Yes
- ☐ No

How many works have you performed in?

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ 10

... 39 additional choices hidden ...

- ☐ 50+

Describe one of the most memorable or significant works you have performed in.

This can include aspects relating to the process, the setting of the work, or themes explored.

Section 2: Dance Experience

List up to 3 dance styles/techniques you have the most training in or identify with the most.

1. Dance Training

Dance Style

- ☐ Ballet
- ☐ Contemporary
- ☐ Modern
- ☐ Butoh
- ☐ Flamenco
- ☐ Hip Hop
- ☐ Breakdance
- ☐ Ballroom
- ☐ Folk Dance
- ☐ Bellydance
- ☐ ... 21 additional choices hidden ...
- ☐ Historical Dance
- ☐ Improvisation
- ☐ Contact Improvisation
- ☐ Concert Dance
- ☐ Irish Dance
- ☐ Character Dance
- ☐ Hula
- ☐ Cultural Dance
- ☐ Afro-Cuban Dance
- ☐ Gaga

Other style of technique (not listed above)

When did you begin practicing this style?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

Total Years of experience (active practice)

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ ... 40 additional choices hidden ...
- ☐ 50+

Level Reached

- ☐ Beginning
- ☐ Intermediate
- ☐ Advanced
- ☐ Pre-Professional
- ☐ Professional

Honors, medals, scholarships, achievements. Please list any formal standardized examinations you are preparing for or have taken in conjunction with your training.

Have you taught this style of dance?

- ☐ Yes
- ☐ No

How many years have you taught this style of dance?

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ ... 12 additional choices hidden ...
- ☐ 21+

Describe how this training plays a role in your current physical movement practices.

2. Dance Training

Dance Style

- ☐ Ballet
- ☐ Contemporary
- ☐ Modern
- ☐ Butoh
- ☐ Flamenco
- ☐ Hip Hop
- ☐ Breakdance

- ☐ Ballroom
- ☐ Folk Dance
- ☐ Bellydance
- ... 21 additional choices hidden ...
- ☐ Historical Dance
- ☐ Improvisation
- ☐ Contact Improvisation
- ☐ Concert Dance
- ☐ Irish Dance
- ☐ Character Dance
- ☐ Hula
- ☐ Cultural Dance
- ☐ Afro-Cuban Dance
- ☐ Gaga

Other style of technique (not listed above)

When did you begin practicing this style?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

Total Years of experience (active practice)

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ ... 40 additional choices hidden ...
- ☐ 50+

Level Reached

- ☐ Beginning
- ☐ Intermediate
- ☐ Advanced
- ☐ Pre-Professional
- ☐ Professional

Honors, medals, scholarships, achievements. Please list any formal standardized examinations you are preparing for or have taken in conjunction with your training.

Have you taught this style of dance?

- ☐ Yes
- ☐ No

How many years have you taught this style of dance?

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ ... 12 additional choices hidden ...
- ☐ 21+

Describe how this training plays a role in your current physical movement practices.

3. Dance Training

Dance Style

- ☐ Ballet
- ☐ Contemporary
- ☐ Modern
- ☐ Butoh
- ☐ Flamenco
- ☐ Hip Hop
- ☐ Breakdance
- ☐ Ballroom
- ☐ Folk Dance
- ☐ Bellydance
- ☐ ... 22 additional choices hidden ...
- ☐ Historical Dance

- ☐ Improvisation
- ☐ Contact Improvisation
- ☐ Concert Dance
- ☐ Irish Dance
- ☐ Character Dance
- ☐ Hula
- ☐ Cultural Dance
- ☐ Afro-Cuban Dance

Other style of technique (not listed above)

When did you begin practicing this style?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

Total Years of experience (active practice)

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ... 40 additional choices hidden ...
- ☐ 50+

Level Reached

- ☐ Beginning
- ☐ Intermediate
- ☐ Advanced
- ☐ Pre-Professional
- ☐ Professional

Honors, medals, scholarships, achievements. Please list any formal standardized examinations you are preparing for or have taken in conjunction with your training.

Have you taught this style of dance?

