



SISKIYOU VELO



December 2008

NEWSLETTER

Upcoming Annual Meeting / Party / Election of Officers

The election of Siskiyou Velo club officers will be held at the annual December party. The following individuals have agreed to run for offices per below, with many continuing in their current positions. Nominations are still open, and if you care to nominate someone else, please ask that person and be prepared to nominate him / her at the meeting. Please be aware that an individual can only serve in one position for three years.

President:	Mike Smith
Advocacy:	Edgar Hee
Events:	Open
Touring/Rides:	Dan Wooton
Racing:	Glen Gann
Membership:	Anna Arispe
Secretary:	James Williams
Treasurer:	Dave Oliver
Newsletter:	Jodi Weber

If you wear the Siskiyou Velo jersey, you might get your picture in the newsletter! Jack, Ron & Edgar on the Velo Vino Ride



VeloMello Update

Originally, the aim was to provide weekly, Saturday rides to accommodate slower riders over manageable distances (20 miles +/-) at speeds ranging between 10 & 12 mph.

Lately, we find that our regular riders have become stronger and our pace has quickened. This becomes a problem for some, especially new riders who haven't ridden very much.

Our practice is a common one. Faster riders go ahead and have "catch up" stops to keep the group together. A "sweep" to stay with slower riders insures connectedness. Also, everyone has cell phone numbers of each rider in case of need.

We want to promote some requisites for newcomers. We want a rider to be properly equipped. Helmet, tire repair kit including extra tube and pump; a bicycle mechanically tuned with adequate gearing. Water bottle and coffee money.

We also want to promote some basics. Stopping forward motion is required at a stop sign. It isn't necessary to put your foot down. A common practice especially in remote areas, is to proceed through a stop sign and if free of oncoming vehicles, a lead rider often yells "Clear!" This enables followers to roll through a stop in relative safety. While this is a popular custom, know that blowing through a stop sign is unlawful. "Car Back!" is always helpful to hear and calls for an immediate squeeze to the right. Often, riders talking to each other are distracted and fail to move over immediately. This can upset drivers wanting to move past. Arm signals are a must, including a point to debris in bike path.

Our car pool rides are based on 10 cents a mile. For example, a drive from Ashland to Eagle Point is about 40 miles round trip. So, a passenger should give a driver \$4. Longer distances may be negotiated.

Our Saturday rides continue through winter months. Next spring, we intend to enlarge our ride areas to include Montague to the south and Grants Pass to the north.

Phil Gagnon 488-4289

Members' Ads

For Sale: Burley Sandpoint recumbent 24 speed; bought 2007 new for \$750, asking: \$500; ridden 3X and since then it's been hung from the ceiling of my garage; kick stand, rear platform and carry box and flag. Call 488-1777.

For Sale: New Mavic Ksyrium SL wheel set. \$600.00. Located on



Camano Island, Washington. Includes wheel box for shipping plus flat blade set for both front and rear wheels. \$949.00 value. Shipping charges additional if required. Contact: lee@wavecable.com

Next Club Meeting

Sunday, December 7

This is the annual meeting for elections, food and frivolity. All members are welcome. Even if you have not reserved dinner, you are welcome to come for the meeting and festivities after—about 8:30 at Standing Stone in Ashland.

Siskiyou Velo club meetings are open to all members. The January meeting will resume according the regular schedule, 7:00 pm on the 2nd Wednesday of the month at Angelo's Pizza in Phoenix.

Why do I ride? Just imagine doing the Cinco de Mayo in a car. Driving up and down Poor Man, Anderson and Wagner Creek, etc. how much fun would that be? Helmut Schroeder

NEW MEMBERS

Jarvis Smith

RENEWING MEMBERS

Bill Inman
Dan & Ellen Rubenson
Larry Wolfson
Mike Smith & Mary Burgess
Edgar & Karen Hee
Eugene Anderson
Tom & Jenny Wooton

TIME TO RENEW

Gregg Callahan
Carol Lee Rogers
Tom Burnham
Paul Rowland
Wil Thomson
Jim Greer
John, Jenny & Sara Slawta

Why do I ride?

Road Fever

By Dave Harvey

[Apologies to J. Masefield]

I must go out on the road again,
To pedal my bike as of old.
And all I ask is a day that's dry,
And not too windy, hot, or cold.

I hope to ride 'neath a kindly sun,
With no chain-breaks or flats,
And when I stop for rest or sleep,
Be pestered by no bugs or gnats.

And I would hope for a road that's new,
That leads beside cool, shady creeks,
Among new hills not seen before,
With strangely-shapen peaks.

