



# SISKIYOU VELO



April 2008

## NEWSLETTER

### Gray, Slawta Win Southern Oregon TT Series

Spencer Gray (Etna Brewing Co./DeSalvo Cycles) and Jenny Slawta (Team Landshark) won the overall titles for this year's Southern Oregon Time Trial Series. The three-race series saw possibly its biggest turnout this year, thanks to the work of race promoter Amy Warner and her volunteer help.

For Spencer, a series win looked like an inevitability from the moment he got on his bike for the first week. He won each of the three TTs handily in the end, and finished with a GC lead of over four minutes. Second in the men's GC was Yreka junior Matt Dooley (Fred Meyer), and third was Medford's Dave Reitz (DeSalvo Custom Cycles).

The women's GC saw some flip-flopping of the lead: Kristi Green (DeSalvo Custom Cycles) won the first race by 50 seconds over Slawta. But Slawta won the next two and took the overall. Third-place Molly Wheeler (Team Landshark) seemed to improve each week and rode away with third place by almost ten minutes.

By Steve Maluk



Richard Hogan and Glen Gann awaiting their start times at the Griffin Creek Time Trial

little better ourselves, such as stopping at stop signs and lights, and riding to the right. Innocent I'm not, but maybe if we all start making those little changes and calling out for others to be more respectful on rides, some day soon it will come full circle and the respect we ask for will be given. And we can then proudly say that we gave first.



Jana Jensen holding Tish Harlow at the starting gate

### President's Paceline Behavior Must Change First

By Glen Gann

As more sunny days approach and more of us start to clean the winter dust off our bikes to head out on the roads, I would like to ask that we all take a little time to check our behavior and actions on the bike. There is always talk about how we as cyclists get the short end of the stick when it comes to the right away on the roads. Rules on the road are the same for both those driving or riding. That being said, I think before we as cyclists start yelling too much about how the world of drivers should start respecting us, that maybe we should start respecting the rules of the road a

## Members' Ads:

**For Sale:** 57 cm steel Waterford RS-22 road bike. Full details at <http://www.opendoor.com/chas/waterford> \$1,500 Charles 488-4349

**For Sale:** Leer Fiberglass camper shell with Yakima racks attached. For full-sized pickup. \$25. Call Russ 482-8704

**Wanted:** good road bike for 6'3" person, under \$800; call Todd 944-2652

## Club Meetings

Siskiyou Velo club meetings are open to all members. Meetings are held each month at 7:00 pm on the 2nd Wednesday of the month at Angelo's Pizza in Phoenix. You are welcome to come and listen, eat pizza and add your two cents worth. Find out what's happening with cycling and advocacy in the area, share your expertise and join in!

**What's the latest on advocacy and road hazards?**

Please check out the website:

<http://siskiyouvelo.org/advocacy.html>



## MEMBERSHIP POSITION OPEN FOR NEXT YEAR

This is an early notice that I (Don Parker) will not be standing for the Membership position when new officers are elected for next year. This position requires some knowledge of how to use a database. The more you know the better. However, when I took the job over, I did not even own a computer, so the person that turned it over to me downloaded the database in my wife's computer and when I ask for some help in how to use it, he said he had to go and that I would figure it out. So anyone that steps in will get a good check-out by me and I will be available for consultation until that person feels able to do the job and even improve on it. I can be contacted at [membership@siskiyouvelo.org](mailto:membership@siskiyouvelo.org) My phone is 488-1924.

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899-9190

## NEW MEMBERS

Stuart Anderson  
Terrance Hawley

## RENEWING MEMBERS

Bill & Darlene Southworth  
Charles Whitaker & Cheryl French  
John Hoffstaed & Marcia North  
Jeremy Eisen  
Chuck Thomas  
Leslie Bullock  
Alfred Harrison  
John & Bonny Fertig  
David Whipp  
Jerry Rhoads  
Renee & Russ Rickert  
Meg Rawlings & Russ Rudometkin

## TIME TO RENEW

Wayne & Kay Briethaupt  
Steve Juul  
Karen Basin & Wendyn Price  
Marsha Fickert & Julie Knorr  
Randal Iverson  
Rabbitt  
Marlene Fazio  
Darin Todd  
Tom Sheets  
Susan Pruler  
Phil & Ann Dollison