- ☐ Yes
- ☐ No

How many years have you taught this style of dance?

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ... 12 additional choices hidden ...
- ☐ 21+

Describe how this training plays a role in your current physical movement practices.

Section 2: Dance Audience Experience

Have you ever seen a dance performance?

This includes anything from online dance videos, to street performances, to live theatre performances in forms such as ballet, contemporary, modern, butoh, flamenco, capoeira, taiko, hiphop, breakdance, ballroom, traditional chinese, balinese or other cultural dances, tap, etc...

- ☐ Yes
- ☐ No

List up to three dance styles you have the most experience viewing as an audience member.

1. Dance Style

- ☐ Ballet
- ☐ Contemporary
- ☐ Modern
- ☐ Butoh
- ☐ Flamenco
- ☐ Hip Hop
- ☐ Breakdance
- ☐ Ballroom
- ☐ Folk Dance
- ☐ Bellydance
- ... 22 additional choices hidden ...
- ☐ Historical Dance
- ☐ Improvisation
- ☐ Contact Improvisation
- ☐ Concert Dance
- ☐ Irish Dance
- ☐ Character Dance
- ☐ Hula
- ☐ Cultural Dance
- ☐ Afro-Cuban Dance

---Other Style (if applicable)

2. Dance Style

- ☐ Ballet
- ☐ Contemporary
- ☐ Modern
- ☐ Butoh
- ☐ Flamenco
- ☐ Hip Hop
- ☐ Breakdance
- ☐ Ballroom
- ☐ Folk Dance
- ☐ Bellydance
- ... 21 additional choices hidden ...
- ☐ Historical Dance
- ☐ Improvisation
- ☐ Contact Improvisation
- ☐ Concert Dance
- ☐ Irish Dance
- ☐ Character Dance
- ☐ Hula
- ☐ Cultural Dance
- ☐ Afro-Cuban Dance
- ☐ Gaga

---Other Style (if applicable)

3. Dance Style

- ☐ Ballet
- ☐ Contemporary
- ☐ Modern
- ☐ Butoh
- ☐ Flamenco
- ☐ Hip Hop
- ☐ Breakdance

- ☐ Ballroom
- ☐ Folk Dance
- ☐ Bellydance
- ... 21 additional choices hidden ...
- ☐ Historical Dance
- ☐ Improvisation
- ☐ Contact Improvisation
- ☐ Concert Dance
- ☐ Irish Dance
- ☐ Character Dance
- ☐ Hula
- ☐ Cultural Dance
- ☐ Afro-Cuban Dance
- ☐ Gaga

---Other Style (if applicable)

General Dance Audience Experience

When did you begin watching dance?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

In the past year, how many live dance shows have you attended to watch?

- ☐ 0
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6

- ☐ 7
- ☐ 8
- ☐ 9
- ... 40 additional choices
hidden ...
- ☐ 50+

On average how often do you watch dance (either live or recorded videos)

- ☐ Daily
- ☐ Weekly
- ☐ Monthly
- ☐ Yearly
- ☐ Not Very Often

Describe one of the most memorable dance performances you have seen (either live or recorded)

Section 3: Somatic Practice Training Experience

Have you had any training in a somatic practice?

e.g. Yoga, Alexander Technique, Laban Movement Analysis, Pilates, The Feldenkrais Method , etc...

- ☐ Yes
- ☐ No

Within the past year, how many hours a week do you devote to somatic practices?

This can include hours spent teaching, self-led practice or guided practice.

- ☐ < 1
- ☐ 1-3
- ☐ 4-6
- ☐ 7-9
- ☐ 10-12
- ☐ 13-15

- ☐ 16-18
- ☐ 19-21
- ☐ 22-24
- ☐ 25-27
- ☐ 28-30
- ☐ 31-33
- ☐ 34-36
- ☐ 37-39
- ☐ 40+

Section 3: Somatic Practice Training Experience

List up to 3 somatic practices you have the most training in or identify with the most.

