



SISKIYOU VELO



August 2008

NEWSLETTER

MLC 2008 UPDATE

MLC 2008 is now history. The event was attended by about the same number of riders as in 2007. It is felt that the increase in gas prices was probably the major contributing factor in our not being able to grow the event. The execution on event day was virtually flawless, and rider interviews at the post-ride meal indicated a very high level of satisfaction with all aspects of the event. Financially, the event generated net proceeds about equal to last year. That means that the Club Treasury will grow by some \$9000. This will put the club in a position to contribute a lot of money to the community.



Start of the MLC Volunteers' Ride & BBQ

A big "THANK YOU" goes out to all club members who volunteered to make the event such a success. Nearly every rider who was interviewed and who has since sent in comments about the event have mentioned the quality of the people supporting their rides. You did yourselves PROUD! A special thanks goes to those on the MLC Committee who put in so many hours and so much hard work to insure the success of our event:

Dave Oliver – Publicity, T-shirt Design, Brochure Design, Website content, and he even helped at Registration.

Jonathon Williams – Made sure we had the equipment to do the job, helped with food purchasing and organized the food and equipment distribution. He and Nancy Keely also were the Leaders of Jack and the Rogue, our new kids' ride.

Sam Simpson – Helped with food and equipment distribution and food purchasing.

Pam Wooton – Pam was in charge of all the rest stops and their operations. In addition, she was involved in food purchasing (Jonathon and Sam would say she was in charge.) and was instrumental in insuring that the new rides ran smoothly.

Don Parker – Don was in charge of Registration, the Active.com website, assisted in brochure design, assisted in map production and had a hand in many other event activities.

Bobbie Plummer – Bobbie was the Volunteer Honcho, distributed t-shirts to the volunteers, helped at the Senior Center and conducted the Silent Auction. Bobbie is Mrs. Organization.

Mike Smith – Mike was responsible for Sponsorships (a record year), Routes, Maps, Course Marking and even found time to SAG at the event.

Bob Korfhage – Bob got us all the permits we needed for the event and assisted in notifying authorities about what we were up to.

(Continued on page 3)

Members' Ads

FOR SALE: Terra Trike, EDGE all carbon trike, low mileage. in good condition. \$2995 ; Crate Works bicycle box for tandem, never been used, still in box, \$300 Call Jim 779-9873.

FOR SALE: Klein Quantum road bike: 51 cm; excellent condition (low miles), aluminum frame, carbon forks and handlebars; Shimano 105 shifters, clip-in pedals (Shimano SPD), Rolf wheels. \$900. Call Cindy 601-9739.

FOR SALE: 2007 Burley Sandpoint recumbent 24 speed - new \$750, asking \$500; ridden 3x Call 488-1777

Next Velo Meeting: Wednesday, August 13

Siskiyou Velo club meetings are open to all members. Meetings are held each month at 7:00 pm on the 2nd Wednesday of the month at Angelo's Pizza in Phoenix. You are welcome to come and listen, eat pizza and add your two cents worth. Find out what's happening with cycling and advocacy in the area, share your expertise and join in!

Quote of the Month

"The only regret I have in my life is never learning to ride a bicycle."

Helen Hayes

Support Our Member Shops

The bike shops with ads in the newsletter are business members of the Siskiyou Velo. Show them your membership card and receive a 10% discount on parts and accessories.

Siskiyou Velo Club Officers 2008

P. O. Box 974 Ashland, OR 97520

Officers

President:	Glen Gann 779-6986	gann9@charter.net
Advocacy:	Edgar Hee 734-4872	ejhee@juno.com
Events:	Ron & Elizabeth Zell 482-4815	mlc@siskiyouvelo.org
Touring/Rides:	Dan Wooton 779-9248	touring@siskiyouvelo.org
Racing:	Steve Maluk 512-1368	steve@malukcoaching.com
Membership:	Don Parker 488-1924	membership@siskiyouvelo.org
Secretary:	James Williams 857-9037	jbsequoia27@msn.com
Treasurer:	Bill Tout 482-7080	treasurer@siskiyouvelo.org
Newsletter:	Jodi Weber 301-6880	newsletter@siskiyouvelo.org
Webmaster	Spencer Gray 621-3743	webmaster@siskiyouvelo.org

Visit us on the Internet

<http://www.siskiyouvelo.org> Newsletter contributions accepted until the 15th of the month. Contact the editor for further information. Members are welcome submit letters, stories, opinions, cartoons, recipes, tips or other notices of interest to the club.