## Siskiyou Velo Club Officers 2008

P. O. Box 974 Ashland, OR 97520

### Officers

<b>President:</b>	Glen Gann 779-6986	<a href="mailto:ggann9@charter.net">ggann9@charter.net</a>
<b>Advocacy:</b>	Edgar Hee 734-4872	<a href="mailto:ejhee@juno.com">ejhee@juno.com</a>
<b>Events:</b>	Ron & Elizabeth Zell 482-4815	<a href="mailto:mcl@siskiyouvelo.org">mcl@siskiyouvelo.org</a>
<b>Touring/Rides:</b>	Dan Wooton 779-9248	<a href="mailto:touring@siskiyouvelo.org">touring@siskiyouvelo.org</a>
<b>Racing:</b>	Steve Maluk 512-1368	<a href="mailto:steve@malukcoaching.com">steve@malukcoaching.com</a>
<b>Membership:</b>	Don Parker 488-1924	<a href="mailto:membership@siskiyouvelo.org">membership@siskiyouvelo.org</a>
<b>Secretary:</b>	James Williams 857-9037	<a href="mailto:jbsequoia27@msn.com">jbsequoia27@msn.com</a>
<b>Treasurer:</b>	Bill Tout 482-7080	<a href="mailto:treasurer@siskiyouvelo.org">treasurer@siskiyouvelo.org</a>
<b>Newsletter:</b>	Jodi Weber 301-6880	<a href="mailto:newsletter@siskiyouvelo.org">newsletter@siskiyouvelo.org</a>
<b>Webmaster</b>	Spencer Gray 621-3743	<a href="mailto:webmaster@siskiyouvelo.org">webmaster@siskiyouvelo.org</a>

*Visit us on the Internet*

<http://www.siskiyouvelo.org> Newsletter contributions accepted until the 15th of the month. Contact the editor for further information. Members are welcome submit letters, stories, opinions, cartoons, recipes, tips or other notices of interest to the club.

# M o u n t a i n C h a i l e n g e L a k e s

## We Need Your Support!

Planning for this year's Mountain Lakes Challenge has been under way for months. We want this to be the best ever. For a little more variety, we have added two new routes on the valley floor ( a 50 miler and a 25 miler); along with a shorter kids' ride.

So it's only March and the ride isn't until June 21st, but we are hoping our members will sign up to help soon. Early signups will really make the planning easier.

Don't forget, those who volunteer get one of our fabulous new 2008 MLC T-shirts (see website) absolutely free. In addition, volunteers get a free delicious post-ride meal and an invitation to participate in the Volunteer Ride and Barbeque at Lake of the Woods on June 28th. The 60 mile ride replicates the Cascade Highlands route of the MLC; so you can still ride the MLC a week later. Their will also be a shorter ride opportunity for those who do not wish to do the full 60 miler.

Volunteering is a great way to meet people with similar interests and do your part to support the club. And don't forget, the proceeds from this ride are donated to various non-profit organizations; such as The Bicycle Greenway.

The following is a list of Volunteer Positions that still need to be filled. Make your choice and email Bobbie at: [boborbobbie@yahoo.com](mailto:boborbobbie@yahoo.com)

Rest Stop Captains (3)

Corner Monitors (4)

SAG Drivers (5)

Equipment Transport (1)

Take Trash to Dump (1)

Rest Stop Staff (24)

Route Signing & Marking (4)

Bike SAG for Greenway (2)

Equipment Cleanup (2)

If you have questions about any of the positions; call or email Elizabeth at [ecrawfordzell@yahoo.com](mailto:ecrawfordzell@yahoo.com) or 482-4815.

## A Message from our Webmaster (and Time-Trialist) Extra Ordinaire, Spencer Gray

After several years of virtually no activity, it appears that the Siskiyou Velo website's Club Forum is virtually dead. The forum was intended to be an easy place for cyclists to discuss cycling and share information.

The concept of the forum was an exciting one because it made the website a more interactive place and made it so mine wasn't the only voice heard on the site. Given the forum's minimal use, I've spent some time thinking about how to allow for more interactivity and improve the site. Along the way, it also occurred to me that there isn't a single place members can go to get cycling news content. Jodi does a superb job gathering all manner of relevant news for the monthly newsletter, but there is a great deal of cycling news that impacts us locally – that news is spread out all over the web and not everyone will find or even look for it.