1. Somatic Practice Training

Somatic Practice

- ☐ Laban Movement Analysis (LMA)
- ☐ Bartenieff Fundamentals
- ☐ Alexander Technique
- ☐ Skinner Releasing Technique
- ☐ Eutony
- ☐ Rolfing
- ☐ Yoga
- ☐ Pilates
- ☐ Trager Approach to Psychophysical Integration
- ☐ Kinetic Awareness
- ☐ Body Mind Centering (BMC)
- ☐ Shin Somatics
- ☐ Expressive Arts Therapy

- ☐ Ideokinesis
- ☐ BodyMind Dancing
- ☐ Feldenkrais
- ☐ Countertechnique
- ☐ Other

Other Practice (not listed above)

When did you begin practicing this style?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

Total Years of experience (active practice)

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ... 40 additional choices hidden ...
- ☐ 50+

Are you certified or in the process of becoming certified?

- ☐ Yes
- ☐ No

Date completed certification or current level of certification

Have you taught this somatic practice?

- ☐ Yes
- ☐ No

How many years have you taught this practice?

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9

... 12 additional choices hidden ...

- ☐ 21+

Describe how this training plays a role in your current physical movement practices.

2. Somatic Practice Training

Somatic Practice

- ☐ Laban Movement Analysis (LMA)
- ☐ Bartenieff Fundamentals
- ☐ Alexander Technique
- ☐ Skinner Releasing Technique
- ☐ Eutony
- ☐ Rolfing
- ☐ Yoga
- ☐ Pilates
- ☐ Trager Approach to Psychophysical Integration
- ☐ Kinetic Awareness
- ☐ Body Mind Centering (BMC)
- ☐ Shin Somatics
- ☐ Expressive Arts Therapy

- ☐ Ideokinesis
- ☐ BodyMind Dancing
- ☐ Feldenkrais
- ☐ Countertechnique
- ☐ Other

Other Practice (not listed above)

When did you begin practicing this style?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

Total Years of experience (active practice)

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- ☐ 7
- ☐ 8
- ☐ 9

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- ☐ 50+

Are you certified or in the process of becoming certified?

- ☐ Yes
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Date completed certification or current level of certification

Have you taught this somatic practice?

- ☐ Yes
- ☐ No

How many years have you taught this practice?

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ ... 12 additional choices hidden ...
- ☐ 21+

Describe how this training plays a role in your current physical movement practices.

3. Somatic Practice Training

Somatic Practice

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- ☐ Bartenieff Fundamentals
- ☐ Alexander Technique
- ☐ Skinner Releasing Technique
- ☐ Eutony
- ☐ Rolfing
- ☐ Yoga
- ☐ Pilates
- ☐ Trager Approach to Psychophysical Integration
- ☐ Kinetic Awareness

- ☐ Body Mind Centering (BMC)
- ☐ Shin Somatics
- ☐ Expressive Arts Therapy
- ☐ Ideokinesis
- ☐ BodyMind Dancing
- ☐ Feldenkrais
- ☐ Countertechnique
- ☐ Other

Other Practice (not listed above)

When did you begin practicing this style?

- ☐ Early Childhood (12 or younger)
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- ☐ Late Adult (40+)

Total Years of experience (active practice)

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ... 40 additional choices hidden ...
- ☐ 50+

Are you certified or in the process of becoming certified?

- ☐ Yes
- ☐ No

Date completed certification or current level of certification

Have you taught this somatic practice?

- ☐ Yes
- ☐ No

How many years have you taught this practice?

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9

... 12 additional choices hidden ...

- ☐ 21+

Describe how this training plays a role in your current physical movement practices.

Section 4: Athletics/Sports Practice Experience

Do you have training in athletics and/or sports practices?

e.g. team sports or leagues, cycling, spinning, aerobics, weightlifting, swimming, rock climbing, gymnastics, figure skating, etc..

- ☐ Yes
- ☐ No

Within the past year, how many hours a week do you spend practicing sports/athletics?

This can include hours spent competing, training, cross-training, coaching, or refereeing.

- ☐ < 1
- ☐ 1-3
- ☐ 4-6
- ☐ 7-9
- ☐ 10-12
- ☐ 13-15
- ☐ 16-18
- ☐ 19-21
- ☐ 22-24
- ☐ 25-27
- ☐ 28-30
- ☐ 31-33
- ☐ 34-36
- ☐ 37-39
- ☐ 40+

Have you played sports competitively?

