

Modern Fiction

In making any survey, even the freest and loosest, of modern fiction, it is difficult not to take it for granted that the modern practice of the art is somehow an improvement upon the old. With their simple tools and primitive materials, it might be said, Fielding¹ did well and Jane Austen even better, but compare their opportunities with ours! Their masterpieces certainly have a strange air of simplicity. And yet the analogy between literature and the process, to choose an example, of making motor cars scarcely holds good beyond the first glance. It is doubtful whether in the course of the centuries, though we have learnt much about making machines, we have learnt anything about making literature. We do not come to write better; all that we can be said to do is to keep moving, now a little in this direction, now in that, but with a circular tendency should the whole course of the track be viewed from a sufficiently lofty pinnacle. It need scarcely be said that we make no claim to stand, even momentarily, upon that vantage-ground. On the flat, in the crowd, half blind with dust, we look back with envy to those happier warriors, whose battle is won and whose achievements wear so serene an air of accomplishment that we can scarcely refrain from whispering that the fight was not so fierce for them as for us. It is for the historian of literature to decide; for him to say if we are now beginning or ending or standing in the middle of a great period of prose fiction, for down in the plain little is visible. We only know that certain gratuities and hostilities inspire us; that certain paths seem to lead to fertile land, others to the dust and the desert; and of this perhaps it may be worth while to attempt some account.

Our quarrel, then, is not with the classics, and if we speak of quarrelling with Mr Wells, Mr Bennett, and Mr Galsworthy;² it is partly that by the mere fact of their existence in the flesh their work has a living, breathing, everyday imperfection which bids us take what liberties with it we choose. But it is also true, that, while we thank them for a thousand gifts, we reserve our unconditional gratitude for Mr Hardy, for Mr Conrad, and in much lesser degree for the Mr Hudson of *The Purple Land*, *Green Mansions*, and *Far Away and Long Ago*.³ Mr Wells, Mr Bennett, and Mr Galsworthy have excited so many hopes and disappointed them so persistently that our gratitude largely takes the form of thanking them for having shown us what they might have done but have not done; what we certainly could not do, but as certainly, perhaps, do not wish to do. No single phrase will sum up the charge or grievance which we have to bring against a mass of work so large in its volume and embodying so many qualities, both admirable and the reverse. If we tried to formulate our meaning in one word we should say that these three writers are materialists. It is because they are concerned not with the spirit but with the body that they have disappointed us, and left us with the feeling that the sooner English fiction turns its back upon them, as politely as may be, and marches, if only into the desert, the better for its soul. Naturally, no single word reaches the centre of three separate targets.

1. Henry Fielding (1707–1754), English novelist.

2. H. G. Wells (1866–1946), Arnold Bennett (1867–1931), John Galsworthy (1867–1933), English novelists.

3. W. H. Hudson (1841–1922), naturalist and

writer, was born in Argentina, although he later lived in London. *The Purple Land* (1885) is about South America; *Green Mansions* (1904), a novel set in South America, was his first real success.

In the case of Mr Wells it falls notably wide of the mark. And yet even with him it indicates to our thinking the fatal alloy in his genius, the great clod of clay that has got itself mixed up with the purity of his inspiration. But Mr Bennett is perhaps the worst culprit of the three, inasmuch as he is by far the best workman. He can make a book so well constructed and solid in its craftsmanship that it is difficult for the most exacting of critics to see through what chink or crevice decay can creep in. There is not so much as a draught between the frames of the windows, or a crack in the boards. And yet—if life should refuse to live there? That is a risk which the creator of *The Old Wives' Tale*, George Cannon, Edwin Clayhanger,⁴ and hosts of other figures, may well claim to have surmounted. His characters live abundantly, even unexpectedly, but it remains to ask how do they live, and what do they live for? More and more they seem to us, deserting even the well-built villa in the Five Towns,⁵ to spend their time in some softly padded first-class railway carriage, pressing bells and buttons innumerable; and the destiny to which they travel so luxuriously becomes more and more unquestionably an eternity of bliss spent in the very best hotel in Brighton.⁶ It can scarcely be said of Mr Wells that he is a materialist in the sense that he takes too much delight in the solidity of his fabric. His mind is too generous in its sympathies to allow him to spend much time in making things shipshape and substantial. He is a materialist from sheer goodness of heart, taking upon his shoulders the work that ought to have been discharged by Government officials, and in the plethora of his ideas and facts scarcely having leisure to realize, or forgetting to think important, the crudity and coarseness of his human beings. Yet what more damaging criticism can there be both of his earth and of his Heaven than that they are to be inhabited here and hereafter by his Joans and his Peters?⁷ Does not the inferiority of their natures tarnish whatever institutions and ideals may be provided for them by the generosity of their creator? Nor, profoundly though we respect the integrity and humanity of Mr Galsworthy, shall we find what we seek in his pages.