NEW MEMBERS

Lee Johnson
Bud Flowers
Jay Reeck
Jenna Stanke
Paul & Mary Korblic
Daniel Bogdanoff
Robert Babbitt
Sugeet
Mike & Julie Swoboda

RENEWING MEMBERS

Tamara Abbott & Joel Hodge
Bill Reeves & Becca Ostrom
Richard & Dianne DiVita
Tim Sargent
Dave Bennett
Larry Gagnon
Vicki Confer
Dave Harvey
Chris & Gwen Haynes
Richard Mikula
Ron & Elizabeth Zell
Rick Molatore
Rick Taylor
Steve Levesque

TIME TO RENEW

Dee Parcel & Aryn Duncan
Reider Peterson
John Burns
Ken Silverman
Martha Howard-Bullen
Joseph Kuo
Buzz & Julie Skov
Robert Seibert
Diana & Larry Stumpff

SPIN CYCLES Inc. BICYCLES
PARTS
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APPAREL

We Service all Brands of Bicycles

Craig Ransom
Recumbent Specialist
 122 N.E. F St., Grants Pass, Or 97506
Phone: (541) 955-8807 Fax: (541) 955-8812

Marty's Cycle and Moore
720 Crater Lake Av
Medford OR 97501
77C-YCLE

A Little Local Tour

At 8:30 am, Wednesday, July 7, five of us Velo members met at my house in Central Point ready to ride. Jerry Rhoads, Steve Levesque and I had our recumbent bikes, Jim Greer his trike, and Gary Shaff his upright. Jerry, Steve and Jim pulled Burley trailers, and Gary and I used panniers. Each carried tent, bag and pad, except Gary, who slept out in the open without a tent.

Ray Forsythe and Rick Taylor, on their recumbents, rode with us to Hwy. 234 and Antioch Rd., where we had breakfast. From there it was up Meadows, out Evans Creek towards Wimer, then up West Fork Evans Creek Rd. to the climb over Goolaway Gap, which is long, and pretty steep near the top. My heart rate got the highest on this climb. Then there was the fast descent to Upper Cow Creek Rd., which goes west past Galesville Reservoir to Azalea next to the I-5, where we camped for the night after 70 miles. Gary went swimming in the reservoir.

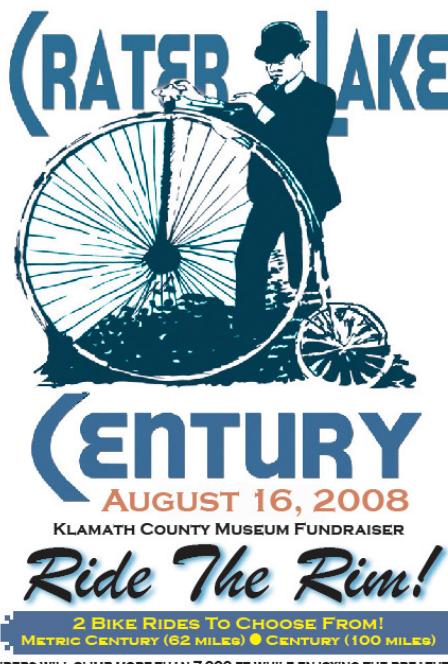
The next day took us west past Glendale, north and east around Cow Creek Rd., a beautiful loop ride with little traffic and few steep or long hills, then through Riddle, total of 55 miles. We camped at Stanton County Park in Canyonville next to the river. There was a swimming hole, but we just skipped rocks across it. Jerry, Jim and I ate at Burger King, and the other two had Mexican food.