- ☐ Yes
- ☐ No

How many competitions have you participated in?

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ 10

... 39additional choices hidden ...

- ☐ 50+

Describe one of the most memorable or significant competitions you have participated in.

This can include aspects relating to the preparation or training, process leading up to the competition or the competition itself.

Section 4: Athletics/Sports Practice Experience

List up to 3 athletics/sport practices you have the most training in or identify with the most.

1. Athletics/Sports Activity Training

Athletics/Sports Activity

- ☐ Cycling
- ☐ Sailing
- ☐ Target Sports
- ☐ Golf
- ☐ Climbing
- ☐ Archery
- ☐ Motion Controlled Video Games
- ☐ Running
- ☐ Hiking
- ☐ Team Sports
- ... 21 additional choices hidden ...
- ☐ Figure Skating
- ☐ Gymnastics
- ☐ Softball
- ☐ Dodgeball
- ☐ Badminton
- ☐ Ultimate Frisbee
- ☐ Disc Golf
- ☐ Volleyball
- ☐ Track and Field
- ☐ Other

Other activity (not listed above)

When did you begin practicing this style?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

Total Years of experience (active practice)

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ ... 40 additional choices hidden ...
- ☐ 50+

Level Reached

- ☐ Beginning
- ☐ Intermediate
- ☐ Advanced
- ☐ Pre-Professional
- ☐ Professional

Honors, medals, scholarships, achievements. Please list any formal standardized examinations you are preparing for or have taken in conjunction with your training.

Have you coached or refereed this sport/activity?

- ☐ Yes
- ☐ No

How many years have you coached/refereed this sport?

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ ... 12 additional choices hidden ...
- ☐ 21+

Describe how this training plays a role in your current physical movement practices.

2. Athletics/Sports Activity Training

Athletics/Sports Activity

- ☐ Cycling
- ☐ Sailing
- ☐ Target Sports
- ☐ Golf
- ☐ Climbing
- ☐ Archery
- ☐ Motion Controlled Video Games
- ☐ Running
- ☐ Hiking
- ☐ Team Sports

... 21 additional
choices hidden ...

- ☐ Figure Skating
- ☐ Gymnastics
- ☐ Softball
- ☐ Dodgeball
- ☐ Badminton
- ☐ Ultimate Frisbee
- ☐ Disc Golf
- ☐ Volleyball
- ☐ Track and Field
- ☐ Other

Other activity (not listed above)

When did you begin practicing this style?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

Total Years of experience (active practice)

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6

... 43 additional
choices hidden ...

- ☐ 50+

Level Reached

- ☐ Beginning
- ☐ Intermediate
- ☐ Advanced
- ☐ Pre-Professional
- ☐ Professional

Honors, medals, scholarships, achievements. Please list any formal standardized examinations you are preparing for or have taken in conjunction with your training.

Have you coached or refereed this sport/activity?

- ☐ Yes
- ☐ No

How many years have you coached/refereed this sport?

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ ... 12 additional choices hidden ...
- ☐ 21+

Describe how this training plays a role in your current physical movement practices.

3. Athletics/Sports Activity Training

Athletics/Sports Activity

- ☐ Cycling
- ☐ Sailing
- ☐ Target Sports
- ☐ Golf
- ☐ Climbing
- ☐ Archery
- ☐ Motion Controlled
Video Games
- ☐ Running
- ☐ Hiking
- ☐ Team Sports
- ... 21 additional
choices hidden ...
- ☐ Figure Skating
- ☐ Gymnastics
- ☐ Softball
- ☐ Dodgeball
- ☐ Badminton
- ☐ Ultimate Frisbee
- ☐ Disc Golf
- ☐ Volleyball
- ☐ Track and Field
- ☐ Other

Other activity (not listed above)

When did you begin practicing this style?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

Total Years of experience (active practice)

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ ... 40 additional choices hidden ...
- ☐ 50+

Level Reached

- ☐ Beginning
- ☐ Intermediate
- ☐ Advanced
- ☐ Pre-Professional
- ☐ Professional

Honors, medals, scholarships, achievements. Please list any formal standardized examinations you are preparing for or have taken in conjunction with your training.