If we fasten, then, one label on all these books, on which is one word, materialists, we mean by it that they write of unimportant things; that they spend immense skill and immense industry making the trivial and the transitory appear the true and the enduring.

We have to admit that we are exacting, and, further, that we find it difficult to justify our discontent by explaining what it is that we exact. We frame our question differently at different times. But it reappears most persistently as we drop the finished novel on the crest of a sigh—Is it worth while? What is the point of it all? Can it be that, owing to one of those little deviations which the human spirit seems to make from time to time, Mr Bennett has come down with his magnificent apparatus for catching life just an inch or two on the wrong side? Life escapes; and perhaps without life nothing else is worth while. It is a confession of vagueness to have to make use of such a figure as this, but we scarcely better the matter by speaking, as critics are prone to do, of reality. Admitting the vagueness which afflicts all criticism of novels, let us hazard the opinion that for us at this moment the form of

4. Characters in Arnold Bennett's novels; *The Old Wives' Tale* (1908) is the best-known.

5. The pottery towns of Staffordshire in which much of Bennett's fiction was set.

6. Once-fashionable seaside resort on the south-

west coast of England.

7. In his novel *Joan and Peter: The Story of an Education* (1918), Wells advocates education to address social problems.

fiction most in vogue more often misses than secures the thing we seek. Whether we call it life or spirit, truth or reality, this, the essential thing, has moved off, or on, and refuses to be contained any longer in such ill-fitting vestments as we provide. Nevertheless, we go on perseveringly, conscientiously, constructing our two and thirty chapters after a design which more and more ceases to resemble the vision in our minds. So much of the enormous labour of proving the solidity, the likeness to life, of the story is not merely labour thrown away but labour misplaced to the extent of obscuring and blotting out the light of the conception. The writer seems constrained, not by his own free will but by some powerful and unscrupulous tyrant who has him in thrall, to provide a plot, to provide comedy, tragedy, love interest, and an air of probability embalming the whole so impeccable that if all his figures were to come to life they would find themselves dressed down to the last button of their coats in the fashion of the hour. The tyrant is obeyed; the novel is done to a turn. But sometimes, more and more often as time goes by, we suspect a momentary doubt, a spasm of rebellion, as the pages fill themselves in the customary way. Is life like this? Must novels be like this?

Look within and life, it seems, is very far from being "like this." Examine for a moment an ordinary mind on an ordinary day. The mind receives a myriad impressions—trivial, fantastic, evanescent, or engraved with the sharpness of steel. From all sides they come, an incessant shower of innumerable atoms; and as they fall, as they shape themselves into the life of Monday or Tuesday,⁸ the accent falls differently from of old; the moment of importance came not here but there; so that, if a writer were a free man and not a slave, if he could write what he chose, not what he must, if he could base his work upon his own feeling and not upon convention, there would be no plot, no comedy, no tragedy, no love interest or catastrophe in the accepted style, and perhaps not a single button sewn on as the Bond Street⁹ tailors would have it. Life is not a series of gig-lamps¹ symmetrically arranged; life is a luminous halo, a semi-transparent envelope surrounding us from the beginning of consciousness to the end. Is it not the task of the novelist to convey this varying, this unknown and uncircumscribed spirit, whatever aberration or complexity it may display, with as little mixture of the alien and external as possible? We are not pleading merely for courage and sincerity; we are suggesting that the proper stuff of fiction is a little other than custom would have us believe it.

It is, at any rate, in some such fashion as this that we seek to define the quality which distinguishes the work of several young writers, among whom Mr James Joyce is the most notable, from that of their predecessors. They attempt to come closer to life, and to preserve more sincerely and exactly what interests and moves them, even if to do so they must discard most of the conventions which are commonly observed by the novelist. Let us record the atoms as they fall upon the mind in the order in which they fall, let us trace the pattern, however disconnected and incoherent in appearance, which each sight or incident scores upon the consciousness. Let us not take it for granted that life exists more fully in what is commonly thought big than in what is commonly thought small. Anyone who has read *The Portrait of the Artist as a Young Man* or, what promises to be a far more interesting

8. *Monday or Tuesday* was Woolf's 1921 collection of experimental stories and sketches.

