

# On Fear

“WE OVERTHINK, WE OVER, ANALYZE,  
WE SAY, WELL, WHAT ABOUT THIS?  
WHAT ABOUT THAT? BUT IT'S JUST  
LIKE, NO, JUST GO FOR IT. YOU  
DON'T KNOW UNTIL YOU TRY, SO  
JUST GO FOR IT.”



"OBVIOUSLY YOU DON'T WANNA JUST GO OUT THERE AND JUST DO WHATEVER LIKE YOU HAVE TO HAVE SOME TYPE OF STRATEGY. BUT IF IT'S JUST THAT ONE PIECE OF LIKE FEAR THAT'S HOLDING YOU BACK, AND YOU HAVE TO LET THAT GO IN ORDER TO PUSH YOU OVER THE EDGE."



A white silhouette of a woman's head and shoulders is on the left. She is facing right, with her right arm extended forward, palm up. A white dove is perched on her hand, facing right. The background is a textured teal color.

“OH, GET OUT  
THERE AND DO  
IT! THEN JUST  
LET THAT GO.  
JUST FLY!  
JUST FLY!”

~ AMBER

@WELIFTUS