My solution to both problems is to create a new section for the website that will allow users to share to cycling news stories found on the web. For those who are familiar with social news sites such as [digg.com](http://digg.com), or [technorati.com](http://technorati.com), the concept is similar. The site is dependent on users sharing the news stories that they find interesting. Additionally, any story can be discussed and rated by all registered viewers. If there are a handful of users that regularly find and share news, the site will flourish. I envision this being a one-stop shop for local cycling news. The news section is very simple to use. Once you create a username and password, all you need to share a story is the URL for the news article and a brief description of the article.

This section can be found at <http://news.siskiyouvelo.org>. I am by no means done building the site – the interface is in the middle of a redesign (in short, the site is ugly right now) – but it is fully functional. Feel free to create an account and post some news. Contact me at [webmaster@siskiyouvelo.org](mailto:webmaster@siskiyouvelo.org) if you have any questions.

## Quote of the Month

*"What was once frowned down upon as unladylike, trivial, and shocking, is now done openly and with the approval of the beholders. Perhaps nothing illustrates this so much as the riding of the bicycle."*

*Dr. Gracie Ritchie, nineteenth century Canada*



*Richard Amneus and Max of BikeKraft*

and moved the shop to the current location. Bit by bit, it is taking on a new look. Most recently, new lighting and a nice tongue and groove wooden ceiling have enhanced the open atmosphere of BikeKraft.

Richard says he's been a cyclist all his life. Back in Ohio where he grew up, his parents were very active in outdoor activities. His parents were instrumental in bringing a chapter of the Sierra Club to Cincinnati. At that time, the Sierra Club's focus was more on outdoor family activities. His parents suggested he lead a bike ride, and at the age of twelve on his Schwinn Varsity, he led a group of adults on a Sierra Club ride around a local reservoir. What was to be a 25 mile ride turned into a 65-mile ordeal when they got lost. Fortunately many had turned back early on that blustery day.

Working at BikeKraft is a great job for Richard. He says he gets to dabble in a little bit of everything. He does sales, accounting and ordering. He gets the vicarious enjoyment of a new customer rediscovering the joy of cycling; he gets to explore new trails; he's not afraid to take apart a shock to see what's wrong with it. It's all good for Richard. He seems particularly proud that he has been instrumental in organizing the annual *Return of the Jedi* mountain bike race in the Grants Pass area for the past 14 or so years, with the proceeds going to various local non-profits.

And does road biking fit into his life at all? Yes, he likes it all. On his mountain bike, he says it's all effort going up and complete focus on the trail coming down. Riding his road bike is a way to relax, to be reflective. Kathleen is also a cyclist, either sharing a tandem with Richard, or riding her own mountain or road bike. Their first date was a bike ride. She'll be doing Cycle Oregon this year.

Along with Richard and Max, you're also likely to find Mike Mann or Ron Dietz working in the shop. They value their customers and take pride in the compliments they get on their customer service. So next time you're doing the loop through Grants Pass, stop by BikeKraft.

## A Look Into BikeKraft

Walk into BikeKraft in Grants Pass and Max comes sauntering over to greet you. If you have a cookie, Max will really like you, but just a good scratch behind the ear works, too. Max seems pretty content in the bright, airy bike shop. Who wouldn't enjoy just spending the day hanging out at a good bike shop and eating cookies while Richard, Mike and Ron do all the work. The proverbial dog's life yet again.

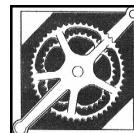
This is the 31<sup>st</sup> year for BikeKraft. It started out as Bill's Bike Shop in 1977 under the ownership of Bill Landis, Sr. In 1992, Richard Amneus and Tim Hewitt bought the shop. Richard and Tim were friends in the San Jose, California area. Tim was the manager of a bike shop and sold Richard a mountain bike back in the 1980s, pre-suspension, beginning a life long love of single track for Richard. Richard and his wife, Kathleen, decided to pack up and leave California. They headed north, with their friend Tim helping them move. Tim was ready for a change, too. The two men discussed options for their lives. "We can't open a candy store - you'd get fat." "Well, we can't open a bar - you'd get drunk." Tim knew bikes; Richard's experience was in sales. A bike shop seemed like the right thing to do. Initially as they worked on their business plan, they anticipated opening a new shop in Eugene. As they were about to sign a lease in Eugene, a friend in the bike business questioned some of their plans and advised them to buy an existing shop rather than start up a new one. Bill's was for sale, and everything fell into place. Together Tim and Richard grew the business, changed the location, and in 1997 Richard and Kathleen bought Tim out. About three years ago Richard bought a building





## Support Our Member Shops

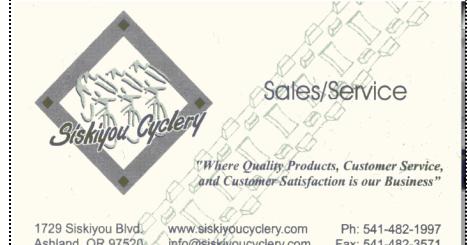
The bike shops with ads in the newsletter are business members of the Siskiyou Velo. Show them your membership card and receive a 10% discount on parts and accessories.