9. Fashionable shopping street in London.

1. Carriage lamps.

work, *Ulysses*,² now appearing in the *Little Review*, will have hazarded some theory of this nature as to Mr Joyce's intention. On our part, with such a fragment before us, it is hazarded rather than affirmed; but whatever the intention of the whole, there can be no question but that it is of the utmost sincerity and that the result, difficult or unpleasant as we may judge it, is undeniably important. In contrast with those whom we have called materialists, Mr Joyce is spiritual; he is concerned at all costs to reveal the flickerings of that innermost flame which flashes its messages through the brain, and in order to preserve it he disregards with complete courage whatever seems to him adventitious, whether it be probability, or coherence, or any other of these signposts which for generations have served to support the imagination of a reader when called upon to imagine what he can neither touch nor see. The scene in the cemetery,³ for instance, with its brilliancy, its sordidity, its incoherence, its sudden lightning flashes of significance, does undoubtedly come so close to the quick of the mind that, on a first reading at any rate, it is difficult not to acclaim a masterpiece. If we want life itself, here surely we have it. Indeed, we find ourselves fumbling rather awkwardly if we try to say what else we wish, and for what reason a work of such originality yet fails to compare, for we must take high examples, with *Youth* or *The Mayor of Cast-erbridge*.⁴ It fails because of the comparative poverty of the writer's mind, we might say simply and have done with it. But it is possible to press a little further and wonder whether we may not refer our sense of being in a bright yet narrow room, confined and shut in, rather than enlarged and set free, to some limitation imposed by the method as well as by the mind. Is it the method that inhibits the creative power? Is it due to the method that we feel neither jovial nor magnanimous, but centred in a self which, in spite of its tremor of susceptibility, never embraces or creates what is outside itself and beyond? Does the emphasis laid, perhaps didactically, upon indecency contribute to the effect of something angular and isolated? Or is it merely that in any effort of such originality it is much easier, for contemporaries especially, to feel what it lacks than to name what it gives? In any case it is a mistake to stand outside examining "methods". Any method is right, every method is right, that expresses what we wish to express, if we are writers; that brings us closer to the novelist's intention if we are readers. This method has the merit of bringing us closer to what we were prepared to call life itself; did not the reading of *Ulysses* suggest how much of life is excluded or ignored, and did it not come with a shock to open *Tristram Shandy* or even *Pendennis*⁵ and be by them convinced that there are not only other aspects of life, but more important ones into the bargain.

However this may be, the problem before the novelist at present, as we suppose it to have been in the past, is to contrive means of being free to set down what he chooses. He has to have the courage to say that what interests him is no longer "this" but "that": out of "that" alone must he construct his work. For the moderns "that", the point of interest, lies very likely in the dark places of psychology. At once, therefore, the accent falls a little differently; the emphasis is upon something hitherto ignored; at once a different outline of form becomes necessary, difficult for us to grasp, incomprehensible

2. Written April, 1919 [Woolf's note].

3. The sixth episode ("Hades") of *Ulysses*, where Bloom goes to Paddy Dignam's funeral.

4. A story and a novel by, respectively, Joseph

Conrad and Thomas Hardy.

5. Novels by, respectively, the English writers Laurence Sterne (1713–1768) and William Makepeace Thackeray (1811–1863).

to our predecessors. No one but a modern, no one perhaps but a Russian, would have felt the interest of the situation which Tchekov has made into the short story which he calls "Gusev."⁶ Some Russian soldiers lie ill on board a ship which is taking them back to Russia. We are given a few scraps of their talk and some of their thoughts; then one of them dies and is carried away; the talk goes on among the others for a time, until Gusev himself dies, and looking "like a carrot or a radish" is thrown overboard. The emphasis is laid upon such unexpected places that at first it seems as if there were no emphasis at all; and then, as the eyes accustom themselves to twilight and discern the shapes of things in a room we see how complete the story is, how profound, and how truly in obedience to his vision Tchekov has chosen this, that, and the other, and placed them together to compose something new. But it is impossible to say "this is comic," or "that is tragic," nor are we certain, since short stories, we have been taught, should be brief and conclusive, whether this, which is vague and inconclusive, should be called a short story at all.