The third day we rode east from Canyonville along the Tiller-Trail Highway, again a beautiful route. The climb is long (6.5 mi.) but not too steep, and the descent is super fast. The hottest part of the ride was from Trail and Shady Cove to our respective homes, about 20 miles in traffic. I might sag that part the next time. The distance for day three was about 70 miles.

If you want to lose six pounds in three days, do this ride in the middle of a heat wave, like we did. I hope some of it was fat.

You can do this ride from the Rogue Valley without having to drive anywhere. There is almost a complete absence of traffic, most of the time you are in the middle of nowhere, and yet you don't have to cart food and a stove with you, only maybe some energy bars. The climbs are challenging but the descents are thrilling. It didn't really get hot until late afternoon, when we were through riding, and it got nice and chilly at night.

Maybe we'll do it again next year, and you can join us.



Register online at www.CraterLakeCentury.com

Sponsored By:



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Dan Wooton – SAG (Bikes (On the Greenway), motorcycles and vehicles) and radio and other communications.

We apologize if we have missed a contribution by a Committee Member. Without a doubt, MLC 2008 would not and could not have happened without this team. We feel honored to have had the opportunity to have worked with such a wonderful group of people.

One final MLC note: Ron and Elizabeth are giving their notice that MLC 2008 is our last organizational effort for the Club for a year. We will help on the day of MLC, but we are going to take a year for ourselves, and among other things want to take a three-month tour across the USA.

Thanks, so much, to everyone involved for making MLC 2008 such a great success. The Club should be proud of what it did, and what will be done when our contributions flow to the community.

Elizabeth and Ron Zell
Co-Directors MLC 2008



Mountain Lakes Challenge 2008—Registration Volunteers ready to go

2008 Jackson County Chip Seal & Construction Schedule

Chip Seal work for 2008 has started. All of the roads scheduled to be worked on this year are in the northeast portion of the county including Eagle Point, White City, Shady Cove, Trail and Butte Falls. The chipseal work will take approximately three weeks. The county has also been kind enough to provide us with information regarding the size of gravel to be used on each road. For a list, please check the Siskiyou Velo website: <http://siskiyouvelo.org/chipseal.html>

In addition, there are a couple of ODOT projects which will be under construction for approximately two weeks. These are Riverbanks Road from 199 to Robertson Bridge in Josephine County and Old Siskiyou Highway (Old Hwy 99) from Hwy 66 to the summit. For information on ODOT construction, go to: http://www.siskiyouvelo.org/constr_report.html

 **Rogue Valley
Cycle Sport, Inc.**

Ashland CYCLE SPORT | Medford CYCLE SPORT
191 Oak St. 1390 Biddle Rd. #107
Ashland OR 97520 Medford OR 97504
(541) 488-0581 (541) 857-0819
Fax: (541) 488-3802 E-mail: info@roguecycle.com

 **Siskiyou Cyclery**
Sales/Service
Where Quality Products, Customer Service,
and Customer Satisfaction is our Business!
1729 Siskiyou Blvd. www.siskiyoucyclery.com Ph: 541-482-1997
Ashland, OR 97520 info@siskiyoucyclery.com Fax: 541-482-3571

Ride the Rogue 2008

Join us for the third annual Ride the Rogue (RTR) event. The event is limited to the first 1,200 participants so please pre-register as soon as possible at www.ridetherogue.org or call 541.582.4488. The biking route options include full century (100 mile), metric century (65 mile), and quarter century (25 mile) rides. An additional four-mile historic nature hike through Valley of the Rogue Park will also be offered. The post-ride celebration features gourmet seafood and tri-tip entrees a raffle with a Landshark custom built bike frame and two sets of Rolf Prima Aspen wheels and more. Ride the Rogue benefits the continuation of the Rogue River Recreational Corridor and Greenway project. For more info visit www.ridetherogue.org

Join us for a great ride for a wonderful cause and lots of fun!



New Siskiyou Velo Jerseys

If you've been wanting a Siskiyou Velo jersey but the right size hasn't been available for you, now is the time to order up. James Williams has ordered more of club jerseys from Louis Garneau. If he doesn't have the size you need, all sizes should be available when the new shipment comes in about the end of August for \$55.25. Call James Williams at 857-9037 to see if one is available right now in the size you need.