Have you coached or refereed this sport/activity?

- ☐ Yes
- ☐ No

How many years have you coached/refereed this sport?

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9

... 12 additional
choices hidden ...

- ☐ 21+

Describe how this training plays a role in your current physical movement practices.

Section 4: Athletics/Sports Audience Experience

Have you ever watched a sporting event/game?

This includes both live and recorded sports events, professional or non-professional sport of any kind. (e.g. team sports or leagues, cycling, spinning, aerobics, weightlifting, swimming, rock climbing, gymnastics, figure skating, etc...)

- ☐ Yes
- ☐ No

List up to three sports/activities you have the most experience viewing as an audience member.

1. Athletics/Sports Activity

- ☐ Cycling
- ☐ Sailing
- ☐ Target Sports
- ☐ Golf
- ☐ Climbing
- ☐ Archery
- ☐ Motion Controlled Video Games
- ☐ Running
- ☐ Hiking
- ☐ Team Sports
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- ☐ Figure Skating
- ☐ Gymnastics
- ☐ Softball
- ☐ Dodgeball
- ☐ Badminton
- ☐ Ultimate Frisbee
- ☐ Disc Golf
- ☐ Volleyball
- ☐ Track and Field
- ☐ Other

---Other Activity (not listed above)

2. Athletics/Sports Activity

- ☐ Cycling
- ☐ Sailing
- ☐ Target Sports
- ☐ Golf
- ☐ Climbing
- ☐ Archery

- ☐ Motion Controlled Video Games
- ☐ Running
- ☐ Hiking
- ☐ Team Sports
- ... 21 additional choices hidden ...
- ☐ Figure Skating
- ☐ Gymnastics
- ☐ Softball
- ☐ Dodgeball
- ☐ Badminton
- ☐ Ultimate Frisbee
- ☐ Disc Golf
- ☐ Volleyball
- ☐ Track and Field
- ☐ Other

---Other Activity (not listed above)

3. Athletics/Sports Activity

- ☐ Cycling
- ☐ Sailing
- ☐ Target Sports
- ☐ Golf
- ☐ Climbing
- ☐ Archery
- ☐ Motion Controlled Video Games
- ☐ Running
- ☐ Hiking
- ☐ Team Sports
- ... 21 additional choices hidden ...
- ☐ Figure Skating
- ☐ Gymnastics
- ☐ Softball

- ☐ Dodgeball
- ☐ Badminton
- ☐ Ultimate Frisbee
- ☐ Disc Golf
- ☐ Volleyball
- ☐ Track and Field
- ☐ Other

---Other Activity (not listed above)

General Athletics/Sports Audience Experience

When did you begin watching sports?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

In the past year, how many live sporting events have you attended to watch?

- ☐ 0
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9

... 40 additional choices
hidden ...

- ☐ 50+

On average how often do you watch sports (either live or recorded videos)

- ☐ Daily
- ☐ Weekly
- ☐ Monthly
- ☐ Yearly
- ☐ Not Very Often

Describe one of the most memorable sporting events you have seen (either live or recorded)

Section 5: Martial Arts Training Experience

Do you have any training in martial arts practices?

This can be formal or informal training in practices such as Aikido, Judo, Karate, Capoeira, Jiu-Jitsu, Tai Chi, Taekwondo, etc...

- ☐ Yes
- ☐ No

Within the past year, how many hours a week do you spend practicing martial arts?

This can include hours spent competing, training, cross-training, or teaching.

- ☐ < 1
- ☐ 1-3
- ☐ 4-6
- ☐ 7-9
- ☐ 10-12
- ☐ 13-15
- ☐ 16-18
- ☐ 19-21
- ☐ 22-24
- ☐ 25-27
- ☐ 28-30

- ☐ 31-33
- ☐ 34-36
- ☐ 37-39
- ☐ 40+

Have you practiced martial arts competitively or participated in exhibitions?