The most elementary remarks upon modern English fiction can hardly avoid some mention of the Russian influence, and if the Russians are mentioned one runs the risk of feeling that to write of any fiction save theirs is waste of time. If we want understanding of the soul and heart where else shall we find it of comparable profundity? If we are sick of our own materialism the least considerable of their novelists has by right of birth a natural reverence for the human spirit. "Learn to make yourself akin to people. . . . But let this sympathy be not with the mind—for it is easy with the mind—but with the heart, with love towards them." In every great Russian writer we seem to discern the features of a saint, if sympathy for the sufferings of others, love towards them, endeavour to reach some goal worthy of the most exacting demands of the spirit constitute saintliness. It is the saint in them which confounds us with a feeling of our own irreligious triviality, and turns so many of our famous novels to tinsel and trickery. The conclusions of the Russian mind, thus comprehensive and compassionate, are inevitably, perhaps, of the utmost sadness. More accurately indeed we might speak of the inconclusiveness of the Russian mind. It is the sense that there is no answer, that if honestly examined life presents question after question which must be left to sound on and on after the story is over in hopeless interrogation that fills us with a deep, and finally it may be with a resentful, despair. They are right perhaps; unquestionably they see further than we do and without our gross impediments of vision. But perhaps we see something that escapes them, or why should this voice of protest mix itself with our gloom? The voice of protest is the voice of another and an ancient civilisation which seems to have bred in us the instinct to enjoy and fight rather than to suffer and understand. English fiction from Sterne to Meredith⁷ bears witness to our natural delight in humour and comedy, in the beauty of earth, in the activities of the intellect, and in the splendour of the body. But any deductions that we may draw from the comparison of two fictions so immeasurably far apart are futile save indeed as they flood us with a view of the infinite possibilities of the art and remind us that there is no limit to the horizon, and that nothing—no "method," no experiment, even of the wildest—is forbidden, but only

6. 1890 story by the Russian writer Anton Pavlovich Chekhov (1860–1904).

7. George Meredith (1828–1909), English novelist.

falsity and pretence. "The proper stuff of fiction" does not exist; everything is the proper stuff of fiction, every feeling, every thought; every quality of brain and spirit is drawn upon; no perception comes amiss. And if we can imagine the art of fiction come alive and standing in our midst, she would undoubtedly bid us break her and bully her, as well as honour and love her, for so her youth is renewed and her sovereignty assured.

1925

Mrs. Dalloway "Look within," Virginia Woolf urges in her essay "Modern Fiction" (1919, revised 1925): "Examine for a moment an ordinary mind on an ordinary day. The mind receives a myriad impressions—trivial, fantastic, evanescent, or engraved with the sharpness of steel." Her 1925 novel *Mrs. Dalloway* looks deep within the consciousness of a middle-aged woman planning an evening party on a fine London day in the middle of June 1923. In exploring the events of a single day, Woolf's novel recalls James Joyce's day-long narrative in *Ulysses* (1922), which, despite her reservations about its form and "indecentcy," she admired for revealing "the flickering of that innermost flame which flashes its messages through the brain."

In Woolf's more intimately scaled novel, Clarissa Dalloway's "ordinary mind on an ordinary day" is revealed to contain extraordinary riches, and so too, Woolf suggests, might any mind on any day, at least for the sufficiently attentive novelist. As Clarissa walks through London's streets, reacting to the flood of sights and sounds around her, her exhilarated if fleeting impressions of the present often give way to steel-engraved memories of her young adulthood in an idyllic countryside home in Bourton. Following her there through thoughts conveyed in rich metaphors, precise rhythms, and finely spun syntax, we learn of her disappointed suitor Peter Walsh, alluring but too demanding, now a civil servant in India, though he has made a surprising return; the predictable but victorious suitor Richard Dalloway, still her husband and a Conservative member of Parliament; her independent-minded socialist friend Sally Seton, who once planted a burning kiss on her lips, and many years later will unexpectedly appear at Clarissa's party. Thoughts of more recent events surge just below the surface, such as her daughter Elizabeth's disturbing infatuation with her zealous history tutor. Dismissing more realist novelists' preoccupation with the externalities of plot, Woolf wrote in her diary: "I dig out beautiful caves behind my characters: I think that gives exactly what I want; humanity, humour, depth."

However isolated in its cavelike interiority, each mind in *Mrs. Dalloway* intersects with many others. "The idea is that the caves shall connect," said Woolf, elaborating her metaphor, "and each comes to daylight at the present moment." When a car loudly backfires, the shock of the sound and the mystery of the opulent car's occupants form a hinge between Clarissa Dalloway's consciousness and that of her double, Septimus Warren Smith, a veteran traumatized by his experience on the Western Front in World War I. The two characters never directly meet in the novel, but the narrative weaves back and forth between their minds—"the world seen by the sane and the insane side by side," in Woolf's words. Showing Septimus to be a casualty of modern warfare, class stratification, and the mental health profession, her novel questions the solidity of the dividing line between the sane and the insane. Like many thousands of young men, such as the war poets included in the section "Voices of World War I," Septimus had volunteered to fight for a Britain idealized as Shakespeare and English culture; but the carnage of the war, including the irrepressible memory of his dear friend Evans's death, has demolished all hope for, and faith in, English civilization.

In plumbing the depths of her characters' minds, Woolf's narrative subtly glides from one character to another, and from one narrative method to another, including