Flywheel
Bicycle Solutions

IAN BAGSHAW
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TEL. 541.512.8891
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WWW.FLYWHEELBICYCLES.COM
IAN@FLYWHEELBICYCLES.COM



Picture by Jack Buster. If you don't know Jack, he's the guy on the right with the recumbent. Often on rides, you might see him pulling his camera out of the trunk behind his seat. If you'd like to look at more of his pictures, check out this link: www.adr-2.com/velorides.htm

Tuesday Night Rides

August 5 & 19 meet at the Grotto in Talent.; August 12 & 26 meet at the Dog Park in Ashland; The ride leader and route vary each week. Dinner after at one restaurant or another. Email Cheryl at cheryl.french@opendoor.com for details and if you want to be included in reservations for dinner.

CYCLE
—**analusis**
535 N. Fifth St
Jacksonville, OR 97530
899-9190

Diamondback Raleigh Redline
ASHLAND STREET BICYCLES
Sales & Service
1632 Ashland Street
Ashland, OR 97520
(541) 482-3440

BMX
Jack Christman

Interested in local (and perhaps not so local) cycling news? Check out this site. <http://news.siskiyouvelo.org> If you come across a newsworthy article, send the link to our webmaster, Spencer Gray at: webmaster@siskiyouvelo.org

Attorney:
Carlyle F. Stout III

Secretary:
Remedy Hovermale

**LAW OFFICES OF
CARLYLE F. STOUT III**
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Mobile Home Park Contracts & Leases
HUD/Subsidized Housing Contracts & Leases
Eviction Notices
Evictions/FEDs
Landlord/Tenant Disputes



541-776-2020 .



E-mail: carlyle.stout@gmail.com 215 Laurel Street, Medford FAX: 541-776-9841



Exercise the Mind

At the local crit, Sebastian beat Fabian. Stefan beat Heinrich. Bernard finished behind Heinrich. Sven finished behind Bernard but better than Sebastian. What was the finishing order first to last?

Answer? See next month!

July question: After a nice ride, we were all sitting around drinking beer and discussing our families. Sibling rivalry came up. Tina said in her family it was rough. She has three times as many brothers as sisters. But her brother Donny said it wasn't that bad. He has the same number of sisters as brothers. How many boys and girls are in the family? Answer: 2 girls; 3 boys

Siskiyou Velo Minutes

July 9, 2008

11 Members present

1. Membership: Don Parker announced that the membership had advanced from 288 last month to 301 at this time.
2. Treasurer: Bill Tout said that revenue had picked up another \$5000 + with the proceeds from this year's MLC. The balance is now at \$18,000
3. Rides: There was no ride report but it's assumed that ride leaders are needed for the August calendar.
4. Advocacy: Edgar Hee said he had found that the chip seal used in test roads will not all be of the 3/8" variety but 1/2 " chip as well. Edgar, Glen Gann and others will be meeting with ODOT on July 17 to discuss various matters of concern to cyclists. The City of Medford is looking into enforcing the no parking policy for bike lanes.
5. Racing: Glen reported that Levi Leiphiemer and Chris Warner will be participating in the Aubrey Butte Race this weekend in Bend. He also reminded us that there is racing every Thursday evening at the Speedway in White City.
6. MLC: Ron Zell reported that the MIC went flawlessly this year and he heard nothing but good reports on the food and the rest stops. He thanked all the volunteers who made the ride a success for 2008. He said the headcount was about the same as last year as were the proceeds and that the anticipated turnout was somewhat diminished by the cost of fuel. He also announced that this was the last year that he and Elizabeth would be organizing the MLC and thanked those in attendance for the gifts that were given to them as a thank you from the club.
7. Old Business: James discussed the ordering procedure for the new jerseys from Louis Garneau and there was additional discussion as to the number to be procured. Additional savings would be realized by ordering 32 jerseys instead of 24. A vote was held and passed to purchase the latter amount. James announced he would be passing the unofficial position of jersey design/procurer/seller, etc. on to Elizabeth Zell after completing the next order of jerseys. There was further discussion as to how we could increase sales of club jerseys but no resolution was realized.
8. New Business: Edgar talked about the successful NW Tandem Rally held in McMinnville and that there would be a \$2000 check sent to the Velo towards organizing the 2010 rally to be held in Medford. The Velo will accept the check and hold the funds for future use by the Steering Committee for the 2010 Rally which, apparently, will be chaired by Edgar Hee.
9. There was discussion on forming a committee to decide how the MLC proceeds will be spent. Members who volunteered were Glen Gann, Elizabeth Zell, Ron Zell and Jodi Weber. Mike Smith, not present, will also be asked be on the committee.
10. The meeting adjourned at 7:48 PM with little fanfare.