- ☐ Yes
- ☐ No

How many competitions or exhibitions have you participated in?

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ 10

... 39 additional choices hidden ...

- ☐ 50+

Describe one of the most memorable or significant competitions or exhibitions you have participated in.

This can include aspects relating to the preparation or training, process leading up to the competition/exhibition or the competition/exhibition itself.

Section 5: Martial Arts Training Experience

List up to 3 martial arts practices you have the most training in or identify with the most.

1. Martial Arts Training

Martial Arts Practice

- ☐ Aikido
- ☐ Judo
- ☐ Jujitsu
- ☐ Kendo
- ☐ Kyundo
- ☐ Sumo
- ☐ Karate
- ☐ Taekwondo
- ☐ Fencing
- ☐ Capoeira
- ... 41 additional choices hidden ...
- ☐ Kuk Sool Won
- ☐ Sambo
- ☐ Sanshou
- ☐ Savate
- ☐ Sikaran
- ☐ Sojutsu
- ☐ Systema
- ☐ Taekkyeon
- ☐ Tahtib
- ☐ Other

Other style or technique (not listed above)

When did you begin practicing this activity?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

Total Years of experience (active practice)

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ ... 40 additional choices hidden ...
- ☐ 50+

Level Reached

- ☐ Beginning
- ☐ Intermediate
- ☐ Advanced
- ☐ Pre-Professional
- ☐ Professional

Honors, medals, scholarships, achievements. Please list any formal standardized examinations you are preparing for or have taken in conjunction with your training.

Have you coached or taught this martial arts practice?

- ☐ Yes
- ☐ No

How many years have you taught or coached this practice?

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ ... 12 additional choices hidden ...
- ☐ 21+

Describe how this training plays a role in your current physical movement practices.

2. Martial Arts Training

Martial Arts Practice

- ☐ Aikido
- ☐ Judo
- ☐ Jujitsu
- ☐ Kendo
- ☐ Kyundo
- ☐ Sumo
- ☐ Karate
- ☐ Taekwondo
- ☐ Fencing
- ☐ Capoeira
- ☐ ... 41 additional

choices hidden ...

- ☐ Kuk Sool Won
- ☐ Sambo
- ☐ Sanshou
- ☐ Savate
- ☐ Sikaran
- ☐ Sojutsu
- ☐ Systema
- ☐ Taekkyeon
- ☐ Tahtib
- ☐ Other

Other style or technique (not listed above)

When did you begin practicing this activity?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

Total Years of experience (active practice)

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9

... 40 additional
choices hidden ...

☐ 50+

Level Reached

- ☐ Beginning
- ☐ Intermediate
- ☐ Advanced
- ☐ Pre-Professional
- ☐ Professional

Honors, medals, scholarships, achievements. Please list any formal standardized examinations you are preparing for or have taken in conjunction with your training.

Have you coached or taught this martial arts practice?

- ☐ Yes
- ☐ No

How many years have you taught or coached this practice?

- ☐ < 1
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9

... 12 additional
choices hidden ...

☐ 21+

Describe how this training plays a role in your current physical movement practices.

3. Martial Arts Training

Martial Arts Practice

- ☐ Aikido
- ☐ Judo
- ☐ Jujitsu
- ☐ Kendo
- ☐ Kyundo
- ☐ Sumo
- ☐ Karate
- ☐ Taekwondo
- ☐ Fencing
- ☐ Capoeira
- ... 43 additional choices hidden ...
- ☐ Kuk Sool Won
- ☐ Sambo
- ☐ Sanshou
- ☐ Savate
- ☐ Sikaran
- ☐ Sojutsu
- ☐ Systema
- ☐ Other

Other style or technique (not listed above)

When did you begin practicing this activity?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

Total Years of experience (active practice)

☐ < 1

☐ 1

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8

☐ 9

... 40 additional
choices hidden ...

☐ 50+

Level Reached

☐ Beginning

☐ Intermediate

☐ Advanced

☐ Pre-Professional

☐ Professional

Honors, medals, scholarships, achievements. Please list any formal standardized examinations you are preparing for or have taken in conjunction with your training.