**Rogue Valley  
Cycle Sport, Inc.**

Ashland CYCLE SPORT  
191 Oak St.  
Ashland OR 97520  
(541) 488-0581  
Fax: (541) 488-3802 E-mail: info@roguecycle.com

Medford CYCLE SPORT  
1390 Biddle Rd. #107  
Medford OR 97504  
(541) 857-0819



Another great day to be out in the Valley

## Trivia of the Month: Bicycle Etymology

What does 'bicycle' mean? Of course, going back to the Latin influence on English, 'bi' is *two* and 'cycle' is something like *circle*. Easy. Spanish, French and Italian are all essentially the same word as the English: *bicicleta*, *bicyclette*, and *bicicletta*.

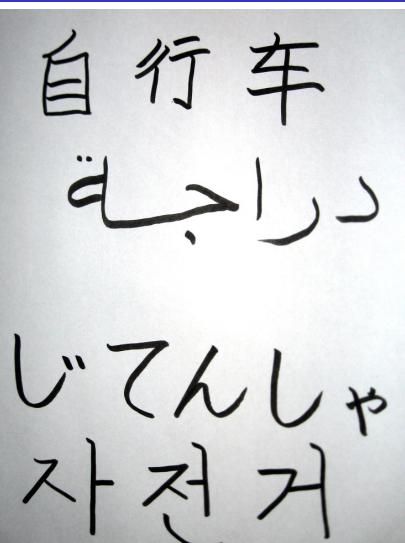
But what about those bicycles in other parts of the world?

The Chinese characters for 'bicycle' are *zi xing che*, with the characters basically translated as *individual, moving forward, vehicle*. The Japanese traditional characters (*kanji*) are quite similar to the Chinese characters, meaning approximately *one person, rolling forward, vehicle*. The same word written in more modern Japanese characters (*hiragana*) is shown here. The influence of Chinese on the Asian world continues with the Korean word, *ja jeon goe*, having the same idea: *myself, go, vehicle*, but using their own special characters.

Moving halfway around the world, the Arabic word for 'bicycle' is something like *darradja*, meaning 'something that moves in a circle'.

German seems simple—at least the letters are familiar. *Fahrrad* is *ride* and *wheel*. And if you go to Bosnia, the word is *točak*, meaning 'a wheel'.

Enjoy rolling that individual wheel forward this April!



From top: Chinese, Arabic, Japanese, Korean



## Tips for Motorists and Tips for Cyclists

If you live in Medford, you may have noticed the insert in your last water bill. This is a simple little flyer published by the Medford Bicycle and Pedestrian Advisory Committee. It emphasizes that bike safety is dependent on proper behavior by both cyclists and motorists. This flyer has been put on the Siskiyou Velo website for you to view and perhaps print if you know someone that you might want to share this basic information with.

## Exercise the Mind

If six mechanics can assemble twelve bikes in two hours, how many mechanics will it take to assemble sixteen bikes in four hours?

Answer? See next month!

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## Siskiyou Velo Minutes

March 12, 2008

Seventeen members were present and the meeting was chaired by Glen Gann.

I. Newsletter: Please submit articles by the deadline—the 15th of the month.

II. Rides: Dan Wooton said there was a need for ride leader volunteers. He also said the Cinco de Mayo ride would be on May 10 this year and that the Monday Coffee Ride would start at 9:00 AM starting on April 7.

III. Membership: Don Parker reported a membership of 292, one more than last month.

IV. Treasurer: Bill Tout said the club's balance was around \$9000. There was discussion of the club bylaw requirement for two signatures on checks for more than \$1000. After comments were heard it was decided that a second signature would be required but that there would be no formal two signature line requirement on the check nor a bank requirement. Jodi Weber will bring up a policy change at the next meeting.

V. Racing: Glen said this weekend would be the final time trial race. It starts at Colver Park.

VI. MLC: Ron Zell said that the sponsorship portion of the MLC is just about complete with \$1000 to \$1500 more in donations than last year. He again expressed a need for more volunteers in light of the additional routes added to the ride. He also reported that the Ride the Rogue organization will be promoting the MLC this week and that our flyers will be going out to an additional 700 RtR riders.

VII. Advocacy: Edgar Hee announced that Karen Smith would be retiring on April 19 and Jodi Weber sent around a card for those present to sign. He also discussed the "Tips for Cyclists and Tips for Motorists" flyer that was sent out by the Medford Water Commission. There was discussion about dissemination of the flyers to those who didn't receive them. Jodi Weber will put a blurb in the newsletter indicating a link at the club's website will take them to the flyer. Edgar also said the county will try to update their chip seal schedule with the caveat that weather changes the schedule.

VIII. New Business: Gary Shaff discussed the accident involving Steve Levesque and encouraged the club to become involved in pursuing justice for Steve. After a lengthy discussion it was decided that the club will send a letter to the District Attorney's Office, urging them to look into the letter from Gary. Edgar Hee volunteered to write the letter.

## An Inconvenient Ride

*An Inconvenient Ride* involves twelve Sealth High School (Seattle) students who will receive a ceremonial tree in Washington DC and begin a 5,200 mile bicycle ride through cities who have signed on to Seattle Mayor Nickels climate protection program. En route, the students will collect over 10,000 signatures from Governors, Mayors and students in a show of support, and commitment, to protecting the environment. Ceremonial tree plantings will be conducted in selected cities along the route. The students will arrive back in Seattle on April 22 (Earthday). On April 19, they will be riding from Ashland about noon to Grants Pass. The cycling community is invited to join them as they ride in our area. Contact Mat at 646-6374 or [matthewcable@msn.com](mailto:matthewcable@msn.com) or <http://bikemedford.blogspot.com> for details on time and place.



Attorney: Carlyle F. Stout III	Secretary: Remedy Hovermale
<b>LAW OFFICES OF CARLYLE F. STOUT III</b>	
Real Estate Law	Business Law
Contracts of Sale	Corporations
Foreclosures	Limited Liability
Earnest Money Agreements	Companies (LLC)
Trust Deeds	Partnerships
Promissory Notes	Sales & Purchases
Boundary Disputes	Contracts
Easements	
<b>Landlord/Tenant Law</b>	
Residential Rental Contracts & Leases	
Commercial Rental Contracts & Leases	
Mobile Home Park Contracts & Leases	
HUD/Subsidized Housing Contracts & Leases	
Eviction Notices	
Evictions/FEDs	
Landlord/Tenant Disputes	
541-776-2020 .	
E-mail: <a href="mailto:carlyle.stout@gmail.com">carlyle.stout@gmail.com</a>	
215 Laurel Street, Medford	FAX: 541-776-9841

## SISKIYOU VELO RIDE SCHEDULE – April 2008

 **Approved helmets required on all club**

 **Unless other wise noted, rain/wet pavement cancels ride**

Date	Time	Start Location	Route	Pace/ Rating	Miles	Ride Leader/ Contact
April 5 Saturday	10:30 AM	Roasting Company Ashland	Hilt via Old Hwy 99/ Colestine Rd Fat Tires Only	Moderate	TBD	Helmut Schroeder 482-8390
April 6 Sunday	12:00 Noon	Bi Mart., W. Main St Medford	Tandems +	TBD	TBD	Dan Wooton 779-9248
April 12 Saturday	10:00 AM	Colver Park	Meadows/Antioch	Brisk	70	Jerry Rhodes 512-2155
April 13 Sunday	10:00 AM	Hawthorne Park	Reese Creek Loop	TBD	45 +/-	Jodi Weber 301-6880
April 19 Saturday	10:00 AM	Hawthorne Park	Rogue River & Return Tandems Welcome	Moderate	50	Dan Wooton 779-9248
April 20 Sunday	11:00 AM	Roasting Company Ashland	Dark Hollow/J'ville Fixies Welcome	TBD	TBD	Helmut Schroeder 482-8390
April 26 Saturday	10:00 AM	Hawthorne Park	Gold Hill/Sams Valley & return	TBD	TBD	No Ride Leader
April 27 Sunday	12:00 Noon	Bi Mart, W. Main St Medford	TBD	TBD	TBD	Dan Wooton 779-9248
Every Saturday	10:00 AM	Varies	TBD	Mellow	20+/-	Phil Gagnon 488-4289
Every Saturday	10:00 AM	Medford Cycle Sport	TBD	Race Pace	Varied <20	Alex Hayes 857-0819
Every Sunday	9:00 AM	Bike Path behind Bad Ass Coffee Co	TBD	Race Pace	<20	Glen Gann 779-6986
Every Monday	9:30 AM	Colver Park	JVille Coffee Ride	Group B4	25	No Ride Leader
Every Tuesday	6:00 PM	On 2 <sup>nd</sup> St,Between Library & The Grotto,Talent	TBD Dinner after Ride	Mellow	TBD	Charles Whitaker 488-4349
Tues, Thurs., Friday	Call	Colver Park	Show & Go	Group B4	Varied	Rick Berlet 488-0036
Every Wednesday	10:00 AM	Roasting Company Ashland	Show & Go	Regroup C4	25-40	No Ride Leader

**Ride Rating:**

- A- Basically flat with no steep hills.
- B- Gently rolling terrain with one or two short steep hills
- C- Moderate terrain, with rolling short, steep hills or moderate sustained climbs.
- D- Difficult terrain with longer, steeper hills.
- E- Extreme terrain with steep sustained climbs.

**Ride Pace:** (average range on level ground)

- 1- Slow < 10 mph
- 2-Leisurely 10—12 mph
- 3-Mellow 12- 15 mph
- 4-Brisk 15 -17 mph
- 5-Hammer 18+ MPH

**Group** - Riders will stay together.

**Regroup** - Riders will spread out and regroup along the route.

**Other Ride Opportunities – NOT SPONSORED BY SISKIYOU VELO**

**Wednesdays**—6PM Mountain Bike rides. Meet @ Cycle Analysis –Jacksonville

Lights and helmets required. Jana will have pasta after ride.



## Siskiyou Velo Membership Application

<b>Name</b>			<b>Age</b> <input type="checkbox"/> 18-35 <input type="checkbox"/> 36-45 <input type="checkbox"/> 46-55 <input type="checkbox"/> 56-65 <input type="checkbox"/> 66+	<b>Type of Membership</b> (check one box in each cell below) <input type="checkbox"/> Individual – \$15/year <input type="checkbox"/> Family – \$20/year <input type="checkbox"/> Business – \$25/year	
<b>Street Address</b>			<input type="checkbox"/> New <input type="checkbox"/> Renewal		
<b>City</b>	<b>State</b>	<b>Zip</b>			
<b>E-Mail Address</b>			<b>Phone</b>		<b>Any new information included?</b> (e.g., street address, e-mail address, phone, NL distribution) <input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Information Blocking Options (items checked will <u>not</u> be available on the secure pages of the web site)*</b> <input type="checkbox"/> Phone Number <input type="checkbox"/> E-mail Address <input type="checkbox"/> Residence Address <input type="checkbox"/> All			<b>Newsletter Distribution Election</b> <input type="checkbox"/> Snail mail (cost borne by Club) <input type="checkbox"/> Electronic (via web site – notification by e-mail)		
<small>* Access to roster on web will require member ID and password</small>			<small>Volunteering</small> <input type="checkbox"/> Committees (MLC, etc.) <input type="checkbox"/> Newsletter <input type="checkbox"/> Ride Leader <input type="checkbox"/> Officer position <input type="checkbox"/> Other _____		
<b>Waiver</b> In consideration of my participation in Siskiyou Velo, I hereby waive, release, and discharge any and all claims for damages, death, personal injury, or property damage which I may have, or which hereafter accrue to me, as a result of my participation in said organization or their activities such as club organized rides and events. This release is intended to discharge in advance, the Siskiyou Velo organization or officers, and any involved municipalities or other public agencies, from and against any and all liabilities arising out of, or connected in any way with, my participation in said organization. I further understand that serious accidents occasionally occur during bicycle riding, and that participants occasionally sustain mortal or serious personal injuries and/or property damage as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby assume those risks and do hold harmless all persons or entities related to the Siskiyou Velo Bicycle Club who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release and assumption of risk, is to be binding on my heirs and assigns. I acknowledge that an ANSI certified helmet is required to be worn by me at all times while riding a bicycle in any Siskiyou Velo event. By signing this release, I hereby agree to the terms of this release.					
<b>Signature(s)</b> Applicant _____ Date _____ Parent or Guardian of Minor _____ Date _____					

Rev. 11/08/200

RETURN SERVICE REQUESTED

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 April 2008 Newsletter  
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 MEDFORD, OREGON