Trivia of the Month

Beijing 2008 Olympiad
Bicycles were part of the first modern Olympic Games in 1896 in Athens and included both road and track racing. The first Olympic road race was on a marathon course for a distance of 87 kilometers. It wasn't until 1984 in Los Angeles that women first cycled in the Olympics.

The Atlanta Olympics in 1996 were the first to include time trials. Mountain biking also became an Olympic event at the Atlanta Olympics. This year in Beijing, BMX competition will be introduced as an Olympic sport.

ASHLAND WELCOMES CUSTOM BICYCLE FRAME BUILDERS

United Bicycle Institute and the Oregon Bicycle Constructors Association present the first ever Southern Oregon Custom Bicycle Show, Saturday, September 13 from 9am to 4pm on the grounds of United Bicycle Institute, 401 Williamson Way, Ashland, Oregon.

The day headlines with a show of classy, creative custom bikes from Oregon, Washington and California frame builders. The West Coast, especially Oregon, is home to a large group of craftspeople who are leading a world-wide renaissance in hand-built custom bicycles. Jackson County alone can boast of five full-time custom builders. In a world of higher energy prices, many people are rediscovering the bicycle, and these custom builders are taking the bicycle to new heights of both beauty and function.

The show also includes an open house for Ashland's United Bicycle Institute (UBI). For nearly 30 years, UBI has trained bicycle mechanics and frame builders. The open house will offer tours, frame building demonstrations, and bicycle mechanics clinics for the general public.

The Southern Oregon Custom Bicycle Show will also feature bicycle components, bike clothing and other products, displays from local sustainable transportation advocates, food, and other festivities to celebrate bicycle culture. Admission is free.

SISKIYOU VELO RIDE SCHEDULE – August 2008** Approved helmets required on all club**** Unless other wise noted, rain/wet pavement cancels ride**

Date	Time	Start Location	Route	Pace	Miles	Ride Leader
August 2 Saturday	9:30 AM	Jacksonville Library	Applegate & Return	TBD	30	Jack Buster 664-2870
August 3 Sunday	9:30 AM	Hawthorne Park	Gold Hill, Sams Vly & Return	TBD	+/- 35	Jack Buster 664-2870
August 9 Saturday	8:30 AM	Colver Park	Murphy Loop	TBD	65	Rick Berlet 488-0036
August 10 Sunday	9:00 AM	Jacksonville Library	Ruch & Return	TBD	30-40	Jack Buster 664-2870
August 16 Saturday	8:30AM	Colver Park	Evans Creek	Brisk	90	Jerry Rhodes 512-2155
August 17 Sunday	9:30AM	Bi Mart, W. Main St Medford	Tandems +	TBD	+/- 25	Jack Buster 664-2870
August 23 Saturday	8:30 AM	Hawthorne Park	Table Rock Rd, Gold Hill & Return	Tandems+	45	Dan Wooton 779-9248
August 24 Sunday	9:00 AM	Hawthorne Park	Gold Hill, Rogue River, Wimer & back	TBD	70	Jack Buster 664-2870
August 30 Saturday	9:00 AM	Hawthorne Park	Lake Creek & Return	TBD		No Ride Leader
August 31 Sunday	9:30AM	Hawthorne Park	Gold Hill, Rogue River & Return	TBD	50	Jack Buster 664-2870
Every Tues-day	9:30 AM	Jacksonville Library	Applegate StoreLunch at Magnolia Café (Ruch) & Return	TBD	30	Jack Buster 664-2870
Every Saturday	10:00 AM	Medford Cycle Sport	TBD	Race Pace	Varies <20	Alex Hayes 857-0819
Every Saturday	10:00 AM	Varies	TBD	Mellow	20 +/-	Phil Gagnon 488-6986
Every Sunday	9:00 AM	Bike Path behind Bad Ass Coffee Co	Determined by Group	Race Pace	Varied >20	Glen Gann 779-6986
Every Monday	9:30AM	Colver Park	Jacksonville coffee ride	Group B4	25	No Ride Leader
Tue, Thurs., Friday	Call	Colver Park	Show & Go	Group B4	Varied	Rick Berlet 488-0036
Every Wednesday	10:00 AM	Roasting Company Ashland	Show & Go	Regroup C4	25-40	No Ride Leader

Ride Rating:

- A- Basically flat with no steep hills.
 B- Gently rolling terrain with one or two short steep hills
 C- Moderate terrain, with rolling short, steep hills or moderate sustained climbs.
 D- Difficult terrain with longer, steeper hills.
 E- Extreme terrain with steep sustained climbs.

Ride Pace: (average range on level ground)

- 1- Slow < 10 mph
 2-Leisurely 10—12 mph
 3-Moderate 12- 15 mph
 4-Brisk 15 -17 mph
 5-Hammer 18+ MPH

Group - Riders will stay together.**Regroup** - Riders will spread out and regroup along the route.

Siskiyou Velo Membership Application

Name			Age <input type="checkbox"/> 18-35 <input type="checkbox"/> 36-45 <input type="checkbox"/> 46-55 <input type="checkbox"/> 56-65 <input type="checkbox"/> 66+	Type of Membership (check one box in each cell below)	
Street Address				<input type="checkbox"/> Individual – \$15/year <input type="checkbox"/> Family – \$20/year <input type="checkbox"/> Business – \$25/year	<input type="checkbox"/> New <input type="checkbox"/> Renewal
City	State	Zip	E-Mail Address Phone Any new information included? (e.g., street address, e-mail address, phone, NL distribution) <input type="checkbox"/> Yes <input type="checkbox"/> No		
Information Blocking Options (items checked will <u>not</u> be available on the secure pages of the web site)* <input type="checkbox"/> Phone Number <input type="checkbox"/> E-mail Address <input type="checkbox"/> Residence Address <input type="checkbox"/> All			Newsletter Distribution Election <input type="checkbox"/> Snail mail (cost borne by Club) <input type="checkbox"/> Electronic (via web site – notification by e-mail)		
Make Checks Payable to: Siskiyou Velo P.O. Box 974 Ashland, OR 97520			Volunteering <input type="checkbox"/> Committees (MLC, etc.) <input type="checkbox"/> Newsletter <input type="checkbox"/> Ride Leader <input type="checkbox"/> Officer position <input type="checkbox"/> Other _____		
Waiver In consideration of my participation in Siskiyou Velo, I hereby waive, release, and discharge any and all claims for damages, death, personal injury, or property damage which I may have, or which hereafter accrue to me, as a result of my participation in said organization or their activities such as club organized rides and events. This release is intended to discharge in advance, the Siskiyou Velo organization or officers, and any involved municipalities or other public agencies, from and against any and all liabilities arising out of, or connected in any way with, my participation in said organization. I further understand that serious accidents occasionally occur during bicycle riding, and that participants occasionally sustain mortal or serious personal injuries and/or property damage as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby assume those risks and do hold harmless all persons or entities related to the Siskiyou Velo Bicycle Club who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release and assumption of risk, is to be binding on my heirs and assigns. I acknowledge that an ANSI certified helmet is required to be worn by me at all times while riding a bicycle in any Siskiyou Velo event. By signing this release, I hereby agree to the terms of this release.					
Signature(s) Applicant _____ Date _____ Parent or Guardian of Minor _____ Date _____					

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August 2008 Newsletter

Siskiyou Velo
P.O. Box 974
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