☐ Yes

Have you coached or taught this martial arts practice?

☐ No

How many years have you taught or coached this practice?

☐ < 1

☐ 1

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8

☐ 9

... 12 additional
choices hidden ...

☐ 21+

Describe how this training plays a role in your current physical movement practices.

Section 4: Martial Arts Audience Experience

Have you ever watched a Martial Arts competition or exhibition?

This includes both live and recorded events, professional or non-professional

☐ Yes

☐ No

List up to three sports/activities you have the most experience viewing as an audience member.

1. Martial Arts Practice

☐ Aikido

☐ Judo

☐ Jujitsu

☐ Kendo

- ☐ Kyundo
- ☐ Sumo
- ☐ Karate
- ☐ Taekwondo
- ☐ Fencing
- ☐ Capoeira
- ... 41 additional choices hidden ...
- ☐ Kuk Sool Won
- ☐ Sambo
- ☐ Sanshou
- ☐ Savate
- ☐ Sikaran
- ☐ Sojutsu
- ☐ Systema
- ☐ Taekkyeon
- ☐ Tahtib
- ☐ Other

---Other style or technique (not listed above)

2. Martial Arts Practice

- ☐ Aikido
- ☐ Judo
- ☐ Jujitsu
- ☐ Kendo
- ☐ Kyundo
- ☐ Sumo
- ☐ Karate
- ☐ Taekwondo
- ☐ Fencing
- ☐ Capoeira
- ... 41 additional choices hidden ...
- ☐ Kuk Sool Won

- ☐ Sambo
- ☐ Sanshou
- ☐ Savate
- ☐ Sikaran
- ☐ Sojutsu
- ☐ Systema
- ☐ Taekkyeon
- ☐ Tahtib
- ☐ Other

---Other style or technique (not listed above)

3. Martial Arts Practice

- ☐ Aikido
- ☐ Judo
- ☐ Jujitsu
- ☐ Kendo
- ☐ Kyundo
- ☐ Sumo
- ☐ Karate
- ☐ Taekwondo
- ☐ Fencing
- ☐ Capoeira

... 43 additional choices hidden ...

- ☐ Kuk Sool Won
- ☐ Sambo
- ☐ Sanshou
- ☐ Savate
- ☐ Sikaran
- ☐ Sojutsu
- ☐ Systema
- ☐ Other

---Other style or technique (not listed above)

General Martial Arts Audience Experience

When did you begin watching martial arts?

- ☐ Early Childhood (12 or younger)
- ☐ Late Childhood (13-18)
- ☐ Early Adult (19-39)
- ☐ Late Adult (40+)

In the past year, how many live martial arts events have you attended to watch?

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ 10
- ☐ ... 39 additional choices hidden ...
- ☐ 50+

On average how often do you watch martial arts practices (either live or recorded videos)

- ☐ Daily
- ☐ Weekly
- ☐ Monthly
- ☐ Yearly

Describe one of the most memorable martial arts events you have seen (either live or recorded)

Section 6: Anatomy/Kinesiology Experience

Have you studied anatomy and/or kinesiology?

- ☐ Yes
☐ No

Please list specific courses you have taken in Anatomy/Kinesiology

Course Title/Topic	Length of Course (wks)	Year Taken (YYYY)
<input type="text"/>	<input type="radio"/> <10 Weeks <input type="radio"/> 10 -12 Weeks (Quarter) <input type="radio"/> 12-14 Weeks (Trimester) <input type="radio"/> 14-16 Weeks (Semester) <input type="radio"/> 2 Semesters <input type="radio"/> Year Long	<input type="text"/>
<input type="text"/>	<input type="radio"/> <10 Weeks <input type="radio"/> 10 -12 Weeks (Quarter) <input type="radio"/> 12-14 Weeks (Trimester) <input type="radio"/> 14-16 Weeks (Semester) <input type="radio"/> 2 Semesters <input type="radio"/> Year Long	<input type="text"/>
<input type="text"/>	<input type="radio"/> <10 Weeks <input type="radio"/> 10 -12 Weeks (Quarter) <input type="radio"/> 12-14 Weeks (Trimester) <input type="radio"/> 14-16 Weeks (Semester) <input type="radio"/> 2 Semesters <input type="radio"/> Year Long	<input type="text"/>

