# Harrisburg University of Science and Technology

# **INFORMED CONSENT for Qualitative Studies**

Name of Principal Investigator: Arianna Hall & Sydney Dawkins

Name of Organization: Harrisburg University of Science and Technology Name of Sponsor: Harrisburg University of Science and Technology

Title of Study: Quality of the Kitchen and Food

Informed Consent form for: This Informed Consent Form is for homeowners who live with at least one other member of their household, with a minimum income of 36k a year. We invite those who fit these criteria to partake in our research on how middle class Americans are impacted on different aspects of their kitchen, and food. The title of this research is "Quality of the Kitchen and Food."

#### Introduction

We are Arianna, and Sydney, we are here working under Harrisburg University of Technology and Science. We are doing research envolving kitchen and food-based interactions. You are not required to choose if you would be interested in participating immediately, and my consult anyone you are comfortable with of the research before deciding. This consent form may contain phrases or words that you do not understand, and you may request clarification on any aspect of them or this research study as needed.

# Purpose of the Research

We want to understand not only how the community interacts with food, but also how they choose to utilize different aspects relating to food. This includes why you choose the brands you do, and how you decide what products go into your diet.

# Type of Research Intervention

Participation in this study will take up to two hours collectively including all meanings.

# **Participant Selection**

You are invited to take part in this research study based on the status you hold as a middle-class homeowner. Your participation will help contribute to our understanding of how food is understood and used in the modern day.

#### **Procedures**

We are asking you to engage in research relating to how you interact with food, and why you interact with food in some manners. If you accept, you will be asked to participate in 1-3 short 40 minute interviews with a collective maximum total of 2 hours. This interview will be administered by either Arianna Hall, or Sydney Dawkins. You are not required to disclose anything you are uncomfortable with in these interviews, and may skip any questions in these interviews that makes you uncomfortable. All information will be taken down via notes, and audio recordings. No one will be named in these recordings, and they may be requested at any time within a year of the study's conclusion till it's destroyed.

#### Duration

This research study will take place through 2/14/2022 to 3/21/2022, during this time we will interview 1-3 times depending on the quantity of information obtained per 40 minute interview.

#### **Risks**

In this study you may be asked a multitude of questions that make you uncomfortable or anxious. You may decline to answer any of these questions and are not required to provide reasoning for this.

#### **Benefits**

There will be no direct benefit provided but participating in this study will help us identify how we treat food on a larger scale in modern day which could in turn help your community.

#### Reimbursements

You will receive a handmade food related storage container or a food related painting as an incentive for your participation in this study. You will not be compensated in any other way.

### Confidentiality

You may be asked questions about your involvement in this research, but the answers provided by you for this research will not be shared with anyone outside of the research team. The information relating to this study will be kept to the research team, and research team only. Your name will name will not be linked to any of the answers you provided, but rather a number to ensure your privacy.

# **Sharing the Results**

All information provided to us today will be kept within the research team. Your name will not be tied to any of your comments during your participation with us. The knowledge acquired today will only be spread to the necessary applicable teams relating to this research.

# Right to Refuse or Withdraw

Your involvement in this research is only applicable with consent, you may withdraw at any time you desire. The participation you provide us with will not affect your professional status or personal life in any way. You may withdraw at any time without there being any effect on your job. There will be opportunity at the end of the interview for you to review the documentation relating to my notes, you may ask to modify or remove any of these portions.

### **Contact Information**

If at any time you have any questions you may ask the researcher administering this study directly, or contact them later through the following means;

Arianna Hall ahall@my.harrisburgu.edu

Sydney Dawkins sdawkins@my.harrisburgu.edu

You may withdraw consent to participate in this research at any given time without it affecting any part of your professional or personal status. You will be provided with a copy of my notes,

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and/or other document of your answers for review per end of the interview. You may inquire about removal of certain aspects, and/or editing of any aspect on these comments. This research study has been reviewed by Harrisburg University of Science and Technology Institutional Review Board in order to ensure participants are protected from adverse effects relating to this research. If you desire to contact the IRB you may contact them at irb@harrisburgu.edu. The study has additionally be reviewed by the Ethics Review Committee of Harrisburg University of Science and Technology which are supporting the production of this research study.

You can ask me any more questions about any part of the research study, if you wish to. Do you have any questions?

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### Part II: Certificate of Consent

In signing this I am ensuring that I have read or been read to on the above information. The following information presented to me is clear, and the researcher has been informed of any questions I may have prior to interviewing. I consent to being a participant of this research voluntarily.

Signature of Participant  Date Day/month/year  If illiterate A literate witness must sign (if possible, this person should be selected by the participant and should have no connection to the research team). Participants who are illiterate should include their thumb-print as well.
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I have with accord the accurate reading of the concept form to the notantial neutralizant
I have witnessed the accurate reading of the consent form to the potential participant, and the individual has had the opportunity to ask questions. I confirm that the individual has given consent freely.
Print name of witness AND
Signature of witness
OR
Thumb print of participant (in box at right)
Date Day/month/year

# Statement by the Researcher/Person Taking Consent

I have accurately read out the information sheet to the potential participant, and to the best of my ability made sure that the participant understands that the following will be done.

- 1.
- 2.
- 3.

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I confirm that the participant was given an opportunity to ask questions about the study, and all the questions asked by the participant have been answered correctly and to the best of my ability. I confirm that the individual has not been coerced into giving consent, and the consent has been given freely and voluntarily.

A copy of this Informed Consent Form has been provided to the participant.
Print Name of Researcher/person taking the consent
Signature of Researcher /person taking the consent
Date Day/month/year

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