I'll ride in joy through long, slow days;
Ride in storm, but rejoice in sun.
And be glad to find a place to camp
Out of the wind, when my riding's done.

Siskiyou Velo Club Officers 2008

P. O. Box 974 Ashland, OR 97520

Officers

President:	Glen Gann 779-6986	ggann9@charter.net
Advocacy:	Edgar Hee 734-4872	ejhee@juno.com
Events:	Ron & Elizabeth Zell 482-4815	mcl@siskiyouvelo.org
Touring/Rides:	Dan Wooton 779-9248	touring@siskiyouvelo.org
Racing:	Steve Maluk 512-1368	steve@malukcoaching.com
Membership:	Don Parker 488-1924	membership@siskiyouvelo.org
Secretary:	James Williams 857-9037	jbsequoia27@msn.com
Treasurer:	Bill Tout 482-7080	treasurer@siskiyouvelo.org
Newsletter:	Jodi Weber 301-6880	newsletter@siskiyouvelo.org

Webmaster Spencer Gray 621-3743 webmaster@siskiyouvelo.org

Visit us on the Internet

<http://www.siskiyouvelo.org> Newsletter contributions accepted until the 15th of the month. Contact the editor for further information. Members are welcome submit letters, stories, opinions, cartoons, recipes, tips or other notices of interest to the club.

A letter sent to Sheriff Winters, October 2008

Dear Sheriff Winters,

In August there was published in our Siskiyou Velo bicycle club newsletter a copy of a letter to the Sheriff's Department. The letter was largely critical of the Department for alleged lax enforcement against persons who abuse the rights of cyclists on the road. This letter is intended as a counter and hopefully will provide some balance.

Recently a friend and I were returning from a bike ride to Butte Falls. We were inbound on Table Rock Road traveling about 20 mph in the bike lane. I was leading. A car appeared alongside me traveling only slightly faster. Suddenly, without warning, the car turned into the One Stop Market directly across my path. I immediately applied full brakes and careened to the right to avoid a collision. Needless to say I was upset at the careless driver and I showed my displeasure by pounding on the driver's window with some appropriate admonitions that stopped only slightly short of profane. The driver was an older man and he apologized profusely (wisely without opening the car window). Having made my point I turned to leave.

I then noticed another car had stopped nearly touching the rear bumper of the one driven by the miscreant driver. This new car was painted a gaudy green and white and was adorned with some sort of red plexiglass fitting mounted on the top of the car. A light source inside the fitting was flashing on and off. The word "Sheriff" was painted prominently on the side of the car.

A tall young man emerged from the car clasping some kind of book in one hand. As I passed him I noticed a fleeting glimmer of a smile dance across his face as he said softly, "I'll take care of it." I thanked him and my partner and I, after he recovered from convulsions of laughter, went on our way.

Of course I will never learn the outcome of the deputy's meeting with the motorist, but regardless of that there will be at least one additional motorist in the Rogue Valley who will have a heightened awareness of cyclists. For this I thank and compliment the Sheriff's Department.

Jack Buster
Siskiyou Velo Club Member

Letter to the Velo

November 13, 2008

Hi Ron (and please forward to the rest of the group),

I didn't get a chance to say thanks to you all last night for your generous contribution to the Bear Creek Greenway- I want to make sure you know how appreciative we are. I know there are many worthy causes out there for consideration, and am honored that you see benefit in contributing much of your donation funding to the Bear Creek Greenway. As promised, as the sign plan and grant application unfolds and we have a

better idea of the project we will be more than happy to recognize the Velo at a Board of Commissioners meeting (probably Jan./Feb.).

Again, many thanks, I will do my best to make sure you are pleased with your investment!

Jenna Stanke
Special Projects Manager
Jackson County Roads & Parks



Bill Inman fixing another flat with Aryn Duncan supervising.

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122 N.E. F St., Grants Pass, Or 97526
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A Look into Local Bike-Builder, Mike DeSalvo

Road bikes, cyclo-cross bikes, snow bikes, downhill bikes, track bikes, messenger bikes, BIG bikes for professional basketball players, LITTLE bikes for special kids (such as a titanium bike for his 4-year-old son) - all sorts of bikes begin in the little yellow shop behind Mike DeSalvo's house in Ashland.

Frame building just sort of happened. Mike began building frames while teaching at United Bicycle Institute. The gratification of frame building and a desire to have the freedom of being self-employed in the bicycle industry has meshed together into a rewarding career.

Mike grew up just over the Siskiyou Summit in Montague. A high school work program had him working in a bike shop in Yreka, and by the age of 19, he was part owner of the shop. Mike got his first road bike (having primarily ridden BMX until then) when he was 13, and two weeks later did his first organized ride - the Ashland Triple Challenge, predecessor to the current Mountain Lakes Challenge. This was back in 1986. (Yeah - do the math. He's younger than most of us by a long shot.) Over the years, Mike has ridden and raced almost every type of bike there is.

In the early '90s, Mike took classes at UBI, and then moved on to Colorado for a bit. He returned to UBI as a full-time instructor in 1999. That is when Mike began building frames. After three years of building frames as a hobby, Mike became a full-time frame builder. Though he's been building frames full-time in his own business for seven years, he still teaches welding at UBI.

What makes a good bike? Mike says a combination of durability and safety are primary in making a good bike, but the bike also needs to be the right bike for the type of riding a person is going to be doing. An example of tailoring the bike to the application is bikes that he has sold in Alaska for snow riding. These bikes have some major wheels to get traction in the snow, and the frame has to accommodate the extra large wheels.

Mike uses titanium or steel in his bikes and strives for top-notch construction in the alignment of the tubes and the quality of the welds. He also believes that bikes should be in the affordable range for most cyclists.

Mike DeSalvo averages about 120 bikes a year. While his bikes can be seen in the Rogue Valley, most of his frames go across the country or across oceans. Perhaps 15 or 20 a year go to Japan. The most unusual request is one he currently has in the planning stages for a tricycle for an eight-year-old disabled girl. Whatever kind or size of frame, Mike takes pride in making frames, balancing quality and function.



Mike DeSalvo with a snow tire

Exercise the Mind

Cyril couldn't believe his wife didn't want something cycling related for Christmas, so he went out to buy his wife flowers. He knew she loved papaya, coconut and cucumbers. He couldn't decide between carnations, lilies or tulips. What do you think she would prefer?

Answer? See next month!

November's question: Unscramble the letters to identify a favorite local ride.

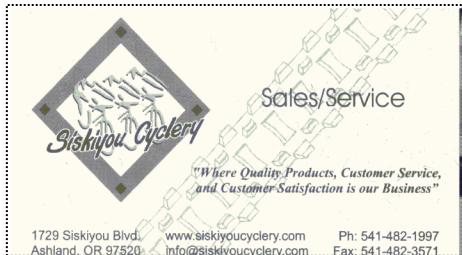
ACC D E E E F F I I J K L L N O O R S V

Jacksonville Coffee Ride

Quote of the Month

"Toleration is the greatest gift of the mind; it requires the same effort of the brain that it takes to balance oneself on a bicycle."

Helen Keller



Taking the lane to go straight

Photo by Jack Buster

To see more of Jack's pictures throughout the season, go to:
<http://www.adr-2.com/Velorides.htm>

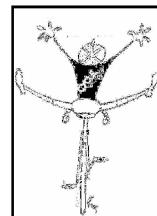


Support Our Member Shops

The bike shops with ads in the newsletter are business members of the Siskiyou Velo. Show them your membership card and receive a 10% discount on parts and accessories.

CYCLE
analusis

535 N. Fifth St
Jacksonville, OR 97530
899-9190



Trivia of the Month: Early Doping

"A participant in an endurance walking race in Britain, Abraham Wood, said in 1807 that he had used laudanum, or opium, to keep him awake for 24 hours while competing against Robert Barclay Allardyce. By April 1877, walking races had stretched to 500 miles and the following year, also at the Agricultural Hall in Islington, London, to 520 miles. The Illustrated London News chided:

'It may be an advantage to know that a man can travel 520 miles in 138 hours, and manage to live through a week with an infinitesimal amount of rest, though we fail to perceive that anyone could possibly be placed in a position where his ability in this respect would be of any use to him [and] what is to be gained by a constant repetition of the fact.'

The crowd loved it, however, and 20,000 a day came to watch. That encouraged promoters to repeat the races, at the same venue but with cyclists. They were the fastest humans on earth... "...and much more likely to endure their miseries publicly; a tired walker, after all, merely sits down - a tired cyclist falls off and possibly brings others crashing down as well. That's much more fun'.

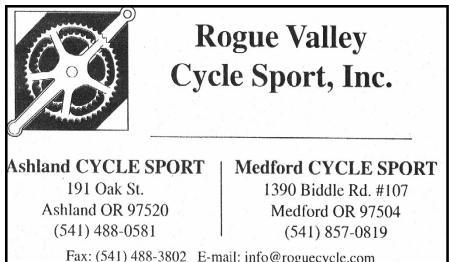
The fascination with six-day bicycle races spread across the Atlantic and the same appeal to base instincts brought in the crowds in America as well. And the more spectators paid at the gate, the higher the prizes could be and the greater was the incentive of riders to stay awake - or be kept awake - to ride the greatest distance.
[http://en.wikipedia.org/wiki/Doping_\(sport\)](http://en.wikipedia.org/wiki/Doping_(sport))



Siskiyou Velo Minutes

November 12, 2008

1. October 8, 2008 minutes were approved by the 14 members in attendance.
2. Membership: Don Parker reported a current membership of 302.
3. Treasurer: David Oliver reported a current balance of \$14,300.
4. Rides: Dan Wooton was not at the meeting. It was suggested that those who wanted to schedule rides for December contact him for inclusion in the newsletter.
5. Advocacy: Edgar Hee said the Medford Bicycle/Pedestrian Committee is looking for volunteers. The only requirement is that volunteers live in Medford. Jenna Stanke reported that she and the county GIS Department are working on a draft for redoing the Jackson County Bicycling Map. She will come back to talk with us about suggestions for inclusion on the map.
6. MLC: No one has stepped up to lead the Mountain Lakes Challenge for 2009.
7. Newsletter: Jodi reported that everything is hunky dory with the upcoming issue ;)
8. New business:
 - a. David Oliver mentioned that the Portland Wheelman, a much larger organization than ours, is suffering from similar symptoms of burnout among those who constantly volunteer for officer positions, ride leaders and other positions requiring time and energy.
 - b. Egon Dubois, from the Bicycle Transportation Alliance, explained the problems of and continuous need for funding for education of children. There was a lengthy discussion regarding the politics of the BTA and the effect it has on local funding sources. A vote will be held at a future meeting to decide on how much funding will be given. Egon reported an inventory of 43 bicycles and 400 helmets he uses for schools and other functions.
 - c. There is no Toy Ride scheduled this December.
 - d. Glen Gann said he would like to use a portion of the Junior Racing Allotment for a Racing Camp to be held at the Slawta's home in January. A vote was held and the money was approved unanimously.
 - e. A general discussion was held about the officer positions to be decided at the Elections Party in December.
9. Old Business: There was discussion of the Elections Party in December and Elizabeth said the party probably wouldn't cost the amount (\$1400) allotted for the event at Standing Stone. Jodi Weber pointed out a bylaw indicating that the vote for officer positions was to be accessible to all as well as those who paid \$10 towards their meal. Elizabeth will check with Standing Stone regarding their accommodation policy. The vote was scheduled for 8:30 PM on December 7.
10. The meeting adjourned at 8:47 PM.



Need a last minute gift idea? Want to advocate for bicycle safety? Check this out!

<http://3feetplease.com>



Attorney:
Carlyle F. Stout III

Secretary:
Remedy Hovermale

LAW OFFICES OF CARLYLE F. STOUT III Real Estate Law Business Law

Contracts of Sale	Corporations
Foreclosures	Limited Liability
Earnest Money Agreements	Companies (LLC)
Trust Deeds	Partnerships
Promissory Notes	Sales & Purchases
Boundary Disputes	Contracts
Easements	

Landlord/Tenant Law

Residential Rental Contracts & Leases
Commercial Rental Contracts & Leases
Mobile Home Park Contracts & Leases
HUD/Subsidized Housing Contracts & Leases
Eviction Notices
Evictions/FEDs
Landlord/Tenant Disputes



541-776-2020 .



E-mail: carlyle.stout@gmail.com

215 Laurel Street, Medford FAX: 541-776-9841

SISKIYOU VELO RIDE SCHEDULE – December 2008

 Approved helmets required on all club

 Unless other wise noted, rain/wet pavement cancels ride

Date	Time	Start Location	Route	Pace	Miles	Contact
Dec. 6 Saturday	10:00 AM	Colver Park	Show N Go	TBD	TBD	No Ride Leader
Dec. 7 Sunday	10:00 AM	Hawthorne Park	Show N Go	TBD	TBD	No Ride Leader
Dec. 13 Saturday	10:00 AM	Hawthorne Park	Show N Go	TBD	TBD	No Ride Leader
Dec. 14 Sunday	12:00 PM	Colver Park	Show N Go	TBD	TBD	No Ride Leader
Dec. 20 Saturday	10:00 AM	Hawthorne Park	Show-N-Go	TBD	TBD	No Ride Leader
Dec. 21 Sunday	10:00 AM	Colver Park	Show-N-Go	TBD	TBD	No Ride Leader
Dec. 27 Saturday	10:00 AM	Hawthorne Park	TBD	TBD	TBD	No Ride Leader
Dec. 28 Sunday	10:00 AM	Colver Park	Show N Go	TBD	TBD	No Ride Leader
Every Saturday	10:00 AM	Medford Cycle Sport	TBD	Race Pace	Varies <20	Alex Hayes 857-0819
Every Saturday	10:00 AM	Varies	TBD	Mellow	20 +/-	Phil Gagnon 488-4289
Every Sunday	9:00 AM	Bike Path behind Bad Ass Coffee	Determined by Group	Race Pace	Varied >20	Glen Gann 779-6986
Every Monday	10:30 AM	Colver Park	Jacksonville coffee ride	Group B4	25	No Ride Leader
Tues, Thur., Friday	Call	Colver Park	Show & Go	Group B4	Varied	Rick Berlet 488-0036
Every Wednesday	10:00 AM	Roasting Co Ashland	Show & Go	Regroup C4	25-40	No Ride Leader

Ride Rating:

- A- Basically flat with no steep hills.
- B- Gently rolling terrain with one or two short steep hills
- C- Moderate terrain, with rolling short, steep hills or moderate sustained climbs.
- D- Difficult terrain with longer, steeper hills.
- E- Extreme terrain with steep sustained climbs.

Ride Pace: (average range on level ground)

- 1- Slow < 10 mph
- 2-Leisurely 10—12 mph
- 3-Mellow 12- 15 mph
- 4-Brisk 15 -17 mph
- 5-Hammer 18+ MPH

Group - Riders will stay together.

Regroup - Riders will spread out and regroup along the route.

Other Ride Opportunities – NOT SPONSORED BY SISKIYOU VELO

Wednesdays—6PM Mountain Bike rides. Meet @ Cycle Analysis –Jacksonville

Lights and helmets required. Jana will have pasta after ride.



Diamondback Raleigh Redline
BMX

ASHLAND STREET BICYCLES

Sales & Service

1632 Ashland Street
Ashland, OR 97520
(541) 482-3440

Jack Christman



Siskiyou Velo Membership Application

Name			Age <input type="checkbox"/> 18-35 <input type="checkbox"/> 36-45 <input type="checkbox"/> 46-55 <input type="checkbox"/> 56-65 <input type="checkbox"/> 66+	Type of Membership (check one box in each cell below)	
			<input type="checkbox"/> Individual – \$15/year <input type="checkbox"/> Family – \$20/year <input type="checkbox"/> Business – \$25/year	<input type="checkbox"/> New <input type="checkbox"/> Renewal	
Street Address					
City	State	Zip			
E-Mail Address			Phone	Any new information included? (e.g., street address, e-mail address, phone, NL distribution) <input type="checkbox"/> Yes <input type="checkbox"/> No	
Information Blocking Options (items checked will <u>not</u> be available on the secure pages of the web site)* <input type="checkbox"/> Phone Number <input type="checkbox"/> E-mail Address <input type="checkbox"/> Residence Address <input type="checkbox"/> All			Newsletter Distribution Election <input type="checkbox"/> Snail mail (cost borne by Club) <input type="checkbox"/> Electronic (via web site – notification by e-mail)		
<small>* Access to roster on web will require member ID and password</small>			<small>Volunteering</small> <input type="checkbox"/> Committees (MLC, etc.) <input type="checkbox"/> Newsletter <input type="checkbox"/> Ride Leader <input type="checkbox"/> Officer position <input type="checkbox"/> Other _____		
Waiver In consideration of my participation in Siskiyou Velo, I hereby waive, release, and discharge any and all claims for damages, death, personal injury, or property damage which I may have, or which hereafter accrue to me, as a result of my participation in said organization or their activities such as club organized rides and events. This release is intended to discharge in advance, the Siskiyou Velo organization or officers, and any involved municipalities or other public agencies, from and against any and all liabilities arising out of, or connected in any way with, my participation in said organization. I further understand that serious accidents occasionally occur during bicycle riding, and that participants occasionally sustain mortal or serious personal injuries and/or property damage as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby assume those risks and do hold harmless all persons or entities related to the Siskiyou Velo Bicycle Club who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release and assumption of risk, is to be binding on my heirs and assigns. I acknowledge that an ANSI certified helmet is required to be worn by me at all times while riding a bicycle in any Siskiyou Velo event. By signing this release, I hereby agree to the terms of this release.					
Signature(s) Applicant _____ Date _____ Parent or Guardian of Minor _____ Date _____					

Rev. 11/08/2008

RETURN SERVICE REQUESTED

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December 2008 Newsletter

P.O. Box 974
 Siskiyou Velo
 Ashland OR 97520