- ☐ <10 Weeks
- ☐ 10 -12 Weeks (Quarter)
- ☐ 12-14 Weeks (Trimester)
- ☐ 14-16 Weeks (Semester)
- ☐ 2 Semesters
- ☐ Year Long

- ☐ <10 Weeks
- ☐ 10 -12 Weeks (Quarter)
- ☐ 12-14 Weeks (Trimester)
- ☐ 14-16 Weeks (Semester)
- ☐ 2 Semesters
- ☐ Year Long

- ☐ <10 Weeks
- ☐ 10 -12 Weeks (Quarter)
- ☐ 12-14 Weeks (Trimester)
- ☐ 14-16 Weeks (Semester)
- ☐ 2 Semesters
- ☐ Year Long

- ☐ <10 Weeks
- ☐ 10 -12 Weeks (Quarter)
- ☐ 12-14 Weeks (Trimester)
- ☐ 14-16 Weeks (Semester)
- ☐ 2 Semesters
- ☐ Year Long

- ☐ <10 Weeks
- ☐ 10 -12 Weeks (Quarter)
- ☐ 12-14 Weeks (Trimester)
- ☐ 14-16 Weeks (Semester)
- ☐ 2 Semesters
- ☐ Year Long

- ☐ <10 Weeks
- ☐ 10 -12 Weeks (Quarter)
- ☐ 12-14 Weeks (Trimester)
- ☐ 14-16 Weeks (Semester)
- ☐ 2 Semesters
- ☐ Year Long

- ☐ <10 Weeks
- ☐ 10 -12 Weeks (Quarter)
- ☐ 12-14 Weeks (Trimester)
- ☐ 14-16 Weeks (Semester)
- ☐ 2 Semesters
- ☐ Year Long

How have you applied or used this knowledge in your daily life and work?

Section 7: Other Movement Activities

Do you participate in or practice any other movement activity that was not already previously mentioned?

e.g. acting, military training, circus training, physical theatre, mime, clowning, drumming, meditation, motion controlled video games etc...

- ☐ Yes
- ☐ No

Please list other movement activities you partake/have trained in that were not previously mentioned.

Movement Activities

Years of Experience

Practiced in the past year?

1)

☐ 1

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8

☐ 9

☐ 10

... 40 additional choices
hidden ...

☐ 51+

☐ Yes

☐ No

2)

☐ 1

☐ Yes

☐ 2

☐ No

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8

☐ 9

☐ 10

... 40 additional choices
hidden ...

☐ 51+

3)

☐ 1

☐ Yes

☐ 2

☐ No

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8

☐ 9

☐ 10

... 40 additional choices
hidden ...

☐ 51+

4)

☐ 1

☐ Yes

☐ 2

☐ No

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8

☐ 9

☐ 10

... 40 additional choices
hidden ...

☐ 51+

5)

☐ 1

☐ Yes

☐ 2

☐ No

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8

☐ 9

☐ 10

... 40 additional choices
hidden ...

☐ 51+

6)

☐ 1

☐ Yes

☐ 2

☐ No

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8

☐ 9

☐ 10

... 40 additional choices
hidden ...

☐ 51+

7)

☐ 1

☐ Yes

☐ 2

☐ No

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8

☐ 9

☐ 10

... 40 additional choices
hidden ...

☐ 51+

8)

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ 10

... 40 additional choices
hidden ...

- ☐ 51+

- ☐ Yes
- ☐ No

9)

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ 10

... 40 additional choices
hidden ...

- ☐ 51+

- ☐ Yes
- ☐ No

10)

☐ 1

☐ Yes

☐ 2

☐ No

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8

☐ 9

☐ 10

... 40 additional choices
hidden ...

☐ 51+

Thank you for your participation!

Would you like to be contacted about the results of this experiment?

☐ Yes

☐ No

Please provide additional feedback about this survey here: